

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Women 18-24 50 SC Meter Freestyle

NATL: 25.58 N 11/20/10 J BECKBERGER

ZON: 26.63 Z 2008 Shana Welch

1	Harvey, Theresa	24	GOLD-FG	28.82
2	Christian, Kelly M	23	LMAC-PV	31.63

Women 18-24 100 SC Meter Freestyle

NATL: 55.86 N 11/21/10 J BECKBERGER

ZON: 1:00.29 Z 2003 Kelly Bowman

1	Christian, Kelly M	23	LMAC-PV	1:10.45
	32.52	1:10.45		

Women 18-24 200 SC Meter Freestyle

NATL: 2:03.39 N 12/6/09 ALEXANDRA LEE

ZON: 2:11.44 Z 1999 Emily Peters

1	Christian, Kelly M	23	LMAC-PV	2:35.83
	35.39	1:15.50	1:57.07	2:35.83

Women 18-24 50 SC Meter Butterfly

NATL: 28.37 N 12/5/09 MEG GILL

ZON: 29.96 Z 12/12/10 Kristine Trutor

1	Christian, Kelly M	23	LMAC-PV	35.10
---	--------------------	----	---------	-------

Women 18-24 100 SC Meter IM

NATL: 1:01.74 N 12/6/09 KARA DENBY

ZON: 1:07.56 Z 2008 Shana Welch

1	Harvey, Theresa	24	GOLD-FG	1:12.53
	33.98	1:12.53		

Women 25-29 50 SC Meter Freestyle

WORLD: 25.42 W 3/12/06 SUMIKA KOMATSU

NATL: 25.97 N 10/25/14 MADISON KENNEDY

ZON: 27.52 Z 12/11/10 Katrine Alcaide

1	Fontana, Megan M	29	FAC-VA	34.37
---	------------------	----	--------	-------

Women 25-29 100 SC Meter Freestyle

WORLD: 55.28 W 4/15/12 MARIA FUSTER

NATL: 56.30 N 3/31/96 SHEILA TAORMINA

ZON: 1:01.92 Z 1996 Bridget Robbins

1	Mann, Kristen M	28	L4S-PV	1:08.09
	32.68	1:08.09		
2	Fontana, Megan M	29	FAC-VA	1:13.97
	36.11	1:13.97		

Women 25-29 200 SC Meter Freestyle

WORLD: 1:59.78 W 3/31/96 SHEILA TAORMINA

NATL: 1:59.78 N 3/31/96 SHEILA TAORMINA

ZON: 2:11.34 Z 12/14/13 Elizabeth Mancuso

1	Letendre, Denise M	26	VMST-VA	2:16.42
	31.24	1:05.46	1:40.78	2:16.42
2	Dudley, Mariah V	27	VMST-VA	2:40.82
	37.16	1:17.32	1:59.13	2:40.82

Women 25-29 400 SC Meter Freestyle

WORLD: 4:15.74 W 10/27/13 SOPHIE CASSON

NATL: 4:24.18 N 3/31/96 SHEILA TAORMINA

ZON: 4:40.25 Z 12/11/10 Elizabeth A Mancu

1	Letendre, Denise M	26	VMST-VA	4:52.45
	32.28	1:08.68	1:45.51	2:22.88
	3:00.08	3:37.41	4:15.42	4:52.45

Women 25-29 800 SC Meter Freestyle

WORLD: 8:51.18 W 3/31/96 SHEILA TAORMINA

NATL: 8:51.18 N 3/31/96 SHEILA TAORMINA

ZON: 9:45.98 Z 2003 Patricia Flynn

1	Letendre, Denise M	26	VMST-VA	9:51.34
	32.52	1:09.01	1:45.53	2:21.95
	2:58.94	3:35.92	4:12.84	4:50.29
	5:27.59	6:05.11	6:43.07	7:20.79
	7:58.42	8:36.54	9:14.41	9:51.34
2	Burgess, Noelle	26	HRMS-VA	11:46.73
	35.45	1:14.96	1:57.11	2:40.29
	3:24.10	4:08.28	4:52.71	5:37.96
	6:22.93	7:08.82	7:55.24	8:41.33
	9:27.87	10:14.40	11:00.69	11:46.73

Women 25-29 100 SC Meter Backstroke

WORLD: 1:00.72 W 5/11/14 YURIE OGA

NATL: 1:03.26 N 10/27/02 CAMILLA JOHANSSON

ZON: 1:06.51 Z 12/12/10 Kate Hibbard

1	Burgess, Noelle	26	HRMS-VA	1:18.76
	38.10	1:18.76		
2	Dudley, Mariah V	27	VMST-VA	1:31.49
	43.40	1:31.49		

Women 25-29 200 SC Meter Backstroke

WORLD: 2:12.84 W 11/20/05 KANA OHASHI

NATL: 2:14.77 N 11/17/01 LIA OBERSTAR

ZON: 2:25.53 Z 12/11/10 Kate Hibbard

1	Dudley, Mariah V	27	VMST-VA	3:11.10
	44.26	1:32.57	2:21.99	3:11.10

Women 25-29 50 SC Meter Breaststroke

WORLD: 30.50 W 6/8/14 PETRA CHOCOVA

NATL: 31.87 N 11/21/10 MEGAN JENDRICK

ZON: 35.89 Z 12/11/10 Kirsten A Rasmuso

1	Fontana, Megan M	29	FAC-VA	43.26
---	------------------	----	--------	-------

Women 25-29 100 SC Meter Breaststroke

WORLD: 1:06.83 W 6/7/14 PETRA CHOCOVA

NATL: 1:10.04 N 4/15/12 MEGAN JENDRICK

ZON: 1:19.77 Z 2001 Jennifer Clarkson

1	Mann, Kristen M	28	L4S-PV	1:21.24
	39.54	1:21.24		
2	Fontana, Megan M	29	FAC-VA	1:32.91
	44.52	1:32.91		

Women 25-29 200 SC Meter Breaststroke

WORLD: 2:29.80 W 4/14/12 MEGAN JENDRICK

NATL: 2:29.80 N 4/14/12 MEGAN JENDRICK

ZON: 2:46.82 Z 12/14/13 Chelsea Bueter

1	Letendre, Denise M	26	VMST-VA	2:49.75
	39.16	1:22.55	2:06.09	2:49.75

Women 25-29 50 SC Meter Butterfly

WORLD: 27.08 W 8/31/14 NADINE JONES

NATL: 28.19 N 11/24/13 ERIN CAMPBELL

ZON: 30.58 Z 2008 Tal Shpaizer

1	Mann, Kristen M	28	L4S-PV	30.65
---	-----------------	----	--------	-------

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Women 25-29 100 SC Meter Butterfly

WORLD: 1:00.18 W 5/8/10 YUKO NAKANISHI
NATL: 1:01.33 N 3/31/96 SHEILA TAORMINA
ZON: 1:07.83 Z 2008 Tal Shpaizer

1 Dudley, Mariah V 27 VMST-VA 1:25.18
 38.83 1:25.18

Women 25-29 100 SC Meter IM

WORLD: 1:02.29 W 6/8/14 PETRA CHOCOVA
NATL: 1:03.41 N 1/23/11 MEGAN JENDRICK
ZON: 1:09.69 Z 2005 Jennifer Tweedie

1 Fontana, Megan M 29 FAC-VA 1:25.18
 41.96 1:25.18

Women 25-29 200 SC Meter IM

WORLD: 2:17.17 W 4/23/06 HITOMI MATSUDA
NATL: 2:21.79 N 12/12/98 WENKE HANSEN
ZON: 2:27.08 Z 12/12/10 Kate Hibbard

1 Letendre, Denise M 26 VMST-VA 2:35.04
 33.49 1:13.33 1:58.65 2:35.04
 2 Burgess, Noelle 26 HRMS-VA 2:56.53
 36.93 1:19.56 2:13.27 2:56.53

Women 25-29 400 SC Meter IM

WORLD: 4:52.13 W 11/19/06 HITOMI MATSUDA
NATL: 5:02.54 N 12/13/98 WENKE HANSEN
ZON: 5:21.55 Z 12/15/13 Chelsea Bueter

1 Letendre, Denise M 26 VMST-VA 5:23.83
 33.72 1:13.15 1:55.48 2:37.00
 3:22.71 4:08.31 4:46.29 5:23.83

Women 30-34 50 SC Meter Freestyle

WORLD: 25.57 W 9/27/09 SUMIKA KOMATSU
NATL: 25.69 N 11/10/12 ERIKA ERNDL
ZON: 27.83 Z 12/15/13 Katrine Alcaide

1 McDonald, Erin B 34 FAC-VA 33.07
 2 Goldberg, Julie F 30 FAC-VA 41.09

Women 30-34 100 SC Meter Freestyle

WORLD: 54.75 W 10/13/12 ERIKA ERNDL
NATL: 54.75 N 10/13/12 ERIKA ERNDL
ZON: 1:00.23 Z 2000 Jennifer Ridge

1 Grover, Mollie K 33 TERR-PV 1:01.96
 30.50 1:01.96
 2 McDonald, Erin B 34 FAC-VA 1:13.10
 34.85 1:13.10

Women 30-34 200 SC Meter Freestyle

WORLD: 2:02.60 W 11/20/10 HITOMI MATSUDA
NATL: 2:04.64 N 12/15/96 K PIPES-NEILSEN
ZON: 2:14.27 Z 1999 Laurie Hug

1 Danner, Stephanie L 31 UC04-NI 2:33.13
 36.87 1:15.99 1:55.14 2:33.13
 2 McDonald, Erin B 34 FAC-VA 2:39.58
 35.47 1:14.70 1:56.21 2:39.58
 3 Miller, Alaina 32 ALEX-PV 2:51.07
 39.61 1:22.60 2:07.67 2:51.07

Women 30-34 50 SC Meter Backstroke

WORLD: 27.43 W 4/19/09 MAI NAKAMURA
NATL: 27.61 N 11/21/09 NORIKO INADA
ZON: 32.15 Z 1999 Andrea Luallen-Sc

1 Grover, Mollie K 33 TERR-PV 33.45
 2 McDonald, Erin B 34 FAC-VA 39.28

Women 30-34 100 SC Meter Backstroke

WORLD: 1:00.90 W 3/7/10 KANA YAMAGUCHI
NATL: 59.53 N 11/22/09 NORIKO INADA
ZON: 1:08.43 Z 1999 Andrea Luallen-Sc

1 Russo, Claire C 31 VMST-VA 1:16.09
 37.81 1:16.09

Women 30-34 50 SC Meter Breaststroke

WORLD: 31.71 W 3/14/10 HITOMI MATSUDA
NATL: 32.17 N 12/4/11 HANNAH CALDAS
ZON: 35.68 Z 2001 Belinda Martin

1 Russo, Claire C 31 VMST-VA 39.11

Women 30-34 100 SC Meter Breaststroke

WORLD: 1:06.98 W 4/17/10 HITOMI MATSUDA
NATL: 1:10.00 N 12/10/00 WENKE HANSEN
ZON: 1:18.77 Z 2002 Cheryl Conlin

1 Grover, Mollie K 33 TERR-PV 1:22.47
 39.53 1:22.47
 2 Miller, Alaina 32 ALEX-PV 1:40.89
 48.26 1:40.89

Women 30-34 50 SC Meter Butterfly

WORLD: 27.81 W 3/26/06 METTE JACOBSEN
NATL: 27.89 N 12/10/11 NORIKO INADA
ZON: 30.29 Z 1999 Andrea Luallen-Sc

1 Grover, Mollie K 33 TERR-PV 31.52
 2 McDonald, Erin B 34 FAC-VA 37.17

Women 30-34 100 SC Meter IM

WORLD: 1:02.52 W 10/13/12 ERIKA ERNDL
NATL: 1:02.52 N 10/13/12 ERIKA ERNDL
ZON: 1:10.46 Z 1999 Andrea Luallen-Sc

1 Goldberg, Julie F 30 FAC-VA 1:49.17
 51.05 1:49.17

Women 30-34 200 SC Meter IM

WORLD: 2:13.41 W 11/14/09 HITOMI MATSUDA
NATL: 2:18.79 N 12/7/96 K PIPES-NEILSEN
ZON: 2:33.58 Z 1999 Laurie Hug

1 Russo, Claire C 31 VMST-VA 2:42.64
 36.80 1:19.78 2:05.16 2:42.64

Women 30-34 400 SC Meter IM

WORLD: 4:45.07 W 4/17/10 HITOMI MATSUDA
NATL: 4:53.85 N 12/15/96 K PIPES-NEILSEN
ZON: 5:20.70 Z 1999 Laurie Hug

1 Miller, Alaina 32 ALEX-PV 6:53.51
 44.60 1:37.93 2:30.99 3:21.53
 4:20.37 5:19.87 6:07.37 6:53.51

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Women 35-39 100 SC Meter Freestyle				2 Kassens, Alice L	40 UC12-VA	36.48
WORLD: 54.95 W 12/3/06 DARA TORRES				Women 40-44 100 SC Meter Freestyle		
NATL: 54.95 N 12/3/06 DARA TORRES				WORLD: 57.55 W 11/16/08 S.VON DER LIPPE		
ZON: 1:00.16 Z 2002 Fall Willeboordse				NATL: 57.55 N 11/16/08 S VON DER LIPPE		
1 Deaton, Rebecca A	39 CPYM-VA	1:12.69		ZON: 1:00.33 Z 12/14/13 Lisa Blackburn		
34.64	1:12.69			1 Burkart, Dana M	43 1776-DV	1:18.64
2 Borden, Caroline E	36 HRMS-VA	1:16.31		37.18	1:18.64	
34.91	1:16.31			2 Kassens, Alice L	40 UC12-VA	1:21.00
Women 35-39 400 SC Meter Freestyle				1:21.10	1:21.00	
WORLD: 4:22.56 W 12/12/99 K.PIPES-NEILSEN				Women 40-44 200 SC Meter Freestyle		
NATL: 4:22.56 N 12/12/99 K PIPES-NEILSEN				WORLD: 2:05.26 W 12/14/03 K.PIPES-NEILSEN		
ZON: 4:34.69 Z 2003 Laurie Hug				NATL: 2:05.26 N 12/14/03 K PIPES-NEILSEN		
1 Sullivan, Shannon D	38 NCYM-PV	6:04.34		ZON: 2:12.76 Z 2001 Vibeke Swanson		
43.43	1:29.36	2:15.36	3:01.61	1 Jones, Leslie L	41 RMST-PV	2:31.08
3:47.63	4:33.49	5:19.34	6:04.34	34.57	1:13.25	1:52.74
2 Borden, Caroline E	36 HRMS-VA	6:22.68		2:31.08		
37.49	1:22.25	2:10.62	3:00.63	2 Kassens, Alice L	40 UC12-VA	3:00.92
3:50.80	4:41.48	5:32.48	6:22.68	42.05		
Women 35-39 100 SC Meter Backstroke				Women 40-44 400 SC Meter Freestyle		
WORLD: 1:00.60 W 11/24/13 NORIKO INADA				WORLD: 4:21.75 W 12/14/03 K.PIPES-NEILSEN		
NATL: 1:00.60 N 11/24/13 NORIKO INADA				NATL: 4:21.75 N 12/14/03 K PIPES-NEILSEN		
ZON: 1:07.76 Z 2002 Andrea Luallen				ZON: 4:42.15 Z 2004 Rebecca Kalibat		
1 Sullivan, Shannon D	38 NCYM-PV	1:27.03		1 Kassens, Alice L	40 UC12-VA	6:37.33
43.00	1:27.03			6:37.35	6:37.33	
Women 35-39 200 SC Meter Backstroke				---		
WORLD: 2:13.37 W 11/16/13 KANA OHASHI				Burkart, Dana M		
NATL: 2:14.10 N 12/14/97 K PIPES-NEILSEN				43 1776-DV		
ZON: 2:25.89 Z 2001 Andrea Luallen				DNF		
1 Limke, Tobi L	39 NBAC-MD	2:29.47		Women 40-44 800 SC Meter Freestyle		
35.20	1:12.65	1:51.30	2:29.47	WORLD: 8:56.23 W 10/26/13 KIRSTEN CAMERON		
Women 35-39 50 SC Meter Breaststroke				NATL: 9:09.71 N 6/20/03 K PIPES-NEILSEN		
WORLD: 31.87 W 3/25/12 HITOMI MATSUDA				ZON: 9:57.76 Z 2003 Rebecca Kalibat		
NATL: 32.93 N 9/28/14 KATIE GLENN				1 Jones, Leslie L	41 RMST-PV	11:15.11
ZON: 35.35 Z 2001 Amanda Martin				37.54	1:19.24	2:02.43
1 Deaton, Rebecca A	39 CPYM-VA	40.02		3:28.45	4:11.36	4:53.80
40.02				6:18.95	7:01.71	7:44.56
Women 35-39 200 SC Meter Breaststroke				8:27.87		
WORLD: 2:30.63 W 3/10/12 HITOMI MATSUDA				9:11.20		
NATL: 2:33.73 N 11/23/14 CYNTHIA LEWIS				9:54.39		
ZON: 2:51.13 Z 2000 Amanda Martin				10:36.88		
1 Deaton, Rebecca A	39 CPYM-VA	3:12.34		11:15.11		
43.01	1:31.48	2:22.23	3:12.34	2 Burkart, Dana M	43 1776-DV	12:45.75
2 Sullivan, Shannon D	38 NCYM-PV	3:25.10		39.63	1:24.88	2:12.54
47.87	1:39.94	2:32.61	3:25.10	3:50.69	4:39.67	5:29.17
Women 35-39 200 SC Meter IM				7:07.45		
WORLD: 2:17.69 W 11/18/12 HITOMI MATSUDA				7:56.79		
NATL: 2:19.08 N 12/10/00 K PIPES-NEILSEN				8:45.59		
ZON: 2:29.28 Z 2000 Vibeke Swanson				9:34.54		
1 Sullivan, Shannon D	38 NCYM-PV	3:03.16		10:23.67		
43.60	1:28.88	2:20.61	3:03.16	11:12.42		
Women 40-44 50 SC Meter Freestyle				12:00.75		
WORLD: 26.07 W 3/15/14 ERIKA BRAUN				12:45.75		
NATL: 26.07 N 3/15/14 ERIKA BRAUN				Women 40-44 100 SC Meter Backstroke		
ZON: 27.43 Z 2009 Fall Willeboordse				WORLD: 1:03.48 W 10/29/11 SHERI HART		
1 Jones, Leslie L	41 RMST-PV	30.47		NATL: 1:03.48 N 10/29/11 SHERI HART		
30.47				ZON: 1:05.56 Z 2009 Kristin Gary		
Women 40-44 50 SC Meter Freestyle				1 Burkart, Dana M		
WORLD: 28.19 W 3/16/13 ERIKA BRAUN				43 1776-DV		
NATL: 28.19 N 3/16/13 ERIKA BRAUN				44.14		
ZON: 29.90 Z 2001 Beth Baker				1:32.19		
1 Jones, Leslie L	41 RMST-PV	36.15		Women 40-44 50 SC Meter Breaststroke		
36.15				WORLD: 32.20 W 8/5/12 LINLEY FRAME		
Women 40-44 50 SC Meter Butterfly				NATL: 32.29 N 11/22/09 S VON DER LIPPE		
WORLD: 28.19 W 3/16/13 ERIKA BRAUN				ZON: 33.61 Z 12/14/13 Lisa Blackburn		
NATL: 28.19 N 3/16/13 ERIKA BRAUN				1 Burkart, Dana M	43 1776-DV	45.32
ZON: 29.90 Z 2001 Beth Baker						
1 Jones, Leslie L	41 RMST-PV	36.15				
36.15						

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Women 45-49 50 SC Meter Freestyle

WORLD: 26.37 W 5/18/13 M.THERESE FUZZATI
NATL: 26.59 N 12/8/13 FALL WILLEBOORDSE
ZON: 27.57 Z 12/15/13 Fall Willeboordse

1 Chu, Jan I 47 FAC-VA 51.52

Women 45-49 100 SC Meter Freestyle

WORLD: 58.43 W 3/29/14 MARIE FUZZATI
NATL: 58.61 N 12/2/07 K PIPES-NEILSEN
ZON: 1:04.63 Z 2009 Laurie DiTommaso

1 Fox, Zsuzsa B 45 HRMS-VA 1:18.11
 37.97 1:18.11
 2 Kratzer, Jill E 47 VMST-VA 1:43.23
 47.31 1:43.23

Women 45-49 400 SC Meter Freestyle

WORLD: 4:25.34 W 5/16/09 K.PIPES-NEILSEN
NATL: 4:25.34 N 5/16/09 K PIPES-NEILSEN
ZON: 4:46.20 Z 2002 Karen Einsidler

1 Hug, Laurie 49 1776-DV 4:55.38
 34.35 1:11.72 1:49.36 2:26.94
 3:04.27 3:41.53 4:18.86 4:55.38
 2 Kratzer, Jill E 47 VMST-VA 8:25.42
 55.99 1:59.92 3:04.71 4:10.42
 5:15.35 6:20.25 7:23.49 8:25.42

Women 45-49 800 SC Meter Freestyle

WORLD: 9:11.37 W 5/15/09 K.PIPES-NEILSEN
NATL: 9:11.37 N 5/15/09 K PIPES-NEILSEN
ZON: 9:54.21 Z 2002 Karen Einsidler

1 Hug, Laurie 49 1776-DV 9:44.52Z
 34.39 1:11.48 1:48.51 2:25.25
 3:02.07 3:38.62 4:14.98 4:51.47
 5:28.31 6:05.11 6:41.96 7:18.68
 7:55.53 8:32.23 9:08.72 9:44.52
 2 Kratzer, Jill E 47 VMST-VA 17:02.43
 56.99 2:01.02 3:05.57 4:11.56
 5:17.31 6:22.56 7:28.46 8:33.63
 9:38.61 10:42.02 11:47.01 12:52.09
 13:56.97 15:01.09 16:04.25 17:02.43

Women 45-49 50 SC Meter Backstroke

WORLD: 30.25 W 4/26/14 CINDY MABEE
NATL: 30.58 N 12/2/07 K PIPES-NEILSEN
ZON: 31.14 Z 12/10/10 Leslie Livingston

1 Chu, Jan I 47 FAC-VA 1:00.58

Women 45-49 50 SC Meter Breaststroke

WORLD: 33.81 W 3/17/13 ANNA HAMMER
NATL: 33.82 N 10/10/10 S VON DER LIPPE
ZON: 36.34 Z 2008 Laurie DiTommaso

1 Fox, Zsuzsa B 45 HRMS-VA 45.76

Women 45-49 200 SC Meter Breaststroke

WORLD: 2:38.00 W 11/21/10 S.VON DER LIPPE
NATL: 2:38.00 N 11/21/10 S VON DER LIPPE
ZON: 3:07.79 Z 2008 Vibeke Swanson

1 Hug, Laurie 49 1776-DV 3:06.58Z
 44.20 1:30.73 2:18.88 3:06.58

Women 45-49 50 SC Meter Butterfly

WORLD: 28.84 W 10/10/10 S.VON DER LIPPE
NATL: 28.84 N 10/10/10 S VON DER LIPPE
ZON: 29.21 Z 2008 Laurie DiTommaso

1 Fox, Zsuzsa B 45 HRMS-VA 39.34

Women 45-49 200 SC Meter Butterfly

WORLD: 2:23.18 W 12/13/09 K.PIPES-NEILSEN
NATL: 2:23.18 N 12/13/09 K PIPES-NEILSEN
ZON: 2:50.02 Z 2000 Nancy Steadman-Ma

1 Hug, Laurie 49 1776-DV 2:42.12Z
 36.58 1:18.03 2:00.19 2:42.12

Women 45-49 200 SC Meter IM

WORLD: 2:21.55 W 5/17/09 K.PIPES-NEILSEN
NATL: 2:21.55 N 5/17/09 K PIPES-NEILSEN
ZON: 2:31.99 Z 2006 Vibeke Swanson

1 Hug, Laurie 49 1776-DV 2:43.23
 36.17 1:19.82 2:07.16 2:43.23

Women 50-54 50 SC Meter Freestyle

WORLD: 27.67 W 3/15/14 SUE WALSH
NATL: 27.67 N 3/15/14 SUE WALSH
ZON: 28.47 Z 12/15/13 Leslie Livingston

1 Johnson, Mindy 51 RMST-PV 31.90
 2 Toner, Karlin 53 GMUP-PV 33.43
 3 Dawson, Mandy 52 RMST-PV 33.61
 4 Tanner, Maureen C 51 FAC-VA 40.70

Women 50-54 100 SC Meter Freestyle

WORLD: 1:01.41 W 9/27/14 ELLEN REYNOLDS
NATL: 1:01.41 N 9/27/14 ELLEN REYNOLDS
ZON: 1:04.31 Z 2004 Jacki Hirsty

1 Witt, Cherie A 50 CPYM-VA 1:18.47
 37.89 1:18.47

Women 50-54 200 SC Meter Freestyle

WORLD: 2:10.72 W 12/6/09 S.HEIM-BOWEN
NATL: 2:10.72 N 12/6/09 S HEIM-BOWEN
ZON: 2:22.97 Z 2004 Jacki Hirsty

1 Dawson, Mandy 52 RMST-PV 2:47.03
 35.10 1:14.58 1:59.26 2:47.03
 2 Toner, Karlin 53 GMUP-PV 2:53.45
 38.53 1:22.92 2:09.06 2:53.45

Women 50-54 50 SC Meter Backstroke

WORLD: 30.58 W 3/19/11 LESLIE LIVINGSTON
NATL: 30.58 N 3/19/11 LESLIE LIVINGSTON
ZON: 34.86 Z 2004 Joel Feldmann

1 Johnson, Mindy 51 RMST-PV 44.01
 2 Tanner, Maureen C 51 FAC-VA 50.57

Women 50-54 200 SC Meter Backstroke

WORLD: 2:22.37 W 3/8/14 ELLEN REYNOLDS
NATL: 2:22.37 N 3/8/14 ELLEN REYNOLDS
ZON: 2:44.22 Z 2009 Karen Einsidler

1 Brightwell, Kim M 54 RMST-PV 2:49.29
 39.54 1:22.67 2:06.54 2:49.29

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Women 50-54 50 SC Meter Breaststroke**WORLD:** 33.96 W 11/24/12 **MONICA CORO****NATL:** 36.46 N 5/18/14 **CORRIN POPPS****ZON:** 36.71 Z 12/14/13 **Kim Crouch**

1	Witt, Cherie A	50	CPYM-VA	43.98
2	Aspiazu, Maria	51	UC10-PV	48.60

Women 50-54 100 SC Meter Breaststroke**WORLD:** 1:15.22 W 1/20/13 **MONICA CORO****NATL:** 1:19.23 N 5/18/14 **CORRIN POPPS****ZON:** 1:20.65 Z 12/15/13 **Kim Crouch**

1	Schaffer, Robyn K	52	NBAC-MD	1:41.34
	49.08	1:41.34		

Women 50-54 200 SC Meter Breaststroke**WORLD:** 2:48.69 W 8/29/09 **JENNY WHITELEY****NATL:** 2:52.57 N 5/19/14 **CORRIN POPPS****ZON:** 2:52.59 Z 12/14/13 **Kim Crouch**

1	Witt, Cherie A	50	CPYM-VA	3:25.72
	46.76	1:38.66	2:33.29	3:25.72
2	Aspiazu, Maria	51	UC10-PV	3:56.80
	51.20	1:50.11	2:52.82	3:56.80

Women 50-54 50 SC Meter Butterfly**WORLD:** 29.25 W 3/16/13 **LESLIE LIVINGSTON****NATL:** 29.25 N 3/16/13 **LESLIE LIVINGSTON****ZON:** 29.98 Z 12/14/13 **Leslie Livingston**

1	Witt, Cherie A	50	CPYM-VA	40.81
---	----------------	----	---------	-------

Women 50-54 100 SC Meter IM**WORLD:** 1:08.28 W 3/9/12 **K.PIPES-NEILSEN****NATL:** 1:09.68 N 2/18/12 **KARLYN PIPES****ZON:** 1:18.97 Z 2007 **Nancy Steadman-Ma**

1	Brightwell, Kim M	54	RMST-PV	1:20.47
	37.88	1:20.47		
2	Toner, Karlin	53	GMUP-PV	1:30.76
	44.48	1:30.76		
3	Schaffer, Robyn K	52	NBAC-MD	1:32.42
	46.17	1:32.42		

Women 55-59 50 SC Meter Freestyle**WORLD:** 28.49 W 12/5/09 **LAURA VAL****NATL:** 28.49 N 12/5/09 **LAURA VAL****ZON:** 31.14 Z 12/15/13 **Karen Mareb**

1	Woods, Tina N	57	1776-DV	38.11
---	---------------	----	---------	-------

Women 55-59 100 SC Meter Freestyle**WORLD:** 1:01.33 W 12/4/09 **LAURA VAL****NATL:** 1:01.33 N 12/4/09 **LAURA VAL****ZON:** 1:05.84 Z 2009 **Nancy Steadman-Ma**

1	Woods, Tina N	57	1776-DV	1:25.75
	41.38	1:25.75		

Women 55-59 200 SC Meter Freestyle**WORLD:** 2:14.45 W 11/21/09 **LAURA VAL****NATL:** 2:14.45 N 11/21/09 **LAURA VAL****ZON:** 2:24.45 Z 2009 **Nancy Steadman-Ma**

1	Woods, Tina N	57	1776-DV	2:57.57
	40.63	1:25.19	2:11.47	2:57.57

Women 55-59 400 SC Meter Freestyle**WORLD:** 4:42.97 W 10/4/09 **LAURA VAL****NATL:** 4:42.97 N 10/4/09 **LAURA VAL****ZON:** 4:53.27 Z 2009 **Nancy Steadman-Ma**

1	Braaten, Kitten	59	VMST-VA	6:18.80
	44.58	1:31.91	2:19.87	3:08.06
	3:56.58	4:44.44	5:32.25	6:18.80
2	Woods, Tina N	57	1776-DV	6:26.42
	43.29	1:30.85	2:19.40	3:09.10
	3:58.46	4:47.85	5:37.82	6:26.42

Women 55-59 800 SC Meter Freestyle**WORLD:** 9:51.35 W 10/17/09 **LAURA VAL****NATL:** 9:51.35 N 10/17/09 **LAURA VAL****ZON:** 10:19.57 Z 12/13/13 **Katherine Branch**

1	Woods, Tina N	57	1776-DV	13:26.26
	43.01	1:30.56	2:19.07	3:08.30
	3:57.73	4:47.52	5:37.37	6:28.18
	7:18.62	8:10.85	9:03.25	9:57.22
	10:50.89	11:43.27	12:35.63	13:26.26

Women 55-59 200 SC Meter Butterfly**WORLD:** 2:31.13 W 9/14/08 **LAURA VAL****NATL:** 2:31.13 N 9/14/08 **LAURA VAL****ZON:** 2:47.89 Z 2009 **Nancy Steadman-Ma**

1	Lappin, Jeanne L	59	GERM-PV	2:55.72
	39.56	1:23.28	2:09.02	2:55.72

Women 55-59 200 SC Meter IM**WORLD:** 2:36.98 W 12/4/09 **LAURA VAL****NATL:** 2:36.98 N 12/4/09 **LAURA VAL****ZON:** 2:50.09 Z 12/14/13 **Jenny Cook**

1	Lappin, Jeanne L	59	GERM-PV	2:51.72
	36.52	1:21.66	2:13.77	2:51.72

Women 60-64 50 SC Meter Freestyle**WORLD:** 29.23 W 12/7/13 **LAURA VAL****NATL:** 29.23 N 12/7/13 **LAURA VAL****ZON:** 30.26 Z 12/15/13 **Jacki Hirsty**

1	Dew, Rosemary N	64	MARY-MD	42.37
---	-----------------	----	---------	-------

Women 60-64 100 SC Meter Freestyle**WORLD:** 1:03.84 W 12/6/13 **LAURA VAL****NATL:** 1:03.84 N 12/6/13 **LAURA VAL****ZON:** 1:07.56 Z 12/14/13 **Jacki Hirsty**

1	Loftus-Charley, Shirley A	63	VMST-VA	1:14.18
	35.99	1:14.18		
2	Dew, Rosemary N	64	MARY-MD	1:38.40
	45.37	1:38.40		

Women 60-64 200 SC Meter Freestyle**WORLD:** 2:20.16 W 12/4/11 **LAURA VAL****NATL:** 2:20.16 N 12/4/11 **LAURA VAL****ZON:** 2:30.15 Z 12/14/13 **Jacki Hirsty**

1	Loftus-Charley, Shirley A	63	VMST-VA	2:38.46
	37.13	1:17.46	1:58.15	2:38.46

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Women 60-64 400 SC Meter Freestyle

WORLD: 4:53.24 W 8/24/13 LAURA VAL
NATL: 4:53.24 N 8/24/13 LAURA VAL
ZON: 5:51.06 Z 12/15/13 Karen Bierwert

1	Pfinsgraff, Joan L	60	TERR-PV	5:20.87Z
	36.29	1:15.51	1:55.75	2:36.46
	3:17.84	3:59.10	4:40.29	5:20.87
2	Loftus-Charley, Shirley A	63	VMST-VA	5:25.69Z
	37.09	1:17.70	1:58.64	2:39.92
	3:21.34	4:02.93	4:44.78	5:25.69
3	Watts, Sue N	60	1776-DV	6:06.64
	41.54	4:35.38	6:06.64	

Women 60-64 800 SC Meter Freestyle

WORLD: 10:21.68 W 1/15/11 LAURA VAL
NATL: 10:21.68 N 1/15/11 LAURA VAL
ZON: 11:54.41 Z 12/13/13 Karen Bierwert

1	Loftus-Charley, Shirley A	63	VMST-VA	10:57.96Z
	37.58	1:18.45	1:59.77	2:41.48
	3:22.87	4:04.26	4:45.95	5:27.55
	6:09.19	6:50.88	7:32.12	8:13.64
	8:54.98	9:36.24	10:17.68	10:57.96
2	Watts, Sue N	60	1776-DV	12:14.43
	41.35	1:26.56	2:12.31	2:58.28
	3:44.40	4:30.72	5:16.83	6:02.79
	6:49.12	7:35.60	8:22.17	9:09.05
	9:55.68	10:42.68	11:29.54	12:14.43

Women 60-64 50 SC Meter Backstroke

WORLD: 33.01 W 12/8/13 LAURA VAL
NATL: 33.01 N 12/8/13 LAURA VAL
ZON: 39.77 Z 12/15/13 Joel Feldmann

1	Pfinsgraff, Joan L	60	TERR-PV	35.89Z
2	Dew, Rosemary N	64	MARY-MD	53.07

Women 60-64 100 SC Meter Backstroke

WORLD: 1:12.72 W 12/7/13 LAURA VAL
NATL: 1:12.72 N 12/7/13 LAURA VAL
ZON: 1:18.69 Z 12/12/10 Diann B Uustal

1	Pfinsgraff, Joan L	60	TERR-PV	1:16.83Z
	38.00	1:16.83		

Women 60-64 200 SC Meter Backstroke

WORLD: 2:41.71 W 11/30/12 LAURA VAL
NATL: 2:41.71 N 11/30/12 LAURA VAL
ZON: 3:01.93 Z 12/11/10 Diann B Uustal

1	Pfinsgraff, Joan L	60	TERR-PV	2:44.59Z
	38.82	1:20.07	2:02.65	2:44.59
2	Loftus-Charley, Shirley A	63	VMST-VA	3:04.83
	45.44	1:31.26	2:18.22	3:04.83

Women 60-64 50 SC Meter Breaststroke

WORLD: 38.60 W 3/18/02 MONIKA SENFTLEBEN
NATL: 39.60 N 11/12/11 DEB WALKER
ZON: 41.88 Z 12/11/10 Diann B Uustal

1	Boslego, Barbara E	63	VMST-VA	48.76
2	Dew, Rosemary N	64	MARY-MD	58.29

Women 60-64 100 SC Meter Breaststroke

WORLD: 1:26.43 W 10/6/02 HANNELORE ROSE
NATL: 1:27.07 N 11/13/11 DEB WALKER
ZON: 1:35.88 Z 12/15/13 Barbara Hummel

1	Loftus-Charley, Shirley A	63	VMST-VA	1:39.68
	47.54	1:39.68		

Women 60-64 200 SC Meter Breaststroke

WORLD: 3:06.48 W 3/16/02 BONNIE PRONK
NATL: 3:13.55 N 11/12/11 DEB WALKER
ZON: 3:20.49 Z 12/14/13 Karen Bierwert

1	Loftus-Charley, Shirley A	63	VMST-VA	3:29.25
	48.27	1:41.25	2:35.00	3:29.25
2	Boslego, Barbara E	63	VMST-VA	3:41.79
	50.00	1:45.79	2:44.38	3:41.79
3	Dew, Rosemary N	64	MARY-MD	4:36.53
	1:00.20	2:09.39	3:22.93	4:36.53

Women 60-64 100 SC Meter Butterfly

WORLD: 1:11.47 W 12/8/13 LAURA VAL
NATL: 1:11.47 N 12/8/13 LAURA VAL
ZON: 1:41.74 Z 2000 Margit Jebe

1	Loftus-Charley, Shirley A	63	VMST-VA	1:27.61Z
	40.82	1:27.61		

Women 60-64 100 SC Meter IM

WORLD: 1:15.07 W 10/6/13 LAURA VAL
NATL: 1:15.07 N 10/6/13 LAURA VAL
ZON: 1:19.86 Z 12/11/10 Diann B Uustal

1	Dew, Rosemary N	64	MARY-MD	1:55.22
	54.35	1:55.22		

Women 60-64 200 SC Meter IM

WORLD: 2:41.53 W 12/6/13 LAURA VAL
NATL: 2:41.53 N 12/6/13 LAURA VAL
ZON: 3:28.05 Z 2007 Sue Lecarreux

1	Pfinsgraff, Joan L	60	TERR-PV	2:55.90Z
	39.22	1:21.65	2:14.39	2:55.90
2	Loftus-Charley, Shirley A	63	VMST-VA	3:01.42Z
	40.24	1:27.71	2:21.35	3:01.42
3	Boslego, Barbara E	63	VMST-VA	3:42.18
	53.91	1:54.87	2:53.67	3:42.18

Women 60-64 400 SC Meter IM

WORLD: 5:51.81 W 9/25/11 LAURA VAL
NATL: 5:51.81 N 9/25/11 LAURA VAL
ZON: 6:57.45 Z 2005 Kathy Slifer

1	Loftus-Charley, Shirley A	63	VMST-VA	6:17.58Z
	40.60	1:28.73	2:18.22	3:06.20
	4:00.04	4:55.37	5:37.18	6:17.58

Women 65-69 100 SC Meter Freestyle

WORLD: 1:10.76 W 11/13/11 DIANN UUSTAL
NATL: 1:10.76 N 11/13/11 DIANN UUSTAL
ZON: 1:13.53 Z 12/14/13 Diann B Uustal

1	Bennett, Ruth R	68	UC10-PV	1:27.78
	41.94	1:27.78		

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Women 65-69 400 SC Meter Freestyle

WORLD: 5:35.53 W 12/5/10 CAROLYN BOAK

NATL: 5:35.53 N 12/5/10 CAROLYN BOAK

ZON: 6:47.32 Z 2009 Jane Katz

1	Bennett, Ruth R	68	UC10-PV	6:52.27
	46.09	1:37.96	2:29.93	3:22.92
	4:15.10	5:08.20	6:00.69	6:52.27

Women 65-69 100 SC Meter Backstroke

WORLD: 1:17.95 W 12/11/11 DIANN UUSTAL

NATL: 1:17.95 N 12/11/11 DIANN UUSTAL

ZON: 1:25.70 Z 12/14/13 Diann B Uustal

1	Pettijohn, Margot K	68	ANCM-PV	1:41.54
	50.05	1:41.54		

Women 65-69 200 SC Meter Backstroke

WORLD: 2:53.36 W 12/4/11 DIANN UUSTAL

NATL: 2:53.36 N 12/4/11 DIANN UUSTAL

ZON: 3:33.76 Z 2005 Susan Livingston

1	Pettijohn, Margot K	68	ANCM-PV	3:35.73
	50.67	1:44.73	2:40.80	3:35.73

Women 65-69 50 SC Meter Breaststroke

WORLD: 40.90 W 5/9/10 NOBUKO YASUDA

NATL: 42.02 N 11/12/11 DIANN UUSTAL

ZON: 46.07 Z 12/11/10 Linda Webb

1	Pettijohn, Margot K	68	ANCM-PV	46.59
---	---------------------	----	---------	-------

Women 65-69 50 SC Meter Butterfly

WORLD: 34.53 W 10/13/13 DIANN UUSTAL

NATL: 34.53 N 10/13/13 DIANN UUSTAL

ZON: 36.07 Z 12/14/13 Diann B Uustal

1	Pettijohn, Margot K	68	ANCM-PV	42.20
---	---------------------	----	---------	-------

Women 65-69 100 SC Meter Butterfly

WORLD: 1:23.41 W 11/5/11 BRIGITTE MERTEN

NATL: 1:25.67 N 12/4/10 CAROLYN BOAK

ZON: 1:54.58 Z 2005 Susan Livingston

1	Pettijohn, Margot K	68	ANCM-PV	1:35.82Z
	44.59	1:35.82		

Women 65-69 100 SC Meter IM

WORLD: 1:20.86 W 12/10/11 DIANN UUSTAL

NATL: 1:20.86 N 12/10/11 DIANN UUSTAL

ZON: 1:24.95 Z 12/15/13 Diann B Uustal

1	Pettijohn, Margot K	68	ANCM-PV	1:32.14
	45.11	1:32.14		

Women 70-74 50 SC Meter Freestyle

WORLD: 33.34 W 11/27/10 CHRISTEL SCHULZ

NATL: 35.37 N 11/7/99 GAIL ROPER

ZON: 35.37 Z 1999 Gail Roper

1	Manheim, Lucy M	72	RMST-PV	52.33
---	-----------------	----	---------	-------

Women 70-74 100 SC Meter Freestyle

WORLD: 1:12.97 W 6/14/09 YOSHIKO OSAKI

NATL: 1:18.67 N 12/5/99 GAIL ROPER

ZON: 1:20.89 Z 1999 Gail Roper

1	Durrant, Betsy	73	VMST-VA	1:43.48
	48.79	1:43.48		

Women 70-74 200 SC Meter Freestyle

WORLD: 2:44.70 W 2/17/08 YOSHIKO OSAKI

NATL: 2:58.06 N 5/15/00 GAIL ROPER

ZON: 3:00.74 Z 1999 Gail Roper

1	Martin, Judy	72	VMST-VA	4:15.02
	58.59	2:03.28	3:09.89	4:15.02
---	Durrant, Betsy	73	VMST-VA	DNF

Women 70-74 400 SC Meter Freestyle

WORLD: 5:50.41 W 11/15/08 YOSHIKO OSAKI

NATL: 6:14.34 N 1/19/13 JACKIE MARR

ZON: 6:33.93 Z 1999 Gail Roper

---	Durrant, Betsy	73	VMST-VA	DQ
-----	----------------	----	---------	----

Women 70-74 800 SC Meter Freestyle

WORLD: 12:32.86 W 2/23/01 JANE ASHER

NATL: 12:39.45 N 1/19/13 JACKIE MARR

ZON: 16:09.51 Z 1999 Ruth Aaron

1	Durrant, Betsy	73	VMST-VA	16:11.00
	52.42	1:50.72	2:50.04	3:50.21
	4:50.08	5:50.49	6:50.21	7:52.04
	8:53.02	9:54.56	10:55.95	12:01.09
	13:01.65	14:06.56	15:09.23	16:11.00
2	Martin, Judy	72	VMST-VA	17:35.79
	1:01.51	2:07.14	3:12.47	4:18.05
	5:24.35	6:30.84	7:37.17	8:43.57
	9:50.19	10:57.25	12:03.69	13:10.30
	14:16.35	15:22.31	16:29.67	17:35.79
3	Manheim, Lucy M	72	RMST-PV	18:26.18
	1:03.43	2:10.49	3:20.03	4:29.53
	5:39.23	6:48.87	7:57.87	9:06.75
	10:16.27	11:26.59	12:37.41	13:47.42
	14:57.75	16:07.64	17:16.43	18:26.18

Women 70-74 50 SC Meter Backstroke

WORLD: 38.88 W 5/24/14 CLARY MUNNS

NATL: 40.58 N 4/15/12 JOY WARD

ZON: 44.60 Z 2006 Nancy Brown

1	Manheim, Lucy M	72	RMST-PV	1:00.10
---	-----------------	----	---------	---------

Women 70-74 100 SC Meter Backstroke

WORLD: 1:26.25 W 5/20/12 SATOKO TAKEUJI

NATL: 1:29.64 N 4/14/12 JOY WARD

ZON: 1:35.79 Z 1997 Doris Steadman

1	Martin, Judy	72	VMST-VA	2:07.98
	1:01.83	2:07.98		
2	Manheim, Lucy M	72	RMST-PV	2:09.83
	1:03.30	2:09.83		

Women 70-74 50 SC Meter Breaststroke

WORLD: 42.80 W 2/27/05 SHOKO YONEZAWA

NATL: 44.22 N 11/13/11 JOANN LEILICH

ZON: 48.47 Z 1999 Gail Roper

1	Martin, Judy	72	VMST-VA	1:04.26
---	--------------	----	---------	---------

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Women 70-74 100 SC Meter IM

WORLD: 1:24.88 W 10/18/09 YOSHIKO OSAKI

NATL: 1:32.23 N 5/15/00 GAIL ROPER

ZON: 1:51.46 Z 2008 Laura Walker

--- Manheim, Lucy M 72 RMST-PV DQ
1:09.54 DQ**Men 18-24 50 SC Meter Freestyle**

NATL: 21.38 N 12/11/05 NICK BRUNELLI

ZON: 23.12 Z 2003 Paul Buren

1 Fogle, Terrance D 24 UC12-VA 24.63
2 Ghaffari, Armon D 21 UC10-PV 26.96
3 Tashjian, Greg 23 LTVA-VA 27.24**Men 18-24 100 SC Meter Freestyle**

NATL: 48.00 N 12/11/05 NICK BRUNELLI

ZON: 52.03 Z 2003 Paul Buren

1 Fogle, Terrance D 24 UC12-VA 56.28
26.64 56.28
2 Ghaffari, Armon D 21 UC10-PV 1:02.72
28.05 1:02.72
3 Tashjian, Greg 23 LTVA-VA 1:06.28
29.81 1:06.28**Men 18-24 50 SC Meter Backstroke**

NATL: 25.38 N 3/17/12 JOSH HAFKIN

ZON: 27.39 Z 2002 William Jewell

1 Glass, Sidney L 23 BAM1-VA 27.12Z

Men 18-24 100 SC Meter Backstroke

NATL: 51.91 N 10/29/11 EUGENE GODSOE

ZON: 59.53 Z 12/14/13 Joe Perez-Rogers

1 Glass, Sidney L 23 BAM1-VA 58.49Z
27.74 58.49**Men 18-24 200 SC Meter Backstroke**

NATL: 2:01.17 N 12/4/09 LOUIS VAYO

ZON: 2:14.77 Z 2002 William Jewell

1 Glass, Sidney L 23 BAM1-VA 2:11.48Z
29.84 1:02.78 1:37.12 2:11.48**Men 18-24 50 SC Meter Breaststroke**

NATL: 27.83 N 11/21/09 GREGOR PLEVELJ

ZON: 29.12 Z 2002 Luciano Galindo

1 Glass, Sidney L 23 BAM1-VA 31.32
2 Tashjian, Greg 23 LTVA-VA 37.02**Men 18-24 100 SC Meter Breaststroke**

NATL: 1:01.75 N 12/11/05 GREG OWEN

ZON: 1:05.45 Z 2002 Luciano Galindo

1 Fogle, Terrance D 24 UC12-VA 1:15.03
34.18 1:15.03**Men 18-24 50 SC Meter Butterfly**

NATL: 24.84 N 9/27/14 IVAN NECHUNAEV

ZON: 25.16 Z 2003 Paul Buren

1 Ghaffari, Armon D 21 UC10-PV 30.82

Men 18-24 100 SC Meter IM

NATL: 55.71 N 10/29/11 EUGENE GODSOE

ZON: 1:00.78 Z 12/15/13 Joe Perez-Rogers

1 Glass, Sidney L 23 BAM1-VA 59.80Z
27.27 59.80**Men 18-24 200 SC Meter IM**

NATL: 2:00.32 N 12/11/05 NICK BRUNELLI

ZON: 2:14.94 Z 2009 Val Perfanov

1 Glass, Sidney L 23 BAM1-VA 2:14.46Z
28.55 1:02.29 1:41.85 2:14.46**Men 25-29 50 SC Meter Freestyle**

WORLD: 21.54 W 9/27/14 CIELO CESAR

NATL: 21.37 N 11/15/14 CESAR CIELO

ZON: 24.10 Z 12/15/13 Eric T Nilsson

1 Cieslak, Warren R 27 UC12-VA 24.59
2 Compton, Taylor I 26 L4S-PV 25.21
3 Moseley, Patrick J 28 L4S-PV 32.01
4 Chang, Edward 28 VMST-VA 35.49**Men 25-29 100 SC Meter Freestyle**

WORLD: 48.29 W 11/24/13 DARIAN TOWNSEND

NATL: 47.43 N 11/16/14 CESAR CIELO

ZON: 52.19 Z 1999 Curtis Sawin

1 Compton, Taylor I 26 L4S-PV 56.17
27.26 56.17
2 Cieslak, Warren R 27 UC12-VA 56.75
26.96 56.75
3 Chang, Edward 28 VMST-VA 1:20.89
36.95 1:20.89**Men 25-29 200 SC Meter Freestyle**

WORLD: 1:44.90 W 11/3/13 DARIAN TOWNSEND

NATL: 1:44.90 N 11/3/13 DARIAN TOWNSEND

ZON: 1:52.82 Z 2013 Eric Nilsson

1 Guiffre, John 25 ARMS-PV 2:08.28
29.46 1:01.07 1:34.22 2:08.28**Men 25-29 400 SC Meter Freestyle**

WORLD: 3:53.60 W 3/16/07 SYLVAIN CROS

NATL: 3:57.03 N 12/14/13 ERIC NILSSON

ZON: 3:57.03 Z 2013 Eric Nilsson

1 Moseley, Patrick J 28 L4S-PV 5:29.73
36.10 1:17.22 2:00.15 2:43.10
3:25.53 4:07.92 4:49.52 5:29.73**Men 25-29 100 SC Meter Backstroke**

WORLD: 54.23 W 9/25/11 LEONARDO SUMIDA

NATL: 55.26 N 3/15/09 KEVIN DOAK

ZON: 58.95 Z 1999 Curtis Sawin

1 Taylor, Tim 27 ALEX-PV 1:13.67
35.27 1:13.67**Men 25-29 200 SC Meter Backstroke**

WORLD: 1:56.22 W 12/16/06 STEFAN HERBST

NATL: 2:02.63 N 12/10/95 JOHN KEPPELER

ZON: 2:07.58 Z 12/15/13 Eric T Nilsson

1 Moseley, Patrick J 28 L4S-PV 2:51.78
40.23 1:24.13 2:09.05 2:51.78

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 25-29 50 SC Meter Breaststroke**WORLD:** 27.31 W 11/23/13 EETU KARVONEN**NATL:** 27.31 N 11/23/13 EETU KARVONEN**ZON:** 30.14 Z 2001 Jared Walkenhorst

1	Cieslak, Warren R	27	UC12-VA	31.14
2	Guiffre, John	25	ARMS-PV	32.70

Men 25-29 100 SC Meter Breaststroke**WORLD:** 59.21 W 11/23/13 EETU KARVONEN**NATL:** 59.21 N 11/23/13 EETU KARVONEN**ZON:** 1:05.09 Z 2001 Jared Walkenhorst

1	Chang, Edward	28	VMST-VA	1:38.85
	45.63		1:38.85	

Men 25-29 50 SC Meter Butterfly**WORLD:** 23.53 W 11/24/13 DARIAN TOWNSEND**NATL:** 23.53 N 11/24/13 DARIAN TOWNSEND**ZON:** 25.20 Z 2000 Curtis Sawin

1	Cieslak, Warren R	27	UC12-VA	26.28
---	-------------------	----	---------	-------

Men 25-29 100 SC Meter Butterfly**WORLD:** 52.45 W 11/3/13 DARIAN TOWNSEND**NATL:** 52.45 N 11/3/13 DARIAN TOWNSEND**ZON:** 54.98 Z 2000 Curtis Sawin

1	Guiffre, John	25	ARMS-PV	1:03.66
	29.08		1:03.66	
2	Taylor, Tim	27	ALEX-PV	1:13.63
	32.82		1:13.63	

Men 25-29 100 SC Meter IM**WORLD:** 53.47 W 11/3/13 DARIAN TOWNSEND**NATL:** 53.47 N 11/3/13 DARIAN TOWNSEND**ZON:** 58.81 Z 1999 Curtis Sawin

1	Taylor, Tim	27	ALEX-PV	1:12.92
	32.61		1:12.92	
---	Moseley, Patrick J	28	L4S-PV	DQ
	38.09		DQ	

Men 25-29 200 SC Meter IM**WORLD:** 1:59.70 W 1/31/10 K.GILCHRIST**NATL:** 1:59.79 N 10/13/13 ADAM RITTER**ZON:** 2:07.61 Z 12/14/13 Eric T Nilsson

1	Guiffre, John	25	ARMS-PV	2:26.13	
	30.12		1:08.61	1:51.19	2:26.13

Men 25-29 400 SC Meter IM**WORLD:** 4:14.51 W 11/15/09 IKUMI HASEGAWA**NATL:** 4:26.79 N 12/10/95 JOHN KEPPELER**ZON:** 4:40.76 Z 12/15/13 Eric T Nilsson

1	Guiffre, John	25	ARMS-PV	5:09.90	
	31.45		1:06.67	1:47.60	2:28.59
	3:12.01		3:58.94	4:34.46	5:09.90

Men 30-34 50 SC Meter Freestyle**WORLD:** 21.98 W 10/29/11 NICHOLAS BRUNELLI**NATL:** 21.98 N 10/29/11 NICHOLAS BRUNELLI**ZON:** 23.65 Z 2001 Curtis Sawin

1	Strahota, Jeffrey R	34	TERR-PV	27.82
2	Shaw, Chris	32	TERR-PV	29.30

Men 30-34 100 SC Meter Freestyle**WORLD:** 48.08 W 9/27/14 DARIAN TOWNSEND**NATL:** 48.08 N 9/27/14 DARIAN TOWNSEND**ZON:** 51.72 Z 2002 Curtis Sawin

1	Strahota, Jeffrey R	34	TERR-PV	1:00.24
	29.08		1:00.24	
2	O'Neill, Patrick E	31	HRMS-VA	1:08.45
	31.99		1:08.45	
3	Shiraz, Ashton K	31	HRMS-VA	1:26.00

Men 30-34 200 SC Meter Freestyle**WORLD:** 1:46.12 W 9/27/14 DARIAN TOWNSEND**NATL:** 1:46.12 N 9/27/14 DARIAN TOWNSEND**ZON:** 1:58.90 Z 2009 Adam Ritchie

1	Frazer, Austin J	30	UC10-PV	2:29.55	
	33.53		1:12.25	1:51.69	2:29.55

Men 30-34 400 SC Meter Freestyle**WORLD:** 3:57.47 W 10/4/09 TAMAS KEREKJARTO**NATL:** 3:57.47 N 10/4/09 TAMAS KEREKJARTO**ZON:** 4:16.90 Z 2005 Jon Wilkinson

1	Strahota, Jeffrey R	34	TERR-PV	4:49.44	
	32.78		1:09.37	1:46.59	2:23.97
	3:01.29		3:38.17	4:14.52	4:49.44

Men 30-34 800 SC Meter Freestyle**WORLD:** 8:17.06 W 12/10/00 ALEX KOSTICH**NATL:** 8:17.06 N 12/10/00 ALEX KOSTICH**ZON:** 9:15.57 Z 12/13/13 Michael Emmons

1	Frazer, Austin J	30	UC10-PV	10:53.78	
	36.88		1:16.75	1:57.51	2:38.72
	3:19.99		4:01.14	4:42.61	5:23.72
	6:04.38		6:46.57	7:28.41	8:10.13
	8:51.51		9:33.66	10:15.45	10:53.78

Men 30-34 50 SC Meter Backstroke**WORLD:** 24.81 W 10/24/09 DERYA BUYUKUNCU**NATL:** 24.81 N 10/24/09 DERYA BUYUKUNCU**ZON:** 27.03 Z 2003 Curtis Sawin

1	Strahota, Jeffrey R	34	TERR-PV	32.76
2	Shaw, Chris	32	TERR-PV	39.20

Men 30-34 100 SC Meter Backstroke**WORLD:** 52.68 W 10/24/09 DERYA BUYUKUNCU**NATL:** 52.68 N 10/24/09 DERYA BUYUKUNCU**ZON:** 58.75 Z 2002 Curtis Sawin

1	Frazer, Austin J	30	UC10-PV	1:24.07
	41.92		1:24.07	

Men 30-34 50 SC Meter Breaststroke**WORLD:** 27.11 W 9/26/09 MARCELO TOMAZINI**NATL:** 28.01 N 12/7/08 JEFF COMMINGS**ZON:** 30.93 Z 2006 Jared Walkenhorst

1	Strahota, Jeffrey R	34	TERR-PV	36.68
2	O'Neill, Patrick E	31	HRMS-VA	39.32

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 30-34 100 SC Meter Breaststroke**WORLD: 1:00.72 W 12/13/08 MARCELO TOMAZINI****NATL: 1:00.81 N 10/8/11 ED MOSES****ZON: 1:07.76 Z 2004 Jared Walkenhorst**

1	Strahota, Jeffrey R	34	TERR-PV	1:18.44
	37.10	1:18.44		

Men 30-34 200 SC Meter Breaststroke**WORLD: 2:12.58 W 2/13/10 HIROYUKI KOSAKA****NATL: 2:17.56 N 12/12/99 ROQUE SANTOS****ZON: 2:26.21 Z 2005 Stephan Joe**

1	Frazer, Austin J	30	UC10-PV	3:14.53
	44.18	1:34.43	2:25.77	3:14.53

Men 30-34 50 SC Meter Butterfly**WORLD: 22.87 W 5/16/09 THOMAS RUPPRATH****NATL: 24.44 N 11/1/09 ZSOLT GASPAR****ZON: 25.50 Z 2001 Curtis Sawin**

1	Strahota, Jeffrey R	34	TERR-PV	30.30
2	O'Neill, Patrick E	31	HRMS-VA	35.36

Men 30-34 200 SC Meter Butterfly**WORLD: 1:57.46 W 5/30/09 FERNANDO ALAEZ****NATL: 2:00.50 N 10/4/09 TAMAS KEREKJARTO****ZON: 2:20.98 Z 12/14/13 Bryan Guarnier**

1	Frazer, Austin J	30	UC10-PV	3:12.12
	42.45	1:31.90	2:23.09	3:12.12

Men 30-34 100 SC Meter IM**WORLD: 53.75 W 9/27/14 DARIAN TOWNSEND****NATL: 53.75 N 9/27/14 DARIAN TOWNSEND****ZON: 58.62 Z 2001 Curtis Sawin**

1	Shaw, Chris	32	TERR-PV	1:20.40
	37.86	1:20.40		

Men 30-34 200 SC Meter IM**WORLD: 1:57.68 W 12/4/09 TAMAS KEREKJARTO****NATL: 1:57.68 N 12/4/09 TAMAS KEREKJARTO****ZON: 2:13.88 Z 2005 Stephan Joe**

1	Strahota, Jeffrey R	34	TERR-PV	2:29.84
	32.06	1:12.64	1:54.82	2:29.84
2	Frazer, Austin J	30	UC10-PV	2:53.64
	37.72	1:25.94	2:15.05	2:53.64

Men 35-39 50 SC Meter Freestyle**WORLD: 21.53 W 10/27/07 MARK FOSTER****NATL: 22.73 N 12/5/09 FELIPE DELGADO****ZON: 23.44 Z 2004 Michael Ross**

1	Holden, Blake A	38	TERR-PV	25.24
2	Grasha, Eric M	38	DCAC-PV	27.82
3	Cho, Andy W	39	FAC-VA	31.90

Men 35-39 100 SC Meter Freestyle**WORLD: 49.53 W 3/19/00 JOHN MIRANDA****NATL: 50.72 N 11/6/09 MICHAEL PICOTTE****ZON: 51.01 Z 2003 Ron Karnaugh**

1	Williams, Rich	39	UC12-VA	1:02.14
	29.88	1:02.14		
2	Cho, Andy W	39	FAC-VA	1:12.52
	33.31	1:12.52		

Men 35-39 200 SC Meter Freestyle**WORLD: 1:51.31 W 12/14/03 ERIK HOCHSTEIN****NATL: 1:51.31 N 12/14/03 ERIK HOCHSTEIN****ZON: 1:51.54 Z 2004 Michael Ross**

1	Ahlgren, Kyle R	39	NCYM-PV	2:39.24
	37.53	1:18.38	1:59.02	2:39.24

Men 35-39 400 SC Meter Freestyle**WORLD: 3:57.77 W 12/14/03 ERIK HOCHSTEIN****NATL: 3:57.77 N 12/14/03 ERIK HOCHSTEIN****ZON: 4:01.78 Z 2003 Ron Karnaugh**

1	Romack, Dave	37	L4S-PV	4:44.26
	31.64	1:06.37	1:42.59	2:19.13
	2:55.65	3:32.37	4:08.76	4:44.26
2	Grasha, Eric M	38	DCAC-PV	4:51.24
	33.48	1:09.63	1:46.56	2:23.83
	3:01.28	3:38.64	4:15.57	4:51.24

Men 35-39 800 SC Meter Freestyle**WORLD: 8:16.19 W 12/6/09 ALEX KOSTICH****NATL: 8:16.19 N 12/6/09 ALEX KOSTICH****ZON: 8:53.41 Z 1999 Doug Chestnut**

1	Romack, Dave	37	L4S-PV	9:50.24
	31.64	1:06.98	1:43.23	2:20.23
	2:48.41	3:21.56	4:12.16	4:39.02
	5:28.44	6:05.04	6:21.25	
	7:59.93	8:37.23	9:14.37	9:50.24

Men 35-39 50 SC Meter Backstroke**WORLD: 25.72 W 10/18/09 EDILSON SILVA****NATL: 25.72 N 10/18/09 EDILSON SILVA****ZON: 25.86 Z 2004 Michael Ross**

1	Cho, Andy W	39	FAC-VA	36.48
---	-------------	----	--------	-------

Men 35-39 100 SC Meter Backstroke**WORLD: 55.95 W 12/5/04 MICHAEL ROSS****NATL: 55.95 N 12/5/04 MICHAEL ROSS****ZON: 55.95 Z 2004 Michael Ross**

1	Romack, Dave	37	L4S-PV	1:08.26
	32.99	1:08.26		
2	Cho, Andy W	39	FAC-VA	1:19.31
	37.57	1:19.31		
3	Ahlgren, Kyle R	39	NCYM-PV	1:25.10
	42.10	1:25.10		

Men 35-39 200 SC Meter Backstroke**WORLD: 2:00.34 W 12/8/02 RON KARNAUGH****NATL: 2:00.34 N 12/8/02 RON KARNAUGH****ZON: 2:00.34 Z 2002 Ron Karnaugh**

1	Romack, Dave	37	L4S-PV	2:26.52
	33.84	1:10.57	1:48.53	2:26.52
2	Grasha, Eric M	38	DCAC-PV	2:31.11
	36.19	1:14.80	1:53.51	2:31.11

Men 35-39 50 SC Meter Breaststroke**WORLD: 27.79 W 12/6/09 JEFF COMMINGS****NATL: 27.79 N 12/6/09 JEFF COMMINGS****ZON: 28.75 Z 2002 Ron Karnaugh**

1	Danner, Brendan	35	NIAG-NI	33.55
2	Williams, Rich	39	UC12-VA	34.74

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 35-39 100 SC Meter Breaststroke

WORLD: 1:01.18 W 9/15/13 **RYOSUKE IMAI**
NATL: 1:01.47 N 12/20/09 **JEFF COMMINGS**
ZON: 1:02.57 Z 2002 **Ron Karnaugh**

1	Holden, Blake A	38	TERR-PV	1:03.78
	30.25			1:03.78
2	Danner, Brendan	35	NIAG-NI	1:18.31
	35.78			1:18.31

Men 35-39 50 SC Meter Butterfly

WORLD: 23.72 W 3/20/11 **LARS FROLANDER**
NATL: 24.87 N 12/1/12 **GLENN COUNTS**
ZON: 25.29 Z 2004 **Michael Ross**

1	Danner, Brendan	35	NIAG-NI	29.98
2	Williams, Rich	39	UC12-VA	30.38

Men 35-39 100 SC Meter Butterfly

WORLD: 54.27 W 12/4/11 **IGOR MARCHENKO**
NATL: 54.27 N 12/4/11 **IGOR MARCHENKO**
ZON: 56.32 Z 2004 **Michael Ross**

1	Holden, Blake A	38	TERR-PV	1:00.38
	28.54			1:00.38

Men 35-39 200 SC Meter Butterfly

WORLD: 2:03.05 W 2/18/12 **E.MASSIMILIANO**
NATL: 2:02.98 N 11/15/14 **BRENT CREAGER**
ZON: 2:15.06 Z 2008 **Jeff Roddin**

1	Romack, Dave	37	L4S-PV	2:40.37	
	34.29		1:13.50	1:56.33	2:40.37

Men 35-39 200 SC Meter IM

WORLD: 2:03.29 W 12/8/02 **RON KARNAUGH**
NATL: 2:03.29 N 12/8/02 **RONALD KARNAUGH**
ZON: 2:03.29 Z 2002 **Ron Karnaugh**

1	Romack, Dave	37	L4S-PV	2:28.40	
	32.17		1:09.79	1:54.35	2:28.40
2	Ahlgren, Kyle R	39	NCYM-PV	3:08.61	
	45.98		1:30.88	2:26.91	3:08.61

Men 35-39 400 SC Meter IM

WORLD: 4:24.36 W 12/7/03 **RON KARNAUGH**
NATL: 4:24.36 N 12/7/03 **RONALD KARNAUGH**
ZON: 4:24.36 Z 2003 **Ron Karnaugh**

1	Romack, Dave	37	L4S-PV	5:18.61	
	33.77		1:12.03	1:52.76	2:33.72
	3:19.70		4:05.80	4:42.74	5:18.61

Men 40-44 50 SC Meter Freestyle

WORLD: 23.06 W 12/6/09 **M.GIALDI**
NATL: 23.13 N 8/15/13 **BRIAN JACOBSON**
ZON: 23.47 Z 2008 **Michael Ross**

1	Doane, Michael P	44	TERR-PV	25.63
---	------------------	----	---------	-------

Men 40-44 100 SC Meter Freestyle

WORLD: 50.43 W 12/6/08 **MICHAEL ROSS**
NATL: 50.43 N 12/6/08 **MICHAEL ROSS**
ZON: 50.43 Z 2008 **Michael Ross**

1	Wynes, Anthony G	44	RMST-PV	1:24.84
	41.37			1:24.84

Men 40-44 100 SC Meter Backstroke

WORLD: 54.85 W 12/7/08 **MICHAEL ROSS**
NATL: 54.85 N 12/7/08 **MICHAEL ROSS**
ZON: 54.85 Z 2008 **Michael Ross**

---	Wynes, Anthony G	44	RMST-PV	DQ
	49.51			DQ

Men 40-44 50 SC Meter Breaststroke

WORLD: 28.53 W 12/8/13 **STEVE WEST**
NATL: 28.52 N 11/15/14 **JEFF COMMINGS**
ZON: 30.17 Z 12/14/13 **Craig Crawford**

1	Doane, Michael P	44	TERR-PV	32.75
2	Wynes, Anthony G	44	RMST-PV	49.46

Men 40-44 50 SC Meter Butterfly

WORLD: 24.14 W 3/16/14 **LARS FROLANDER**
NATL: 24.91 N 12/6/08 **MICHAEL ROSS**
ZON: 24.91 Z 2008 **Michael Ross**

1	Doane, Michael P	44	TERR-PV	27.25
---	------------------	----	---------	-------

Men 40-44 100 SC Meter Butterfly

WORLD: 53.81 W 3/15/14 **LARS FROLANDER**
NATL: 55.82 N 12/14/08 **MICHAEL ROSS**
ZON: 56.99 Z 2008 **Chris Stevenson**

1	Doane, Michael P	44	TERR-PV	1:04.98
	30.39			1:04.98

Men 45-49 50 SC Meter Freestyle

WORLD: 23.65 W 12/1/12 **MATTHEW BIONDI**
NATL: 23.65 N 12/1/12 **MATTHEW BIONDI**
ZON: 24.85 Z 12/11/10 **Fritz Bedford**

1	Bockius, Ted C	48	TERR-PV	27.64
2	Clear, Kirk W	47	VMST-VA	27.76
3	Rees, Matt	46	MASH-PV	28.96
4	Purcell, Frank J	48	LMAC-PV	35.89

Men 45-49 100 SC Meter Freestyle

WORLD: 51.30 W 3/10/12 **NICOLAS GRANGER**
NATL: 52.54 N 12/2/07 **PAUL SMITH**
ZON: 54.77 Z 12/12/10 **Chris L Stevenson**

1	Bockius, Ted C	48	TERR-PV	1:00.75
	29.09			1:00.75
2	Shinaishin, Ahmed T	47	FAC-VA	1:17.89
	37.88			1:17.89
3	Bentley, David G	45	LTVA-VA	1:18.42
	38.53			1:18.42
4	Purcell, Frank J	48	LMAC-PV	1:23.94
	39.45			1:23.94

Men 45-49 200 SC Meter Freestyle

WORLD: 1:52.87 W 3/9/12 **NICOLAS GRANGER**
NATL: 1:56.00 N 12/2/07 **PAUL SMITH**
ZON: 2:02.40 Z 2008 **Steven Newman**

1	Bockius, Ted C	48	TERR-PV	2:14.94	
	30.51		1:03.24	1:37.44	2:14.94
2	Shinaishin, Ahmed T	47	FAC-VA	2:52.43	
	38.64		1:23.62	2:10.77	2:52.43
3	Bentley, David G	45	LTVA-VA	2:52.67	
	40.94		1:24.84	2:09.64	2:52.67

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 45-49 400 SC Meter Freestyle**WORLD: 4:05.10 W 1/20/13 FABIO CALMASINI****NATL: 4:09.19 N 11/1/09 KEITH SWITZER****ZON: 4:28.62 Z 2001 Jamie Hemmerle**

1	Bockius, Ted C	48	TERR-PV	4:48.26
	33.96	1:10.25	1:47.16	2:24.01
	3:00.60	3:37.34	4:13.53	4:48.26

Men 45-49 50 SC Meter Backstroke**WORLD: 27.02 W 12/12/09 CHRIS STEVENSON****NATL: 27.02 N 12/12/09 CHRIS STEVENSON****ZON: 27.38 Z 12/12/10 Chris L Stevenson**

1	Clear, Kirk W	47	VMST-VA	31.32
---	---------------	----	---------	-------

Men 45-49 100 SC Meter Backstroke**WORLD: 57.00 W 12/13/09 CHRIS STEVENSON****NATL: 57.00 N 12/13/09 CHRIS STEVENSON****ZON: 58.40 Z 12/12/10 Chris L Stevenson**

1	Errett, Douglas H	49	RMST-PV	1:24.45
	39.14	1:24.45		
2	Bentley, David G	45	LTVA-VA	1:29.38
	44.28	1:29.38		
3	Shinaishin, Ahmed T	47	FAC-VA	1:40.55
	48.07	1:40.55		

Men 45-49 50 SC Meter Breaststroke**WORLD: 28.87 W 1/17/10 RICO ROLLI****NATL: 28.88 N 10/12/13 TODD TORRES****ZON: 30.83 Z 2003 Greg Oxley**

1	Ellis, Brian W	47	L4S-PV	39.61
2	Bentley, David G	45	LTVA-VA	44.00
3	Purcell, Frank J	48	LMAC-PV	46.13
---	Shinaishin, Ahmed T	47	FAC-VA	DQ

Men 45-49 50 SC Meter Butterfly**WORLD: 25.58 W 3/17/13 JAN KARLSSON****NATL: 25.74 N 12/13/09 FRITZ BEDFORD****ZON: 26.45 Z 12/12/10 Fritz Bedford**

1	Ellis, Brian W	47	L4S-PV	31.19
2	Purcell, Frank J	48	LMAC-PV	38.90

Men 45-49 100 SC Meter IM**WORLD: 57.68 W 3/9/12 NICOLAS GRANGER****NATL: 1:00.14 N 11/22/09 ANDERS RASMUSSEN****ZON: 1:02.20 Z 2003 Greg Oxley**

1	Ellis, Brian W	47	L4S-PV	1:14.35
	34.51	1:14.35		
2	Rees, Matt	46	MASH-PV	1:17.42
	34.58	1:17.42		
3	Purcell, Frank J	48	LMAC-PV	1:39.12
	48.84	1:39.12		

Men 50-54 50 SC Meter Freestyle**WORLD: 23.38 W 10/18/09 ROWDY GAINES****NATL: 23.38 N 10/18/09 ROWDY GAINES****ZON: 24.26 Z 2003 Paul Trevisan**

1	Harris, Gregory	51	VMST-VA	25.85
2	Schutzmeister, Scott	50	L4S-PV	27.69
3	Harris, Mark E	52	ALEX-PV	28.03

Men 50-54 100 SC Meter Freestyle**WORLD: 51.61 W 10/17/09 ROWDY GAINES****NATL: 51.61 N 10/17/09 ROWDY GAINES****ZON: 54.61 Z 2003 Paul Trevisan**

1	Harris, Gregory	51	VMST-VA	57.40
	27.43	57.40		
2	Schutzmeister, Scott	50	L4S-PV	1:01.03
	29.54	1:01.03		
3	Kress, Jay T	51	L4S-PV	1:03.22
	29.78	1:03.22		
4	Shipp, Bill	54	TERR-PV	1:05.83
	32.39	1:05.83		
5	Golden, Scott M	51	GERM-PV	1:08.32
	32.07	1:08.32		
6	Harwit-Whewell, Stephen	54	WAVA-VA	1:10.83
	33.84	1:10.83		
7	Convis, Bradley A	52	WAVA-VA	1:19.31
	36.49	1:19.31		

Men 50-54 200 SC Meter Freestyle**WORLD: 1:54.61 W 10/14/11 AMBROSE GAINES****NATL: 1:54.61 N 10/14/11 ROWDY GAINES****ZON: 2:05.49 Z 2004 Greg Shaw**

1	Harris, Gregory	51	VMST-VA	2:08.89
	28.56	59.93	1:33.16	2:08.89
2	Yeomans, Scott	50	GSM-NJ	2:10.47
	31.30	1:04.94	1:38.10	2:10.47
3	Harris, Mark E	52	ALEX-PV	2:21.03
	29.52	1:04.09	1:41.87	2:21.03
4	Kress, Jay T	51	L4S-PV	2:21.39
	32.61	1:09.04	1:46.48	2:21.39
5	Shipp, Bill	54	TERR-PV	2:22.92
	33.28	1:09.65	1:46.98	2:22.92
6	Harwit-Whewell, Stephen	54	WAVA-VA	2:50.56
	39.94	1:23.43	2:07.84	2:50.56
7	Convis, Bradley A	52	WAVA-VA	3:09.45
	40.54	1:25.07	2:10.46	3:09.45

Men 50-54 400 SC Meter Freestyle**WORLD: 4:07.99 W 12/10/00 JIM MCCONICA****NATL: 4:07.99 N 12/10/00 JIM MCCONICA****ZON: 4:31.59 Z 2013 Patrick Autissier**

1	Yeomans, Scott	50	GSM-NJ	4:42.23
	33.07	1:09.30	1:45.63	2:22.14
	2:58.28	3:34.19	4:09.34	4:42.23
2	Schutzmeister, Scott	50	L4S-PV	4:51.93
	33.29	1:09.84	1:47.26	2:24.95
	3:02.42	3:39.59	4:15.94	4:51.93
3	Harris, Mark E	52	ALEX-PV	5:00.88
	31.61	1:07.22	1:44.12	2:22.09
	3:01.47	3:41.19	4:21.40	5:00.88
4	Evans, Brian R	50	RMST-PV	5:26.84
	37.01	1:17.99	2:00.27	2:43.78
	3:25.84	4:07.07	4:47.11	5:26.84

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 50-54 800 SC Meter Freestyle**WORLD: 8:44.51 W 12/10/00 JIM MCCONICA****NATL: 8:44.51 N 12/10/00 JIM MCCONICA****ZON: 9:25.69 Z 12/13/13 Patrick Autissier**

1	Yeomans, Scott	50	GSM-NJ	9:52.04
	31.88	1:07.23	1:43.04	2:19.42
	2:55.89	3:32.73	4:10.02	4:47.55
	5:25.06	6:02.95	6:41.36	7:20.81
	8:00.03	8:38.70	9:16.51	9:52.04
2	Harris, Gregory	51	VMST-VA	10:28.97
	31.58	1:06.38	1:42.30	2:19.42
	2:57.36	3:36.56	4:16.46	4:57.86
	5:39.38	6:21.66	7:03.26	7:45.15
	8:26.96	9:07.96	9:48.83	10:28.97

Men 50-54 50 SC Meter Backstroke**WORLD: 27.36 W 12/15/13 FRTIZ BEDFORD****NATL: 27.36 N 12/15/13 FRITZ BEDFORD****ZON: 27.36 Z 12/15/13 Fritz Bedford**

1	Harris, Gregory	51	VMST-VA	34.73
---	-----------------	----	---------	-------

Men 50-54 100 SC Meter Backstroke**WORLD: 59.91 W 10/26/13 FRITZ BEDFORD****NATL: 59.91 N 10/26/13 FRITZ BEDFORD****ZON: 1:04.21 Z 12/14/13 Douglas Pride**

1	House, Christopher	51	L4S-PV	1:12.25
	35.61	1:12.25		
2	Convis, Bradley A	52	WAVA-VA	1:40.95

Men 50-54 200 SC Meter Backstroke**WORLD: 2:11.84 W 12/4/09 JAMIE FOWLER****NATL: 2:11.84 N 12/4/09 JAMIE FOWLER****ZON: 2:15.90 Z 12/15/13 Fritz Bedford**

1	Yeomans, Scott	50	GSM-NJ	2:31.95
	37.03	1:15.21	1:54.16	2:31.95
2	House, Christopher	51	L4S-PV	2:34.69
	36.63	1:14.96	1:54.91	2:34.69
3	Kress, Jay T	51	L4S-PV	2:41.96
	37.33	1:18.38	2:01.54	2:41.96
4	Evans, Brian R	50	RMST-PV	2:55.53
	41.47	1:26.26	2:12.05	2:55.53

Men 50-54 50 SC Meter Breaststroke**WORLD: 29.84 W 12/8/13 DAVID GUTHRIE****NATL: 29.84 N 12/8/13 DAVID GUTHRIE****ZON: 31.08 Z 2008 Benn Doyle**

1	Harris, Gregory	51	VMST-VA	33.12
2	Thoresen, Stephen J	54	FAC-VA	36.34
3	Kress, Jay T	51	L4S-PV	37.63
4	Convis, Bradley A	52	WAVA-VA	42.29

Men 50-54 100 SC Meter Breaststroke**WORLD: 1:04.54 W 12/7/13 DAVID GUTHRIE****NATL: 1:04.54 N 12/7/13 DAVID GUTHRIE****ZON: 1:08.27 Z 2008 Benn Doyle**

1	Harris, Gregory	51	VMST-VA	1:14.60
	35.15	1:14.60		
2	Thoresen, Stephen J	54	FAC-VA	1:21.62
	38.33	1:21.62		

Men 50-54 200 SC Meter Breaststroke**WORLD: 2:21.65 W 12/8/13 DAVID GUTHRIE****NATL: 2:21.65 N 12/8/13 DAVID GUTHRIE****ZON: 2:32.78 Z 2008 Benn Doyle**

1	Harris, Gregory	51	VMST-VA	2:43.22
	35.75	1:17.69	2:00.31	2:43.22
2	Thoresen, Stephen J	54	FAC-VA	2:58.80
	40.89	1:25.55	2:11.92	2:58.80
3	Harris, Mark E	52	ALEX-PV	3:02.56
	39.73	1:24.75	2:13.51	3:02.56
4	Kress, Jay T	51	L4S-PV	3:07.39
	41.80	1:29.28	2:18.33	3:07.39
---	Convis, Bradley A	52	WAVA-VA	DQ
	48.23	1:42.66	2:39.20	DQ

Men 50-54 50 SC Meter Butterfly**WORLD: 25.49 W 5/16/09 DAN THOMPSON****NATL: 26.12 N 12/2/07 PAUL CARTER****ZON: 27.04 Z 2006 Donald Graham**

1	Schutzmeister, Scott	50	L4S-PV	29.40
2	Golden, Scott M	51	GERM-PV	32.23

Men 50-54 100 SC Meter Butterfly**WORLD: 57.29 W 12/2/07 PAUL CARTER****NATL: 57.29 N 12/2/07 PAUL CARTER****ZON: 1:00.50 Z 2005 Greg Shaw**

1	Schutzmeister, Scott	50	L4S-PV	1:06.52
	32.25	1:06.52		

Men 50-54 200 SC Meter Butterfly**WORLD: 2:11.70 W 12/9/12 DAVID SIMS****NATL: 2:11.70 N 12/9/12 DAVID SIMS****ZON: 2:38.61 Z 12/11/10 Pascal Borderies**

1	Grecco, Paul A	53	GMUP-PV	2:55.72
	38.20	1:22.92	2:09.64	2:55.72

Men 50-54 100 SC Meter IM**WORLD: 1:00.96 W 12/8/12 DAVID SIMS****NATL: 1:00.96 N 12/8/12 DAVID SIMS****ZON: 1:05.72 Z 2008 Benn Doyle**

1	Harris, Gregory	51	VMST-VA	1:04.71Z
	30.16	1:04.71		
2	Thoresen, Stephen J	54	FAC-VA	1:15.04
	34.87	1:15.04		
3	Goins, Todd	53	FAC-VA	1:29.66
	43.71	1:29.66		

Men 50-54 200 SC Meter IM**WORLD: 2:13.40 W 12/4/09 JAMIE FOWLER****NATL: 2:13.40 N 12/4/09 JAMIE FOWLER****ZON: 2:13.89 Z 12/14/13 David Sims**

1	Yeomans, Scott	50	GSM-NJ	2:30.29
	32.58	1:12.58	1:56.63	2:30.29
2	Harris, Gregory	51	VMST-VA	2:34.61
	33.82	1:13.01	1:56.67	2:34.61

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 50-54 400 SC Meter IM**WORLD: 4:48.02 W 4/21/11 MARCUS MATTIOLI****NATL: 4:50.40 N 12/15/13 DAVID SIMS****ZON: 4:50.40 Z 12/15/13 David Sims**

1	Harris, Gregory	51	VMST-VA	5:30.11
	33.89	1:15.90	1:58.65	2:40.09
	3:26.87	4:14.11	4:52.78	5:30.11
2	Grecco, Paul A	53	GMUP-PV	5:54.79
	39.08	1:23.83	2:08.48	2:52.99
	3:43.46	4:35.21	5:16.31	5:54.79

Men 55-59 50 SC Meter Freestyle**WORLD: 24.70 W 4/1/06 PAUL TREVISAN****NATL: 24.70 N 4/1/06 PAUL TREVISAN****ZON: 25.23 Z 2009 Paul Trevisan**

1	Rudnicki, Jim	57	VMST-VA	31.97
2	Nakazawa, Muraji	58	RMST-PV	36.63
3	Collier, William G	58	TERR-PV	39.09

Men 55-59 100 SC Meter Freestyle**WORLD: 54.50 W 4/5/09 JACK GROSELLE****NATL: 54.50 N 4/5/09 JACK GROSELLE****ZON: 58.25 Z 2004 Tom Geiman**

1	Tupitza, Charles W	59	WAVA-VA	1:07.97
	31.70	1:07.97		
2	Dawley, Scott K	56	WAVA-VA	1:31.46
	42.81	1:31.46		
3	Collier, William G	58	TERR-PV	1:33.53
	45.05	1:33.53		

Men 55-59 200 SC Meter Freestyle**WORLD: 1:59.08 W 11/21/09 MICHAEL MANN****NATL: 1:59.08 N 11/21/09 MICHAEL MANN****ZON: 2:11.98 Z 2008 James Thornton**

1	Tupitza, Charles W	59	WAVA-VA	2:36.42
	34.55	1:14.12	1:56.08	2:36.42
2	Dawley, Scott K	56	WAVA-VA	3:27.96
	46.67	1:39.62	2:34.91	3:27.96

Men 55-59 400 SC Meter Freestyle**WORLD: 4:16.03 W 11/22/09 MICHAEL MANN****NATL: 4:16.03 N 11/22/09 MICHAEL MANN****ZON: 4:36.89 Z 2001 John Calvert**

1	Rudnicki, Jim	57	VMST-VA	5:58.41
	38.27	1:20.22	2:05.36	2:52.42
	3:40.43	4:28.32	5:16.20	5:58.41

Men 55-59 800 SC Meter Freestyle**WORLD: 8:51.34 W 11/21/09 MICHAEL MANN****NATL: 8:51.34 N 11/21/09 MICHAEL MANN****ZON: 9:34.94 Z 2001 John Calvert**

1	Tupitza, Charles W	59	WAVA-VA	15:26.56
	43.61	1:36.41	2:33.34	3:30.89
	4:30.06	5:29.73	6:28.77	7:29.91
	8:31.14	9:30.90	10:32.02	11:33.02
	12:32.99	13:31.86	14:31.36	15:26.56

Men 55-59 50 SC Meter Backstroke**WORLD: 29.01 W 11/10/12 TOM BARTON****NATL: 29.01 N 12/10/12 TOM BARTON****ZON: 31.09 Z 2007 Mark Pugliese**

1	Romo, Robert A	56	VMST-VA	38.09
2	Collier, William G	58	TERR-PV	56.00

Men 55-59 100 SC Meter Backstroke**WORLD: 1:03.29 W 10/15/11 TOM BARTON****NATL: 1:03.29 N 10/15/11 TOM BARTON****ZON: 1:07.76 Z 2007 Mark Pugliese**

1	Romo, Robert A	56	VMST-VA	1:26.40
	42.28	1:26.40		
2	Swiger, Ralph B	58	VMST-VA	1:47.66
	52.97	1:47.66		

Men 55-59 200 SC Meter Backstroke**WORLD: 2:17.04 W 10/15/11 TOM BARTON****NATL: 2:17.04 N 10/15/11 TOM BARTON****ZON: 2:31.64 Z 12/15/13 Mark E Alexander**

1	Swiger, Ralph B	58	VMST-VA	3:56.58
	57.39	1:57.70	2:58.57	3:56.58

Men 55-59 50 SC Meter Breaststroke**WORLD: 30.50 W 9/26/09 WALTER KUSCH****NATL: 31.82 N 12/12/09 TIMOTHY SHEAD****ZON: 33.03 Z 12/14/13 Benn Doyle**

1	Romo, Robert A	56	VMST-VA	39.78
---	----------------	----	---------	-------

Men 55-59 100 SC Meter Breaststroke**WORLD: 1:08.13 W 9/25/09 WALTER KUSCH****NATL: 1:09.93 N 12/5/09 TIMOTHY SHEAD****ZON: 1:13.82 Z 12/15/13 Benn Doyle**

1	Nakazawa, Muraji	58	RMST-PV	1:38.76
	47.16	1:38.76		
2	Swiger, Ralph B	58	VMST-VA	1:44.33
	48.03	1:44.33		

Men 55-59 200 SC Meter Breaststroke**WORLD: 2:33.79 W 12/6/09 TIMOTHY SHEAD****NATL: 2:33.79 N 12/6/09 TIMOTHY SHEAD****ZON: 2:39.45 Z 12/14/13 Benn Doyle**

1	Swiger, Ralph B	58	VMST-VA	3:50.08
	51.81	1:51.11	2:51.22	3:50.08

Men 55-59 50 SC Meter Butterfly**WORLD: 26.45 W 5/18/13 DAN THOMPSON****NATL: 26.92 N 5/17/14 BRUCE KONE****ZON: 27.79 Z 2009 Donald Graham**

1	Romo, Robert A	56	VMST-VA	33.20
2	Tupitza, Charles W	59	WAVA-VA	34.32
3	Swiger, Ralph B	58	VMST-VA	49.03
4	Collier, William G	58	TERR-PV	54.48

Men 55-59 100 SC Meter Butterfly**WORLD: 59.80 W 4/1/13 DAN THOMPSON****NATL: 1:00.35 N 12/17/06 GREG SHAW****ZON: 1:06.46 Z 12/11/10 John M Craig**

1	Swiger, Ralph B	58	VMST-VA	1:57.21
	55.11	1:57.21		

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 55-59 200 SC Meter Butterfly**WORLD: 2:15.97 W 1/26/13 HUGO BREGMAN****NATL: 2:19.72 N 3/21/09 JOHN CRAIG****ZON: 2:20.61 Z 2009 John Craig**1 Swiger, Ralph B 58 VMST-VA 4:24.49
58.63 2:09.87 3:20.13 4:24.49**Men 55-59 100 SC Meter IM****WORLD: 1:03.48 W 12/12/09 TIMOTHY SHEAD****NATL: 1:03.48 N 12/12/09 TIMOTHY SHEAD****ZON: 1:07.54 Z 2002 Daniel Rogacki**1 Romo, Robert A 56 VMST-VA 1:19.92
38.11 1:19.922 Swiger, Ralph B 58 VMST-VA 1:46.61
50.62 1:46.613 Collier, William G 58 TERR-PV 2:04.65
55.88 2:04.65**Men 55-59 200 SC Meter IM****WORLD: 2:16.44 W 11/22/09 MICHAEL MANN****NATL: 2:16.44 N 11/22/09 MICHAEL MANN****ZON: 2:29.17 Z 2002 Daniel Rogacki**1 Romo, Robert A 56 VMST-VA 3:07.68
38.91 1:28.58 2:24.30 3:07.682 Swiger, Ralph B 58 VMST-VA 3:42.36
53.57 1:54.54 2:53.57 3:42.36--- Collier, William G 58 TERR-PV DQ
58.42 2:10.77 3:40.13 DQ**Men 55-59 400 SC Meter IM****WORLD: 4:51.97 W 11/21/09 MICHAEL MANN****NATL: 4:51.97 N 11/21/09 MICHAEL MANN****ZON: 5:31.03 Z 2002 Daniel Rogacki**1 Swiger, Ralph B 58 VMST-VA 8:17.32
56.93 2:06.27 3:11.15 4:16.35

5:24.20 6:30.28 7:24.43 8:17.32

Men 60-64 50 SC Meter Freestyle**WORLD: 24.90 W 12/3/06 RICH ABRAHAMS****NATL: 24.90 N 12/3/06 RICHARD ABRAHAMS****ZON: 28.32 Z 12/11/10 Homer Lane**

1 Martin, Jack R 63 1776-DV 30.39

Men 60-64 100 SC Meter Freestyle**WORLD: 55.87 W 5/17/14 JACK GROSELLE****NATL: 55.87 N 5/17/14 JACK GROSELLE****ZON: 1:04.56 Z 12/12/10 Rick B Walker**1 Martin, Jack R 63 1776-DV 1:06.03
32.00 1:06.032 Lang, Gordon L 63 UC10-PV 1:42.20
44.29 1:42.20**Men 60-64 200 SC Meter Freestyle****WORLD: 2:05.07 W 5/18/14 JACK GROSELLE****NATL: 2:05.07 N 5/18/14 JACK GROSELLE****ZON: 2:17.53 Z 12/11/10 Rick B Walker**1 Martin, Jack R 63 1776-DV 2:26.32
33.36 1:10.00 1:48.38 2:26.32**Men 60-64 400 SC Meter Freestyle****WORLD: 4:35.15 W 2/2/14 JACK GROSELLE****NATL: 4:35.15 N 2/2/14 JACK GROSELLE****ZON: 4:51.08 Z 12/12/10 Rick B Walker**1 Martin, Jack R 63 1776-DV 5:10.88
35.36 1:13.97 1:53.02 2:32.62

3:13.06 3:53.49 4:33.24 5:10.88

Men 60-64 800 SC Meter Freestyle**WORLD: 9:28.32 W 12/2/12 JIM MCCONICA****NATL: 9:28.32 N 12/2/12 JIM MC CONICA****ZON: 9:56.38 Z 12/10/10 Rick B Walker**1 Martin, Jack R 63 1776-DV 10:54.20
35.17 1:13.95 1:54.64 2:35.78

3:17.30 3:58.66 4:41.10 5:23.07

6:05.03 6:47.10 7:29.32 8:11.51

8:53.52 9:34.92 10:15.80 10:54.20

2 Fanelli, Michael 60 ACM-MD 12:58.34
42.78 1:29.57 2:18.64 3:08.05

3:56.63 4:44.99 5:33.44 6:22.32

7:10.26 7:58.65 8:46.61 9:34.97

10:23.18 11:11.66 12:00.13 12:58.34

Men 60-64 100 SC Meter Breaststroke**WORLD: 1:11.08 W 12/9/12 TIMOTHY SHEAD****NATL: 1:11.08 N 12/9/12 TIMOTHY SHEAD****ZON: 1:19.57 Z 12/12/10 Rick B Walker**1 Martin, Jack R 63 1776-DV 1:28.46
41.60 1:28.46**Men 60-64 200 SC Meter Breaststroke****WORLD: 2:37.61 W 11/13/11 RICK COLELLA****NATL: 2:37.61 N 11/13/11 RICK COLELLA****ZON: 2:52.88 Z 12/11/10 Rick B Walker**1 Martin, Jack R 63 1776-DV 3:12.39
43.22 1:31.56 2:21.59 3:12.39**Men 65-69 50 SC Meter Freestyle****WORLD: 25.62 W 10/14/12 RICHARD ABRAHAMS****NATL: 25.62 N 10/14/12 RICHARD ABRAHAMS****ZON: 27.26 Z 2009 Jim Dragon**

1 Paulson, Laurence W 65 RMST-PV 37.33

Men 65-69 200 SC Meter Freestyle**WORLD: 2:15.39 W 10/17/09 DAVID QUIGGIN****NATL: 2:15.39 N 10/17/09 DAVID QUIGGIN****ZON: 2:25.91 Z 2013 Frank McElroy**1 Harmon, David C 65 ANCM-PV 2:44.94
39.35 1:21.30 2:03.20 2:44.942 Paulson, Laurence W 65 RMST-PV 3:19.61
44.05 1:35.42 2:29.40 3:19.61**Men 65-69 400 SC Meter Freestyle****WORLD: 4:54.45 W 5/17/14 GLENN GRUBER****NATL: 4:54.45 N 5/17/14 GLENN GRUBER****ZON: 5:04.90 Z 2013 Frank McElroy**1 Paulson, Laurence W 65 RMST-PV 7:12.12
44.98 1:38.08 2:33.54 3:29.58

4:26.50 5:22.52 6:19.24 7:12.12

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 65-69 800 SC Meter Freestyle**WORLD: 10:16.06 W 2/10/07 VITTORIO ERMIRIO****NATL: 10:05.03 N 11/15/14 DAN KIRKLAND****ZON: 10:25.32 Z 12/13/13 Frank McElroy**

1	Paulson, Laurence W	65	RMST-PV	14:53.37
	45.78	1:39.16	2:35.40	3:31.75
	4:27.46	5:23.72	6:23.22	7:20.70
	8:19.35	9:15.52	10:11.53	11:09.02
	12:06.06	13:03.12	13:59.08	14:53.37

Men 65-69 100 SC Meter Backstroke**WORLD: 1:07.69 W 12/1/12 HUGH WILDER****NATL: 1:07.69 N 12/1/12 HUGH WILDER****ZON: 1:21.13 Z 2009 Richard Alexander**

1	Paulson, Laurence W	65	RMST-PV	1:43.91
	51.95	1:43.91		

Men 65-69 100 SC Meter Butterfly**WORLD: 1:05.90 W 3/21/09 JOSEP CLARET****NATL: 1:06.60 N 12/5/10 RICHARD ABRAHAMS****ZON: 1:15.48 Z 12/15/13 Frank McElroy**

1	Paulson, Laurence W	65	RMST-PV	1:43.90
	49.27	1:43.90		

Men 65-69 200 SC Meter Butterfly**WORLD: 2:38.71 W 11/15/08 ROBERT POILETMAN****NATL: 2:38.71 N 11/15/08 ROBERT POILETMAN****ZON: 2:53.24 Z 12/14/13 Frank McElroy**

1	Harmon, David C	65	ANCM-PV	3:47.90
	45.87	1:42.20	2:44.30	3:47.90

Men 65-69 100 SC Meter IM**WORLD: 1:09.90 W 5/18/14 HUBIE KERNS****NATL: 1:09.90 N 5/18/14 HUBIE KERNS****ZON: 1:21.36 Z 2009 Warner Brundage**

1	Paulson, Laurence W	65	RMST-PV	1:43.38
	47.91	1:43.38		

Men 65-69 400 SC Meter IM**WORLD: 5:34.78 W 5/19/14 HUBIE KERNS****NATL: 5:34.78 N 5/19/14 HUBIE KERNS****ZON: 5:54.86 Z 12/15/13 Frank McElroy**

1	Paulson, Laurence W	65	RMST-PV	8:01.83
	49.33	1:51.34	2:53.83	3:52.92
	5:06.62	6:17.68	7:11.57	8:01.83

Men 70-74 50 SC Meter Freestyle**WORLD: 27.70 W 12/6/08 JEFF FARRELL****NATL: 27.70 N 12/6/08 JEFF FARRELL****ZON: 31.66 Z 2008 Jerry Katz**

1	Zamon, Frederick J	72	GMUP-PV	35.50
---	--------------------	----	---------	-------

Men 70-74 50 SC Meter Backstroke**WORLD: 33.51 W 12/8/13 RICHARD BURNS****NATL: 33.51 N 12/8/13 RICHARD BURNS****ZON: 38.80 Z 12/15/13 David Vail**

1	Rolston, Howard	74	GOLD-FG	40.14
---	-----------------	----	---------	-------

Men 70-74 50 SC Meter Butterfly**WORLD: 31.55 W 2/17/08 BERT PETERSEN****NATL: 30.96 N 11/2/14 JIM DRAGON****ZON: 35.09 Z 2013 David Vail**

1	Rolston, Howard	74	GOLD-FG	38.46
---	-----------------	----	---------	-------

Men 70-74 100 SC Meter IM**WORLD: 1:14.40 W 10/6/13 RICHARD BURNS****NATL: 1:14.40 N 10/6/13 RICHARD BURNS****ZON: 1:33.26 Z 1999 Roger Franks**

1	Rolston, Howard	74	GOLD-FG	1:26.45Z
	38.77	1:26.45		
2	Zamon, Frederick J	72	GMUP-PV	1:46.35
	47.70	1:46.35		

Men 70-74 200 SC Meter IM**WORLD: 2:42.44 W 5/16/09 BARRY YOUNG****NATL: 2:44.81 N 12/6/13 RICHARD BURNS****ZON: 3:19.85 Z 1999 Roger Franks**

1	Rolston, Howard	74	GOLD-FG	3:12.75Z
	40.56	1:29.54	2:27.02	3:12.75

Men 70-74 400 SC Meter IM**WORLD: 5:58.19 W 4/10/10 BARRY YOUNG****NATL: 6:17.67 N 4/26/13 TOM LANDIS****ZON: 7:01.05 Z 1999 Roger Franks**

1	Zamon, Frederick J	72	GMUP-PV	8:33.37
	56.43	2:04.94	3:09.99	4:13.51
	5:26.40	6:37.56	7:37.32	8:33.37

Men 80-84 50 SC Meter Backstroke**WORLD: 38.15 W 4/28/13 S.SEKIKAWA****NATL: 38.62 N 11/11/13 CLARKE MITCHELL****ZON: 46.47 Z 2002 Gaetano Pavone**

1	Manheim, Frank T	84	RMST-PV	50.60
---	------------------	----	---------	-------

Men 80-84 100 SC Meter Backstroke**WORLD: 1:25.07 W 4/27/13 S.SEKIKAWA****NATL: 1:28.47 N 11/9/13 CLARKE MITCHELL****ZON: 1:52.37 Z 2007 William Haynes**

1	Manheim, Frank T	84	RMST-PV	1:51.78Z
	53.01	1:51.78		

Men 80-84 50 SC Meter Breaststroke**WORLD: 41.42 W 5/15/05 TOSHIO TAJIMA****NATL: 43.42 N 12/2/12 BOB BEST****ZON: 45.39 Z 2008 Charles Urstadt**

1	Lyons, Thomas F	81	VMST-VA	1:13.26
---	-----------------	----	---------	---------

Men 80-84 100 SC Meter Breaststroke**WORLD: 1:35.96 W 9/14/08 ZENJI NAKAHARI****NATL: 1:40.37 N 12/1/12 BOB BEST****ZON: 1:52.43 Z 2009 Albert Woods**

1	Lyons, Thomas F	81	VMST-VA	2:56.39
	1:22.37	2:56.39		

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 80-84 100 SC Meter IM

WORLD: 1:28.76 W 1/29/12 ROBERTO ALBERICHE

NATL: 1:29.29 N 4/27/14 JAMES ZURCHER

ZON: 1:57.67 Z 2003 Clarence Webb

1 Manheim, Frank T 84 RMST-PV 2:04.19
55.47 2:04.19**Women 120-159 200 SC Meter Freestyle Relay**

WORLD: 1:47.82 W 11/3/13 TSUNAMI -RUS

E YUDINA, L YUDINA, I SHLEMOVA, O BORISOVA

NATL: 1:51.99 N 11/13/11 RED TIDE OF NYC

K MOUGHTY, N JO, K GARY, S WAGER

ZON: 1:59.02 Z 2008 Red Tide

''''
1 FAC-VA A 2:40.42
1) Chu, Jan I W47 2) Goldberg, Julie F W30
3) Fontana, Megan M W29 4) McDonald, Erin B W34
51.02 1:31.76 2:06.23 2:40.42**Women 120-159 200 SC Meter Medley Relay**

WORLD: 1:59.09 W 4/4/08 LAMBERTSETER -NO

A KOIVISTO, S NORDENSTAM, M FUGLESTVEIT, M LOVBERG

NATL: 2:04.31 N 12/13/09 RED TIDE OF NYC

K GARY, T SHPAIZER, F WILLEBOORDSE, S WAGER

ZON: 2:05.37 Z 2009 Red Tide

K Gary, K Hays, T Shpaizer, F Willeboordse

1 VMST-VA A 2:29.18
1) Loftus-Charley, Shirley A W 2) Russo, Claire C W31
3) Letendre, Denise M W26 4) Dudley, Mariah V W27
43.07 1:22.14 1:54.92 2:29.18**Women 160-199 200 SC Meter Freestyle Relay**

WORLD: 1:48.08 W 11/10/13 NORTH CAROLINA MASTEI

SUE WALSH, JEN STRINGER, ALICIA UHL, ERIKA BRAUN

NATL: 1:48.08 N 11/10/13 NORTH CAROLINA MASTEI

S WALSH, J STRINGER, A UHL, E BRAUN

ZON: 1:49.41 Z 2009 Red Tide

F Willeboordse, J Kelsey, S Wager, K Gary

1 RMST-PV A 2:07.08
1) Brightwell, Kim M W54 2) Dawson, Mandy W52
3) Johnson, Mindy W51 4) Jones, Leslie L W41
32.14 1:04.58 1:36.93 2:07.08**Women 160-199 400 SC Meter Medley Relay**

WORLD: 4:42.41 W 10/26/12 TRAFFORD METRO -G

T GORST, G BOLTON, L LLOYD-ROACH, H SADLER

NATL: 4:43.31 N 12/15/98 SAN DIEGO SWIM MASTER

K PIPES-NEILSEN, C KRATTLI, B DUNBAR, B KNIGHT

ZON: 5:01.16 Z 2013 Swim RI

''''
1 RMST-PV A 5:34.34
1) Brightwell, Kim M W54 2) Dawson, Mandy W52
3) Johnson, Mindy W51 4) Jones, Leslie L W41
37.67 1:17.25 2:04.53 3:00.22
3:39.45 4:27.06 4:59.41 5:34.34**Men 72-99 200 SC Meter Freestyle Relay**

NATL: 1:37.95 N 12/6/09 SOUTH BAY SWIM TEAM

P JACOBSON, J ECKSTEIN, J HART, D BRADY

ZON: 1:46.84 Z 2013 Boston Universi

''''
--- UC10-PV A X1:42.30
2) Ghaffari, Armon D M21
25.46 51.73 1:18.44 1:42.30**Men 72-99 200 SC Meter Medley Relay**

NATL: 1:48.99 N 10/12/13 SWIM FORT LAUDERDALE

V ANDRADE, K KERTESZ, E PAZOS, J ANDRADE

ZON: 2:00.61 Z 2013 Worcester Area

''''
--- UC10-PV A X2:02.13
1) Ghaffari, Armon D M21
33.37 1:09.29 1:37.52 2:02.13**Men 120-159 800 SC Meter Freestyle Relay**

WORLD: 7:44.51 W 12/4/09 S CALIFORNIA AQUATIC

D SCHLESINGER, D WEGNER, E TOLMACHOFF, E HOCHSTEIN

NATL: 7:44.51 N 12/4/09 SOUTHERN CALAQUATICS

D SCHLESINGER, D WEGNER, E TOLMACHOFF, E HOCHSTEIN

ZON: 8:14.93 Z 2000 Badger Masters

''''
1 TERR-PV A 9:01.63
1) Holden, Blake A M38 2) Shaw, Chris M32
3) Bockius, Ted C M48 4) Strahota, Jeffrey R M34
28.16 58.80 1:30.16 2:01.45
2:35.11 3:14.00 3:54.96 4:36.83
5:08.23 5:41.85 6:16.24 6:51.13
7:20.79 7:53.72 8:27.56 9:01.63**Men 160-199 200 SC Meter Freestyle Relay**

WORLD: 1:33.91 W 3/28/09 LAHDEN KALEVA -FIN

J VIRTANEN, T MATKANIEMI, A AILIO, T RUNDGREN

NATL: 1:35.44 N 11/16/08 LONGHORN AQUATICS

T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE

ZON: 1:39.07 Z 2003 Garden State Ma

''''
1 L4S-PV A 1:59.15
1) Kress, Jay T M51 2) House, Christopher M51
3) Ellis, Brian W M47 4) Schutzmeister, Scott M50
28.32 58.13 1:27.82 1:59.15
2 TERR-PV A 2:08.54
1) Shaw, Chris M32 2) Collier, William G M58
3) Strahota, Jeffrey R M34 4) Bockius, Ted C M48
29.29 1:11.05 1:39.88 2:08.54

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Men 160-199 400 SC Meter Freestyle Relay

WORLD: 3:32.44 W 12/5/09 LONGHORN AQUATICS
A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA
NATL: 3:32.44 N 12/5/09 LONGHORN AQUATICS
A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA
ZON: 3:42.91 Z 2008 Jersey Area Mas

'''
 1 L4S-PV A 4:11.33
 1) Schutzmeister, Scott M50 2) Ellis, Brian W M47
 3) Kress, Jay T M51 4) House, Christopher M51
 29.67 1:00.52 1:31.07 2:05.48
 2:35.61 3:08.94 3:39.30 4:11.33
 2 TERR-PV A 4:41.57
 1) Bockius, Ted C M48 2) Collier, William G M58
 3) Shipp, Bill M54 4) Strahota, Jeffrey R M34
 29.35 1:00.82 1:16.12 2:34.53
 3:05.58 3:40.21 4:09.18 4:41.57

Men 160-199 800 SC Meter Freestyle Relay

WORLD: 7:52.82 W 12/4/09 LONGHORN AQUATICS
T BLESSING, M VAROZZA, T BARTEE, A RASMUSSEN
NATL: 7:52.82 N 12/4/09 LONGHORN AQUATICS
T BLESSING, M VAROZZA, T BARTEE, A RASMUSSEN
ZON: 8:59.80 Z 2003 Pennypack Aquat

'''
 1 L4S-PV A 9:19.52
 1) Kress, Jay T M51 2) House, Christopher M51
 3) Ellis, Brian W M47 4) Schutzmeister, Scott M50
 32.38 1:08.88 1:46.63 2:23.47
 2:55.17 3:28.93 4:04.30 4:39.06
 5:09.94 5:45.60 6:23.07 7:01.43
 7:33.58 8:08.54 8:44.28 9:19.52

Men 160-199 200 SC Meter Medley Relay

WORLD: 1:45.13 W 11/16/08 LONGHORN AQUATICS
A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA
NATL: 1:45.13 N 11/16/08 LONGHORN AQUATICS
A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA
ZON: 1:51.65 Z 2002 Garden State Ma

'''
 1 L4S-PV A 2:07.77
 1) House, Christopher M51 2) Kress, Jay T M51
 3) Ellis, Brian W M47 4) Compton, Taylor I M26
 32.81 1:09.80 1:40.22 2:07.77
 2 TERR-PV A 2:36.52
 1) Collier, William G M58 2) Shipp, Bill M54
 3) Strahota, Jeffrey R M34 4) Bockius, Ted C M48
 58.02 1:38.11 2:08.31 2:36.52

Men 160-199 400 SC Meter Medley Relay

WORLD: 3:53.09 W 12/6/09 LONGHORN AQUATICS
A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA
NATL: 3:50.93 N 11/15/08 LONGHORN AQUATICS
A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA
ZON: 4:10.47 Z 2008 Virginia Master

'''
 1 TERR-PV A 4:22.45
 1) Strahota, Jeffrey R M34 2) Holden, Blake A M38
 3) Doane, Michael P M44 4) Bockius, Ted C M48
 34.37 1:11.51 1:41.29 2:15.08
 2:44.49 3:21.65 3:50.90 4:22.45
 2 L4S-PV A 4:44.27
 1) House, Christopher M51 2) Kress, Jay T M51
 3) Ellis, Brian W M47 4) Schutzmeister, Scott M50
 34.13 1:09.20 1:47.12 2:30.85
 3:03.11 3:41.84 4:11.78 4:44.27

Men 200-239 400 SC Meter Freestyle Relay

WORLD: 3:40.26 W 10/15/11 BLU FROG TEAM -USA
C LYDECKER, R BOHLKEN, K SWITZER, A GAINES
NATL: 3:40.26 N 10/15/11 BLU FROG TEAM
C LYDECKER, R BOHLKEN, K SWITZER, A GAINES
ZON: 3:47.59 Z 2003 Colonials 1776

'''
 1 WAVA-VA A 5:15.73
 1) Tupitza, Charles W M59 2) Dawley, Scott K M56
 3) Convis, Bradley A M52 4) Harwit-Whewell, Stephen M
 32.78 1:12.13 2:43.92
 3:20.75 4:04.37 4:37.97 5:15.73

Mixed 120-159 200 SC Meter Freestyle Relay

WORLD: 1:38.68 W 11/25/12 TSUNAMI -RUS
V CHERNYI, O BORISOVA, E YUDINA, S MUKHIN
NATL: 1:41.37 N 12/10/00 EL SEGUNDO MASTERS
B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON
ZON: 1:35.56 Z 2002 Garden State Ma

'''
 1 VMST-VA A 1:58.21
 1) Clear, Kirk W M47 2) Dudley, Mariah V W27
 3) Letendre, Denise M W26 4) Harris, Gregory M51
 28.30 1:01.68 1:31.88 1:58.21

Mixed 120-159 400 SC Meter Freestyle Relay

WORLD: 3:45.99 W 10/30/10 OTTER -GBR
D ROBERTS, D WARREN, G HODSON, L KELLEHER
NATL: 3:51.21 N 12/5/09 THE OLYMPIC CLUB
C HESSLER, L WELTING, S GUZMAN, S GREENWOOD
ZON: 3:44.87 Z 2000 Badger Masters

'''
 2 HRMS-VA A 5:12.42
 1) Shiraz, Ashton K M31 2) Borden, Caroline E W36
 3) Burgess, Noelle W26 4) O'Neill, Patrick E M31
 39.58 1:28.01 2:04.18 2:47.07
 3:21.23 3:58.80 4:32.82 5:12.42

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14

Results

Mixed 120-159 200 SC Meter Medley Relay

WORLD: 1:47.51 W 11/23/13 PHOENIX SWIM CLUB -1
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI
NATL: 1:47.51 N 11/23/13 PHOENIX SWIM CLUB
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI
ZON: 1:49.93 Z 1997 RUBA

''''
 1 FAC-VA A 2:23.59
 1) Cho, Andy W M39 2) Thoresen, Stephen J M54
 3) Fontana, Megan M W29 4) McDonald, Erin B W34
 36.29 52.74 1:12.08 2:23.59
 --- HRMS-VA A X2:33.00
 1) Burgess, Noelle W26 2) O'Neill, Patrick E M31
 3) Borden, Caroline E W36 4) Fox, Zsuzsa B W45
 37.10 1:16.24 1:57.01 2:33.00

Mixed 120-159 400 SC Meter Medley Relay

WORLD: 3:56.24 W 11/24/13 PHOENIX SWIM CLUB -1
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI
NATL: 3:56.24 N 11/24/13 PHOENIX SWIM CLUB
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI
ZON: 4:06.10 Z 1997 RUBA

''''
 1 VMST-VA A 4:53.40
 1) Clear, Kirk W M47 2) Letendre, Denise M W26
 3) Dudley, Mariah V W27 4) Harris, Gregory M51
 34.78 1:12.27 1:50.61 2:33.73
 3:10.29 3:55.24 4:22.71 4:53.40
 2 FAC-VA A 5:23.37
 1) Cho, Andy W M39 2) Thoresen, Stephen J M54
 3) McDonald, Erin B W34 4) Fontana, Megan M W29
 38.62 1:21.49 1:43.35 2:41.95
 3:21.76 4:09.58 4:26.10 5:32.71
 5:23.37

Mixed 160-199 200 SC Meter Freestyle Relay

WORLD: 1:42.03 W 11/22/09 COLORADO MASTERS SWI
R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN
NATL: 1:42.03 N 11/22/09 COLORADO MASTERS SWI
R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN
ZON: 1:39.07 Z 2003 Garden State Ma

''''
 1 FAC-VA A 2:11.17
 1) Goins, Todd M53 2) Fontana, Megan M W29
 3) Thoresen, Stephen J M54 4) McDonald, Erin B W34
 32.96 1:07.74 1:37.62 2:11.17

Mixed 160-199 400 SC Meter Freestyle Relay

WORLD: 3:46.01 W 11/21/09 COLORADO MASTERS SWI
C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART
NATL: 3:46.01 N 11/21/09 COLORADO MASTERS SWI
C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART
ZON: 3:42.91 Z 2008 Jersey Area Mas

''''
 1 FAC-VA A 4:52.95
 1) Fontana, Megan M W29 2) Shinaishin, Ahmed T M47
 3) McDonald, Erin B W34 4) Thoresen, Stephen J M54
 36.17 1:14.57 1:51.54 2:30.88
 3:05.69 3:44.06 4:16.93 4:52.95

Mixed 200-239 800 SC Meter Freestyle Relay

WORLD: 8:53.46 W 10/14/11 BLU FROG TEAM -US/
R BOHLKEN, C SHONKWILER, E JONES, K SWITZER
NATL: 8:53.46 N 10/14/11 BLU FROG TEAM
R BOHLKEN, C SHONKWILER, E JONES, K SWITZER
ZON: 9:35.63 Z 2008 PAFC

''''
 1 VMST-VA A 11:15.46
 1) Letendre, Denise M W26 2) Swiger, Ralph B M58
 3) Romo, Robert A M56 4) Loftus-Charley, Shirley A W
 32.42 1:08.88 1:45.65 2:22.10
 3:06.70 4:00.65 4:54.69 5:45.44
 6:22.14 7:04.19 7:48.47 8:32.21
 9:09.92 9:51.93 10:34.30 11:15.46

Mixed 240-279 400 SC Meter Freestyle Relay

WORLD: 4:21.25 W 11/15/09 GOLD COAST MASTERS
D CAVANAUGH, P SARGEANT, C CAVANAUGH, D QUIGGIN
NATL: 4:20.33 N 11/9/14 SARASOTA YMCA SHARKS
J GROSELLE, L GROSELLE, N KRYKA, B COUCH
ZON: 4:28.91 Z 2008 Jersey Area Mas

''''
 1 VMST-VA A 5:21.66
 1) Loftus-Charley, Shirley A W 2) Swiger, Ralph B M58
 3) Boslego, Barbara E W63 4) Romo, Robert A M56
 36.08 1:14.36 1:56.68 2:42.56
 3:23.83 4:08.48 4:43.45 5:21.66

Combined Team Scores**Combined Team Scores - Through Event 57**

1. Virginia Masters Swim Team	1572
2. Terrapin Masters	905
3. Lane 4 Swimming	753
4. Reston Masters Swim Team	690
5. Freedom Aquatic Club	689
6. Colonials 1776	447
7. Harrisonburg Masters Swim Club	249
8. Warrenton Masters Swim Team	233
9. Alexandria Masters Swimming	174
10. Montgomery Ancient Mariners	160
11. Life Time Mid-Atlantic Swim Cl	156
12. Patriot Masters Swim Team	145
13. Crozet Parc YMCA Masters	140
14. National Capital YMCA	130
15. Gold Coast Masters	120
15. Burkwood Aquatics Masters	120
17. Life Time Swim Mid-Atlantic (115
18. Maryland Masters	107
19. Arlington Masters	97
19. Garden State Masters	97
21. Germantown Maryland Masters	71
22. Niagara District Masters	57
23. North Baltimore Aquatic Club M	56
24. District Of Columbia Aquatics	51
25. Masters Aquatics At Spring Hil	33
26. Arena Club Masters	17

Colonies Zones SCM Smackdown: South - 12/12/14 to 12/14/14**Results****Scores - Women**Women - Team Rankings - Through Event 57

1. Virginia Masters Swim Team	726
2. Reston Masters Swim Team	349
3. Freedom Aquatic Club	331
4. Colonials 1776	307
5. Terrapin Masters	180
6. Harrisonburg Masters Swim Club	148
7. Crozet Parc YMCA Masters	140
8. Montgomery Ancient Mariners	120
9. Maryland Masters	107
10. National Capital YMCA	77
10. Life Time Mid-Atlantic Swim Cl	77
12. Lane 4 Swimming	60
13. North Baltimore Aquatic Club M	56
14. Alexandria Masters Swimming	53
15. Patriot Masters Swim Team	51
16. Germantown Maryland Masters	40
16. Gold Coast Masters	40

Scores - MenMen - Team Rankings - Through Event 57

1. Terrapin Masters	725
2. Lane 4 Swimming	693
3. Virginia Masters Swim Team	686
4. Reston Masters Swim Team	341
5. Warrenton Masters Swim Team	233
6. Freedom Aquatic Club	204
7. Colonials 1776	140
8. Alexandria Masters Swimming	121
9. Burkwood Aquatics Masters	120
10. Life Time Swim Mid-Atlantic (115
11. Arlington Masters	97
11. Garden State Masters	97
13. Patriot Masters Swim Team	94
14. Gold Coast Masters	80
15. Life Time Mid-Atlantic Swim Cl	79
16. Harrisonburg Masters Swim Club	67
17. Niagara District Masters	57
18. National Capital YMCA	53
19. District Of Columbia Aquatics	51
20. Montgomery Ancient Mariners	40
21. Masters Aquatics At Spring Hil	33
22. Germantown Maryland Masters	31
23. Arena Club Masters	17