

**Two-For-One Invitational Long Course - 8/3/2013**  
**Results - Two for One Invitational - 50 meter Long Course**

**Women 25-29 50 LC Meter Freestyle**

1	Buki, Alison	27	NCYM-PV	31.26
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**Women 25-29 50 LC Meter Backstroke**

1	Buki, Alison	27	NCYM-PV	39.66
2	Dennison, Laura	29	NEM-NE	1:14.81

**Women 25-29 100 LC Meter Backstroke**

1	Dennison, Laura	29	NEM-NE	2:38.90
				1:21.13    2:38.90

**Women 25-29 50 LC Meter Breaststroke**

1	Dennison, Laura	29	NEM-NE	1:22.44
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**Women 25-29 50 LC Meter Butterfly**

1	Buki, Alison	27	NCYM-PV	34.29
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**Women 30-34 50 LC Meter Freestyle**

1	Podlasek, Josephine	30	NAMI-PV	37.92
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**Women 30-34 100 LC Meter Freestyle**

1	Russo, Claire	30	VMST-VA	1:07.88
				33.10    1:07.88

**Women 30-34 200 LC Meter Freestyle**

1	Russo, Claire	30	VMST-VA	2:30.47
				35.79    1:13.68    1:53.11    2:30.47

**Women 30-34 100 LC Meter Backstroke**

1	Russo, Claire	30	VMST-VA	1:19.05
				38.65    1:19.05

**Women 30-34 50 LC Meter Breaststroke**

1	Russo, Claire	30	VMST-VA	39.88
2	Podlasek, Josephine	30	NAMI-PV	46.42

**Women 35-39 50 LC Meter Backstroke**

1	Limke, Tobi	38	NBAC-MD	35.30
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**Women 35-39 100 LC Meter Backstroke**

1	Limke, Tobi	38	NBAC-MD	1:14.51
				36.13    1:14.51

**Women 35-39 200 LC Meter Backstroke**

1	Limke, Tobi	38	NBAC-MD	2:38.96
				37.54    1:16.87    1:58.83    2:38.96

**Women 40-44 50 LC Meter Backstroke**

1	Postma, Terri	44	UNAT-PV	46.70
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**Women 40-44 200 LC Meter Breaststroke**

1	Postma, Terri	44	UNAT-PV	3:35.62
				49.69    1:44.75    2:40.02    3:35.62

**Women 40-44 50 LC Meter Butterfly**

1	Postma, Terri	44	UNAT-PV	43.72
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**Women 40-44 100 LC Meter Butterfly**

1	Postma, Terri	44	UNAT-PV	1:41.71
				47.87    1:41.71

**Women 40-44 200 LC Meter Butterfly**

1	Postma, Terri	44	UNAT-PV	3:36.07
				48.17    1:43.90    2:39.12    3:36.07

**Women 45-49 50 LC Meter Breaststroke**

1	Groves, Lisa	48	MACH-PV	40.59
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**Women 45-49 100 LC Meter Breaststroke**

1	Groves, Lisa	48	MACH-PV	1:35.36
				46.66    1:35.36

**Women 45-49 200 LC Meter Breaststroke**

1	Groves, Lisa	48	MACH-PV	3:22.18
				42.45    1:33.70    2:26.88    3:22.18

**Women 45-49 50 LC Meter Butterfly**

1	Williams, Susan	47	ANCM-PV	30.33
2	Blumenthal, Pamela	46	ANCM-PV	43.94

**Women 45-49 200 LC Meter IM**

1	Blumenthal, Pamela	46	ANCM-PV	3:33.94
				48.49    1:44.99    2:44.17    3:33.94

**Women 50-54 200 LC Meter Freestyle**

1	Zimic, Deborah	51	MARY-MD	2:40.76
				37.11    1:17.93    2:00.23    2:40.76

**Women 50-54 200 LC Meter IM**

1	Zimic, Deborah	51	MARY-MD	2:58.01
				38.44    1:25.58    2:18.54    2:58.01

**Women 55-59 50 LC Meter Freestyle**

1	Corbett, Alice	55	SUNF-VA	39.25
2	Brudvig, Deborah	56	UNAT-PV	45.05

**Women 55-59 100 LC Meter Freestyle**

1	Brudvig, Deborah	56	UNAT-PV	1:42.68
				49.17    1:42.68

**Women 55-59 200 LC Meter Freestyle**

1	Davidson, Michele	56	SUNF-VA	3:21.22
				45.25    1:36.94    2:30.05    3:21.22

**Women 55-59 100 LC Meter Backstroke**

1	Davidson, Michele	56	SUNF-VA	2:03.27
				59.78    2:03.27

**Women 55-59 200 LC Meter Backstroke**

1	Corbett, Alice	55	SUNF-VA	3:44.14
				55.26    1:51.98    2:50.30    3:44.14

**Women 55-59 50 LC Meter Breaststroke**

1	Brudvig, Deborah	56	UNAT-PV	54.66
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**Women 55-59 200 LC Meter IM**

1	Corbett, Alice	55	SUNF-VA	3:38.21
				49.56    1:48.68    2:51.62    3:38.21
2	Davidson, Michele	56	SUNF-VA	4:01.54
				58.72    2:04.10    3:11.80    4:01.54

**Women 60-64 50 LC Meter Backstroke**

1	Craffey, Joan	60	AGUA-MR	41.38
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**Women 60-64 100 LC Meter Backstroke**

1	Craffey, Joan	60	AGUA-MR	1:28.21
				43.25    1:28.21

**Two-For-One Invitational Long Course - 8/3/2013**  
**Results - Two for One Invitational - 50 meter Long Course**

**Women 60-64 200 LC Meter Backstroke**

1	Craffey, Joan	60	AGUA-MR	3:05.66
	45.15	1:32.04	2:20.44	3:05.66

**Women 60-64 200 LC Meter IM**

1	Craffey, Joan	60	AGUA-MR	3:12.33
	44.98	1:32.16	2:28.26	3:12.33

**Women 65-69 200 LC Meter Backstroke**

1	Pettijohn, Margot	67	ANCM-PV	3:40.71
	51.80	1:47.09	2:46.62	3:40.71

**Women 65-69 50 LC Meter Butterfly**

1	Pettijohn, Margot	67	ANCM-PV	42.26
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**Women 65-69 200 LC Meter Butterfly**

1	Pettijohn, Margot	67	ANCM-PV	3:47.78
	47.57	1:45.60	2:45.01	3:47.78

**Women 70-74 50 LC Meter Freestyle**

1	Decarli, Carmen	73	GMUP-PV	55.01
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**Women 70-74 100 LC Meter Backstroke**

1	Decarli, Carmen	73	GMUP-PV	2:24.38
	1:10.15	2:24.38		

**Women 80-84 100 LC Meter Freestyle**

1	Francis, Lesley	82	VMST-VA	2:09.27
	1:02.46	2:09.27		

**Women 80-84 200 LC Meter Freestyle**

1	Francis, Lesley	82	VMST-VA	4:37.27
	1:07.06	2:17.56	3:28.95	4:37.27

**Men 18-24 50 LC Meter Freestyle**

1	Sturm, Zachary	20	IRM-IN	26.85
2	Bain, Nathan	24	Unat-VA	29.94

**Men 18-24 100 LC Meter Freestyle**

1	Sturm, Zachary	20	IRM-IN	1:02.86
	29.55	1:02.86		
2	Bain, Nathan	24	Unat-VA	1:12.69
	33.02	1:12.69		

**Men 18-24 200 LC Meter Freestyle**

1	Sturm, Zachary	20	IRM-IN	2:19.94
	32.59	1:08.12	1:45.94	2:19.94

**Men 18-24 50 LC Meter Backstroke**

1	Bain, Nathan	24	Unat-VA	39.48
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**Men 18-24 50 LC Meter Breaststroke**

1	Sturm, Zachary	20	IRM-IN	38.66
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**Men 18-24 50 LC Meter Butterfly**

1	Sturm, Zachary	20	IRM-IN	29.67
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**Men 25-29 50 LC Meter Freestyle**

1	Walker, David	27	NAMI-PV	35.15
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**Men 25-29 100 LC Meter Freestyle**

1	Leon, Roberto	28	UNAT-PV	1:04.35
	30.94	1:04.35		

**Men 25-29 100 LC Meter Backstroke**

1	Leon, Roberto	28	UNAT-PV	1:11.83
	34.29	1:11.83		

**Men 25-29 50 LC Meter Breaststroke**

1	McCarren, Charles	28	NCYM-PV	35.50
2	Walker, David	27	NAMI-PV	44.73

**Men 25-29 100 LC Meter Breaststroke**

1	McCarren, Charles	28	NCYM-PV	1:17.61
	36.27	1:17.61		

**Men 25-29 200 LC Meter Breaststroke**

1	McCarren, Charles	28	NCYM-PV	2:48.50
	37.45	1:19.01	2:03.63	2:48.50

**Men 25-29 50 LC Meter Butterfly**

1	Walker, David	27	NAMI-PV	45.10
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**Men 25-29 100 LC Meter Butterfly**

1	Hogan, John	25	VMST-VA	1:01.07
	28.48	1:01.07		

**Men 25-29 200 LC Meter Butterfly**

1	Hogan, John	25	VMST-VA	2:20.82
	29.25	1:03.93	1:40.90	2:20.82

**Men 30-34 50 LC Meter Freestyle**

1	Vera, Arturo	30	NAMI-PV	31.06
2	Khoury, Karim	32	NCYM-PV	31.42

**Men 30-34 100 LC Meter Freestyle**

1	Khoury, Karim	32	NCYM-PV	1:10.82
	33.92	1:10.82		

**Men 30-34 200 LC Meter Freestyle**

1	Khoury, Karim	32	NCYM-PV	2:35.07
	35.48	1:14.76	1:55.99	2:35.07

**Men 30-34 50 LC Meter Backstroke**

1	Ma, Steven	32	SUNF-VA	38.75
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**Men 30-34 100 LC Meter Backstroke**

1	Ma, Steven	32	SUNF-VA	1:20.23
	37.17	1:20.23		

**Men 30-34 50 LC Meter Breaststroke**

1	Vera, Arturo	30	NAMI-PV	34.48
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**Men 30-34 100 LC Meter Breaststroke**

1	Ma, Steven	32	SUNF-VA	1:32.36
	42.75	1:32.36		

**Men 30-34 50 LC Meter Butterfly**

1	Ma, Steven	32	SUNF-VA	34.99
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**Men 30-34 200 LC Meter IM**

1	Ma, Steven	32	SUNF-VA	2:57.96
	37.65	1:24.03	2:15.56	2:57.96

**Men 35-39 50 LC Meter Freestyle**

1	Baldwin, Craig	39	RMST-PV	28.20
2	Miller, Jeffrey	36	NCYM-PV	28.65
3	Hanneschlager, Michael	39	FXCM-PV	28.96

**Two-For-One Invitational Long Course - 8/3/2013**  
**Results - Two for One Invitational - 50 meter Long Course**

**Men 35-39 100 LC Meter Freestyle**

1	Baldwin, Craig	39	RMST-PV	1:01.28
	30.19	1:01.28		
2	Thompson, Jerry	39	SUNF-VA	1:09.53
	31.96	1:09.53		

**Men 35-39 200 LC Meter Freestyle**

1	Baldwin, Craig	39	RMST-PV	2:19.26
	32.32	1:07.52	1:43.92	2:19.26

**Men 35-39 50 LC Meter Backstroke**

1	Nakahodo, Sidney	38	NCYM-PV	31.75
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**Men 35-39 100 LC Meter Backstroke**

1	Nakahodo, Sidney	38	NCYM-PV	1:09.88
	33.28	1:09.88		
2	Romack, Dave	36	Unat-VA	1:12.88
	35.57	1:12.88		

**Men 35-39 200 LC Meter Backstroke**

1	Romack, Dave	36	Unat-VA	2:42.21
	38.82	1:19.04	2:01.92	2:42.21

**Men 35-39 50 LC Meter Breaststroke**

1	Van Der Veen, Dominik	36	GERM-PV	33.99
2	Thompson, Jerry	39	SUNF-VA	40.77
3	Miller, Jeffrey	36	NCYM-PV	41.48

**Men 35-39 100 LC Meter Breaststroke**

1	Van Der Veen, Dominik	36	GERM-PV	1:15.87
	36.08	1:15.87		
2	Thompson, Jerry	39	SUNF-VA	1:33.27
	42.64	1:33.27		

**Men 35-39 200 LC Meter Breaststroke**

1	Van Der Veen, Dominik	36	GERM-PV	2:49.47
	36.91	1:19.24	2:04.13	2:49.47

**Men 35-39 50 LC Meter Butterfly**

1	Hanneschlager, Michael	39	FXCM-PV	33.06
2	Miller, Jeffrey	36	NCYM-PV	33.45

**Men 35-39 200 LC Meter IM**

1	Romack, Dave	36	Unat-VA	2:40.94
	33.56	1:13.83	2:02.75	2:40.94

**Men 40-44 50 LC Meter Freestyle**

1	Gonzales, Francisco	41	NCYM-PV	30.32
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**Men 40-44 100 LC Meter Freestyle**

1	Gonzales, Francisco	41	NCYM-PV	1:14.43
	35.60	1:14.43		

**Men 40-44 200 LC Meter Freestyle**

1	Gonzales, Francisco	41	NCYM-PV	2:43.12
	36.91	1:19.50	2:03.50	2:43.12

**Men 40-44 50 LC Meter Backstroke**

1	Tomson, Farol	42	GERM-PV	40.01
2	Lee, Peter	43	NCYM-PV	45.72

**Men 40-44 50 LC Meter Breaststroke**

1	Sandi, Gustavo	41	GERM-PV	35.41
2	Gonzales, Francisco	41	NCYM-PV	39.32

**Men 40-44 100 LC Meter Breaststroke**

1	Sandi, Gustavo	41	GERM-PV	1:24.74
	39.70	1:24.74		

**Men 40-44 200 LC Meter Breaststroke**

1	Sandi, Gustavo	41	GERM-PV	3:04.52
	39.13	1:24.67	2:14.59	3:04.52

**Men 40-44 50 LC Meter Butterfly**

1	Tomson, Farol	42	GERM-PV	34.08
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**Men 40-44 100 LC Meter Butterfly**

1	Tomson, Farol	42	GERM-PV	1:19.52
	34.54	1:19.52		

**Men 40-44 200 LC Meter Butterfly**

1	Tomson, Farol	42	GERM-PV	3:01.31
	35.80	1:22.86	2:11.15	3:01.31
2	Lee, Peter	43	NCYM-PV	3:59.87
	54.77	1:56.80	2:57.46	3:59.87

**Men 40-44 200 LC Meter IM**

1	Lee, Peter	43	NCYM-PV	3:10.06
	38.67	1:32.10	2:25.61	3:10.06

**Men 45-49 50 LC Meter Freestyle**

1	Clear, Kirk	46	VMST-VA	27.60
2	Toy, Raymond	46	CMYM-MD	32.39

**Men 45-49 100 LC Meter Freestyle**

1	Toy, Raymond	46	CMYM-MD	1:15.92
	36.79	1:15.92		

**Men 45-49 50 LC Meter Backstroke**

1	Clear, Kirk	46	VMST-VA	33.28
2	Toy, Raymond	46	CMYM-MD	43.18

**Men 45-49 100 LC Meter Backstroke**

1	Toy, Raymond	46	CMYM-MD	1:39.37
	48.33	1:39.37		

**Men 45-49 50 LC Meter Butterfly**

1	Clear, Kirk	46	VMST-VA	30.79
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**Men 50-54 50 LC Meter Freestyle**

1	Reynolds, Curt	53	TERR-PV	29.91
2	Burkhardt, Martin	50	WM-MR	34.99

**Men 50-54 100 LC Meter Freestyle**

1	Kress, Jay	50	FXCM-PV	1:08.22
	32.27	1:08.22		
2	Goins, Todd	52	SUNF-VA	1:12.76
	34.01	1:12.76		

**Men 50-54 200 LC Meter Freestyle**

1	Kress, Jay	50	FXCM-PV	2:32.90
	35.51	1:14.52	1:55.88	2:32.90
2	Rumble, Wilson	52	DCAC-PV	2:45.80
	36.40	1:18.07	2:02.28	2:45.80

**Men 50-54 50 LC Meter Backstroke**

1	Kress, Jay	50	FXCM-PV	36.44
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**Two-For-One Invitational Long Course - 8/3/2013**  
**Results - Two for One Invitational - 50 meter Long Course**

**Men 50-54 100 LC Meter Backstroke**

1	Kress, Jay	50	FXCM-PV	1:16.85
				36.62 1:16.85
2	Burkhardt, Martin	50	WM-MR	1:36.72
				48.57 1:36.72

**Men 50-54 200 LC Meter Backstroke**

1	Reynolds, Curt	53	TERR-PV	2:54.08
				41.16 1:24.65 2:10.98 2:54.08

**Men 50-54 50 LC Meter Breaststroke**

1	Kress, Jay	50	FXCM-PV	39.42
2	Goins, Todd	52	SUNF-VA	41.36
3	Blumenthal, Daniel	50	ANCM-PV	47.35

**Men 50-54 100 LC Meter Breaststroke**

1	Burkhardt, Martin	50	WM-MR	1:35.45
				45.90 1:35.45

**Men 50-54 200 LC Meter Breaststroke**

1	Rumble, Wilson	52	DCAC-PV	3:45.35
				49.32 1:46.57 2:46.15 3:45.35

**Men 50-54 200 LC Meter Butterfly**

1	Rumble, Wilson	52	DCAC-PV	3:22.46
				39.10 1:27.33 3:22.46
2	Burkhardt, Martin	50	WM-MR	3:27.44
				45.12 1:38.90 2:33.29 3:27.44

**Men 50-54 200 LC Meter IM**

1	Reynolds, Curt	53	TERR-PV	2:47.88
				34.08 1:18.48 2:09.80 2:47.88
2	Burkhardt, Martin	50	WM-MR	3:07.76
				40.30 1:31.77 2:24.82 3:07.76
3	Rumble, Wilson	52	DCAC-PV	3:11.78
				39.02 1:32.70 2:28.26 3:11.78
4	Blumenthal, Daniel	50	ANCM-PV	3:50.44
				52.55 1:56.49 2:58.48 3:50.44

**Men 55-59 200 LC Meter Freestyle**

1	Stone, Bryan	57	VMST-VA	3:18.46
				44.49 1:36.53 2:29.35 3:18.46

**Men 55-59 50 LC Meter Backstroke**

1	Stone, Bryan	57	VMST-VA	46.93
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**Men 55-59 100 LC Meter Backstroke**

1	Stone, Bryan	57	VMST-VA	1:40.56
				46.79 1:40.56

**Men 55-59 200 LC Meter Backstroke**

1	Stone, Bryan	57	VMST-VA	3:50.61
				52.34 1:50.82 2:51.55 3:50.61

**Men 55-59 50 LC Meter Butterfly**

1	Reider, Pete	58	TERR-PV	30.71
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**Men 55-59 200 LC Meter IM**

1	Stone, Bryan	57	VMST-VA	3:39.83
				50.83 1:47.29 2:51.94 3:39.83

**Men 60-64 50 LC Meter Freestyle**

1	Meyer, Jerry	64	CMYM-MD	36.18
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**Men 60-64 100 LC Meter Freestyle**

1	Meyer, Jerry	64	CMYM-MD	1:31.20
				42.13 1:31.20

**Men 60-64 200 LC Meter Freestyle**

1	Paulson, Laurence	64	RMST-PV	3:20.53
				44.14 1:36.97 2:32.70 3:20.53

**Men 60-64 50 LC Meter Backstroke**

1	Meyer, Jerry	64	CMYM-MD	41.71
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**Men 60-64 200 LC Meter Backstroke**

1	Paulson, Laurence	64	RMST-PV	3:48.06
				55.42 1:54.57 2:53.04 3:48.06

**Men 60-64 200 LC Meter Breaststroke**

1	Paulson, Laurence	64	RMST-PV	4:43.41
				1:05.74 2:17.90 3:33.28 4:43.41

**Men 60-64 200 LC Meter Butterfly**

1	Paulson, Laurence	64	RMST-PV	3:58.83
				49.85 1:52.36 2:59.00 3:58.83

**Men 60-64 200 LC Meter IM**

---	Paulson, Laurence	64	RMST-PV	DQ
				47.62 1:48.10 3:03.12 DQ

**Men 70-74 50 LC Meter Freestyle**

1	Robinson, David	70	GERM-PV	40.52
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**Men 70-74 50 LC Meter Backstroke**

1	Robinson, David	70	GERM-PV	54.19
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**Men 70-74 50 LC Meter Breaststroke**

1	Robinson, David	70	GERM-PV	54.98
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**Men 70-74 50 LC Meter Butterfly**

1	Rolston, Howard	73	GOLD-FG	39.04
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**Men 120-159 200 LC Meter Freestyle Relay**

1	NCYM-PV	A		2:01.93
	1) Nakahodo, Sidney M38	2) Miller, Jeffrey M36		
	3) Khoury, Karim M32	4) McCarren, Charles M28		

**Men 120-159 400 LC Meter Freestyle Relay**

1	NCYM-PV	A		4:52.89
	1) Gonzales, Francisco M41	2) Miller, Jeffrey M36		
	3) Khoury, Karim M32	4) Nakahodo, Sidney M38		
				36.78 1:16.00 1:48.85 2:24.56
				4:15.17 4:52.89

**Men 120-159 200 LC Meter Medley Relay**

2	NCYM-PV	A		2:25.49
	1) Nakahodo, Sidney M38	2) McCarren, Charles M28		
	3) Khoury, Karim M32	4) Miller, Jeffrey M36		
				45.12 1:14.47 2:25.49

**Men 160-199 200 LC Meter Freestyle Relay**

2	GERM-PV	A		2:18.93
	1) Tomson, Farol M42	2) Robinson, David M70		
	3) Sandi, Gustavo M41	4) Van Der Veen, Dominik M36		
				32.91 1:13.97 1:49.82 2:18.93

**Two-For-One Invitational Long Course - 8/3/2013**  
**Results - Two for One Invitational - 50 meter Long Course**

**Men 160-199 400 LC Meter Freestyle Relay**

2	GERM-PV	A		4:56.37
	1) Tomson, Farol M42		2) Robinson, David M70	
	3) Sandi, Gustavo M41		4) Van Der Veen, Dominik M36	
	33.86	1:12.14	1:53.58	2:38.30
	3:12.95	3:50.80	4:22.13	4:56.37

**Men 160-199 200 LC Meter Medley Relay**

1	GERM-PV	A		2:23.46
	1) Robinson, David M70		2) Sandi, Gustavo M41	
	3) Tomson, Farol M42		4) Van Der Veen, Dominik M36	
	47.77	1:10.65	2:23.46	

**Men 160-199 400 LC Meter Medley Relay**

1	GERM-PV	A		6:01.84
	1) Tomson, Farol M42		2) Sandi, Gustavo M41	
	3) Robinson, David M70		4) Van Der Veen, Dominik M36	
	41.56	1:28.49	2:13.70	3:04.00
	3:58.13	4:57.74	6:01.84	

**Mixed 160-199 200 LC Meter Freestyle Relay**

---	SUNF-VA	A		DQ
	1) Davidson, Michele W56		2) Goins, Todd M52	
	3) Corbett, Alice W55		4) Ma, Steven M32	
	53.21	1:10.95	1:52.05	DQ