2011 KNOXVILLE MASTERS SCY INVITATIONAL KNOXVILLE, TN DECEMBER 3rd & 4TH, 2011

Sanctioned by Southeastern Masters Swimming for United States Masters Swimming, Inc., Sanction No 151-008.

HOSTED BY: Greater Knoxville Masters Swimming. Meet Director: Jessica Hart. Phone: 865.974.2439. (day); 336.501.7186 (evenings) Fax: 865.974.1287. Email: utmastersswim@gmail.com

MAIL ENTRIES TO: Jessica Hart, 2200 Andy Holt Ave, Knoxville, TN, 37996.

ENTRY DEADLINE: Entry deadline is Thursday, <u>December 1st</u>, <u>2011</u>. Please help us avoid the last minute rush in putting together.

DECK ENTRIES: Deck entries will be allowed at the discretion of the Meet Director.

FACILITY: The Allan Jones Intercollegiate Aquatic Center < http://www.utladyvols.com/facilities/aquatic-center.html > on the campus of Tennessee University is highlighted by an eight-lane 50-meter by 25-yard competition pool. A separate competition diving well features five platforms with heights varying from one to ten meters. Other amenities include permanent seating for 1,800 spectators with a spacious deck area to accommodate up to 2,000 additional individuals, teams and other personnel comfortably during meets. The meet will be set up as 8 lanes, 25 short course yards.

RULES: 2011 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups except for designated sprint lanes.

ELIGIBILITY: All swimmers must be registered with United States Masters Swimming, Inc. Please enclose a photocopy of your year 2011 USMS registration with your entry materials. If not provided in advance, you will be asked to show a 2011 USMS registration card when you check in.

ENTRIES: A swimmer may enter up to 5 individual events per day. Please submit entries on the attached form. Entry times will be assumed to be in yards unless otherwise indicated. NT entries will be seeded as slowest times. Please avoid using NT times whenever possible, and please use realistic entry times.

SEEDING: All events will be seeded slow to fast and without regard to age. Women will compete first then men in separate events. Results will be tabulated by gender and age group as defined by USMS.

SCHEDULE: Warm-ups on both Saturday and Sunday will begin at 11:00 am and the meet will begin at 12:00 pm. There will be a social held after Saturday's session so we can get to know one another.

PSYCH SHEETS: Will be posted on Jonesaquaticcenter.com by December 1, 2011.

INDIVIDUAL RECORD PAPER: We will make a time record paper for each swimmer and place your time stickers in each placement so you can keep it all in one place with dates, times, place... etc.

EMERGENCY PHONE CONTACT: The phone number at the pool office is 865-974-7100 and the UT Police is 865-974-3111. These numbers are for emergency purposes only during competition.

DISABLED SWIMMERS: Disabled swimmers are welcome and the pool is accommodating for such cases. Please provide information ahead of time for such necessities to prepare the facility and officials. Please contact Jessica Hart, Meet Director.

HOTEL ACCOMMODATIONS:

- Crowne Plaza, 401 Summit Hill Dr., (865.522.2600 or 800.227.6963) www.crowneknox.com
- Executive Inn, 3400 Chapman Hwy., (865.577.4451 or 866.496.4496) www.Executive-inn.com
- Four Points by Sheraton Cumberland House, 1109 White Ave, (865.971.4663 or 888.627.8576)
- Hamilton Inn, 612 Clyde Ave, (865.546.4574)
- Hampton Inn & Suites Downtown, 618 W. Main St., (865.522.5400 or 800.HAMPTON) www.HamptonInn.com
- Hilton Knoxville, 501 W. Church Ave. (865.523.2300 or 800.HILTONS) www.Hilton.com

• Holiday Inn Select Downtown, 525 Henley St. (865.522.2800 or 800.HOLIDAY) www.HISelect.com/tys-downtown

DIRECTIONS TO POOL:

From Atlanta

Follow I-75/I-40 to Exit 386.

Exit onto U.S. 129 (Alcoa Highway) south (toward Airport and Smoky Mtns.).

Take first Exit to Kingston Pk/Cumberland Ave

Turn Left onto Cumberland Ave

Go approximately 1/4 mile, Under Railroad Bridge

Take first right after bridge, Volunteer Blvd.

At the first traffic light, make a left turn onto Andy Holt Blvd.

Alan Jones Intercollegiate Aquatic Center will be directly on the right.

From Nashville

Follow I-40 to Exit 386.

Exit onto U.S. 129 (Alcoa Highway) south (toward Airport and Smoky Mtns.)

Take first Exit to Kingston Pk/Cumberland Ave

Turn Left onto Cumberland Ave

Go approximately 1/4 mile, Under Railroad Bridge

Take first right after bridge, Volunteer Blvd.

At the first traffic light, make a left turn onto Andy Holt Blvd.

Alan Jones Intercollegiate Aquatic Center will be directly on the right.

2011 GREATER KNOXVILLE MASTERS SHORT-COURSE YARDS INVITATIONAL, KNOXVILLE, TN

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Event		Event # Men	
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200 Individual Medley		4	
50 Butterfly		6	
200 Backstroke		8	
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	First (Pl (Pl (Pl (Pl (Pl (Pl (Pl (P	(Please attach copy of 2011 USM: Entry Fees: Please mak to University of Tenness. Meet entry flat rate fee: Late fee (after Dec 1st): Total enclosed I entries to: Jessica Hart, 2200 Andy Holt Ave, K ESSION, SATURDAY December 3, 2011 tt 11:00 a.m., competition at 12:00 p.m. Event 500 Freestyle 200 Individual Medley 50 Butterfly 200 Backstroke 100 Breaststroke 50 Freestyle 200 Butterfly 400 Individual Medley 200 Freestyle Relay SESSION, SUNDAY December 4, 2011 tt 11:00 a.m., competition at 12:00 p.m. 200 Freestyle 100 Individual Medley 50 Breaststroke 100 Backstroke 100 Backstroke 100 Backstroke 200 Breaststroke 100 Breaststroke 100 Butterfly 50 Backstroke 200 Medley Relay RELEASE MUST BE SIGNED I, hereby certify that I am physically fit and have not been herent in Masters SWIMMING (training and competition) SS A CONDITION OF MY PARTICIPATION IN THE MED, I HEREBY WAIVE ANY AND ALL RIGHTS TO CL DAMAGES CAUSED BY THE NEGLIGENCE, ACTIV NG, INC., THE LOCAL MASTERS SWIMMING COMM, OR ANY INDIVIDUALS OFFICIATING AT THE MEI e governed by the rules of USMS.	