

**One Hour Postal 2011 USMS National Championship:
LMSC Participants**

Age Group	Gender	Name	Club
18-24	Women	Meredith Tomblin	FSYM
25-29	Men	James Sawyers	FSYM
30-34	Men	David Helton	FSYM
40-44	Men	Chris Brown	FSYM
45-49	Women	Mary Parham	FSYM
45-49	Women	Charity McDaniel	FSYM
45-49	Women	Amy Olinger	FSYM
50-54	Women	Deborah Lutz	FSYM
50-54	Women	Lee Hunter	FSYM
65-69	Men	Charles Orrock	FSYM
40-44	Men	Ken McCrery	HOKI
25-29	Men	Craig Charley	RCA
40-44	Women	Julie Woodzicka	RCA
40-44	Women	Mollie Calomeris	RCA
25-29	Women	Andrea Miller	UNAT
40-44	Women	Anne Keopfinger	UNAT
45-49	Women	Laura Jones	UNAT
60-64	Women	Cheryl Ptak	UNAT
45-49	Men	Rob Jones	UNAT
25-29	Women	Amy Charley	VMST
25-29	Women	Claire Russo	VMST
25-29	Women	Elizabeth Cohen	VMST
30-34	Women	Elizabeth Serre	VMST
30-34	Men	Brad Foster	VMST
35-39	Women	Andrea Latell	VMST
40-44	Women	Carolyn Alsup	VMST
40-44	Men	John Mark Serre	VMST
45-49	Women	Charlotte Hollings	VMST
45-49	Women	Nancy Speer	VMST
45-49	Women	Carolyn Mullaney	VMST
50-54	Women	Mary Ann Peterson	VMST
50-54	Women	Betsy Goode	VMST
55-59	Women	Shirley Loftus-Charley	VMST
55-59	Women	Patricia Sikora	VMST
60-64	Men	John Shrum	VMST
60-64	Men	Stanley Mushaw	VMST
65-69	Women	Susan Marens	VMST
65-69	Men	Frank Miller	VMST
70-74	Women	Kathleen Broderick	VMST
70-74	Men	Dietrich Bolz	VMST
80-84	Women	Terry Sokolik	VMST
85-89	Women	Marianna Berkley	VMST
35-39	Men	Mike King	WAVA