

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 18-24 50 Yard Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Cheetham, Meredith	22	North Carolina Masters Swimmin-	28.99	28.43
2	Walker, Sarah	20	North Carolina Masters Swimmin-	29.90	29.10
3	Fischer, Amy	22	North Carolina Masters Swimmin-	32.00	33.38
---	Allen, Kristen	23	North Carolina Masters Swimmin-	26.50	NS

Women 18-24 100 Yard Freestyle

1	Allen, Kristen	23	North Carolina Masters Swimmin-	57.99	57.43
	27.71 29.72				
2	Cheetham, Meredith	22	North Carolina Masters Swimmin-	1:04.99	1:03.08
	30.25 32.83				
3	Carter, Jamie	24	North Carolina Masters Swimmin-	1:03.28	1:03.31
	29.79 33.52				
4	Angermeier, Mary	24	North Carolina Masters Swimmin-	1:18.00	1:14.63
	36.40 38.23				
5	Fischer, Amy	22	North Carolina Masters Swimmin-	1:15.00	1:15.68
	35.09 40.59				

Women 18-24 200 Yard Freestyle

---	Allen, Kristen	23	North Carolina Masters Swimmin-	2:03.53	NS
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Women 18-24 1000 Yard Freestyle

1	Angermeier, Mary	24	North Carolina Masters Swimmin-	14:00.00	14:19.66
	38.02 41.23 42.94 43.20 43.72 43.51 44.15 44.02				
	43.70 43.95 43.60 43.62 43.84 44.17 43.99 44.05				
	42.60 42.29 42.67 40.39				

Women 18-24 50 Yard Backstroke

1	Allen, Kristen	23	North Carolina Masters Swimmin-	31.35	30.18
2	Cheetham, Meredith	22	North Carolina Masters Swimmin-	33.59	34.27
3	Fischer, Amy	22	North Carolina Masters Swimmin-	36.00	38.64
4	Angermeier, Mary	24	North Carolina Masters Swimmin-	45.00	41.49

Women 18-24 100 Yard Backstroke

1	Walker, Sarah	20	North Carolina Masters Swimmin-	1:10.90	1:09.14
	34.04 35.10				
2	Cheetham, Meredith	22	North Carolina Masters Swimmin-	1:13.00	1:15.14
	36.93 38.21				
3	Greene, Julie	24	North Carolina Masters Swimmin-	1:21.55	1:21.47
	39.95 41.52				
4	Fischer, Amy	22	North Carolina Masters Swimmin-	1:25.00	1:25.85
	42.25 43.60				

Women 18-24 50 Yard Breaststroke

1	Cheetham, Meredith	22	North Carolina Masters Swimmin-	36.59	35.53
2	Fischer, Amy	22	North Carolina Masters Swimmin-	43.00	40.63
---	Allen, Kristen	23	North Carolina Masters Swimmin-	36.50	NS

Women 18-24 100 Yard Breaststroke

1	Carter, Jamie	24	North Carolina Masters Swimmin-	1:14.86	1:12.28
	34.16 38.12				
2	Cheetham, Meredith	22	North Carolina Masters Swimmin-	1:18.00	1:19.29
	37.90 41.39				
3	Walker, Sarah	20	North Carolina Masters Swimmin-	1:20.11	1:22.05
	38.66 43.39				
4	Fischer, Amy	22	North Carolina Masters Swimmin-	1:40.00	1:31.03
	43.02 48.01				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 18-24 50 Yard Butterfly**

1	Allen, Kristen	23	North Carolina Masters Swimmin-	29.53	28.81
2	Walker, Sarah	20	North Carolina Masters Swimmin-	31.49	31.73
3	Cheetham, Meredith	22	North Carolina Masters Swimmin-	33.00	32.00
4	Fischer, Amy	22	North Carolina Masters Swimmin-	36.00	35.11

Women 18-24 100 Yard Butterfly

1	Walker, Sarah	20	North Carolina Masters Swimmin-	1:16.00	1:06.77
	31.54 35.23				
2	Fischer, Amy	22	North Carolina Masters Swimmin-	1:30.00	1:23.47
	38.01 45.46				
3	Greene, Julie	24	North Carolina Masters Swimmin-	1:23.99	1:24.98

Women 18-24 100 Yard IM

1	Walker, Sarah	20	North Carolina Masters Swimmin-	1:13.00	1:10.91
	33.41 37.50				
2	Cheetham, Meredith	22	North Carolina Masters Swimmin-	1:12.99	1:12.63
	34.62 38.01				
3	Fischer, Amy	22	North Carolina Masters Swimmin-	1:30.00	1:21.25
	38.35 42.90				
4	Angermeier, Mary	24	North Carolina Masters Swimmin-	1:45.00	1:25.43
	42.59 42.84				
---	Greene, Julie	24	North Carolina Masters Swimmin-	1:25.77	NS
---	Allen, Kristen	23	North Carolina Masters Swimmin-	1:10.25	NS

Women 18-24 200 Yard IM

1	Walker, Sarah	20	North Carolina Masters Swimmin-	2:31.57	2:32.98
	33.02 38.80 44.25		36.91		
2	Carter, Jamie	24	North Carolina Masters Swimmin-	2:35.43	2:33.67
	34.25 40.35 41.11		37.96		
3	Fischer, Amy	22	North Carolina Masters Swimmin-	2:40.00	2:54.03
	37.15 46.39 49.33		41.16		
4	Angermeier, Mary	24	North Carolina Masters Swimmin-	3:10.00	2:59.72
	39.91 48.31 50.66		40.84		

Women 18-24 400 Yard IM

1	Greene, Julie	24	North Carolina Masters Swimmin-	6:28.00	6:20.97
	41.87 49.26 47.41		48.01 53.69 54.05 45.11 41.57		

Women 25-29 50 Yard Freestyle

1	Pollock, Julia	28	North Carolina Masters Swimmin-	29.00	27.15
2	Hester, Heidi	28	Unattached	28.02	27.16
3	Russo, Claire	25	North Carolina Masters Swimmin-	28.75	27.54
4	Higgins, Nicole	25	North Carolina Masters Swimmin-	35.00	28.50
5	Proud, Jessica	27	North Carolina Masters Swimmin-	28.15	28.62
6	Long, Ashley	27	Team Greenville Masters-55	29.55	30.17
7	Koontz, Lani	26	North Carolina Masters Swimmin-	32.00	30.41
8	Potochnik, Sarah	25	North Carolina Masters Swimmin-	30.21	30.71
9	Mendez, Katie	25	Team Greenville Masters-55	32.96	31.17
10	Hawley, Kate	28	North Carolina Masters Swimmin-	30.35	31.89
11	Gangloff, Karen	26	North Carolina Masters Swimmin-	50.00	32.75
12	Kennedy, Katie	28	North Carolina Masters Swimmin-	NT	34.78
13	Vogel, Melissa	27	North Carolina Masters Swimmin-	37.00	35.67

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 25-29 100 Yard Freestyle**

1	Hester, Heidi	28	Unattached	58.02	57.70
	28.13 29.57				
*2	Pollock, Julia	28	North Carolina Masters Swimmin-	59.00	59.89
	29.18 30.71				
*2	Russo, Claire	25	North Carolina Masters Swimmin-	1:01.70	59.89
	28.68 31.21				
4	Proud, Jessica	27	North Carolina Masters Swimmin-	1:01.90	1:02.55
	29.79 32.76				
5	Higgins, Nicole	25	North Carolina Masters Swimmin-	1:20.00	1:03.49
	30.15 33.34				
6	Long, Ashley	27	Team Greenville Masters-55	1:07.00	1:08.13
	32.01 36.12				
7	Hawley, Kate	28	North Carolina Masters Swimmin-	1:10.35	1:11.53
	33.83 37.70				
8	Koontz, Lani	26	North Carolina Masters Swimmin-	1:10.00	1:12.02
	34.84 37.18				
9	Vogel, Melissa	27	North Carolina Masters Swimmin-	1:25.00	1:23.07
	39.17 43.90				
---	Potochnik, Sarah	25	North Carolina Masters Swimmin-	1:10.00	NS
---	Gangloff, Karen	26	North Carolina Masters Swimmin-	2:00.00	NS

Women 25-29 200 Yard Freestyle

1	Hester, Heidi	28	Unattached	2:03.02	2:02.45
	28.61 30.67 31.41 31.76				
2	Kleber, Shaynah	26	North Carolina Masters Swimmin-	2:18.59	2:17.90
	32.47 34.92 35.71 34.80				
3	Lawrence, Kari	27	North Carolina Masters Swimmin-	2:18.25	2:17.96
	32.13 34.94 35.55 35.34				
4	Long, Ashley	27	Team Greenville Masters-55	2:33.00	2:29.63
	33.93 36.38 39.04 40.28				
5	Mendez, Katie	25	Team Greenville Masters-55	2:38.84	2:37.12
	35.71 38.29 41.02 42.10				
6	Gangloff, Karen	26	North Carolina Masters Swimmin-	3:42.00	3:06.04
	40.56 48.38 50.71 46.39				
7	Vogel, Melissa	27	North Carolina Masters Swimmin-	3:20.00	3:08.00
	39.20 46.22 50.54 52.04				

Women 25-29 500 Yard Freestyle

1	Hester, Heidi	28	Unattached	5:35.02	5:32.38
	30.65 32.87 33.61 33.73 33.86 33.92 33.73 33.76				
2	Hawley, Kate	28	North Carolina Masters Swimmin-	6:42.00	6:34.96
	35.56 39.82 40.99 39.74 40.18 39.97 2:38.70				
3	Long, Ashley	27	Team Greenville Masters-55	6:59.00	6:58.73
	37.66 40.10 41.64 42.26 42.60 42.85 43.00 43.27				
4	Vogel, Melissa	27	North Carolina Masters Swimmin-	9:00.00	8:57.91
	41.87 49.66 56.76 58.84 56.60 1:49.07				
	49.87				

Women 25-29 1000 Yard Freestyle

1	Hawley, Kate	28	North Carolina Masters Swimmin-	13:50.03	13:37.66
	36.10 43.17 40.84 41.39 41.59 41.00 41.28 41.96				
	41.58 41.80 42.12 41.32 41.18 41.01 41.04 40.98				
	40.97 40.09 40.24 38.00				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 25-29 50 Yard Backstroke**

1	Hester, Heidi	28	Unattached	33.02	32.77
2	Proud, Jessica	27	North Carolina Masters Swimmin-	33.90	33.62
3	Higgins, Nicole	25	North Carolina Masters Swimmin-	47.00	34.24
4	Long, Ashley	27	Team Greenville Masters-55	39.00	40.16
5	Koontz, Lani	26	North Carolina Masters Swimmin-	42.00	40.65
---	Vogel, Melissa	27	North Carolina Masters Swimmin-	48.00	DQ
---	Potochnik, Sarah	25	North Carolina Masters Swimmin-	35.45	NS

Women 25-29 100 Yard Backstroke

1	Hester, Heidi	28	Unattached	1:10.02	1:09.62
	33.72 35.90				
2	Higgins, Nicole	25	North Carolina Masters Swimmin-	1:34.00	1:12.38
	35.06 37.32				
3	Proud, Jessica	27	North Carolina Masters Swimmin-	1:11.10	1:12.42
	35.45 36.97				
4	Kleber, Shaynah	26	North Carolina Masters Swimmin-	1:16.59	1:16.09
	37.19 38.90				
5	Potochnik, Sarah	25	North Carolina Masters Swimmin-	1:20.00	1:19.26
	37.50 41.76				
6	Mendez, Katie	25	Team Greenville Masters-55	1:29.00	1:24.24
	43.43 40.81				

Women 25-29 200 Yard Backstroke

1	Hester, Heidi	28	Unattached	2:30.02	2:26.97
	34.77 36.59 37.77 37.84				

Women 25-29 50 Yard Breaststroke

1	Lawrence, Kari	27	North Carolina Masters Swimmin-	35.75	34.96
2	Russo, Claire	25	North Carolina Masters Swimmin-	36.50	35.44
3	Pollock, Julia	28	North Carolina Masters Swimmin-	37.00	36.05
4	Hester, Heidi	28	Unattached	38.02	37.91
5	Hawley, Kate	28	North Carolina Masters Swimmin-	38.45	43.12
6	Mendez, Katie	25	Team Greenville Masters-55	45.00	45.06
7	Vogel, Melissa	27	North Carolina Masters Swimmin-	50.00	45.89
8	Koontz, Lani	26	North Carolina Masters Swimmin-	52.00	51.03

Women 25-29 100 Yard Breaststroke

1	Russo, Claire	25	North Carolina Masters Swimmin-	1:19.00	1:17.87
	37.05 40.82				
2	Lawrence, Kari	27	North Carolina Masters Swimmin-	1:21.15	1:18.19
	37.05 41.14				
3	Hawley, Kate	28	North Carolina Masters Swimmin-	1:39.25	1:33.01
	44.22 48.79				

Women 25-29 50 Yard Butterfly

1	Lawrence, Kari	27	North Carolina Masters Swimmin-	30.99	29.49
2	Higgins, Nicole	25	North Carolina Masters Swimmin-	50.00	30.87
3	Russo, Claire	25	North Carolina Masters Swimmin-	32.00	31.21
4	Proud, Jessica	27	North Carolina Masters Swimmin-	32.81	32.63
5	Koontz, Lani	26	North Carolina Masters Swimmin-	38.00	41.18

Women 25-29 100 Yard Butterfly

1	Kleber, Shaynah	26	North Carolina Masters Swimmin-	1:11.59	1:09.03
	31.82 37.21				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 25-29 100 Yard IM**

1	Russo, Claire	25	North Carolina Masters Swimmin-	1:09.50	1:08.89
	32.46 36.43				
2	Pollock, Julia	28	North Carolina Masters Swimmin-	1:12.00	1:10.12
	33.40 36.72				
3	Lawrence, Kari	27	North Carolina Masters Swimmin-	1:11.09	1:10.28
	32.67 37.61				
4	Higgins, Nicole	25	North Carolina Masters Swimmin-	1:45.00	1:13.05
	32.15 40.90				
5	Proud, Jessica	27	North Carolina Masters Swimmin-	1:10.97	1:13.57
	33.96 39.61				
6	Potochnik, Sarah	25	North Carolina Masters Swimmin-	1:25.00	1:19.49
	36.69 42.80				
7	Mendez, Katie	25	Team Greenville Masters-55	1:25.14	1:22.48
	37.94 44.54				
8	Hawley, Kate	28	North Carolina Masters Swimmin-	1:21.25	1:24.70
	40.16 44.54				
9	Koontz, Lani	26	North Carolina Masters Swimmin-	1:39.00	1:42.57
	45.32 57.25				

Women 25-29 200 Yard IM

1	Lawrence, Kari	27	North Carolina Masters Swimmin-	2:30.97	2:28.64
	31.16 38.18 43.64 35.66				
---	Potochnik, Sarah	25	North Carolina Masters Swimmin-	2:55.00	NS

Women 30-34 50 Yard Freestyle

1	Uhl, Alicia	32	Wilmington-NC	26.00	26.74
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Women 30-34 100 Yard Freestyle

1	Caldas, Hannah	31	North Carolina Masters Swimmin-	1:05.00	57.73
	27.81 29.92				

Women 30-34 200 Yard Freestyle

1	Uhl, Alicia	32	Wilmington-NC	2:10.00	2:09.30
	29.81 32.16 33.93 33.40				
---	Herrold, Catherine	31	North Carolina Masters Swimmin-	2:20.00	NS

Women 30-34 500 Yard Freestyle

1	Fritchie, Karen	31	North Carolina Masters Swimmin-	5:40.00	5:46.65
	32.95 34.86 34.92 35.04 35.19 35.64 35.12 35.36 34.44 33.13				

Women 30-34 1650 Yard Freestyle

1	Herrold, Catherine	31	North Carolina Masters Swimmin-	23:00.00	22:44.94
	38.63 41.04 41.01 41.15 41.31 41.15 41.69 42.09 41.56 41.51 41.92 41.85 41.80 41.77 41.70 41.72 41.50 42.01 42.05 41.91 41.54 41.49 41.57 41.39 41.36 41.11 41.38 41.38 41.61 41.35 41.23 41.04 39.12				

Women 30-34 50 Yard Breaststroke

1	Caldas, Hannah	31	North Carolina Masters Swimmin-	34.00	33.57
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Women 30-34 100 Yard Breaststroke

1	Caldas, Hannah	31	North Carolina Masters Swimmin-	1:20.00	1:13.90
	34.49 39.41				
2	Fritchie, Karen	31	North Carolina Masters Swimmin-	1:12.99	1:15.11
	36.42 38.69				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 30-34 200 Yard Breaststroke**

1	Fritchie, Karen	31	North Carolina Masters Swimmin-	2:40.00	2:34.23
	37.38 40.18 38.45 38.22				
2	Caldas, Hannah	31	North Carolina Masters Swimmin-	3:00.00	2:42.85
	36.45 39.86 41.83 44.71				

Women 30-34 50 Yard Butterfly

1	Caldas, Hannah	31	North Carolina Masters Swimmin-	33.00	28.91
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Women 30-34 100 Yard Butterfly

1	Uhl, Alicia	32	Wilmington-NC	1:10.00	1:08.55
	32.08 36.47				

Women 30-34 100 Yard IM

1	Caldas, Hannah	31	North Carolina Masters Swimmin-	1:15.00	1:06.56
	31.03 35.53				
2	Uhl, Alicia	32	Wilmington-NC	1:10.00	1:08.20
	31.70 36.50				

Women 30-34 200 Yard IM

1	Fritchie, Karen	31	North Carolina Masters Swimmin-	2:22.99	2:24.52
	32.28 38.49 40.65 33.10				
---	Herrold, Catherine	31	North Carolina Masters Swimmin-	2:40.00	NS

Women 30-34 400 Yard IM

1	Fritchie, Karen	31	North Carolina Masters Swimmin-	5:05.99	4:54.71
	31.51 35.65 39.28 38.48 40.42 41.57 34.49 33.31				
---	Herrold, Catherine	31	North Carolina Masters Swimmin-	5:00.00	NS

Women 35-39 50 Yard Freestyle

1	Braun, Erika	36	North Carolina Masters Swimmin-	24.90	24.79
2	Holland, Amy	37	North Carolina Masters Swimmin-	28.00	25.88
3	Williams, Heidi	39	North Carolina Masters Swimmin-	28.00	28.22
4	St Jean, Rebecca	38	Charleston Family YMCA-12	29.50	28.78
5	Mensch, Reedy	35	Burlingame Aquatic Club-38	33.99	33.86
6	Manassah, Susan	37	North Carolina Masters Swimmin-	40.00	34.27

Women 35-39 100 Yard Freestyle

1	Braun, Erika	36	North Carolina Masters Swimmin-	53.80	55.23
	26.10 29.13				
2	Holland, Amy	37	North Carolina Masters Swimmin-	58.00	56.83
	27.27 29.56				
3	St Jean, Rebecca	38	Charleston Family YMCA-12	1:08.80	1:07.21
	32.33 34.88				
4	Mensch, Reedy	35	Burlingame Aquatic Club-38	1:20.00	1:16.44
	36.45 39.99				

Women 35-39 200 Yard Freestyle

1	Holland, Amy	37	North Carolina Masters Swimmin-	2:05.00	2:07.07
	29.16 31.58 33.01 33.32				
2	Williams, Heidi	39	North Carolina Masters Swimmin-	2:09.50	2:09.65
	31.08 33.13 33.43 32.01				
3	St Jean, Rebecca	38	Charleston Family YMCA-12	2:30.00	2:24.62
	32.46 35.65 37.98 38.53				
---	Mensch, Reedy	35	Burlingame Aquatic Club-38	3:30.00	NS
---	Manassah, Susan	37	North Carolina Masters Swimmin-	3:00.00	NS

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 35-39 500 Yard Freestyle**

1	Williams, Heidi			39	North Carolina Masters Swimmin-	5:45.00		5:51.86
		33.60	36.10	37.46	37.70	37.94	34.29	34.10
		34.00	32.90					33.77

Women 35-39 1000 Yard Freestyle

1	Williams, Heidi			39	North Carolina Masters Swimmin-	11:45.00		11:59.45
		33.45	37.16	37.36	37.54	37.86	37.65	37.63
		37.01	37.01	34.98	35.08	34.94	35.24	34.83
		35.48	35.24	34.62	33.82			35.03
---	Manassah, Susan			37	North Carolina Masters Swimmin-	18:00.00		NS

Women 35-39 1650 Yard Freestyle

1	Williams, Heidi			39	North Carolina Masters Swimmin-	19:40.00		19:53.06
		34.15	35.97	37.05	37.59	37.40	37.86	37.47
		37.54	37.96	36.58	36.16	36.30	36.45	36.76
		36.70	36.37	35.63	36.06	35.08	35.35	35.75
		34.98	35.11	35.35	35.34	35.25	34.92	36.67
---	Manassah, Susan			37	North Carolina Masters Swimmin-	25:00.00		NS
								34.35

Women 35-39 50 Yard Backstroke

1	Lane, Tanya			37	North Carolina Masters Swimmin-	29.50		29.08
2	Braun, Erika			36	North Carolina Masters Swimmin-	29.00		29.50
3	Holland, Amy			37	North Carolina Masters Swimmin-	35.00		31.19
4	Williams, Heidi			39	North Carolina Masters Swimmin-	32.10		32.18
5	St Jean, Rebecca			38	Charleston Family YMCA-12	38.80		37.03

Women 35-39 100 Yard Backstroke

1	Lane, Tanya			37	North Carolina Masters Swimmin-	1:01.80		1:02.21
		29.94	32.27					
2	Williams, Heidi			39	North Carolina Masters Swimmin-	1:10.00		1:10.64
		34.70	35.94					
3	St Jean, Rebecca			38	Charleston Family YMCA-12	1:20.20		1:18.70
		38.41	40.29					
---	Braun, Erika			36	North Carolina Masters Swimmin-	1:02.90		NS

Women 35-39 200 Yard Backstroke

1	Lane, Tanya			37	North Carolina Masters Swimmin-	2:12.50		2:16.81
		32.94	35.13	34.46	34.28			
2	Williams, Heidi			39	North Carolina Masters Swimmin-	2:31.60		2:35.22
		36.21	39.12	39.62	40.27			
3	St Jean, Rebecca			38	Charleston Family YMCA-12	2:55.80		3:00.56
		42.38	45.05	46.69	46.44			

Women 35-39 50 Yard Breaststroke

1	Lane, Tanya			37	North Carolina Masters Swimmin-	32.00		32.91
2	St Jean, Rebecca			38	Charleston Family YMCA-12	38.30		37.96
3	Mensch, Reedy			35	Burlingame Aquatic Club-38	48.99		41.91

Women 35-39 100 Yard Breaststroke

1	St Jean, Rebecca			38	Charleston Family YMCA-12	1:30.30		1:28.41
		42.25	46.16					
2	Mensch, Reedy			35	Burlingame Aquatic Club-38	1:35.00		1:29.27
		42.14	47.13					

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 35-39 200 Yard Breaststroke**

1	Lane, Tanya	37	North Carolina Masters Swimmin-	2:39.50	2:36.21
	35.05 39.61 40.34 41.21				
2	Mensch, Reedy	35	Burlingame Aquatic Club-38	3:59.00	3:14.55
	43.57 49.23 50.41 51.34				

Women 35-39 50 Yard Butterfly

1	Braun, Erika	36	North Carolina Masters Swimmin-	27.90	27.91
2	Holland, Amy	37	North Carolina Masters Swimmin-	33.00	28.99
3	Williams, Heidi	39	North Carolina Masters Swimmin-	29.60	30.64
4	St Jean, Rebecca	38	Charleston Family YMCA-12	38.80	34.71

Women 35-39 100 Yard Butterfly

1	Braun, Erika	36	North Carolina Masters Swimmin-	1:02.90	1:02.60
	28.61 33.99				

Women 35-39 200 Yard Butterfly

1	Williams, Heidi	39	North Carolina Masters Swimmin-	2:45.00	2:40.47
	36.52 40.87 43.28 39.80				

Women 35-39 100 Yard IM

1	Braun, Erika	36	North Carolina Masters Swimmin-	1:02.90	1:02.92
	28.76 34.16				
2	Lane, Tanya	37	North Carolina Masters Swimmin-	1:04.00	1:03.43
	28.86 34.57				
3	Holland, Amy	37	North Carolina Masters Swimmin-	1:10.00	1:06.54
	30.93 35.61				
4	St Jean, Rebecca	38	Charleston Family YMCA-12	1:19.90	1:15.50
	36.39 39.11				
5	Mensch, Reedy	35	Burlingame Aquatic Club-38	1:30.99	1:25.72
	40.56 45.16				

Women 35-39 200 Yard IM

1	Lane, Tanya	37	North Carolina Masters Swimmin-	2:17.00	2:18.76
	29.79 34.48 40.32 34.17				

Women 40-44 50 Yard Freestyle

1	Alston, Anne	40	North Carolina Masters Swimmin-	29.79	28.79
2	Bear, Shelley	41	North Carolina Masters Swimmin-	30.84	30.86
3	Blanchar, Jill	44	North Carolina Masters Swimmin-	31:00.00	31.58
4	Hamilton, April	41	Charleston Family YMCA-12	33.00	32.01

Women 40-44 100 Yard Freestyle

1	Alston, Anne	40	North Carolina Masters Swimmin-	1:05.00	1:01.40
	29.80 31.60				
2	Gillman, Regina	43	North Carolina Masters Swimmin-	1:05.10	1:07.21
	31.58 35.63				
3	Bear, Shelley	41	North Carolina Masters Swimmin-	1:07.05	1:07.77
	32.01 35.76				
4	Hamilton, April	41	Charleston Family YMCA-12	1:20.00	1:13.75
	35.01 38.74				

Women 40-44 200 Yard Freestyle

1	Alston, Anne	40	North Carolina Masters Swimmin-	2:15.01	2:12.39
	30.08 32.69 34.42 35.20				
2	Bear, Shelley	41	North Carolina Masters Swimmin-	2:30.35	2:30.49
	39.69 39.60				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Women 40-44 200 Yard Freestyle)**

3	Blanchar, Jill		44	North Carolina Masters Swimmin-	2:38.00	2:31.88
	34.37	38.57	40.42	38.52		
---	Sanford, Cindy		44	North Carolina Masters Swimmin-	3:40.00	NS

Women 40-44 500 Yard Freestyle

1	Alston, Anne		40	North Carolina Masters Swimmin-	6:05.69	5:51.87
	31.27	34.27	34.80	35.76	36.08	36.11
	35.97	35.16		36.00	36.45	
2	Bear, Shelley		41	North Carolina Masters Swimmin-	7:26.47	6:42.84
				41.12	41.16	41.04
	40.64	39.52		40.90		
3	Roberts, Connie		41	North Carolina Masters Swimmin-	8:00.00	7:08.13
	37.83	43.12	44.16	43.88	43.73	43.67
	43.30	41.64		43.00	43.80	
4	Hamilton, April		41	Charleston Family YMCA-12	7:30.00	7:35.89
	37.52	44.85	46.78	46.77	47.23	47.05
	46.89	43.86		47.62	47.32	

Women 40-44 1000 Yard Freestyle

---	Alston, Anne		40	North Carolina Masters Swimmin-	12:30.00	NS
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Women 40-44 1650 Yard Freestyle

1	Blanchar, Jill		44	North Carolina Masters Swimmin-	24:00.00	23:44.46
	35.74	39.47	41.83	42.24	42.98	43.71
	43.48	43.68	43.19	43.62	43.30	43.71
	43.83	43.45	43.94	43.58	43.59	43.52
	43.90	43.89	43.99	43.99	43.98	44.10
						44.39
						43.62
						40.88
2	Roberts, Connie		41	North Carolina Masters Swimmin-	26:00.00	24:24.35
	39.50	43.03	44.49	45.14	44.61	45.27
	43.89	44.13	43.28	43.70	44.09	43.82
	44.26	44.97	44.60	44.91	45.00	45.07
	44.83	44.70	45.25	45.05	44.70	44.85
						44.82
						44.87
						45.10

Women 40-44 50 Yard Backstroke

1	Alston, Anne		40	North Carolina Masters Swimmin-	34.96	34.73
2	Bear, Shelley		41	North Carolina Masters Swimmin-	38.00	38.36
3	Hamilton, April		41	Charleston Family YMCA-12	42.00	40.24

Women 40-44 100 Yard Backstroke

1	Blanchar, Jill		44	North Carolina Masters Swimmin-	1:25.00	1:23.31
	39.53	43.78				

Women 40-44 50 Yard Breaststroke

1	Bear, Shelley		41	North Carolina Masters Swimmin-	40.49	38.89
2	Blanchar, Jill		44	North Carolina Masters Swimmin-	34:00.00	42.46
3	Hamilton, April		41	Charleston Family YMCA-12	42.00	43.61

Women 40-44 100 Yard Breaststroke

1	Gillman, Regina		43	North Carolina Masters Swimmin-	1:18.99	1:20.38
	37.96	42.42				
2	Hamilton, April		41	Charleston Family YMCA-12	1:40.00	1:39.89
	46.73	53.16				

Women 40-44 200 Yard Breaststroke

1	Gillman, Regina		43	North Carolina Masters Swimmin-	2:46.63	2:50.89
	38.21	42.18	43.99	46.51		

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Women 40-44 200 Yard Breaststroke)**

2	Hamilton, April	41	Charleston Family YMCA-12	3:30.00	3:30.30
	47.04 53.23 57.14		52.89		

Women 40-44 50 Yard Butterfly

1	Bear, Shelley	41	North Carolina Masters Swimmin-	34.02	34.42
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Women 40-44 100 Yard Butterfly

1	Gillman, Regina	43	North Carolina Masters Swimmin-	1:13.81	1:12.61
	33.39 39.22				

Women 40-44 100 Yard IM

1	Gillman, Regina	43	North Carolina Masters Swimmin-	1:11.78	1:13.36
	34.53 38.83				
2	Alston, Anne	40	North Carolina Masters Swimmin-	1:17.30	1:16.50
	35.72 40.78				
3	Bear, Shelley	41	North Carolina Masters Swimmin-	1:17.94	1:17.11
	36.28 40.83				
4	Hamilton, April	41	Charleston Family YMCA-12	1:30.00	1:27.35
	41.33 46.02				

Women 40-44 200 Yard IM

1	Gillman, Regina	43	North Carolina Masters Swimmin-	2:33.52	2:40.41
	35.47 40.59 45.40		38.95		
2	Bear, Shelley	41	North Carolina Masters Swimmin-	2:49.47	2:46.42
	36.16 43.58 46.87		39.81		
3	Roberts, Connie	41	North Carolina Masters Swimmin-	3:30.00	3:03.60
	42.37 49.32 52.62		39.29		
4	Hamilton, April	41	Charleston Family YMCA-12	3:15.00	3:08.78
	40.60 50.37 56.95		40.86		

Women 40-44 400 Yard IM

1	Roberts, Connie	41	North Carolina Masters Swimmin-	7:00.00	6:30.51
	45.99 51.26 51.70		50.89 52.27 52.62 43.37	42.41	
2	Hamilton, April	41	Charleston Family YMCA-12	6:55.00	6:48.35
	41.78 52.98 55.09		52.88 56.75 57.99 47.09	43.79	

Women 45-49 50 Yard Freestyle

1	Dore, Mary	45	North Carolina Masters Swimmin-	33.00	29.85
2	Roeth, Cynthia	47	North Carolina Masters Swimmin-	34.40	33.89
3	Gilchrist, Eleanor	48	Middle Tennessee Masters Swim-l	42.15	46.69

Women 45-49 100 Yard Freestyle

1	Dore, Mary	45	North Carolina Masters Swimmin-	1:03.00	1:02.24
	30.02 32.22				
2	Roeth, Cynthia	47	North Carolina Masters Swimmin-	1:17.81	1:16.83
	36.40 40.43				
---	Montgomery, Victoria	48	North Carolina Masters Swimmin-	1:36.00	NS

Women 45-49 200 Yard Freestyle

1	Dore, Mary	45	North Carolina Masters Swimmin-	2:30.00	2:19.08
	31.94 35.30 35.94		35.90		
2	Fisher, Barbie	49	North Carolina Masters Swimmin-	2:45.00	2:34.30
	36.66 39.33 39.40		38.91		

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 45-49 500 Yard Freestyle**

1	Dore, Mary			45	North Carolina Masters Swimmin-	6:30.00		6:14.13
	34.30	38.64	38.81	38.42	38.58	37.73	37.54	37.27
	37.00	35.84						
2	Fahnline, Kathryn			45	Team Greenville Masters-55	8:00.00		8:08.39
	46.00	49.22	50.51	49.67	49.40	49.26	49.06	49.39
	48.92	46.96						
3	Roeth, Cynthia			47	North Carolina Masters Swimmin-	8:03.47		8:09.27
	40.80	46.59	49.11	49.31	51.04	50.14	51.78	51.27
	51.08	48.15						

Women 45-49 1000 Yard Freestyle

1	Dore, Mary			45	North Carolina Masters Swimmin-	13:50.00		12:47.75
	34.35	38.01	39.43	39.28	39.60	39.20	38.96	39.19
	39.13	39.06	38.84	38.59	38.47	38.47	38.23	38.62
	37.67	37.89	38.23	36.53				

Women 45-49 1650 Yard Freestyle

1	Mortensen, Carol			49	Unattached	24:00.00		21:26.18
	34.18	36.49	37.84	38.92	39.00	39.39	39.30	39.49
	39.70	39.41	39.10	39.41	39.56	39.29	39.55	39.49
	39.53	39.48	39.38	39.18	39.32	38.81	39.43	39.31
	39.12	39.50	39.46	39.23	39.42	39.27	39.20	39.14
								37.28
2	Montgomery, Victoria			48	North Carolina Masters Swimmin-	29:55.00		23:57.80
	38.91	42.98	43.76	44.05	44.08	44.53	44.56	44.79
	44.74	44.41	43.84	43.35	43.56	43.83	44.37	44.07
	44.01	43.83	43.46	43.36	43.37	43.14	43.07	43.21
	43.35	43.72	43.57	43.93	43.80	43.44	43.16	43.10
								42.45
3	Fahnline, Kathryn			45	Team Greenville Masters-55	27:00.00		27:45.62
	44.61	48.88	48.93	49.31	50.13	50.18	50.12	50.67
	49.65	50.58	51.04	50.95	49.79	50.23	51.07	50.59
	51.00	50.79	50.88	50.45	50.21	50.74	50.57	50.81
	51.04	50.99	51.79	51.56	51.22	52.07	51.92	51.64
								51.21

Women 45-49 50 Yard Backstroke

1	Fahnline, Kathryn			45	Team Greenville Masters-55	46.00		45.43
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Women 45-49 100 Yard Backstroke

1	Whalen, Marie			46	North Carolina Masters Swimmin-	1:20.00		1:22.36
	39.29	43.07						
---	Montgomery, Victoria			48	North Carolina Masters Swimmin-	2:00.00		NS

Women 45-49 200 Yard Backstroke

1	Fahnline, Kathryn			45	Team Greenville Masters-55	3:35.00		3:28.31
	49.09	52.89	53.98	52.35				
---	Montgomery, Victoria			48	North Carolina Masters Swimmin-	4:00.00		NS

Women 45-49 50 Yard Breaststroke

1	Battle, Ruth			46	North Carolina Masters Swimmin-	37.00		36.83
2	Whalen, Marie			46	North Carolina Masters Swimmin-	40.00		40.95
3	Roeth, Cynthia			47	North Carolina Masters Swimmin-	44.29		43.92
4	Fahnline, Kathryn			45	Team Greenville Masters-55	47.00		46.63

Women 45-49 100 Yard Breaststroke

1	Roeth, Cynthia			47	North Carolina Masters Swimmin-	1:35.00		1:35.09
	45.36	49.73						
2	Fahnline, Kathryn			45	Team Greenville Masters-55	1:45.00		1:41.49
	48.32	53.17						

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 45-49 200 Yard Breaststroke**

1	Whalen, Marie	46	North Carolina Masters Swimmin-	3:00.00	3:26.80
	43.74 50.01 56.20 56.85				
2	Fahnline, Kathryn	45	Team Greenville Masters-55	3:40.00	3:30.78
	49.41 53.40 54.57 53.40				

Women 45-49 50 Yard Butterfly

1	Fisher, Barbie	49	North Carolina Masters Swimmin-	38.00	35.20
2	Roeth, Cynthia	47	North Carolina Masters Swimmin-	42.66	40.77
3	Fahnline, Kathryn	45	Team Greenville Masters-55	45.00	44.07
---	Waldron, Patricia	46	North Carolina Masters Swimmin-	34.00	NS
---	Gilchrist, Eleanor	48	Middle Tennessee Masters Swim-l	58.42	NS

Women 45-49 100 Yard Butterfly

1	Fisher, Barbie	49	North Carolina Masters Swimmin-	1:22.00	1:17.50
	35.21 42.29				
2	Whalen, Marie	46	North Carolina Masters Swimmin-	1:30.00	1:32.35
	40.86 51.49				
---	Montgomery, Victoria	48	North Carolina Masters Swimmin-	1:40.00	NS

Women 45-49 200 Yard Butterfly

1	Dore, Mary	45	North Carolina Masters Swimmin-	3:10.00	2:46.98
	37.67 42.97 43.37 42.97				
2	Fisher, Barbie	49	North Carolina Masters Swimmin-	3:00.00	2:57.92
	38.03 44.01 47.15 48.73				
---	Montgomery, Victoria	48	North Carolina Masters Swimmin-	4:30.00	NS

Women 45-49 100 Yard IM

1	Whalen, Marie	46	North Carolina Masters Swimmin-	1:30.00	1:19.99
	38.04 41.95				
2	Roeth, Cynthia	47	North Carolina Masters Swimmin-	1:30.33	1:30.81
	43.03 47.78				
3	Fahnline, Kathryn	45	Team Greenville Masters-55	1:40.00	1:37.81
	48.64 49.17				
---	Gilchrist, Eleanor	48	Middle Tennessee Masters Swim-l	2:10.02	DQ
	46.65 1:00.24				
---	Montgomery, Victoria	48	North Carolina Masters Swimmin-	1:45.00	NS

Women 45-49 200 Yard IM

1	Dore, Mary	45	North Carolina Masters Swimmin-	2:55.00	2:40.77
	34.72 41.96 48.15 35.94				

Women 45-49 400 Yard IM

1	Dore, Mary	45	North Carolina Masters Swimmin-	6:50.00	5:48.24
	36.84 42.33 46.61 45.17 51.12 49.92 38.78 37.47				
2	Fahnline, Kathryn	45	Team Greenville Masters-55	7:30.00	7:12.61
	48.83 56.85 56.84 56.70 56.12 55.40 52.10 49.77				

Women 50-54 50 Yard Freestyle

1	Adams, Martita	50	Charleston Family YMCA-12	28.96	28.98
2	Hardison, Kathleen	50	Burlingame Aquatic Club-38	35.00	34.49
3	Castro, Paige	52	Charlotte SwimMasters-13	38:00.00	35.38
4	Ruebel, Deb	52	Burlingame Aquatic Club-38	45.00	36.31
5	Richardson, Anita	53	Ncmsnems	44.11	44.87

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 50-54 100 Yard Freestyle**

1	Adams, Martita	50	Charleston Family YMCA-12	1:05.36	1:06.03
	31.82 34.21				
2	Hardison, Kathleen	50	Burlingame Aquatic Club-38	1:20.00	1:13.66
	35.92 37.74				
3	Goggin, Eimear	51	North Carolina Masters Swimmin-	1:10.00	1:16.09
	37.39 38.70				
4	Ruebel, Deb	52	Burlingame Aquatic Club-38	1:30.00	1:24.87
	40.35 44.52				
5	Williamson, Cile	53	Team Greenville Masters-55	1:34.17	1:38.11
	45.85 52.26				

Women 50-54 200 Yard Freestyle

1	Smith, Alison	54	Ncmsunat	3:01.00	2:59.94
	39.84 46.03 47.62 46.45				
2	Richardson, Anita	53	Ncmsncms	3:43.79	3:45.80
	49.80 55.74 1:00.16 1:00.10				
---	Hardison, Kathleen	50	Burlingame Aquatic Club-38	3:00.00	NS

Women 50-54 500 Yard Freestyle

1	Smith, Alison	54	Ncmsunat	7:55.00	8:19.20
	45.37 49.73 50.93 51.01 50.84 50.42 50.50 51.19				
	49.43 49.78				
2	Williamson, Cile	53	Team Greenville Masters-55	9:09.96	9:14.64
	45.98 54.15 57.09 56.63 57.84 56.80 56.53 57.79				
	57.59 54.24				

Women 50-54 1000 Yard Freestyle

1	Smith, Alison	54	Ncmsunat	16:12.93	16:41.12
	45.32 48.92 49.62 50.38 50.49 50.35 50.35 50.30				
	50.45 50.24 50.45 50.18 50.34 50.50 50.75 51.02				
	50.79 51.56 50.28 48.83				
2	Norris, Melonie	53	North Carolina Masters Swimmin-	17:00.00	17:03.24
	41.31 48.19 50.47 52.12 52.70 52.93 53.16 53.92				
	52.33 52.88 51.54 50.47 51.29 50.67 51.35 51.20				
	51.48 1:43.64				

Women 50-54 1650 Yard Freestyle

1	Duffy, Lisa	50	North Carolina Masters Swimmin-	30:00.00	29:22.45
	49.55 51.65 51.98 52.63 53.37 53.41 54.05 52.74				
	52.84 52.97 53.14 53.87 53.41 53.37 53.59 53.68				
	53.67 53.95 54.27 54.04 53.58 53.43 53.97 53.82				
	54.09 54.03 53.97 53.94 53.97 54.15 54.13 54.23 52.96				
2	Sanders, Ann	51	North Carolina Masters Swimmin-	37:00.00	29:50.51
	44.27 51.38 53.60 54.61 54.71 54.09 54.38 54.95				
	54.55 55.50 55.24 55.91 54.89 53.90 55.59 54.24				
	54.54 54.81 55.93 53.85 55.96 55.36 52.96 54.36				
	56.42 54.82 55.74 54.94 58.43 51.30 54.12 55.31 49.85				
3	Airheart, Susan	50	North Carolina Masters Swimmin-	29:32.00	30:03.39
	45.11 50.42 51.20 52.72 54.27 54.34 55.34 54.87				
	54.97 54.57 54.21 55.40 55.32 56.83 54.75 55.44				
	55.30 56.94 53.98 56.68 55.58 56.37 56.20 55.61				
	56.14 57.32 54.57 55.48 55.58 56.10 53.83 56.17 51.78				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Women 50-54 1650 Yard Freestyle)**

4	Moseley, Kim		50	North Carolina Masters Swimmin-	32:00.00		30:36.22
	46.85	53.50	56.18	55.90	56.73	56.24	56.58
	55.84	57.00	56.08	55.59	55.50	55.40	55.28
	55.31	55.55	56.02	55.64	55.93	55.50	56.66
	56.59	54.82	56.51	58.31	56.40	55.76	54.71
							56.39
							53.08

Women 50-54 50 Yard Backstroke

1	Adams, Martita		50	Charleston Family YMCA-12	37.41		36.44
2	Hardison, Kathleen		50	Burlingame Aquatic Club-38	55.00		40.99
3	Ruebel, Deb		52	Burlingame Aquatic Club-38	57.00		46.33
---	Richardson, Anita		53	Ncmsncms	53.04		NS

Women 50-54 100 Yard Backstroke

1	Goggin, Eimear		51	North Carolina Masters Swimmin-	1:15.00		1:24.91
	41.67	43.24					
2	Adams, Martita		50	Charleston Family YMCA-12	1:20.95		1:25.54
	40.92	44.62					
3	Richardson, Anita		53	Ncmsncms	1:46.06		1:44.45
4	Smith, Alison		54	Ncmsunat	1:47.71		1:56.58
	56.49	1:00.09					
5	Williamson, Cile		53	Team Greenville Masters-55	2:10.26		2:02.54
	59.06	1:03.48					

Women 50-54 200 Yard Backstroke

1	Adams, Martita		50	Charleston Family YMCA-12	3:15.00		3:06.50
	43.46	46.20	49.91	46.93			
2	Smith, Alison		54	Ncmsunat	3:47.12		4:00.56
	59.51	1:02.11	1:01.07	57.87			
---	Richardson, Anita		53	Ncmsncms	5:00.00		NS

Women 50-54 50 Yard Breaststroke

1	Adams, Martita		50	Charleston Family YMCA-12	44.28		43.17
2	Hardison, Kathleen		50	Burlingame Aquatic Club-38	50.00		43.81
3	Airheart, Susan		50	North Carolina Masters Swimmin-	43:00.00		46.23
4	Castro, Paige		52	Charlotte SwimMasters-13	48:00.00		46.62
5	Williamson, Cile		53	Team Greenville Masters-55	53.09		50.14

Women 50-54 100 Yard Breaststroke

1	Hardison, Kathleen		50	Burlingame Aquatic Club-38	1:55.00		1:37.30
	46.29	51.01					
2	Williamson, Cile		53	Team Greenville Masters-55	2:01.83		2:00.28
	56.86	1:03.42					
3	Smith, Alison		54	Ncmsunat	2:05.00		2:02.73
	1:00.03	1:02.70					

Women 50-54 200 Yard Breaststroke

1	Smith, Alison		54	Ncmsunat	4:21.65		4:18.75
	1:00.69	1:06.02	1:06.98	1:05.06			
2	Williamson, Cile		53	Team Greenville Masters-55	4:18.80		4:20.72
	57.35	1:07.46	1:09.34	1:06.57			

Women 50-54 50 Yard Butterfly

1	Adams, Martita		50	Charleston Family YMCA-12	34.03		33.94
2	Ruebel, Deb		52	Burlingame Aquatic Club-38	55.00		44.53
3	Williamson, Cile		53	Team Greenville Masters-55	1:12.89		1:00.62

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Women 50-54 50 Yard Butterfly)**

---	Richardson, Anita	53	Ncmsnems	1:00.00	NS
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Women 50-54 100 Yard IM

1	Adams, Martita	50	Charleston Family YMCA-12	1:18.11	1:18.45
	35.76 42.69				
2	Goggin, Eimear	51	North Carolina Masters Swimmin-	1:30.00	1:24.88
	39.24 45.64				
3	Ruebel, Deb	52	Burlingame Aquatic Club-38	2:00.00	1:38.14
	45.03 53.11				
4	Williamson, Cile	53	Team Greenville Masters-55	1:56.38	1:53.85
	57.98 55.87				

Women 50-54 200 Yard IM

1	Goggin, Eimear	51	North Carolina Masters Swimmin-	3:30.00	3:03.45
	39.57 46.80 54.97		42.11		
2	Smith, Alison	54	Ncmsunat	3:41.00	3:40.22
	50.03 1:00.74 1:04.73		44.72		

Women 55-59 50 Yard Freestyle

---	Casey, Peg	56	North Carolina Masters Swimmin-	32.25	NS
---	Kon, Eva	56	Burlingame Aquatic Club-38	5:00.00	NS

Women 55-59 100 Yard Freestyle

1	Casey, Peg	56	North Carolina Masters Swimmin-	1:18.00	1:12.78
	34.36 38.42				
2	Starnes, Rebecca	55	North Carolina Masters Swimmin-	1:30.00	1:26.29
	42.56 43.73				
3	Parsons, Donna	58	North Carolina Masters Swimmin-	1:34.85	1:32.23
	43.80 48.43				
---	Kon, Eva	56	Burlingame Aquatic Club-38	5:00.00	NS

Women 55-59 200 Yard Freestyle

1	Starnes, Rebecca	55	North Carolina Masters Swimmin-	3:05.00	3:09.61
	43.30 47.82 50.42		48.07		
2	Parsons, Donna	58	North Carolina Masters Swimmin-	3:30.72	3:20.47
	43.75 50.61 53.03		53.08		

Women 55-59 500 Yard Freestyle

1	Rogers, Eugenia (Jennie	56	North Carolina Masters Swimmin-	7:25.00	7:20.92
	40.52 44.46 45.67		45.48 44.56 44.55 44.31 44.77		
	44.25 42.35				
2	Starnes, Rebecca	55	North Carolina Masters Swimmin-	8:05.00	8:42.79
	46.66 50.53 51.82		52.36 53.69 53.53 54.68 54.24		
	53.77 51.51				
3	Parsons, Donna	58	North Carolina Masters Swimmin-	9:18.15	8:59.05
	44.98 52.97 55.63		54.65 56.04 55.54 55.82 56.36		
	55.33 51.73				

Women 55-59 1000 Yard Freestyle

1	Starnes, Rebecca	55	North Carolina Masters Swimmin-	17:12.00	16:51.51
	45.13 47.57 49.41		50.24 50.26 49.81 51.85 50.74		
	50.62 52.38 49.63		49.95 50.91 50.87 51.13 53.37		
	51.19 52.55 52.36		51.54		

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 55-59 1650 Yard Freestyle**

1	Starnes, Rebecca	55	North Carolina Masters Swimmin-	28:10.00	27:34.88
	44.90 47.32 48.58 49.35 49.19 49.37 50.35 49.85				
	50.26 50.25 51.43 49.84 49.68 50.73 49.83 50.30				
	50.54 49.67 50.66 51.13 51.76 50.81 50.34 50.09				
	51.84 51.60 50.79 49.93 52.14 50.39 50.71 50.84 50.41				

Women 55-59 50 Yard Backstroke

1	Rogers, Eugenia (Jennie)	56	North Carolina Masters Swimmin-	40.00	40.48
2	Starnes, Rebecca	55	North Carolina Masters Swimmin-	55.00	53.48

Women 55-59 100 Yard Backstroke

1	Rogers, Eugenia (Jennie)	56	North Carolina Masters Swimmin-	1:25.00	1:24.75
	41.27 43.48				
2	Starnes, Rebecca	55	North Carolina Masters Swimmin-	1:55.00	1:51.69
	54.34 57.35				
3	Parsons, Donna	58	North Carolina Masters Swimmin-	2:02.72	1:55.24
	55.91 59.33				

Women 55-59 200 Yard Backstroke

1	Rogers, Eugenia (Jennie)	56	North Carolina Masters Swimmin-	3:00.00	3:04.15
	43.11 46.49 46.89 47.66				
2	Starnes, Rebecca	55	North Carolina Masters Swimmin-	3:50.00	3:56.23
	56.51 59.02 1:01.05 59.65				

Women 55-59 50 Yard Breaststroke

---	Kon, Eva	56	Burlingame Aquatic Club-38	5:00.00	NS
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Women 55-59 100 Yard Breaststroke

1	Starnes, Rebecca	55	North Carolina Masters Swimmin-	1:55.00	1:51.84
	55.00 56.84				
---	Kon, Eva	56	Burlingame Aquatic Club-38	5:00.00	NS

Women 55-59 200 Yard Breaststroke

1	Starnes, Rebecca	55	North Carolina Masters Swimmin-	3:55.00	3:53.07
	53.89 58.44 1:00.20 1:00.54				

Women 55-59 50 Yard Butterfly

1	Casey, Peg	56	North Carolina Masters Swimmin-	35.25	35.05
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Women 55-59 100 Yard Butterfly

1	Fitzgerald, Cheryl	56	North Carolina Masters Swimmin-	1:20.00	1:19.43
	36.78 42.65				
---	Casey, Peg	56	North Carolina Masters Swimmin-	1:28.00	NS

Women 55-59 200 Yard Butterfly

---	Fitzgerald, Cheryl	56	North Carolina Masters Swimmin-	3:15.00	NS
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Women 55-59 100 Yard IM

1	Rogers, Eugenia (Jennie)	56	North Carolina Masters Swimmin-	1:25.00	1:27.97
	40.90 47.07				
2	Parsons, Donna	58	North Carolina Masters Swimmin-	1:57.75	1:53.04
	53.32 59.72				
---	Casey, Peg	56	North Carolina Masters Swimmin-	1:28.00	NS

Women 55-59 200 Yard IM

1	Rogers, Eugenia (Jennie)	56	North Carolina Masters Swimmin-	3:02.00	3:14.41
	45.02 46.77 58.42 44.20				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Women 55-59 200 Yard IM)**

---	Fitzgerald, Cheryl	56	North Carolina Masters Swimmin-	3:10.00	NS
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Women 55-59 400 Yard IM

1	Fitzgerald, Cheryl	56	North Carolina Masters Swimmin-	6:15.00	6:12.11
	39.05 47.59 49.47	49.28	53.79 54.56 40.35	38.02	
2	Rogers, Eugenia (Jennie	56	North Carolina Masters Swimmin-	6:45.00	6:52.74
	47.64 58.52 50.09	48.81	58.23 59.17 46.40	43.88	

Women 60-64 50 Yard Freestyle

1	Barry, Marcia	60	Virginia Masters Swim Team	32.00	31.74
2	Wingerter, Pamela	64	Team Greenville Masters-55	35.98	34.16
3	Klotz, Camille	63	North Carolina Masters Swimmin-	58.10	51.77

Women 60-64 100 Yard Freestyle

1	Barry, Marcia	60	Virginia Masters Swim Team	1:10.50	1:10.86
	34.89 35.97				
2	Wingerter, Pamela	64	Team Greenville Masters-55	1:26.81	1:17.17
	36.88 40.29				
3	Klotz, Camille	63	North Carolina Masters Swimmin-	2:28.75	2:31.11
	58.61 1:32.50				

Women 60-64 200 Yard Freestyle

1	Barry, Marcia	60	Virginia Masters Swim Team	2:32.00	2:32.97
	35.39 39.35 39.75	38.48			
2	Wingerter, Pamela	64	Team Greenville Masters-55	3:03.97	3:00.15
	39.36 45.50 48.09	47.20			
3	Klotz, Camille	63	North Carolina Masters Swimmin-	4:41.10	4:31.36
	58.21 1:12.71 1:12.66	1:07.78			

Women 60-64 500 Yard Freestyle

1	Barry, Marcia	60	Virginia Masters Swim Team	6:40.00	6:35.07
	35.73 39.71 40.09	40.60 40.50 40.40 40.54	40.55		
	40.09 36.86				
2	Wingerter, Pamela	64	Team Greenville Masters-55	7:52.50	7:47.90
	40.35 46.03 47.45	48.34 47.57 47.23 48.20	47.73		
	48.53 46.47				
3	Van Meeteren, Greta	62	North Carolina Masters Swimmin-	8:16.23	8:10.75
	45.46 49.25 50.34	50.22 50.23 48.79 48.98	49.73		
	49.16 48.59				
4	Klotz, Camille	63	North Carolina Masters Swimmin-	12:14.16	12:28.25
	1:05.42 1:19.23 1:16.21	1:14.54 1:16.11 1:13.86 1:16.64	1:18.16		
	1:16.36 1:11.72				

Women 60-64 1000 Yard Freestyle

1	Van Meeteren, Greta	62	North Carolina Masters Swimmin-	16:56.52	16:31.76
	45.78 50.70 50.85	50.69 50.59 50.56 50.44	50.12		
	49.64 49.57 49.10	50.11 49.80 49.62 48.69	49.86		
	49.44 48.85 49.11	48.24			

Women 60-64 1650 Yard Freestyle

1	Barry, Marcia	60	Virginia Masters Swim Team	23:00.00	22:36.59
	36.83 40.02 41.01	41.34 41.30 41.61 41.22	41.45		
	41.36 41.45 41.75	41.78 41.13 41.49 41.49	41.48		
	41.38 41.18 41.45	41.45 41.22 41.17 41.37	41.49		
	41.41 41.18 41.16	41.02 41.19 40.75 40.93	40.95 40.58		

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 60-64 50 Yard Backstroke**

1	Barry, Marcia	60	Virginia Masters Swim Team	38.20	38.27
2	Wingerter, Pamela	64	Team Greenville Masters-55	44.67	41.71

Women 60-64 100 Yard Backstroke

1	Barry, Marcia	60	Virginia Masters Swim Team	1:25.00	1:21.32
	40.38	40.94			

Women 60-64 200 Yard Backstroke

1	Barry, Marcia	60	Virginia Masters Swim Team	2:59.00	2:57.55
	42.67	44.95	46.52	43.41	

Women 60-64 50 Yard Breaststroke

1	Wingerter, Pamela	64	Team Greenville Masters-55	44.98	43.10
2	Van Meeteren, Greta	62	North Carolina Masters Swimmin-	45.76	46.69

Women 60-64 100 Yard Breaststroke

1	Van Meeteren, Greta	62	North Carolina Masters Swimmin-	1:40.76	1:43.80
	49.72	54.08			

Women 60-64 200 Yard Breaststroke

1	Van Meeteren, Greta	62	North Carolina Masters Swimmin-	3:39.42	3:49.20
	51.97	58.55	58.85	59.83	

Women 60-64 50 Yard Butterfly

1	Wingerter, Pamela	64	Team Greenville Masters-55	41.67	43.42
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Women 60-64 100 Yard IM

1	Barry, Marcia	60	Virginia Masters Swim Team	1:28.00	1:27.48
	41.53	45.95			
2	Wingerter, Pamela	64	Team Greenville Masters-55	1:35.17	1:31.36
	44.49	46.87			

Women 65-69 100 Yard Freestyle

1	Hovey, Mary Anna	65	North Carolina Masters Swimmin-	2:00.00	1:38.47
	46.73	51.74			

Women 65-69 200 Yard Freestyle

1	Hovey, Mary Anna	65	North Carolina Masters Swimmin-	4:00.00	3:35.52
	49.01	54.86	57.72	53.93	

Women 65-69 500 Yard Freestyle

1	Hovey, Mary Anna	65	North Carolina Masters Swimmin-	10:00.00	9:19.47
	49.16	55.03	58.35	57.36	57.43
	57.77	52.80		57.59	57.29
				56.69	

Women 65-69 100 Yard Backstroke

1	Hovey, Mary Anna	65	North Carolina Masters Swimmin-	2:20.00	1:50.69
	52.08	58.61			

Women 65-69 100 Yard IM

1	Hovey, Mary Anna	65	North Carolina Masters Swimmin-	2:20.00	1:54.70
	52.51	1:02.19			

Women 70-74 50 Yard Freestyle

1	Vass, Mary Katherine	72	North Carolina Masters Swimmin-	52.74	50.80
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2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 70-74 100 Yard Backstroke**

1	Vass, Mary Katherine	72	North Carolina Masters Swimmin-	1:56.29	2:01.08
	58.66 1:02.42				

Women 70-74 50 Yard Breaststroke

1	Vass, Mary Katherine	72	North Carolina Masters Swimmin-	1:03.49	1:06.17
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Women 80-84 50 Yard Freestyle

1	Derr, Carolyn	80	Charlotte SwimMasters-13	52.50	52.46
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Women 80-84 100 Yard Freestyle

1	Derr, Carolyn	80	Charlotte SwimMasters-13	1:57.50	2:04.49
	59.01 1:05.48				

Women 80-84 50 Yard Backstroke

1	Derr, Carolyn	80	Charlotte SwimMasters-13	1:10.00	1:07.54
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Women 80-84 50 Yard Butterfly

1	Derr, Carolyn	80	Charlotte SwimMasters-13	1:14.00	1:22.36
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Women 85-89 50 Yard Freestyle

1	Willard, Juanita	88	North Carolina Masters Swimmin-	1:59.06	1:18.73
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Women 85-89 100 Yard Freestyle

1	Willard, Juanita	88	North Carolina Masters Swimmin-	7:00.00	3:14.25
	1:39.97 1:34.28				

Women 85-89 200 Yard Freestyle

1	Willard, Juanita	88	North Carolina Masters Swimmin-	15:00.00	7:20.54
	1:40.23 1:58.24 1:59.10 1:42.97				

Women 85-89 500 Yard Freestyle

1	Willard, Juanita	88	North Carolina Masters Swimmin-	20:00.00	19:05.58
	1:40.68 1:57.06 1:55.18 1:50.72 1:49.33 2:03.93 2:07.77 2:01.06				
	1:57.02 1:42.83				

Women 85-89 50 Yard Breaststroke

1	Willard, Juanita	88	North Carolina Masters Swimmin-	6:00.00	2:13.16
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2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 18-24 50 Yard Freestyle**

1	Moran, Brian	22	Unattached	24.00	23.02
2	Thompson, Jeff	24	North Carolina Masters Swimmin-	23.50	23.72

Men 18-24 100 Yard Freestyle

1	Moran, Brian	22	Unattached	55.00	51.72
	24.39 27.33				
2	Thompson, Jeff	24	North Carolina Masters Swimmin-	56.00	54.28
	25.46 28.82				

Men 18-24 200 Yard Freestyle

1	Wisthoff, Matthew	23	Wilmington-NC	1:55.00	1:55.90
	27.22 29.51 29.65		29.52		

Men 18-24 500 Yard Freestyle

1	Wisthoff, Matthew	23	Wilmington-NC	5:10.00	5:08.72
	27.57 30.41 30.82		31.34 31.66 31.54 31.53 31.98		
	31.45 30.42				

Men 18-24 1650 Yard Freestyle

1	Wisthoff, Matthew	23	Wilmington-NC	17:45.00	17:55.52
	28.52 31.39 31.70		32.15 32.47 32.51 32.68 32.37		
	32.58 32.32 32.14		32.80 32.93 32.98 32.71 32.89		
	33.17 33.05 33.19		33.10 32.71 33.38 33.30 33.31		
	33.20 32.95 33.21		33.38 32.91 32.95 32.73 32.57 31.27		

Men 18-24 50 Yard Backstroke

1	Moran, Brian	22	Unattached	28.00	27.05
2	Thompson, Jeff	24	North Carolina Masters Swimmin-	29.00	29.42

Men 18-24 50 Yard Breaststroke

1	Thompson, Jeff	24	North Carolina Masters Swimmin-	32.00	32.44
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Men 18-24 50 Yard Butterfly

1	Moran, Brian	22	Unattached	26.00	24.11
2	Thompson, Jeff	24	North Carolina Masters Swimmin-	27.50	27.07

Men 18-24 100 Yard Butterfly

1	Moran, Brian	22	Unattached	1:02.00	54.99
	25.63 29.36				

Men 18-24 100 Yard IM

1	Moran, Brian	22	Unattached	1:02.00	59.36
	26.55 32.81				
---	Thompson, Jeff	24	North Carolina Masters Swimmin-	1:05.00	NS

Men 18-24 200 Yard IM

1	Wisthoff, Matthew	23	Wilmington-NC	2:10.00	2:08.46
	26.71 32.24 39.31		30.20		

Men 18-24 400 Yard IM

1	Wisthoff, Matthew	23	Wilmington-NC	4:40.00	4:35.29
	28.74 32.72 35.76		33.69 41.34 41.42 31.90 29.72		

Men 25-29 50 Yard Freestyle

1	Squires, Jacob	27	North Carolina Masters Swimmin-	24.50	22.93
2	Miller, Christopher	27	North Carolina Masters Swimmin-	23.01	23.09
3	Gentile, Anthony	25	North Carolina Masters Swimmin-	23.49	23.23
*4	Black, Kevin	25	North Carolina Masters Swimmin-	23.75	23.30

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 25-29 50 Yard Freestyle)**

*4	Faro, Aaron	27	North Carolina Masters Swimmin-	23.40	23.30
6	Bowker, Chris	25	Burlingame Aquatic Club-38	23.00	23.53
7	Shuford, Adam	27	North Carolina Masters Swimmin-	30.00	24.08
8	Houck, Andrew	28	North Carolina Masters Swimmin-	25.46	24.70
9	Caruth, Joseph	27	North Carolina Masters Swimmin-	26.30	25.54
10	Susong, Matt	27	North Carolina Masters Swimmin-	30.00	27.30
11	Eudailey, Joshua	26	North Carolina Masters Swimmin-	30.00	29.69
12	Shue, Billy	25	North Carolina Masters Swimmin-	36.00	35.32

Men 25-29 100 Yard Freestyle

1	Squires, Jacob	27	North Carolina Masters Swimmin-	55.00	50.41
	24.08 26.33				
2	Bowker, Chris	25	Burlingame Aquatic Club-38	50.99	52.11
	25.06 27.05				
3	Faro, Aaron	27	North Carolina Masters Swimmin-	52.34	52.31
	24.79 27.52				
4	Miller, Christopher	27	North Carolina Masters Swimmin-	52.01	52.63
	24.79 27.84				
5	Mikrut, Joel	26	North Carolina Masters Swimmin-	58.00	54.04
	25.62 28.42				
6	Houck, Andrew	28	North Carolina Masters Swimmin-	57.99	55.39
	26.59 28.80				
7	Caruth, Joseph	27	North Carolina Masters Swimmin-	58.57	57.70
	27.48 30.22				
8	Susong, Matt	27	North Carolina Masters Swimmin-	1:20.00	1:03.38
	30.86 32.52				
9	Eudailey, Joshua	26	North Carolina Masters Swimmin-	1:10.00	1:08.18
	33.37 34.81				
10	Shue, Billy	25	North Carolina Masters Swimmin-	1:12.00	1:16.41
	36.40 40.01				
---	Park, Justin	28	North Carolina Masters Swimmin-	56.17	NS
---	Shuford, Adam	27	North Carolina Masters Swimmin-	1:01.00	NS
---	Gentile, Anthony	25	North Carolina Masters Swimmin-	53.99	NS

Men 25-29 200 Yard Freestyle

1	Faro, Aaron	27	North Carolina Masters Swimmin-	2:06.98	2:00.42
	27.53 30.96 31.29 30.64				
2	Caruth, Joseph	27	North Carolina Masters Swimmin-	2:15.62	2:14.95
	31.91 35.66 35.07 32.31				
3	Eudailey, Joshua	26	North Carolina Masters Swimmin-	2:25.00	2:41.57
	35.54 39.98 1:26.05				
4	Shue, Billy	25	North Carolina Masters Swimmin-	3:10.00	2:57.41
	39.41 45.94 47.52 44.54				
---	Terrell, Hamilton	25	Unattached	2:06.76	NS
---	Park, Justin	28	North Carolina Masters Swimmin-	1:59.00	NS
---	Gentile, Anthony	25	North Carolina Masters Swimmin-	1:59.99	NS

Men 25-29 500 Yard Freestyle

1	Faro, Aaron	27	North Carolina Masters Swimmin-	5:41.75	5:45.86
	30.14 33.74 34.78 35.75 35.84 35.81 35.47 35.36				
	35.47 33.50				
2	Caruth, Joseph	27	North Carolina Masters Swimmin-	5:55.34	6:20.99
	33.67 36.55 37.18 38.05 39.33 40.74 40.48 40.76				
	38.79 35.44				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 25-29 500 Yard Freestyle)**

3	Eudailey, Joshua	26	North Carolina Masters Swimmin-	8:00.00	7:39.80
	37.59	46.88	48.08 48.62 48.98 49.64		
	46.27	45.66			

4	Shue, Billy	25	North Carolina Masters Swimmin-	8:20.00	7:59.03
	38.01 45.35 48.52	49.55	49.86 50.00 50.56 50.15		
	49.69 47.34				

Men 25-29 1000 Yard Freestyle

1	Bowker, Chris	25	Burlingame Aquatic Club-38	10:50.99	10:57.53
	29.09 31.39 31.63	31.94	32.43 32.39 33.11 33.07		
	33.22 33.58 33.06	33.03	32.64 34.08 33.94 33.84		
	34.05 33.84 33.53	33.67			

Men 25-29 1650 Yard Freestyle

---	Park, Justin	28	North Carolina Masters Swimmin-	18:42.00	NS
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Men 25-29 50 Yard Backstroke

1	Miller, Christopher	27	North Carolina Masters Swimmin-	27.01	26.75
2	Black, Douglas	25	North Carolina Masters Swimmin-	30.00	27.27
3	Gentile, Anthony	25	North Carolina Masters Swimmin-	27.49	27.40
4	Houck, Andrew	28	North Carolina Masters Swimmin-	28.99	28.59
5	Black, Kevin	25	North Carolina Masters Swimmin-	30.00	29.09
6	Caruth, Joseph	27	North Carolina Masters Swimmin-	35.72	32.40
7	Eudailey, Joshua	26	North Carolina Masters Swimmin-	45.00	37.40
8	Shue, Billy	25	North Carolina Masters Swimmin-	58.00	43.20
---	Shuford, Adam	27	North Carolina Masters Swimmin-	41.00	NS

Men 25-29 100 Yard Backstroke

1	Miller, Christopher	27	North Carolina Masters Swimmin-	57.01	1:00.62
	29.16 31.46				
2	Faro, Aaron	27	North Carolina Masters Swimmin-	1:10.45	1:06.65
	32.45 34.20				
3	Caruth, Joseph	27	North Carolina Masters Swimmin-	1:15.86	1:13.28
	36.38 36.90				
4	Eudailey, Joshua	26	North Carolina Masters Swimmin-	1:45.00	1:23.16
	39.42 43.74				

Men 25-29 200 Yard Backstroke

1	Caruth, Joseph	27	North Carolina Masters Swimmin-	NT	2:54.58
	41.40 44.13 45.75	43.30			

Men 25-29 50 Yard Breaststroke

1	Joyce, Sean	27	Georgia Masters-45	27.50	27.27
2	Squires, Jacob	27	North Carolina Masters Swimmin-	29.00	30.06
3	Black, Kevin	25	North Carolina Masters Swimmin-	30.50	30.20
4	Black, Douglas	25	North Carolina Masters Swimmin-	34.00	30.39
5	Faro, Aaron	27	North Carolina Masters Swimmin-	31.89	30.76
6	Houck, Andrew	28	North Carolina Masters Swimmin-	36.99	32.36
7	Shuford, Adam	27	North Carolina Masters Swimmin-	40.00	33.56
8	Susong, Matt	27	North Carolina Masters Swimmin-	35.00	33.75
9	Caruth, Joseph	27	North Carolina Masters Swimmin-	36.82	35.79
10	Shue, Billy	25	North Carolina Masters Swimmin-	42.00	42.48
11	Eudailey, Joshua	26	North Carolina Masters Swimmin-	45.00	43.17

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 25-29 100 Yard Breaststroke**

1	Joyce, Sean	27	Georgia Masters-45	1:02.50	59.32
	27.23 32.09				
2	Squires, Jacob	27	North Carolina Masters Swimmin-	1:10.00	1:06.21
	31.88 34.33				
3	Black, Kevin	25	North Carolina Masters Swimmin-	1:05.00	1:07.67
	31.47 36.20				
4	Faro, Aaron	27	North Carolina Masters Swimmin-	1:14.10	1:10.08
	32.99 37.09				
5	Mikrut, Joel	26	North Carolina Masters Swimmin-	1:15.00	1:10.36
	33.72 36.64				
6	Susong, Matt	27	North Carolina Masters Swimmin-	1:40.00	1:18.05
	36.33 41.72				
7	Caruth, Joseph	27	North Carolina Masters Swimmin-	1:20.61	1:20.57
	36.94 43.63				
8	Eudailey, Joshua	26	North Carolina Masters Swimmin-	1:45.00	1:32.98
	44.41 48.57				
9	Shue, Billy	25	North Carolina Masters Swimmin-	1:36.00	1:34.20
	43.71 50.49				

Men 25-29 200 Yard Breaststroke

1	Joyce, Sean	27	Georgia Masters-45	2:20.00	2:15.25
	28.38 34.48 36.10 36.29				
2	Susong, Matt	27	North Carolina Masters Swimmin-	3:30.00	2:50.75
	36.06 42.55 45.23 46.91				
3	Shue, Billy	25	North Carolina Masters Swimmin-	3:50.00	3:31.94
	45.46 53.50 56.55 56.43				

Men 25-29 50 Yard Butterfly

1	Miller, Christopher	27	North Carolina Masters Swimmin-	24.01	23.94
2	Squires, Jacob	27	North Carolina Masters Swimmin-	26.00	24.61
3	Joyce, Sean	27	Georgia Masters-45	24.50	24.77
4	Gentile, Anthony	25	North Carolina Masters Swimmin-	25.59	25.24
5	Bowker, Chris	25	Burlingame Aquatic Club-38	25.09	25.47
6	Black, Kevin	25	North Carolina Masters Swimmin-	27.50	26.20
7	Houck, Andrew	28	North Carolina Masters Swimmin-	28.99	26.49
8	Faro, Aaron	27	North Carolina Masters Swimmin-	27.23	27.43
9	Mikrut, Joel	26	North Carolina Masters Swimmin-	30.00	29.05
10	Eudailey, Joshua	26	North Carolina Masters Swimmin-	45.00	37.90
11	Shue, Billy	25	North Carolina Masters Swimmin-	58.00	53.71
---	Caruth, Joseph	27	North Carolina Masters Swimmin-	30.05	NS
---	Shuford, Adam	27	North Carolina Masters Swimmin-	42.00	NS

Men 25-29 100 Yard Butterfly

1	Miller, Christopher	27	North Carolina Masters Swimmin-	54.01	55.78
	25.90 29.88				
2	Bowker, Chris	25	Burlingame Aquatic Club-38	54.99	56.57
	26.46 30.11				
3	Gentile, Anthony	25	North Carolina Masters Swimmin-	57.99	57.33
	25.93 31.40				
4	Squires, Jacob	27	North Carolina Masters Swimmin-	59.00	57.99
	27.14 30.85				
---	Terrell, Hamilton	25	Unattached	1:03.56	NS

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 25-29 100 Yard IM**

1	Joyce, Sean	27	Georgia Masters-45	57.50	55.88
	26.36 29.52				
2	Miller, Christopher	27	North Carolina Masters Swimmin-	59.01	59.24
	26.92 32.32				
3	Bowker, Chris	25	Burlingame Aquatic Club-38	58.99	59.45
	26.17 33.28				
4	Squires, Jacob	27	North Carolina Masters Swimmin-	1:07.00	1:00.38
	28.46 31.92				
5	Faro, Aaron	27	North Carolina Masters Swimmin-	1:01.35	1:02.51
	29.04 33.47				
6	Houck, Andrew	28	North Carolina Masters Swimmin-	1:08.86	1:02.64
	28.67 33.97				
7	Mikrut, Joel	26	North Carolina Masters Swimmin-	1:05.00	1:03.83
	30.44 33.39				
8	Shuford, Adam	27	North Carolina Masters Swimmin-	1:19.00	1:05.59
	31.02 34.57				
9	Caruth, Joseph	27	North Carolina Masters Swimmin-	1:10.83	1:10.55
	33.13 37.42				
10	Susong, Matt	27	North Carolina Masters Swimmin-	1:40.00	1:12.52
	34.85 37.67				
11	Eudailey, Joshua	26	North Carolina Masters Swimmin-	1:30.00	1:20.41
	39.73 40.68				
12	Shue, Billy	25	North Carolina Masters Swimmin-	1:45.00	1:37.48
	49.43 48.05				
---	Black, Douglas	25	North Carolina Masters Swimmin-	1:10.00	NS
---	Black, Kevin	25	North Carolina Masters Swimmin-	1:02.00	NS
---	Park, Justin	28	North Carolina Masters Swimmin-	1:05.32	NS
---	Terrell, Hamilton	25	Unattached	1:03.89	NS

Men 25-29 200 Yard IM

1	Bowker, Chris	25	Burlingame Aquatic Club-38	2:06.69	2:10.23
	26.53 33.65 40.08		29.97		

Men 30-34 50 Yard Freestyle

1	Terndrup, Seth	32	North Carolina Masters Swimmin-	23.22	23.06
2	Carmine, Jay	31	Wilmington-NC	24.30	23.88
3	Ferris, Michael	31	North Carolina Masters Swimmin-	25.00	24.59
4	Parr, Derek	34	North Carolina Masters Swimmin-	24.60	25.13
5	Vierling, Eric	30	Wilmington-NC	28.00	25.91
6	Dunn, Chris	33	Burlingame Aquatic Club-38	27.00	26.37
7	Su, Billy	34	North Carolina Masters Swimmin-	26.26	26.45
8	Midgett, Todd	31	Wilmington-NC	26.85	27.09
9	Mask, Jason	33	North Carolina Masters Swimmin-	26.00	27.43
10	Nino-Acosta, Hernan	32	North Carolina Masters Swimmin-	31.00	29.25

Men 30-34 100 Yard Freestyle

1	Terndrup, Seth	32	North Carolina Masters Swimmin-	51.44	50.05
	24.36 25.69				
2	Carmine, Jay	31	Wilmington-NC	53.57	53.05
	25.21 27.84				
3	Parr, Derek	34	North Carolina Masters Swimmin-	55.10	56.09
	26.35 29.74				
4	Green, Marcus	33	North Carolina Masters Swimmin-	57.00	56.77
	27.12 29.65				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 30-34 100 Yard Freestyle)**

5	Midgett, Todd	31	Wilmington-NC	59.50	59.75
	28.46 31.29				
6	Vierling, Eric	30	Wilmington-NC	59.00	1:00.44
	29.16 31.28				
7	Mask, Jason	33	North Carolina Masters Swimmin-	1:05.00	1:02.50
8	Nino-Acosta, Hernan	32	North Carolina Masters Swimmin-	1:05.55	1:07.48
	31.97 35.51				
---	Bathazi, Istvan	30	North Carolina Masters Swimmin-	49.80	NS

Men 30-34 200 Yard Freestyle

1	Bathazi, Istvan	30	North Carolina Masters Swimmin-	1:44.80	1:45.23
	25.46 26.99 26.50		26.28		
2	Ferris, Michael	31	North Carolina Masters Swimmin-	2:01.21	2:00.85
	28.30 30.98 31.27		30.30		
3	Parr, Derek	34	North Carolina Masters Swimmin-	2:04.71	2:08.00
	29.15 33.25 33.82		31.78		
4	Midgett, Todd	31	Wilmington-NC	2:14.00	2:13.98
	29.93		34.46		
5	Green, Marcus	33	North Carolina Masters Swimmin-	2:12.64	2:14.78
	30.47 33.86 35.36		35.09		

Men 30-34 500 Yard Freestyle

1	Green, Marcus	33	North Carolina Masters Swimmin-	6:28.69	6:23.81
	33.42 37.39 38.55		38.44 38.83 39.03 39.59	40.01	
	40.42 38.13				

Men 30-34 1000 Yard Freestyle

1	Millican, Jacob	31	Unattached	14:00.00	12:33.92
	32.26 37.02 37.84		38.46 38.32 38.45 38.82 37.82		
	38.25 38.54 38.05		37.77 38.42 38.96 38.77 37.80		
	37.62 36.79 36.91		37.05		

Men 30-34 1650 Yard Freestyle

1	Wind, Thys	32	North Carolina Masters Swimmin-	19:15.00	19:52.02
	31.91 35.82 36.72		37.12 37.81 37.60 37.54 37.27		
	37.63 37.39 37.12		36.88 37.06 36.96 36.39 36.36		
	36.44 36.24 36.11		35.74 35.89 35.65 35.64 35.74		
	35.58 35.37 35.26		35.43 35.37 35.42 35.65 34.85	34.06	
2	Millican, Jacob	31	Unattached	22:00.00	21:06.40
	30.56 34.71 35.26		36.60 37.43 38.84 38.23 38.12		
	38.25 37.98 38.32		38.51 37.57 39.00 39.05 38.57		
	38.58 38.45 39.28		39.05 39.39 39.52 40.05 39.78		
	39.39 39.89 39.88		39.92 39.59 39.56 39.38 39.13	38.56	

Men 30-34 50 Yard Backstroke

1	Terndrup, Seth	32	North Carolina Masters Swimmin-	28.85	28.12
2	Ferris, Michael	31	North Carolina Masters Swimmin-	31.49	29.98
3	Su, Billy	34	North Carolina Masters Swimmin-	33.33	32.67
---	Vierling, Eric	30	Wilmington-NC	32.00	NS

Men 30-34 100 Yard Backstroke

1	Terndrup, Seth	32	North Carolina Masters Swimmin-	1:03.89	59.78
	30.08 29.70				
2	Carmine, Jay	31	Wilmington-NC	1:02.50	1:02.52
	31.06 31.46				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 30-34 100 Yard Backstroke)**

3	Ferris, Michael	31	North Carolina Masters Swimmin-	1:07.49	1:05.79
	32.25 33.54				
4	Su, Billy	34	North Carolina Masters Swimmin-	1:11.11	1:10.29
	35.11 35.18				

Men 30-34 200 Yard Backstroke

---	Bathazi, Istvan	30	North Carolina Masters Swimmin-	1:58.70	NS
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Men 30-34 50 Yard Breaststroke

1	Bathazi, Istvan	30	North Carolina Masters Swimmin-	30.01	28.29
2	Terndrup, Seth	32	North Carolina Masters Swimmin-	32.99	29.13
3	Green, Marcus	33	North Carolina Masters Swimmin-	31.56	30.36
4	Parr, Derek	34	North Carolina Masters Swimmin-	31.00	31.19
5	Vierling, Eric	30	Wilmington-NC	32.00	33.40
6	Dunn, Chris	33	Burlingame Aquatic Club-38	38.00	36.91
7	Nino-Acosta, Hernan	32	North Carolina Masters Swimmin-	38.28	37.29
8	Midgett, Todd	31	Wilmington-NC	38.00	38.38
9	Mask, Jason	33	North Carolina Masters Swimmin-	35.00	38.84

Men 30-34 100 Yard Breaststroke

1	Terndrup, Seth	32	North Carolina Masters Swimmin-	1:13.10	1:04.18
	30.55 33.63				
2	Parr, Derek	34	North Carolina Masters Swimmin-	1:11.11	1:11.76
	33.68 38.08				
3	Ferris, Michael	31	North Carolina Masters Swimmin-	1:15.20	1:13.75
	35.43 38.32				
4	Nino-Acosta, Hernan	32	North Carolina Masters Swimmin-	1:22.22	1:23.27
	38.69 44.58				
5	Mask, Jason	33	North Carolina Masters Swimmin-	1:35.00	1:24.68
	40.19 44.49				

Men 30-34 200 Yard Breaststroke

1	Wind, Thys	32	North Carolina Masters Swimmin-	2:30.00	2:32.50
	34.00 39.09 39.64				
					39.77
2	Nino-Acosta, Hernan	32	North Carolina Masters Swimmin-	2:54.32	3:05.74
	39.82 45.57 49.88				
					50.47

Men 30-34 50 Yard Butterfly

1	Terndrup, Seth	32	North Carolina Masters Swimmin-	26.52	26.25
2	Green, Marcus	33	North Carolina Masters Swimmin-	27.01	27.56
3	Ferris, Michael	31	North Carolina Masters Swimmin-	27.95	27.58
4	Parr, Derek	34	North Carolina Masters Swimmin-	27.95	28.67
5	Su, Billy	34	North Carolina Masters Swimmin-	29.29	28.97
6	Vierling, Eric	30	Wilmington-NC	31.00	29.17
7	Mask, Jason	33	North Carolina Masters Swimmin-	29.00	30.14
8	Nino-Acosta, Hernan	32	North Carolina Masters Swimmin-	32.96	33.13
9	Midgett, Todd	31	Wilmington-NC	36.00	35.69

Men 30-34 100 Yard Butterfly

1	Terndrup, Seth	32	North Carolina Masters Swimmin-	1:01.99	57.95
	27.54 30.41				
2	Ferris, Michael	31	North Carolina Masters Swimmin-	1:00.04	1:00.10
	28.02 32.08				
3	Mask, Jason	33	North Carolina Masters Swimmin-	1:10.00	1:10.91
	31.73 39.18				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 30-34 100 Yard IM**

1	Terndrup, Seth	32	North Carolina Masters Swimmin-	1:03.45	59.04
	27.25 31.79				
2	Carmine, Jay	31	Wilmington-NC	1:02.09	1:00.11
	28.52 31.59				
3	Green, Marcus	33	North Carolina Masters Swimmin-	1:07.34	1:04.68
	30.95 33.73				
4	Su, Billy	34	North Carolina Masters Swimmin-	1:07.07	1:07.32
	31.64 35.68				
5	Vierling, Eric	30	Wilmington-NC	1:15.00	1:10.36
	33.53 36.83				
6	Dunn, Chris	33	Burlingame Aquatic Club-38	1:20.00	1:10.99
	34.95 36.04				
7	Nino-Acosta, Hernan	32	North Carolina Masters Swimmin-	1:17.11	1:16.25
	35.78 40.47				
8	Mask, Jason	33	North Carolina Masters Swimmin-	1:20.00	1:16.55
	35.74 40.81				

Men 30-34 200 Yard IM

1	Carmine, Jay	31	Wilmington-NC	2:15.00	2:13.90
	29.99 34.80 38.73		30.38		
2	Nino-Acosta, Hernan	32	North Carolina Masters Swimmin-	2:43.21	2:51.95
	35.19 45.19 50.08		41.49		
---	Bathazi, Istvan	30	North Carolina Masters Swimmin-	1:54.04	NS

Men 30-34 400 Yard IM

1	Bathazi, Istvan	30	North Carolina Masters Swimmin-	4:00.00	4:05.47
	26.09 30.57 32.96		31.37 34.17 34.85 28.59 26.87		
---	Millican, Jacob	31	Unattached	6:00.00	NS

Men 35-39 50 Yard Freestyle

1	Murray, Jeff	39	North Carolina Masters Swimmin-	22.00	21.98
2	Pletcher, Todd	38	Wilmington-NC	22.82	22.51
3	Butcher, Rob	36	North Carolina Masters Swimmin-	22.20	22.71
4	Lane, Will	37	North Carolina Masters Swimmin-	23.00	22.74
5	Harper, Gregory	36	North Carolina Masters Swimmin-	23.91	23.53
6	Hunter, Ralph	39	North Carolina Masters Swimmin-	24.60	24.17
7	Robling, Steve	38	North Carolina Masters Swimmin-	24.20	24.41
8	Jordan, Jason	37	Unattached	25.00	24.63
9	Sturgis, Jason	36	North Carolina Masters Swimmin-	26.70	26.46
10	Parrish, Christopher	38	North Carolina Masters Swimmin-	29.00	28.19
11	Terada, Scott	39	North Carolina Masters Swimmin-	NT	35.94
---	Calvert, Owen	35	Burlingame Aquatic Club-38	28.50	NS
---	Lee, David	37	Ncmsnems	30.00	NS

Men 35-39 100 Yard Freestyle

1	Murray, Jeff	39	North Carolina Masters Swimmin-	48.00	48.25
	22.79 25.46				
2	Pletcher, Todd	38	Wilmington-NC	48.52	48.33
	22.92 25.41				
3	Lane, Will	37	North Carolina Masters Swimmin-	51.00	51.01
	24.93 26.08				
4	Harper, Gregory	36	North Carolina Masters Swimmin-	51.67	51.17
	24.55 26.62				
5	Butcher, Rob	36	North Carolina Masters Swimmin-	49.80	52.21
	24.55 27.66				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 35-39 100 Yard Freestyle)**

6	Hunter, Ralph	39	North Carolina Masters Swimmin-	54.60	52.88
	25.55 27.33				
7	Robling, Steve	38	North Carolina Masters Swimmin-	53.00	52.98
	25.37 27.61				
8	Davis, Matthew	36	North Carolina Masters Swimmin-	1:01.00	56.58
	27.33 29.25				
9	Lee, David	37	Ncmsncms	1:00.00	1:01.44
	28.62 32.82				
10	Parrish, Christopher	38	North Carolina Masters Swimmin-	1:10.00	1:03.68
	30.48 33.20				
---	Calvert, Owen	35	Burlingame Aquatic Club-38	1:02.00	NS

Men 35-39 200 Yard Freestyle

1	Murray, Jeff	39	North Carolina Masters Swimmin-	1:49.50	1:46.07
	24.45 26.89 27.47				
			27.26		
2	Lane, Will	37	North Carolina Masters Swimmin-	1:53.00	1:52.14
	26.24 28.09 28.53				
			29.28		
3	Andersen, Morten	38	North Carolina Masters Swimmin-	1:53.50	1:53.97
	26.41 28.96 28.95				
			29.65		
4	Robling, Steve	38	North Carolina Masters Swimmin-	2:00.00	2:00.56
	28.19 30.99 31.27				
			30.11		
5	Davis, Matthew	36	North Carolina Masters Swimmin-	2:19.00	2:07.32
	28.74 31.46 33.29				
			33.83		
6	Jordan, Jason	37	Unattached	2:00.00	2:18.19
	29.98 33.47 36.07				
			38.67		

Men 35-39 500 Yard Freestyle

1	Andersen, Morten	38	North Carolina Masters Swimmin-	5:14.55	5:17.37
	28.39 31.10 31.87				
			32.28 31.90 32.37 31.82 32.70		
	32.68 32.26				
2	Murray, Jeff	39	North Carolina Masters Swimmin-	5:05.50	5:50.98
	27.37 31.01 33.55				
			35.30 32.24 35.49 39.69 39.23		
	38.16 38.94				
3	Davis, Matthew	36	North Carolina Masters Swimmin-	6:20.00	6:09.10
	32.10 34.94 36.11				
			37.01 38.19 38.53 38.56 38.67		
	38.75 36.24				

Men 35-39 1000 Yard Freestyle

1	Davis, Matthew	36	North Carolina Masters Swimmin-	NT	13:49.98
	35.09 36.97 37.35				
			37.87 38.09 38.44 1:57.08 1:17.42		
	1:18.45 1:17.86 39.01				
	41.50		38.75 39.06 38.21 36.18 22.65		

Men 35-39 50 Yard Backstroke

1	Lane, Will	37	North Carolina Masters Swimmin-	26.50	25.79
2	Pletcher, Todd	38	Wilmington-NC	26.50	26.07
3	Murray, Jeff	39	North Carolina Masters Swimmin-	26.50	26.21
4	Harper, Gregory	36	North Carolina Masters Swimmin-	26.00	27.88
5	Hunter, Ralph	39	North Carolina Masters Swimmin-	28.70	28.43
6	Parrish, Christopher	38	North Carolina Masters Swimmin-	35.00	38.10

Men 35-39 100 Yard Backstroke

1	Lane, Will	37	North Carolina Masters Swimmin-	57.50	55.62
	27.18 28.44				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 35-39 100 Yard Backstroke)**

2	Hunter, Ralph	39	North Carolina Masters Swimmin-	1:05.00	1:03.13
	31.23 31.90				
3	Jordan, Jason	37	Unattached	1:10.00	1:09.82
	34.25 35.57				
4	Sturgis, Jason	36	North Carolina Masters Swimmin-	1:19.00	1:12.63
	35.84 36.79				

Men 35-39 200 Yard Backstroke

1	Lane, Will	37	North Carolina Masters Swimmin-	2:10.00	2:05.01
	30.28 32.15 32.34		30.24		
2	Davis, Matthew	36	North Carolina Masters Swimmin-	NT	2:35.98
	36.21 38.07 40.17		41.53		

Men 35-39 50 Yard Breaststroke

1	Butcher, Rob	36	North Carolina Masters Swimmin-	28.00	27.84
2	Harper, Gregory	36	North Carolina Masters Swimmin-	30.00	31.37
3	Jordan, Jason	37	Unattached	36.60	35.81
4	Parrish, Christopher	38	North Carolina Masters Swimmin-	40.00	37.85
5	Terada, Scott	39	North Carolina Masters Swimmin-	NT	46.43

Men 35-39 100 Yard Breaststroke

1	Butcher, Rob	36	North Carolina Masters Swimmin-	59.00	1:01.99
	28.85 33.14				
2	Andersen, Morten	38	North Carolina Masters Swimmin-	1:04.75	1:06.69
	31.67 35.02				
3	Parrish, Christopher	38	North Carolina Masters Swimmin-	1:25.00	1:23.28
	39.23 44.05				

Men 35-39 200 Yard Breaststroke

1	Butcher, Rob	36	North Carolina Masters Swimmin-	2:24.00	2:18.54
	30.37 34.94 36.15		37.08		
2	Parrish, Christopher	38	North Carolina Masters Swimmin-	3:00.00	3:01.23
	40.42 45.90 48.30		46.61		

Men 35-39 50 Yard Butterfly

1	Lane, Will	37	North Carolina Masters Swimmin-	24.00	24.14
2	Murray, Jeff	39	North Carolina Masters Swimmin-	25.50	24.21
3	Pletcher, Todd	38	Wilmington-NC	24.92	24.65
4	Butcher, Rob	36	North Carolina Masters Swimmin-	24.80	25.91
5	Harper, Gregory	36	North Carolina Masters Swimmin-	26.97	26.21
6	Hunter, Ralph	39	North Carolina Masters Swimmin-	25.90	26.30
7	Robling, Steve	38	North Carolina Masters Swimmin-	26.50	26.64
8	Davis, Matthew	36	North Carolina Masters Swimmin-	38.00	31.23
9	Parrish, Christopher	38	North Carolina Masters Swimmin-	36.00	33.50

Men 35-39 100 Yard Butterfly

1	Murray, Jeff	39	North Carolina Masters Swimmin-	54.20	52.67
	24.38 28.29				
2	Andersen, Morten	38	North Carolina Masters Swimmin-	54.60	54.62
	25.65 28.97				
3	Pletcher, Todd	38	Wilmington-NC	54.50	54.70
	24.89 29.81				
4	Butcher, Rob	36	North Carolina Masters Swimmin-	57.40	58.70
	26.69 32.01				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 35-39 100 Yard Butterfly)**

5	Hunter, Ralph	39	North Carolina Masters Swimmin-	59.00	58.79
	27.71 31.08				
6	Robling, Steve	38	North Carolina Masters Swimmin-	1:00.00	59.69
	27.82 31.87				
7	Parrish, Christopher	38	North Carolina Masters Swimmin-	1:21.00	1:16.28
	34.58 41.70				

Men 35-39 100 Yard IM

1	Pletcher, Todd	38	Wilmington-NC	56.50	56.39
	25.85 30.54				
2	Hunter, Ralph	39	North Carolina Masters Swimmin-	1:02.00	1:00.44
	28.01 32.43				
3	Robling, Steve	38	North Carolina Masters Swimmin-	1:03.50	1:04.56
	30.02 34.54				
4	Sturgis, Jason	36	North Carolina Masters Swimmin-	1:30.00	1:13.25
	33.17 40.08				
5	Jordan, Jason	37	Unattached	2:30.00	1:15.80
	35.76 40.04				
6	Parrish, Christopher	38	North Carolina Masters Swimmin-	1:17.00	1:16.63
	36.21 40.42				
---	Harper, Gregory	36	North Carolina Masters Swimmin-	1:01.37	NS
---	Murray, Jeff	39	North Carolina Masters Swimmin-	59.80	NS

Men 35-39 200 Yard IM

1	Andersen, Morten	38	North Carolina Masters Swimmin-	2:04.75	2:05.92
	25.88 32.76 36.87 30.41				
2	Parrish, Christopher	38	North Carolina Masters Swimmin-	2:50.00	2:48.07
	36.11 47.50 47.45 37.01				

Men 35-39 400 Yard IM

1	Andersen, Morten	38	North Carolina Masters Swimmin-	4:36.00	4:36.59
	28.00 32.52 36.82 37.25 38.50 39.04 32.96 31.50				

Men 40-44 50 Yard Freestyle

1	Schultz, Norman	43	North Carolina Masters Swimmin-	22.96	22.76
2	Brewick, Noel	40	North Carolina Masters Swimmin-	23.79	23.27
3	Pistorio, Anthony	43	North Carolina Masters Swimmin-	24.00	23.87
4	Finn, John	40	North Carolina Masters Swimmin-	24.00	24.06
5	St Jean, Rob	40	Charleston Family YMCA-12	24.20	24.31
*6	Curtis, Russ	42	North Carolina Masters Swimmin-	27.22	24.95
*6	Davis, William	41	North Carolina Masters Swimmin-	27.00	24.95
8	Fawcett, Frank	44	Unattached	27.00	25.80
9	Perers, Peter	42	North Carolina Masters Swimmin-	26.59	26.08
10	Blake, Thomas	40	North Carolina Masters Swimmin-	30.00	26.23
11	Dudley, Thomas	42	Team Greenville Masters-55	26.00	26.42
12	Tomlinson, Scott	42	North Carolina Masters Swimmin-	30.00	26.88
---	Anderson, Peter	43	Rmymrmym	23.69	NS

Men 40-44 100 Yard Freestyle

1	Schultz, Norman	43	North Carolina Masters Swimmin-	51.24	51.39
	24.94 26.45				
2	Pistorio, Anthony	43	North Carolina Masters Swimmin-	54.00	51.69
	24.59 27.10				
3	Brewick, Noel	40	North Carolina Masters Swimmin-	55.00	52.13
	25.22 26.91				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 40-44 100 Yard Freestyle)**

4	St Jean, Rob	40	Charleston Family YMCA-12	53.90	53.21
	25.82 27.39				
5	Finn, John	40	North Carolina Masters Swimmin-	56.00	54.33
	25.88 28.45				
6	Davis, William	41	North Carolina Masters Swimmin-	57.00	54.60
	26.85 27.75				
7	Fawcett, Frank	44	Unattached	1:00.00	55.10
	26.29 28.81				
8	Curtis, Russ	42	North Carolina Masters Swimmin-	59.33	55.73
	26.91 28.82				
9	Perers, Peter	42	North Carolina Masters Swimmin-	59.31	58.79
	29.09 29.70				
10	Jewett, Russell	42	North Carolina Masters Swimmin-	59.57	1:00.00
	28.50 31.50				
11	Blake, Thomas	40	North Carolina Masters Swimmin-	1:05.00	1:00.63
	29.18 31.45				

Men 40-44 200 Yard Freestyle

1	Pistorio, Anthony	43	North Carolina Masters Swimmin-	1:56.23	1:55.80
	27.96 29.54 29.49 28.81				
2	Schultz, Norman	43	North Carolina Masters Swimmin-	1:56.22	1:56.62
	27.59 29.82 30.03 29.18				
3	Davis, William	41	North Carolina Masters Swimmin-	2:00.90	1:59.34
	27.46 30.14 30.69 31.05				
4	Perers, Peter	42	North Carolina Masters Swimmin-	2:15.55	2:13.07
	32.08 34.97 33.43 32.59				
5	Blake, Thomas	40	North Carolina Masters Swimmin-	2:20.00	2:20.13
	33.20 36.70 34.89 35.34				

Men 40-44 500 Yard Freestyle

1	Pistorio, Anthony	43	North Carolina Masters Swimmin-	5:25.00	5:23.11
	30.17 32.28 32.84 33.12 33.33 33.29 32.25 32.27 32.45 31.11				
2	Davis, William	41	North Carolina Masters Swimmin-	5:28.99	5:26.94
	29.81 31.76 32.72 33.29 33.60 33.55 33.12 33.31 33.43 32.35				
3	Hilgen, Thomas	44	North Carolina Masters Swimmin-	5:41.07	5:36.14
	31.15 34.46 33.57 34.18 33.98 34.28 34.14 34.13 33.71 32.54				
4	Schultz, Norman	43	North Carolina Masters Swimmin-	5:19.99	5:37.49
	33.01 35.08 35.24 34.72 34.58 34.58 33.17 32.69 32.40 32.02				
5	Smith, Stratton	44	North Carolina Masters Swimmin-	5:40.00	5:47.54
	31.88 34.32 33.79 34.35 34.61 35.18 35.93 36.03 36.08 35.37				
6	Jewett, Russell	42	North Carolina Masters Swimmin-	6:05.15	6:16.33
	31.80 34.63 36.52 38.05 38.80 39.76 39.91 39.70 39.19 37.97				

Men 40-44 1000 Yard Freestyle

1	Davis, William	41	North Carolina Masters Swimmin-	11:20.00	11:14.80
	30.13 32.91 33.16 33.54 33.61 34.56 34.53 34.17 34.41 34.30 34.24 34.21 34.19 34.25 34.13 34.39 34.00 34.02 33.75 32.30				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 40-44 1000 Yard Freestyle)**

2	Hilgen, Thomas		44	North Carolina Masters Swimmin-	11:20.00	11:33.74
	31.19	34.02	34.12	34.37	34.80	35.04
	34.80	34.57	34.63	34.81	35.35	35.13
	35.53	35.91	35.27	33.52	35.40	35.63
3	Smith, Stratton		44	North Carolina Masters Swimmin-	11:45.00	12:01.48
	30.74	32.54	33.70	34.58	35.33	36.42
	36.96	37.28	37.41	37.24	37.32	36.97
	37.26	36.94	36.80	35.57	37.30	37.13

Men 40-44 1650 Yard Freestyle

1	Pistorio, Anthony		43	North Carolina Masters Swimmin-	20:00.00	18:53.92
	31.11	33.76	34.49	34.95	35.08	35.04
	34.62	34.46	34.34	34.64	34.70	34.44
	34.36	34.47	34.65	34.31	34.38	34.28
	34.02	34.06	34.29	34.32	34.43	34.66
						35.00
						34.88
						33.43
2	Jewett, Russell		42	North Carolina Masters Swimmin-	22:00.00	21:39.99
	32.03	36.11	37.78	38.93	39.70	40.11
	39.73	40.49	39.94	39.85	39.57	40.33
	40.66	39.07	39.69	40.02	39.92	38.92
	39.70	40.19	39.94	39.53	39.80	40.33
						39.92
						37.83
						38.94

Men 40-44 50 Yard Backstroke

1	St Jean, Rob		40	Charleston Family YMCA-12	27.50	27.87
2	Gantt, Rick		41	Team Greenville Masters-55	30.50	29.64
3	Dudley, Thomas		42	Team Greenville Masters-55	32.00	31.60
4	Blake, Thomas		40	North Carolina Masters Swimmin-	35.00	33.89
---	Perers, Peter		42	North Carolina Masters Swimmin-	33.98	NS

Men 40-44 100 Yard Backstroke

1	Gantt, Rick		41	Team Greenville Masters-55	1:05.00	1:04.73
	31.71	33.02				
2	Smith, Stratton		44	North Carolina Masters Swimmin-	1:06.05	1:05.88
	31.85	34.03				
3	Dudley, Thomas		42	Team Greenville Masters-55	1:08.00	1:09.18
	33.93	35.25				
4	Perers, Peter		42	North Carolina Masters Swimmin-	1:09.99	1:11.26
	34.67	36.59				

Men 40-44 200 Yard Backstroke

1	St Jean, Rob		40	Charleston Family YMCA-12	2:08.36	2:04.41
	30.73	31.98	31.44	30.26		
2	Hilgen, Thomas		44	North Carolina Masters Swimmin-	2:19.37	2:16.81
	32.53	34.95	35.41	33.92		
3	Gantt, Rick		41	Team Greenville Masters-55	2:15.00	2:17.16
	32.44	34.82	35.14	34.76		
4	Dudley, Thomas		42	Team Greenville Masters-55	2:30.00	2:31.78
	35.78	38.57	1:17.43			

Men 40-44 50 Yard Breaststroke

1	Brewick, Noel		40	North Carolina Masters Swimmin-	29.50	28.32
2	Finn, John		40	North Carolina Masters Swimmin-	29.00	28.94
3	St Jean, Rob		40	Charleston Family YMCA-12	32.90	30.94
4	Curtis, Russ		42	North Carolina Masters Swimmin-	33.46	32.12
5	Stuart, Steven		40	Team Greenville Masters-55	32.32	32.24
6	Schultz, Norman		43	North Carolina Masters Swimmin-	34.27	32.43

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 40-44 50 Yard Breaststroke)**

7	Blake, Thomas	40	North Carolina Masters Swimmin-	40.00	34.98
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Men 40-44 100 Yard Breaststroke

1	Brewick, Noel	40	North Carolina Masters Swimmin-	1:04.32	1:03.76
	29.81 33.95				
2	Finn, John	40	North Carolina Masters Swimmin-	1:05.50	1:05.20
	30.12 35.08				
3	St Jean, Rob	40	Charleston Family YMCA-12	1:11.40	1:09.42
	33.05 36.37				
4	Schultz, Norman	43	North Carolina Masters Swimmin-	1:10.71	1:10.19
	33.62 36.57				
5	Curtis, Russ	42	North Carolina Masters Swimmin-	1:15.27	1:13.17
	33.93 39.24				

Men 40-44 200 Yard Breaststroke

1	Stuart, Steven	40	Team Greenville Masters-55	2:32.84	2:33.87
	35.52 39.28 39.72		39.35		

Men 40-44 50 Yard Butterfly

1	Brewick, Noel	40	North Carolina Masters Swimmin-	25.28	24.63
2	Schultz, Norman	43	North Carolina Masters Swimmin-	25.62	25.50
3	Finn, John	40	North Carolina Masters Swimmin-	25.90	25.80
4	St Jean, Rob	40	Charleston Family YMCA-12	25.70	25.85
5	Curtis, Russ	42	North Carolina Masters Swimmin-	28.12	26.38
6	Gantt, Rick	41	Team Greenville Masters-55	27.50	27.18
7	Fawcett, Frank	44	Unattached	28.00	27.73
8	Perers, Peter	42	North Carolina Masters Swimmin-	30.56	28.79
9	Dudley, Thomas	42	Team Greenville Masters-55	30.00	29.84
---	Anderson, Peter	43	Rmymrmym	25.50	NS

Men 40-44 100 Yard Butterfly

1	Brewick, Noel	40	North Carolina Masters Swimmin-	1:04.00	56.15
	26.04 30.11				
2	St Jean, Rob	40	Charleston Family YMCA-12	59.50	56.50
	26.63 29.87				
3	Schultz, Norman	43	North Carolina Masters Swimmin-	58.43	58.06
	26.87 31.19				
4	Gantt, Rick	41	Team Greenville Masters-55	59.00	59.60
	27.56 32.04				
5	Dudley, Thomas	42	Team Greenville Masters-55	1:10.00	1:07.08
	30.57 36.51				
---	Anderson, Peter	43	Rmymrmym	58.00	NS

Men 40-44 200 Yard Butterfly

1	Dudley, Thomas	42	Team Greenville Masters-55	2:45.00	2:43.95
	32.88 39.44 46.39		45.24		

Men 40-44 100 Yard IM

1	Brewick, Noel	40	North Carolina Masters Swimmin-	58.74	57.58
	26.79 30.79				
2	St Jean, Rob	40	Charleston Family YMCA-12	59.80	58.82
	26.55 32.27				
3	Finn, John	40	North Carolina Masters Swimmin-	59.50	1:02.41
	28.17 34.24				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 40-44 100 Yard IM)**

4	Curtis, Russ	42	North Carolina Masters Swimmin-	1:05.37	1:03.71
	29.19 34.52				
5	Stuart, Steven	40	Team Greenville Masters-55	1:03.83	1:03.95
	30.20 33.75				
6	Gantt, Rick	41	Team Greenville Masters-55	1:06.00	1:04.91
	28.91 36.00				
7	Smith, Stratton	44	North Carolina Masters Swimmin-	1:06.00	1:05.77
	29.88 35.89				
8	Fawcett, Frank	44	Unattached	1:12.00	1:06.77
	30.26 36.51				
9	Tomlinson, Scott	42	North Carolina Masters Swimmin-	1:20.00	1:07.05
	31.50 35.55				
---	Dudley, Thomas	42	Team Greenville Masters-55	1:10.00	NS
---	Anderson, Peter	43	Rmymrmym	1:04.00	NS

Men 40-44 200 Yard IM

1	Pistorio, Anthony	43	North Carolina Masters Swimmin-	2:12.00	2:10.23
	27.39 32.67 38.93 31.24				
2	Schultz, Norman	43	North Carolina Masters Swimmin-	2:10.85	2:11.79
	28.45 35.12 38.21 30.01				
3	Hilgen, Thomas	44	North Carolina Masters Swimmin-	2:13.71	2:16.30
	29.91 35.09 39.56 31.74				
4	Smith, Stratton	44	North Carolina Masters Swimmin-	2:20.00	2:25.68
	30.04 34.98 45.11 35.55				
5	Jewett, Russell	42	North Carolina Masters Swimmin-	2:32.68	2:34.26
	31.89 40.55 45.99 35.83				
6	Blake, Thomas	40	North Carolina Masters Swimmin-	2:45.00	2:34.64
	30.95 41.11 47.09 35.49				

Men 40-44 400 Yard IM

1	St Jean, Rob	40	Charleston Family YMCA-12	4:40.00	4:31.29
	28.06 32.27 33.99 32.79 40.40 40.98 32.36 30.44				
2	Schultz, Norman	43	North Carolina Masters Swimmin-	4:59.41	4:49.63
	30.70 35.73 40.51 38.24 40.72 40.71 32.91 30.11				
3	Stuart, Steven	40	Team Greenville Masters-55	5:30.00	5:16.47
	32.30 39.58 43.35 41.52 42.46 41.88 38.80 36.58				
4	Jewett, Russell	42	North Carolina Masters Swimmin-	5:32.07	5:41.16
	35.23 44.10 45.84 44.75 49.09 47.57 38.50 36.08				

Men 45-49 50 Yard Freestyle

1	Smith, Jeffrey	45	North Carolina Masters Swimmin-	24.50	24.90
2	Cole, Robert	47	North Carolina Masters Swimmin-	24.91	25.20
3	Arnholt, Alan	45	North Carolina Masters Swimmin-	27.00	25.33
4	D'Englere, Paul	47	North Carolina Masters Swimmin-	27.20	25.76
5	Williams, Ned	48	North Carolina Masters Swimmin-	28.00	25.87
6	Johnson, Steven	48	North Carolina Masters Swimmin-	27.00	25.88
7	Tucker, David	45	North Carolina Masters Swimmin-	26.09	26.51
8	Haller, Fritz	49	Unattached	28.50	27.12
9	Ericson, David A	47	Unattached	28.00	29.50
10	White, Jay	48	North Carolina Masters Swimmin-	30.25	30.20
---	Darmody, Kevin	47	North Carolina Masters Swimmin-	26.50	NS

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 45-49 100 Yard Freestyle**

1	Smith, Jeffrey	45	North Carolina Masters Swimmin-	53.00	53.35
	25.82 27.53				
2	Cole, Robert	47	North Carolina Masters Swimmin-	53.95	55.28
	26.10 29.18				
3	D'Englere, Paul	47	North Carolina Masters Swimmin-	59.97	56.30
	27.40 28.90				
4	Arnholt, Alan	45	North Carolina Masters Swimmin-	59.00	57.04
	27.42 29.62				
5	Williams, Ned	48	North Carolina Masters Swimmin-	1:01.00	57.47
	27.13 30.34				
6	Dickerman, Dwight	47	North Carolina Masters Swimmin-	59.50	58.44
	28.03 30.41				
7	Hartley, Larry	49	North Carolina Masters Swimmin-	59.46	1:00.15
	28.61 31.54				
8	Cook, Gregory	46	North Carolina Masters Swimmin-	1:02.75	1:00.91
	29.10 31.81				
9	Turpin, Tom	47	Ncmsncms	1:02.00	1:01.22
	28.58 32.64				
---	Haller, Fritz	49	Unattached	1:05.00	NS
---	Tucker, David	45	North Carolina Masters Swimmin-	59.09	NS
---	Darmody, Kevin	47	North Carolina Masters Swimmin-	1:03.24	NS
---	Breen, James	47	Georgia Masters-45	57.62	NS

Men 45-49 200 Yard Freestyle

1	Switzer, Keith	45	Coluunat	1:47.00	1:46.25
	25.19 26.63 27.31 27.12				
2	Cole, Robert	47	North Carolina Masters Swimmin-	2:04.51	2:02.60
	28.72 31.18 30.59 32.11				
3	Doyle, G. Mark	49	North Carolina Masters Swimmin-	2:05.00	2:05.42
	30.26 32.31 31.73 31.12				
4	D'Englere, Paul	47	North Carolina Masters Swimmin-	2:08.50	2:05.98
	30.28 31.99 32.46 31.25				
5	Johnson, Steven	48	North Carolina Masters Swimmin-	2:10.00	2:07.03
	30.27 32.05 33.00 31.71				
6	Arnholt, Alan	45	North Carolina Masters Swimmin-	2:20.00	2:11.88
	31.36 33.23 33.92 33.37				
7	Cook, Gregory	46	North Carolina Masters Swimmin-	2:19.19	2:14.89
	30.14 33.20 35.36 36.19				
8	Ericson, David A	47	Unattached	2:45.00	2:43.52
	35.06 41.98 45.07 41.41				

Men 45-49 500 Yard Freestyle

1	Matysek, Jim	49	Movy Masters-28	5:35.00	5:34.19
	29.52 32.28 32.71 33.43 33.93 34.10 34.95 35.33				
	35.04 32.90				
2	Cole, Robert	47	North Carolina Masters Swimmin-	5:40.06	5:51.14
	31.10 35.12 35.28 35.27 35.54 35.66 36.08 35.75				
	35.26 36.08				
3	Cook, Gregory	46	North Carolina Masters Swimmin-	6:24.96	6:18.61
	31.45 34.40 36.47 37.84 39.02 39.78 40.08 40.45				
	40.73 38.39				
4	Turpin, Tom	47	Ncmsncms	7:00.00	6:27.87
	31.83 37.98 39.48 39.86 40.45 40.76 40.57 40.01				
	39.77 37.16				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 45-49 1000 Yard Freestyle**

1	Doyle, G. Mark	49	North Carolina Masters Swimmin-	12:20.00	12:14.19
	33.50 37.41 37.91		37.53 37.70 37.62 37.48 37.05		
	37.25 36.94 36.78		36.22 36.42 36.88 36.83 36.89		
	36.40 36.65 36.23		34.50		
2	Holshouser, Boyce Jay	46	North Carolina Masters Swimmin-	13:20.00	14:30.30
	36.92 40.48 42.93		42.83 43.60 43.19 43.85 44.50		
	44.52 44.42 44.94		44.91 44.85 44.66 44.48 43.90		
	44.56 44.54 44.50		41.72		

Men 45-49 50 Yard Backstroke

1	Smith, Jeffrey	45	North Carolina Masters Swimmin-	29.00	28.29
2	D'Englere, Paul	47	North Carolina Masters Swimmin-	32.80	29.52
3	Doyle, G. Mark	49	North Carolina Masters Swimmin-	29.10	30.18
4	Williams, Ned	48	North Carolina Masters Swimmin-	33.00	31.78
5	White, Jay	48	North Carolina Masters Swimmin-	34.68	34.01
6	Dickerman, Dwight	47	North Carolina Masters Swimmin-	37.00	35.20
7	Holshouser, Boyce Jay	46	North Carolina Masters Swimmin-	40.00	40.50

Men 45-49 100 Yard Backstroke

1	Smith, Jeffrey	45	North Carolina Masters Swimmin-	1:02.00	1:02.74
	30.70 32.04				
2	Doyle, G. Mark	49	North Carolina Masters Swimmin-	1:04.00	1:04.99
	32.12 32.87				
3	D'Englere, Paul	47	North Carolina Masters Swimmin-	1:11.20	1:05.25
	32.37 32.88				
4	Williams, Ned	48	North Carolina Masters Swimmin-	1:10.00	1:06.85
	33.11 33.74				
5	Hartley, Larry	49	North Carolina Masters Swimmin-	1:10.97	1:07.46
	33.10 34.36				
6	Cook, Gregory	46	North Carolina Masters Swimmin-	1:18.47	1:09.39
	33.70 35.69				
7	Tucker, David	45	North Carolina Masters Swimmin-	1:08.09	1:09.63
	33.29 36.34				
8	White, Jay	48	North Carolina Masters Swimmin-	1:17.90	1:18.30

Men 45-49 200 Yard Backstroke

1	Doyle, G. Mark	49	North Carolina Masters Swimmin-	2:18.00	2:20.29
	33.14 35.41 35.96		35.78		
2	White, Jay	48	North Carolina Masters Swimmin-	2:45.00	2:46.96
	40.00 42.31 43.60		41.05		
---	Breen, James	47	Georgia Masters-45	2:23.97	NS

Men 45-49 50 Yard Breaststroke

1	Matysek, Jim	49	Movy Masters-28	31.50	30.23
2	Smith, Jeffrey	45	North Carolina Masters Swimmin-	33.00	31.96
3	D'Englere, Paul	47	North Carolina Masters Swimmin-	36.20	33.03
4	Johnson, Steven	48	North Carolina Masters Swimmin-	35.00	34.45
5	Holshouser, Boyce Jay	46	North Carolina Masters Swimmin-	35.00	35.41
6	White, Jay	48	North Carolina Masters Swimmin-	37.93	37.12
7	Ericson, David A	47	Unattached	38.00	40.42

Men 45-49 100 Yard Breaststroke

1	Matysek, Jim	49	Movy Masters-28	1:09.50	1:07.13
	31.51 35.62				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 45-49 100 Yard Breaststroke)**

2	Smith, Jeffrey	45	North Carolina Masters Swimmin-	1:12.00	1:10.09
	33.29 36.80				
3	D'Englere, Paul	47	North Carolina Masters Swimmin-	1:16.77	1:14.46
	35.19 39.27				
4	Hartley, Larry	49	North Carolina Masters Swimmin-	1:17.53	1:17.08
	36.66 40.42				
5	Cook, Gregory	46	North Carolina Masters Swimmin-	1:22.27	1:17.57
	36.80 40.77				
6	Holshouser, Boyce Jay	46	North Carolina Masters Swimmin-	1:21.00	1:20.97
	37.76 43.21				
---	Tucker, David	45	North Carolina Masters Swimmin-	1:17.09	NS

Men 45-49 200 Yard Breaststroke

1	Matysek, Jim	49	Movy Masters-28	2:32.50	2:23.88
	32.95 37.08 37.07 36.78				
2	Hartley, Larry	49	North Carolina Masters Swimmin-	2:53.60	2:49.25
	36.93 44.70 44.59 43.03				

Men 45-49 50 Yard Butterfly

1	Smith, Jeffrey	45	North Carolina Masters Swimmin-	28.00	27.19
2	D'Englere, Paul	47	North Carolina Masters Swimmin-	29.60	28.74
3	Doyle, G. Mark	49	North Carolina Masters Swimmin-	28.00	28.77
4	Dickerman, Dwight	47	North Carolina Masters Swimmin-	29.00	29.05
5	Turpin, Tom	47	Ncmsncms	31.00	31.30
6	White, Jay	48	North Carolina Masters Swimmin-	34.38	33.22
7	Ericson, David A	47	Unattached	30.00	33.68
---	Haller, Fritz	49	Unattached	30.00	DQ
---	Darmody, Kevin	47	North Carolina Masters Swimmin-	29.90	NS

Men 45-49 100 Yard Butterfly

1	Smith, Jeffrey	45	North Carolina Masters Swimmin-	1:02.00	1:00.31
	28.10 32.21				
2	Johnson, Steven	48	North Carolina Masters Swimmin-	1:10.00	1:04.10
	30.13 33.97				
3	Breen, James	47	Georgia Masters-45	1:01.64	1:04.59
	28.68 35.91				
4	Hartley, Larry	49	North Carolina Masters Swimmin-	1:09.46	1:06.54
	31.31 35.23				
5	Arnholt, Alan	45	North Carolina Masters Swimmin-	1:15.00	1:07.32
	30.72 36.60				
6	Tucker, David	45	North Carolina Masters Swimmin-	1:08.09	1:08.21
	30.03 38.18				

Men 45-49 100 Yard IM

1	Smith, Jeffrey	45	North Carolina Masters Swimmin-	1:02.00	1:02.17
	29.36 32.81				
2	Matysek, Jim	49	Movy Masters-28	1:03.50	1:02.56
	30.34 32.22				
3	Breen, James	47	Georgia Masters-45	1:03.36	1:04.42
	29.17 35.25				
4	D'Englere, Paul	47	North Carolina Masters Swimmin-	1:08.88	1:05.06
	30.11 34.95				
5	Johnson, Steven	48	North Carolina Masters Swimmin-	1:10.00	1:06.09
	30.01 36.08				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 45-49 100 Yard IM)**

6	Williams, Ned	48	North Carolina Masters Swimmin-	1:08.00	1:06.66
	31.66 35.00				
7	Tucker, David	45	North Carolina Masters Swimmin-	1:07.09	1:07.14
	30.50 36.64				
8	Cook, Gregory	46	North Carolina Masters Swimmin-	1:11.47	1:09.31
	32.68 36.63				
9	White, Jay	48	North Carolina Masters Swimmin-	1:18.09	1:16.72
	35.88 40.84				
10	Holshouser, Boyce Jay	46	North Carolina Masters Swimmin-	1:16.00	1:18.47
	39.44 39.03				
---	Darmody, Kevin	47	North Carolina Masters Swimmin-	1:12.00	NS

Men 45-49 200 Yard IM

1	Matysek, Jim	49	Movy Masters-28	2:20.00	2:15.60
	30.33 35.82 37.56		31.89		
2	D'Englere, Paul	47	North Carolina Masters Swimmin-	2:29.49	2:23.52
	30.23 35.97 43.09		34.23		
3	Hartley, Larry	49	North Carolina Masters Swimmin-	2:30.83	2:31.12
	32.82 39.98 44.98		33.34		
4	Cook, Gregory	46	North Carolina Masters Swimmin-	2:35.40	2:31.36
	31.63 39.01 44.96		35.76		
5	Arnholt, Alan	45	North Carolina Masters Swimmin-	2:50.00	2:33.63
	31.44 40.31 45.77		36.11		
---	Breen, James	47	Georgia Masters-45	2:18.41	NS
---	Tucker, David	45	North Carolina Masters Swimmin-	2:43.09	NS

Men 45-49 400 Yard IM

1	Matysek, Jim	49	Movy Masters-28	5:00.00	4:49.62
	31.53 37.09 39.69		38.55 39.63 40.10 32.84 30.19		
2	Breen, James	47	Georgia Masters-45	5:06.04	5:04.13
	32.26 36.02 39.04		40.37 43.10 43.96 35.29 34.09		
3	Holshouser, Boyce Jay	46	North Carolina Masters Swimmin-	6:00.00	6:13.80
	41.05 46.40 51.99		49.47 48.76 50.01 44.93 41.19		

Men 50-54 50 Yard Freestyle

1	Dyer, Andy	50	Atlanta Water Jocks-45	24.00	24.39
2	Stocksdale, Steve	54	Burlingame Aquatic Club-38	28.90	26.65
3	Miller, Richard	54	North Carolina Masters Swimmin-	29.00	27.28
4	King, Edward	53	Grand Strand Masters Swimming-!	32.07	28.45
5	Lance, Robert	52	North Carolina Masters Swimmin-	29.74	29.65
6	Wolfe, Bill	51	North Carolina Masters Swimmin-	28.80	30.14
7	Acheson, Scott	50	North Carolina Masters Swimmin-	35.00	31.89
8	McWhorter, Will	52	Unattached	35.00	33.09
9	Miller, Jamie	54	Unattached	35.23	33.89
---	Sandford, Bill	54	North Carolina Masters Swimmin-	35.84	NS

Men 50-54 100 Yard Freestyle

1	Dyer, Andy	50	Atlanta Water Jocks-45	53.00	53.79
	25.86 27.93				
2	Gilchrist, Donald	54	North Carolina Masters Swimmin-	57.00	54.60
	26.35 28.25				
3	Phillips, John M	51	North Carolina Masters Swimmin-	56.00	55.66
	27.01 28.65				
4	King, Edward	53	Grand Strand Masters Swimming-!	1:15.09	1:02.20

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 50-54 100 Yard Freestyle)**

5	Lucas, Jeff	51	Charleston Family YMCA-12	NT	1:06.03
	31.75 34.28				
6	Lance, Robert	52	North Carolina Masters Swimmin-	1:07.52	1:08.91
	32.81 36.10				
7	Sandford, Bill	54	North Carolina Masters Swimmin-	1:25.14	1:21.30
	39.57 41.73				
8	Miller, Jamie	54	Unattached	1:25.90	1:23.14
	38.39 44.75				
---	Stocksdale, Steve	54	Burlingame Aquatic Club-38	1:02.80	NS
---	Acheson, Scott	50	North Carolina Masters Swimmin-	1:15.00	NS

Men 50-54 200 Yard Freestyle

1	Gilchrist, Donald	54	North Carolina Masters Swimmin-	2:05.00	2:05.40
	29.09 32.18 32.83				
		31.30			
2	Phillips, John M	51	North Carolina Masters Swimmin-	2:04.00	2:09.51
	29.26 32.30 33.90				
		34.05			
3	Miller, Richard	54	North Carolina Masters Swimmin-	2:20.00	2:19.91
	31.00 35.27 37.33				
		36.31			
4	Lance, Robert	52	North Carolina Masters Swimmin-	2:35.28	2:37.19
	34.83 39.83 41.75				
		40.78			
5	Acheson, Scott	50	North Carolina Masters Swimmin-	2:40.00	2:39.79
	35.79 40.38 41.98				
		41.64			
6	McWhorter, Will	52	Unattached	2:50.00	2:46.38
	38.30 43.06 43.28				
		41.74			
7	Sandford, Bill	54	North Carolina Masters Swimmin-	3:38.71	3:10.08
	40.91 1:40.11 49.06				

Men 50-54 500 Yard Freestyle

1	Lance, Robert	52	North Carolina Masters Swimmin-	7:05.68	7:09.48
	37.75 40.21 41.90				
	45.24 43.25	42.51 43.58 43.63 44.46 46.95			
2	Lucas, Jeff	51	Charleston Family YMCA-12	NT	7:39.60
	38.65 45.23 46.95				
	45.90 42.96	47.96 47.75 47.46 47.62 49.12			
3	Miller, Jamie	54	Unattached	10:20.60	8:51.08
	1:39.96				
	56.37 48.81	54.90 55.31 54.23 54.01 51.58			
4	Sandford, Bill	54	North Carolina Masters Swimmin-	9:24.10	9:07.74
	45.01 50.75				
	48.39				

Men 50-54 1000 Yard Freestyle

1	Lucas, Jeff	51	Charleston Family YMCA-12	18:30.00	16:30.86
	38.31 43.95 45.40				
	45.85 47.23 55.48	46.99 46.28 46.36 46.70 46.85			
	53.37 54.63 53.76	54.23 53.64 52.28 53.15 54.07			
		52.33			

Men 50-54 1650 Yard Freestyle

1	Miller, Richard	54	North Carolina Masters Swimmin-	23:20.00	22:53.01
	34.73 39.56 40.86				
	42.35 42.26 42.37	40.90 42.05 42.00 42.34 42.66			
	42.19 41.95 42.27	41.69 42.26 41.97 42.11 42.19			
	41.52 41.87 41.77	42.07 42.62 42.22 41.81 41.74			
		41.99 41.56 42.15 42.04 41.48 39.46			

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 50-54 1650 Yard Freestyle)**

2	Acheson, Scott		50	North Carolina Masters Swimmin-	25:00.00		24:58.77		
	41.97	42.55	43.64	44.97	45.33	45.43	45.37	45.06	
	45.46	45.75	46.23	46.58	46.93	46.21	45.78	46.08	
	45.72	46.37	46.70	46.72	45.62	45.54	45.88	46.29	
	46.51	46.79	45.38	45.66	45.38	45.27	45.21	45.39	41.00
3	Miller, Jamie		54	Unattached			45:20.10	32:39.34	
	47.73	55.44	57.61	58.53	1:00.91	59.23	1:00.95	58.07	
	1:00.57	1:00.58	1:01.86	57.03	1:00.14	1:01.89	1:01.90	58.86	
	59.04	1:00.79	1:02.53	59.89	58.46	59.24	54.22	1:01.32	
	1:00.58	1:02.58	1:02.17	59.04	59.18	1:01.02	57.51	59.39	1:01.08

Men 50-54 50 Yard Backstroke

1	Gilchrist, Donald		54	North Carolina Masters Swimmin-	31.00		30.26
2	King, Edward		53	Grand Strand Masters Swimming-	43.66		34.88
3	Miller, Jamie		54	Unattached	48.50		47.73
---	Stocksdale, Steve		54	Burlingame Aquatic Club-38	28.90		NS

Men 50-54 100 Yard Backstroke

1	Stocksdale, Steve		54	Burlingame Aquatic Club-38	1:02.80		1:07.65
	33.31	34.34					
2	Lance, Robert		52	North Carolina Masters Swimmin-	1:25.55		1:26.78
	43.05	43.73					
3	McWhorter, Will		52	Unattached	2:00.00		1:42.48
	47.39	55.09					

Men 50-54 50 Yard Breaststroke

1	Dyer, Andy		50	Atlanta Water Jocks-45	28.80		29.06
2	Gilchrist, Donald		54	North Carolina Masters Swimmin-	33.00		32.60
3	Lucas, Jeff		51	Charleston Family YMCA-12	NT		32.62
4	Stocksdale, Steve		54	Burlingame Aquatic Club-38	32.40		33.04
5	Wolfe, Bill		51	North Carolina Masters Swimmin-	35.45		33.84
6	Lance, Robert		52	North Carolina Masters Swimmin-	42.75		43.29
7	Miller, Jamie		54	Unattached	45.69		43.72
---	Sandford, Bill		54	North Carolina Masters Swimmin-	45.00		NS

Men 50-54 100 Yard Breaststroke

1	Dyer, Andy		50	Atlanta Water Jocks-45	1:05.20		1:06.02
	31.25	34.77					
2	Gilchrist, Donald		54	North Carolina Masters Swimmin-	1:12.00		1:10.98
	33.15	37.83					
3	Lucas, Jeff		51	Charleston Family YMCA-12	NT		1:13.31
	34.51	38.80					
4	Lance, Robert		52	North Carolina Masters Swimmin-	1:37.50		1:37.36
	46.73	50.63					
5	Miller, Jamie		54	Unattached	1:40.90		1:46.24
	49.46	56.78					
---	Acheson, Scott		50	North Carolina Masters Swimmin-	1:35.00		NS

Men 50-54 200 Yard Breaststroke

1	Gilchrist, Donald		54	North Carolina Masters Swimmin-	2:35.00		2:36.99
	34.87	39.41	41.13	41.58			
2	Lucas, Jeff		51	Charleston Family YMCA-12	NT		2:48.43
	37.51	41.79	44.77	44.36			

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 50-54 50 Yard Butterfly**

1	Phillips, John M	51	North Carolina Masters Swimmin-	27.00	26.84
2	Gilchrist, Donald	54	North Carolina Masters Swimmin-	28.00	27.23
3	Lucas, Jeff	51	Charleston Family YMCA-12	NT	31.77
4	King, Edward	53	Grand Strand Masters Swimming-!	36.84	32.64
5	Miller, Jamie	54	Unattached	40.22	42.34
---	Acheson, Scott	50	North Carolina Masters Swimmin-	40.00	NS

Men 50-54 100 Yard Butterfly

1	Phillips, John M	51	North Carolina Masters Swimmin-	58.50	1:00.07
	28.40 31.67				
2	Gilchrist, Donald	54	North Carolina Masters Swimmin-	1:02.00	1:02.10
	28.81 33.29				

Men 50-54 200 Yard Butterfly

1	Lucas, Jeff	51	Charleston Family YMCA-12	NT	3:17.90
	43.55 51.10 52.94	50.31			

Men 50-54 100 Yard IM

1	Dyer, Andy	50	Atlanta Water Jocks-45	58.50	59.93
	28.06 31.87				
2	Gilchrist, Donald	54	North Carolina Masters Swimmin-	1:04.00	1:05.08
	30.70 34.38				
3	Lucas, Jeff	51	Charleston Family YMCA-12	NT	1:13.35
	36.24 37.11				
4	Wolfe, Bill	51	North Carolina Masters Swimmin-	1:20.00	1:15.12
	35.83 39.29				
5	King, Edward	53	Grand Strand Masters Swimming-!	1:28.56	1:17.87
	33.23 44.64				
6	Lance, Robert	52	North Carolina Masters Swimmin-	1:21.24	1:24.87
	40.31 44.56				
7	McWhorter, Will	52	Unattached	1:35.00	1:32.94
	44.66 48.28				
8	Miller, Jamie	54	Unattached	3:58.30	1:38.91
	43.37 55.54				
---	Stocksdale, Steve	54	Burlingame Aquatic Club-38	1:05.40	NS

Men 50-54 200 Yard IM

1	Dyer, Andy	50	Atlanta Water Jocks-45	2:12.00	2:13.86
	29.33 34.74 38.48	31.31			
2	Gilchrist, Donald	54	North Carolina Masters Swimmin-	2:20.00	2:15.08
	29.03 35.20 39.92	30.93			
3	Lance, Robert	52	North Carolina Masters Swimmin-	3:04.26	3:00.97
	39.67 47.36 55.57	38.37			

Men 50-54 400 Yard IM

1	Lucas, Jeff	51	Charleston Family YMCA-12	NT	6:50.13
	41.30 49.10 53.09	56.36 54.59 54.42 52.71 48.56			

Men 55-59 50 Yard Freestyle

1	Self, Howard	55	Charleston Family YMCA-12	26.00	25.31
2	Long, Douglas	55	Team Greenville Masters-55	26.00	26.20
3	Glass, Ernie	59	North Carolina Masters Swimmin-	26.60	26.48
4	Turnbull, David	55	Charleston Family YMCA-12	30.00	27.94
5	Boder, Robert	57	Charleston Family YMCA-12	29.80	29.02
6	Sesler, Richard	59	North Carolina Masters Swimmin-	29.00	29.23

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 55-59 50 Yard Freestyle)**

7	Holbrook, Russell	57	North Carolina Masters Swimmin-	29.00	29.29
8	Conover, Steven	59	Unattached	35.50	32.88
9	Fumi, Leonard	59	North Carolina Masters Swimmin-	38.00	37.48
---	Gosha, Joseph	55	North Carolina Masters Swimmin-	30.00	NS

Men 55-59 100 Yard Freestyle

1	Long, Douglas	55	Team Greenville Masters-55	57.50	58.27
	27.87 30.40				
2	Self, Howard	55	Charleston Family YMCA-12	58.00	59.11
	27.92 31.19				
3	Glass, Ernie	59	North Carolina Masters Swimmin-	59.15	59.38
	28.56 30.82				
4	Turnbull, David	55	Charleston Family YMCA-12	1:05.00	1:01.81
	29.70 32.11				
5	Boder, Robert	57	Charleston Family YMCA-12	1:05.50	1:04.88
	30.83 34.05				
6	Fumi, Leonard	59	North Carolina Masters Swimmin-	1:24.00	1:22.41
	39.77 42.64				
---	Gosha, Joseph	55	North Carolina Masters Swimmin-	1:10.00	NS
---	Holbrook, Russell	57	North Carolina Masters Swimmin-	1:07.84	NS

Men 55-59 200 Yard Freestyle

1	Long, Douglas	55	Team Greenville Masters-55	2:10.00	2:11.94
	30.24 33.36 34.06		34.28		
2	Self, Howard	55	Charleston Family YMCA-12	2:15.00	2:18.03
	32.22 34.86 36.81		34.14		
3	Turnbull, David	55	Charleston Family YMCA-12	2:30.00	2:20.42
	31.58 36.91 36.80		35.13		
4	Glass, Ernie	59	North Carolina Masters Swimmin-	2:16.00	2:22.50
	31.91 36.41 37.23		36.95		
5	Boder, Robert	57	Charleston Family YMCA-12	2:38.00	2:33.56
	34.36 38.93 40.93		39.34		
6	Fumi, Leonard	59	North Carolina Masters Swimmin-	3:10.00	3:13.18
	43.32 49.33 50.00		50.53		

Men 55-59 500 Yard Freestyle

1	Long, Douglas	55	Team Greenville Masters-55	5:55.00	6:05.56
	31.01 34.29 35.77		37.47 37.40 37.32 38.16	38.45	
	38.56 37.13				
2	Glass, Ernie	59	North Carolina Masters Swimmin-	6:28.84	6:22.39
	33.81 38.68 39.69		40.11 40.05 39.98 38.99	38.37	
	37.84 34.87				
3	Self, Howard	55	Charleston Family YMCA-12	6:45.00	6:24.55
	35.00 38.22 39.62		39.45 39.95 39.55 39.52	39.18	
	39.01 35.05				
4	Boder, Robert	57	Charleston Family YMCA-12	7:06.00	7:12.86
	37.41 41.73 42.78		45.53 46.83 46.39 44.04	43.89	
	44.02 40.24				

Men 55-59 1000 Yard Freestyle

1	Self, Howard	55	Charleston Family YMCA-12	14:00.00	13:14.38
	36.02 39.47 40.37		40.82 41.30 41.67 41.39	41.41	
	40.96 40.78 40.12		40.30 40.12 40.08 39.99	39.27	
	39.49 39.58 38.66		32.58		

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 55-59 1000 Yard Freestyle)**

2	Glass, Ernie		59	North Carolina Masters Swimmin-	13:13.84	13:27.53
	34.13	39.40	40.93	41.21	40.91	40.77
	41.21	40.99	41.43	41.19	41.51	41.33
	39.85	40.20	39.45	38.20	41.42	41.11
3	Rensink, Rick		56	North Carolina Masters Swimmin-	16:00.00	14:55.90
	37.71	42.99	46.18	46.89	45.89	46.41
	46.36	45.67	45.92	45.59	45.20	45.24
	44.14		40.95		45.12	45.09

Men 55-59 1650 Yard Freestyle

1	Self, Howard		55	Charleston Family YMCA-12	23:50.00	22:22.35
	38.21	39.08	41.16	41.32	41.65	41.45
	41.57	41.31	41.64	41.27	41.18	41.23
	41.18	41.07	41.13	40.93	41.17	40.70
	40.92	40.91	40.50	41.01	40.02	39.78
2	Boder, Robert		57	Charleston Family YMCA-12	24:20.00	24:34.46
	39.31	42.72	48.26	45.41	44.34	44.20
	43.83	43.72	44.21	44.89	44.87	44.26
	45.33	44.67	43.92	44.85	44.56	44.77
	45.22	44.88	44.63	45.36	44.73	44.40
					44.54	44.36
						34.55
						41.99

Men 55-59 50 Yard Backstroke

1	Long, Douglas		55	Team Greenville Masters-55	30.00	30.11
2	Turnbull, David		55	Charleston Family YMCA-12	37.00	34.29
3	Boder, Robert		57	Charleston Family YMCA-12	40.50	42.07
4	Conover, Steven		59	Unattached	45.45	44.10
---	Gosha, Joseph		55	North Carolina Masters Swimmin-	36.00	NS
---	Holbrook, Russell		57	North Carolina Masters Swimmin-	36.70	NS
---	Rensink, Rick		56	North Carolina Masters Swimmin-	36.30	NS

Men 55-59 100 Yard Backstroke

1	Long, Douglas		55	Team Greenville Masters-55	1:07.00	1:07.21
	32.75	34.46				
2	Turnbull, David		55	Charleston Family YMCA-12	1:23.00	1:15.50
	35.81	39.69				
3	Rensink, Rick		56	North Carolina Masters Swimmin-	1:21.90	1:22.42
	39.56	42.86				
4	Boder, Robert		57	Charleston Family YMCA-12	1:29.00	1:33.21
	46.00	47.21				
5	Conover, Steven		59	Unattached	1:36.50	1:34.75
	46.61	48.14				

Men 55-59 200 Yard Backstroke

1	Long, Douglas		55	Team Greenville Masters-55	2:25.00	2:30.62
	35.54	37.77	38.90	38.41		
2	Turnbull, David		55	Charleston Family YMCA-12	3:10.00	2:46.16
	38.76	42.63	43.73	41.04		
---	Rensink, Rick		56	North Carolina Masters Swimmin-	3:03.40	NS

Men 55-59 50 Yard Breaststroke

1	Stone, Jeff		57	Team Greenville Masters-55	36.00	33.90
2	Holbrook, Russell		57	North Carolina Masters Swimmin-	38.34	37.61
3	Boder, Robert		57	Charleston Family YMCA-12	38.50	37.78
4	Sesler, Richard		59	North Carolina Masters Swimmin-	39.50	40.08
5	Fumi, Leonard		59	North Carolina Masters Swimmin-	44.00	43.95

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 55-59 50 Yard Breaststroke)**

6	Conover, Steven	59	Unattached	1:51.50	49.83
---	Gosha, Joseph	55	North Carolina Masters Swimmin-	37.00	NS

Men 55-59 100 Yard Breaststroke

1	Boder, Robert	57	Charleston Family YMCA-12	1:27.00	1:24.94
	40.04 44.90				
2	Fumi, Leonard	59	North Carolina Masters Swimmin-	1:42.00	1:40.62
	48.31 52.31				
3	Conover, Steven	59	Unattached	1:51.50	1:47.97
	52.31 55.66				

Men 55-59 200 Yard Breaststroke

1	Stone, Jeff	57	Team Greenville Masters-55	3:10.00	3:19.01
	43.92 52.55 53.53		49.01		

Men 55-59 50 Yard Butterfly

1	Sesler, Richard	59	North Carolina Masters Swimmin-	31.00	30.25
2	Conover, Steven	59	Unattached	38.70	39.14
---	Gosha, Joseph	55	North Carolina Masters Swimmin-	37.00	NS
---	Rensink, Rick	56	North Carolina Masters Swimmin-	33.30	NS

Men 55-59 100 Yard Butterfly

1	Conover, Steven	59	Unattached	1:28.50	1:27.79
	40.72 47.07				

Men 55-59 200 Yard Butterfly

1	Conover, Steven	59	Unattached	3:21.90	3:19.29
	42.46 50.39 53.06		53.38		

Men 55-59 100 Yard IM

1	Long, Douglas	55	Team Greenville Masters-55	1:07.00	1:07.67
	31.23 36.44				
2	Rensink, Rick	56	North Carolina Masters Swimmin-	1:21.20	1:21.67
	37.45 44.22				
3	Stone, Jeff	57	Team Greenville Masters-55	1:45.00	1:22.10
	41.10 41.00				
4	Fumi, Leonard	59	North Carolina Masters Swimmin-	1:41.00	1:42.46
	52.82 49.64				
---	Gosha, Joseph	55	North Carolina Masters Swimmin-	1:20.00	NS

Men 55-59 200 Yard IM

1	Boder, Robert	57	Charleston Family YMCA-12	3:26.00	3:02.01
	43.73 48.13 49.54		40.61		
2	Conover, Steven	59	Unattached	3:10.60	3:08.72
	39.90 48.77 59.19		40.86		

Men 55-59 400 Yard IM

1	Conover, Steven	59	Unattached	6:55.50	6:52.82
	42.52 50.70 53.83		53.64 1:02.01 1:03.18 44.73	42.21	

Men 60-64 50 Yard Freestyle

1	Richelson, Andrew	61	North Carolina Masters Swimmin-	28.00	28.39
2	McDonald, Mike	64	North Carolina Masters Swimmin-	30.00	28.57
3	Calandro, James	62	North Carolina Masters Swimmin-	29.00	29.27
4	Britt, James	62	North Carolina Masters Swimmin-	35.90	31.18
5	Davenport, John	64	North Carolina Masters Swimmin-	39.85	40.62

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 60-64 50 Yard Freestyle)**

---	VanCleve, Jim	62	Beaufort Masters Swim Team-55	30.32	NS
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Men 60-64 100 Yard Freestyle

1	Calandro, James	62	North Carolina Masters Swimmin-	1:10.00	1:09.46
	34.33 35.13				
2	Zeigler, John	63	Georgia Masters-45	1:08.05	1:11.80
	34.66 37.14				
3	Van Meeteren, Hans	64	North Carolina Masters Swimmin-	1:30.00	1:27.30
	42.48 44.82				
---	Richelson, Andrew	61	North Carolina Masters Swimmin-	1:03.50	NS
---	VanCleve, Jim	62	Beaufort Masters Swim Team-55	1:09.00	NS

Men 60-64 200 Yard Freestyle

1	Zeigler, John	63	Georgia Masters-45	2:40.09	2:38.94
	36.21 42.47 42.32		37.94		

Men 60-64 500 Yard Freestyle

1	Kute, Tim	63	North Carolina Masters Swimmin-	6:35.00	6:50.18
	33.61 37.83 39.71		41.01 41.80 43.20 43.37 43.80		
	43.31 42.54				

Men 60-64 1000 Yard Freestyle

1	Kute, Tim	63	North Carolina Masters Swimmin-	14:20.00	14:00.42
	35.12 38.08 39.76		40.56 41.96 41.43 41.71 42.90		
	42.67 42.54 42.81		43.25 43.52 43.36 43.87 43.09		
	43.79 43.35 43.61		43.04		
2	Davenport, John	64	North Carolina Masters Swimmin-	22:00.00	20:07.38
	47.20 56.00 59.38		1:01.12 1:01.59 1:02.41 1:01.73 1:03.36		
	1:02.21 1:02.04 1:02.57		1:01.32 1:02.71 1:03.69 1:02.05 1:01.23		
	1:00.74 1:00.34 1:01.43		54.26		

Men 60-64 50 Yard Backstroke

1	McDonald, Mike	64	North Carolina Masters Swimmin-	36.00	36.72
---	Richelson, Andrew	61	North Carolina Masters Swimmin-	41.50	NS

Men 60-64 100 Yard Backstroke

1	Kute, Tim	63	North Carolina Masters Swimmin-	1:55.00	1:16.11
	36.24 39.87				
2	McDonald, Mike	64	North Carolina Masters Swimmin-	1:22.00	1:19.08
	37.69 41.39				
3	Davenport, John	64	North Carolina Masters Swimmin-	1:46.92	1:50.26

Men 60-64 50 Yard Breaststroke

1	Britt, James	62	North Carolina Masters Swimmin-	40.55	37.51
2	Zeigler, John	63	Georgia Masters-45	34.23	38.33
3	Van Meeteren, Hans	64	North Carolina Masters Swimmin-	40.14	43.39
4	Davenport, John	64	North Carolina Masters Swimmin-	44.98	48.55
---	VanCleve, Jim	62	Beaufort Masters Swim Team-55	37.41	NS

Men 60-64 100 Yard Breaststroke

1	Zeigler, John	63	Georgia Masters-45	1:21.03	1:23.14
	40.13 43.01				
2	Kute, Tim	63	North Carolina Masters Swimmin-	1:45.00	1:24.78
	40.29 44.49				
3	Van Meeteren, Hans	64	North Carolina Masters Swimmin-	1:31.02	1:36.20
	46.00 50.20				

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 60-64 100 Yard Breaststroke)**

---	VanCleve, Jim	62	Beaufort Masters Swim Team-55	1:24.00	NS
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Men 60-64 200 Yard Breaststroke

1	Zeigler, John	63	Georgia Masters-45	2:59.09	3:10.41
	43.28 49.81 49.43		47.89		
2	Britt, James	62	North Carolina Masters Swimmin-	3:28.85	3:12.43
	42.06 48.96 50.50		50.91		

Men 60-64 50 Yard Butterfly

1	Zeigler, John	63	Georgia Masters-45	41.09	36.48
2	Calandro, James	62	North Carolina Masters Swimmin-	NT	38.58
3	Van Meeteren, Hans	64	North Carolina Masters Swimmin-	42.67	43.07
---	Richelson, Andrew	61	North Carolina Masters Swimmin-	31.50	NS

Men 60-64 100 Yard Butterfly

1	Richelson, Andrew	61	North Carolina Masters Swimmin-	1:17.50	1:15.29
	34.79 40.50				
2	Zeigler, John	63	Georgia Masters-45	1:19.05	1:26.87
	1:26.82 0.05				
3	Van Meeteren, Hans	64	North Carolina Masters Swimmin-	2:00.00	1:41.36
	50.11 51.25				

Men 60-64 200 Yard Butterfly

1	Zeigler, John	63	Georgia Masters-45	2:58.05	3:07.51
	40.87 48.80 50.46		47.38		

Men 60-64 100 Yard IM

1	Kute, Tim	63	North Carolina Masters Swimmin-	1:20.00	1:13.32
	34.03 39.29				
2	Richelson, Andrew	61	North Carolina Masters Swimmin-	1:17.50	1:19.25
	38.00 41.25				
3	Britt, James	62	North Carolina Masters Swimmin-	1:24.45	1:28.25
	44.01 44.24				
4	Van Meeteren, Hans	64	North Carolina Masters Swimmin-	1:29.36	1:30.13
	44.50 45.63				
---	VanCleve, Jim	62	Beaufort Masters Swim Team-55	1:18.00	NS
---	Davenport, John	64	North Carolina Masters Swimmin-	1:43.88	NS

Men 60-64 200 Yard IM

1	Kute, Tim	63	North Carolina Masters Swimmin-	2:40.00	2:47.64
	36.26 39.62 51.44		40.32		
2	Zeigler, John	63	Georgia Masters-45	2:54.09	3:05.07
	39.56 51.70 49.44		44.37		
3	Van Meeteren, Hans	64	North Carolina Masters Swimmin-	3:25.19	3:26.65
	49.38 55.25 52.97		49.05		
---	VanCleve, Jim	62	Beaufort Masters Swim Team-55	3:03.00	NS

Men 60-64 400 Yard IM

1	Zeigler, John	63	Georgia Masters-45	6:50.01	6:11.57
	41.09 49.29 52.34		48.20 50.02 49.01 42.99 38.63		
2	Van Meeteren, Hans	64	North Carolina Masters Swimmin-	7:28.78	7:28.48
	52.82 56.75 58.77		1:01.14 57.77 55.68 54.17 51.38		

Men 65-69 50 Yard Freestyle

1	White, Bernard	65	North Carolina Masters Swimmin-	30.50	29.51
2	Gadol, Louis	67	North Carolina Masters Swimmin-	32.00	30.64

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 65-69 50 Yard Freestyle)**

3	Frogley, Chris S	65	Virginia Masters Swim Team	33.00	31.66
4	Wilson, Robin	66	Charleston Family YMCA-12	34.00	32.49
5	Leen, Walter	66	Georgia Masters-45	45.00	44.12

Men 65-69 100 Yard Freestyle

1	White, Bernard	65	North Carolina Masters Swimmin-	1:09.90	1:10.43
	33.11 37.32				
2	Frogley, Chris S	65	Virginia Masters Swim Team	1:20.00	1:14.81
	36.37 38.44				
3	Wilson, Robin	66	Charleston Family YMCA-12	1:30.00	1:16.37
	35.44 40.93				
4	Fletcher, Doug	66	North Carolina Masters Swimmin-	1:25.00	1:21.51
	37.93 43.58				
5	Leen, Walter	66	Georgia Masters-45	1:59.00	1:54.39
	52.78 1:01.61				

Men 65-69 200 Yard Freestyle

1	White, Bernard	65	North Carolina Masters Swimmin-	2:49.00	2:44.50
	1:22.83 43.97 37.70				
2	Wilson, Robin	66	Charleston Family YMCA-12	3:40.00	2:58.32
	40.22 46.89 47.40		43.81		
3	Frogley, Chris S	65	Virginia Masters Swim Team	3:04.00	3:02.61
	39.03 44.19 48.63		50.76		
4	Fletcher, Doug	66	North Carolina Masters Swimmin-	3:17.00	3:04.10
	40.77 46.75 48.84		47.74		

Men 65-69 500 Yard Freestyle

1	Fletcher, Doug	66	North Carolina Masters Swimmin-	8:25.00	8:05.24
	42.64 47.07 50.18		49.54 49.22 50.44 50.19 49.97		
	50.50 45.49				
2	Wilson, Robin	66	Charleston Family YMCA-12	8:50.00	8:09.82
	41.82 49.15 50.77		50.40 50.23 50.68 48.31 50.81		
	49.85 47.80				
3	Denker, Martin	65	Team Greenville Masters-55	12:54.77	13:06.57
	1:07.86 1:18.94 1:18.52		1:18.68 1:22.29 1:22.97 1:20.80 1:23.20		
	1:19.69 1:13.62				

Men 65-69 1000 Yard Freestyle

1	Wilson, Robin	66	Charleston Family YMCA-12	18:00.00	16:10.17
	41.25 46.63 49.41		50.24 48.81 50.30 49.74 48.43		
	50.40 49.26 49.85		50.22 50.08 48.31 50.28 48.56		
	49.54 49.74 45.92		43.20		
2	Fletcher, Doug	66	North Carolina Masters Swimmin-	17:30.00	16:47.58
	43.15 47.90 49.40		51.05 50.86 51.18 51.26 50.23		
	51.34 52.80 50.47		52.29 51.70 50.82 51.27 50.86		
	50.27 52.31 50.75		47.67		

Men 65-69 1650 Yard Freestyle

1	McGillivray, Alan	66	North Carolina Masters Swimmin-	36:00.00	36:11.29
	50.10 58.65 1:03.17		1:04.31 1:11.08 1:03.76 1:01.87 1:05.85		
	1:05.78 1:05.96 1:07.46		1:05.90 1:05.68 1:07.23 1:04.49 1:08.50		
	1:05.94 1:08.03 1:05.02		1:04.68 1:07.93 1:09.11 1:08.34 1:08.36		
	1:06.92 1:06.11 1:15.01		1:05.57 1:07.88 1:07.15 1:06.35 1:05.47 1:03.63		

Men 65-69 50 Yard Backstroke

1	Wilson, Robin	66	Charleston Family YMCA-12	51.00	46.40
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2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 65-69 50 Yard Backstroke)**

2	Leen, Walter	66	Georgia Masters-45	50.00	55.43
3	Denker, Martin	65	Team Greenville Masters-55	1:15.18	1:15.74

Men 65-69 50 Yard Breaststroke

1	Gadol, Louis	67	North Carolina Masters Swimmin-	38.60	39.07
2	Fletcher, Doug	66	North Carolina Masters Swimmin-	43.00	40.85
3	Frogley, Chris S	65	Virginia Masters Swim Team	49.00	44.66

Men 65-69 100 Yard Breaststroke

1	Fletcher, Doug	66	North Carolina Masters Swimmin-	1:33.00	1:30.32
	42.17 48.15				
2	Frogley, Chris S	65	Virginia Masters Swim Team	1:50.00	1:40.26
	47.93 52.33				
3	Denker, Martin	65	Team Greenville Masters-55	2:18.41	2:12.97
	1:04.21 1:08.76				

Men 65-69 200 Yard Breaststroke

1	Fletcher, Doug	66	North Carolina Masters Swimmin-	3:25.00	3:20.53
	44.26 51.25 53.19		51.83		
2	Gadol, Louis	67	North Carolina Masters Swimmin-	3:21.72	3:24.00
	44.96 52.45 54.97		51.62		

Men 65-69 50 Yard Butterfly

1	White, Bernard	65	North Carolina Masters Swimmin-	32.50	31.00
2	Wilson, Robin	66	Charleston Family YMCA-12	47.00	39.74
---	Poiletman, Robert	65	Columbia Masters-55	28.50	NS

Men 65-69 100 Yard Butterfly

1	White, Bernard	65	North Carolina Masters Swimmin-	1:19.50	1:16.61
	36.76 39.85				
2	Wilson, Robin	66	Charleston Family YMCA-12	2:10.00	1:40.22
	45.26 54.96				
---	Poiletman, Robert	65	Columbia Masters-55	1:00.99	NS

Men 65-69 200 Yard Butterfly

---	Poiletman, Robert	65	Columbia Masters-55	2:20.00	NS
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Men 65-69 100 Yard IM

1	Gadol, Louis	67	North Carolina Masters Swimmin-	1:21.21	1:23.77
	38.42 45.35				
2	Fletcher, Doug	66	North Carolina Masters Swimmin-	1:38.00	1:34.87
	47.92 46.95				
3	Wilson, Robin	66	Charleston Family YMCA-12	2:10.00	1:39.69
	46.33 53.36				
4	Leen, Walter	66	Georgia Masters-45	2:22.22	2:22.61
	1:06.36 1:16.25				

Men 65-69 200 Yard IM

1	Wilson, Robin	66	Charleston Family YMCA-12	4:40.00	3:38.24
	44.44 1:01.74 1:08.05		44.01		

Men 70-74 50 Yard Freestyle

1	Clark, Jerry	71	North Carolina Masters Swimmin-	28.75	27.52
2	Robertson, William	72	Team Greenville Masters-55	33.50	30.28
3	Morvay, Rudolf	71	North Carolina Masters Swimmin-	36.92	45.53

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 70-74 100 Yard Freestyle**

1	Clark, Jerry	71	North Carolina Masters Swimmin-	1:01.00	1:02.63
	29.78 32.85				
2	Robertson, William	72	Team Greenville Masters-55	1:05.00	1:09.02
	33.01 36.01				

Men 70-74 200 Yard Freestyle

1	Clark, Jerry	71	North Carolina Masters Swimmin-	2:18.00	2:20.38
	32.30 35.62 36.42		36.04		
2	Robertson, William	72	Team Greenville Masters-55	3:02.84	2:43.92
	36.87 41.24 42.79		43.02		

Men 70-74 500 Yard Freestyle

1	Clark, Jerry	71	North Carolina Masters Swimmin-	6:50.00	6:43.53
	37.62 39.98 40.98		40.77 41.00 40.20 40.60 41.33		
	41.14 39.91				

Men 70-74 50 Yard Backstroke

1	Clark, Jerry	71	North Carolina Masters Swimmin-	42.00	40.78
2	Morvay, Rudolf	71	North Carolina Masters Swimmin-	45.73	49.56

Men 70-74 100 Yard Backstroke

1	Robertson, William	72	Team Greenville Masters-55	1:45.00	1:33.12
	44.38 48.74				
2	Morvay, Rudolf	71	North Carolina Masters Swimmin-	1:47.35	1:48.88
	52.26 56.62				

Men 70-74 200 Yard Backstroke

1	Robertson, William	72	Team Greenville Masters-55	3:45.00	3:39.87
	49.73 56.21 57.47		56.46		

Men 70-74 50 Yard Breaststroke

1	Clark, Jerry	71	North Carolina Masters Swimmin-	40.00	38.96
2	Morvay, Rudolf	71	North Carolina Masters Swimmin-	NT	48.60

Men 70-74 100 Yard Breaststroke

1	Morvay, Rudolf	71	North Carolina Masters Swimmin-	1:46.18	1:46.64
	50.47 56.17				

Men 70-74 200 Yard Breaststroke

1	Morvay, Rudolf	71	North Carolina Masters Swimmin-	3:38.72	4:02.67
	53.42 1:02.84 1:04.89		1:01.52		

Men 70-74 50 Yard Butterfly

1	Robertson, William	72	Team Greenville Masters-55	35.00	39.73
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Men 70-74 100 Yard IM

1	Robertson, William	72	Team Greenville Masters-55	1:30.00	1:29.46
	42.13 47.33				
2	Morvay, Rudolf	71	North Carolina Masters Swimmin-	1:44.36	1:58.90
	58.90 1:00.00				

Men 70-74 200 Yard IM

---	Robertson, William	72	Team Greenville Masters-55	3:50.00	DQ
	49.79 1:02.33 58.40		1:03.31		

Men 75-79 50 Yard Freestyle

1	Stoltz, Irwin	79	Georgia Masters-45	38.00	36.25
2	DePaul, Donald	75	North Carolina Masters Swimmin-	1:05.00	59.21

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 75-79 100 Yard Freestyle**

1	Stoltz, Irwin	79	Georgia Masters-45	1:25.00	1:29.00
	43.06 45.94				
2	DePaul, Donald	75	North Carolina Masters Swimmin-	2:20.00	2:10.57
	59.89 1:10.68				

Men 75-79 200 Yard Freestyle

1	Mitchell, Clarke	76	Asheville Masters Swimming-13	3:00.00	2:45.63
	37.24 42.66 44.32		41.41		
2	Stoltz, Irwin	79	Georgia Masters-45	2:55.00	3:00.04
	40.12 44.63 46.39		48.90		

Men 75-79 500 Yard Freestyle

1	Mitchell, Clarke	76	Asheville Masters Swimming-13	10:00.00	7:45.26
	40.02 44.90 47.22		48.41 49.19 48.31 48.34 49.04		
	45.65 44.18				
2	Stoltz, Irwin	79	Georgia Masters-45	7:55.00	8:01.11
	43.51 46.13 49.49		49.15 48.89 49.60 48.67 49.05		
	48.89 47.73				

Men 75-79 1000 Yard Freestyle

---	Mitchell, Clarke	76	Asheville Masters Swimming-13	20:00.00	NS
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Men 75-79 1650 Yard Freestyle

1	Stoltz, Irwin	79	Georgia Masters-45	29:00.00	27:59.95
	43.55 48.28 50.13		49.62 50.38 50.18 51.20 51.37		
	51.30 52.04 51.81		51.63 51.69 51.58 51.18 51.78		
	52.03 52.02 51.97		51.55 51.53 51.90 51.34 51.53		
	51.69 51.77 51.35		51.41 50.58 51.15 50.77 51.35 48.29		
2	DePaul, Donald	75	North Carolina Masters Swimmin-	50:00.00	45:08.76
	1:12.55 1:20.18 1:21.43		1:12.76 1:22.68 1:14.14 1:26.02 1:14.97		
	1:22.61 1:12.84 1:24.99		1:16.00 1:27.73 1:21.65 2:42.47 1:12.28		
	1:26.12 1:13.36 1:25.82		1:15.50 1:26.19 1:14.21 1:26.40 1:13.63		
	1:25.44 1:16.77 1:25.83		1:15.79 1:26.11 1:14.34 1:25.75 1:16.43 1:15.77		

Men 75-79 50 Yard Backstroke

1	DePaul, Donald	75	North Carolina Masters Swimmin-	1:45.00	1:25.60
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Men 75-79 100 Yard Backstroke

1	Mitchell, Clarke	76	Asheville Masters Swimming-13	1:30.00	1:21.33
	39.74 41.59				

Men 75-79 50 Yard Breaststroke

1	DePaul, Donald	75	North Carolina Masters Swimmin-	1:20.00	1:36.79
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Men 75-79 50 Yard Butterfly

1	DePaul, Donald	75	North Carolina Masters Swimmin-	1:45.00	1:25.89
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Men 75-79 100 Yard Butterfly

1	DePaul, Donald	75	North Carolina Masters Swimmin-	2:45.00	3:22.47
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Men 75-79 100 Yard IM

1	DePaul, Donald	75	North Carolina Masters Swimmin-	2:45.00	3:10.77
	1:25.92 1:44.85				

Men 75-79 200 Yard IM

1	Mitchell, Clarke	76	Asheville Masters Swimming-13	3:00.00	3:03.32
	38.29 48.35 53.62		43.06		
---	Stoltz, Irwin	79	Georgia Masters-45	3:50.00	NS

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 85-89 50 Yard Freestyle**

---	Scherbarth, James	85	North Carolina Masters Swimmin-	47.53						NS
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Men 85-89 500 Yard Freestyle

1	Larson, E Ole	87	Ncmsncms					10:38.32		10:40.04	
				54.60	1:02.01	1:04.38	1:05.02	1:06.09	1:05.68	1:06.42	1:06.90
				1:06.19	1:02.75						

Men 85-89 1000 Yard Freestyle

1	Larson, E Ole	87	Ncmsncms					21:13.33		21:17.10
				56.53	1:02.68	1:04.27	3:14.61		3:13.22	2:04.23

Men 85-89 50 Yard Backstroke

---	Scherbarth, James	85	North Carolina Masters Swimmin-	58.53						NS
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Men 85-89 100 Yard Backstroke

---	Scherbarth, James	85	North Carolina Masters Swimmin-	2:21.05						NS
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Men 85-89 200 Yard Backstroke

---	Scherbarth, James	85	North Carolina Masters Swimmin-	5:04.61						NS
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Men 85-89 50 Yard Breaststroke

1	Larson, E Ole	87	Ncmsncms					1:01.42		1:06.70
---	Scherbarth, James	85	North Carolina Masters Swimmin-	1:12.39						NS

Men 85-89 100 Yard Breaststroke

1	Scherbarth, James	85	North Carolina Masters Swimmin-	2:45.01						1:37.30
				46.29	51.01					
2	Larson, E Ole	87	Ncmsncms	2:25.16						2:22.83
				1:07.61	1:15.22					

Men 85-89 200 Yard Breaststroke

1	Larson, E Ole	87	Ncmsncms	4:58.62						5:04.59
				1:08.23	1:18.69	1:19.54	1:18.13			

Men 85-89 100 Yard IM

---	Scherbarth, James	85	North Carolina Masters Swimmin-	2:25.50						NS
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2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Women 18+ 200 Yard Freestyle Relay**

1	North Carolina Masters Swim	A		1:55.00	1:56.97
	1) Proud, Jessica W27	2) Fritchie, Karen W31		3) Fischer, Amy W22	4) Williams, Heidi W39
	32.76	28.13	28.03	28.05	
2	North Carolina Masters Swim	A		NT	2:08.31
	1) Bear, Shelley W41	2) Vogel, Melissa W27		3) Koontz, Lani W26	4) Walker, Sarah W20
	31.43	15.88	51.55	29.45	

Women 18+ 200 Yard Medley Relay

1	North Carolina Masters Swim	A		1:16.00	2:11.93
	1) Proud, Jessica W27	2) Fritchie, Karen W31		3) Fischer, Amy W22	4) Williams, Heidi W39
	33.87	33.84	36.04	28.18	
2	North Carolina Masters Swim	A		NT	2:18.51
	1) Braun, Erika W36	2) Hawley, Kate W28		3) Cheetham, Meredith W22	4) Angermeier, Mary W24
	29.30	42.15	32.62	34.44	
3	North Carolina Masters Swim	A		NT	2:22.93
	1) Vogel, Melissa W27	2) Bear, Shelley W41		3) Walker, Sarah W20	4) Koontz, Lani W26
	46.43	35.28	30.01	31.21	

Women 25+ 200 Yard Freestyle Relay

1	North Carolina Masters Swim	A		NT	1:58.20
	1) Alston, Anne W40	2) Pollock, Julia W28		3) Rogers, Eugenia (Jennie W54)	4) Battle, Ruth W46
	27.17	28.74	35.78	26.51	

Women 25+ 200 Yard Medley Relay

1	North Carolina Masters Swim	A		NT	2:14.88
	1) Rogers, Eugenia (Jennie W52)	2) Pollock, Julia W28		3) Battle, Ruth W46	4) Alston, Anne W40
	40.44	35.77	29.95	28.72	
2	Team Greenville Masters-55	A		NT	2:36.11
	1) Fahnlone, Kathryn W45	2) Mendez, Katie W25		3) Wingerter, Pamela W64	4) Long, Ashley W27
	47.91	43.50	34.98	29.72	

Women 35+ 200 Yard Freestyle Relay

1	Charleston Family YMCA-12	A		1:58.80	2:08.93
	1) Hamilton, April W41	2) Self, Tracy W53		3) Adams, Martita W50	4) St Jean, Rebecca W38
	29.51	37.92	32.42	29.08	

Women 35+ 200 Yard Medley Relay

1	Charleston Family YMCA-12	A		2:38.00	2:30.52
	1) Adams, Martita W50	2) St Jean, Rebecca W38		3) Hamilton, April W41	4) Self, Tracy W53
	36.48	42.98	33.33	37.73	
---	North Carolina Masters Swim	A		2:17.00	NS
	1) Dore, Mary W45	2) Sanford, Cindy W44		3) Gillman, Regina W43	4) Roberts, Connie W41

Women 45+ 200 Yard Medley Relay

1	North Carolina Masters Swim	B		2:20.00	2:28.16
	1) Starnes, Rebecca W55	2) Airheart, Susan W50		3) Casey, Peg W56	4) Roeth, Cynthia W47
	39.00	44.66	32.31	32.19	

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Men 18+ 200 Yard Freestyle Relay**

1	North Carolina Masters Swim	A		1:35.29	1:33.88
	1) Thompson, Jeff M24	2) Black, Kevin M25		3) Gentile, Anthony M25	4) Black, Douglas M25
	24.37	23.78	22.83	22.90	

Men 18+ 200 Yard Medley Relay

1	North Carolina Masters Swim	A		NT	1:45.34
	1) Black, Douglas M25	2) Black, Kevin M25		3) Gentile, Anthony M25	4) Thompson, Jeff M24
	27.27	29.87	24.86	23.34	
2	Wilmington-NC	A		NT	1:50.83
	1) Pletcher, Todd M38	2) Carmine, Jay M31		3) Wisthoff, Matthew M23	4) Midgett, Todd M31
	26.83	30.93	25.95	27.12	

Men 25+ 200 Yard Freestyle Relay

1	Wilmington-NC	A		1:40.00	1:39.71
	1) Midgett, Todd M31	2) Carmine, Jay M31		3) Vierling, Eric M30	4) Pletcher, Todd M38
	24.61	26.45	26.13	22.52	
2	North Carolina Masters Swim	A		1:42.00	1:42.54
	1) Miller, Christopher M27	2) Parr, Derek M34		3) Mask, Jason M33	4) Caruth, Joseph M27
	25.57	28.00	25.58	23.39	
3	North Carolina Masters Swim	A		NT	1:47.63
	1) Faro, Aaron M27	2) Susong, Matt M27		3) Nino-Acosta, Hernan M32	4) Blake, Thomas M40
	29.81	27.81	26.47	23.54	
4	North Carolina Masters Swim	A		NT	1:49.16
	1) Harper, Gregory M36	2) Glass, Ernie M59		3) Shue, Billy M25	4) Phillips, John M M51
	24.71	24.92	26.07	33.46	
---	Georgia Masters-45	A		2:15.00	NS
	1) Joyce, Sean M27	2) Breen, James M47		3) Zeigler, John M63	4) Leen, Walter M66

Men 25+ 200 Yard Medley Relay

1	North Carolina Masters Swim	A		1:52.00	1:54.92
	1) Miller, Christopher M27	2) Parr, Derek M34		3) Mask, Jason M33	4) Caruth, Joseph M27
	26.94	31.60	30.99	25.39	
2	North Carolina Masters Swim	A		NT	2:03.10
	1) Johnson, Steven M48	2) Wind, Thys M32		3) Su, Billy M34	4) Holshouser, Boyce Jay M46
	32.13	31.19	29.52	30.26	
3	North Carolina Masters Swim	A		NT	2:21.76
	1) Blake, Thomas M40	2) Terada, Scott M39		3) Nino-Acosta, Hernan M32	4) Holbrook, Russell M57
	32.71	46.76	32.70	29.59	
---	North Carolina Masters Swim	B		1:48.00	NS
	1) Bathazi, Istvan M30	2) Mikrut, Joel M26		3) Ferris, Michael M31	4) Squires, Jacob M27

Men 35+ 200 Yard Freestyle Relay

1	North Carolina Masters Swim	A		1:37.00	1:30.39
	1) Murray, Jeff M39	2) Butcher, Rob M36		3) Brewick, Noel M40	4) Schultz, Norman M43
	22.78	22.54	22.46	22.61	

Men 35+ 200 Yard Medley Relay

1	North Carolina Masters Swim	A		1:44.00	1:43.28
	1) Murray, Jeff M39	2) Butcher, Rob M36		3) Andersen, Morten M38	4) Schultz, Norman M43
	28.48	27.43	24.74	22.63	
2	North Carolina Masters Swim	C		1:47.00	1:50.86
	1) Smith, Stratton M44	2) Brewick, Noel M40		3) Pistorio, Anthony M43	4) Robling, Steve M38
	31.52	29.08	26.04	24.22	
3	North Carolina Masters Swim	D		1:49.00	1:52.87
	1) Davis, William M41	2) Finn, John M40		3) Hunter, Ralph M39	4) Jewett, Russell M42
	29.93	30.08	26.00	26.86	

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Men 35+ 200 Yard Medley Relay)**

4	Team Greenville Masters-55	A		NT	1:56.27
	1) Dudley, Thomas M42	2) Stuart, Steven M40	3) Gantt, Rick M41	4) Long, Douglas M55	
	32.17	31.31	27.05	25.74	

Men 45+ 200 Yard Medley Relay

---	Georgia Masters-45	A		2:40.00	NS
	1) Zeigler, John M63	2) Breen, James M47	3) Stoltz, Irwin M79	4) Leen, Walter M66	

Men 55+ 200 Yard Freestyle Relay

1	Charleston Family YMCA-12	A		1:52.00	1:53.86
	1) Boder, Robert M57	2) Wilson, Robin M66	3) Turnbull, David M55	4) Self, Howard M55	
	29.76	31.06	26.83	26.21	

Men 55+ 200 Yard Medley Relay

1	Charleston Family YMCA-12	A		2:17.50	2:12.92
	1) Turnbull, David M55	2) Boder, Robert M57	3) Self, Howard M55	4) Wilson, Robin M66	
	33.38	37.09	31.09	31.36	
---	North Carolina Masters Swim	A		NT	NS
	1) Sesler, Richard M59	2) Britt, James M62	3) White, Bernard M65	4) Glass, Ernie M59	
---	North Carolina Masters Swim	E		2:06.00	NS
	1) McDonald, Mike M64	2) Fumi, Leonard M59	3) Rensink, Rick M56	4) Calandro, James M62	

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****Mixed 18+ 200 Yard Freestyle Relay**

1	North Carolina Masters Swim	A	1:55.00	1:50.03
	1) Cheetham, Meredith W22	2) Su, Billy M34	3) Holshouser, Boyce Jay M46	4) Braun, Erika W36
	28.70	30.38	25.92	25.03
2	North Carolina Masters Swim	B	1:55.00	1:54.24
	1) Mask, Jason M33	2) Fischer, Amy W22	3) Davis, Matthew M36	4) Proud, Jessica W27
	33.31	27.38	24.63	28.92
3	Charleston Family YMCA-12	A	1:52.00	1:54.46
	1) Hamilton, April W41	2) Boder, Robert M57	3) St Jean, Rebecca W38	4) St Jean, Rob M40
	32.48	29.07	29.10	23.81
4	Burlingame Aquatic Club-38	A	NT	1:55.39
	1) Hardison, Kathleen W50	2) Ruebel, Deb W52	3) Bowker, Chris M25	4) Calvert, Owen M35
	32.58	35.87	23.46	23.48
5	North Carolina Masters Swim	A	NT	1:59.33
	1) Blake, Thomas M40	2) Bear, Shelley W41	3) Walker, Sarah W20	4) Nino-Acosta, Hernan M32
	25.84	32.23	31.77	29.49
---	North Carolina Masters Swim	Q	NT	X2:13.62
	43.11	34.40	29.90	26.21

Mixed 18+ 200 Yard Medley Relay

1	North Carolina Masters Swim	A	NT	2:07.75
	1) Faro, Aaron M27	2) Vogel, Melissa W27	3) Walker, Sarah W20	4) Bear, Shelley W41
	33.86	34.71	35.71	23.47
2	North Carolina Masters Swim	C	2:13.00	2:11.61
	1) Caruth, Joseph M27	2) Fritchie, Karen W31	3) Fischer, Amy W22	4) Mask, Jason M33
	33.26	33.86	36.24	28.25
3	North Carolina Masters Swim	A	NT	2:22.71
	1) Johnson, Steven M48	2) Fletcher, Doug M66	3) Cheetham, Meredith W22	4) Angermeier, Mary W24
	33.70	40.58	33.41	35.02
---	North Carolina Masters Swim	F	2:02.00	NS
	1) Mikrut, Joel M26	2) Allen, Kristen W23	3) Ferris, Michael M31	4) Gangloff, Karen W26

Mixed 25+ 200 Yard Freestyle Relay

1	North Carolina Masters Swim	A	1:45.00	1:44.61
	1) Parr, Derek M34	2) Fritchie, Karen W31	3) Williams, Heidi W39	4) Miller, Christopher M27
	25.73	27.91	27.86	23.11
2	North Carolina Masters Swim	A	NT	1:47.08
	1) Curtis, Russ M42	2) Pollock, Julia W28	3) Battle, Ruth W46	4) Hartley, Larry M49
	25.21	27.25	27.55	27.07

Mixed 25+ 200 Yard Medley Relay

1	North Carolina Masters Swim	B	2:04.00	1:57.29
	1) Miller, Christopher M27	2) Parr, Derek M34	3) Proud, Jessica W27	4) Williams, Heidi W39
	33.37	31.53	24.41	27.98
2	North Carolina Masters Swim	A	1:56.00	1:58.41
	1) Squires, Jacob M27	2) Lawrence, Kari W27	3) Bathazi, Istvan M30	4) Potochnik, Sarah W25
	28.89	35.53	24.04	29.95
3	North Carolina Masters Swim	B	NT	2:04.11
	1) Braun, Erika W36	2) Holshouser, Boyce Jay M46	3) Su, Billy M34	4) Hawley, Kate W28
	29.44	35.01	28.48	31.18
4	Team Greenville Masters-55	A	NT	2:08.83
	1) Long, Douglas M55	2) Stuart, Steven M40	3) Mendez, Katie W25	4) Long, Ashley W27
	31.71	32.28	35.01	29.83
5	North Carolina Masters Swim	A	NT	2:09.48
	1) Higgins, Nicole W25	2) Fisher, Barbie W49	3) Arnholt, Alan M45	4) Miller, Richard M54
	33.65	34.40	34.80	26.63

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results****(Mixed 25+ 200 Yard Medley Relay)**

6	Burlingame Aquatic Club-38	A		2:55.00	2:20.40
	1) Bowker, Chris M25	2) Mensh, Reedy W35	3) Ruebel, Deb W52	4) Dunn, Chris M33	
	28.99	41.25	43.91	26.25	
7	North Carolina Masters Swim	A		2:00.00	2:35.43
	1) Hovey, Mary Anna W65	2) Eudailey, Joshua M26	3) Davis, Matthew M36	4) Kennedy, Katie W28	
	51.01	41.14	29.62	33.66	
---	Wilmington-NC	A		NT	X1:58.38
	1) Pletcher, Todd M38	2) Vierling, Eric M30	3) Carmine, Jay M31	4) Uhl, Alicia W32	
	28.70	35.30	28.26	26.12	
---	North Carolina Masters Swim	B		NT	X2:15.71
	1) Koontz, Lani W26	2) Holbrook, Russell M57	3) Nino-Acosta, Hernan M32	4) Blake, Thomas M40	
	33.26	37.72	33.59	31.14	

Mixed 35+ 200 Yard Freestyle Relay

1	North Carolina Masters Swim	B		NT	1:59.24
	1) Vogel, Melissa W27	2) Susong, Matt M27	3) Faro, Aaron M27	4) Koontz, Lani W26	
	28.70	32.02	36.18	22.34	

Mixed 35+ 200 Yard Medley Relay

1	North Carolina Masters Swim	A		2:00.00	1:54.20
	1) Lane, Will M37	2) Lane, Tanya W37	3) Holland, Amy W37	4) Parrish, Christopher M38	
	26.15	32.37	28.13	27.55	
2	North Carolina Masters Swim	D		1:58.00	2:02.23
	1) Gillman, Regina W43	2) Butcher, Rob M36	3) Andersen, Morten M38	4) Roberts, Connie W41	
	36.40	15.33	37.84	32.66	
3	North Carolina Masters Swim	A		NT	2:03.81
	1) Alston, Anne W40	2) Curtis, Russ M42	3) Wolfe, Bill M51	4) Battle, Ruth W46	
	35.11	32.20	29.83	26.67	
4	Charleston Family YMCA-12	A		NT	2:17.26
	1) Hamilton, April W41	2) St Jean, Rebecca W38	3) St Jean, Rob M40	4) Wilson, Robin M66	
	27.84	43.49	34.37	31.56	
5	Team Greenville Masters-55	B		NT	2:38.57
	1) Williamson, Cile W53	2) Stone, Jeff M57	3) Gantt, Rick M41	4) Wingerter, Pamela W64	
	57.91	38.12	27.62	34.92	

Mixed 45+ 200 Yard Freestyle Relay

1	Charleston Family YMCA-12	B		1:51.90	2:00.48
	1) Adams, Martita W50	2) Self, Tracy W53	3) Lucas, Jeff M51	4) Self, Howard M55	
	29.89	38.12	16.43	36.04	

Mixed 45+ 200 Yard Medley Relay

1	Charleston Family YMCA-12	B		NT	2:26.49
	1) Turnbull, David M55	2) Lucas, Jeff M51	3) Adams, Martita W50	4) Self, Tracy W53	
	34.02	41.95	33.45	37.07	
2	North Carolina Masters Swim	A		NT	2:52.31
	1) Doyle, G. Mark M49	2) Van Meeteren, Greta W62	3) Van Meeteren, Hans M64	4) Klotz, Camille W63	
	30.05	47.22	43.71	51.33	
---	North Carolina Masters Swim	C		2:08.00	NS
	1) White, Jay M48	2) Airheart, Susan W50	3) Dore, Mary W45	4) Smith, Jeffrey M45	

Mixed 55+ 200 Yard Medley Relay

---	North Carolina Masters Swim	E		2:26.00	NS
	1) McDonald, Mike M64	2) Starnes, Rebecca W55	3) Casey, Peg W56	4) Calandro, James M62	

Combined Team Scores - Through Event 38

1.	North Carolina Masters Swimmin	1559.5	2.	Charleston Family YMCA	668
3.	North Carolina Masters Swimmin	574	4.	Team Greenville Masters	504
5.	North Carolina Masters Swimmin	482	6.	North Carolina Masters Swimmin	391
7.	North Carolina Masters Swimmin	384	8.	North Carolina Masters Swimmin	349.5

2009 Sunbelt Championship Meet - 1/24/2009 to 1/25/2009**Results**

9. Unattached	279	10. North Carolina Masters Swimmin	275
11. North Carolina Masters Swimmin	260	12. Wilmington	219
13. North Carolina Masters Swimmin	213	14. Georgia Masters	204
15. Burlingame Aquatic Club	190	16. North Carolina Masters Swimmin	117
17. Virginia Masters Swim Team	113	18. North Carolina Masters Swimmin	97
19. North Carolina Masters Swimmin	84	20. North Carolina Masters Swimmin	74
21. Nemsncms	69	22. Nemsunat	61
22. Movy Masters	61	24. Atlanta Water Jocks	54
25. Charlotte SwimMasters	47	26. Asheville Masters Swimming	36
27. North Carolina Masters Swimmin	28	28. Grand Strand Masters Swimming	26
29. North Carolina Masters Swimmin	25	30. North Carolina Masters Swimmin	17
31. North Carolina Masters Swimmin	9	31. Coluunat	9
33. Middle Tennessee Masters Swim	6		