

**VMST Fall Meet - 11/8/14**  
**Virginia Masters Swim Meet**  
**November 8, 2014**  
**Results - Nov 8, 2014**

**Women 18-24 100 SC Meter Freestyle**

1	Cline, Victoria E	22	UC12-VA	1:16.18
	35.51	1:16.18		

**Women 18-24 200 SC Meter Freestyle**

1	Cline, Victoria E	22	UC12-VA	2:48.36
	35.84	1:18.04	2:04.42	2:48.36

**Women 18-24 50 SC Meter Backstroke**

1	Shepard, Megan	24	VMST-VA	49.56
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**Women 18-24 50 SC Meter Breaststroke**

1	Shepard, Megan	24	VMST-VA	57.47
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**Women 18-24 100 SC Meter Breaststroke**

1	Shepard, Megan	24	VMST-VA	2:08.02
	1:01.24	2:08.02		

**Women 18-24 100 SC Meter Butterfly**

1	Shepard, Megan	24	VMST-VA	1:58.95
	55.34	1:58.95		

**Women 18-24 200 SC Meter IM**

1	Shepard, Megan	24	VMST-VA	3:53.70
	52.33	1:53.81	3:01.21	3:53.70

**Women 25-29 50 SC Meter Freestyle**

1	Aepli, Lauren E	27	VMST-VA	31.13
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**Women 25-29 100 SC Meter Freestyle**

1	Aepli, Lauren E	27	VMST-VA	1:12.97
	33.78	1:12.97		

**Women 25-29 400 SC Meter Freestyle**

1	Aepli, Lauren E	27	VMST-VA	5:34.76
	36.37	1:16.93	1:58.06	2:40.96
	3:24.46	4:08.53	4:52.12	5:34.76

**Women 25-29 800 SC Meter Freestyle**

1	Letendre, Denise M	26	VMST-VA	10:07.16
	33.06	1:10.25	1:46.99	2:24.39
	3:01.56	3:39.40	4:17.65	4:56.10
	5:34.14	6:12.91	6:51.96	7:31.03
	8:10.31	8:49.38	9:28.77	10:07.16

**Women 25-29 200 SC Meter Breaststroke**

1	Letendre, Denise M	26	VMST-VA	2:52.59
	39.03	1:22.97	2:07.63	2:52.59

**Women 25-29 50 SC Meter Butterfly**

1	Aepli, Lauren E	27	VMST-VA	33.35
2	Milner, Kristin E	29	VMST-VA	33.84

**Women 25-29 100 SC Meter Butterfly**

1	Milner, Kristin E	29	VMST-VA	1:15.19
	34.77	1:15.19		

**Women 25-29 200 SC Meter Butterfly**

1	Letendre, Denise M	26	VMST-VA	2:37.34
	34.77	1:14.70	1:55.35	2:37.34

**Women 25-29 100 SC Meter IM**

1	Aepli, Lauren E	27	VMST-VA	1:21.52
	36.45	1:21.52		

**Women 25-29 400 SC Meter IM**

1	Letendre, Denise M	26	VMST-VA	5:23.44
	33.71	1:12.01	1:54.34	2:35.94
	3:21.04	4:07.22	4:45.45	5:23.44

**Women 30-34 50 SC Meter Freestyle**

1	Strobl, Lori C	34	POWM-VA	29.91
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**Women 30-34 800 SC Meter Freestyle**

1	Stutz, Kathleen J	32	SFTL-FG	11:56.07
	38.94	1:22.31	2:07.17	2:51.63
	3:36.36	4:21.54	5:06.91	5:52.78
	6:38.58	7:24.02	8:10.00	8:55.64
	9:41.36	10:26.94	11:11.97	11:56.07

**Women 30-34 50 SC Meter Backstroke**

1	Russo, Claire C	31	VMST-VA	37.16
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**Women 30-34 100 SC Meter Backstroke**

1	Russo, Claire C	31	VMST-VA	1:17.31
	38.36	1:17.31		
2	Frisk, Lauren	32	VMST-VA	1:27.43
	42.01	1:27.43		

**Women 30-34 50 SC Meter Breaststroke**

1	Russo, Claire C	31	VMST-VA	39.13
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**Women 30-34 100 SC Meter Breaststroke**

1	Frisk, Lauren	32	VMST-VA	1:36.18
	46.68	1:36.18		
2	Stutz, Kathleen J	32	SFTL-FG	1:39.12
	48.65	1:39.12		

**Women 30-34 50 SC Meter Butterfly**

1	Strobl, Lori C	34	POWM-VA	33.48
2	Russo, Claire C	31	VMST-VA	34.81

**Women 30-34 200 SC Meter IM**

1	Strobl, Lori C	34	POWM-VA	2:49.49
	35.67	1:19.13	2:09.51	2:49.49
2	Frisk, Lauren	32	VMST-VA	3:09.80
	41.16	1:29.58	3:09.80	
3	Stutz, Kathleen J	32	SFTL-FG	3:19.28
	47.54	1:43.63	2:36.27	3:19.28

**Women 35-39 200 SC Meter Freestyle**

1	Old, Catherine	37	NCMS-NC	2:53.38
	41.77	1:26.10	2:10.87	2:53.38

**Women 35-39 800 SC Meter Freestyle**

1	Sullivan, Shannon D	38	NCYM-PV	11:47.74
	41.50	1:25.58	2:10.05	2:54.73
	3:39.54	4:24.45	5:09.55	5:54.27
	6:39.03	7:23.92	8:08.57	8:52.99
	9:37.42	10:21.46	11:05.28	11:47.74

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**Women 35-39 1500 SC Meter Freestyle**

1	Sullivan, Shannon D	38	NCYM-PV	22:03.89
	39.96	1:23.14	2:07.15	2:51.35
	3:35.60	4:20.04	5:04.44	5:48.83
	6:33.36	7:17.45	8:02.29	8:46.71
	9:31.11	10:15.58	10:59.95	11:44.47
	12:28.99	13:13.43	13:57.87	14:42.22
	15:26.53	16:10.84	16:55.44	17:39.84
	18:24.51	19:08.88	19:53.23	20:37.42
	21:21.01	22:03.89		

**Women 35-39 50 SC Meter Backstroke**

1	Old, Catherine	37	NCMS-NC	35.14
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**Women 35-39 100 SC Meter Backstroke**

1	Old, Catherine	37	NCMS-NC	1:17.78
	38.49	1:17.78		

**Women 35-39 200 SC Meter Backstroke**

1	Old, Catherine	37	NCMS-NC	2:50.37
	39.30	1:22.82	2:07.27	2:50.37

**Women 35-39 50 SC Meter Breaststroke**

1	Harris, Kristen S	38	UC12-VA	38.45
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**Women 35-39 200 SC Meter Breaststroke**

1	Harris, Kristen S	38	UC12-VA	3:10.25
	43.65	1:31.30	2:20.74	3:10.25
2	Sullivan, Shannon D	38	NCYM-PV	3:19.80
	45.79	1:36.49	2:28.00	3:19.80

**Women 35-39 200 SC Meter IM**

1	Sullivan, Shannon D	38	NCYM-PV	3:00.46
	43.39	1:28.24	2:18.43	3:00.46

**Women 35-39 400 SC Meter IM**

1	Sullivan, Shannon D	38	NCYM-PV	6:17.55
	44.35	1:35.38	2:21.20	3:06.45
	3:58.43	4:51.24	5:35.29	6:17.55

**Women 40-44 100 SC Meter Freestyle**

1	McMullen, Bridget N	44	VMST-VA	1:24.53
	40.77	1:24.53		

**Women 40-44 400 SC Meter Freestyle**

1	McMullen, Bridget N	44	VMST-VA	6:03.63
	43.37	1:29.53	2:15.55	3:01.47
	3:47.73	4:33.20	5:19.21	6:03.63

**Women 40-44 200 SC Meter Backstroke**

1	McMullen, Bridget N	44	VMST-VA	3:08.21
	46.14	1:34.05	2:21.93	3:08.21

**Women 40-44 100 SC Meter Breaststroke**

1	McMullen, Bridget N	44	VMST-VA	1:43.62
	50.35	1:43.62		

**Women 45-49 50 SC Meter Freestyle**

1	Kratzer, Jill	47	VMST-VA	45.30
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**Women 45-49 100 SC Meter Freestyle**

1	Kratzer, Jill	47	VMST-VA	1:44.12
	50.08	1:44.12		

**Women 45-49 400 SC Meter Freestyle**

1	Kratzer, Jill	47	VMST-VA	8:30.39
	58.57	2:03.73	3:09.14	4:14.57
	5:19.66	6:26.49	7:31.78	8:30.39

**Women 45-49 800 SC Meter Freestyle**

1	Kratzer, Jill	47	VMST-VA	17:08.94
	56.39	2:01.53	3:08.39	4:15.36
	5:20.78	6:25.87	7:30.20	8:34.96
	9:39.31	10:44.38	11:49.14	12:54.00
	13:59.78	15:04.87	16:08.81	17:08.94

**Women 50-54 50 SC Meter Freestyle**

1	Raab, Barbara	52	SHYM-VA	43.86
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**Women 50-54 800 SC Meter Freestyle**

1	Speer, Nancy	52	VMST-VA	11:36.95
	38.87	1:21.59	2:05.61	2:49.49
	3:32.96	4:16.56	5:00.44	5:44.02
	6:28.10	7:11.80	7:55.84	8:39.38
	9:22.94	10:06.12	10:49.01	11:36.95
2	Miller, Patricia M	53	VMST-VA	11:51.80
	40.04	1:22.86	2:06.39	2:50.46
	3:34.60	4:18.92	5:03.59	5:48.56
	6:33.93	7:19.33	8:04.84	8:50.29
	9:36.32	10:23.19	11:07.70	11:51.80

**Women 50-54 50 SC Meter Backstroke**

1	Raab, Barbara	52	SHYM-VA	58.71
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**Women 50-54 50 SC Meter Breaststroke**

1	Miller, Patricia M	53	VMST-VA	42.99
2	Raab, Barbara	52	SHYM-VA	52.03

**Women 50-54 100 SC Meter Breaststroke**

1	Miller, Patricia M	53	VMST-VA	1:32.38
	44.01	1:32.38		
2	Speer, Nancy	52	VMST-VA	1:36.49
	46.21	1:36.49		

**Women 50-54 200 SC Meter Breaststroke**

1	Speer, Nancy	52	VMST-VA	3:24.69
	47.51	1:40.21	2:32.67	3:24.69

**Women 50-54 100 SC Meter IM**

1	Miller, Patricia M	53	VMST-VA	1:27.07
	43.89	1:27.07		

**Women 55-59 50 SC Meter Freestyle**

1	Goode, Betsy L	55	VMST-VA	39.27
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**Women 55-59 100 SC Meter Freestyle**

1	Kelley, Gail	56	SHYM-VA	1:19.31
	38.42	1:19.31		
2	Goode, Betsy L	55	VMST-VA	1:28.82
	43.70	1:28.82		

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<b>Women 55-59 200 SC Meter Freestyle</b>				2 Pateson, Robin B	63 VMST-VA	1:01.51
1 Kelley, Gail	56 SHYM-VA	2:52.14		<b>Women 60-64 100 SC Meter Backstroke</b>		
39.67	1:23.15	2:08.62	2:52.14	1 Loftus-Charley, Shirley A	63 VMST-VA	1:29.47
2 Braaten, Kitten	59 VMST-VA	3:06.50		44.46	1:29.47	
44.66	1:31.59	2:19.20	3:06.50	2 Pateson, Robin B	63 VMST-VA	2:19.19
3 Goode, Betsy L	55 VMST-VA	3:14.24		1:08.12	2:19.19	
44.87	1:36.56	2:26.67	3:14.24	<b>Women 60-64 50 SC Meter Breaststroke</b>		
<b>Women 55-59 800 SC Meter Freestyle</b>				1 Boslego, Barbara E	63 VMST-VA	47.27
1 Braaten, Kitten	59 VMST-VA	12:53.03		2 McInturff, Donna E	64 VMST-VA	54.65
44.95	1:32.29	2:20.40	3:08.86	<b>Women 60-64 100 SC Meter Breaststroke</b>		
3:57.27	4:45.79	5:34.65	6:23.31	1 McInturff, Donna E	64 VMST-VA	1:55.82
7:12.45	8:01.36	8:50.58	9:39.25	55.86	1:55.82	
10:27.93	11:16.58	12:05.18	12:53.03	<b>Women 60-64 50 SC Meter Butterfly</b>		
<b>Women 55-59 100 SC Meter Backstroke</b>				1 Loftus-Charley, Shirley A	63 VMST-VA	38.11
1 Kelley, Gail	56 SHYM-VA	1:32.76		2 Boslego, Barbara E	63 VMST-VA	46.62
46.77	1:32.76			3 Rotch, Catherine A	62 VMST-VA	53.42
<b>Women 55-59 200 SC Meter Backstroke</b>				<b>Women 60-64 100 SC Meter Butterfly</b>		
1 Braaten, Kitten	59 VMST-VA	3:45.17		--- Loftus-Charley, Shirley A	63 VMST-VA	DQ
54.11	1:50.52	2:48.11	3:45.17	40.00	DQ	
<b>Women 55-59 50 SC Meter Breaststroke</b>				<b>Women 60-64 100 SC Meter IM</b>		
1 Goode, Betsy L	55 VMST-VA	49.08		1 Boslego, Barbara E	63 VMST-VA	1:36.94
<b>Women 55-59 100 SC Meter Butterfly</b>				48.05	1:36.94	
1 Braaten, Kitten	59 VMST-VA	1:46.05		<b>Women 60-64 200 SC Meter IM</b>		
49.89	1:46.05			1 Rotch, Catherine A	62 VMST-VA	4:18.21
<b>Women 55-59 100 SC Meter IM</b>				57.94	2:02.35	3:21.26
1 Goode, Betsy L	55 VMST-VA	1:46.22		4:18.21		
52.13	1:46.22			<b>Women 65-69 50 SC Meter Freestyle</b>		
<b>Women 60-64 50 SC Meter Freestyle</b>				1 Sabourin, Kathleen	67 VMST-VA	57.26
1 Boslego, Barbara E	63 VMST-VA	37.26		<b>Women 65-69 200 SC Meter Freestyle</b>		
2 Pateson, Robin B	63 VMST-VA	53.89		1 Barry, Marcia L	66 VMST-VA	2:52.62
<b>Women 60-64 1500 SC Meter Freestyle</b>				40.39	1:24.35	2:09.27
1 Loftus-Charley, Shirley A	63 VMST-VA	20:50.46		2:52.62		
37.81	1:19.08	2:00.50	2:42.09	<b>Women 65-69 1500 SC Meter Freestyle</b>		
3:23.71	4:05.20	4:46.75	5:28.28	1 Barry, Marcia L	66 VMST-VA	22:58.32
6:10.05	6:51.85	7:33.59	8:15.47	42.64	1:28.19	2:14.44
8:57.46	9:39.30	10:21.02	11:02.87	3:47.28	4:33.29	5:19.31
11:44.47	12:26.14	13:08.07	13:49.85	6:51.03	7:37.31	8:23.22
14:32.12	15:14.31	15:56.36	16:38.60	9:55.35	10:41.46	11:27.50
17:20.86	18:02.77	18:45.04	19:27.37	12:59.17	13:45.12	14:30.84
20:09.50	20:50.46			16:02.68	16:48.41	17:34.77
2	Wagner, Cheryl A	62 TERR-PV	26:25.82	19:07.19	19:54.22	20:40.57
45.91	1:36.27	2:28.77	3:20.62	22:13.73	22:58.32	
4:13.40	5:07.42	6:01.36	6:54.60	<b>Women 65-69 100 SC Meter Backstroke</b>		
7:47.98	8:40.85	9:33.93	10:27.47	1	Barry, Marcia L	66 VMST-VA
11:21.77	12:15.20	13:08.54	14:01.27	46.36	1:32.59	1:32.59
14:54.97	15:48.15	16:41.06	17:34.74	<b>Women 65-69 200 SC Meter Backstroke</b>		
18:27.59	19:21.18	20:14.21	21:07.71	1	Barry, Marcia L	66 VMST-VA
22:00.94	22:54.46	23:48.19	24:41.99	47.76	1:38.40	2:28.70
25:35.34	26:25.82			3:17.88		
<b>Women 60-64 50 SC Meter Backstroke</b>				<b>Women 65-69 50 SC Meter Breaststroke</b>		
1 Loftus-Charley, Shirley A	63 VMST-VA	43.64		1	Sabourin, Kathleen	67 VMST-VA
				1:07.45		

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<b>Women 70-74 50 SC Meter Freestyle</b>				3 Steiner, Arlien L	72 UC12-VA	2:37.56
1 Blood, Lorene	72 VMST-VA	54.69		1:11.63	2:37.56	
<b>Women 70-74 100 SC Meter Freestyle</b>				<b>Women 70-74 200 SC Meter IM</b>		
1 Steiner, Arlien L	72 UC12-VA	2:23.85		1 Steiner, Arlien L	72 UC12-VA	5:41.78
1:08.93	2:23.85			1:20.76	4:23.69	5:41.78
<b>Women 70-74 200 SC Meter Freestyle</b>				<b>Women 75-79 50 SC Meter Freestyle</b>		
1 Hlavacek, Ida M	72 VMST-VA	3:47.71		1 Averette, Joan	78 VMST-VA	1:05.98
50.80	1:46.78	2:46.46	3:47.71	<b>Women 75-79 100 SC Meter Backstroke</b>		
<b>Women 70-74 1500 SC Meter Freestyle</b>				1 Walker, Laura S	77 VMST-VA	1:58.95
1 Hlavacek, Ida M	72 VMST-VA	33:31.39		58.29	1:58.95	
58.48	1:59.06	3:03.41	4:08.12	<b>Women 75-79 200 SC Meter Backstroke</b>		
5:13.48	6:19.56	7:26.09	8:32.61	1 Walker, Laura S	77 VMST-VA	4:17.65
9:39.49	10:46.25	11:52.95	12:59.80	1:00.49	2:06.09	3:13.05
14:06.57	15:18.02	16:25.22	17:32.87	3:13.05	4:17.65	
18:40.40	19:48.95	20:56.96	22:05.52	<b>Women 75-79 50 SC Meter Breaststroke</b>		
23:14.30	24:22.78	25:33.13	26:41.02	1 Averette, Joan	78 VMST-VA	1:22.91
27:49.97	28:57.13	30:05.81	31:13.36	<b>Women 75-79 100 SC Meter Breaststroke</b>		
32:21.93	33:31.39			1 Detrick, Johnnie	79 VMST-VA	2:05.66
<b>Women 70-74 50 SC Meter Backstroke</b>				1:00.09	2:05.66	
1 Hlavacek, Ida M	72 VMST-VA	55.19		<b>Women 75-79 200 SC Meter Breaststroke</b>		
2 Blood, Lorene	72 VMST-VA	1:01.87		1 Detrick, Johnnie	79 VMST-VA	4:34.78
<b>Women 70-74 100 SC Meter Backstroke</b>				1:02.57	2:12.35	3:24.00
1 Durrant, Betsy	73 VMST-VA	2:00.97		4:34.78		
58.21	2:00.97			2 Averette, Joan	78 VMST-VA	6:58.42
2 Martin, Judy	72 VMST-VA	2:12.99		1:33.70	3:22.68	5:12.81
1:03.03	2:12.99			6:58.42		
3 Steiner, Arlien L	72 UC12-VA	2:26.28		<b>Women 75-79 200 SC Meter IM</b>		
1:12.09	2:26.28			1 Detrick, Johnnie	79 VMST-VA	4:20.41
<b>Women 70-74 200 SC Meter Backstroke</b>				1:01.76	2:11.40	3:22.97
1 Martin, Judy	72 VMST-VA	4:28.95		4:20.41		
1:01.09	2:09.91	3:20.82	4:28.95	<b>Women 80-84 50 SC Meter Freestyle</b>		
<b>Women 70-74 50 SC Meter Breaststroke</b>				1 Hess, Nancy H	81 UC08-DV	1:04.01
1 Durrant, Betsy	73 VMST-VA	58.14		<b>Women 85-89 50 SC Meter Freestyle</b>		
<b>Women 70-74 100 SC Meter Breaststroke</b>				1 Sokolik, Terry	87 VMST-VA	1:07.18
1 Marens, Susan E	72 VMST-VA	2:09.34		2 Tuovila, Miriam K	89 VMST-VA	1:23.27
1:03.14	2:09.34			<b>Women 85-89 800 SC Meter Freestyle</b>		
2 Martin, Judy	72 VMST-VA	2:27.78		--- Meredith, Jeanne H	86 VMST-VA	DNF
1:10.66	2:27.78			<b>Women 85-89 50 SC Meter Backstroke</b>		
3 Steiner, Arlien L	72 UC12-VA	2:46.21		1 Sokolik, Terry	87 VMST-VA	1:27.33
1:16.72	2:46.21			<b>Women 85-89 100 SC Meter Backstroke</b>		
<b>Women 70-74 200 SC Meter Breaststroke</b>				1 Sokolik, Terry	87 VMST-VA	3:11.45
1 Marens, Susan E	72 VMST-VA	4:35.95		<b>Women 85-89 50 SC Meter Breaststroke</b>		
1:04.75	2:15.81	3:28.08	4:35.95	1 Tuovila, Miriam K	89 VMST-VA	1:29.03
<b>Women 70-74 50 SC Meter Butterfly</b>				2 Sokolik, Terry	87 VMST-VA	1:36.66
1 Hlavacek, Ida M	72 VMST-VA	1:01.08		<b>Women 90-94 50 SC Meter Freestyle</b>		
<b>Women 70-74 100 SC Meter IM</b>				--- Berkley, Marianna	92 VMST-VA	DNF
1 Marens, Susan E	72 VMST-VA	2:08.78		<b>Women 90-94 50 SC Meter Breaststroke</b>		
1:03.20	2:08.78			--- Berkley, Marianna	92 VMST-VA	DQ
2 Blood, Lorene	72 VMST-VA	2:24.87		<b>Men 25-29 50 SC Meter Freestyle</b>		
1:06.78	2:24.87			1 Snyder, Scott C	25 UC12-VA	26.45
				2 Buist, Chadwick L	28 UC12-VA	27.73

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**(Men 25-29 50 SC Meter Freestyle)**

3	Chaisson, Ray T	26	VMST-VA	28.24
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**Men 25-29 100 SC Meter Freestyle**

1	Buist, Chadwick L	28	UC12-VA	1:01.74
	29.18	1:01.74		
2	Snyder, Scott C	25	UC12-VA	1:03.11
	29.59	1:03.11		

**Men 25-29 200 SC Meter Freestyle**

1	Buist, Chadwick L	28	UC12-VA	2:14.55
	30.36	1:04.38	1:39.58	2:14.55

**Men 25-29 400 SC Meter Freestyle**

1	Hepp, Christopher L	26	SHYM-VA	4:52.79
	33.54	1:09.94	1:46.59	2:23.65
	3:00.84	3:38.63	4:16.57	4:52.79
2	Buist, Chadwick L	28	UC12-VA	4:54.90
	32.01	1:07.41	1:44.20	2:21.88
	2:59.33	3:37.85	4:16.89	4:54.90

**Men 25-29 800 SC Meter Freestyle**

1	Thomas, Brady	25	UC12-VA	11:23.49
	37.21	1:17.58	1:59.85	
				5:33.49
		9:57.11	11:23.49	

**Men 25-29 50 SC Meter Backstroke**

1	Snyder, Scott C	25	UC12-VA	31.03
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**Men 25-29 50 SC Meter Breaststroke**

1	Chaisson, Ray T	26	VMST-VA	35.68
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**Men 25-29 100 SC Meter Breaststroke**

1	Chaisson, Ray T	26	VMST-VA	1:19.13
	36.99	1:19.13		

**Men 25-29 50 SC Meter Butterfly**

1	Snyder, Scott C	25	UC12-VA	32.02
2	Buist, Chadwick L	28	UC12-VA	34.44

**Men 25-29 100 SC Meter IM**

1	Chaisson, Ray T	26	VMST-VA	1:11.57
	33.04	1:11.57		

**Men 25-29 200 SC Meter IM**

1	Hepp, Christopher L	26	SHYM-VA	2:29.55
	31.45	1:12.88	1:56.37	2:29.55

**Men 25-29 400 SC Meter IM**

1	Hepp, Christopher L	26	SHYM-VA	5:26.56
	34.05	1:13.65	1:58.60	2:42.26
	3:27.44	4:14.10	4:50.27	5:26.56

**Men 30-34 100 SC Meter Freestyle**

1	Frisk, Patrick	30	VMST-VA	59.37
	28.90	59.37		
2	Harris, Sam F	32	VMST-VA	1:02.62
	28.63	1:02.62		

**Men 30-34 200 SC Meter Freestyle**

1	Frisk, Patrick	30	VMST-VA	2:13.93
	31.67	1:06.83	1:40.86	2:13.93

**Men 30-34 100 SC Meter Backstroke**

1	Harris, Sam F	32	VMST-VA	1:08.28
	32.13	1:08.28		

**Men 30-34 200 SC Meter IM**

1	Frisk, Patrick	30	VMST-VA	2:35.23
	29.94	1:09.91	1:55.93	2:35.23

**Men 35-39 400 SC Meter Freestyle**

1	Ahlgren, Kyle R	39	NCYM-PV	5:29.45
	38.56	1:20.06	2:02.41	2:44.82
	3:26.76	4:08.45	4:50.15	5:29.45
2	Rodriguez, Jason	35	VMST-VA	5:43.21
	36.09	1:16.94	2:00.61	2:44.68
	3:29.47	4:15.01	5:00.44	5:43.21

**Men 35-39 800 SC Meter Freestyle**

1	Rodriguez, Jason	35	VMST-VA	11:46.29
	36.59	1:18.62	2:01.90	2:45.76
	3:30.93	4:16.99	5:03.87	5:49.63
	6:35.40	7:21.52	8:06.90	8:52.02
	9:37.14	10:21.80	11:06.06	11:46.29

**Men 35-39 1500 SC Meter Freestyle**

1	Ahlgren, Kyle R	39	NCYM-PV	21:52.69
	40.58	1:24.54	2:08.97	2:53.65
	3:37.30	4:21.08	5:04.85	5:48.65
	6:32.30	7:16.33	7:59.38	8:42.97
	9:26.67	10:10.78	10:54.81	11:38.51
	12:21.91	13:05.94	13:50.29	14:34.31
	15:18.25	16:02.38	16:46.83	17:31.17
	18:15.64	18:59.94	19:43.73	20:27.64
	21:11.26	21:52.69		
2	Rodriguez, Jason	35	VMST-VA	22:30.13
	39.61	1:23.13	2:08.09	2:53.56
	3:38.99	4:24.48	5:10.17	5:55.92
	6:41.56	7:27.46	8:12.91	8:58.40
	9:43.85	10:29.86	11:15.87	12:01.93
	12:47.91	13:33.58	14:19.96	15:05.06
	15:50.20	16:35.15	17:20.06	18:04.71
	18:49.30	19:33.90	20:18.21	21:02.69
	21:46.85	22:30.13		

**Men 35-39 50 SC Meter Backstroke**

1	Williams, Rich	39	UC12-VA	33.99
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**Men 35-39 200 SC Meter Backstroke**

1	Ahlgren, Kyle R	39	NCYM-PV	2:55.84
	42.43	1:26.49	2:11.55	2:55.84

**Men 35-39 50 SC Meter Breaststroke**

1	Williams, Rich	39	UC12-VA	34.37
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**Men 35-39 50 SC Meter Butterfly**

1	Williams, Rich	39	UC12-VA	30.14
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**Men 40-44 50 SC Meter Freestyle**

1	Goetsch, Aaron	41 SHYM-VA	28.50
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**Men 40-44 50 SC Meter Breaststroke**

1	Goetsch, Aaron	41 SHYM-VA	37.77
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**Men 40-44 100 SC Meter Breaststroke**

1	Goetsch, Aaron	41 SHYM-VA	1:23.18
			39.33 1:23.18

**Men 40-44 50 SC Meter Butterfly**

1	Goetsch, Aaron	41 SHYM-VA	30.85
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**Men 40-44 100 SC Meter IM**

1	Goetsch, Aaron	41 SHYM-VA	1:16.53
			36.38 1:16.53

**Men 45-49 50 SC Meter Freestyle**

1	Triepel, George J	47 VMST-VA	26.42
2	Burnnette, Charles	46 UC12-VA	28.40
3	Beaumont, Samuel L	45 VMST-VA	37.01
4	Bamford, Sherman	49 RCA-VA	44.43

**Men 45-49 100 SC Meter Freestyle**

1	Bamford, Sherman	49 RCA-VA	1:46.21
			48.62 1:46.21

**Men 45-49 200 SC Meter Freestyle**

1	Beaumont, Samuel L	45 VMST-VA	3:17.02
			45.82 1:35.89 2:27.29 3:17.02

**Men 45-49 400 SC Meter Freestyle**

1	Sax, William C	45 GMUP-PV	5:04.48
			33.25 1:10.85 1:49.25 2:29.67
			3:08.36 3:47.68 4:26.84 5:04.48
2	Beaumont, Samuel L	45 VMST-VA	7:12.36
			47.32 3:31.52
			4:28.66 5:24.12 6:19.81 7:12.36

**Men 45-49 800 SC Meter Freestyle**

1	Sax, William C	45 GMUP-PV	10:15.85
			33.88 1:11.30 1:49.47 2:28.80
			3:08.27 3:47.06 4:26.95 5:05.51
			5:45.17 6:23.55 7:02.30 7:41.37
			8:21.00 8:59.90 9:38.95 10:15.85
2	Beaumont, Samuel L	45 VMST-VA	15:04.23
			3:37.22
			4:33.99 5:31.12 6:28.95 7:26.30
			8:24.58 9:22.42 10:20.21 11:18.61
			12:16.75 13:12.65 14:10.17 15:04.23

**Men 45-49 50 SC Meter Backstroke**

1	Clear, Kirk W	47 VMST-VA	32.44
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**Men 45-49 100 SC Meter Backstroke**

1	Clear, Kirk W	47 VMST-VA	1:14.45
			36.45 1:14.45
2	Bamford, Sherman	49 RCA-VA	2:12.79
			1:04.48 2:12.79

**Men 45-49 200 SC Meter Backstroke**

1	Clear, Kirk W	47 VMST-VA	2:45.79
			37.92 1:19.77 2:03.29 2:45.79

**Men 45-49 50 SC Meter Breaststroke**

1	Burnnette, Charles	46 UC12-VA	33.81
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**Men 45-49 100 SC Meter Breaststroke**

1	Cockrell, Charles E	46 VMST-VA	1:22.88
			39.42 1:22.88

**Men 45-49 200 SC Meter Breaststroke**

1	Cockrell, Charles E	46 VMST-VA	2:57.59
			41.17 1:26.47 2:11.93 2:57.59

**Men 45-49 50 SC Meter Butterfly**

1	Clear, Kirk W	47 VMST-VA	31.94
2	Sax, William C	45 GMUP-PV	32.98
3	Bamford, Sherman	49 RCA-VA	53.16

**Men 45-49 100 SC Meter Butterfly**

1	Sax, William C	45 GMUP-PV	1:12.37
			33.68 1:12.37

**Men 45-49 200 SC Meter Butterfly**

1	Sax, William C	45 GMUP-PV	2:40.18
			35.28 1:16.98 1:59.54 2:40.18

**Men 45-49 100 SC Meter IM**

1	Burnnette, Charles	46 UC12-VA	1:14.27
			34.30 1:14.27
2	Cockrell, Charles E	46 VMST-VA	1:16.14
			36.58 1:16.14

**Men 45-49 200 SC Meter IM**

1	Cockrell, Charles E	46 VMST-VA	2:46.31
			37.69 1:21.64 2:07.32 2:46.31
2	Bamford, Sherman	49 RCA-VA	4:22.97
			54.20 2:08.53 3:25.69 4:22.97

**Men 50-54 50 SC Meter Freestyle**

1	Harris, Gregory	51 VMST-VA	26.95
2	Piper, Derek J	51 SHYM-VA	29.50
3	Beristain Gomez, Nahum	53 VMST-VA	29.57

**Men 50-54 100 SC Meter Freestyle**

1	Harris, Gregory	51 VMST-VA	58.13
			28.01 58.13
2	Beristain Gomez, Nahum	53 VMST-VA	1:06.64
			31.39 1:06.64
3	Holdreith, Harold G	52 VMST-VA	1:14.82
			35.67 1:14.82

**Men 50-54 200 SC Meter Freestyle**

1	Piper, Derek J	51 SHYM-VA	2:40.74
			35.88 1:16.56 1:59.37 2:40.74
2	Holdreith, Harold G	52 VMST-VA	2:47.75
			36.96 1:19.12 2:03.46 2:47.75

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**Men 50-54 800 SC Meter Freestyle**

1	Reynolds, Curt A	54	TERR-PV	10:55.79
	36.04	1:16.46	1:57.72	2:39.82
	3:21.59	4:03.02	4:44.84	5:26.70
	6:08.10	6:49.40	7:30.67	8:11.77
	8:52.88	9:34.24	10:15.47	10:55.79
2	Shea, Mark E	50	SHYM-VA	10:59.64
	38.65	1:19.52	2:00.52	2:41.80
	3:23.39	4:05.16	4:47.01	5:28.65
	6:10.36	6:52.00	7:33.23	8:15.05
	8:56.07	9:37.47	10:19.29	10:59.64

**Men 50-54 1500 SC Meter Freestyle**

1	Reynolds, Curt A	54	TERR-PV	20:55.37
	37.36	1:19.06	2:01.56	2:44.25
	3:26.37	4:08.97	4:51.88	5:34.69
	6:17.34	7:00.22	7:42.42	8:25.05
	9:07.68	9:50.83	10:34.54	11:16.62
	11:58.63	12:41.02	13:23.29	14:05.14
	14:46.80	15:28.41	16:09.14	16:49.94
	17:30.72	18:11.87	18:52.72	19:33.57
	20:15.31	20:55.37		
2	Shea, Mark E	50	SHYM-VA	21:00.35
	38.82	1:20.46	2:02.28	2:44.68
	3:27.54	4:10.44	4:52.75	5:35.92
	6:18.99	7:01.43	7:42.85	8:24.76
	9:07.39	9:49.32	10:31.51	11:14.14
	11:56.16	12:38.32	13:20.43	14:02.97
	14:44.89	15:26.28	16:08.03	16:50.18
	17:32.28	18:14.80	18:56.92	19:38.63
	20:20.48	21:00.35		

**Men 50-54 100 SC Meter Backstroke**

1	Reynolds, Curt A	54	TERR-PV	1:13.24
	35.75	1:13.24		

**Men 50-54 200 SC Meter Backstroke**

1	Reynolds, Curt A	54	TERR-PV	2:43.04
	38.03	1:19.25	2:01.60	2:43.04
2	Piper, Derek J	51	SHYM-VA	3:15.36
	42.25	1:28.93	2:22.13	3:15.36

**Men 50-54 50 SC Meter Breaststroke**

1	Harris, Gregory	51	VMST-VA	33.73
2	Piper, Derek J	51	SHYM-VA	40.70

**Men 50-54 100 SC Meter Breaststroke**

1	Harris, Gregory	51	VMST-VA	1:14.90
	35.89	1:14.90		
2	Beristain Gomez, Nahum	53	VMST-VA	1:25.56
	40.33	1:25.56		
3	Piper, Derek J	51	SHYM-VA	1:34.95
	45.05	1:34.95		
4	Holdreith, Harold G	52	VMST-VA	1:35.10
	45.14	1:35.10		

**Men 50-54 100 SC Meter IM**

1	Harris, Gregory	51	VMST-VA	1:07.97
	31.91	1:07.97		
2	Jordan, George	54	VMST-VA	1:21.09
	36.28	1:21.09		

**Men 55-59 50 SC Meter Freestyle**

1	Knobel, Phillip J	55	SHYM-VA	27.73
2	Cortina, Jorge A	55	VMST-VA	27.97
3	Deppe, Tom W	56	VMST-VA	29.22
4	Anderson, Paul	57	UC12-VA	34.16

**Men 55-59 100 SC Meter Freestyle**

1	Knobel, Phillip J	55	SHYM-VA	1:01.17
	29.08	1:01.17		
2	Cummings, Dean J	59	UC12-VA	1:44.83
	50.59	1:44.83		

**Men 55-59 200 SC Meter Freestyle**

1	Knobel, Phillip J	55	SHYM-VA	2:21.33
	32.42	1:08.57	1:45.22	2:21.33
2	Deppe, Tom W	56	VMST-VA	2:23.33
	33.12	1:09.86	1:47.39	2:23.33
3	Anderson, Paul	57	UC12-VA	2:57.54
	40.27	1:25.86	2:13.00	2:57.54

**Men 55-59 400 SC Meter Freestyle**

1	Saks, Mitch	56	VMST-VA	5:29.91
	37.73	1:18.79	2:00.84	2:43.08
	3:25.31	4:07.22	4:49.38	5:29.91

**Men 55-59 800 SC Meter Freestyle**

1	Saks, Mitch	56	VMST-VA	11:08.50
	36.51	1:17.60	1:59.71	2:42.79
	3:25.87	4:08.48	4:51.03	5:33.26
	6:15.37	6:57.91	7:40.19	8:22.27
	9:04.23	9:46.07	10:27.84	11:08.50
2	Anderson, Paul	57	UC12-VA	12:59.65
	42.63	1:28.47	2:15.89	3:04.32
	3:52.85	4:42.20	5:31.77	6:21.29
	7:11.63	8:01.97	8:51.65	9:41.65
	10:31.08	11:21.18	12:11.24	12:59.65

**Men 55-59 50 SC Meter Backstroke**

1	Woodward, William R	56	VMST-VA	42.52
2	Mickunas, Victor H	58	VMST-VA	46.92
3	Swiger, Ralph B	58	VMST-VA	52.38

**Men 55-59 100 SC Meter Backstroke**

1	Deppe, Tom W	56	VMST-VA	1:16.94
	38.55	1:16.94		
2	Mickunas, Victor H	58	VMST-VA	1:37.40
	48.80	1:37.40		

**Men 55-59 200 SC Meter Backstroke**

1	Swiger, Ralph B	58	VMST-VA	3:23.50
	1:57.18	2:56.62	3:23.50	

**Men 55-59 50 SC Meter Breaststroke**

1	Mickunas, Victor H	58	VMST-VA	47.84
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**Men 55-59 100 SC Meter Breaststroke**

1	Mickunas, Victor H	58	VMST-VA	1:48.55
				53.05 1:48.55
2	Anderson, Paul	57	UC12-VA	1:49.84
				52.41 1:49.84

**Men 55-59 200 SC Meter Breaststroke**

1	Swiger, Ralph B	58	VMST-VA	3:46.78
				52.52 1:52.52 2:50.66 3:46.78

**Men 55-59 50 SC Meter Butterfly**

1	Cortina, Jorge A	55	VMST-VA	32.54
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**Men 55-59 100 SC Meter Butterfly**

1	Swiger, Ralph B	58	VMST-VA	1:54.24
				56.47 1:54.24

**Men 55-59 100 SC Meter IM**

1	Cortina, Jorge A	55	VMST-VA	1:13.13
				34.63 1:13.13
2	Deppe, Tom W	56	VMST-VA	1:16.25
				35.66 1:16.25

**Men 55-59 200 SC Meter IM**

1	Anderson, Paul	57	UC12-VA	3:38.33
				49.60 1:49.53 2:52.20 3:38.33

**Men 55-59 400 SC Meter IM**

1	Swiger, Ralph B	58	VMST-VA	7:55.37
				56.56 3:04.59 4:07.20
				5:12.03 6:14.37 7:06.42 7:55.37

**Men 60-64 50 SC Meter Freestyle**

1	Ryan, James	62	GSM-NJ	33.47
2	Nelson, Bill L	61	VMST-VA	34.20
3	Beachler, Michael P	63	NCMS-NC	37.00
4	Richardson, Alvin	63	VMST-VA	38.09

**Men 60-64 100 SC Meter Freestyle**

1	Nelson, Bill L	61	VMST-VA	1:20.15
				38.07 1:20.15
2	Richardson, Alvin	63	VMST-VA	1:28.57
				42.60 1:28.57

**Men 60-64 200 SC Meter Freestyle**

1	Ryan, James	62	GSM-NJ	2:34.66
				36.39 1:15.39 1:55.24 2:34.66
2	Nelson, Bill L	61	VMST-VA	3:03.40
				39.50 1:25.72 2:15.30 3:03.40
3	Beachler, Michael P	63	NCMS-NC	3:05.71
				41.34 1:29.97 2:19.21 3:05.71
4	Richardson, Alvin	63	VMST-VA	3:14.31
				44.06 1:33.07 2:24.76 3:14.31

**Men 60-64 400 SC Meter Freestyle**

1	Beachler, Michael P	63	NCMS-NC	6:37.61
				44.53 1:34.93 2:27.09 3:19.03
				4:10.61 5:00.93 5:50.07 6:37.61

**Men 60-64 800 SC Meter Freestyle**

1	Beachler, Michael P	63	NCMS-NC	13:23.75
				44.15 1:34.40 2:25.67 3:17.92
				4:09.09 5:00.62 5:51.98 6:43.90
				7:34.99 8:26.64 9:17.64 10:07.61
				10:57.57 11:47.91 12:36.85 13:23.75

**Men 60-64 1500 SC Meter Freestyle**

1	Ryan, James	62	GSM-NJ	21:04.05
				38.05 1:19.05 2:00.74 2:42.24
				3:23.74 4:05.60 4:47.76 5:29.59
				6:11.32 6:53.36 7:35.42 8:17.67
				8:59.51 9:41.47 10:23.61 11:06.37
				11:49.08 12:31.95 13:15.01 13:58.19
				14:40.87 15:23.44 16:06.32 16:49.25
				17:32.18 18:15.36 18:58.20 19:41.23
				20:23.58 21:04.05

**Men 60-64 50 SC Meter Backstroke**

1	Richardson, Alvin	63	VMST-VA	54.32
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**Men 60-64 50 SC Meter Breaststroke**

1	Nelson, Bill L	61	VMST-VA	47.97
2	Richardson, Alvin	63	VMST-VA	52.15

**Men 65-69 50 SC Meter Freestyle**

1	Davis, James W	68	VMST-VA	36.05
2	Katz-Hyman, Tsvi H	66	UC12-VA	42.41
3	Patterson, Mark	68	VMST-VA	51.56
4	Ferebee, Skip	69	UC12-VA	56.02

**Men 65-69 200 SC Meter Freestyle**

1	Ferebee, Skip	69	UC12-VA	4:56.57
				1:03.00 2:16.94 3:34.09 4:56.57

**Men 65-69 1500 SC Meter Freestyle**

1	Katz-Hyman, Tsvi H	66	UC12-VA	29:17.03
				50.28 1:44.98 2:40.99 3:37.49
				4:35.24 5:31.46 6:27.98 7:24.83
				8:22.20 9:19.09 10:16.69 11:14.89
				12:13.22 13:11.20 14:08.98 15:06.43
				16:05.46 17:03.73 18:04.63 19:07.75
				20:10.95 21:12.25 22:11.65 23:13.79
				24:14.44 25:15.13 26:14.64 27:15.95
				28:17.65 29:17.03

**Men 65-69 100 SC Meter Backstroke**

1	Beall, L Clay	68	VMST-VA	1:39.19
				49.09 1:39.19

**Men 65-69 50 SC Meter Breaststroke**

1	Davis, James W	68	VMST-VA	44.59
2	Katz-Hyman, Tsvi H	66	UC12-VA	47.49

**Men 65-69 100 SC Meter Breaststroke**

1	Katz-Hyman, Tsvi H	66	UC12-VA	1:49.07
				51.49 1:49.07



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**Men 65-69 200 SC Meter Breaststroke**

1	Katz-Hyman, Tsvi H	66	UC12-VA	4:01.72
	52.30	1:52.16	2:57.51	4:01.72

**Men 65-69 50 SC Meter Butterfly**

1	Davis, James W	68	VMST-VA	40.01
2	Beall, L Clay	68	VMST-VA	43.13

**Men 65-69 100 SC Meter IM**

1	Davis, James W	68	VMST-VA	1:36.47
	45.38	1:36.47		
2	Beall, L Clay	68	VMST-VA	1:40.46
	45.27	1:40.46		

**Men 70-74 50 SC Meter Freestyle**

1	Frogley, Chris S	71	VMST-VA	39.22
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**Men 70-74 200 SC Meter Freestyle**

1	Brundage, Warner F	71	VMST-VA	2:55.10
	41.32	1:25.49	2:10.67	2:55.10

**Men 70-74 400 SC Meter Freestyle**

1	Brundage, Warner F	71	VMST-VA	6:16.15
	42.81	1:28.87	2:15.40	3:03.91
	3:52.45	4:41.00	5:29.11	6:16.15

**Men 70-74 50 SC Meter Breaststroke**

1	Frogley, Chris S	71	VMST-VA	52.87
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**Men 70-74 200 SC Meter IM**

1	Brundage, Warner F	71	VMST-VA	3:23.96
	44.39	1:38.04	2:37.86	3:23.96

**Men 75-79 200 SC Meter Freestyle**

1	Russ, Carl	79	VMST-VA	4:24.29
	57.76	2:06.12	3:16.11	4:24.29

**Men 75-79 400 SC Meter Freestyle**

1	Russ, Carl	79	VMST-VA	9:24.90
	1:02.13	2:12.19	3:25.80	4:39.69
	5:53.01	7:04.64	8:15.60	9:24.90

**Men 75-79 200 SC Meter Backstroke**

1	Russ, Carl	79	VMST-VA	4:48.08
	1:07.46	2:20.11	3:35.03	4:48.08

**Men 75-79 100 SC Meter IM**

1	Russ, Carl	79	VMST-VA	2:22.30
	1:09.25	2:22.30		

**Men 80-84 200 SC Meter Backstroke**

1	Newbury, Alfred C	80	VMST-VA	4:17.03
	58.33	2:03.40	3:10.60	4:17.03

**Men 90-94 1500 SC Meter Freestyle**

1	Barnes, Calvin W	90	VMST-VA	39:52.69
	1:14.37	2:31.98	3:53.75	5:14.62
	6:34.60	7:55.14	9:16.19	10:36.66
	11:56.97		14:38.09	15:59.63
	17:17.26		19:59.14	21:17.04
	22:37.61		25:14.77	
	27:54.29	29:14.61	30:34.88	
		34:34.62		37:17.19
	38:35.89	39:52.69		

**Men 90-94 200 SC Meter Backstroke**

1	Barnes, Calvin W	90	VMST-VA	5:25.11
	1:16.84	2:36.41	5:25.11	

**Women 280-319 200 SC Meter Medley Relay**

1	VMST-VA	E	2:56.56
	1) Barry, Marcia L W66	2) Detrick, Johnnie W79	
	3) Loftus-Charley, Shirley A W71	4) Walker, Laura S W77	
	41.85	1:34.57	2:12.33
2	VMST-VA	C	3:46.35
	1) Martin, Judy W72	2) Marens, Susan W72	
	3) Hlavacek, Ida M W72	4) Blood, Lorene W72	
	59.67	1:56.34	2:53.52
			3:46.35

**Women 320-359 400 SC Meter Medley Relay**

1	VMST-VA	A	10:59.06
	1) Meredith, Jeanne H W86	2) Averette, Joan W78	
	3) Hlavacek, Ida M W72	4) Sokolik, Terry W87	
		2:57.84	4:28.25
	7:13.99	8:29.99	9:40.52
			10:59.06

**Mixed 160-199 200 SC Meter Medley Relay**

1	SHYM-VA	A	2:32.91
	1) Kelley, Gail W56	2) Raab, Barbara W52	
	3) Hepp, Christopher L M26	4) Piper, Derek J M51	
	42.85	1:33.37	2:03.19
2	VMST-VA	B	2:38.04
	1) Aepli, Lauren E W27	2) Boslego, Barbara E W63	
	3) Swiger, Ralph B M58	4) Triepel, George J M47	
	36.04	1:22.55	2:12.13
3	VMST-VA	A	2:55.69
	1) Harris, Gregory M51	2) Mickunas, Victor H M58	
	3) Shepard, Megan W24	4) Rotch, Catherine W62	
	30.66	1:19.05	2:08.18
			2:55.69

**Mixed 200-239 400 SC Meter Freestyle Relay**

1	VMST-VA	A	4:18.73
	1) Deppe, Tom W M56	2) Saks, Mitch M56	
	3) Harris, Gregory M51	4) Triepel, George J M47	
	31.58	1:04.85	1:38.64
	2:44.32	3:15.65	3:45.71
			4:18.73

**Mixed 200-239 200 SC Meter Medley Relay**

1	VMST-VA	D	2:41.59
	1) Deppe, Tom W M56	2) Speer, Nancy W52	
	3) Braaten, Kitten W59	4) Saks, Mitch M56	
	36.82	1:20.85	2:08.35
			2:41.59

**VMST Fall Meet - 11/8/14**  
**Virginia Masters Swim Meet**  
**November 8, 2014**  
**Results - Nov 8, 2014**

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**Mixed 240-279 400 SC Meter Medley Relay**

1 VMST-VA	B	6:38.65			
1) Boslego, Barbara E W63	2) Swiger, Ralph B M58				
3) Braaten, Kitten W59	4) Nelson, Bill L M61				
53.57	1:48.11	2:38.48	3:33.80		
4:22.94	5:19.11	5:56.34	6:38.65		