

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Women 18-24 50 SC Meter Freestyle

NATL: 25.58 N 11/20/10 J BECKBERGER

VA: 28.78 V 3/24/07 Meghan Brosch

1	Rechel, Margaret	24	VMST-VA	28.57V
2	Breuer, Lauren T	23	UC12-VA	29.31

Women 18-24 100 SC Meter Freestyle

NATL: 55.86 N 11/21/10 J BECKBERGER

VA: 1:01.58 V 12/31/07 Meghan Brosch

1	Lee, McKenzie	24	RSMS-VA	1:11.65
	34.97	1:11.65		

Women 18-24 200 SC Meter Freestyle

NATL: 2:03.39 N 12/6/09 ALEXANDRA LEE

VA: 2:21.12 V 12/31/87 Diane Hottler

1	Rechel, Margaret	24	VMST-VA	2:20.69V
	31.26	1:07.55	1:45.06	2:20.69
2	Reed, Leah	23	RSMS-VA	2:21.01V
	31.81	1:07.66	1:44.64	2:21.01

Women 18-24 400 SC Meter Freestyle

NATL: 4:19.91 N 12/4/10 MARINA FALCONE

VA: 5:23.97 V 11/7/09 Lindsay Schiller

1	Rechel, Margaret	24	VMST-VA	5:02.79V
	32.94	1:11.02	1:49.51	2:28.58
	3:07.63	3:47.09	4:25.94	5:02.79

Women 18-24 800 SC Meter Freestyle

NATL: 8:58.71 N 12/9/01 DAWN HECKMAN

VA: 12:38.85 V 11/5/11 Maria Martinez

1	Rechel, Margaret	24	VMST-VA	10:16.34V
	32.16	1:08.33	1:45.72	2:23.98
	3:02.72	3:40.73	4:19.76	4:59.46
	5:39.44	6:19.31	7:00.29	7:40.73
	8:20.63	9:00.13	9:39.22	10:16.34

Women 18-24 50 SC Meter Backstroke

NATL: 29.69 N 12/10/00 PAIGE FRANCIS

VA: 31.65 V 3/21/15 Gabrielle Mizerak

1	Breuer, Lauren T	23	UC12-VA	32.86
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Women 18-24 100 SC Meter Backstroke

NATL: 59.45 N 11/21/09 PETRA KLOSOVA

VA: 1:14.76 V 11/5/11 Kim Thoresen

1	Green, Anna	22	RSMS-VA	1:22.07
	39.91	1:22.07		

Women 18-24 50 SC Meter Breaststroke

NATL: 32.09 N 12/10/95 BEATA KASZUBA

VA: 32.67 V 11/8/08 Erla Dogg Haraldsdottir

1	Beristain, Juliette A	22	UC12-VA	40.16
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Women 18-24 100 SC Meter Breaststroke

NATL: 1:08.89 N 12/10/95 BEATA KASZUBA

VA: 1:23.44 V 11/8/08 Amy Charley

1	Beristain, Juliette A	22	UC12-VA	1:29.36
	42.02	1:29.36		

Women 18-24 50 SC Meter Butterfly

NATL: 28.37 N 12/5/09 MEG GILL

VA: 33.81 V 11/8/08 Kristin Stiff

1	Lee, McKenzie	24	RSMS-VA	34.96
---	Breuer, Lauren T	23	UC12-VA	DQ

Women 18-24 100 SC Meter Butterfly

NATL: 1:01.22 N 10/29/11 KATHERINE MILLS

VA: 1:07.19 V 3/21/15 Gabrielle Mizerak

1	Lee, McKenzie	24	RSMS-VA	1:18.92
	36.68	1:18.92		

Women 18-24 100 SC Meter IM

NATL: 1:01.74 N 12/6/09 KARA DENBY

VA: 1:03.84 V 11/8/08 Erla Dogg Haraldsdottir

1	Breuer, Lauren T	23	UC12-VA	1:13.37
	32.64	1:13.37		
2	Green, Anna	22	RSMS-VA	1:20.33
	36.93	1:20.33		

Women 18-24 200 SC Meter IM

NATL: 2:19.73 N 12/4/09 KARA DENBY

VA: 2:37.65 V 2000 Natalie Horsch

1	Reed, Leah	23	RSMS-VA	2:32.48V
	32.24	1:11.39	1:56.80	2:32.48
2	Green, Anna	22	RSMS-VA	2:56.03
	36.15	1:20.81	2:13.32	2:56.03
3	Beristain, Juliette A	22	UC12-VA	3:01.21
	38.74	1:25.38	2:16.88	3:01.21

Women 25-29 100 SC Meter Freestyle

WORLD: 55.28 W 4/15/12 MARIA FUSTER

NATL: 56.30 N 3/31/96 SHEILA TAORMINA

VA: 1:03.73 V 2000 Bridget Burket

1	Letendre, Denise M	27	VMST-VA	1:02.84V
	30.13	1:02.84		

Women 25-29 800 SC Meter Freestyle

WORLD: 8:51.18 W 3/31/96 SHEILA TAORMINA

NATL: 8:51.18 N 3/31/96 SHEILA TAORMINA

VA: 9:51.34 V 12/12/14 Denise Letendre

1	Jastrebsky, Rachel	28	UC12-VA	10:43.18
	37.48	1:17.33	1:58.38	2:39.45
	3:20.59	4:01.54	4:42.82	5:23.61
	6:03.95	6:44.30	7:24.64	8:04.71
	8:44.75	9:24.81	10:04.81	10:43.18

Women 25-29 50 SC Meter Backstroke

WORLD: 28.80 W 4/4/08 ANU KOIVISTO

NATL: 28.92 N 3/3/12 DIANA MACMANUS

VA: 31.77 V 3/20/10 Kate Hibbard

1	Shepard, Megan C	25	VMST-VA	49.87
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Women 25-29 100 SC Meter Breaststroke

WORLD: 1:09.38 W 10/28/11 GEORGINA HEYN

NATL: 1:10.04 N 4/15/12 MEGAN JENDRICK

VA: 1:19.19 V 1/1/96 Cheryl Conlin

1	Letendre, Denise M	27	VMST-VA	1:19.80
	38.38	1:19.80		

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Women 25-29 200 SC Meter Breaststroke

WORLD: 2:29.80 W 4/14/12 MEGAN JENDRICK

NATL: 2:29.80 N 4/14/12 MEGAN JENDRICK

VA: 2:44.46 V 6/4/15 Denise Letendre

1	Shepard, Megan C	25	VMST-VA	4:38.29
	1:05.17	2:16.99	3:28.44	4:38.29

Women 25-29 100 SC Meter Butterfly

WORLD: 1:00.18 W 5/8/10 YUKO NAKANISHI

NATL: 1:01.33 N 3/31/96 SHEILA TAORMINA

VA: 1:08.62 V 11/7/09 Lucy Carrig

1	Shepard, Megan C	25	VMST-VA	1:56.10
	54.48	1:56.10		

Women 25-29 200 SC Meter IM

WORLD: 2:17.17 W 4/23/06 HITOMI MATSUDA

NATL: 2:21.79 N 12/12/98 WENKE HANSEN

VA: 2:27.08 V 12/10/10 Kate Hibbard

1	Letendre, Denise M	27	VMST-VA	2:30.50
	33.11	1:11.80	1:55.79	2:30.50
2	Shepard, Megan C	25	VMST-VA	3:55.01
	55.58	1:57.00	3:03.04	3:55.01

Women 30-34 50 SC Meter Freestyle

WORLD: 25.57 W 9/27/09 SUMIKA KOMATSU

NATL: 25.69 N 11/10/12 ERIKA ERNDL

VA: 28.37 V 1/1/95 Beth Scheimann

1	Dunstan, Steph	31	NCMS-NC	34.20
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Women 30-34 400 SC Meter Freestyle

WORLD: 4:17.82 W 12/4/11 DAWN HECKMAN

NATL: 4:17.82 N 12/4/11 DAWN HECKMAN

VA: 4:54.54 V 11/5/11 Maura Bolger

1	Dunstan, Steph	31	NCMS-NC	6:09.66
	40.08	1:25.20	2:11.69	2:59.80
	3:48.64	4:36.62	5:24.94	6:09.66

Women 30-34 800 SC Meter Freestyle

WORLD: 8:38.58 W 12/4/11 DAWN HECKMAN

NATL: 8:38.58 N 12/4/11 DAWN HECKMAN

VA: 9:57.80 V 11/5/11 Maura Bolger

1	Birnbrauer, Robyn L	32	KMSC-HI	11:50.97
	38.36	1:20.13	2:04.62	2:49.07
	3:33.94	4:18.99	5:04.17	5:49.78
	6:34.63	7:19.53	8:05.23	8:51.09
	9:36.77	10:22.62	11:07.39	11:50.97

Women 35-39 50 SC Meter Freestyle

WORLD: 25.10 W 12/3/06 DARA TORRES

NATL: 25.10 N 12/3/06 DARA TORRES

VA: 27.17 V 3/25/00 Beth Baker

1	Hurtubise, Courtney N	35	1693-VA	27.92
2	Grier, Katie	37	1693-VA	28.34
3	Lovett, Lindsay R	37	1693-VA	39.11

Women 35-39 200 SC Meter Freestyle

WORLD: 2:03.12 W 3/25/12 HITOMI MATSUDA

NATL: 2:03.56 N 12/14/97 K PIPES-NEILSEN

VA: 2:12.39 V 12/9/00 Kelly Parker

1	Old, Catherine A	38	NCMS-NC	2:55.85
	41.24	1:26.07	2:11.59	2:55.85

Women 35-39 50 SC Meter Backstroke

WORLD: 28.68 W 11/21/09 SHERI HART

NATL: 28.68 N 11/21/09 SHERI HART

VA: 32.02 V 3/25/00 Beth Baker

1	Old, Catherine A	38	NCMS-NC	36.64
---	Lovett, Lindsay R	37	1693-VA	DQ

Women 35-39 100 SC Meter Backstroke

WORLD: 1:02.36 W 11/22/09 SHERI HART

NATL: 1:02.36 N 11/22/09 SHERI HART

VA: 1:12.66 V 4/19/98 Beth Baker

1	Old, Catherine A	38	NCMS-NC	1:20.65
	39.65	1:20.65		

Women 35-39 200 SC Meter Backstroke

WORLD: 2:14.10 W 12/14/97 K.PIPES-NEILSEN

NATL: 2:14.10 N 12/14/97 K PIPES-NEILSEN

VA: 2:38.84 V 4/19/98 Beth Baker

1	Old, Catherine A	38	NCMS-NC	2:54.10
	40.49	1:24.84	2:10.30	2:54.10

Women 35-39 50 SC Meter Breaststroke

WORLD: 31.87 W 3/25/12 HITOMI MATSUDA

NATL: 33.03 N 12/10/00 CAROLINE KRATTLI

VA: 35.54 V 12/31/95 Lisa Bennett

1	Hurtubise, Courtney N	35	1693-VA	36.97
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Women 35-39 50 SC Meter Butterfly

WORLD: 28.37 W 9/26/09 GISELI PEREIRA

NATL: 28.58 N 11/21/09 SHERI HART

VA: 29.69 V 4/16/00 Beth Baker

1	Grier, Katie	37	1693-VA	31.64
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Women 35-39 100 SC Meter IM

WORLD: 1:03.17 W 3/10/12 HITOMI MATSUDA

NATL: 1:04.61 N 11/22/09 SHERI HART

VA: 1:08.23 V 3/25/00 Beth Baker

1	Hurtubise, Courtney N	35	1693-VA	1:14.25
	36.50	1:14.25		

Women 40-44 50 SC Meter Freestyle

WORLD: 26.40 W 3/8/08 MARIKA JOHANSSON

NATL: 26.22 N 3/16/13 ERIKA BRAUN

VA: 27.61 V 4/6/02 Beth Baker

1	Kassens, Alice L	41	VMST-VA	35.73
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Women 40-44 100 SC Meter Freestyle

WORLD: 57.55 W 11/16/08 S.VON DER LIPPE

NATL: 57.55 N 11/16/08 S VON DER LIPPE

VA: 1:00.94 V 12/8/01 Beth Baker

1	Kassens, Alice L	41	VMST-VA	1:21.06
	38.72	1:21.06		

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Women 40-44 200 SC Meter Freestyle**WORLD: 2:05.26 W 12/14/03 K.PIPES-NEILSEN****NATL: 2:05.26 N 12/14/03 K PIPES-NEILSEN****VA: 2:17.69 V 5/6/11 Ana Paula Grilo**

1	Kassens, Alice L	41	VMST-VA	3:00.20
	41.05	1:26.40	2:13.25	3:00.20

Women 40-44 400 SC Meter Freestyle**WORLD: 4:21.75 W 12/14/03 K.PIPES-NEILSEN****NATL: 4:21.75 N 12/14/03 K PIPES-NEILSEN****VA: 4:52.93 V 4/30/11 Ana Paula Grilo**

1	Kassens, Alice L	41	VMST-VA	6:25.24
	43.78	1:31.69	2:20.59	3:09.67
	3:58.89	4:48.23	5:37.44	6:25.24

Women 45-49 50 SC Meter Freestyle**WORLD: 26.59 W 4/14/11 EDITH OTTERMANN****NATL: 27.09 N 12/2/07 K PIPES-NEILSEN****VA: 33.24 V 10/10/98 Kathy Wheeler**

1	Kratzer, Jill E	48	VMST-VA	44.01
2	Nicholls, Victoria	49	VTAC-VA	1:01.44

Women 45-49 400 SC Meter Freestyle**WORLD: 4:25.34 W 5/16/09 K.PIPES-NEILSEN****NATL: 4:25.34 N 5/16/09 K PIPES-NEILSEN****VA: 5:04.36 V 12/13/09 Charlotte Hollings**

1	McCammon, Carol F	49	VMST-VA	7:00.08
	48.91	1:42.01	2:34.54	3:27.91
	4:21.21	5:14.74	6:08.38	7:00.08

Women 45-49 800 SC Meter Freestyle**WORLD: 9:11.37 W 5/15/09 K.PIPES-NEILSEN****NATL: 9:11.37 N 5/15/09 K PIPES-NEILSEN****VA: 10:38.44 V 11/7/09 Charlotte Hollings**

1	McCammon, Carol F	49	VMST-VA	14:07.02
	47.00	1:39.14	2:32.41	3:25.78
	4:19.31	5:12.61	6:06.18	6:59.60
	7:53.38	8:46.75	9:40.39	10:33.82
	11:27.67	12:21.82	13:15.51	14:07.02
2	Kratzer, Jill E	48	VMST-VA	17:02.54
	56.05	1:56.54	3:00.39	4:04.84
	5:10.30	6:15.83	7:21.22	8:26.45
	9:30.92	10:35.57	11:40.85	12:45.60
	13:50.70	14:56.72	16:01.95	17:02.54

Women 45-49 50 SC Meter Backstroke**WORLD: 30.31 W 3/1/09 K.PIPES-NEILSEN****NATL: 30.58 N 12/2/07 K PIPES-NEILSEN****VA: 38.74 V 3/15/08 Debbie Jaeger**

1	Nicholls, Victoria	49	VTAC-VA	1:14.56
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Women 45-49 200 SC Meter Backstroke**WORLD: 2:18.15 W 2/26/09 K.PIPES-NEILSEN****NATL: 2:18.95 N 5/15/09 K PIPES-NEILSEN****VA: 2:57.56 V 5/4/07 Susan Gordon**

1	McCammon, Carol F	49	VMST-VA	3:58.46
	57.47	1:58.59	2:59.50	3:58.46

Women 45-49 50 SC Meter Breaststroke**WORLD: 33.82 W 10/10/10 S.VON DER LIPPE****NATL: 33.82 N 10/10/10 S VON DER LIPPE****VA: 39.16 V 10/28/09 Patricia Miller**

1	Kratzer, Jill E	48	VMST-VA	1:08.54
2	Nicholls, Victoria	49	VTAC-VA	1:46.22

Women 45-49 50 SC Meter Butterfly**WORLD: 28.84 W 10/10/10 S.VON DER LIPPE****NATL: 28.84 N 10/10/10 S VON DER LIPPE****VA: 33.65 V 11/6/10 Alice Phillips**

1	Nicholls, Victoria	49	VTAC-VA	1:31.13
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Women 50-54 100 SC Meter Freestyle**WORLD: 1:01.49 W 10/21/01 LAURA VAL****NATL: 1:01.49 N 10/21/01 LAURA VAL****VA: 1:04.38 V 5/20/11 Kelly Parker Palace**

1	Speer, Nancy	53	VMST-VA	1:19.50
	38.00	1:19.50		

Women 50-54 200 SC Meter Freestyle**WORLD: 2:10.72 W 12/6/09 S.HEIM-BOWEN****NATL: 2:10.72 N 12/6/09 S HEIM-BOWEN****VA: 2:17.99 V 5/20/11 Kelly Parker Palace**

1	Gordon, Susan H	54	VMST-VA	2:44.86
	36.39	1:16.90	2:00.10	2:44.86

Women 50-54 100 SC Meter Breaststroke**WORLD: 1:15.76 W 3/18/12 MONICA CORO****NATL: 1:20.72 N 11/8/08 JENNY COOK****VA: 1:24.00 V 12/11/09 Lisa Bennett**

1	Speer, Nancy	53	VMST-VA	1:39.38
	47.39	1:39.38		

Women 50-54 200 SC Meter Breaststroke**WORLD: 2:48.69 W 8/29/09 JENNY WHITELEY****NATL: 2:56.79 N 12/4/11 KIM CROUCH****VA: 3:12.55 V 12/8/07 Lisa Bennett**

1	Speer, Nancy	53	VMST-VA	3:28.83
	48.64	1:41.78	2:35.90	3:28.83

Women 55-59 50 SC Meter Freestyle**WORLD: 28.49 W 12/5/09 LAURA VAL****NATL: 28.49 N 12/5/09 LAURA VAL****VA: 31.28 V 11/5/11 Lisa Bennett**

1	Goode, Betsy L	56	VMST-VA	39.55
2	Schirmer, Jenny	56	VMST-VA	45.07

Women 55-59 100 SC Meter Freestyle**WORLD: 1:01.33 W 12/4/09 LAURA VAL****NATL: 1:01.33 N 12/4/09 LAURA VAL****VA: 1:10.45 V 12/4/10 Shirley Loftus-Charley**

1	Schirmer, Jenny	56	VMST-VA	1:42.96
	48.59	1:42.96		

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Women 55-59 200 SC Meter Freestyle**WORLD: 2:14.45 W 11/21/09 LAURA VAL****NATL: 2:14.45 N 11/21/09 LAURA VAL****VA: 2:34.31 V 11/6/10 Shirley Loftus-Charley**

1	Schirmer, Jenny	56	VMST-VA	3:47.76
		51.82	1:48.25	2:48.56
				3:47.76

Women 55-59 50 SC Meter Breaststroke**WORLD: 38.32 W 8/25/01 JAN WICKS****NATL: 38.62 N 12/9/12 BETH ESTEL****VA: 40.49 V 11/5/11 Lisa Bennett**

1	Goode, Betsy L	56	VMST-VA	50.82
2	Schirmer, Jenny	56	VMST-VA	59.35

Women 60-64 50 SC Meter Freestyle**WORLD: 29.48 W 10/3/11 LAURA VAL****NATL: 29.44 N 9/23/12 LAURA VAL****VA: 33.70 V 3/19/11 Shirley Loftus-Charley**

1	Broderson, Molly G	63	VMST-VA	40.84
2	Benn, Cheryl E	62	VMST-VA	41.63
3	Zaimes, Barbara J	60	VMST-VA	44.83
4	Patteson, Robin B	64	VMST-VA	51.64

Women 60-64 100 SC Meter Freestyle**WORLD: 1:05.16 W 1/15/11 LAURA VAL****NATL: 1:04.79 N 9/23/12 LAURA VAL****VA: 1:09.44 V 11/18/12 Shirley Loftus-Charley**

1	Loftus-Charley, Shirley A	64	VMST-VA	1:15.54
		36.74	1:15.54	
2	Broderson, Molly G	63	VMST-VA	1:34.94
		45.62	1:34.94	

Women 60-64 200 SC Meter Freestyle**WORLD: 2:20.16 W 12/4/11 LAURA VAL****NATL: 2:20.16 N 12/4/11 LAURA VAL****VA: 2:31.02 V 3/17/12 Shirley Loftus-Charley**

1	Broderson, Molly G	63	VMST-VA	3:29.53
		46.98	1:40.61	2:35.26
				3:29.53

Women 60-64 1500 SC Meter Freestyle**WORLD: 19:38.63 W 1/15/11 LAURA VAL****NATL: 19:38.63 N 1/15/11 LAURA VAL****VA: 19:59.92 V 11/5/11 Shirley Loftus-Charley**

1	Loftus-Charley, Shirley A	64	VMST-VA	20:50.24
		39.30	1:20.52	2:02.06
				2:43.69
		3:25.11	4:07.07	4:48.51
				5:29.99
		6:11.15	6:52.63	7:33.95
				8:15.74
		8:57.47	9:39.21	10:20.87
				11:02.86
		11:44.89	12:26.88	13:08.98
				13:51.27
		14:33.34	15:15.49	15:57.47
				16:39.53
		17:21.50	18:03.26	18:45.10
				19:27.20
		20:09.33	20:50.24	

2	Boslego, Barbara E	64	VMST-VA	27:37.81
		46.44	1:35.27	2:26.73
				3:20.51
		4:13.53	5:08.64	6:01.74
				6:57.18
		7:53.48	8:49.40	9:44.94
				10:41.01
		11:37.24	12:33.34	13:29.40
				14:25.15
		15:21.48	16:18.18	17:15.38
				18:12.41
		19:09.02	20:06.13	21:03.14
				22:00.12
		22:56.96	23:54.22	24:51.29
				25:48.81
		26:46.11	27:37.81	

Women 60-64 50 SC Meter Backstroke**WORLD: 33.94 W 10/3/11 LAURA VAL****NATL: 33.66 N 12/2/12 LAURA VAL****VA: 41.18 V 12/4/11 Shirley Loftus-Charley**

1	Zaimes, Barbara J	60	VMST-VA	51.57
2	Patteson, Robin B	64	VMST-VA	1:00.69

Women 60-64 100 SC Meter Backstroke**WORLD: 1:14.48 W 12/3/11 LAURA VAL****NATL: 1:13.87 N 10/13/12 LAURA VAL****VA: 1:27.00 V 12/4/11 Shirley Loftus-Charley**

1	Loftus-Charley, Shirley A	64	VMST-VA	1:28.89
		44.23	1:28.89	
---	Patteson, Robin B	64	VMST-VA	DQ

Women 60-64 50 SC Meter Breaststroke**WORLD: 38.60 W 3/18/02 MONIKA SENFTLEBEN****NATL: 39.60 N 11/12/11 DEB WALKER****VA: 44.95 V 11/18/12 Shirley Loftus-Charley**

1	Boslego, Barbara E	64	VMST-VA	46.78
2	Zaimes, Barbara J	60	VMST-VA	53.21
3	Sikora, Patricia	63	VMST-VA	57.14
4	Benn, Cheryl E	62	VMST-VA	1:00.63
---	Patteson, Robin B	64	VMST-VA	DQ

Women 60-64 100 SC Meter Breaststroke**WORLD: 1:26.43 W 10/6/02 HANNELORE ROSE****NATL: 1:27.07 N 11/13/11 DEB WALKER****VA: 1:35.83 V 11/5/11 Shirley Loftus-Charley**

1	Loftus-Charley, Shirley A	64	VMST-VA	1:39.30
		46.90	1:39.30	
2	Boslego, Barbara E	64	VMST-VA	1:45.61
		50.38	1:45.61	
3	Sikora, Patricia	63	VMST-VA	2:11.51
		1:02.87	2:11.51	

Women 60-64 200 SC Meter Breaststroke**WORLD: 3:06.48 W 3/16/02 BONNIE PRONK****NATL: 3:13.55 N 11/12/11 DEB WALKER****VA: 3:17.73 V 11/5/11 Shirley Loftus-Charley**

1	Boslego, Barbara E	64	VMST-VA	3:51.36
		53.51	1:50.39	2:51.79
				3:51.36

Women 60-64 50 SC Meter Butterfly**WORLD: 32.77 W 10/3/11 LAURA VAL****NATL: 32.42 N 10/6/13 LAURA VAL****VA: 37.19 V 3/19/11 Shirley Loftus-Charley**

1	Sikora, Patricia	63	VMST-VA	1:05.23
---	Rotch, Catherine A	63	VMST-VA	DQ

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Women 60-64 100 SC Meter IM

WORLD:	1:16.37 W 12/4/11	LAURA VAL	
NATL:	1:15.07 N 10/6/13	LAURA VAL	
VA:	1:24.67 V 11/5/11	Shirley Loftus-Charley	
1	Broderson, Molly G	63 VMST-VA	1:58.49
	57.86	1:58.49	
2	Rotch, Catherine A	63 VMST-VA	2:04.02
	57.58	2:04.02	
3	Sikora, Patricia	63 VMST-VA	2:15.15
	1:06.09	2:15.15	

Women 60-64 200 SC Meter IM

WORLD:	2:43.50 W 12/2/11	LAURA VAL	
NATL:	2:43.50 N 12/2/11	LAURA VAL	
VA:	2:52.64 V 3/19/11	Shirley Loftus-Charley	
1	Loftus-Charley, Shirley A	64 VMST-VA	3:02.39
	39.58	1:27.60	2:21.47
			3:02.39

Women 65-69 50 SC Meter Freestyle

WORLD:	31.82 W 10/23/11	LYNETTE STEVENSON	
NATL:	32.06 N 12/10/11	DIANN UUSTAL	
VA:	34.07 V 3/21/09	Beth Schreiner	
1	Mix, Phoebe	65 VMST-VA	43.68

Women 65-69 100 SC Meter Freestyle

WORLD:	1:10.76 W 11/13/11	DIANNE UUSTAL	
NATL:	1:10.76 N 11/13/11	DIANN UUSTAL	
VA:	1:19.78 V 3/24/07	Beth Schreiner	
1	Mix, Phoebe	65 VMST-VA	1:40.34
	47.36	1:40.34	

Women 65-69 200 SC Meter Freestyle

WORLD:	2:39.77 W 12/4/10	CAROLYN BOAK	
NATL:	2:38.60 N 12/15/12	DIANN UUSTAL	
VA:	2:52.62 V 11/8/14	Marcia Barry	
1	Barry, Marcia L	67 VMST-VA	2:54.74
	41.44	1:25.81	2:11.37
			2:54.74
2	Mix, Phoebe	65 VMST-VA	3:33.64
	46.66	1:40.09	2:37.70
			3:33.64

Women 65-69 800 SC Meter Freestyle

WORLD:	11:24.13 W 8/30/08	JEN THOMASSEN	
NATL:	11:40.70 N 12/5/08	JACKIE MARR	
VA:	12:06.10 V 11/2/13	Marcia Barry	
1	Barry, Marcia L	67 VMST-VA	12:14.31
	42.33	1:27.35	2:13.40
			2:59.83
	3:46.11	4:32.64	5:18.56
			6:04.73
	6:51.20	7:37.45	8:23.91
			9:10.56
	9:56.79	10:43.95	11:30.04
			12:14.31
2	Mix, Phoebe	65 VMST-VA	15:29.82
	47.43	1:42.97	2:41.65
			3:41.28
	4:41.48	5:41.08	6:40.35
			7:39.98
	8:39.87	9:38.85	10:37.27
			11:35.69
	12:34.94	13:33.67	14:32.10
			15:29.82
3	Gregory, Kathryn S	69 VMST-VA	17:05.70
	55.50	1:56.88	2:59.98
			4:05.07
	5:11.36	6:17.90	7:22.13
			8:30.09
	9:36.74	10:40.99	11:45.92
			12:50.31
	13:55.27	14:58.28	16:03.09
			17:05.70

Women 65-69 50 SC Meter Backstroke

WORLD:	35.58 W 3/19/11	DIANN UUSTAL	
NATL:	35.58 N 3/19/11	DIANN UUSTAL	
VA:	41.31 V 11/2/13	Marcia Barry	
1	Barry, Marcia L	67 VMST-VA	43.40
2	Gregory, Kathryn S	69 VMST-VA	52.79

Women 65-69 100 SC Meter Backstroke

WORLD:	1:17.95 W 12/11/11	DIANN UUSTAL	
NATL:	1:17.95 N 12/11/11	DIANN UUSTAL	
VA:	1:32.59 V 11/8/14	Marcia Barry	
1	Barry, Marcia L	67 VMST-VA	1:34.00
	46.23	1:34.00	

Women 65-69 200 SC Meter Backstroke

WORLD:	2:53.36 W 12/4/11	DIANN UUSTAL	
NATL:	2:53.36 N 12/4/11	DIANN UUSTAL	
VA:	3:13.92 V 11/2/13	Marcia Barry	
1	Barry, Marcia L	67 VMST-VA	3:21.91
	49.25	1:40.90	2:32.72
			3:21.91

Women 65-69 100 SC Meter Butterfly

WORLD:	1:23.41 W 11/5/11	BRIGITTE MERTEN	
NATL:	1:25.67 N 12/4/10	CAROLYN BOAK	
VA:	1:49.88 V 12/8/07	Lucille Griffin	
1	Gregory, Kathryn S	69 VMST-VA	2:28.73
	1:07.50	2:28.73	

Women 70-74 50 SC Meter Breaststroke

WORLD:	42.80 W 2/27/05	SHOKO YONEZAWA	
NATL:	44.22 N 11/13/11	JOANN LEILICH	
VA:	52.07 V 5/11/05	Johnnie Detrick	
1	Marens, Susan E	73 VMST-VA	58.69

Women 70-74 100 SC Meter Breaststroke

WORLD:	1:35.58 W 9/18/05	SHOKO YONEZAWA	
NATL:	1:37.20 N 3/21/09	JOANN LEILICH	
VA:	1:53.29 V 5/11/06	Johnnie Detrick	
1	Marens, Susan E	73 VMST-VA	2:12.42
	1:02.73	2:12.42	

Women 70-74 200 SC Meter Breaststroke

WORLD:	3:25.76 W 3/21/09	JOANN LEILICH	
NATL:	3:25.76 N 3/21/09	JOANN LEILICH	
VA:	4:07.70 V 12/8/07	Johnnie Detrick	
1	Marens, Susan E	73 VMST-VA	4:38.93
	1:06.87	2:18.05	3:31.25
			4:38.93

Women 70-74 50 SC Meter Butterfly

WORLD:	37.96 W 5/24/09	YOSHIKO OSAKI	
NATL:	39.81 N 4/15/12	BARBARA FRID	
VA:	54.18 V 11/10/12	Ida Hlavacek	
1	Marens, Susan E	73 VMST-VA	59.30

Women 70-74 100 SC Meter IM

WORLD:	1:24.88 W 10/18/09	YOSHIKO OSAKI	
NATL:	1:32.23 N 5/15/00	GAIL ROPER	
VA:	1:46.69 V 5/4/07	Johnnie Detrick	
1	Marens, Susan E	73 VMST-VA	2:06.79
	1:01.58	2:06.79	

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Women 75-79 50 SC Meter Freestyle

WORLD: 35.88 W 3/25/06 JANE ASHER
NATL: 37.24 N 12/12/04 GAIL ROPER
VA: 37.33 V 3/19/11 Johnnie Detrick

1	Walker, Laura S	78	VMST-VA	47.34
2	Averette, Joan	79	VMST-VA	1:12.26
3	Stott, Ellen W	75	VMST-VA	1:49.37

Women 75-79 50 SC Meter Backstroke

WORLD: 43.50 W 3/24/06 JANE ASHER
NATL: 44.76 N 11/7/99 DORIS STEADMAN
VA: 55.62 V 11/5/11 Johnnie Detrick

1	Stott, Ellen W	75	VMST-VA	1:57.48
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Women 75-79 100 SC Meter Backstroke

WORLD: 1:36.33 W 4/17/10 SHOKO YONEZAWA
NATL: 1:36.90 N 3/19/11 NANCY BROWN
VA: 1:56.61 V 11/3/12 Laura Walker

1	Walker, Laura S	78	VMST-VA	2:06.36
				1:00.68 2:06.36

Women 75-79 50 SC Meter Breaststroke

WORLD: 43.79 W 2/14/10 SHOKO YONEZAWA
NATL: 50.91 N 10/15/05 GAIL ROPER
VA: 51.86 V 3/19/11 Johnnie Detrick

1	Averette, Joan	79	VMST-VA	1:26.54
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Women 75-79 200 SC Meter Breaststroke

WORLD: 3:33.03 W 4/17/10 SHOKO YONEZAWA
NATL: 3:56.51 N 10/12/08 ANN HIRSCH
VA: 4:09.87 V 11/6/10 Johnnie Detrick

1	Averette, Joan	79	VMST-VA	7:20.13
				1:37.38 3:32.82 5:28.15 7:20.13

Women 80-84 50 SC Meter Freestyle

WORLD: 37.67 W 6/25/11 JANE ASHER
NATL: 38.03 N 1/25/09 GAIL ROPER
VA: 40.45 V 3/21/15 Johnnie Detrick

1	Hess, Nancy H	82	UC08-DV	1:05.27
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Women 80-84 200 SC Meter IM

WORLD: 3:43.73 W 6/11/11 JANE ASHER
NATL: 3:55.51 N 6/17/09 GAIL ROPER
VA: 5:36.49 V 5/11/06 Miriam Tuovila

1	Detrick, Johnnie	80	VMST-VA	4:23.87V
				2:15.80 3:26.78 4:23.87

Women 85-89 50 SC Meter Freestyle

WORLD: 44.68 W 3/11/12 MIEKO KAMOSHITA
NATL: 46.35 N 10/14/12 JEAN TROY
VA: 1:00.29 V 12/31/08 Marianna Berkley

1	Meredith, Jeanne H	87	VMST-VA	1:04.90
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Women 85-89 200 SC Meter Freestyle

WORLD: 3:54.18 W 9/16/07 MARGERY MEYER
NATL: 3:49.35 N 11/10/12 JEAN TROY
VA: 4:52.03 V 12/8/07 Marianna Berkley

1	Meredith, Jeanne H	87	VMST-VA	5:12.30
				1:13.21 2:30.96 3:52.73 5:12.30

2	Sokolik, Terry	88	VMST-VA	5:13.89
				1:16.19 2:37.52 3:57.57 5:13.89

Women 85-89 200 SC Meter Backstroke

WORLD: 4:18.50 W 1/4/03 EDITH THEIN
NATL: 4:36.48 N 10/15/06 BUNNY CEDERLUND
VA: 5:26.36 V 5/16/08 Marianna Berkley

1	Sokolik, Terry	88	VMST-VA	6:36.47
				3:13.73 6:36.47

Women 90-94 50 SC Meter Freestyle

WORLD: 55.53 W 3/18/07 HISAKO KOGA
NATL: 56.55 N 12/6/08 RITA SIMONTON
VA: 1:12.37 V 11/3/12 Marianna Berkley

1	Tuovila, Miriam K	90	VMST-VA	1:26.04
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Women 90-94 50 SC Meter Breaststroke

WORLD: 1:11.00 W 3/12/11 INGEBORG FRITZE
NATL: 1:36.78 N 6/8/08 RITA SIMONTON
VA: 1:38.44 V 11/3/12 Marianna Berkley

1	Tuovila, Miriam K	90	VMST-VA	1:33.76N
2	Berkley, Marianna	93	VMST-VA	2:15.51

Women 90-94 200 SC Meter Breaststroke

WORLD: 6:31.21 W 3/12/11 INGEBORG FRITZE
NATL: 7:56.76 N 10/10/12 CHARLOTTE SANDDAL

1	Tuovila, Miriam K	90	VMST-VA	7:34.33N
				1:38.09 3:37.78 5:39.29 7:34.33

Men 18-24 50 SC Meter Freestyle

NATL: 21.38 N 12/11/05 NICK BRUNELLI
VA: 23.79 V 11/8/08 Anri Mar Arnason

1	Speer, Andrew N	24	PATS-VA	26.79
2	Speer, Ryan	23	VMST-VA	28.49

Men 18-24 100 SC Meter Freestyle

NATL: 48.00 N 12/11/05 NICK BRUNELLI
VA: 54.61 V 1/1/97 Doug Fulling

1	Scott, Christopher A	24	VMST-VA	53.92V
				25.94 53.92
2	Speer, Andrew N	24	PATS-VA	1:00.96
				27.83 1:00.96
3	Speer, Ryan	23	VMST-VA	1:06.93
				30.44 1:06.93
4	Lee, Danny J	24	RSMS-VA	1:13.46
				33.82 1:13.46
5	Butler, David	23	UC12-VA	1:21.67
				38.28 1:21.67

Men 18-24 200 SC Meter Freestyle

NATL: 1:47.32 N 12/11/05 NICK BRUNELLI
VA: 2:04.80 V 11/7/09 Christopher Stickle

1	Scott, Christopher A	24	VMST-VA	2:02.95V
				27.76 58.40 1:30.39 2:02.95
2	Speer, Ryan	23	VMST-VA	2:39.92
				35.45 1:14.83 2:39.92

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Men 18-24 400 SC Meter Freestyle

NATL: 3:57.08 N 12/10/11 ERIC NILSSON
 VA: 4:33.31 V 11/7/09 Christopher Stickle

1	Glass, Sidney L	24	1693-VA	4:31.61V
	30.17	1:04.17	1:38.78	2:13.32
	2:48.36	3:22.65	3:58.10	4:31.61
2	Jones, Laurence A	21	RSMS-VA	5:48.70
	38.09	1:19.65	2:03.13	2:48.11
	3:33.50	4:20.39	5:07.97	5:48.70

Men 18-24 100 SC Meter Backstroke

NATL: 51.91 N 10/29/11 EUGENE GODSOE
 VA: 58.49 V 12/12/14 Sidney Glass

1	Glass, Sidney L	24	1693-VA	59.04
	28.40	59.04		
2	Lee, Danny J	24	RSMS-VA	1:26.70
	40.86	1:26.70		

Men 18-24 50 SC Meter Breaststroke

NATL: 27.83 N 11/21/09 GREGOR PLEVELJ
 VA: 31.32 V 12/12/14 Sidney Glass

1	Scott, Christopher A	24	VMST-VA	31.31V
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Men 18-24 100 SC Meter Breaststroke

NATL: 1:01.75 N 12/11/05 GREG OWEN
 VA: 1:11.98 V 3/21/09 Patrick Laiti

1	Scott, Christopher A	24	VMST-VA	1:08.28V
	32.25	1:08.28		
2	Jones, Laurence A	21	RSMS-VA	1:26.26
	41.09	1:26.26		
3	Lee, Danny J	24	RSMS-VA	1:32.01
	41.59	1:32.01		
4	Butler, David	23	UC12-VA	1:37.84
	46.37	1:37.84		

Men 18-24 200 SC Meter Breaststroke

NATL: 2:15.74 N 10/8/11 TYLER HARRIS
 VA: 2:39.96 V 8/29/15 William Clendenin

1	Scott, Christopher A	24	VMST-VA	2:31.91V
	33.98	1:12.52	1:52.10	2:31.91
2	Butler, David	23	UC12-VA	3:40.29
	47.46	1:43.31	2:41.97	3:40.29

Men 18-24 50 SC Meter Butterfly

NATL: 25.14 N 12/15/12 MICHAEL ARNOLD
 VA: 26.28 V 12/4/11 Lee Robertson

1	Speer, Andrew N	24	PATS-VA	30.17
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Men 18-24 100 SC Meter IM

NATL: 55.71 N 10/29/11 EUGENE GODSOE
 VA: 59.80 V 12/12/14 Sidney Glass

1	Butler, David	23	UC12-VA	1:32.07
	44.23	1:32.07		

Men 18-24 200 SC Meter IM

NATL: 2:00.32 N 12/11/05 NICK BRUNELLI
 VA: 2:14.46 V 12/12/14 Sidney Glass

1	Butler, David	23	UC12-VA	3:21.62
	40.00	1:34.37	2:33.21	3:21.62

Men 25-29 50 SC Meter Freestyle

WORLD: 22.11 W 3/25/06 STEFAN NYSTRAND
 NATL: 22.48 N 12/5/96 PEEL/WAGNER
 VA: 23.64 V 2000 Neill Williams

1	Hennessy, Kevin	27	TMAS-VA	27.75
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Men 25-29 400 SC Meter Freestyle

WORLD: 3:53.60 W 3/16/07 SYLVAIN CROS
 NATL: 3:58.23 N 12/14/97 ALEX KOSTICH
 VA: 4:09.84 V 12/10/10 Billy Gaines

1	Allen, Joseph B	28	UC12-VA	5:22.75
	35.32	1:12.40	1:52.11	2:35.59
	3:16.97	3:58.35	4:40.78	5:22.75
2	Chan, Allan L	27	RSMS-VA	6:34.20
	43.97	1:31.85	2:21.55	3:11.50
	4:01.39	6:34.20		

Men 25-29 800 SC Meter Freestyle

WORLD: 8:07.91 W 4/12/01 A.ANGELOTI
 NATL: 8:14.75 N 12/14/97 ALEX KOSTICH
 VA: 8:39.20 V 12/10/10 Billy Gaines

1	Flax, Harris C	27	VMST-VA	12:27.37
	40.07	1:23.38	2:08.87	2:55.21
	3:42.40	4:31.23	5:19.90	6:08.51
	6:56.55	7:45.29	8:33.90	9:22.73
	10:10.01	10:57.26	11:44.18	12:27.37

Men 25-29 1500 SC Meter Freestyle

WORLD: 15:29.68 W 10/24/03 GREG ORPHANIDES
 NATL: 15:41.81 N 12/14/97 ALEX KOSTICH
 VA: 19:25.76 V 11/5/11 Craig Charley

1	Allen, Joseph B	28	UC12-VA	21:26.60
	38.35	1:18.97	2:00.04	2:41.61
	3:24.22	4:06.48	4:49.32	5:31.65
	6:13.81	6:57.58	7:40.95	8:24.87
	9:09.11	9:52.88	10:36.30	11:20.53
	12:04.62	12:47.83	13:31.24	14:14.95
	14:59.21	15:42.20	16:24.79	17:08.10
	17:51.93	18:35.72	19:20.03	20:03.64
	20:47.37	21:26.60		

Men 25-29 50 SC Meter Breaststroke

WORLD: 27.69 W 3/30/03 RUSS PATRICK
 NATL: 28.46 N 10/10/08 COREY WELCH
 VA: 30.52 V 2000 Neill Williams

1	Hennessy, Kevin	27	TMAS-VA	33.37
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Men 25-29 50 SC Meter Butterfly

WORLD: 23.66 W 4/29/09 DAISUKE ABE
 NATL: 24.98 N 10/2/05 OSWALDO QUEVEDO
 VA: 25.61 V 2000 Neill Williams

1	Hennessy, Kevin	27	TMAS-VA	29.71
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Men 25-29 200 SC Meter Butterfly

WORLD: 1:59.74 W 9/20/08 MARK LEWIS
 NATL: 2:03.59 N 12/15/02 JASON EADDY
 VA: 2:11.12 V 10/12/02 Frank Byskov

1	Hepp, Christopher L	27	SHYM-VA	2:30.00
	34.44	1:13.27	1:51.69	2:30.00

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Men 25-29 200 SC Meter IM

WORLD: 1:59.70 W 1/31/10 K.GILCHRIST
NATL: 2:05.93 N 12/10/95 JOHN KEPPELER
VA: 2:10.85 V 10/12/02 Frank Byskov

1 Hepp, Christopher L 27 SHYM-VA 2:27.53
 31.35 1:09.72 1:53.13 2:27.53

Men 25-29 400 SC Meter IM

WORLD: 4:14.51 W 11/15/09 IKUMI HASEGAWA
NATL: 4:26.79 N 12/10/95 JOHN KEPPELER
VA: 4:45.84 V 10/12/02 Frank Byskov

1 Hepp, Christopher L 27 SHYM-VA 5:21.29
 34.46 1:13.19 1:56.59 2:38.94
 3:23.47 4:09.19 4:45.72 5:21.29

Men 30-34 50 SC Meter Freestyle

WORLD: 21.98 W 10/29/11 NICHOLAS BRUNELLI
NATL: 21.98 N 10/29/11 NICHOLAS BRUNELLI
VA: 23.45 V 3/15/08 Troy Johnson

1 Frisk, Patrick 31 VMST-VA 26.15

Men 30-34 100 SC Meter Freestyle

WORLD: 49.04 W 10/12/08 S.KUNZELMANN
NATL: 49.30 N 12/4/09 TAMAS KEREKJARTO
VA: 52.23 V 3/24/07 Troy Johnson

1 Frisk, Patrick 31 VMST-VA 57.75
 27.86 57.75

Men 30-34 200 SC Meter Freestyle

WORLD: 1:46.52 W 12/17/11 STEFAN HERBST
NATL: 1:49.58 N 10/24/09 TAMAS KEREKJARTO
VA: 2:01.03 V 4/1/06 Troy Johnson

1 Frisk, Patrick 31 VMST-VA 2:11.46
 30.13 1:02.88 1:37.00 2:11.46

Men 30-34 200 SC Meter Backstroke

WORLD: 1:55.46 W 11/1/09 DERYA BUYUKUNCU
NATL: 1:55.46 N 11/1/09 DERYA BUYUKUNCU
VA: 2:20.29 V 11/5/11 Adam Barley

1 Barley, Adam S 34 VTAC-VA 2:21.68
 32.80 1:08.42 1:45.29 2:21.68
 2 Harris, Sam F 33 VMST-VA 2:29.96
 33.87 1:09.99 1:48.76 2:29.96

Men 30-34 50 SC Meter Breaststroke

WORLD: 27.11 W 9/26/09 MARCELO TOMAZINI
NATL: 28.01 N 12/7/08 JEFF COMMINGS
VA: 32.34 V 12/31/93 David Malsbury

1 Barley, Adam S 34 VTAC-VA 32.97

Men 30-34 100 SC Meter IM

WORLD: 55.00 W 12/20/08 STEFAN HERBST
NATL: 55.77 N 10/29/11 NICHOLAS BRUNELLI
VA: 1:02.38 V 3/16/13 Adam Barley

1 Harris, Sam F 33 VMST-VA 1:07.59
 29.88 1:07.59

Men 30-34 200 SC Meter IM

WORLD: 1:57.68 W 12/4/09 TAMAS KEREKJARTO
NATL: 1:57.68 N 12/4/09 TAMAS KEREKJARTO
VA: 2:14.53 V 3/15/14 Adam Barley

1 Frisk, Patrick 31 VMST-VA 2:26.14
 30.47 1:08.33 1:50.96 2:26.14

Men 35-39 50 SC Meter Freestyle

WORLD: 21.53 W 10/27/07 MARK FOSTER
NATL: 22.73 N 12/5/09 FELIPE DELGADO
VA: 24.29 V 11/7/09 Michael Picotte

1 Lovett, Michael 37 1693-VA 25.26
 2 Friend, William 36 UC12-VA 30.28

Men 35-39 100 SC Meter Freestyle

WORLD: 49.53 W 3/19/00 JOHN MIRANDA
NATL: 50.72 N 11/6/09 MICHAEL PICOTTE
VA: 50.72 V 11/7/09 Michael Picotte

1 Friend, William 36 UC12-VA 1:09.67
 33.16 1:09.67

Men 35-39 400 SC Meter Freestyle

WORLD: 3:57.77 W 12/14/03 ERIK HOCHSTEIN
NATL: 3:57.77 N 12/14/03 ERIK HOCHSTEIN
VA: 4:13.91 V 1/1/00 Chris Stevenson

1 Friend, William 36 UC12-VA 5:54.00
 35.89 1:16.14 1:59.98 2:45.93
 3:32.92 4:20.21 5:08.45 5:54.00

Men 35-39 800 SC Meter Freestyle

WORLD: 8:16.19 W 12/6/09 ALEX KOSTICH
NATL: 8:16.19 N 12/6/09 ALEX KOSTICH
VA: 9:29.29 V 1/1/05 Rob St Jean

1 Rodriguez, Jason 36 VMST-VA 12:04.46
 38.06 1:20.04 2:04.60 2:49.90
 3:36.03 4:22.20 5:08.65 5:55.07
 6:41.59 7:27.93 8:14.48 9:00.96
 9:47.87 10:34.01 11:19.92 12:04.46

Men 35-39 1500 SC Meter Freestyle

WORLD: 15:56.57 W 12/4/09 ALEX KOSTICH
NATL: 15:56.57 N 12/4/09 ALEX KOSTICH
VA: 18:14.12 V 1/1/00 John Geyer

1 Rodriguez, Jason 36 VMST-VA 23:31.01

Men 35-39 100 SC Meter Backstroke

WORLD: 55.95 W 12/5/04 MICHAEL ROSS
NATL: 55.95 N 12/5/04 MICHAEL ROSS
VA: 1:01.56 V 1/1/00 Chris Stevenson

1 Cartwright, Matheson 37 RSMS-VA 1:21.66
 39.00 1:21.66

Men 35-39 50 SC Meter Butterfly

WORLD: 23.72 W 3/20/11 LARS FROLANDER
NATL: 24.87 N 12/1/12 GLENN COUNTS
VA: 25.57 V 11/7/09 Michael Picotte

1 Cartwright, Matheson 37 RSMS-VA 36.02

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Men 35-39 100 SC Meter IM**WORLD: 56.37 W 12/21/09 C.SORRENTINO****NATL: 56.36 N 12/2/12 GLENN COUNTS****VA: 1:03.16 V 12/31/97 John Tudor**

1	Lovett, Michael	37	1693-VA	1:04.66
				29.62 1:04.66
2	Cartwright, Matheson	37	RSMS-VA	1:21.70
				37.73 1:21.70

Men 40-44 1500 SC Meter Freestyle**WORLD: 16:07.46 W 12/12/09 DANIEL SERRA****NATL: 16:09.32 N 12/4/09 MIKE SHAFFER****VA: 17:53.15 V 12/5/08 Dave Holland**

1	Ahlgren, Kyle R	40	1693-VA	21:27.37
				40.65 1:23.61 2:06.64 2:49.87
				3:33.15 4:16.34 4:59.26 5:42.40
				6:25.58 7:08.80 7:51.73 8:35.12
				9:18.36 10:01.61 10:45.08 11:28.01
				12:10.66 12:53.72 13:36.91 14:20.27
				15:03.27 15:46.37 16:29.40 17:12.66
				17:55.91 18:39.11 19:22.19 20:05.47
				20:47.44 21:27.37

Men 40-44 100 SC Meter Breaststroke**WORLD: 1:02.42 W 11/30/08 ALBERTO MONTINI****NATL: 1:01.97 N 12/1/12 STEVE WEST****VA: 1:10.64 V 12/5/08 Evan Davis**

1	Williams, Rich	40	1693-VA	1:16.34
				35.21 1:16.34
2	Flamm, Brian J	42	UC12-VA	1:20.17
				37.85 1:20.17

Men 40-44 50 SC Meter Butterfly**WORLD: 24.91 W 12/6/08 MICHAEL ROSS****NATL: 24.91 N 12/6/08 MICHAEL ROSS****VA: 26.99 V 1/1/97 John Tudor**

1	Flamm, Brian J	42	UC12-VA	31.07
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Men 40-44 100 SC Meter IM**WORLD: 57.39 W 1/10/10 ALBERTO MONTINI****NATL: 57.71 N 10/18/08 MICHAEL ROSS****VA: 1:01.79 V 1/1/97 John Tudor**

1	Williams, Rich	40	1693-VA	1:09.73
				32.30 1:09.73
2	Flamm, Brian J	42	UC12-VA	1:13.46
				35.55 1:13.46

Men 40-44 400 SC Meter IM**WORLD: 4:31.92 W 11/5/11 UWE VOLK****NATL: 4:32.05 N 11/15/08 ROQUE SANTOS****VA: 5:03.86 V 12/10/10 Dave Holland**

1	Ahlgren, Kyle R	40	1693-VA	6:27.31
				45.88 1:36.85 2:23.34 3:09.16
				4:06.33 5:03.13 5:46.24 6:27.31

Men 45-49 50 SC Meter Freestyle**WORLD: 23.67 W 3/28/09 JANNE VIRTANEN****NATL: 23.65 N 12/1/12 MATTHEW BIONDI****VA: 25.92 V 5/16/08 David Malsbury**

1	McClure, Rab	46	RSMS-VA	27.73
2	Clear, Kirk W	48	VMST-VA	27.75
3	Mulazim, Khalid	49	UC18-LE	35.55

Men 45-49 400 SC Meter Freestyle**WORLD: 4:05.90 W 2/8/08 KAI DITZEL****NATL: 4:09.19 N 11/1/09 KEITH SWITZER****VA: 4:16.19 V 12/1/12 Chris Stevenson**

1	Clear, Kirk W	48	VMST-VA	5:32.62
				32.88 1:11.38 1:52.52 2:35.79
				3:20.54 4:05.24 4:50.25 5:32.62

Men 45-49 50 SC Meter Backstroke**WORLD: 27.02 W 12/12/09 CHRIS STEVENSON****NATL: 27.02 N 12/12/09 CHRIS STEVENSON****VA: 27.02 V 12/11/09 Chris Stevenson**

1	Clear, Kirk W	48	VMST-VA	31.62
2	McClure, Rab	46	RSMS-VA	32.96

Men 45-49 100 SC Meter Backstroke**WORLD: 57.00 W 12/13/09 CHRIS STEVENSON****NATL: 57.00 N 12/13/09 CHRIS STEVENSON****VA: 57.00 V 12/11/09 Chris Stevenson**

1	McClure, Rab	46	RSMS-VA	1:11.86
				34.90 1:11.86

Men 45-49 100 SC Meter Breaststroke**WORLD: 1:04.62 W 3/26/11 RICO ROLLI****NATL: 1:04.69 N 12/5/09 CHRIS WEISSMAN****VA: 1:13.69 V 3/15/14 Dave Holland**

1	Cockrell, Charles E	47	TMAS-VA	1:23.13
				39.56 1:23.13

Men 45-49 200 SC Meter Breaststroke**WORLD: 2:22.68 W 6/22/08 GLENN MILLS****NATL: 2:22.68 N 6/22/08 GLENN MILLS****VA: 2:40.68 V 10/10/14 Dave Holland**

1	Cockrell, Charles E	47	TMAS-VA	3:04.55
				42.46 1:28.61 2:17.01 3:04.55

Men 45-49 50 SC Meter Butterfly**WORLD: 25.74 W 12/13/09 FRITZ BEDFORD****NATL: 25.74 N 12/13/09 FRITZ BEDFORD****VA: 25.78 V 12/11/09 Chris Stevenson**

1	Clear, Kirk W	48	VMST-VA	30.80
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Men 45-49 100 SC Meter IM**WORLD: 57.68 W 3/9/12 NICOLAS GRANGER****NATL: 1:00.14 N 11/22/09 ANDERS RASMUSSEN****VA: 1:02.18 V 3/20/10 Chris Stevenson**

1	Cockrell, Charles E	47	TMAS-VA	1:17.28
				36.92 1:17.28

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Men 45-49 200 SC Meter IM**WORLD: 2:04.64 W 3/8/12 NICOLAS GRANGER****NATL: 2:09.71 N 3/20/10 JEROME FRENTSOS****VA: 2:15.74 V 3/20/10 Chris Stevenson**

1	Cockrell, Charles E	47	TMAS-VA	2:48.30	
		37.40	1:20.97	2:07.06	2:48.30

Men 50-54 50 SC Meter Freestyle**WORLD: 23.38 W 10/18/09 ROWDY GAINES****NATL: 23.38 N 10/18/09 AMBROSE GAINES****VA: 25.67 V 3/21/15 Gregory Harris**

1	Harris, Gregory	52	VMST-VA	25.47V
2	Cook, Michael S	53	1693-VA	29.54
3	Clipp, Randy C	51	VMST-VA	32.06

Men 50-54 100 SC Meter Freestyle**WORLD: 51.61 W 10/17/09 ROWDY GAINES****NATL: 51.61 N 10/17/09 AMBROSE GAINES****VA: 57.40 V 12/12/14 Gregory Harris**

1	Harris, Gregory	52	VMST-VA	56.84V
		27.16	56.84	
2	Cook, Michael S	53	1693-VA	1:06.77
		30.73	1:06.77	

Men 50-54 1500 SC Meter Freestyle**WORLD: 16:33.02 W 12/10/00 JIM MCCONICA****NATL: 16:33.02 N 12/10/00 JIM MCCONICA****VA: 19:17.10 V 11/8/08 Jim McFarland**

1	Shea, Mark E	51	UC12-VA	21:14.43	
		38.26	1:18.65	1:59.52	2:41.37
		3:23.67	4:06.10	4:48.25	5:30.47
		6:12.60	6:55.40	7:38.61	8:21.53
		9:05.12	9:48.04	10:31.51	11:14.12
		11:57.08	12:40.22	13:23.19	14:05.75
		14:49.06	15:32.47	16:15.61	16:58.63
		17:41.57	18:24.75	19:07.78	19:51.07
		20:33.59	21:14.43		

Men 50-54 50 SC Meter Breaststroke**WORLD: 30.73 W 12/5/10 DAVID GUTHRIE****NATL: 30.61 N 12/2/12 DAVID GUTHRIE****VA: 33.12 V 12/12/14 Gregory Harris**

1	Harris, Gregory	52	VMST-VA	32.71V
2	Beristain, Nahum	54	UC12-VA	39.12
3	Clipp, Randy C	51	VMST-VA	40.98

Men 50-54 100 SC Meter Breaststroke**WORLD: 1:06.84 W 12/5/10 DAVID GUTHRIE****NATL: 1:06.39 N 12/2/12 DAVID GUTHRIE****VA: 1:14.60 V 12/12/14 Gregory Harris**

1	Harris, Gregory	52	VMST-VA	1:13.84V
		34.51	1:13.84	
2	Beristain, Nahum	54	UC12-VA	1:29.65
		40.94	1:29.65	

Men 50-54 50 SC Meter Butterfly**WORLD: 25.49 W 5/16/09 DAN THOMPSON****NATL: 26.12 N 12/2/07 PAUL CARTER****VA: 30.16 V 5/16/08 Perry Lange**

1	Harris, Gregory	52	VMST-VA	28.98V
2	Cook, Michael S	53	1693-VA	32.72
3	Clipp, Randy C	51	VMST-VA	34.22
4	Beristain, Nahum	54	UC12-VA	35.55

Men 50-54 100 SC Meter IM**WORLD: 1:01.29 W 12/6/09 JAMIE FOWLER****NATL: 1:00.96 N 12/8/12 DAVID SIMS****VA: 1:04.71 V 12/12/14 Gregory Harris**

1	Clipp, Randy C	51	VMST-VA	1:22.05
		38.17	1:22.05	

Men 55-59 50 SC Meter Freestyle**WORLD: 24.70 W 4/1/06 PAUL TREVISAN****NATL: 24.70 N 4/1/06 PAUL TRAVISAN****VA: 27.48 V 11/17/13 John Tudor**

1	Cortina, Jorge A	56	VMST-VA	28.06
2	Heyder, Al	55	UC12-VA	29.95
3	Wolf, Steven D	58	UC12-VA	32.88
4	Anderson, Paul J	58	TMAS-VA	35.17

Men 55-59 100 SC Meter Freestyle**WORLD: 54.50 W 4/5/09 JACK GROSELLE****NATL: 54.50 N 4/5/09 JACK GROSELLE****VA: 1:01.17 V 11/8/14 Phil Knobel**

1	Deppe, Tom W	57	VMST-VA	1:04.95
		30.99	1:04.95	
2	Wolf, Steven D	58	UC12-VA	1:18.91

Men 55-59 200 SC Meter Freestyle**WORLD: 1:59.08 W 11/21/09 MICHAEL MANN****NATL: 1:59.08 N 11/21/09 MICHAEL MANN****VA: 2:20.30 V 3/15/14 Jim McFarland**

1	Deppe, Tom W	57	VMST-VA	2:25.03	
		33.90	1:11.80	1:49.66	2:25.03
2	Anderson, Paul J	58	TMAS-VA	2:56.13	
		39.08	1:24.10	2:10.73	2:56.13

Men 55-59 400 SC Meter Freestyle**WORLD: 4:16.03 W 11/22/09 MICHAEL MANN****NATL: 4:16.03 N 11/22/09 MICHAEL MANN****VA: 5:01.65 V 3/15/14 Jim McFarland**

1	Saks, Mitch	57	VMST-VA	5:38.16	
		38.17	1:21.04	2:04.51	2:48.14
		3:31.14	4:13.30	4:56.28	5:38.16
2	Anderson, Paul J	58	TMAS-VA	6:28.01	
		42.78	1:31.00	2:20.79	3:11.00
		4:01.54	4:51.69	5:42.03	6:28.01

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Men 55-59 800 SC Meter Freestyle**WORLD: 8:51.34 W 11/21/09 MICHAEL MANN****NATL: 8:51.34 N 11/21/09 MICHAEL MANN****VA: 11:08.50 V 11/8/14 Mitch Saks**

1	Saks, Mitch	57	VMST-VA	11:31.25
	40.66	1:24.32	2:09.32	2:53.54
	3:37.53	4:21.84	5:06.21	5:49.89
	6:33.24	7:16.22	7:58.77	8:41.77
	9:24.73	10:07.48	10:49.76	11:31.25
2	Anderson, Paul J	58	TMAS-VA	13:14.80
	43.61	1:31.17	2:19.54	3:08.70
	3:57.33	4:47.91	5:39.10	6:30.27
	7:21.77	8:12.68	9:03.97	9:55.76
	10:46.98	11:36.47	12:26.88	13:14.80

Men 55-59 1500 SC Meter Freestyle**WORLD: 17:14.15 W 10/2/05 JIM MCCONICA****NATL: 17:14.15 N 10/2/05 JIM MCCONICA****VA: 20:56.48 V 11/2/13 William Throne**

1	Cortina, Jorge A	56	VMST-VA	21:08.81
	37.59	1:18.64	2:00.70	2:43.52
	3:27.01	4:10.74	4:54.44	5:37.51
	6:21.55	7:05.03	7:48.48	8:32.17
	9:15.07	9:58.02	10:40.89	11:24.19
	12:07.50	12:50.59	13:33.48	14:15.96
	14:57.92	15:39.97	16:21.46	17:02.82
	17:44.14	18:25.85	19:07.52	19:48.48
	20:29.40	21:08.81		

Men 55-59 50 SC Meter Backstroke**WORLD: 29.07 W 11/21/09 PHILIPP DJANG****NATL: 29.01 N 12/10/12 TOM BARTON****VA: 36.98 V 3/15/14 Robert Romo**

1	Cortina, Jorge A	56	VMST-VA	35.04V
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Men 55-59 100 SC Meter Backstroke**WORLD: 1:03.29 W 10/15/11 TOM BARTON****NATL: 1:03.29 N 10/15/11 TOM BARTON****VA: 1:15.60 V 12/6/13 William Throne**

1	Deppe, Tom W	57	VMST-VA	1:18.16
	39.28	1:18.16		
2	Throne, William C	59	VMST-VA	1:18.22
	39.11	1:18.22		

Men 55-59 200 SC Meter Backstroke**WORLD: 2:17.04 W 10/15/11 TOM BARTON****NATL: 2:17.04 N 10/15/11 TOM BARTON****VA: 2:42.83 V 11/2/13 William Throne**

1	Swiger, Ralph B	59	VMST-VA	4:06.90
		3:06.20	4:06.90	

Men 55-59 50 SC Meter Breaststroke**WORLD: 30.50 W 9/26/09 WALTER KUSCH****NATL: 31.82 N 12/12/09 TIMOTHY SHEAD****VA: 37.97 V 11/3/12 David Russell**

1	Wolf, Steven D	58	UC12-VA	40.64
2	Swiger, Ralph B	59	VMST-VA	49.30

Men 55-59 100 SC Meter Breaststroke**WORLD: 1:08.13 W 9/25/09 WALTER KUSCH****NATL: 1:09.93 N 12/5/09 TIMOTHY SHEAD****VA: 1:27.04 V 2000 Warner Brundage**

1	Wolf, Steven D	58	UC12-VA	1:34.05
	43.77	1:34.05		
2	Mickunas, Victor H	59	VMST-VA	1:55.88
	55.31	1:55.88		

Men 55-59 200 SC Meter Breaststroke**WORLD: 2:33.79 W 12/6/09 TIMOTHY SHEAD****NATL: 2:33.79 N 12/6/09 TIMOTHY SHEAD****VA: 3:12.43 V 12/6/13 William Throne**

1	Swiger, Ralph B	59	VMST-VA	4:04.45
	55.63	1:59.96	3:03.36	4:04.45

Men 55-59 50 SC Meter Butterfly**WORLD: 26.64 W 5/21/11 DAN THOMPSON****NATL: 26.93 N 12/13/09 GREG SHAW****VA: 32.15 V 11/3/12 David Russell**

1	Cortina, Jorge A	56	VMST-VA	32.27
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Men 55-59 100 SC Meter Butterfly**WORLD: 59.82 W 5/21/11 DAN THOMPSON****NATL: 1:00.35 N 12/17/06 GREG SHAW****VA: 1:12.64 V 3/24/07 John Mccorkle**

1	Swiger, Ralph B	59	VMST-VA	1:57.28
	55.64	1:57.28		

Men 55-59 200 SC Meter Butterfly**WORLD: 2:19.72 W 3/21/09 JOHN CRAIG****NATL: 2:19.72 N 3/21/09 JOHN CRAIG****VA: 3:30.28 V 11/19/00 Edward Gaulrapp**

1	Throne, William C	59	VMST-VA	3:20.32V
	44.65	1:34.70	2:28.89	3:20.32

Men 55-59 100 SC Meter IM**WORLD: 1:03.48 W 12/12/09 TIMOTHY SHEAD****NATL: 1:03.48 N 12/12/09 TIMOTHY SHEAD****VA: 1:13.13 V 11/8/14 Jorge Cortina**

1	Mickunas, Victor H	59	VMST-VA	1:45.91
	52.69	1:45.91		

Men 55-59 200 SC Meter IM**WORLD: 2:16.44 W 11/22/09 MICHAEL MANN****NATL: 2:16.44 N 11/22/09 MICHAEL MANN****VA: 2:49.19 V 3/24/07 John Mccorkle**

1	Throne, William C	59	VMST-VA	2:52.84
	39.56	1:23.33	2:15.44	2:52.84
2	Anderson, Paul J	58	TMAS-VA	3:37.46
	46.90	1:45.51	2:49.20	3:37.46

Men 55-59 400 SC Meter IM**WORLD: 4:51.97 W 11/21/09 MICHAEL MANN****NATL: 4:51.97 N 11/21/09 MICHAEL MANN****VA: 6:01.35 V 12/6/13 William Throne**

1	Swiger, Ralph B	59	VMST-VA	8:18.64
	58.01	2:04.03	3:12.13	4:19.56
	5:25.24	6:32.52	7:26.63	8:18.64

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Men 60-64 50 SC Meter Freestyle

WORLD: 24.90 W 12/3/06 RICH ABRAHAMS
NATL: 24.90 N 12/3/06 RICHARD ABRAHAMS
VA: 28.34 V 11/6/10 Scott Kauffman

1	Landfield, Ken	61	VMST-VA	32.41
2	Ryan, James	63	GSM-NJ	33.48
3	Nelson, Bill L	62	VMST-VA	35.81
4	Richardson, Alvin	64	VMST-VA	37.02
5	Beachler, Michael P	64	NCMS-NC	37.05
6	Burwell, Wes	62	SHYM-VA	40.18
7	Miller, Jamie A	61	NCMS-NC	41.18

Men 60-64 100 SC Meter Freestyle

WORLD: 56.63 W 12/7/08 RICH ABRAHAMS
NATL: 56.63 N 12/7/08 RICHARD ABRAHAMS
VA: 1:06.29 V 11/6/10 Scott Kauffman

1	Nelson, Bill L	62	VMST-VA	1:24.97
	39.51	1:24.97		
2	Richardson, Alvin	64	VMST-VA	1:27.82
	41.56	1:27.82		
3	Cummings, Dean J	60	UC12-VA	1:56.02

Men 60-64 200 SC Meter Freestyle

WORLD: 2:09.50 W 12/5/10 JIM MCCONICA
NATL: 2:07.96 N 3/9/13 LARRY KRAUSER
VA: 2:12.18 V 5/23/05 John Calvert

1	Ryan, James	63	GSM-NJ	2:35.61
	37.40	1:16.63	1:56.42	2:35.61
2	Beachler, Michael P	64	NCMS-NC	3:07.07
	40.73	1:28.78	2:18.75	3:07.07
3	Richardson, Alvin	64	VMST-VA	3:17.56
	44.30	1:34.26	2:26.93	3:17.56
4	Burwell, Wes	62	SHYM-VA	3:32.16
	47.29	1:39.40	2:35.55	3:32.16

Men 60-64 400 SC Meter Freestyle

WORLD: 4:37.74 W 12/4/10 JIM MCCONICA
NATL: 4:35.39 N 12/1/12 JIM MC CONICA
VA: 4:43.69 V 5/23/05 John Calvert

1	Ryan, James	63	GSM-NJ	5:24.21
	38.68	1:19.26	2:00.10	2:40.80
	3:22.10	4:03.42	4:44.46	5:24.21
2	Beachler, Michael P	64	NCMS-NC	6:42.09
	43.43	1:33.73	2:26.53	3:19.10
	4:11.85	5:04.41	5:54.49	6:42.09

Men 60-64 800 SC Meter Freestyle

WORLD: 9:31.23 W 12/4/11 JIM MCCONICA
NATL: 9:28.32 N 12/2/12 JIM MC CONICA
VA: 12:59.20 V 12/5/06 Tom Woods

1	Ryan, James	63	GSM-NJ	10:54.53
	38.81	1:19.13	2:00.12	2:41.32
	3:22.45	4:03.99	4:45.29	5:26.32
	6:07.58	6:49.21	7:30.97	8:12.40
	8:52.96	9:33.59	10:14.34	10:54.53

2	Beachler, Michael P	64	NCMS-NC	13:33.84
	44.75	1:35.55	2:28.67	3:22.02
	4:14.69	5:07.23	5:59.03	6:51.00
	7:42.81	8:34.44	9:25.37	10:16.37
	11:07.12	11:57.62	12:47.46	13:33.84

3	Miller, Jamie A	61	NCMS-NC	17:12.87
	5:26.00		3:09.97	
		10:59.84	12:04.82	
	14:14.28		16:18.07	17:12.87

Men 60-64 1500 SC Meter Freestyle

WORLD: 18:24.21 W 12/3/10 JIM MCCONICA
NATL: 18:24.21 N 12/3/10 JIM MC CONICA
VA: 34:07.56 V 2000 David Chapman

1	Ryan, James	63	GSM-NJ	21:15.86
	40.56	1:22.51	2:04.97	2:47.76
	3:29.77	4:12.35	4:55.39	5:38.08
	6:20.88	7:03.61	7:46.30	8:29.41
	9:12.37	9:55.32	10:38.38	11:21.22
	12:03.72	12:46.50	13:29.42	14:12.15
	14:55.14	15:38.25	16:20.91	17:03.56
	17:45.95	18:28.52	19:11.13	19:53.54
	20:35.99	21:15.86		

Men 60-64 50 SC Meter Backstroke

WORLD: 30.50 W 4/18/10 TAKEO HIRAMOTO
NATL: 30.80 N 12/5/09 HUGH WILDER
VA: 35.03 V 5/11/06 William Bacon

1	Landfield, Ken	61	VMST-VA	41.49
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Men 60-64 50 SC Meter Breaststroke

WORLD: 32.16 W 5/5/12 STUART ELLICOTT
NATL: 32.31 N 12/6/09 ROBERT STRAND
VA: 38.56 V 11/27/06 Warner Brundage

1	Nelson, Bill L	62	VMST-VA	52.74
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Men 60-64 200 SC Meter Butterfly

WORLD: 2:30.18 W 12/13/08 FRED SCHLICHER
NATL: 2:29.40 N 10/20/12 SCOTT LAUTMAN
VA: 3:13.57 V 2000 William Irwin

1	Miller, Jamie A	61	NCMS-NC	5:30.14
	1:15.79	2:44.01	4:12.84	5:30.14

Men 60-64 100 SC Meter IM

WORLD: 1:06.29 W 11/13/11 RICK COLELLA
NATL: 1:05.53 N 12/2/12 TIMOTHY SHEAD
VA: 1:20.41 V 11/27/06 Warner Brundage

1	Landfield, Ken	61	VMST-VA	1:30.79
	41.15	1:30.79		

Men 60-64 400 SC Meter IM

WORLD: 5:04.54 W 11/13/11 RICK COLELLA
NATL: 5:04.54 N 11/13/11 RICK COLELLA
VA: 6:15.22 V 3/16/13 John Mccorkle

1	Miller, Jamie A	61	NCMS-NC	9:44.70
	1:06.96	2:32.46	3:57.36	5:16.29
	6:36.23	7:51.66	8:49.61	9:44.70

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Men 65-69 50 SC Meter Freestyle

WORLD: 25.80 W 12/4/10 RICHARD ABRAHAMS
NATL: 25.62 N 10/14/12 RICHARD ABRAHAMS
VA: 32.35 V 11/7/09 Jack Schiltz

1 Patterson, Mark 69 VMST-VA 50.78
 2 Sikora, Robert 69 VMST-VA 1:13.55

Men 65-69 100 SC Meter Freestyle

WORLD: 58.68 W 12/3/10 RICHARD ABRAHAMS
NATL: 58.58 N 10/13/12 RICHARD ABRAHAMS
VA: 1:13.42 V 12/5/09 Warner Brundage

1 Patterson, Mark 69 VMST-VA 2:16.46
 1:02.02 2:16.46

Men 65-69 800 SC Meter Freestyle

WORLD: 10:16.06 W 2/10/07 VITTORIO ERMIRIO
NATL: 10:21.09 N 5/18/08 TOM LANDIS
VA: 12:31.77 V 11/5/11 Warner Brundage

1 Cothren, Jack 66 BUMS-NI 12:23.34
 43.04 1:29.75 2:16.46 3:03.08
 3:49.82 4:36.57 5:24.26 6:10.64
 6:57.69 7:44.62 8:31.41 9:18.73
 10:05.56 10:52.85 11:38.86 12:23.34

Men 65-69 50 SC Meter Backstroke

WORLD: 31.64 W 12/7/08 RICHARD BURNS
NATL: 30.34 N 12/2/12 HUGH WILDER
VA: 41.09 V 11/7/09 Jack Schiltz

1 Cothren, Jack 66 BUMS-NI 39.37

Men 65-69 50 SC Meter Butterfly

WORLD: 28.91 W 5/30/09 JOSEP CLARET
NATL: 28.99 N 12/4/10 RICHARD ABRAHAMS
VA: 36.33 V 12/8/07 Gabe Kuzman

1 Cothren, Jack 66 BUMS-NI 35.17

Men 70-74 50 SC Meter Freestyle

WORLD: 27.70 W 12/6/08 JEFF FARRELL
NATL: 27.70 N 12/6/08 JEFF FARRELL
VA: 34.80 V 11/2/13 Randy Wise

1 Miller, Frank H 74 VMST-VA 47.21

Men 70-74 100 SC Meter Freestyle

WORLD: 1:03.33 W 12/2/07 JEFF FARRELL
NATL: 1:03.33 N 12/2/07 JEFF FARRELL
VA: 1:17.50 V 3/15/14 Warner Brundage

1 Frogley, Chris S 72 VMST-VA 1:39.47
 47.76 1:39.47

Men 70-74 200 SC Meter Freestyle

WORLD: 2:24.31 W 12/9/01 GRAHAM JOHNSTON
NATL: 2:24.31 N 12/9/01 GRAHAM JOHNSTON
VA: 2:51.30 V 12/7/13 Warner Brundage

1 Frogley, Chris S 72 VMST-VA 3:46.33
 50.80 1:47.29 2:46.98 3:46.33

Men 70-74 400 SC Meter Freestyle

WORLD: 5:09.75 W 3/16/02 GRAHAM JOHNSTON
NATL: 5:09.75 N 3/16/02 GRAHAM JOHNSTON
VA: 6:16.15 V 11/8/14 Warner Brundage

1 Frogley, Chris S 72 VMST-VA 8:16.33
 53.53 1:53.51 2:56.04 3:59.80
 5:04.45 6:09.59 7:14.68 8:16.33

Men 70-74 800 SC Meter Freestyle

WORLD: 10:52.68 W 10/12/01 GRAHAM JOHNSTON
NATL: 10:52.68 N 10/12/01 GRAHAM JOHNSTON
VA: 14:46.17 V 2000 Charles Erwin

1 Miller, Frank H 74 VMST-VA 18:24.57
 2:17.35 3:29.03 4:38.77
 5:49.62 7:00.01 8:09.65 9:19.71
 10:29.31 11:38.32 12:48.57 13:57.14
 15:06.56 16:14.79 17:22.94 18:24.57

Men 70-74 50 SC Meter Breaststroke

WORLD: 35.85 W 5/10/09 YOSHIHIKO OSAKI
NATL: 37.26 N 12/2/07 JEFF FARRELL
VA: 43.87 V 12/7/13 Terry Gernstein

1 Frogley, Chris S 72 VMST-VA 57.41

Men 70-74 200 SC Meter Breaststroke

WORLD: 3:05.27 W 1/20/07 HANS REICHEL
NATL: 3:07.85 N 11/20/11 MIKE FRESHLEY
VA: 3:52.82 V 3/17/12 Edward Gaulrapp

1 Miller, Frank H 74 VMST-VA 5:41.07
 1:21.19 2:49.84 4:19.70 5:41.07

Men 70-74 100 SC Meter IM

WORLD: 1:14.73 W 4/19/09 JACK KELSO
NATL: 1:14.40 N 10/6/13 RICHARD BURNS
VA: 1:28.82 V 12/7/13 Warner Brundage

1 Miller, Frank H 74 VMST-VA 2:30.55
 1:17.00 2:30.55

Men 80-84 50 SC Meter Freestyle

WORLD: 32.58 W 1/28/12 ROBERTO ALBERICHE
NATL: 32.80 N 12/4/05 FRANK PIEMME
VA: 56.18 V 11/4/06 Calvin Barnes

1 Russ, Carl 80 VMST-VA 47.99V
 2 Scott, Richard A 80 VMST-VA 52.94V

Men 80-84 100 SC Meter Freestyle

WORLD: 1:12.84 W 1/27/12 ROBERTO ALBERICHE
NATL: 1:17.02 N 12/4/05 FRANK PIEMME
VA: 1:52.78 V 11/4/06 Calvin Barnes

1 Russ, Carl 80 VMST-VA 1:57.13
 53.95 1:57.13

Men 80-84 50 SC Meter Backstroke

WORLD: 38.26 W 4/27/03 KEIJIRO NAKAMURA
NATL: 39.41 N 12/2/12 CLARKE MITCHELL
VA: 50.71 V 5/13/04 Calvin Barnes

1 Newbury, Alfred C 81 VMST-VA 1:08.70

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Men 80-84 100 SC Meter Backstroke

WORLD: 1:25.77 W 1/26/03 KEIJIRO NAKAMURA

NATL: 1:31.93 N 10/28/12 CLARKE MITCHELL

VA: 1:52.94 V 5/13/04 Calvin Barnes

1	Russ, Carl	80	VMST-VA	2:10.24
				1:03.45 2:10.24
2	Newbury, Alfred C	81	VMST-VA	2:21.10
				1:08.73 2:21.10

Men 80-84 200 SC Meter Backstroke

WORLD: 3:10.06 W 5/25/03 KEIJIRO NAKAMURA

NATL: 3:23.73 N 12/12/99 RAY TAFT

VA: 4:00.35 V 11/4/06 Calvin Barnes

1	Newbury, Alfred C	81	VMST-VA	5:01.12
				1:11.88 2:29.12 3:46.85 5:01.12

Men 80-84 200 SC Meter Butterfly

WORLD: 3:30.11 W 2/27/11 DIVANO GIULIO

NATL: 3:52.41 N 12/2/07 THOMAS MAINE

1	Scott, Richard A	80	VMST-VA	7:31.85
				1:43.11 3:42.35 5:43.00 7:31.85

Men 85-89 50 SC Meter Freestyle

WORLD: 34.54 W 4/20/08 KEIJIRO NAKAMURA

NATL: 36.26 N 12/4/10 FRANK PIEMME

VA: 52.07 V 11/3/12 Francis Hall

1	Burlamachi, Albert	86	UC12-VA	1:38.16
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Women 160-199 200 SC Meter Freestyle Relay

WORLD: 1:49.41 W 12/5/09 RED TIDE OF NYC -USA

F WILLEBOORDSE, J KELSEY, S WAGER, K GARY

NATL: 1:49.41 N 12/5/09 RED TIDE OF NYC

F WILLEBOORDSE, J KELSEY, S WAGER, K GARY

VA: 2:16.95 V 11/6/10 SHYM

E Graf, S Rouch, G Kelley, M Hamilton

1	VMST-VA	D		2:37.43
				1) Letendre, Denise M W27 2) Mix, Phoebe W65
				3) Benn, Cheryl E W62 4) Shepard, Megan C W25
				29.36 1:55.11 2:37.43

Women 320-359 200 SC Meter Freestyle Relay

WORLD: 2:58.35 W 6/19/11 BIG S YOKOHAMA -JP1

S YONEZAWA, S TANAKA, M KAMOSHITA, M KURATA

NATL: 3:25.71 N 10/13/02 FL MAVERICKS

J TROY, K SCHIMPF, G ZINT, F CARR

VA: 4:10.67 V 12/8/07 VMST

J Meredith, T Sokolik, M Tuovila, M Berkley

1	VMST-VA	A		3:35.14V
				1) Walker, Laura S W78 2) Sokolik, Terry W88
				3) Meredith, Jeanne H W87 4) Barry, Marcia L W67
				47.26 1:55.11 3:35.14

Women 320-359 400 SC Meter Freestyle Relay

WORLD: 7:16.31 W 5/15/11 BIG S YOKOHAMA -JP1

S YONEZAWA, S TANAKA, M KURATA, M KAMOSHITA

NATL: 8:45.29 N 11/18/07 FLORIDA MAVERICKS

J TROY, J REYNOLDS, R HOSKINSON, G OLSEN

VA: 9:41.96 V 11/7/09 VMST

M Berkley, T Sokolik, M Tuovila, J Meredith

1	VMST-VA	A		7:46.75N
				1) Detrick, Johnnie W80 2) Meredith, Jeanne H W87
				3) Sokolik, Terry W88 4) Barry, Marcia L W67
				1:34.93 2:42.20 5:05.14
				6:25.75 7:05.27 7:46.75

Women 320-359 800 SC Meter Freestyle Relay

WORLD: 19:49.61 W 11/20/10 SUKOYAKA ST -JPN

MASAKO KUSUME, SHIZU AKITOMO, YOKO SATO, EIKO SATO

NATL: 18:25.47 N 11/4/01 MAVERICKS

K SCHIMPF, P HUGHES, J REYNOLDS, F CARR

1	VMST-VA	A		17:14.70N
				1) Walker, Laura S W78 2) Meredith, Jeanne H W87
				3) Sokolik, Terry W88 4) Barry, Marcia L W67
				54.32 1:54.49 3:59.33
				5:08.94 6:27.04 7:47.30
				10:16.61 11:36.24 12:57.98
				14:59.73 15:44.65 16:30.82 17:14.70

Men 100-119 200 SC Meter Freestyle Relay

WORLD: 1:30.73 W 12/12/09 OKUDINHAS -BRA

R WASSALL, L OKUDA, D BELINI, A REHDER

NATL: 1:35.70 N 12/14/97 EL SUGUNDO

F WATTLES, D ROBINSON, M RINZLER, B BERGEN

1	VMST-VA	C		1:48.47
				1) Harris, Sam F M33 2) Speer, Ryan M23
				3) Frisk, Patrick M31 4) Scott, Christopher A M24
				27.44 55.67 1:23.21 1:48.47

Mixed 100-119 200 SC Meter Freestyle Relay

WORLD: 1:41.55 W 1/30/05 GOLD RUSH -JPN

M OKUHARA, N ERIGUCHI, K NAKAMURA, T SHIRATA

NATL: 1:41.62 N 12/14/97 EL SEGUNDO

B BERGEN, D GRANER GALLAS, M RINZLER, H HANNENIAN

1	RSMS-VA	A		2:14.34
				1) Cartwright, Matheson M37 2) Lee, McKenzie W24
				3) Lee, Danny J M24 4) Green, Anna W22
				32.47 1:08.28 1:42.69 2:14.34

Mixed 100-119 200 SC Meter Medley Relay

WORLD: 1:51.86 W 3/5/05 BERLINER -GER

A KUTZ, M RUMPF, S SCHUNEMANN, S THIEME

NATL: 1:51.60 N 12/4/10 THE OLYMPIC CLUB

O'DONNELL-MCCARTH, G MARSHALL, E REILLY, S GREENWO

VA: 2:02.65 V 3/20/10 VMST

Kate Hibbard, Claire Russo, Adam Barley, Boyd Orr

1	RSMS-VA	A		2:14.01
				1) McClure, Rab M46 2) Jones, Laurence A M21
				3) Reed, Leah W23 4) Lee, McKenzie W24
				32.97 1:11.53 1:43.09 2:14.01

Virginia Masters Swim Meet

November 7, 2015

Results - Nov 7, 2015

Mixed 120-159 200 SC Meter Freestyle Relay

WORLD: 1:41.23 W 4/15/12 ESMAS -ESP

F CUETO, R VIVES, M FUSTER, J SANTOS

NATL: 1:41.37 N 12/10/00 EL SEGUNDO

B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON

VA: 1:58.21 V 12/12/14 VMST

K Clear, M Dudley, D Letendre, G Harris

1	1693-VA	A	1:44.15V
	1) Grier, Katie W37	2) Lovett, Michael M37	
	3) Hurtubise, Courtney N W35	4) Glass, Sidney L M24	
	28.13	52.92	1:20.60 1:44.15

Mixed 120-159 200 SC Meter Medley Relay

WORLD: 1:52.32 W 2/15/09 TEAM DASH -JPN

H OGAWA, T HIRAKAWA, Y YAMAGUCHI, Y SAKAMOTO

NATL: 1:53.07 N 12/10/00 EL SEGUNDO

P FRANCIS, B BERGEN, M RINZLER, D GRANER-GALLAS

VA: 2:04.60 V 3/15/14 VMST

A Barley, C Russo, D Holland, D Letendre

1	1693-VA	A	1:59.80V
	1) Glass, Sidney L M24	2) Williams, Rich M40	
	3) Grier, Katie W37	4) Hurtubise, Courtney N W35	
	26.44	1:00.22	1:32.27 1:59.80
2	VMST-VA	C	2:59.47
	1) Mickunas, Victor H M59	2) McCammon, Carol F W49	
	3) Shepard, Megan C W25	4) Speer, Ryan M23	
	46.68	1:46.87	2:31.44 2:59.47

Mixed 160-199 400 SC Meter Freestyle Relay

WORLD: 3:46.01 W 11/21/09 COLORADO MASTERS SWI

C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART

NATL: 3:46.01 N 11/21/09 COLORADO MASTERS SWI

C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART

VA: 4:49.30 V 11/6/10 SHYM

D Bandy, M Shea, C Blackwood, S Rouch

1	1693-VA	A	4:38.03V
	1) Lovett, Michael M37	2) Lovett, Lindsay R W37	
	3) Grier, Katie W37	4) Cook, Michael S M53	
	27.69	57.82	1:39.01 2:28.62
	2:59.93	3:33.02	4:02.71 4:38.03

Mixed 200-239 200 SC Meter Medley Relay

WORLD: 2:01.94 W 11/19/06 OREGON MASTERS -U

K ANDRUS-HUGHES, A STARK, A DELMAGE, W EDWARDS

NATL: 1:57.65 N 10/10/12 BLU FROG TEAM

S HART, D CHANCE, M MIDDLETON, R ABRAHAMS

VA: 2:05.35 V 3/20/10 VMST

C Stevenson, L Bennett, D Holland, S Loftus-Charley

1	VMST-VA	A	2:35.00
	1) Deppe, Tom W M57	2) Speer, Nancy W53	
	3) Gordon, Susan H W54	4) Saks, Mitch M57	
	35.65	1:21.73	2:01.20 2:35.00

Mixed 240-279 200 SC Meter Freestyle Relay

WORLD: 1:55.93 W 12/7/08 GOLD COAST MASTERS

D CAVANAUGH, C CAVANAUGH, P SARGEANT, D QUIGGIN

NATL: 1:55.93 N 12/7/08 GOLD COAST MASTERS

D CAVANAUGH, C CAVANAUGH, P SARGEANT, D QUIGGIN

VA: 2:23.79 V 11/18/12 VMST

E Gaulrapp, R Romo, B Schreiner, S Loftus-Charley

1	VMST-VA	B	3:37.30
	1) Zaines, Barbara J W60	2) Sikora, Robert M69	
	3) Sikora, Patricia W63	4) Miller, Frank H M74	
	45.33	1:57.53	2:49.33 3:37.30

Mixed 240-279 400 SC Meter Medley Relay

WORLD: 4:43.20 W 12/13/09 OREGON -USA

K ANDRUS-HUGHES, A STARK, C CRABBE, D RADCLIFF

NATL: 4:43.20 N 12/13/09 OREGON

K ANDRUS-HUGHES, A STARK, C CRABBE, D RADCLIFF

VA: 6:04.55 V 11/7/09 VMST

I Hlavacek, S Marens, R Swiger, B Nelson

1	VMST-VA	A	6:54.73
	1) Gregory, Kathryn S W69	2) Speer, Nancy W53	
	3) Swiger, Ralph B M59	4) Nelson, Bill L M62	
	55.01	1:54.49	2:42.27 3:45.32
	4:29.63	5:35.39	6:08.38 6:54.73

Mixed 280-319 200 SC Meter Medley Relay

WORLD: 2:25.50 W 6/14/09 ST KANSAI -JPN

Y OSAKI, Y OSAKI, C KONISHI, F HIROOKA

NATL: 2:37.71 N 12/2/07 SAN DIEGO SWIM MASTER

J MARR, A WILLIAMS, M FRESHLEY, D WEBSTER

VA: 4:00.17 V 11/5/11 VMST

K Gregory, R Scott, K Broderick, F Miller

1	VMST-VA	B	3:38.73V
	1) Gregory, Kathryn S W69	2) Scott, Richard A M80	
	3) Broderick, Molly G W63	4) Miller, Frank H M74	
	54.69	1:55.39	2:49.70 3:38.73