

## 2017 Lake Moomaw One-Mile Swim - 8/5/2017

Warm up 7:45am, Race begins 9am

you got this !!

## Meet Program

**Event 1 Mixed 18 & Over 1.65k Open Water**

Name	Age	Team	Seed Time	
<b>Wave 1 of 7 Finals</b>				
1	61	Stephensen, Kate A	W28 Virginia Masters-12	18:00.00
2	25	Sherrill, Justin	M19 One Event	18:00.00
3	47	Rowe, Cameron W	M23 UC12-12	20:00.00
4	20	Heeb-Wade, Olivia N	W20 One Event	20:30.00
5	13	Hicks, Felicity G	W24 Sport & Health T-10	21:30.35
6	57	Loftus-Charley, Shirley	W66 Virginia Masters-12	22:00.00
7	52	Brown, David W	M56 Virginia Masters-12	23:00.00
8	22	McHenry, Chris R	M18 One Event	23:00.00
9	17	Charley, Craig	M34 One Event	23:00.00
10	28	Whiteside, Rob	M43 One Event	23:54.00
<b>Wave 2 of 7 Finals</b>				
1	18	Cook, Rob	M46 One Event	25:00.00
2	3	Czaja, Ed D	M44 Burkwood Aquatic-12	25:00.00
3	1	Thorpe, Robert M	M38 Arlington Master-10	25:00.00
4	53	Craddock, Howard B	M64 Virginia Masters-12	25:55.00
5	64	Grayson, Cab	M64 Warrenton Master-10	26:00.00
6	33	Sleeper, Russell	M72 UC09-9	26:00.00
7	65	Hamilton, Carol A	W63 WV Masters Swimm-12	26:00.00
8	10	Gard, Richard	M58 Csp Tideriders M-22	26:30.00
9	2	Bogges, Wendi	W45 Burkwood Aquatic-12	27:00.00
10	32	Bradley, Patrick J	M51 Stonewall Master-12	27:00.00
<b>Wave 3 of 7 Finals</b>				
1	38	Argo, Ellen A	W54 UC12-12	27:00.00
2	36	Duan, Xu	M52 UC10-10	27:15.00
3	59	Mickunas, Vic H	M61 Virginia Masters-12	27:16.00
4	50	Wallace, Logan	W42 UC12-12	28:00.00
5	55	Kardok, Katherine A	W52 Virginia Masters-12	28:00.00
6	31	Sulewski, Melinda	W40 Rockbridge Count-12	29:00.00
7	42	Jones, Lindsey	W31 UC12-12	29:02.00
8	62	Umbdenstock, Kathy	W66 Virginia Masters-12	29:30.00
9	46	Moore, Kathleen S	W43 UC12-12	30:00.00
10	29	Wolfe, Judy M	W55 One Event	30:00.00
<b>Wave 4 of 7 Finals</b>				
1	49	Sigaran, Ricardo L	M48 UC12-12	30:00.00
2	56	Latimer, Becca T	W35 Virginia Masters-12	30:00.00
3	24	Rydel, Alicia	W28 One Event	30:00.00
4	9	Popp, Bob	M71 Christiansburg B-12	30:00.00
5	54	Dunstan, Sarah	W63 Virginia Masters-12	32:00.00
6	44	Lewis, Deborah	W49 UC12-12	32:08.90
7	41	Horton, Eric	M37 UC12-12	32:12.41
8	58	Mickunas, Karen P	W62 Virginia Masters-12	32:30.00
9	39	Brede, Melanie H	W43 UC12-12	32:32.32
10	63	Worsham, Scott	M61 Virginia Masters-12	33:52.00

**Wave 5 of 7 Finals**

1	30	Harrison, Susan E	W43 Rockbridge Count-12	34:00.00
2	40	Everett, Bernard L	M59 UC12-12	34:00.00
3	43	Knick, Lindsey P	W36 UC12-12	34:00.00
4	15	Akers, Steven C	M66 One Event	35:00.00
5	37	Miles, Christian T	M63 UC10-10	35:00.00
6	6	Buonomano, Lisa	W44 Christiansburg B-12	35:00.00
7	48	Sherrill, Emily I	W52 UC12-12	35:00.00
8	34	Christiansen, Kathleen E	W58 UC10-10	35:45.00
9	5	Abraham, David N	M64 Christiansburg B-12	36:00.00
10	19	Garrett, Rand	M70 One Event	40:20.00

**Wave 6 of 7 Finals**

1	26	Shields, Fedor F	M27 One Event	45:00.00
2	21	McCarthy, Mary	W54 One Event	45:00.00
3	27	Sisco, Sam	W28 One Event	45:00.00
4	60	Shaughnessy, Micaela Z	W50 Virginia Masters-12	45:00.00
5	14	Lahtinen-Hicks, Wallis	W66 Sport & Health T-10	45:00.00
6	35	Dinkins, Joel	M30 UC10-10	50:00.00
7	11	Johnston, Jennifer G	W70 Lane 4 Swimming-10	52:00.00
8	12	Johnston, Tim David	M75 Lane 4 Swimming-10	59:30.01
9	23	Reiter, Vanessa	W55 One Event	59:59.00
10	51	Bricken, Susan W	W74 Virginia Masters-12	NT

**Wave 7 of 7 Finals**

1	7	Harrison, Robert W	M73 Christiansburg B-12	NT
2	16	Bellew, Cheryl	W57 One Event	NT
3	8	Jones, Chrystal P	W44 Christiansburg B-12	NT
4	4	Early, Rick	M43 Burkwood Aquatic-12	NT
5	45	Martin, Richard	M38 UC12-12	NT