



**The Warrenton Masters Swim Team and United States Masters Swimming
are Hosting a USMS Masters Coach Level I and II Certification Class
March 5th – 6th 2011
at the Warrenton Aquatic and Recreation Center in Warrenton VA**

Instructors: Scott Bay and Mel Goldstein

BIOS: **Scott Bay** is an ASCA Level V Coach and has been actively coaching for 20 Years. He is currently the Chair of the Florida Athletic Coaches Association, Chair of the FHSAA Swimming and Diving Advisory Committee and Coaches Chair for Florida LMSC and Vice Chair for USMS Swimming Coaches Committee. **Mel Goldstein** was the 2001 Speedo US Masters Coach of the year, Mel won the 1997 Ransom J. Arthur MD Award that goes annually to a person who best supports the objectives of masters swimming. It is the highest honor bestowed by United States Masters Swimming. He is a past President of USMS and USMS All American with 255 Individual Top Ten Achievements

Prerequisites: You must be a USMS Member and ASCA Member. ASCA and USMS Membership information is provided on the application for this clinic and you will be able to sign up on site. ASCA Membership fee is \$70 for one year. More information about ASCA may be found here: www.swimmingcoach.org

Upon successful completion of the class: Each person will be awarded a USMS Level I and II Coaches Certification.

Hosted Housing for Coaches available. Some members of the Warrenton Masters Swim Team will provide housing for those that request it. Space is limited and will be reserved only for registered participants.

Fees: \$100 for Certification class includes Saturday Lunch **Option:** \$12 Social on Saturday. This is sure to be a fun event. Some LMSC's and/or teams are providing financial aid. Ask if you need help.

Who should attend? Current coaches, anyone interested in supporting their existing team and coach, or anyone interested in starting a Masters Program, big or small.

Directions to WARF: From I-66, exit 43A(Warrenton) -29 travel 11.5 miles south to 15/211 travel 2.1 miles, turn right on Frost Ave just past Burger King. Make first right after passing first light into parking lot. From the South take Route 29 North, turn left at US-15/US-17/US-29 go 2.6 miles, turn Left on Frost Ave/US-211. Turn right just after first light into the parking lot (1 block).

Dreaming of Spring Swim Meet The Warrenton Masters Swim Team will be hosting our Third Annual "Dreaming of Spring" Swim Meet on the Morning of March 6th at this location. For more info go to www.warrentonmasters.org/Blog
(Don't sign up for the 500 free as Sunday class may start prior to the end of the meet.)

The swim meet will offer class participants more time to work with our instructors and share valuable insights, adding value to the meet and to your overall experience.

Agenda: Saturday
Registration 8:30
Level I and II training 9:00 to 12:00
Lunch Provided 12:00 to 12:30
Level I and II training 12:30 -3:30
3:30 – xxx Coaches Round table and Discussion.
6:00 til ?? Social Extravaganza Lots of fun, lots of good food, lots of Southern Hospitality

Sunday
Finish Level I and II training 12:00 – 2:00

[Electronic registration Click Here](#)

2011 Classes: Warrenton VA March 5-6, Mesa, Arizona May 2-3, Atlanta Georgia May 13-15, San Mateo, California June 11-13, Pacifica NW July, San Diego California Sept 7-10, Jacksonville Florida Sept, New York New York TBA, Illinois TBA



Manual Registration

First _____ Last _____

Address _____ City _____
State ____ Zip _____

A special award will be given to the male and female who travel the furthest to this event. We will post what the award is as soon as we find out what it is! It will be nice.

USMS Membership Number _____

ASCA Membership Number _____ (you may register at the event. It would be better if you did now.)

[USMS Registration Here](#)

[ASCA Membership Registration Here](#)

Email _____ Phone _____

Emergency Contact _____ Phone _____

Limited Private Housing will be available:

Housing: Yes I would like a private room

Yes I would like a room and will share bed with _____

Fees: USMS Coaches Level I and II Certification Class \$100

Saturday Night Social Culinary Institute of America Chef Hosts \$12

Our team Brew-master is working on a few special home brews.

Stay tuned for a wonderful menu!

I'd like to help with costs and am donating an additional: _____

Total Enclosed _____

Check Payable to Warrenton Masters Swim Team 190 North View Circle, Warrenton, VA 20186

Best Practices:

We ask that you forward a best practice and round table discussion topics to us prior to the event to share with others.

Email to event director Charlie Tupitza ctupitza@warrentonmasters.org

Questions? Answers?

Call Coach Charlie Tupitza at 703 989-8777

Coach Warrenton Masters Swim Team, Member USMS National Coaches Committee, Vice Chair Virginia LMSC.

Competition "Come together to seek improvement"

Please spread the word!

Special Needs: _____
