

Virginia Masters Swim Meet

November 5, 2016

Results - Nov 7, 2015

Women 18-24 50 SC Meter Freestyle

NATL: 25.58 N 11/20/10 J BECKBERGER

VA: 28.57 V 11/7/15 Margaret Rechel

1 Breuer, Lauren T 24 UC12-VA 29.09

Women 18-24 100 SC Meter Freestyle

NATL: 55.86 N 11/21/10 J BECKBERGER

VA: 1:01.58 V 12/31/07 Meghan Brosch

1 Breuer, Lauren T 24 UC12-VA 1:04.55
30.65 1:04.55**Women 18-24 50 SC Meter Backstroke**

NATL: 29.69 N 12/10/00 PAIGE FRANCIS

VA: 31.65 V 3/21/15 Gabrielle Mizerak

1 Breuer, Lauren T 24 UC12-VA 32.07

Women 18-24 100 SC Meter Backstroke

NATL: 59.45 N 11/21/09 PETRA KLOSOVA

VA: 1:14.76 V 11/5/11 Kim Thoresen

1 Breuer, Lauren T 24 UC12-VA 1:08.23V
32.63 1:08.23**Women 18-24 100 SC Meter IM**

NATL: 1:01.74 N 12/6/09 KARA DENBY

VA: 1:03.84 V 11/8/08 Erla Dogg Haraldsdottir

1 Breuer, Lauren T 24 UC12-VA 1:12.84
32.66 1:12.84**Women 25-29 50 SC Meter Freestyle**

WORLD: 25.42 W 3/12/06 SUMIKA KOMATSU

NATL: 26.03 N 10/29/11 ANDREA GEOROFF

VA: 27.93 V 3/5/16 Gabrielle Mizerak

1 Shaner, Sara 25 1693-VA 28.45

Women 25-29 50 SC Meter Backstroke

WORLD: 28.80 W 4/4/08 ANU KOIVISTO

NATL: 28.92 N 3/3/12 DIANA MACMANUS

VA: 31.77 V 3/20/10 Kate Hibbard

1 Shepard, Megan 26 VMST-VA 53.96

Women 25-29 50 SC Meter Breaststroke

WORLD: 31.59 W 11/5/11 NICOLE HEIDEMANN

NATL: 31.87 N 11/21/10 MEGAN JENDRICK

VA: 36.72 V 1/1/96 Cheryl Conlin

1 Shaner, Sara 25 1693-VA 38.01

Women 25-29 200 SC Meter Breaststroke

WORLD: 2:29.80 W 4/14/12 MEGAN JENDRICK

NATL: 2:29.80 N 4/14/12 MEGAN JENDRICK

VA: 2:44.46 V 6/4/15 Denise Letendre

1 Shepard, Megan 26 VMST-VA 4:46.63
1:05.76 2:20.39 3:35.75 4:46.63**Women 25-29 50 SC Meter Butterfly**

WORLD: 27.29 W 5/9/10 YUKO NAKANISHI

NATL: 28.30 N 10/16/11 LINDSEY URBATCHKA

VA: 29.17 V 3/5/16 Gabrielle Mizerak

1 Dudley, Mariah 29 VMST-VA 34.94
2 Mickunas, Allison 27 VMST-VA 40.03**Women 25-29 100 SC Meter Butterfly**

WORLD: 1:00.18 W 5/8/10 YUKO NAKANISHI

NATL: 1:01.33 N 3/31/96 SHEILA TAORMINA

VA: 1:08.62 V 11/7/09 Lucy Carrig

1 Dudley, Mariah 29 VMST-VA 1:19.69
36.27 1:19.69
2 Shepard, Megan 26 VMST-VA 1:58.54
55.37 1:58.54**Women 25-29 100 SC Meter IM**

WORLD: 1:03.41 W 1/23/11 MEGAN JENDRICK

NATL: 1:03.41 N 1/23/11 MEGAN JENDRICK

VA: 1:10.18 V 11/7/09 Lucy Carrig

1 Dudley, Mariah 29 VMST-VA 1:24.52
39.48 1:24.52**Women 25-29 200 SC Meter IM**

WORLD: 2:17.17 W 4/23/06 HITOMI MATSUDA

NATL: 2:21.79 N 12/12/98 WENKE HANSEN

VA: 2:25.63 V 3/5/16 Denise Letendre

1 Shepard, Megan 26 VMST-VA 3:56.97
55.80 1:56.29 3:06.14 3:56.97**Women 30-34 1500 SC Meter Freestyle**

WORLD: 16:26.93 W 12/2/11 DAWN HECKMAN

NATL: 16:26.93 N 12/2/11 DAWN HECKMAN

VA: 18:38.38 V 11/5/11 Maura Bolger

1 Greene, Shannon 31 1693-VA 19:03.89
34.42 1:11.48 1:48.85 2:26.65
3:04.96 3:43.18 4:21.67 5:00.00
5:38.20 6:16.26 6:54.66 7:32.76
8:10.90 8:49.10 9:27.36 10:05.57
10:43.68 11:22.24 12:00.71 12:39.39
13:17.91 13:56.36 14:34.64 15:13.01
15:51.11 16:29.95 17:08.37 17:47.46
18:25.99 19:03.89**Women 30-34 200 SC Meter Butterfly**

WORLD: 2:13.09 W 5/25/08 HITOMI MATSUDA

NATL: 2:19.34 N 10/5/03 KATRINA RADKE

VA: 2:29.28 V 11/5/11 Maura Bolger

1 Greene, Shannon 31 1693-VA 2:39.41
36.05 1:16.63 1:58.10 2:39.41**Women 35-39 50 SC Meter Freestyle**

WORLD: 25.10 W 12/3/06 DARA TORRES

NATL: 25.10 N 12/3/06 DARA TORRES

VA: 27.17 V 3/25/00 Beth Baker

1 Choe, Michele 39 1693-VA 31.12
2 Lovett, Lindsay 38 1693-VA 39.89
3 Harshbarger, Sabrina 35 VTAC-VA 59.45**Women 35-39 200 SC Meter Freestyle**

WORLD: 2:03.12 W 3/25/12 HITOMI MATSUDA

NATL: 2:03.56 N 12/14/97 K PIPES-NEILSEN

VA: 2:12.39 V 12/9/00 Kelly Parker

1 Old, Catherine 39 NCMS-NC 2:45.09
38.10 1:19.82 2:03.12 2:45.09

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Women 35-39 400 SC Meter Freestyle**WORLD:** 4:22.56 W 12/12/99 K.PIPES-NEILSEN**NATL:** 4:22.56 N 12/12/99 K PIPES-NEILSEN**VA:** 4:40.72 V 12/9/00 Kelly Parker

1	Old, Catherine	39	NCMS-NC	5:45.16
				38.85 1:21.52 2:05.37 2:49.04
				3:33.75 4:18.58 5:03.46 5:45.16

Women 35-39 50 SC Meter Backstroke**WORLD:** 28.68 W 11/21/09 SHERI HART**NATL:** 28.68 N 11/21/09 SHERI HART**VA:** 32.02 V 3/25/00 Beth Baker

1	Choe, Michele	39	1693-VA	37.46
2	Lovett, Lindsay	38	1693-VA	48.95

Women 35-39 100 SC Meter Backstroke**WORLD:** 1:02.36 W 11/22/09 SHERI HART**NATL:** 1:02.36 N 11/22/09 SHERI HART**VA:** 1:12.66 V 4/19/98 Beth Baker

1	Old, Catherine	39	NCMS-NC	1:20.03
				39.32 1:20.03

Women 35-39 200 SC Meter Backstroke**WORLD:** 2:14.10 W 12/14/97 K.PIPES-NEILSEN**NATL:** 2:14.10 N 12/14/97 K PIPES-NEILSEN**VA:** 2:38.84 V 4/19/98 Beth Baker

1	Old, Catherine	39	NCMS-NC	2:49.88
				40.14 1:23.80 2:08.01 2:49.88

Women 35-39 100 SC Meter Breaststroke**WORLD:** 1:09.20 W 4/29/12 HITOMI MATSUDA**NATL:** 1:10.64 N 12/3/11 CYNTHIA LEWIS**VA:** 1:18.46 V 12/6/03 Cheryl Conlin

1	Old, Catherine	39	NCMS-NC	1:42.98
				50.47 1:42.98

Women 35-39 50 SC Meter Butterfly**WORLD:** 28.37 W 9/26/09 GISELI PEREIRA**NATL:** 28.58 N 11/21/09 SHERI HART**VA:** 29.69 V 4/16/00 Beth Baker

1	Grier, Katie	38	1693-VA	31.01
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Women 35-39 100 SC Meter IM**WORLD:** 1:03.17 W 3/10/12 HITOMI MATSUDA**NATL:** 1:04.61 N 11/22/09 SHERI HART**VA:** 1:08.23 V 3/25/00 Beth Baker

1	Grier, Katie	38	1693-VA	1:14.93
				33.79 1:14.93

Women 40-44 50 SC Meter Freestyle**WORLD:** 26.40 W 3/8/08 MARIKA JOHANSSON**NATL:** 26.22 N 3/16/13 ERIKA BRAUN**VA:** 27.61 V 4/6/02 Beth Baker

1	Davidson, Julia	40	1693-VA	33.66
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Women 40-44 200 SC Meter Freestyle**WORLD:** 2:05.26 W 12/14/03 K.PIPES-NEILSEN**NATL:** 2:05.26 N 12/14/03 K PIPES-NEILSEN**VA:** 2:17.69 V 5/6/11 Ana Paula Grilo

1	Latell, Andrea	43	VMST-VA	3:05.97
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Women 40-44 1500 SC Meter Freestyle**WORLD:** 17:35.49 W 1/16/10 ALISON ZAMANIAN**NATL:** 17:35.49 N 1/16/10 ALISON ZAMANIAN**VA:** 25:20.69 V 12/31/90 Kris Kloppe

1	Latell, Andrea	43	VMST-VA	24:47.04V
				44.82 1:31.51 2:20.26 3:09.79
				3:59.21 4:48.38 5:37.79 6:27.23
				7:16.94 8:06.78 8:57.07 9:47.09
				10:37.31 11:27.59 12:17.68 13:07.68
				13:57.72 14:47.91 15:38.17 16:28.08
				17:18.42 18:09.42 19:00.13 19:50.54
				20:41.23 21:31.53 22:21.03 23:10.63
				23:59.76 24:47.04

Women 40-44 50 SC Meter Backstroke**WORLD:** 30.00 W 4/18/09 CINDY MABEE**NATL:** 30.02 N 10/14/12 SHERI HART**VA:** 32.49 V 12/8/01 Beth Baker

1	Sturgeon, Caroline	40	VTAC-VA	46.33
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Women 40-44 100 SC Meter Backstroke**WORLD:** 1:03.48 W 10/29/11 SHERI HART**NATL:** 1:03.48 N 10/29/11 SHERI HART**VA:** 1:07.92 V 12/8/01 Beth Baker

1	Sturgeon, Caroline	40	VTAC-VA	1:41.34
				49.18 1:41.34

Women 40-44 200 SC Meter Backstroke**WORLD:** 2:19.06 W 12/4/09 JODY SMITH**NATL:** 2:19.06 N 12/4/09 JODY SMITH**VA:** 2:25.78 V 12/8/01 Beth Baker

1	Sturgeon, Caroline	40	VTAC-VA	3:42.72
				50.24 1:45.48 2:44.51 3:42.72

Women 40-44 200 SC Meter IM**WORLD:** 2:19.21 W 12/2/07 S.VON DER LIPPE**NATL:** 2:19.21 N 12/2/07 S VON DER LIPPE**VA:** 2:34.48 V 2000 Beth Baker

1	Latell, Andrea	43	VMST-VA	3:27.39
				46.29 1:40.19 2:40.24 3:27.39

Women 45-49 50 SC Meter Freestyle**WORLD:** 26.59 W 4/14/11 EDITH OTTERMANN**NATL:** 27.09 N 12/2/07 K PIPES-NEILSEN**VA:** 33.24 V 10/10/98 Kathy Wheeler

1	Harris, Susan	48	VTAC-VA	47.87
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Women 50-54 50 SC Meter Freestyle**WORLD:** 27.81 W 4/17/11 SARAH MACDONALD**NATL:** 27.91 N 12/8/12 LESLIE LIVINGSTON**VA:** 29.71 V 12/11/09 Lisa Bennett

1	Russell, Lee Ann	54	VMST-VA	33.34
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Women 50-54 100 SC Meter Freestyle**WORLD:** 1:01.49 W 10/21/01 LAURA VAL**NATL:** 1:01.49 N 10/21/01 LAURA VAL**VA:** 1:04.38 V 5/20/11 Kelly Parker Palace

1	Nicholls, Victoria	50	VTAC-VA	1:59.24
				55.53 1:59.24

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Women 50-54 200 SC Meter Freestyle

WORLD: 2:10.72 W 12/6/09 S.HEIM-BOWEN
NATL: 2:10.72 N 12/6/09 S HEIM-BOWEN
VA: 2:17.99 V 5/20/11 Kelly Parker Palace

1 Nicholls, Victoria 50 VTAC-VA 4:20.23
 56.84 2:02.39 3:11.28 4:20.23

Women 50-54 400 SC Meter Freestyle

WORLD: 4:34.81 W 1/29/11 LYNN MARSHALL
NATL: 4:35.54 N 12/5/09 S HEIM-BOWEN
VA: 4:46.96 V 5/20/11 Kelly Parker Palace

1 Speer, Nancy 54 VMST-VA 5:45.01
 38.51 1:20.87 2:04.23 2:48.15
 3:33.03 4:17.71 5:01.84 5:45.01

Women 50-54 1500 SC Meter Freestyle

WORLD: 17:51.33 W 12/4/09 S.HEIM-BOWEN
NATL: 17:51.33 N 12/4/09 S HEIM-BOWEN
VA: 18:56.50 V 5/20/11 Kelly Parker Palace

1 Speer, Nancy 54 VMST-VA 22:12.19
 39.56 1:22.97 2:07.50 2:52.20
 3:36.76 4:21.53 5:06.02 5:50.23
 6:35.17 7:20.39 8:05.11 8:49.58
 9:34.43 10:18.91 11:03.34 11:47.97
 12:32.43 13:17.71 14:02.20 14:46.76
 15:31.47 16:16.43 17:01.43 17:46.04
 18:30.98 19:15.83 20:00.30 20:44.22
 21:28.51 22:12.19

Women 50-54 50 SC Meter Backstroke

WORLD: 30.58 W 3/19/11 LESLIE LIVINGSTON
NATL: 30.58 N 3/19/11 LESLIE LIVINGSTON
VA: 37.00 V 5/20/11 Kelly Parker Palace

1 Russell, Lee Ann 54 VMST-VA 43.01

Women 50-54 50 SC Meter Breaststroke

WORLD: 34.05 W 3/18/12 MONICA CORO
NATL: 36.92 N 12/9/12 LESLIE LIVINGSTON
VA: 36.99 V 12/11/09 Lisa Bennett

1 Russell, Lee Ann 54 VMST-VA 45.15

Women 50-54 50 SC Meter Butterfly

WORLD: 29.54 W 3/17/12 LESLIE LIVINGSTON
NATL: 29.25 N 3/16/13 LESLIE LIVINGSTON
VA: 32.87 V 12/11/09 Lisa Bennett

1 Russell, Lee Ann 54 VMST-VA 36.60

Women 50-54 100 SC Meter Butterfly

WORLD: 1:06.92 W 3/10/12 K.PIPES-NEILSEN
NATL: 1:08.09 N 2/18/12 KARLYN PIPES
VA: 1:17.01 V 12/11/09 Lisa Bennett

1 Nicholls, Victoria 50 VTAC-VA 2:59.87
 1:25.16 2:59.87

Women 50-54 100 SC Meter IM

WORLD: 1:08.28 W 3/9/12 K.PIPES-NEILSEN
NATL: 1:09.68 N 2/18/12 KARLYN PIPES
VA: 1:15.48 V 12/11/09 Lisa Bennett

1 Russell, Lee Ann 54 VMST-VA 1:27.26
 39.79 1:27.26

2 Nicholls, Victoria 50 VTAC-VA 2:29.19
 1:12.89 2:29.19

Women 50-54 200 SC Meter IM

WORLD: 2:30.98 W 9/19/09 JENNY WHITELEY
NATL: 2:30.63 N 12/9/12 KARLYN PIPES
VA: 2:49.86 V 12/11/09 Lisa Bennett

1 Nicholls, Victoria 50 VTAC-VA 5:18.60
 1:20.45 2:38.78 5:18.60

Women 55-59 50 SC Meter Freestyle

WORLD: 28.49 W 12/5/09 LAURA VAL
NATL: 28.49 N 12/5/09 LAURA VAL
VA: 31.28 V 11/5/11 Lisa Bennett

1 Dickens, Susan R 55 VMST-VA 37.96

Women 55-59 200 SC Meter Freestyle

WORLD: 2:14.45 W 11/21/09 LAURA VAL
NATL: 2:14.45 N 11/21/09 LAURA VAL
VA: 2:34.31 V 11/6/10 Shirley Loftus-Charley

1 Parker Palace, Kelly 55 VMST-VA 2:24.38V
 34.43 1:10.80 1:47.82 2:24.38

Women 55-59 400 SC Meter Freestyle

WORLD: 4:42.97 W 10/4/09 LAURA VAL
NATL: 4:42.97 N 10/4/09 LAURA VAL
VA: 5:12.43 V 11/6/10 Shirley Loftus-Charley

1 Parker Palace, Kelly 55 VMST-VA 6:02.08
 33.15 1:07.69 2:11.58 2:55.64
 3:40.76 4:26.60 5:16.31 6:02.08

Women 55-59 800 SC Meter Freestyle

WORLD: 9:51.35 W 10/17/09 LAURA VAL
NATL: 9:51.35 N 10/17/09 LAURA VAL
VA: 10:32.57 V 11/6/10 Shirley Loftus-Charley

1 Parker Palace, Kelly 55 VMST-VA 10:12.95V
 35.30 1:13.16 1:51.77 2:30.67
 3:09.17 3:47.91 4:26.15 5:04.79
 5:43.51 6:22.13 7:01.25 7:40.20
 8:19.13 8:57.75 9:35.90 10:12.95

Women 55-59 200 SC Meter Backstroke

WORLD: 2:40.05 W 10/12/08 LAURA VAL
NATL: 2:40.05 N 10/12/08 LAURA VAL
VA: 3:01.12 V 5/4/07 Bonnie Kestner

1 Parker Palace, Kelly 55 VMST-VA 2:50.00V
 41.06 1:22.96 2:07.60 2:50.00

Women 55-59 100 SC Meter IM

WORLD: 1:12.90 W 10/11/09 LAURA VAL
NATL: 1:12.90 N 10/11/09 LAURA VAL
VA: 1:21.22 V 3/20/10 Shirley Loftus-Charley

1 Dickens, Susan R 55 VMST-VA 1:42.65
 48.90 1:42.65

Women 60-64 50 SC Meter Freestyle

WORLD: 29.48 W 10/3/11 LAURA VAL
NATL: 29.44 N 9/23/12 LAURA VAL
VA: 33.70 V 3/19/11 Shirley Loftus-Charley

1 Carrillo, Suzanne 60 TIDE SWIMMING-1 41.94
 2 Benn, Cheryl E 63 VMST-VA 44.40

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Women 60-64 100 SC Meter Freestyle

WORLD: 1:05.16 W 1/15/11 LAURA VAL

NATL: 1:04.79 N 9/23/12 LAURA VAL

VA: 1:09.44 V 11/18/12 Shirley Loftus-Charley

1	Broderson, Molly	64	VMST-VA	1:34.12
				42.91 1:34.12

Women 60-64 200 SC Meter Freestyle

WORLD: 2:20.16 W 12/4/11 LAURA VAL

NATL: 2:20.16 N 12/4/11 LAURA VAL

VA: 2:31.02 V 3/17/12 Shirley Loftus-Charley

1	Broderson, Molly	64	VMST-VA	3:30.21
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Women 60-64 1500 SC Meter Freestyle

WORLD: 19:38.63 W 1/15/11 LAURA VAL

NATL: 19:38.63 N 1/15/11 LAURA VAL

VA: 19:59.92 V 11/5/11 Shirley Loftus-Charley

1	Harris, Brenda	61	VMST-VA	28:37.82
				50.01 1:43.40 2:38.16 3:33.78
				4:28.99 5:26.61 6:23.56 7:20.37
				8:17.77 9:14.79 10:12.21 11:10.06
				12:08.82 13:06.84 14:03.92 15:02.59
				16:01.49 16:59.47 17:58.03 18:56.35
				19:53.24 20:51.63 21:50.51 22:49.31
				23:48.13 24:45.75 25:43.96 26:43.22
				27:41.91 28:37.82

Women 60-64 50 SC Meter Backstroke

WORLD: 33.94 W 10/3/11 LAURA VAL

NATL: 33.66 N 12/2/12 LAURA VAL

VA: 41.18 V 12/4/11 Shirley Loftus-Charley

1	Carrillo, Suzanne	60	TIDE SWIMMING-1	47.69
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Women 60-64 100 SC Meter Backstroke

WORLD: 1:14.48 W 12/3/11 LAURA VAL

NATL: 1:13.87 N 10/13/12 LAURA VAL

VA: 1:27.00 V 12/4/11 Shirley Loftus-Charley

1	Carrillo, Suzanne	60	TIDE SWIMMING-1	1:50.20
				50.72 1:50.20

Women 60-64 50 SC Meter Breaststroke

WORLD: 38.60 W 3/18/02 MONIKA SENFTLEBEN

NATL: 39.60 N 11/12/11 DEB WALKER

VA: 44.95 V 11/18/12 Shirley Loftus-Charley

1	Carrillo, Suzanne	60	TIDE SWIMMING-1	50.06
2	Benn, Cheryl E	63	VMST-VA	59.32
3	Rotch, Catherine	64	VMST-VA	1:06.59

Women 60-64 100 SC Meter IM

WORLD: 1:16.37 W 12/4/11 LAURA VAL

NATL: 1:15.07 N 10/6/13 LAURA VAL

VA: 1:24.67 V 11/5/11 Shirley Loftus-Charley

1	Carrillo, Suzanne	60	TIDE SWIMMING-1	1:48.64
				50.34 1:48.64
2	Harris, Brenda	61	VMST-VA	1:51.82
				54.99 1:51.82

Women 65-69 50 SC Meter Freestyle

WORLD: 31.82 W 10/23/11 LYNETTE STEVENSON

NATL: 32.06 N 12/10/11 DIANN UUSTAL

VA: 34.07 V 3/21/09 Beth Schreiner

1	Loustaunau, Sue	66	VMST-VA	39.79
2	Mix, Phoebe	66	VMST-VA	42.24
3	Patteson, Robin B	65	VMST-VA	50.28

Women 65-69 100 SC Meter Freestyle

WORLD: 1:10.76 W 11/13/11 DIANNE UUSTAL

NATL: 1:10.76 N 11/13/11 DIANN UUSTAL

VA: 1:14.11 V 3/5/16 Shirley Loftus-Charley

1	Mix, Phoebe	66	VMST-VA	1:36.84
				45.03 1:36.84

Women 65-69 200 SC Meter Freestyle

WORLD: 2:39.77 W 12/4/10 CAROLYN BOAK

NATL: 2:38.60 N 12/15/12 DIANN UUSTAL

VA: 2:35.21 V 7/21/16 Shirley Loftus-Charley

1	Boslego, Barbara	65	VMST-VA	2:57.76
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Women 65-69 50 SC Meter Backstroke

WORLD: 35.58 W 3/19/11 DIANN UUSTAL

NATL: 35.58 N 3/19/11 DIANN UUSTAL

VA: 41.31 V 11/2/13 Marcia Barry

1	Loustaunau, Sue	66	VMST-VA	49.88
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Women 65-69 100 SC Meter Backstroke

WORLD: 1:17.95 W 12/11/11 DIANN UUSTAL

NATL: 1:17.95 N 12/11/11 DIANN UUSTAL

VA: 1:32.59 V 11/8/14 Marcia Barry

1	Patteson, Robin B	65	VMST-VA	2:22.11
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Women 65-69 50 SC Meter Breaststroke

WORLD: 40.90 W 5/9/10 NOBUKO YASUDA

NATL: 42.02 N 11/12/11 DIANN UUSTAL

VA: 42.35 V 4/9/05 Joann Leilich

1	Boslego, Barbara	65	VMST-VA	46.23
2	McInturff, Donna	66	VMST-VA	54.21
3	Patteson, Robin B	65	VMST-VA	1:06.43

Women 65-69 100 SC Meter Breaststroke

WORLD: 1:28.73 W 1/24/10 NOBUKO YASUDA

NATL: 1:32.37 N 3/20/04 JOANN LEILICH

VA: 1:32.37 V 3/20/04 Joann Leilich

1	McInturff, Donna	66	VMST-VA	1:57.29
				55.79 1:57.29

Women 70-74 50 SC Meter Freestyle

WORLD: 33.34 W 11/27/10 CHRISTEL SCHULZ

NATL: 35.37 N 11/7/99 GAIL ROPER

VA: 35.66 V 3/19/11 Beth Schreiner

1	Blood, Lorene E	74	VMST-VA	1:00.63
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Women 70-74 100 SC Meter Freestyle

WORLD: 1:12.97 W 6/14/09 YOSHIKO OSAKI

NATL: 1:18.67 N 12/5/99 GAIL ROPER

VA: 1:22.71 V 3/19/11 Beth Schreiner

1	Blood, Lorene E	74	VMST-VA	2:15.60
				1:03.75 2:15.60

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Women 70-74 50 SC Meter Backstroke

WORLD: 40.49 W 10/24/09 MARGARET WILDING

NATL: 40.58 N 4/15/12 JOY WARD

VA: 46.29 V 12/4/11 Beth Schreiner

1 Martin, Judy 74 VMST-VA 1:09.40

Women 70-74 100 SC Meter Backstroke

WORLD: 1:26.25 W 5/20/12 SATOKO TAKEUJI

NATL: 1:29.64 N 4/14/12 JOY WARD

VA: 1:40.93 V 11/18/12 Beth Schreiner

1 Gregory, Kathryn 70 VMST-VA 2:03.41
1:01.36 2:03.412 Martin, Judy 74 VMST-VA 2:23.27
1:08.33 2:23.273 Steiner, Arlien 74 VMST-VA 2:34.48
1:15.31 2:34.48**Women 70-74 200 SC Meter Backstroke**

WORLD: 3:12.67 W 4/1/12 JOY WARD

NATL: 3:12.67 N 4/1/12 JOY WARD

VA: 3:57.27 V 12/13/09 Laura Walker

1 Gregory, Kathryn 70 VMST-VA 4:13.49
57.54 2:04.29 3:10.62 4:13.492 Martin, Judy 74 VMST-VA 5:03.51
1:07.79 2:24.34 3:44.96 5:03.51**Women 70-74 50 SC Meter Breaststroke**

WORLD: 42.80 W 2/27/05 SHOKO YONEZAWA

NATL: 44.22 N 11/13/11 JOANN LEILICH

VA: 52.07 V 5/11/05 Johnnie Detrick

1 Marens, Susan 74 VMST-VA 57.86

Women 70-74 100 SC Meter Breaststroke

WORLD: 1:35.58 W 9/18/05 SHOKO YONEZAWA

NATL: 1:37.20 N 3/21/09 JOANN LEILICH

VA: 1:53.29 V 5/11/06 Johnnie Detrick

1 Marens, Susan 74 VMST-VA 2:13.67
1:05.35 2:13.672 Steiner, Arlien 74 VMST-VA 3:05.02
1:27.03 3:05.02**Women 70-74 200 SC Meter Breaststroke**

WORLD: 3:25.76 W 3/21/09 JOANN LEILICH

NATL: 3:25.76 N 3/21/09 JOANN LEILICH

VA: 4:07.70 V 12/8/07 Johnnie Detrick

1 Marens, Susan 74 VMST-VA 4:45.77
1:06.65 2:21.21 3:35.25 4:45.77**Women 70-74 50 SC Meter Butterfly**

WORLD: 37.96 W 5/24/09 YOSHIKO OSAKI

NATL: 39.81 N 4/15/12 BARBARA FRID

VA: 54.18 V 11/10/12 Ida Hlavacek

1 Marens, Susan 74 VMST-VA 1:03.53

--- Steiner, Arlien 74 VMST-VA DQ

Women 70-74 100 SC Meter IM

WORLD: 1:24.88 W 10/18/09 YOSHIKO OSAKI

NATL: 1:32.23 N 5/15/00 GAIL ROPER

VA: 1:46.69 V 5/4/07 Johnnie Detrick

1 Marens, Susan 74 VMST-VA 2:08.91
1:03.11 2:08.912 Blood, Lorene E 74 VMST-VA 2:37.87
1:14.31 2:37.873 Steiner, Arlien 74 VMST-VA 2:48.30
1:19.07 2:48.30**Women 70-74 200 SC Meter IM**

WORLD: 3:11.14 W 4/5/09 YOSHIKO OSAKI

NATL: 3:28.17 N 4/15/12 JOY WARD

VA: 3:59.32 V 5/16/08 Johnnie Detrick

1 Steiner, Arlien 74 VMST-VA 6:07.63
1:23.32 3:00.84 4:40.93 6:07.63**Women 75-79 50 SC Meter Freestyle**

WORLD: 35.88 W 3/25/06 JANE ASHER

NATL: 37.24 N 12/12/04 GAIL ROPER

VA: 37.33 V 3/19/11 Johnnie Detrick

1 Walker, Laura 79 VMST-VA 46.90

Women 75-79 50 SC Meter Backstroke

WORLD: 43.50 W 3/24/06 JANE ASHER

NATL: 44.76 N 11/7/99 DORIS STEADMAN

VA: 55.62 V 11/5/11 Johnnie Detrick

1 Stott, Ellen W 76 VMST-VA 1:58.19

Women 75-79 100 SC Meter Backstroke

WORLD: 1:36.33 W 4/17/10 SHOKO YONEZAWA

NATL: 1:36.90 N 3/19/11 NANCY BROWN

VA: 1:56.61 V 11/3/12 Laura Walker

1 Walker, Laura 79 VMST-VA 2:01.60
59.16 2:01.60**Women 75-79 200 SC Meter Backstroke**

WORLD: 3:32.59 W 5/6/06 JANE ASHER

NATL: 3:34.09 N 3/19/11 NANCY BROWN

VA: 4:06.60 V 11/3/12 Laura Walker

1 Walker, Laura 79 VMST-VA 4:21.49
1:01.93 2:08.70 3:15.75 4:21.49**Women 75-79 50 SC Meter Breaststroke**

WORLD: 43.79 W 2/14/10 SHOKO YONEZAWA

NATL: 50.91 N 10/15/05 GAIL ROPER

VA: 51.86 V 3/19/11 Johnnie Detrick

1 Stott, Ellen W 76 VMST-VA 1:47.54

Women 80-84 50 SC Meter Breaststroke

WORLD: 49.35 W 2/26/11 A.VAN OBBERGHEN

NATL: 53.62 N 10/15/11 ANN HIRSCH

VA: 52.20 V 3/21/15 Johnnie Detrick

1 Averette, Joan 80 VMST-VA 1:29.59

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Women 80-84 200 SC Meter Breaststroke

WORLD: 4:00.52 W 3/26/11 A.VAN OBBERGHEN

NATL: 4:16.16 N 9/25/11 ANN HIRSCH

VA: 4:38.63 V 8/29/15 Johnnie Detrick

1	Averette, Joan	80	VMST-VA	7:33.03
		1:39.68	3:39.83	5:39.63
				7:33.03

Women 85-89 50 SC Meter Freestyle

WORLD: 44.68 W 3/11/12 MIEKO KAMOSHITA

NATL: 46.35 N 10/14/12 JEAN TROY

VA: 1:00.29 V 12/31/08 Marianna Berkley

1	Meredith, Jeanne H	88	VMST-VA	1:08.22
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Women 85-89 200 SC Meter Freestyle

WORLD: 3:54.18 W 9/16/07 MARGERY MEYER

NATL: 3:49.35 N 11/10/12 JEAN TROY

VA: 4:52.03 V 12/8/07 Marianna Berkley

1	Meredith, Jeanne H	88	VMST-VA	5:24.93
		1:12.00	2:36.14	4:03.52
				5:24.93
2	Sokolik, Terry	89	VMST-VA	5:29.65
		1:13.02	2:35.25	4:01.91
				5:29.65

Women 85-89 100 SC Meter Backstroke

WORLD: 2:02.71 W 1/4/03 EDITH THEIN

NATL: 1:52.21 N 10/14/12 BETTY LORENZI

VA: 2:34.75 V 12/8/07 Marianna Berkley

1	Meredith, Jeanne H	88	VMST-VA	3:09.44
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Women 85-89 200 SC Meter Backstroke

WORLD: 4:18.50 W 1/4/03 EDITH THEIN

NATL: 4:36.48 N 10/15/06 BUNNY CEDERLUND

VA: 5:26.36 V 5/16/08 Marianna Berkley

1	Sokolik, Terry	89	VMST-VA	6:27.96
		1:32.13	3:10.97	4:48.62
				6:27.96

Women 85-89 50 SC Meter Breaststroke

WORLD: 58.52 W 11/5/10 OLGA KOKORINA

NATL: 1:09.77 N 12/10/95 MARTI GOGNIAT

VA: 1:10.37 V 5/4/07 Marianna Berkley

1	Sokolik, Terry	89	VMST-VA	1:39.07
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Women 85-89 100 SC Meter IM

WORLD: 2:11.95 W 11/4/10 OLGA KOKORINA

NATL: 2:08.06 N 11/11/12 JEAN TROY

VA: 2:23.05 V 5/4/07 Marianna Berkley

---	Sokolik, Terry	89	VMST-VA	DQ
		1:34.05		DQ

Women 90-94 50 SC Meter Backstroke

WORLD: 1:05.70 W 10/29/06 WILLY VAN RYSEL

NATL: 1:12.15 N 10/23/11 MAURINE KORNFELD

VA: 1:25.39 V 11/2/13 Marianna Berkley

1	Berkley, Marianna	94	VMST-VA	1:59.49
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Women 90-94 50 SC Meter Breaststroke

WORLD: 1:11.00 W 3/12/11 INGEBORG FRITZE

NATL: 1:36.78 N 6/8/08 RITA SIMONTON

VA: 1:28.76 V 10/7/15 Miriam Tuovila

1	Berkley, Marianna	94	VMST-VA	2:33.35
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Men 18-24 50 SC Meter Freestyle

NATL: 21.38 N 12/11/05 NICK BRUNELLI

VA: 23.79 V 11/8/08 Anri Mar Arnason

1	Parker, Jonathan	24	SPORT & HEALTH 1	26.86
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Men 18-24 100 SC Meter Freestyle

NATL: 48.00 N 12/11/05 NICK BRUNELLI

VA: 53.92 V 11/7/15 Christopher Scott

1	Di Salvo, Brian	24	VTAC-VA	1:00.87
		29.26		1:00.87

Men 18-24 50 SC Meter Backstroke

NATL: 25.38 N 3/17/12 JOSH HAFKIN

VA: 26.44 V 11/7/15 Sidney Glass

1	Parker, Jonathan	24	SPORT & HEALTH 1	34.22
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Men 18-24 100 SC Meter Backstroke

NATL: 51.91 N 10/29/11 EUGENE GODSOE

VA: 58.49 V 12/12/14 Sidney Glass

1	Parker, Jonathan	24	SPORT & HEALTH 1	1:16.62
		37.02		1:16.62

Men 18-24 100 SC Meter Breaststroke

NATL: 1:01.75 N 12/11/05 GREG OWEN

VA: 1:08.28 V 11/7/15 Christopher Scott

1	Di Salvo, Brian	24	VTAC-VA	1:13.67
		34.35		1:13.67

Men 18-24 50 SC Meter Butterfly

NATL: 25.14 N 12/15/12 MICHAEL ARNOLD

VA: 26.28 V 12/4/11 Lee Robertson

1	Kalish, Adam	23	TMAS-VA	25.87V
2	Parker, Jonathan	24	SPORT & HEALTH 1	28.24
3	Di Salvo, Brian	24	VTAC-VA	29.00

Men 18-24 100 SC Meter Butterfly

NATL: 52.25 N 10/29/11 EUGENE GODSOE

VA: 59.22 V 12/4/11 Lee Robertson

1	Kalish, Adam	23	TMAS-VA	58.51V
		27.33		58.51
2	Parker, Jonathan	24	SPORT & HEALTH 1	1:10.46
		31.92		1:10.46

Men 18-24 200 SC Meter Butterfly

NATL: 2:03.41 N 12/10/11 ERIC NILSSON

VA: 2:39.85 V 11/6/10 Christopher Stickle

1	Kalish, Adam	23	TMAS-VA	2:21.84V
		29.80	1:04.41	1:40.81
				2:21.84

Men 25-29 50 SC Meter Freestyle

WORLD: 22.11 W 3/25/06 STEFAN NYSTRAND

NATL: 22.48 N 12/5/96 PEEL/WAGNER

VA: 23.46 V 3/5/16 Kevin Gallagher

1	Snyder, Scott	27	VMST-VA	26.49
2	Garrett, Malcolm	25	VMST-VA	28.74

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Men 25-29 100 SC Meter Freestyle

WORLD: 48.58 W 11/19/05 S.KUNZELMANN
NATL: 49.91 N 12/10/95 BJORN ZIKARSKY
VA: 52.73 V 3/20/04 Troy Johnson

1	Snyder, Scott	27	VMST-VA	59.86
				27.96 59.86
2	Bishop, John	25	VTAC-VA	1:08.02
				32.95 1:08.02

Men 25-29 200 SC Meter Freestyle

WORLD: 1:48.81 W 12/10/95 JOHN KEPPELER
NATL: 1:48.81 N 12/10/95 JOHN KEPPELER
VA: 1:55.42 V 12/10/10 Billy Gaines

1	Allen, Joseph	29	UC12-VA	2:32.65
				36.13 1:13.94 1:53.49 2:32.65

Men 25-29 1500 SC Meter Freestyle

WORLD: 15:29.68 W 10/24/03 GREG ORPHANIDES
NATL: 15:41.81 N 12/14/97 ALEX KOSTICH
VA: 19:25.76 V 11/5/11 Craig Charley

1	Allen, Joseph	29	UC12-VA	20:45.32
				36.56 1:15.41 1:55.25 2:36.60
				3:18.14 3:59.09 4:41.34 5:24.52
				6:08.84 6:53.42 7:37.12 8:19.21
				9:01.54 9:43.78 10:25.88 11:07.92
				11:50.98 12:32.43 13:14.73 13:57.49
				14:37.92 15:19.50 16:01.26 16:43.02
				17:24.78 18:04.35 18:45.00 19:26.44
				20:06.60 20:45.32

Men 25-29 100 SC Meter Backstroke

WORLD: 54.23 W 9/25/11 LEONARDO SUMIDA
NATL: 55.26 N 3/15/09 KEVIN DOAK
VA: 59.23 V 8/29/15 Stephen Clendenin

1	Warren, Spenser	25	UC08-DV	1:07.37
				32.16 1:07.37
2	Butts, Jeffrey	28	VTAC-VA	1:16.50
				36.85 1:16.50
3	Bishop, John	25	VTAC-VA	1:18.62
				38.03 1:18.62

Men 25-29 50 SC Meter Breaststroke

WORLD: 27.69 W 3/30/03 RUSS PATRICK
NATL: 28.46 N 10/10/08 COREY WELCH
VA: 30.52 V 2000 Neill Williams

1	Cieslak, Warren	29	UC12-VA	31.03
2	Cannon, Maurice	28	UC12-VA	41.69

Men 25-29 100 SC Meter Breaststroke

WORLD: 1:00.28 W 7/10/05 EDUARDO FISCHER
NATL: 1:01.62 N 12/5/09 GARY MARSHALL
VA: 1:05.27 V 2000 Neill Williams

1	Butts, Jeffrey	28	VTAC-VA	1:22.35
				38.43 1:22.35

Men 25-29 50 SC Meter Butterfly

WORLD: 23.66 W 4/29/09 DAISUKE ABE
NATL: 24.98 N 10/2/05 OSWALDO QUEVEDO
VA: 25.61 V 2000 Neill Williams

1	Cieslak, Warren	29	UC12-VA	25.91
2	Warren, Spenser	25	UC08-DV	28.80
3	Snyder, Scott	27	VMST-VA	29.63
4	Cannon, Maurice	28	UC12-VA	33.79

Men 25-29 100 SC Meter Butterfly

WORLD: 52.92 W 12/12/09 DANIEL BELINI
NATL: 53.82 N 11/15/08 JEFF DASH
VA: 58.03 V 1/1/94 Neill Williams

1	Allen, Joseph	29	UC12-VA	1:17.48
				36.03 1:17.48

Men 25-29 200 SC Meter Butterfly

WORLD: 1:59.74 W 9/20/08 MARK LEWIS
NATL: 2:03.59 N 12/15/02 JASON EADDY
VA: 2:11.12 V 10/12/02 Frank Byskov

1	Hepp, Christopher	28	SHYM-VA	2:29.34
				35.02 1:13.28 1:52.51 2:29.34

Men 25-29 100 SC Meter IM

WORLD: 55.13 W 5/9/10 YUTA SHOJI
NATL: 56.65 N 8/24/03 JEFF COMMINGS
VA: 1:00.12 V 3/5/16 Kevin Gallagher

1	Cieslak, Warren	29	UC12-VA	1:02.08
				29.15 1:02.08

Men 25-29 200 SC Meter IM

WORLD: 1:59.70 W 1/31/10 K.GILCHRIST
NATL: 2:05.93 N 12/10/95 JOHN KEPPELER
VA: 2:10.85 V 10/12/02 Frank Byskov

1	Hepp, Christopher	28	SHYM-VA	2:30.05
				32.40 1:12.81 1:57.71 2:30.05
2	Butts, Jeffrey	28	VTAC-VA	2:43.06
				33.05 1:14.60 2:02.15 2:43.06
3	Bishop, John	25	VTAC-VA	2:44.70
				33.62 1:16.14 2:03.21 2:44.70

Men 25-29 400 SC Meter IM

WORLD: 4:14.51 W 11/15/09 IKUMI HASEGAWA
NATL: 4:26.79 N 12/10/95 JOHN KEPPELER
VA: 4:45.84 V 10/12/02 Frank Byskov

1	Hepp, Christopher	28	SHYM-VA	5:21.00
				35.12 1:13.09 2:38.99 3:24.71
				4:11.82 4:46.73 5:21.00 5:21.00

Men 30-34 100 SC Meter Freestyle

WORLD: 49.04 W 10/12/08 S.KUNZELMANN
NATL: 49.30 N 12/4/09 TAMAS KEREKJARTO
VA: 52.23 V 3/24/07 Troy Johnson

1	Buist, Chadwick	30	VMST-VA	1:03.32
				29.67 1:03.32

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Men 30-34 1500 SC Meter Freestyle**WORLD: 15:51.07 W 12/10/00 ALEX KOSTICH****NATL: 15:51.07 N 12/10/00 ALEX KOSTICH****VA: 17:29.10 V 10/14/11 Adam Barley**

1	Buist, Chadwick	30	VMST-VA	22:09.00
	31.72	1:07.93	1:46.56	2:27.20
	3:08.15	3:50.22	4:34.69	5:17.94
	6:02.42	6:47.54	7:32.69	8:18.72
	9:05.05	9:51.27	10:37.72	11:24.02
	12:10.90	12:57.20	13:43.70	14:30.27
	15:17.15	16:03.19	16:49.55	17:35.35
	18:21.68	19:06.88	19:52.61	20:38.96
	21:24.33	22:09.00		

Men 30-34 50 SC Meter Butterfly**WORLD: 22.87 W 5/16/09 THOMAS RUPPRATH****NATL: 24.44 N 11/1/09 ZSOLT GASPAR****VA: 26.02 V 3/24/07 Troy Johnson**

1	Buist, Chadwick	30	VMST-VA	31.47
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Men 35-39 50 SC Meter Freestyle**WORLD: 21.53 W 10/27/07 MARK FOSTER****NATL: 22.73 N 12/5/09 FELIPE DELGADO****VA: 24.29 V 11/7/09 Michael Picotte**

1	Lovett, Michael	38	1693-VA	25.92
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Men 35-39 400 SC Meter Freestyle**WORLD: 3:57.77 W 12/14/03 ERIK HOCHSTEIN****NATL: 3:57.77 N 12/14/03 ERIK HOCHSTEIN****VA: 4:13.91 V 1/1/00 Chris Stevenson**

1	Rodriguez, Jason	37	VMST-VA	5:43.98
	37.87	1:19.53	2:03.68	2:47.72
	3:31.60	4:15.41	4:59.46	5:43.98

Men 35-39 1500 SC Meter Freestyle**WORLD: 15:56.57 W 12/4/09 ALEX KOSTICH****NATL: 15:56.57 N 12/4/09 ALEX KOSTICH****VA: 18:14.12 V 1/1/00 John Geyer**

1	Rodriguez, Jason	37	VMST-VA	22:15.86
	37.31	1:18.68	2:01.80	2:45.06
	3:28.77	4:13.07	4:57.26	5:41.58
	6:26.37	7:11.12	7:55.19	8:40.12
	9:25.24	10:10.37	10:55.68	11:41.03
	12:26.51	13:11.73	13:56.06	14:41.42
	15:26.49	16:11.78	16:57.25	17:42.96
	18:28.89	19:14.48	20:00.91	20:47.28
	21:32.62	22:15.86		

Men 35-39 50 SC Meter Breaststroke**WORLD: 27.79 W 12/6/09 JEFF COMMINGS****NATL: 27.79 N 12/6/09 JEFF COMMINGS****VA: 32.33 V 1/1/97 John Tudor**

1	Barley, Adam	35	VMST-VA	32.69
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Men 35-39 100 SC Meter IM**WORLD: 56.37 W 12/21/09 C.SORRENTINO****NATL: 56.36 N 12/2/12 GLENN COUNTS****VA: 1:03.16 V 12/31/97 John Tudor**

1	Barley, Adam	35	VMST-VA	1:03.24
	29.27	1:03.24		
2	Lovett, Michael	38	1693-VA	1:07.15
	30.43	1:07.15		

Men 35-39 400 SC Meter IM**WORLD: 4:24.36 W 12/7/03 RON KARNAUGH****NATL: 4:24.36 N 12/7/03 RON KARNAUGH****VA: 5:20.39 V 11/7/09 Robert Hueller**

1	Barley, Adam	35	VMST-VA	4:52.73V
	30.32	1:04.14	1:43.71	2:22.40
	3:04.27	3:46.56	4:20.42	4:52.73

Men 40-44 50 SC Meter Freestyle**WORLD: 23.06 W 12/6/09 M.GIALDI****NATL: 23.13 N 8/15/13 BRIAN JACOBSON****VA: 24.40 V 1/1/97 John Tudor**

1	Palace, Mark	43	SYSM-FL	28.98
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Men 40-44 400 SC Meter Freestyle**WORLD: 4:00.67 W 11/7/04 KAI DITZEL****NATL: 4:01.32 N 10/4/09 ERIK HOCHSTEIN****VA: 4:17.35 V 10/27/07 Chris Stevenson**

1	Scharver, Christopher	40	VMST-VA	5:03.10
	33.03	1:08.59	1:46.31	2:24.48
	3:03.66	3:43.33	4:23.41	5:03.10

Men 40-44 1500 SC Meter Freestyle**WORLD: 16:07.46 W 12/12/09 DANIEL SERRA****NATL: 16:09.32 N 12/4/09 MIKE SHAFFER****VA: 17:53.15 V 12/5/08 Dave Holland**

1	Scharver, Christopher	40	VMST-VA	20:20.61
	34.70	1:11.84	1:49.93	2:29.16
	3:08.70	3:48.34	4:28.31	5:08.49
	5:49.34	6:30.31	7:11.62	7:52.05
	8:33.98	9:14.74	9:56.25	10:38.53
	11:20.47	12:02.31	12:44.34	13:27.31
	14:09.64	14:52.59	15:34.39	16:15.12
	16:56.58	17:38.08	18:18.32	18:58.96
	19:40.00	20:20.61		

Men 40-44 50 SC Meter Backstroke**WORLD: 25.53 W 12/12/09 MICHAEL ROSS****NATL: 25.53 N 12/12/09 MICHAEL ROSS****VA: 26.56 V 12/5/08 Chris Stevenson**

1	Williams, Rich	41	1693-VA	33.24
2	Palace, Mark	43	SYSM-FL	38.79

Men 40-44 50 SC Meter Breaststroke**WORLD: 28.86 W 10/26/08 ALBERTO MONTINI****NATL: 28.55 N 12/2/12 STEVE WEST****VA: 34.09 V 12/5/15 Rich Williams**

1	Scharver, Christopher	40	VMST-VA	35.11
2	Palace, Mark	43	SYSM-FL	38.06

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Men 40-44 100 SC Meter Breaststroke**WORLD: 1:02.42 W 11/30/08 ALBERTO MONTINI****NATL: 1:01.97 N 12/1/12 STEVE WEST****VA: 1:10.64 V 12/5/08 Evan Davis**

1	Scharver, Christopher	40	VMST-VA	1:18.86
	36.24	1:18.86		

Men 40-44 50 SC Meter Butterfly**WORLD: 24.91 W 12/6/08 MICHAEL ROSS****NATL: 24.91 N 12/6/08 MICHAEL ROSS****VA: 26.99 V 1/1/97 John Tudor**

1	Williams, Rich	41	1693-VA	29.97
2	Palace, Mark	43	SYSM-FL	32.47

Men 40-44 100 SC Meter IM**WORLD: 57.39 W 1/10/10 ALBERTO MONTINI****NATL: 57.71 N 10/18/08 MICHAEL ROSS****VA: 1:01.79 V 1/1/97 John Tudor**

1	Scharver, Christopher	40	VMST-VA	1:12.72
	33.73	1:12.72		
2	Palace, Mark	43	SYSM-FL	1:13.83
	35.29	1:13.83		

Men 45-49 100 SC Meter Freestyle**WORLD: 51.30 W 3/10/12 NICOLAS GRANGER****NATL: 52.54 N 12/2/07 PAUL SMITH****VA: 54.77 V 12/10/10 Chris Stevenson**

1	Walters, Melville	45	VTAC-VA	1:09.66
	31.87	1:09.66		

Men 45-49 200 SC Meter Freestyle**WORLD: 1:52.87 W 3/9/12 NICOLAS GRANGER****NATL: 1:56.00 N 12/2/07 PAUL SMITH****VA: 1:59.62 V 12/1/12 Chris Stevenson**

1	Walters, Melville	45	VTAC-VA	2:28.49
	32.85	1:09.43	1:48.30	2:28.49

Men 50-54 50 SC Meter Freestyle**WORLD: 23.38 W 10/18/09 ROWDY GAINES****NATL: 23.38 N 10/18/09 AMBROSE GAINES****VA: 25.47 V 11/7/15 Gregory Harris**

1	Cook, Michael	54	1693-VA	28.94
2	Gardner, Kenneth	54	TMAS-VA	41.80

Men 50-54 100 SC Meter Freestyle**WORLD: 51.61 W 10/17/09 ROWDY GAINES****NATL: 51.61 N 10/17/09 AMBROSE GAINES****VA: 56.67 V 7/21/16 Gregory Harris**

1	Shea, Mark E	52	UC12-VA	1:12.17
	35.43	1:12.17		

Men 50-54 400 SC Meter Freestyle**WORLD: 4:07.99 W 12/10/00 JIM MCCONICA****NATL: 4:07.99 N 12/10/00 JIM MCCONICA****VA: 4:48.43 V 11/8/08 Jim McFarland**

1	Shea, Mark E	52	UC12-VA	5:26.46
	36.95	1:16.07	1:56.51	2:38.21
	3:19.94	4:02.16	4:44.78	5:26.46

Men 50-54 800 SC Meter Freestyle**WORLD: 8:44.51 W 12/10/00 JIM MCCONICA****NATL: 8:44.51 N 12/10/00 JIM MCCONICA****VA: 10:14.13 V 11/8/08 Jim McFarland**

1	Shea, Mark E	52	UC12-VA	11:19.72
	39.82	1:22.27	2:05.61	2:48.70
	3:31.23	4:14.58	4:57.29	5:39.87
	6:22.80	7:05.24	7:47.92	8:30.23
	9:13.40	9:56.28	10:38.76	11:19.72

Men 50-54 1500 SC Meter Freestyle**WORLD: 16:33.02 W 12/10/00 JIM MCCONICA****NATL: 16:33.02 N 12/10/00 JIM MCCONICA****VA: 19:17.10 V 11/8/08 Jim McFarland**

1	Myran, Steve	54	VMST-VA	33:29.22
	49.04	1:47.97	2:52.99	3:58.17
	5:05.02	6:11.39	7:18.87	8:27.42
	9:35.25	10:41.10	11:50.30	12:59.94
	14:09.16	15:16.10	16:24.13	17:32.50
	18:39.96	19:48.19	20:55.56	22:04.63
	23:12.75	24:20.73	25:29.41	26:38.39
	27:48.01	28:57.12	30:05.42	31:13.46
	32:22.66	33:29.22		

Men 50-54 50 SC Meter Backstroke**WORLD: 27.71 W 10/15/11 STEVE WOOD****NATL: 27.71 N 10/16/11 STEVE WOOD****VA: 31.19 V 5/12/12 David Malsbury**

1	Harris, Gregory	53	VMST-VA	32.23
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Men 50-54 100 SC Meter Backstroke**WORLD: 59.92 W 10/15/11 STEVE WOOD****NATL: 59.92 N 10/15/11 STEVE WOOD****VA: 1:07.56 V 2000 Rick Stringer**

1	Harris, Gregory	53	VMST-VA	1:08.95
	34.17	1:08.95		

Men 50-54 50 SC Meter Breaststroke**WORLD: 30.73 W 12/5/10 DAVID GUTHRIE****NATL: 30.61 N 12/2/12 DAVID GUTHRIE****VA: 32.31 V 7/21/16 Gregory Harris**

1	Harris, Gregory	53	VMST-VA	33.19
---	Gardner, Kenneth	54	TMAS-VA	DQ

Men 50-54 50 SC Meter Butterfly**WORLD: 25.49 W 5/16/09 DAN THOMPSON****NATL: 26.12 N 12/2/07 PAUL CARTER****VA: 28.98 V 11/7/15 Gregory Harris**

1	Harris, Gregory	53	VMST-VA	29.07
2	Cook, Michael	54	1693-VA	32.58
3	Gardner, Kenneth	54	TMAS-VA	45.15

Men 50-54 100 SC Meter Butterfly**WORLD: 57.29 W 12/2/07 PAUL CARTER****NATL: 57.29 N 12/2/07 PAUL CARTER****VA: 1:10.28 V 3/19/11 David Malsbury**

1	Harris, Gregory	53	VMST-VA	1:10.06V
	31.88	1:10.06		

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Men 55-59 50 SC Meter Freestyle**WORLD: 24.70 W 4/1/06 PAUL TREVISAN****NATL: 24.70 N 4/1/06 PAUL TRAVISAN****VA: 27.48 V 11/17/13 John Tudor**

1	Wolf, Steven	59	UC12-VA	33.26
2	Anderson, Paul J	59	TMAS-VA	33.74
3	Kielbowicz, Robert	56	UC12-VA	35.32

Men 55-59 100 SC Meter Freestyle**WORLD: 54.50 W 4/5/09 JACK GROSELLE****NATL: 54.50 N 4/5/09 JACK GROSELLE****VA: 1:01.17 V 11/8/14 Phil Knobel**

1	Wolf, Steven	59	UC12-VA	1:18.45
2	Kielbowicz, Robert	56	UC12-VA	1:23.93
				40.48 1:23.93

Men 55-59 200 SC Meter Freestyle**WORLD: 1:59.08 W 11/21/09 MICHAEL MANN****NATL: 1:59.08 N 11/21/09 MICHAEL MANN****VA: 2:20.30 V 3/15/14 Jim McFarland**

1	Kielbowicz, Robert	56	UC12-VA	3:05.34
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Men 55-59 400 SC Meter Freestyle**WORLD: 4:16.03 W 11/22/09 MICHAEL MANN****NATL: 4:16.03 N 11/22/09 MICHAEL MANN****VA: 5:01.65 V 3/15/14 Jim McFarland**

1	McLeod, Gregor J	56	UC12-VA	5:31.74
				36.15 1:15.64 1:56.39 2:38.34
				3:21.82 4:06.10 4:50.27 5:31.74
2	Saks, Mitch	58	VMST-VA	5:53.70
				42.37 1:26.95 2:11.75 2:56.48
				3:40.84 4:26.06 5:10.41 5:53.70
3	Kielbowicz, Robert	56	UC12-VA	6:45.35
				41.86 1:31.68 2:23.52 3:15.78
				4:08.76 5:00.50 5:52.98 6:45.35

Men 55-59 800 SC Meter Freestyle**WORLD: 8:51.34 W 11/21/09 MICHAEL MANN****NATL: 8:51.34 N 11/21/09 MICHAEL MANN****VA: 11:08.50 V 11/8/14 Mitch Saks**

1	Cortina, Jorge	57	TMAS-VA	10:47.20V
				36.36 1:14.53 1:53.44 2:33.43
				3:13.81 3:54.54 4:35.33 5:16.22
				5:56.95 6:38.38 7:19.79 8:01.19
				8:42.98 9:25.13 10:07.02 10:47.20

Men 55-59 1500 SC Meter Freestyle**WORLD: 17:14.15 W 10/2/05 JIM MCCONICA****NATL: 17:14.15 N 10/2/05 JIM MCCONICA****VA: 20:56.48 V 11/2/13 William Throne**

1	Saks, Mitch	58	VMST-VA	22:04.59
				42.35 1:26.33 2:11.78 2:56.86
				3:41.88 4:26.57 5:11.12 5:55.41
				6:39.29 7:23.49 8:07.28 8:51.54
				9:36.15 10:20.84 11:05.45 11:49.77
				12:34.01 13:18.00 14:02.30 14:46.38
				15:30.18 16:14.29 16:58.74 17:43.07
				18:27.07 19:11.17 19:55.35 20:39.15
				21:22.24 22:04.59

2	Anderson, Paul J	59	TMAS-VA	24:50.01
				43.87 1:31.79 2:20.74 3:09.51
				3:57.92 4:47.18 5:37.15 6:26.76
				7:16.46 8:06.09 8:56.56 9:47.33
				10:37.53 11:27.78 12:18.10 13:08.42
				13:58.74 14:49.19 15:39.06 16:29.50
				17:20.17 18:10.14 19:00.59 19:51.50
				20:42.68 21:32.82 22:23.89 23:14.54
				24:04.64 24:50.01

Men 55-59 200 SC Meter Backstroke**WORLD: 2:17.04 W 10/15/11 TOM BARTON****NATL: 2:17.04 N 10/15/11 TOM BARTON****VA: 2:42.83 V 11/2/13 William Throne**

1	Romo, Robert	58	VMST-VA	3:08.93
				44.67 1:31.55 2:20.49 3:08.93

Men 55-59 50 SC Meter Breaststroke**WORLD: 30.50 W 9/26/09 WALTER KUSCH****NATL: 31.82 N 12/12/09 TIMOTHY SHEAD****VA: 34.61 V 3/5/16 David Malsbury**

1	Romo, Robert	58	VMST-VA	38.88
2	Wolf, Steven	59	UC12-VA	40.51

Men 55-59 100 SC Meter Breaststroke**WORLD: 1:08.13 W 9/25/09 WALTER KUSCH****NATL: 1:09.93 N 12/5/09 TIMOTHY SHEAD****VA: 1:27.04 V 2000 Warner Brundage**

1	Romo, Robert	58	VMST-VA	1:32.01
				43.54 1:32.01
2	Wolf, Steven	59	UC12-VA	1:34.33
				44.09 1:34.33

Men 55-59 200 SC Meter Breaststroke**WORLD: 2:33.79 W 12/6/09 TIMOTHY SHEAD****NATL: 2:33.79 N 12/6/09 TIMOTHY SHEAD****VA: 3:12.43 V 12/6/13 William Throne**

1	Wolf, Steven	59	UC12-VA	3:35.12
				48.40 1:43.44 2:40.96 3:35.12

Men 55-59 50 SC Meter Butterfly**WORLD: 26.64 W 5/21/11 DAN THOMPSON****NATL: 26.93 N 12/13/09 GREG SHAW****VA: 32.15 V 11/3/12 David Russell**

1	Cortina, Jorge	57	TMAS-VA	32.50
2	McLeod, Gregor J	56	UC12-VA	32.87

Men 55-59 100 SC Meter Butterfly**WORLD: 59.82 W 5/21/11 DAN THOMPSON****NATL: 1:00.35 N 12/17/06 GREG SHAW****VA: 1:12.09 V 3/5/16 David Malsbury**

1	McLeod, Gregor J	56	UC12-VA	1:15.34
				35.35 1:15.34

Men 55-59 200 SC Meter IM**WORLD: 2:16.44 W 11/22/09 MICHAEL MANN****NATL: 2:16.44 N 11/22/09 MICHAEL MANN****VA: 2:49.19 V 3/24/07 John Mccorkle**

1	Cortina, Jorge	57	TMAS-VA	2:45.25V
				34.09 1:17.59 2:06.37 2:45.25

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2	Anderson, Paul J	59	TMAS-VA	3:35.63
	46.08	1:43.70	2:47.13	3:35.63

Men 60-64 50 SC Meter Freestyle

WORLD: 24.90 W 12/3/06 RICH ABRAHAMS
NATL: 24.90 N 12/3/06 RICHARD ABRAHAMS
VA: 28.34 V 11/6/10 Scott Kauffman

1	Landfield, Ken	62	VMST-VA	32.39
2	Hershiser, David	61	VMST-VA	36.32
3	Nelson, Bill	63	VMST-VA	37.27
4	Harris, Jan	60	VMST-VA	37.60

Men 60-64 100 SC Meter Freestyle

WORLD: 56.63 W 12/7/08 RICH ABRAHAMS
NATL: 56.63 N 12/7/08 RICHARD ABRAHAMS
VA: 1:06.29 V 11/6/10 Scott Kauffman

1	Bauer, Craig	64	VMST-VA	1:06.18V
	32.09	1:06.18		
2	Harris, Jan	60	VMST-VA	1:24.96
	40.72	1:24.96		
3	Nelson, Bill	63	VMST-VA	1:27.25
	40.05	1:27.25		

Men 60-64 200 SC Meter Freestyle

WORLD: 2:09.50 W 12/5/10 JIM MCCONICA
NATL: 2:07.96 N 3/9/13 LARRY KRAUSER
VA: 2:12.18 V 5/23/05 John Calvert

1	Bauer, Craig	64	VMST-VA	2:29.94
	34.95	1:12.48	1:51.55	2:29.94
2	Harris, Jan	60	VMST-VA	3:06.87
	41.77	1:27.62	2:18.17	3:06.87
3	Nelson, Bill	63	VMST-VA	3:33.24

Men 60-64 400 SC Meter Freestyle

WORLD: 4:37.74 W 12/4/10 JIM MCCONICA
NATL: 4:35.39 N 12/1/12 JIM MC CONICA
VA: 4:43.69 V 5/23/05 John Calvert

1	Harris, Jan	60	VMST-VA	7:11.57
	47.08	1:40.08	2:35.42	3:30.81
	4:27.94	5:24.12	6:20.50	7:11.57

Men 60-64 1500 SC Meter Freestyle

WORLD: 18:24.21 W 12/3/10 JIM MCCONICA
NATL: 18:24.21 N 12/3/10 JIM MC CONICA
VA: 34:07.56 V 2000 David Chapman

1	Throne, William	60	VMST-VA	21:06.39V
	38.02	1:18.79	1:59.99	2:41.63
	3:23.59	4:06.01	4:48.16	5:30.71
	6:13.79	6:56.49	7:39.48	8:23.22
	9:06.38	9:49.49	10:31.69	11:14.95
	11:57.43	12:40.33	13:23.05	14:05.63
	14:47.80	15:30.29	16:13.45	16:56.17
	17:38.99	18:21.54	19:03.78	19:46.67
	20:27.89	21:06.39		

Men 60-64 50 SC Meter Backstroke

WORLD: 30.50 W 4/18/10 TAKEO HIRAMOTO
NATL: 30.80 N 12/5/09 HUGH WILDER
VA: 35.03 V 5/11/06 William Bacon

1	Landfield, Ken	62	VMST-VA	40.38
2	Stone, Bryan	60	VMST-VA	44.12

Men 60-64 100 SC Meter Backstroke

WORLD: 1:07.31 W 12/5/09 HUGH WILDER
NATL: 1:06.27 N 12/9/12 TIMOTHY SHEAD
VA: 1:19.23 V 5/11/06 William Bacon

1	Stone, Bryan	60	VMST-VA	1:39.06
	47.79	1:39.06		
2	Mickunas, Victor	60	VMST-VA	1:43.77
	50.71	1:43.77		
3	Cummings, Dean J	61	UC12-VA	2:24.26
	1:09.16	2:24.26		

Men 60-64 200 SC Meter Backstroke

WORLD: 2:29.60 W 12/3/10 JIM MCCONICA
NATL: 2:27.99 N 12/8/12 TIMOTHY SHEAD
VA: 2:30.96 V 5/23/05 John Calvert

1	Throne, William	60	VMST-VA	2:49.08
	41.91	1:24.93	2:08.25	2:49.08
2	Swiger, Ralph	60	VMST-VA	4:09.04
	58.19	2:00.22	3:04.07	4:09.04
3	Cummings, Dean J	61	UC12-VA	4:59.02
	1:08.15	2:25.31	3:42.52	4:59.02

Men 60-64 50 SC Meter Breaststroke

WORLD: 32.16 W 5/5/12 STUART ELLICOTT
NATL: 32.31 N 12/6/09 ROBERT STRAND
VA: 38.56 V 11/27/06 Warner Brundage

1	Harris, Jan	60	VMST-VA	44.94
2	Mickunas, Victor	60	VMST-VA	50.28
3	Nelson, Bill	63	VMST-VA	52.19

Men 60-64 100 SC Meter Breaststroke

WORLD: 1:11.77 W 11/13/11 RICK COLELLA
NATL: 1:11.08 N 12/9/12 TIMOTHY SHEAD
VA: 1:25.88 V 11/27/06 Warner Brundage

1	Bauer, Craig	64	VMST-VA	1:27.52
	41.40	1:27.52		
2	Mickunas, Victor	60	VMST-VA	1:53.18
	53.62	1:53.18		

Men 60-64 200 SC Meter Breaststroke

WORLD: 2:37.61 W 11/13/11 RICK COLELLA
NATL: 2:37.61 N 11/13/11 RICK COLELLA
VA: 3:08.22 V 11/27/06 Warner Brundage

1	Swiger, Ralph	60	VMST-VA	4:15.13
	57.62	2:04.72	3:12.39	4:15.13

Men 60-64 50 SC Meter Butterfly

WORLD: 27.87 W 12/6/08 RICH ABRAHAMS
NATL: 27.87 N 12/6/08 RICHARD ABRAHAMS
VA: 31.48 V 11/6/10 Scott Kauffman

1	Stone, Bryan	60	VMST-VA	46.85
2	Swiger, Ralph	60	VMST-VA	49.00

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Men 60-64 100 SC Meter Butterfly

WORLD: 1:03.67 W 4/17/10 TAKEO HIRAMOTO
NATL: 1:03.76 N 12/3/06 RICH ABRAHAMS
VA: 1:14.55 V 3/17/12 John McCorkle

1	Throne, William	60	VMST-VA	1:26.83
	40.04	1:26.83		
2	Stone, Bryan	60	VMST-VA	1:49.22
	49.79	1:49.22		
3	Swiger, Ralph	60	VMST-VA	2:05.39
	59.96	2:05.39		

Men 60-64 200 SC Meter Butterfly

WORLD: 2:30.18 W 12/13/08 FRED SCHLICHER
NATL: 2:29.40 N 10/20/12 SCOTT LAUTMAN
VA: 3:13.57 V 2000 William Irwin

1	Miller, Jamie	62	NCMS-NC	5:37.10
	1:10.80	2:38.68	4:07.09	5:37.10

Men 60-64 100 SC Meter IM

WORLD: 1:06.29 W 11/13/11 RICK COLELLA
NATL: 1:05.53 N 12/2/12 TIMOTHY SHEAD
VA: 1:20.41 V 11/27/06 Warner Brundage

1	Hershiser, David	61	VMST-VA	1:47.44
	52.01	1:47.44		

Men 60-64 200 SC Meter IM

WORLD: 2:28.47 W 10/15/11 TIM BRODERICK
NATL: 2:25.98 N 12/1/12 TIMOTHY SHEAD
VA: 2:30.48 V 5/23/05 John Calvert

1	Stone, Bryan	60	VMST-VA	3:38.72
	49.48	1:45.31	2:48.43	3:38.72

Men 60-64 400 SC Meter IM

WORLD: 5:04.54 W 11/13/11 RICK COLELLA
NATL: 5:04.54 N 11/13/11 RICK COLELLA
VA: 6:15.22 V 3/16/13 John McCorkle

1	Swiger, Ralph	60	VMST-VA	8:51.96
	1:03.94	2:17.38	3:28.28	4:39.77
	5:48.96	7:00.73	7:57.82	8:51.96

Men 65-69 50 SC Meter Freestyle

WORLD: 25.80 W 12/4/10 RICHARD ABRAHAMS
NATL: 25.62 N 10/14/12 RICHARD ABRAHAMS
VA: 32.35 V 11/7/09 Jack Schiltz

1	Burlin, David	69	UNAT	47.68
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Men 65-69 100 SC Meter Freestyle

WORLD: 58.68 W 12/3/10 RICHARD ABRAHAMS
NATL: 58.58 N 10/13/12 RICHARD ABRAHAMS
VA: 1:13.42 V 12/5/09 Warner Brundage

1	Burlin, David	69	UNAT	1:50.30
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Men 65-69 200 SC Meter Freestyle

WORLD: 2:15.39 W 10/17/09 DAVID QUIGGIN
NATL: 2:15.39 N 10/17/09 DAVID QUIGGIN
VA: 2:42.76 V 3/21/09 Warner Brundage

---	Burlin, David	69	UNAT	DQ
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Men 70-74 100 SC Meter Backstroke

WORLD: 1:14.31 W 5/16/09 BARRY YOUNG
NATL: 1:13.76 N 10/12/13 RICHARD BURNS
VA: 1:34.23 V 11/2/13 Warner Brundage

1	Beall, L Clay	70	VMST-VA	1:48.43
	53.81	1:48.43		

Men 70-74 50 SC Meter Breaststroke

WORLD: 35.85 W 5/10/09 YOSHIHIKO OSAKI
NATL: 37.26 N 12/2/07 JEFF FARRELL
VA: 43.87 V 12/7/13 Terry Gernstein

1	Whiteway, Roger	70	VMST-VA	49.30
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Men 70-74 50 SC Meter Butterfly

WORLD: 31.55 W 2/17/08 BERT PETERSEN
NATL: 31.55 N 2/17/08 BERT PETERSEN
VA: 40.43 V 3/16/13 Edward Gaulrapp

1	Beall, L Clay	70	VMST-VA	47.90
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Men 70-74 100 SC Meter IM

WORLD: 1:14.73 W 4/19/09 JACK KELSO
NATL: 1:14.40 N 10/6/13 RICHARD BURNS
VA: 1:28.82 V 12/7/13 Warner Brundage

1	Beall, L Clay	70	VMST-VA	1:46.41
	49.97	1:46.41		

Men 70-74 200 SC Meter IM

WORLD: 2:42.44 W 5/16/09 BARRY YOUNG
NATL: 2:51.73 N 10/26/03 BURWELL JONES
VA: 3:23.96 V 11/8/14 Warner Brundage

1	Beall, L Clay	70	VMST-VA	3:58.65
	55.72	1:53.99	3:07.21	3:58.65

Men 75-79 200 SC Meter Freestyle

WORLD: 2:27.53 W 4/18/09 DAVID RADCLIFF
NATL: 2:27.53 N 4/18/09 DAVID RADCLIFF
VA: 3:09.66 V 5/11/06 Charles Erwin

1	Miller, Frank H	75	VMST-VA	4:29.44
	1:02.90	2:13.10	3:23.43	4:29.44

Men 75-79 400 SC Meter Freestyle

WORLD: 5:15.10 W 4/18/09 DAVID RADCLIFF
NATL: 5:15.10 N 4/18/09 DAVID RADCLIFF
VA: 6:43.00 V 5/11/06 Charles Erwin

1	Miller, Frank H	75	VMST-VA	9:23.50
	1:06.67	2:18.61	3:33.71	4:45.73
	5:57.08	7:08.55	8:19.09	9:23.50

Men 75-79 50 SC Meter Breaststroke

WORLD: 39.04 W 4/29/10 TETSUO NAKAMARU
NATL: 40.07 N 5/18/08 MANUEL SANGUILY
VA: 52.20 V 5/13/04 Norman Rainer

1	Grant, Will	75	VMST-VA	57.38
2	Durham, Richard	75	GERM-PV	58.19
3	Miller, Frank H	75	VMST-VA	1:05.80

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1	Durham, Richard	75	GERM-PV	2:08.34
	58.95	2:08.34		
2	Grant, Will	75	VMST-VA	2:17.20
	1:07.15	2:17.20		
3	Miller, Frank H	75	VMST-VA	2:31.16
	1:13.80	2:31.16		

Men 75-79 200 SC Meter Breaststroke**WORLD:** 3:09.09 W 5/5/12 TONY GOODWIN**NATL:** 3:29.54 N 11/11/03 AL CRAIG**VA:** 4:24.53 V 5/13/04 Norman Rainer

1	Grant, Will	75	VMST-VA	5:27.62
	1:15.37	2:37.74	4:04.26	5:27.62

Men 80-84 100 SC Meter Freestyle**WORLD:** 1:12.84 W 1/27/12 ROBERTO ALBERICHE**NATL:** 1:17.02 N 12/4/05 FRANK PIEMME**VA:** 1:52.78 V 11/4/06 Calvin Barnes

1	Russ, Carl	81	VMST-VA	2:03.53
	58.25	2:03.53		

Men 80-84 200 SC Meter Freestyle**WORLD:** 2:45.24 W 1/28/12 ROBERTO ALBERICHE**NATL:** 2:57.47 N 10/6/11 GRAHAM JOHNSTON**VA:** 3:53.19 V 11/4/06 Calvin Barnes

1	Russ, Carl	81	VMST-VA	4:27.50
	57.46	2:06.54	3:18.07	4:27.50

Men 80-84 50 SC Meter Backstroke**WORLD:** 38.26 W 4/27/03 KEIJIRO NAKAMURA**NATL:** 39.41 N 12/2/12 CLARKE MITCHELL**VA:** 50.71 V 5/13/04 Calvin Barnes

1	Newbury, Alfred C	82	VMST-VA	1:13.97
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Men 80-84 100 SC Meter Backstroke**WORLD:** 1:25.77 W 1/26/03 KEIJIRO NAKAMURA**NATL:** 1:31.93 N 10/28/12 CLARKE MITCHELL**VA:** 1:52.94 V 5/13/04 Calvin Barnes

1	Russ, Carl	81	VMST-VA	2:13.47
	1:06.67	2:13.47		
2	Newbury, Alfred C	82	VMST-VA	2:29.99
	1:13.15	2:29.99		

Men 80-84 200 SC Meter Backstroke**WORLD:** 3:10.06 W 5/25/03 KEIJIRO NAKAMURA**NATL:** 3:23.73 N 12/12/99 RAY TAFT**VA:** 4:00.35 V 11/4/06 Calvin Barnes

1	Russ, Carl	81	VMST-VA	4:42.41
	1:07.40	2:20.98	3:33.83	4:42.41
2	Newbury, Alfred C	82	VMST-VA	5:01.00
	1:09.31	2:26.72	3:44.38	5:01.00

Men 85-89 50 SC Meter Freestyle**WORLD:** 34.54 W 4/20/08 KEIJIRO NAKAMURA**NATL:** 36.26 N 12/4/10 FRANK PIEMME**VA:** 52.07 V 11/3/12 Francis Hall

1	Erwin, Charles H	85	VMST-VA	47.98V
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Men 85-89 100 SC Meter Freestyle**WORLD:** 1:19.42 W 6/21/08 KEIJIRO NAKAMURA**NATL:** 1:23.20 N 9/16/00 JIM EUBANK

1	Erwin, Charles H	85	VMST-VA	1:50.77
	53.13	1:50.77		

Men 85-89 200 SC Meter Freestyle**WORLD:** 3:12.85 W 12/9/07 WILLARD LAMB**NATL:** 3:12.85 N 12/9/07 WILLARD LAMB**VA:** 4:20.19 V 11/6/10 Calvin Barnes

1	Erwin, Charles H	85	VMST-VA	4:00.15V
	1:02.90	2:13.10	3:23.43	4:00.15

Women 120-159 200 SC Meter Freestyle Relay**WORLD:** 1:48.99 W 4/23/06 GOLD RUSH -JPN

M OKUHARA, N SHIRATA, C SAITO, Y OZAWA

NATL: 1:51.99 N 11/13/11 RED TIDE

K MOUGHTY, N JO, K GARY, S WAGER

VA: 2:07.39 V 2000 VMST

K Tallmadge, J Walsh, V Van Horn, L Bennett

1	1693-VA	A	1:58.34V
	1) Greene, Shannon W31	2) Shaner, Sara W25	
	3) Choe, Michele W39	4) Grier, Katie W38	
	31.46	59.47	1:30.61 1:58.34

Women 120-159 200 SC Meter Medley Relay**WORLD:** 1:59.09 W 4/4/08 LAMBERTSETER -NO

A KOIVISTO, S NORDENSTAM, M FUGLESTVEIT, M LOVBERG

NATL: 2:04.31 N 12/13/09 RED TIDE OF NYC

K GARY, T SHPAIZER, F WILLEBOORDSE, S WAGER

VA: 2:24.44 V 2000 VMST

V Van Horn, L Bennett, C Bolek, J Crouse

1	1693-VA	A	2:16.11V
	1) Grier, Katie W38	2) Shaner, Sara W25	
	3) Greene, Shannon W31	4) Choe, Michele W39	
	33.26	1:10.34	1:44.56 2:16.11

Women 160-199 200 SC Meter Freestyle Relay**WORLD:** 1:49.41 W 12/5/09 RED TIDE OF NYC -USA

F WILLEBOORDSE, J KELSEY, S WAGER, K GARY

NATL: 1:49.41 N 12/5/09 RED TIDE OF NYC

F WILLEBOORDSE, J KELSEY, S WAGER, K GARY

VA: 2:16.95 V 11/6/10 SHYM

E Graf, S Rouch, G Kelley, M Hamilton

1	VTAC-VA	A	3:12.57
	1) Nicholls, Victoria W50	2) Harshbarger, Sabrina W35	
	3) Harris, Susan W48	4) Sturgeon, Caroline W40	
	53.36	1:45.63	2:30.56 3:12.57

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Women 160-199 200 SC Meter Medley Relay

WORLD: 2:04.61 W 2/26/09 AC BOULOGNE -FRA

K PIPES-NEILSEN, C MATHIAS, S BOUCHIER, F MIGNATEL

NATL: 2:06.09 N 10/5/03 SAN DIEGO MASTERS

K PIPES-NEILSEN, C KRATTLI, J COOVER, V DAVIDSON

VA: 2:44.62 V 2000 VMST

C Burke, P Chappell, N Miller, K Kloppe

1 VTAC-VA A 4:07.11

1) Harris, Susan W48 2) Sturgeon, Caroline W40

3) Nicholls, Victoria W50 4) Harshbarger, Sabrina W35

58.67 1:51.28 3:15.16 4:07.11

Women 200-239 200 SC Meter Freestyle Relay

WORLD: 1:56.19 W 4/14/11 CAPE TOWN MASTERS

S KRUGER, C STANFORD, M STRAUSS, E OTTERMANN

NATL: 1:58.64 N 12/5/04 NEW ENGLAND

J HIRSTY, J FELDMANN, K NISLEY-BLACK, T GRILLI

VA: 2:34.20 V 11/6/10 VMST

C Downing, C Hamilton, B Goode, N Speer

1 VMST-VA C 2:25.25V

1) Boslego, Barbara W65 2) Dickens, Susan R W55

3) Russell, Lee Ann W54 4) Speer, Nancy W54

36.98 1:14.87 1:48.96 2:25.25

Women 400 SC Meter Freestyle Relay

WORLD: 4:24.69 W 5/16/10 OREGON MASTERS -U

K ANDRUS-HUGHES, C CRABBE, A DELMAGE, V JENKINS

NATL: 4:24.69 N 5/16/10 OREGON MASTERS

K ANDRUS-HUGHES, C CRABBE, A DELMAGE, V JENKINS

VA: 6:56.75 V 11/3/12 VMST

C Rotch, C Grune, C Hoeker, C Benn

1 VMST-VA A 6:12.52V

1) Loustaunau, Sue W66 2) Mix, Phoebe W66

3) Broderson, Molly W64 4) Latell, Andrea W43

42.92 1:30.18 2:14.73 3:09.33

3:54.30 4:44.08 5:25.51 6:12.52

Women 200-239 200 SC Meter Medley Relay

WORLD: 2:15.36 W 5/20/12 VICTORIA MASTERS -C

L YEARWOOD, D BRAULT, S MACDONALD, A BRAULT

NATL: 2:15.82 N 12/4/10 GOLD COAST MASTERS

M HUGHES, D CAVANAUGH, B LOHBERG, P SARGEANT

1 VMST-VA C 2:47.30

1) Boslego, Barbara W65 2) Speer, Nancy W54

3) Russell, Lee Ann W54 4) Dickens, Susan R W55

51.05 1:33.26 2:09.33 2:47.30

--- VMST-VA B X3:14.00

1) Carrillo, Suzanne W60 2) McInturff, Donna W66

3) Shepard, Megan W26 4) Benn, Cheryl E W63

45.28 1:39.65 2:30.81 3:14.00

Men 120-159 200 SC Meter Medley Relay

WORLD: 1:42.07 W 5/30/10 KAIJI YOKOSUKA -JPN

K KITADA, K YONEHARA, T NAKAMURA, T KOGA

NATL: 1:45.01 N 4/16/94 BAYLOR/L STAR

J YARID, G RHODENBAUGH, B PATTEN, M RHODENBAUGH

1 VTAC-VA B 2:08.37

1) Butts, Jeffrey M28 2) Bishop, John M25

3) Di Salvo, Brian M24 4) Walters, Melville M45

35.07 1:11.76 1:40.17 2:08.37

Men 400 SC Meter Freestyle Relay

WORLD: 3:32.44 W 12/5/09 LONGHORN AQUATICS

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

NATL: 3:32.44 N 12/5/09 LONGHORN AQUATICS

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

1 VMST-VA A 4:40.27

1) Scharver, Christopher M40 2) Saks, Mitch M58

3) Rodriguez, Jason M37 4) Throne, William M60

30.14 1:04.93 1:41.10 2:20.49

2:53.91 3:30.79 4:04.05 4:40.27

Mixed 100-119 200 SC Meter Freestyle Relay

WORLD: 1:41.55 W 1/30/05 GOLD RUSH -JPN

M OKUHARA, N ERIGUCHI, K NAKAMURA, T SHIRATA

NATL: 1:41.62 N 12/14/97 EL SEGUNDO

B BERGEN, D GRANER GALLAS, M RINZLER, H HANNENIAN

VA: 2:14.34 V 11/7/15 RSMS

M Cartwright, M Lee, D Lee, A Lee

1 1693-VA B 2:13.51V

1) Lovett, Lindsay W38 2) Davidson, Julia W40

3) Ahlgren, Kyle M41 4) Lovett, Michael M38

39.30 1:11.50 1:47.98 2:13.51

Mixed 120-159 200 SC Meter Freestyle Relay

WORLD: 1:41.23 W 4/15/12 ESMAS -ESP

F CUETO, R VIVES, M FUSTER, J SANTOS

NATL: 1:41.37 N 12/10/00 EL SEGUNDO

B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON

VA: 1:44.15 V 11/7/15 1693

K Grier, M Lovett, C Hurtubise, S Glass

1 VMST-VA A 2:25.47

1) Garrett, Malcolm M25 2) Mickunas, Victor M60

3) Mickunas, Allison W27 4) Shepard, Megan W26

29.00 1:07.79 1:43.96 2:25.47

Mixed 120-159 200 SC Meter Medley Relay

WORLD: 1:52.32 W 2/15/09 TEAM DASH -JPN

H OGAWA, T HIRAKAWA, Y YAMAGUCHI, Y SAKAMOTO

NATL: 1:53.07 N 12/10/00 EL SEGUNDO

P FRANCIS, B BERGEN, M RINZLER, D GRANER-GALLAS

VA: 1:59.80 V 11/7/15 1693

S Glass, R Williams, K Grier, C Hurtubise

1 1693-VA B 2:31.89

1) Lovett, Lindsay W38 2) Lovett, Michael M38

3) Davidson, Julia W40 4) Ahlgren, Kyle M41

47.91 1:21.14 1:55.95 2:31.89

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Mixed 240-279 200 SC Meter Freestyle Relay

WORLD: 1:55.93 W 12/7/08 GOLD COAST MASTERS

D CAVANAUGH, C CAVANAUGH, P SARGEANT, D QUIGGIN

NATL: 1:55.93 N 12/7/08 GOLD COAST MASTERS

D CAVANAUGH, C CAVANAUGH, P SARGEANT, D QUIGGIN

VA: 2:23.79 V 11/18/12 VMST

E Gaulrapp, R Romo, B Schreiner, S Loftus-Charley

1 VMST-VA B 2:33.69

1) Loustanau, Sue W66 2) Hershiser, David M61

3) Gregory, Kathryn W70 4) Bauer, Craig M64

40.17 1:27.04 2:03.82 2:33.69

Mixed 240-279 800 SC Meter Freestyle Relay

WORLD: 9:34.91 W 10/4/09 TAMALPAIS AQUATIC MAS

R BURNS, L VAL, B WHEELER, K FROST

NATL: 9:34.91 N 10/4/09 TAMALPAIS AQUATIC MAS

R BURNS, L VAL, B WHEELER, K FROST

VA: 13:54.27 V 5/16/08 VMST

B Durrant, R Swiger, J Martin, H Butts

1 VMST-VA A 14:39.01

1) Miller, Frank H M75 2) Mix, Phoebe W66

3) Hershiser, David M61 4) Latell, Andrea W43

44.50 1:32.82 2:23.08 3:11.81

3:57.40 4:52.63 5:50.50 6:46.70

7:52.11 9:05.91 10:17.92 11:23.46

12:07.57 12:56.30 13:47.47 14:39.01

Mixed 240-279 200 SC Meter Medley Relay

WORLD: 2:10.34 W 10/11/09 TAMALPAIS AQUATIC MAS

R BURNS, K FROST, L VAL, B WHEELER

NATL: 2:10.34 N 10/11/09 TAMALPAIS AQUATIC MAS

R BURNS, K FROST, L VAL, B WHEELER

VA: 2:42.00 V 1/1/05 VMST

H McGee, J Leilich, S Tassi, B Schreiner

1 VMST-VA D 3:15.77

1) Parker Palace, Kelly W55 2) Stone, Bryan M60

3) Swiger, Ralph M60 4) Blood, Lorene E W74

37.65 1:27.55 3:15.77

2 VMST-VA A 3:17.07

1) Gregory, Kathryn W70 2) Miller, Frank H M75

3) Broderson, Molly W64 4) Bauer, Craig M64

1:00.64 1:32.96 2:25.79 3:17.07

Mixed 240-279 400 SC Meter Medley Relay

WORLD: 4:43.20 W 12/13/09 OREGON -USA

K ANDRUS-HUGHES, A STARK, C CRABBE, D RADCLIFF

NATL: 4:43.20 N 12/13/09 OREGON

K ANDRUS-HUGHES, A STARK, C CRABBE, D RADCLIFF

VA: 6:04.55 V 11/7/09 VMST

I Hlavacek, S Marens, R Swiger, B Nelson

1 VMST-VA A 7:11.82

1) Gregory, Kathryn W70 2) Speer, Nancy W54

3) Swiger, Ralph M60 4) Nelson, Bill M63

56.90 2:03.23 2:43.22 3:36.20

4:29.78 6:19.06 7:11.82

Mixed 320-359 200 SC Meter Freestyle Relay

WORLD: 2:36.37 W 5/21/06 JUEI CLUB -JPN

I TAMURA, M KAMOSHITA, Y NAGAMATSU, K NAKAMURA

NATL: 2:51.05 N 11/6/04 SANTA BARBARA

F PIEMME, G ALTUS, R BAAR, J SCHMIDT

1 VMST-VA F 4:04.06

1) Averette, Joan W80 2) Newbury, Alfred C M82

3) Russ, Carl M81 4) Walker, Laura W79

1:09.57 1:32.92 2:22.98 4:04.06