

2013 Colonies Zone LCM Championship

Relay Entry Form

Richmond, VA

Instructions: Please enter the age group, A/B/C designation, and an achieved time or a reasonable aggregate time for your relay teams under the correct event column.

Entry Deadline: Saturday relay entries must be submitted by 2pm on Saturday; Sunday relay entries must be submitted by the end of the meet on Saturday. Each relay costs \$10. Relay entries may be submitted prior to the meet or at the check-in desk. **Swimmers entering relays only and no individual events must complete the individual entry form and sign the liability release.**

Relay Eligibility: Each swimmer must be a registered Masters swimmer. Each of the four members of any relay team must be properly registered with the same Masters club. **Unattached swimmers may not swim on relay teams.** Relay teams not meeting these requirements may compete but will be labeled "exhibition" in the results. Entry is in addition to individual events. A swimmer may swim each relay event only once (limit of 4 relay events per swimmer).

Age Groups: Relay age groups are: 72-99, 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, and 360-399. Ages are determined in whole years as of Dec. 31, 2012. Designate A, B, C, etc. if you have more than one relay in the same age group.

**Please Note: Relay cards will not be checked for mistakes and omissions made by team representatives.
Disqualifications resulting from mistakes and omissions shall not be reconsidered.
Accuracy and completeness are the responsibility of the coaches and/or swimmers submitting the forms.**

Event No. _____ Event Distance _____ Relay Type (circle): Medley / Free

Club Name _____ A B C D E (circle)

Club Abbreviation _____ Sex (circle): Male / Female / Mixed

Age Group _____ Seed Time _____

If you know the names of the swimmers on your relays, you may submit the names now and they will be printed on the relay card generated by the computer. Supplying this information prior to the relay being seeded should assist you in organizing your swimmers and will expedite relay results after the event is swum.

You may still change the name at any time prior to the relay being swum by crossing out the name (s) on the card and replacing with the new names and age. No changes in the age group or seed time are allowed. Any change of swimmers must therefore keep the relay in the same age group or the relay will be disqualified.

Free Medley

1 BK Name: _____ Age: _____

2 BR Name: _____ Age: _____

3 FL Name: _____ Age: _____

4 FR Name: _____ Age: _____

Age Group (circle): 72-99 100-119 120-159 160-199 200-239 240-279 280-319 320-359 360-399



_____ **Number of Relays x \$10 =** _____

**Make Checks Payable to:
Virginia Masters Swim Team**