

Virginia Masters Swim Meet

December 8, 2007

Results

Women 18-24 50 SC Meter Butterfly

1 Kristin Stiff 22 VMST-VA 34.44

Women 18-24 100 SC Meter Butterfly1 Kristin Stiff 22 VMST-VA 1:19.44
36.15 1:19.44**Women 25-29 50 SC Meter Freestyle**1 Jennifer M O'Reilly 28 RMST-PV 28.80
2 Emily K Robbins 28 UNAT-VA 30.35
3 Virginia Menefee 27 UNAT-VA 38.23**Women 25-29 100 SC Meter Freestyle**1 Jennifer M O'Reilly 28 RMST-PV 1:02.20
30.27 1:02.20**Women 25-29 200 SC Meter Freestyle**1 Jennifer M O'Reilly 28 RMST-PV 2:16.45
33.85 1:09.00 1:43.30 2:16.45**Women 25-29 800 SC Meter Freestyle**1 Elizabeth M Serre 29 VMST-VA 11:58.58
40.73 1:24.76 2:09.36 2:53.58
3:38.49 4:23.73 5:08.83 5:55.03
6:41.54 7:27.99 8:14.18 9:00.34
9:46.23 10:32.33 11:17.12 11:58.58**Women 25-29 1500 SC Meter Freestyle**1 Jennifer M O'Reilly 28 RMST-PV 19:30.96
35.62 1:13.93 1:53.08 2:32.91
3:12.13 3:51.54 4:31.15 5:10.61
5:50.46 6:29.59 7:08.74 7:47.99
8:27.45 9:06.89 9:46.48 10:25.70
11:05.55 11:45.00 12:24.11 13:03.27
13:42.51 14:21.76 15:00.82 15:39.91
16:18.87 16:57.81 17:37.05 18:16.07
18:54.42 19:30.96**Women 25-29 50 SC Meter Backstroke**

1 Elizabeth M Serre 29 VMST-VA 40.93

Women 25-29 50 SC Meter Breaststroke1 Jennifer M O'Reilly 28 RMST-PV 37.63
2 Virginia Menefee 27 UNAT-VA 43.15**Women 25-29 50 SC Meter Butterfly**1 Emily K Robbins 28 UNAT-VA 32.54
2 Elizabeth M Serre 29 VMST-VA 37.31**Women 30-34 50 SC Meter Freestyle**

1 Jessica Chen 31 UNAT-VA 31.80

Women 30-34 100 SC Meter Freestyle1 Keri L Walker 34 FXCM-PV 1:19.05
36.93 1:19.05
2 Jessica Chen 31 UNAT-VA 1:15.51
36.49 1:15.51**Women 30-34 200 SC Meter Freestyle**1 Lori Bowser 30 UNAT-VA 2:45.97
39.87 1:22.11 2:04.46 2:45.972 Keri L Walker 34 FXCM-PV 2:49.09
36.89 1:18.12 2:02.47 2:49.09**Women 30-34 400 SC Meter Freestyle**1 Nicole Hopkins 33 UNAT-VA 6:20.79
43.41 1:29.97 2:17.77 3:06.56
3:55.17 4:44.05 5:33.08 6:20.79
2 Julie R Kelley 31 UNAT-VA 9:04.07
56.39 2:03.29 3:13.40 5:33.91
7:57.21 9:04.07**Women 30-34 100 SC Meter Backstroke**1 Jessica Chen 31 UNAT-VA 1:19.15
38.36 1:19.15**Women 30-34 50 SC Meter Breaststroke**

1 Julie R Kelley 31 UNAT-VA 1:01.02

Women 30-34 100 SC Meter Breaststroke1 Nicole Hopkins 33 UNAT-VA 1:31.47
44.18 1:31.47**Women 30-34 50 SC Meter Butterfly**

1 Keri L Walker 34 FXCM-PV 41.22

Women 30-34 100 SC Meter Butterfly1 Keri L Walker 34 FXCM-PV 1:28.54
39.79 1:28.54**Women 30-34 100 SC Meter IM**1 Lori Bowser 30 UNAT-VA 1:28.65
41.10 1:28.65
--- Nicole Hopkins 33 UNAT-VA DQ
42.47 DQ**Women 30-34 200 SC Meter IM**--- Keri L Walker 34 FXCM-PV DQ
39.69 1:32.57 2:31.42 DQ**Women 35-39 100 SC Meter Freestyle**1 Amy Conard 36 VMST-VA 1:15.19
35.88 1:15.19**Women 35-39 200 SC Meter Freestyle**1 Amy Conard 36 VMST-VA 2:43.54
37.44 1:19.03 2:01.64 2:43.54**Women 35-39 400 SC Meter Freestyle**1 Alison B Moore 37 OREG-OR 5:20.93
37.02 1:16.39 1:56.92 2:37.93
3:18.71 3:59.85 4:40.80 5:20.93**Women 35-39 800 SC Meter Freestyle**1 Alison B Moore 37 OREG-OR 10:48.80
37.14 1:16.55 1:57.38 2:38.75
3:20.33 4:02.03 4:43.71 5:25.38
6:06.83 6:48.50 7:29.97 8:11.52
8:52.95 9:34.52 10:15.93 10:48.80**Women 35-39 200 SC Meter Breaststroke**1 Alison B Moore 37 OREG-OR 3:14.53
45.48 1:34.26 2:24.55 3:14.53

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Women 35-39 50 SC Meter Butterfly

1 Amy Conard 36 VMST-VA 36.71

Women 35-39 100 SC Meter Butterfly1 Amy Conard 36 VMST-VA 1:20.82
37.23 1:20.82**Women 35-39 200 SC Meter IM**1 Amy Conard 36 VMST-VA 3:02.89
36.68 1:26.42 2:21.71 3:02.89**Women 40-44 50 SC Meter Freestyle**1 Donna M Armento 41 VMST-VA 31.56
2 Dee A Hunter 42 SQST-VA 32.10
3 Melissa S Smith 44 UNAT-VA 33.86**Women 40-44 100 SC Meter Freestyle**1 Dee A Hunter 42 SQST-VA 1:10.98
34.48 1:10.98
2 Melissa S Smith 44 UNAT-VA 1:14.65
36.30 1:14.65
3 Donna M Armento 41 VMST-VA 1:17.54
35.86 1:17.54**Women 40-44 200 SC Meter Freestyle**1 Susan P McKerns 43 VMST-VA 3:28.60
46.58 1:39.27 2:33.72 3:28.60**Women 40-44 400 SC Meter Freestyle**1 Susan P McKerns 43 VMST-VA 7:22.42
50.30 1:44.69 2:40.94 3:39.13
4:35.14 5:30.95 6:27.00 7:22.42
2 Vanda Kennedy 43 VMST-VA 9:23.17
58.41 2:07.14 3:20.23 4:32.59
5:46.50 7:00.76 8:15.14 9:23.17**Women 40-44 800 SC Meter Freestyle**1 Kathryn Stephenson 43 ACAM-VA 12:00.24
40.46 1:25.37 2:12.03 2:58.32
3:44.21 4:30.73 5:17.03 6:03.17
6:48.30 7:34.41 8:19.95 9:05.24
9:49.99 10:34.90 11:19.21 12:00.24
2 Susan P McKerns 43 VMST-VA 14:46.07
49.50 1:42.67 2:37.53 3:33.07
4:28.08 5:24.92 6:21.12 7:17.16
8:13.79 9:10.71 10:07.04 11:02.75
11:58.57 12:54.16 13:50.20 14:46.07**Women 40-44 1500 SC Meter Freestyle**1 Susan P McKerns 43 VMST-VA 29:38.32
52.72 1:48.34 2:46.71 3:45.76
4:44.24 5:43.10 6:41.51 7:40.35
8:39.24 9:38.21 10:37.47 11:37.12
12:36.44 13:35.60 14:34.44 15:33.34
16:32.29 17:32.04 18:31.84 19:30.71
20:30.44 21:30.24 22:30.36 23:31.44
24:31.92 25:34.68 26:36.96 27:37.38
28:39.01 29:38.32**Women 40-44 50 SC Meter Backstroke**

1 Dee A Hunter 42 SQST-VA 38.28

Women 40-44 100 SC Meter Backstroke1 Dee A Hunter 42 SQST-VA 1:21.56
38.85 1:21.56
2 Donna M Armento 41 VMST-VA 1:29.54**Women 40-44 50 SC Meter Breaststroke**1 Melissa S Smith 44 UNAT-VA 44.32
2 Donna M Armento 41 VMST-VA 48.16**Women 40-44 200 SC Meter Breaststroke**1 Kathryn Stephenson 43 ACAM-VA 3:47.39
52.22 1:50.90 2:49.83 3:47.39**Women 40-44 50 SC Meter Butterfly**1 Dee A Hunter 42 SQST-VA 35.99
2 Melissa S Smith 44 UNAT-VA 37.05**Women 40-44 100 SC Meter IM**1 Melissa S Smith 44 UNAT-VA 1:25.58
40.59 1:25.58
2 Donna M Armento 41 VMST-VA 1:30.36
38.97 1:30.36
3 Kathryn Stephenson 43 ACAM-VA 1:32.58
43.32 1:32.58**Women 40-44 200 SC Meter IM**1 Kathryn Stephenson 43 ACAM-VA 3:16.70
41.67 1:35.67 2:31.98 3:16.70**Women 40-44 400 SC Meter IM**1 Kathryn Stephenson 43 ACAM-VA 6:55.65
42.40 1:34.96 2:32.76 3:29.93
4:28.20 5:26.41 6:13.17 6:55.65**Women 45-49 50 SC Meter Freestyle**

1 Carol E Downing 48 VMST-VA 39.37

Women 45-49 100 SC Meter Freestyle1 Carol E Downing 48 VMST-VA 1:27.19
41.76 1:27.19**Women 45-49 200 SC Meter Freestyle**1 Susan H Gordon 46 VMST-VA 2:36.62
34.48 1:13.22 1:54.40 2:36.62
2 Carol E Downing 48 VMST-VA 3:10.45
43.78 1:33.14 2:22.78 3:10.45**Women 45-49 800 SC Meter Freestyle**1 Susan H Gordon 46 VMST-VA 11:23.40
36.91 1:17.25 1:59.32 2:42.11
3:25.17 4:08.46 4:51.67 5:35.31
6:18.71 7:02.45 7:46.25 8:29.66
9:13.40 9:57.23 10:40.61 11:23.40**Women 45-49 100 SC Meter Backstroke**1 Susan H Gordon 46 VMST-VA 1:22.39
40.16 1:22.39**Women 45-49 50 SC Meter Breaststroke**

1 Carol E Downing 48 VMST-VA 47.72

Women 50-54 50 SC Meter Freestyle

1 Lisa A Bennett 51 SQST-VA 30.80

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(Women 50-54 50 SC Meter Freestyle)

2 Cheryl E Benn 54 VMST-VA 38.55

Women 50-54 100 SC Meter Freestyle1 Cheryl E Benn 54 VMST-VA 1:37.00
47.19 1:37.00**Women 50-54 800 SC Meter Freestyle**1 Kitten Braaten 52 VMST-VA 12:16.55
43.08 1:28.92 2:15.07 3:01.42
3:47.72 4:33.56 5:19.82 6:05.83
6:51.77 7:38.38 8:24.88 9:11.10
9:57.52 10:44.43 11:30.91 12:16.55**Women 50-54 50 SC Meter Backstroke**

1 Lisa A Bennett 51 SQST-VA 38.53

Women 50-54 200 SC Meter Backstroke1 Kitten Braaten 52 VMST-VA 3:22.66
49.48 1:40.98 2:32.50 3:22.66**Women 50-54 50 SC Meter Breaststroke**

1 Lisa A Bennett 51 SQST-VA 40.17

Women 50-54 200 SC Meter Breaststroke1 Lisa A Bennett 51 SQST-VA 3:12.55
43.07 1:31.23 2:21.52 3:12.55**Women 50-54 50 SC Meter Butterfly**1 Kitten Braaten 52 VMST-VA 43.18
2 Cheryl E Benn 54 VMST-VA 1:01.35**Women 50-54 100 SC Meter Butterfly**1 Lisa A Bennett 51 SQST-VA 1:22.97
38.37 1:22.97
2 Kitten Braaten 52 VMST-VA 1:35.74
44.97 1:35.74**Women 50-54 200 SC Meter Butterfly**1 Kitten Braaten 52 VMST-VA 3:23.54
45.47 1:37.24 2:30.37 3:23.54**Women 55-59 50 SC Meter Freestyle**

1 Molly G Broderson 55 VMST-VA 37.89

Women 55-59 100 SC Meter Freestyle1 Molly G Broderson 55 VMST-VA 1:26.43
40.43 1:26.43**Women 55-59 200 SC Meter Freestyle**1 Molly G Broderson 55 VMST-VA 3:11.72
43.64 1:32.57 2:22.97 3:11.72**Women 55-59 400 SC Meter Freestyle**1 Molly G Broderson 55 VMST-VA 6:54.85
45.58 1:36.61 2:30.01 3:23.05
4:17.29 5:10.45 6:03.63 6:54.85**Women 55-59 200 SC Meter Backstroke**1 Barbara E Boslego 56 VMST-VA 3:27.81
49.46 1:42.80 2:36.47 3:27.81**Women 55-59 50 SC Meter Breaststroke**

1 Barbara E Boslego 56 VMST-VA 45.43

Women 60-64 100 SC Meter Backstroke1 Kathryn S Gregory 61 VMST-VA 1:47.27
51.56 1:47.27**Women 60-64 200 SC Meter Backstroke**1 Kathryn S Gregory 61 VMST-VA 3:54.73
53.08 1:54.52 2:55.93 3:54.73**Women 60-64 100 SC Meter Breaststroke**1 Kathryn S Gregory 61 VMST-VA 1:57.66
56.87 1:57.66**Women 60-64 50 SC Meter Butterfly**

1 Kathryn S Gregory 61 VMST-VA 52.13

Women 60-64 100 SC Meter IM1 Kathryn S Gregory 61 VMST-VA 1:48.53
52.26 1:48.53**Women 65-69 50 SC Meter Freestyle**

1 Marie F Stevenson 69 NCMS-NC 1:05.64

Women 65-69 200 SC Meter Freestyle1 Judy Martin 65 VMST-VA 3:38.90
49.21 1:44.18 2:41.59 3:38.90**Women 65-69 400 SC Meter Freestyle**1 Betsy Durrant 66 VMST-VA 6:50.09
47.56 1:38.08 2:30.20 3:22.73
4:14.49 5:06.92 5:59.34 6:50.09**Women 65-69 50 SC Meter Backstroke**1 Betsy Durrant 66 VMST-VA 48.30
2 Judy Martin 65 VMST-VA 48.99
3 Marie F Stevenson 69 NCMS-NC 1:26.55**Women 65-69 100 SC Meter Backstroke**1 Judy Martin 65 VMST-VA 1:50.62
52.29 1:50.62**Women 65-69 200 SC Meter Backstroke**1 Judy Martin 65 VMST-VA 3:49.85
52.20 2:49.87 3:49.85 3:49.85**Women 65-69 50 SC Meter Breaststroke**1 Betsy Durrant 66 VMST-VA 49.52
2 Judy Martin 65 VMST-VA 52.70**Women 65-69 50 SC Meter Butterfly**

1 Lucille Griffin 69 VMST-VA 50.26

Women 65-69 100 SC Meter Butterfly1 Lucille Griffin 69 VMST-VA 1:49.88
51.82 1:49.88**Women 65-69 200 SC Meter IM**1 Lucille Griffin 69 VMST-VA 4:09.73
51.25 1:56.67 3:12.20 4:09.73

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Women 65-69 400 SC Meter IM

1	Lucille Griffin	69	VMST-VA	8:40.91
	54.71	1:57.58	3:04.33	4:09.26
	5:27.48	6:44.89	7:42.72	8:40.91

Women 70-74 50 SC Meter Freestyle

1	Johnnie Detrick	72	VMST-VA	38.35
2	Joan Averette	71	VMST-VA	52.93

Women 70-74 100 SC Meter Freestyle

1	Johnnie Detrick	72	VMST-VA	1:28.92
	43.03	1:28.92		
2	Joan Averette	71	VMST-VA	2:04.54
	59.09	2:04.54		

Women 70-74 200 SC Meter Freestyle

1	Joan Averette	71	VMST-VA	4:28.17
	1:01.08	2:10.69	3:21.61	4:28.17

Women 70-74 50 SC Meter Breaststroke

1	Johnnie Detrick	72	VMST-VA	53.31
2	Joan Averette	71	VMST-VA	1:08.70

Women 70-74 100 SC Meter Breaststroke

1	Johnnie Detrick	72	VMST-VA	1:55.87
	54.74	1:55.87		

Women 70-74 200 SC Meter Breaststroke

1	Johnnie Detrick	72	VMST-VA	4:07.70
	58.65	2:00.16	3:04.25	4:07.70

Women 70-74 100 SC Meter IM

1	Joan Averette	71	VMST-VA	2:29.34
	1:16.33	2:29.34		

Women 75-79 50 SC Meter Freestyle

1	Jeanne H Meredith	79	VMST-VA	55.57
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Women 75-79 100 SC Meter Freestyle

1	Jeanne H Meredith	79	VMST-VA	2:05.22
	1:01.59	2:05.22		

Women 75-79 200 SC Meter Freestyle

1	Jeanne H Meredith	79	VMST-VA	4:29.34
	1:01.40	2:11.73	3:22.02	4:29.34

Women 75-79 400 SC Meter Freestyle

1	Jeanne H Meredith	79	VMST-VA	9:17.08
	1:05.00	2:14.84	3:26.69	4:35.89
	5:47.94	6:58.67	8:09.56	9:17.08

Women 80-84 50 SC Meter Freestyle

1	Terry Sokolik	80	VMST-VA	57.10
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Women 80-84 100 SC Meter Freestyle

1	Terry Sokolik	80	VMST-VA	2:12.81
	1:03.84	2:12.81		

Women 80-84 200 SC Meter Freestyle

1	Terry Sokolik	80	VMST-VA	4:41.80
	1:04.44	2:16.02	3:30.69	4:41.80

Women 80-84 50 SC Meter Breaststroke

1	Miriam K Tuovila	82	VMST-VA	1:10.66
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Women 80-84 100 SC Meter Breaststroke

1	Miriam K Tuovila	82	VMST-VA	2:35.82
	1:15.29	2:35.82		

Women 80-84 200 SC Meter Breaststroke

1	Miriam K Tuovila	82	VMST-VA	5:53.61
	1:19.24	2:45.21	5:53.61	

Women 80-84 100 SC Meter IM

1	Terry Sokolik	80	VMST-VA	2:31.99
	1:12.70	2:31.99		
2	Miriam K Tuovila	82	VMST-VA	2:40.90
	1:18.91	2:40.90		

Women 85-89 200 SC Meter Freestyle

1	Marianna Berkley	85	VMST-VA	4:52.03
	1:01.87	2:13.99	3:35.78	4:52.03

Women 85-89 100 SC Meter Backstroke

1	Marianna Berkley	85	VMST-VA	2:34.75
	1:15.65	2:34.75		

Women 85-89 200 SC Meter Breaststroke

1	Marianna Berkley	85	VMST-VA	5:46.07
	1:21.03	2:50.69	4:19.71	5:46.07

Women 85-89 200 SC Meter IM

1	Marianna Berkley	85	VMST-VA	5:42.65
	1:39.39	3:06.92	4:33.07	5:42.65

Men 18-24 100 SC Meter Freestyle

1	Ruben Valdez	23	UNAT-VA	1:07.99
	31.02	1:07.99		

Men 18-24 200 SC Meter Freestyle

1	Ruben Valdez	23	UNAT-VA	2:30.46
	32.26	1:10.64	1:49.48	2:30.46

Men 18-24 100 SC Meter Backstroke

1	Ruben Valdez	23	UNAT-VA	1:15.80
	36.53	1:15.80		

Men 18-24 200 SC Meter IM

1	Ruben Valdez	23	UNAT-VA	2:50.66
	35.35	1:19.41	2:09.02	2:50.66

Men 25-29 50 SC Meter Freestyle

1	Andrew J Spillane	28	SHYM-VA	25.65
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Men 25-29 800 SC Meter Freestyle

1	Mike Robbins	27	UNAT-VA	10:48.91
	33.93	1:12.10	1:52.73	2:34.08
	3:15.22	3:56.68	4:38.07	5:19.36
	6:01.15	6:42.73	7:25.07	8:07.05
	8:49.12	9:30.13	10:11.26	10:48.91

Men 25-29 100 SC Meter IM

1	Andrew J Spillane	28	SHYM-VA	1:08.50
	31.01	1:08.50		

Men 30-34 50 SC Meter Freestyle

1	Troy D Johnson	32	VMST-VA	24.68
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Men 30-34 200 SC Meter Freestyle

1	Troy D Johnson	32	VMST-VA	2:04.47
	28.25	59.74	1:32.25	2:04.47

Men 30-34 400 SC Meter Freestyle

1	Troy D Johnson	32	VMST-VA	4:35.56
	31.52	1:05.85	1:40.86	2:16.63
	2:52.18	3:27.78	4:02.47	4:35.56

Men 30-34 800 SC Meter Freestyle

1	Troy D Johnson	32	VMST-VA	9:34.03
	32.48	1:07.50	1:42.96	2:18.96
	2:55.87	3:32.50	4:09.39	4:46.04
	5:23.02	5:59.71	6:36.25	7:12.37
	7:48.71	8:24.88	9:00.54	9:34.03

Men 30-34 1500 SC Meter Freestyle

1	Troy D Johnson	32	VMST-VA	18:31.40
	32.30	1:07.86	1:44.42	2:21.70
	2:59.17	3:36.45	4:13.67	4:50.95
	5:28.68	6:06.13	6:43.34	7:20.84
	7:58.38	8:35.92	9:13.28	9:50.66
	10:28.31	11:06.03	11:43.39	12:20.41
	12:57.76	13:34.83	14:12.11	14:49.66
	15:26.96	16:04.26	16:41.82	17:19.47
	17:56.54	18:31.40		

Men 35-39 100 SC Meter Freestyle

1	John Carlson	36	RMST-PV	1:08.77
	32.77	1:08.77		

Men 35-39 800 SC Meter Freestyle

1	John Carlson	36	RMST-PV	11:35.58
	40.36	1:23.29	2:07.16	2:50.52
	3:34.64	4:18.37	5:02.38	5:45.97
	6:29.47	7:13.84	7:58.79	8:43.51
	9:27.71	10:10.87	10:55.15	11:35.58

Men 35-39 200 SC Meter Backstroke

1	Karl T Kessler	35	ACAM-VA	3:35.88
	50.01	3:35.88	3:35.88	

Men 35-39 200 SC Meter Breaststroke

1	Karl T Kessler	35	ACAM-VA	3:41.45
	46.63	1:41.60	2:41.11	3:41.45

Men 35-39 50 SC Meter Butterfly

1	John Carlson	36	RMST-PV	32.51
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Men 35-39 100 SC Meter Butterfly

1	John Carlson	36	RMST-PV	1:14.20
	35.60	1:14.20		

Men 40-44 50 SC Meter Freestyle

1	John Salgado	42	UNAT-VA	31.26
2	Glen P Knutson	44	UNAT-VA	34.56

Men 40-44 100 SC Meter Freestyle

1	John Salgado	42	UNAT-VA	1:12.77
	34.24	1:12.77		

Men 40-44 400 SC Meter Freestyle

1	Tom Shumaker	43	VMST-VA	5:38.17
	37.83	1:18.13	1:59.58	2:43.25
	3:27.24	4:11.77	4:56.16	5:38.17
2	Glen P Knutson	44	UNAT-VA	7:00.16
	44.24	1:33.78	2:25.18	3:18.03
	4:12.06	5:08.28	6:04.88	7:00.16

Men 40-44 800 SC Meter Freestyle

1	Dave Holland	40	VMST-VA	9:59.77
	33.41	1:09.99	1:47.76	2:25.60
	3:03.23	3:40.93	4:18.86	4:56.79
	5:34.29	6:12.64	6:50.82	7:28.75
	8:07.02	8:45.31	9:23.02	9:59.77

Men 40-44 50 SC Meter Backstroke

1	Chris L Stevenson	43	VMST-VA	26.80
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Men 40-44 100 SC Meter Backstroke

1	Chris L Stevenson	43	VMST-VA	57.47
	27.82	57.47		
2	Tom Shumaker	43	VMST-VA	1:17.05
	38.39	1:17.05		

Men 40-44 200 SC Meter Backstroke

1	Chris L Stevenson	43	VMST-VA	2:06.11
	29.56	1:01.27	1:33.55	2:06.11
2	Tom Shumaker	43	VMST-VA	2:44.27
	39.27	1:20.09	2:01.57	2:44.27

Men 40-44 50 SC Meter Breaststroke

1	John Salgado	42	UNAT-VA	49.73
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Men 40-44 200 SC Meter Butterfly

1	Dave Holland	40	VMST-VA	2:29.40
	32.56	1:11.06	1:49.83	2:29.40

Men 40-44 100 SC Meter IM

1	John Salgado	42	UNAT-VA	1:29.46
	42.44	1:29.46		

Men 45-49 50 SC Meter Freestyle

1	Jim T McFarland	49	VMST-VA	29.06
2	Mitch Saks	49	VMST-VA	30.80
3	Barry N Williams	46	VMST-VA	34.11

Men 45-49 100 SC Meter Freestyle

1	Joey Stickle	47	UNAT-VA	1:04.64
	30.99	1:04.64		
2	Jim T McFarland	49	VMST-VA	1:04.92
	31.33	1:04.92		
3	Mitch Saks	49	VMST-VA	1:09.65
	32.60	1:09.65		

Men 45-49 200 SC Meter Freestyle

1	Jim T McFarland	49	VMST-VA	2:18.07
	32.91	1:07.53	1:43.00	2:18.07
2	Mitch Saks	49	VMST-VA	2:31.36
	33.57	1:10.99	1:51.10	2:31.36

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Men 45-49 400 SC Meter Freestyle

1	Jim T McFarland	49	VMST-VA	4:54.26
	34.81	1:11.79	1:49.22	2:26.49
	3:04.07	3:41.35	4:18.01	4:54.26
2	Joey Stickle	47	UNAT-VA	5:14.69
	36.88	1:15.90	1:56.05	2:36.08
	3:15.21	3:55.41	4:35.20	5:14.69
3	Mitch Saks	49	VMST-VA	5:21.63
	34.83	1:13.49	1:54.48	2:36.06
	3:18.31	4:00.70	4:41.52	5:21.63

Men 45-49 800 SC Meter Freestyle

1	Mitch Saks	49	VMST-VA	11:09.19
	35.60	1:14.94	1:55.98	2:37.11
	3:19.77	4:02.72	4:45.53	5:27.77
	6:10.97	6:53.55	7:36.40	8:19.48
	9:01.92	9:44.35	10:27.15	11:09.19

Men 45-49 1500 SC Meter Freestyle

1	William Woodward	49	VMST-VA	23:43.72
	42.09	1:27.07	2:13.19	2:59.39
	3:46.09	4:32.86	5:20.18	6:07.39
	6:54.49	7:42.62	8:31.02	9:18.95
	10:06.46	10:54.20	11:42.07	12:29.77
	13:17.75	14:05.74	14:54.05	15:42.43
	16:30.35	17:18.80	18:08.35	18:55.17
	19:43.02	20:30.89	21:18.49	22:07.18
	22:55.83	23:43.72		

Men 45-49 100 SC Meter Breaststroke

1	Joey Stickle	47	UNAT-VA	1:25.61
	41.57	1:25.61		

Men 45-49 200 SC Meter Breaststroke

1	Joey Stickle	47	UNAT-VA	2:59.35
	40.93	1:26.14	2:13.11	2:59.35

Men 45-49 200 SC Meter IM

1	Joey Stickle	47	UNAT-VA	2:47.43
	38.87	1:26.42	2:10.32	2:47.43

Men 50-54 50 SC Meter Freestyle

1	Ira H Pearce	52	SQST-VA	29.19
2	Duffy Drum	53	VMST-VA	30.21
3	Joseph S Black	51	UNAT-VA	32.01
4	Bill L Nelson	54	VMST-VA	35.63

Men 50-54 100 SC Meter Freestyle

1	Ira H Pearce	52	SQST-VA	1:08.08
	31.45	1:08.08		
2	Joseph S Black	51	UNAT-VA	1:11.86
	34.31	1:11.86		
3	Bill L Nelson	54	VMST-VA	1:21.70
	38.51	1:21.70		

Men 50-54 200 SC Meter Freestyle

1	Duffy Drum	53	VMST-VA	2:57.52
	39.24	1:23.12	2:10.43	2:57.52

Men 50-54 800 SC Meter Freestyle

1	Ralph B Swiger II	51	VMST-VA	12:28.77
	42.67	1:28.42	2:14.20	3:00.20
	3:46.37	4:32.68	5:19.76	6:07.71
	6:56.96	7:44.62	8:32.57	9:20.25
	10:07.61	10:55.16	11:42.77	12:28.77
2	Duffy Drum	53	VMST-VA	13:48.51
	44.27	1:33.67	2:26.41	3:17.91
	4:10.33	5:01.75	5:54.01	6:47.26
	7:40.48	8:32.79	9:25.27	10:19.10
	11:11.79	12:05.24	12:58.28	13:48.51

Men 50-54 1500 SC Meter Freestyle

1	Kevin J Appleton	52	RMST-PV	25:06.31
	43.56	1:32.32	2:23.69	4:08.15
	5:00.48	5:53.32	6:45.05	7:37.18
	8:29.58	9:22.20	11:05.34	11:56.12
	12:48.40	13:40.95	14:33.35	
		15:26.41	16:19.29	17:12.30
				19:50.45
				23:23.69
				24:17.25
				25:06.31
2	Edward C Schiavoni	52	VMST-VA	26:31.86
	46.00	1:36.08	2:29.74	3:23.97
	4:17.58	5:11.22	6:03.65	6:57.34
	7:51.82	8:46.50	9:40.29	10:34.53
	11:28.31	12:22.87	13:16.81	14:10.91
	15:05.07	16:00.02		17:48.45
	18:41.62	19:35.03	20:28.56	21:21.40
	22:13.72	23:06.79	24:00.17	24:52.98
	25:44.96	26:31.86		

Men 50-54 50 SC Meter Backstroke

1	Bryan A Stone	51	UNAT-VA	42.33
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Men 50-54 100 SC Meter Backstroke

1	Joseph S Black	51	UNAT-VA	1:30.80
	1:30.88	1:30.80		

Men 50-54 50 SC Meter Breaststroke

1	Bryan A Stone	51	UNAT-VA	43.24
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Men 50-54 200 SC Meter Breaststroke

1	Ralph B Swiger II	51	VMST-VA	3:31.23
	50.02	1:43.25	2:37.22	3:31.23
2	Bryan A Stone	51	UNAT-VA	3:34.14
	47.16	1:41.56	2:38.08	3:34.14

Men 50-54 50 SC Meter Butterfly

1	Ira H Pearce	52	SQST-VA	32.46
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Men 50-54 200 SC Meter Butterfly

1	Ralph B Swiger II	51	VMST-VA	3:41.47
	48.56	1:47.07	2:46.40	3:41.47

Men 50-54 100 SC Meter IM

1	Ira H Pearce	52	SQST-VA	1:20.82
	36.06	1:20.82		
2	Joseph S Black	51	UNAT-VA	1:25.68
	37.24	1:25.68		

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Men 50-54 200 SC Meter IM

1	Ralph B Swiger II	51	VMST-VA	3:11.55
	42.70	1:34.59	2:29.14	3:11.55
2	Joseph S Black	51	UNAT-VA	3:15.07
	37.23	1:26.85	2:33.88	3:15.07
3	Bryan A Stone	51	UNAT-VA	3:17.97
	43.72	1:33.52	2:30.75	3:17.97

Men 50-54 400 SC Meter IM

1	Ralph B Swiger II	51	VMST-VA	6:54.79
	46.91	1:42.04	2:38.27	3:31.42
	4:28.58	5:25.56	6:09.96	6:54.79
2	Bryan A Stone	51	UNAT-VA	7:39.83
	47.81	1:46.61	2:44.10	3:44.95
	4:47.57	5:52.33	6:46.07	7:39.83

Men 55-59 50 SC Meter Freestyle

1	Alvin Richardson	56	VMST-VA	33.38
2	Michael P Beachler	56	SYSM-FL	33.68

Men 55-59 100 SC Meter Freestyle

1	Alvin Richardson	56	VMST-VA	1:20.53
	39.97	1:20.53		

Men 55-59 200 SC Meter Freestyle

1	James F Deppe	56	VMST-VA	2:26.96
	34.79	1:11.80	1:50.19	2:26.96
2	Michael P Beachler	56	SYSM-FL	2:44.93
	37.35	1:19.08	2:02.62	2:44.93
3	Alvin Richardson	56	VMST-VA	2:55.19
	40.50	1:24.60	2:10.19	2:55.19

Men 55-59 400 SC Meter Freestyle

1	Michael P Beachler	56	SYSM-FL	5:58.84
	40.25	1:25.89	2:11.86	2:57.33
	3:42.84	4:28.64	5:14.74	5:58.84
2	Alvin Richardson	56	VMST-VA	6:11.36
	41.49	1:26.95	2:13.90	3:02.01
	3:49.39	4:37.41	5:24.58	6:11.36

Men 55-59 800 SC Meter Freestyle

1	Michael P Beachler	56	SYSM-FL	12:01.96
	39.91	1:24.87	2:11.18	2:57.52
	3:43.75	4:29.88	5:16.38	6:02.40
	6:48.25	7:33.74	8:19.56	9:05.63
	9:50.70	10:36.00	11:19.99	12:01.96

Men 55-59 100 SC Meter IM

1	James F Deppe	56	VMST-VA	1:17.16
	35.30	1:17.16		

Men 55-59 200 SC Meter IM

1	James F Deppe	56	VMST-VA	2:52.69
	35.08	1:19.99	2:13.97	2:52.69

Men 60-64 50 SC Meter Freestyle

1	Mark Patterson	61	UNAT-VA	45.85
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Men 60-64 100 SC Meter Freestyle

1	Mark Patterson	61	UNAT-VA	2:02.34
	59.03	2:02.34		

Men 60-64 200 SC Meter Freestyle

1	Skip Ferebee	62	UNAT-VA	3:57.98
	49.30	1:47.69	2:52.56	3:57.98

Men 60-64 400 SC Meter Freestyle

1	Skip Ferebee	62	UNAT-VA	8:38.01
	50.89	1:49.92	2:54.77	4:02.33
	5:10.73	6:20.75	7:30.85	8:38.01

Men 60-64 50 SC Meter Backstroke

1	Mike Duignan	61	VMST-VA	38.10
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Men 60-64 100 SC Meter Backstroke

1	Mike Duignan	61	VMST-VA	1:22.15
	39.85	1:22.15		

Men 60-64 200 SC Meter Backstroke

1	Mike Duignan	61	VMST-VA	3:03.80
	42.64	1:28.02	2:15.82	3:03.80

Men 65-69 200 SC Meter Freestyle

1	William D Rhodes	68	UNAT-VA	3:42.86
	54.94	1:50.10	2:46.68	3:42.86

Men 65-69 400 SC Meter Freestyle

1	William D Rhodes	68	UNAT-VA	7:36.93
	54.27	1:51.95	2:50.38	3:50.05
	4:48.88	5:46.89	6:42.97	7:36.93

Men 65-69 50 SC Meter Butterfly

1	Gabe M Kuzman	67	ACAM-VA	36.33
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Men 65-69 100 SC Meter IM

1	Gabe M Kuzman	67	ACAM-VA	1:27.99
	41.89	1:27.99		

Men 70-74 50 SC Meter Freestyle

1	Owen C Maher	71	VMST-VA	37.81
2	Stuart M Stevenson	70	NCMS-NC	45.70

Men 70-74 100 SC Meter Freestyle

1	Owen C Maher	71	VMST-VA	1:28.34
	41.93	1:28.34		

Men 70-74 200 SC Meter Freestyle

1	Owen C Maher	71	VMST-VA	3:22.75
	45.35	1:37.65	2:31.27	3:22.75

Men 70-74 400 SC Meter Freestyle

1	Landis O Lee	72	VMST-VA	8:55.49
	53.29	1:53.91	3:00.56	4:10.07
	5:19.82	6:32.03	7:44.18	8:55.49

Men 70-74 50 SC Meter Backstroke

1	Landis O Lee	72	VMST-VA	55.97
2	Stuart M Stevenson	70	NCMS-NC	57.08

Men 70-74 100 SC Meter Backstroke

1	Alfred C Newbury	73	VMST-VA	1:54.05
	57.46	1:54.05		

Men 70-74 200 SC Meter Backstroke

1	Alfred C Newbury	73	VMST-VA	4:04.40
	1:00.80	2:03.44	4:04.40	

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Men 70-74 50 SC Meter Breaststroke

1 Richard A Scott 72 VMST-VA 50.50

Men 70-74 100 SC Meter Breaststroke1 Richard A Scott 72 VMST-VA 1:53.96
53.04 1:53.96**Men 70-74 200 SC Meter Breaststroke**1 Richard A Scott 72 VMST-VA 4:23.72
59.39 2:06.73 3:15.51 4:23.72**Men 70-74 50 SC Meter Butterfly**

1 Owen C Maher 71 VMST-VA 47.00

Men 70-74 100 SC Meter Butterfly1 Owen C Maher 71 VMST-VA 2:01.68
56.54 2:01.68
2 Alfred C Newbury 73 VMST-VA 2:10.36
1:01.29 2:10.36**Men 70-74 100 SC Meter IM**1 Richard A Scott 72 VMST-VA 1:55.45
53.94 1:55.45
2 Alfred C Newbury 73 VMST-VA 1:59.48
57.80 1:59.48**Men 75-79 800 SC Meter Freestyle**1 Charles H Erwin 76 VMST-VA 14:16.66
45.33 1:35.93 2:28.23 3:20.83
4:14.29 5:08.38 6:02.58 6:56.15
7:52.39 8:47.32 9:42.33 10:37.45
11:32.28 12:28.39 13:22.66 14:16.66**Women 200 SC Meter Medley Relay**1 VMST-VA A 3:27.31
1) Judy Martin W65 2) Johnnie Detrick W72
3) Lucille Griffin W69 4) Joan Averette W71**Women 200 SC Meter Freestyle Relay**1 VMST-VA A 4:10.67
1) Jeanne H Meredith W79 2) Terry Sokolik W80
3) Miriam K Tuovila W82 4) Marianna Berkley W85**Men 200 SC Meter Freestyle Relay**1 VMST-VA A 2:02.31
1) Mitch Saks M49 2) Bill L Nelson M54
3) Dave Holland M40 4) Chris L Stevenson M43
31.76 1:08.10 1:36.66 2:02.31**Men 200 SC Meter Freestyle Relay**--- VMST-VA A X2:42.16
1) Mark Patterson M61 2) Alfred C Newbury M73
3) Glen P Knutson M44 4) Owen C Maher M71
45.72 1:28.55 2:03.59 2:42.16**Men 200 SC Meter Freestyle Relay**--- VMST-VA A X4:10.67
58.58 2:12.56 3:16.26 4:10.67**Men 200 SC Meter Freestyle Relay**--- VMST-VA A X2:10.74
33.31 1:06.65 1:40.97 2:10.74**Mixed 200 SC Meter Freestyle Relay**--- VMST-VA A X2:10.67
1) Joey Stickle M47 2) Melissa S Smith W44
3) Amy Conard W36 4) John Salgado M42**Mixed 200 SC Meter Medley Relay**1 VMST-VA A 2:41.27
1) Mitch Saks M49 2) Susan H Gordon W46
3) Carol E Downing W48 4) Glen P Knutson M44