

## Virginia Masters Swim Meet

Results - Nov 4, 2017

**Women 18-24 200 SC Meter Freestyle**

NATL: 2:03.39 N 12/6/09 ALEXANDRA LEE

VA: 2:20.69 V 11/7/15 Margaret Rechel

1	Sieller, Meredith	18	TIDE-12	2:22.38
				31.88 1:07.93 1:45.61 2:22.38
2	Marcum, Callie A	20	TIDE-12	3:22.91
				41.99 1:34.28 2:30.39 3:22.91

**Women 18-24 400 SC Meter Freestyle**

NATL: 4:19.91 N 12/4/10 MARINA FALCONE

VA: 5:02.79 V 11/7/15 Margaret Rechel

1	Sieller, Meredith	18	TIDE-12	5:06.59
				33.98 1:12.26 1:51.43 2:31.18
				3:10.72 3:50.67 4:29.77 5:06.59

**Women 18-24 1500 SC Meter Freestyle**

NATL: 17:15.23 N 11/11/01 DAWN HECKMAN

VA: 24:16.62 V 11/5/11 Maria Martinez

1	Sieller, Meredith	18	TIDE-12	20:21.24
				33.90 1:11.76 1:51.43 2:31.99
				3:12.59 3:53.28 4:34.10 5:14.53
				5:55.45 6:36.46 7:17.48 7:58.38
				8:39.23 9:20.56 10:02.18 10:43.61
				11:25.11 12:06.62 12:48.05 13:29.45
				14:11.40 14:52.58 15:33.94 16:15.57
				16:57.28 17:38.82 18:20.29 19:01.71
				19:42.54 20:21.24

**Women 18-24 100 SC Meter Backstroke**

NATL: 59.45 N 11/21/09 PETRA KLOSOVA

VA: 1:14.76 V 11/5/11 Kim Thoresen

1	Marcum, Callie A	20	TIDE-12	1:45.87
				48.61 1:45.87

**Women 18-24 100 SC Meter Breaststroke**

NATL: 1:08.89 N 12/10/95 BEATA KASZUBA

VA: 1:23.44 V 11/8/08 Amy Charley

1	Marcum, Callie A	20	TIDE-12	1:52.72
				53.47 1:52.72

**Women 18-24 200 SC Meter IM**

NATL: 2:19.73 N 12/4/09 KARA DENBY

VA: 2:32.48 V 11/7/15 Leah Reed

1	Marcum, Callie A	20	TIDE-12	3:45.68
				45.92 1:45.18 2:54.94 3:45.68

**Women 25-29 100 SC Meter Freestyle**

WORLD: 54.53 W 10/24/15 EMMA GAGE

NATL: 56.30 N 3/31/96 SHEILA TAORMINA

VA: 1:02.84 V 11/7/15 Denise Letendre

1	Shepard, Megan C	27	VMST-VA	1:38.55
				47.07 1:38.55

**Women 25-29 200 SC Meter Breaststroke**

WORLD: 2:29.80 W 4/14/12 MEGAN JENDRICK

NATL: 2:29.80 N 4/14/12 MEGAN JENDRICK

VA: 2:44.46 V 6/4/15 Denise Letendre

1	Shepard, Megan C	27	VMST-VA	4:26.33
				1:01.28 2:07.91 3:17.62 4:26.33

**Women 25-29 100 SC Meter Butterfly**

WORLD: 58.11 W 12/12/15 CLAIRE DONAHUE

NATL: 58.11 N 12/12/15 CLAIRE DONAHUE

VA: 1:08.62 V 11/7/09 Lucy Carrig

1	Shepard, Megan C	27	VMST-VA	1:57.38
				55.46 1:57.38

**Women 25-29 200 SC Meter IM**

WORLD: 2:17.17 W 4/23/06 HITOMI MATSUDA

NATL: 2:21.79 N 12/12/98 WENKE HANSEN

VA: 2:25.63 V 3/5/16 Denise Letendre

1	Shepard, Megan C	27	VMST-VA	3:51.78
				53.18 1:52.80 3:02.36 3:51.78

**Women 30-34 200 SC Meter Freestyle**

WORLD: 2:02.60 W 11/20/10 HITOMI MATSUDA

NATL: 2:04.64 N 12/15/96 K PIPES-NEILSEN

VA: 2:22.73 V 1/1/95 Beth Scheimann

1	Aeppli, Lauren E	30	ALEX-PV	2:34.71
				35.57 1:14.92 1:55.28 2:34.71

**Women 30-34 100 SC Meter Butterfly**

WORLD: 59.82 W 11/20/16 ANNA POLIAKOVA

NATL: 1:00.34 N 10/13/12 ERIKA ERNDL

VA: 1:10.59 V 10/11/89 Lisa Bennett

1	Aeppli, Lauren E	30	ALEX-PV	1:22.55
				37.28 1:22.55

**Women 35-39 50 SC Meter Freestyle**

WORLD: 25.10 W 12/3/06 DARA TORRES

NATL: 25.10 N 12/3/06 DARA TORRES

VA: 27.17 V 3/25/00 Beth Baker

1	Farhat, Stefanie	39	1693-VA	31.31
2	Harshbarger, Sabrina	36	VTAC-VA	49.67

**Women 35-39 100 SC Meter Breaststroke**

WORLD: 1:09.20 W 4/29/12 HITOMI MATSUDA

NATL: 1:09.41 N 12/6/14 CYNTHIA LEWIS

VA: 1:18.46 V 12/6/03 Cheryl Conlin

1	Nelson, Leslie D	38	1693-VA	1:28.78
				42.01 1:28.78

**Women 35-39 100 SC Meter IM**

WORLD: 1:03.17 W 3/10/12 HITOMI MATSUDA

NATL: 1:04.61 N 11/22/09 SHERI HART

VA: 1:08.23 V 3/25/00 Beth Baker

1	Nelson, Leslie D	38	1693-VA	1:21.65
				37.82 1:21.65

**Women 40-44 200 SC Meter Freestyle**

WORLD: 2:05.26 W 12/14/03 K.PIPES-NEILSEN

NATL: 2:05.26 N 12/14/03 K PIPES-NEILSEN

VA: 2:17.69 V 5/6/11 Ana Paula Grilo

1	Old, Catherine A	40	NCMS-NC	2:38.52
				37.14 1:17.96 1:59.28 2:38.52

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**Women 40-44 800 SC Meter Freestyle****WORLD: 8:55.34 W 1/24/16 KIRSTEN CAMERON****NATL: 9:04.12 N 1/28/17 HEIDI GEORGE****VA: 11:10.42 V 12/31/91 Terry Sue Gault**

1 Cannata Kuhn, Rebecca	42 UC38-38	15:08.85
45.60	1:35.95	2:27.33 3:19.09
4:11.37	5:03.27	5:55.61 6:48.14
8:32.26	9:24.65	10:17.17 11:09.11
12:00.73	12:51.77	13:40.61 15:08.85

**Women 40-44 1500 SC Meter Freestyle****WORLD: 16:59.56 W 1/28/17 HEIDI GEORGE****NATL: 16:59.56 N 1/28/17 HEIDI GEORGE****VA: 25:20.69 V 12/31/90 Kris Kloppe**

1 Parker, Anna K	43 VMST-VA	23:48.34V
59.03	1:46.85	2:34.96
3:22.75	4:10.54	4:58.54 5:46.01
6:33.68	7:20.51	8:08.60 8:56.41
9:43.77	10:31.42	11:19.37 12:06.98
12:55.01	13:43.26	14:31.45 15:19.66
16:08.39	16:56.94	17:44.54 18:33.29
19:21.81	20:10.35	20:58.13 21:46.46
22:34.13	23:48.34	
2 Cannata Kuhn, Rebecca	42 UC38-38	25:59.95
45.58	1:36.04	2:27.21 3:18.79
4:11.27	5:03.61	5:56.07 6:48.42
7:41.13	8:33.51	9:25.92 10:18.38
11:10.86	12:03.79	12:56.15 13:48.74
14:41.08	15:33.04	16:25.85 17:17.96
18:10.72	19:03.99	19:57.15 20:49.96
21:42.36	22:35.33	23:27.93 24:20.89
25:13.32	25:59.95	
3 Latell, Andrea T	44 VMST-VA	26:44.10
1:07.18	1:58.35	2:50.75
3:44.69	4:38.86	5:32.39 6:25.91
7:20.47	8:15.41	9:10.91 10:04.68
10:58.53	11:52.39	12:45.81 13:40.14
14:34.71	15:28.94	16:23.16 17:16.89
18:11.19	19:04.96	19:58.93 20:53.10
21:47.36	22:41.84	23:35.50 24:29.56
25:23.79	26:44.10	

**Women 40-44 100 SC Meter Backstroke****WORLD: 1:03.48 W 10/29/11 SHERI HART****NATL: 1:03.48 N 10/29/11 SHERI HART****VA: 1:07.92 V 12/8/01 Beth Baker**

1 Old, Catherine A	40 NCMS-NC	1:20.99
39.73	1:20.99	

**Women 40-44 200 SC Meter Backstroke****WORLD: 2:19.06 W 12/4/09 JODY SMITH****NATL: 2:19.06 N 12/4/09 JODY SMITH****VA: 2:25.78 V 12/8/01 Beth Baker**

1 Old, Catherine A	40 NCMS-NC	2:54.24
41.50	1:25.99	2:11.18 2:54.24

**Women 40-44 100 SC Meter IM****WORLD: 1:04.19 W 10/10/15 LISA BLACKBURN****NATL: 1:04.19 N 10/10/15 LISA BLACKBURN****VA: 1:08.98 V 12/8/01 Beth Baker**

1 Old, Catherine A	40 NCMS-NC	1:24.80
38.39	1:24.80	
2 Cannata Kuhn, Rebecca	42 UC38-38	1:33.60
44.58	1:33.60	

**Women 40-44 400 SC Meter IM****WORLD: 5:00.82 W 11/24/02 K.PIPES-NEILSEN****NATL: 5:00.82 N 11/24/02 K PIPES-NEILSEN****VA: 5:24.17 V 1/21/11 Ana Paula Grilo**

1 Old, Catherine A	40 NCMS-NC	6:33.53
45.21	1:37.33	2:26.82 3:15.53
4:11.22	5:08.50	6:33.53 6:33.53
2 Cannata Kuhn, Rebecca	42 UC38-38	7:12.51
48.40	1:46.11	2:41.36 3:36.23
4:35.11	5:34.29	6:23.88 7:12.51

**Women 45-49 50 SC Meter Freestyle****WORLD: 26.37 W 5/18/13 M.THERESE FUZZATI****NATL: 26.59 N 12/8/13 FALL WILLEBOORDSE****VA: 33.24 V 10/10/98 Kathy Wheeler**

1 Glover, Esther V	47 VMST-VA	40.79
2 Harris, Susan	49 VTAC-VA	42.10

**Women 45-49 100 SC Meter Freestyle****WORLD: 58.24 W 3/25/17 LISA BLACKBURN****NATL: 58.24 N 3/25/17 LISA BLACKBURN****VA: 1:07.95 V 11/7/09 Charlotte Hollings**

1 Glover, Esther V	47 VMST-VA	1:34.04
44.02	1:34.04	

**Women 45-49 200 SC Meter Freestyle****WORLD: 2:05.94 W 12/2/07 K.PIPES-NEILSEN****NATL: 2:05.94 N 12/2/07 K PIPES-NEILSEN****VA: 2:24.71 V 12/13/09 Charlotte Hollings**

1 Glover, Esther V	47 VMST-VA	3:18.31
43.37	1:34.50	2:27.73 3:18.31

**Women 45-49 100 SC Meter Backstroke****WORLD: 1:04.46 W 2/27/09 K.PIPES-NEILSEN****NATL: 1:04.79 N 5/16/09 K PIPES-NEILSEN****VA: 1:22.39 V 12/8/07 Susan Gordon**

1 Glover, Esther V	47 VMST-VA	1:45.59
50.93	1:45.59	

**Women 45-49 50 SC Meter Breaststroke****WORLD: 33.01 W 7/16/17 LINLEY FRAME****NATL: 33.82 N 10/10/10 S VON DER LIPPE****VA: 39.16 V 10/28/09 Patricia Miller**

1 Glover, Esther V	47 VMST-VA	53.49
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**Women 45-49 50 SC Meter Butterfly****WORLD: 28.60 W 4/2/17 ERIKA BRAUN****NATL: 28.60 N 4/2/17 ERIKA BRAUN****VA: 33.65 V 11/6/10 Alice Phillips**

--- Harris, Susan	49 VTAC-VA	DQ
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**Women 45-49 100 SC Meter IM****WORLD:** 1:05.61 W 2/26/09 K.PIPES-NEILSEN**NATL:** 1:05.75 N 12/12/09 K PIPES-NEILSEN**VA:** 1:18.67 V 12/13/09 Charlotte Hollings

1	Glover, Esther V	47	VMST-VA	1:46.09
				51.99 1:46.09

**Women 50-54 50 SC Meter Freestyle****WORLD:** 26.27 W 3/27/15 M.THERESE FUZZATI**NATL:** 27.67 N 3/15/14 SUE WALSH**VA:** 29.71 V 12/11/09 Lisa Bennett

1	Pellegrin, Katharina	54	NERD-12	45.93
2	Nicholls, Victoria	51	VMST-VA	53.98

**Women 50-54 100 SC Meter Freestyle****WORLD:** 58.60 W 1/25/15 M.THERESE FUZZATI**NATL:** 1:01.41 N 9/27/14 ELLEN REYNOLDS**VA:** 1:04.38 V 5/20/11 Kelly Parker Palace

1	Pellegrin, Katharina	54	NERD-12	1:47.60
				49.72 1:47.60

**Women 50-54 200 SC Meter Freestyle****WORLD:** 2:10.72 W 12/6/09 S.HEIM-BOWEN**NATL:** 2:10.72 N 12/6/09 S HEIM-BOWEN**VA:** 2:17.99 V 5/20/11 Kelly Parker Palace

1	Pellegrin, Katharina	54	NERD-12	3:55.36
				49.41 1:51.55 2:55.74 3:55.36
2	Nicholls, Victoria	51	VMST-VA	4:23.74
				58.56 2:05.43 3:15.10 4:23.74

**Women 50-54 400 SC Meter Freestyle****WORLD:** 4:34.81 W 1/29/11 LYNN MARSHALL**NATL:** 4:35.54 N 12/5/09 S HEIM-BOWEN**VA:** 4:46.96 V 5/20/11 Kelly Parker Palace

1	Pellegrin, Katharina	54	NERD-12	8:30.10
				52.46 1:55.29 3:00.44 4:07.05
				5:13.92 6:20.80 7:26.32 8:30.10

**Women 50-54 50 SC Meter Backstroke****WORLD:** 30.27 W 12/13/15 LESLIE LIVINGSTON**NATL:** 30.27 N 12/13/15 LESLIE LIVINGSTON**VA:** 37.00 V 5/20/11 Kelly Parker Palace

1	Zhang, Ying	54	SHYM-VA	38.69
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**Women 50-54 100 SC Meter Backstroke****WORLD:** 1:05.89 W 3/8/14 ELLEN REYMOLDS**NATL:** 1:05.89 N 3/8/14 ELLEN REYNOLDS**VA:** 1:18.04 V 5/20/11 Kelly Parker Palace

1	Nicholls, Victoria	51	VMST-VA	2:27.59
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**Women 50-54 50 SC Meter Breaststroke****WORLD:** 33.96 W 11/24/12 MONICA CORO**NATL:** 36.31 N 11/22/15 CAROLINE KRATTLI**VA:** 36.99 V 12/11/09 Lisa Bennett

1	Nicholls, Victoria	51	VMST-VA	1:25.83
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**Women 50-54 100 SC Meter Breaststroke****WORLD:** 1:15.02 W 3/21/15 UTE HASSE**NATL:** 1:19.23 N 5/18/14 CORRIN POPPS**VA:** 1:24.00 V 12/11/09 Lisa Bennett

1	Nicholls, Victoria	51	VMST-VA	2:59.70
				1:28.09 2:59.70

**Women 50-54 50 SC Meter Butterfly****WORLD:** 29.25 W 3/16/13 LESLIE LIVINGSTON**NATL:** 29.25 N 3/16/13 LESLIE LIVINGSTON**VA:** 32.87 V 12/11/09 Lisa Bennett

1	Zhang, Ying	54	SHYM-VA	34.98
2	Nicholls, Victoria	51	VMST-VA	1:16.66

**Women 50-54 100 SC Meter Butterfly****WORLD:** 1:06.88 W 4/3/16 DANIELA DE PONTI**NATL:** 1:07.82 N 11/8/14 KARLYN PIPES**VA:** 1:17.01 V 12/11/09 Lisa Bennett

1	Zhang, Ying	54	SHYM-VA	1:30.65
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**Women 50-54 100 SC Meter IM****WORLD:** 1:07.85 W 11/7/15 ANETTE PHILIPSSON**NATL:** 1:09.68 N 2/18/12 KARLYN PIPES**VA:** 1:15.48 V 12/11/09 Lisa Bennett

---	Zhang, Ying	54	SHYM-VA	DQ
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**Women 50-54 200 SC Meter IM****WORLD:** 2:28.64 W 9/28/14 ELLEN REYNOLDS**NATL:** 2:28.64 N 9/28/14 ELLEN REYNOLDS**VA:** 2:49.86 V 12/11/09 Lisa Bennett

1	Zhang, Ying	54	SHYM-VA	3:07.70
				40.94 1:28.76 2:24.25 3:07.70

**Women 55-59 50 SC Meter Freestyle****WORLD:** 27.81 W 3/5/16 LESLIE LIVINGSTON**NATL:** 27.81 N 3/5/16 LESLIE LIVINGSTON**VA:** 31.28 V 11/5/11 Lisa Bennett

1	Dickens, Susan R	56	VMST-VA	37.35
2	Stickle, Susanna C	56	TMAS-VA	39.48

**Women 55-59 100 SC Meter Freestyle****WORLD:** 1:00.61 W 1/20/17 KARLYN PIPES**NATL:** 1:00.61 N 1/20/17 KARLYN PIPES**VA:** 1:10.45 V 12/4/10 Shirley Loftus-Charley

1	Schirmer, Jenny	58	TIDE-12	1:40.73
				48.33 1:40.73

**Women 55-59 200 SC Meter Freestyle****WORLD:** 2:13.58 W 2/28/16 LYNN MARSHALL**NATL:** 2:13.89 N 4/22/17 KARLYN PIPES**VA:** 2:34.31 V 11/6/10 Shirley Loftus-Charley

1	Dickens, Susan R	56	VMST-VA	3:02.09
				40.11 1:25.61 2:13.59 3:02.09
2	Wiedemann, Patricia K	57	VMST-VA	3:17.97
				47.88 1:38.31 2:29.24 3:17.97
3	Schirmer, Jenny	58	TIDE-12	3:40.71
				49.91 1:45.96 2:44.05 3:40.71

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**Women 55-59 400 SC Meter Freestyle****WORLD: 4:37.35 W 1/23/16 LYNN MARSHALL****NATL: 4:42.97 N 10/4/09 LAURA VAL****VA: 5:12.43 V 11/6/10 Shirley Loftus-Charley**

1	Dickens, Susan R	56	VMST-VA	6:35.77
				43.98 1:33.18 2:24.01 3:15.73
				4:07.14 4:56.83 5:47.40 6:35.77
2	Wiedemann, Patricia K	57	VMST-VA	6:58.55
				53.98 1:48.72 2:42.57 3:35.33
				4:27.87 5:19.75 6:10.28 6:58.55
3	Schirmer, Jenny	58	TIDE-12	8:03.60
				56.27 1:57.38 2:59.80 4:02.46
				5:05.72 6:07.75 7:08.42 8:03.60

**Women 55-59 800 SC Meter Freestyle****WORLD: 9:32.63 W 4/23/17 LYNN MARSHALL****NATL: 9:51.35 N 10/17/09 LAURA VAL****VA: 10:32.57 V 11/6/10 Shirley Loftus-Charley**

1	Wiedemann, Patricia K	57	VMST-VA	14:32.41
				55.55 1:52.41 2:49.04 3:43.95
				4:39.29 5:33.87 6:28.47 7:23.07
				8:17.65 9:12.02 10:06.02 11:00.12
				11:54.92 12:48.46 13:42.36 14:32.41

**Women 55-59 1500 SC Meter Freestyle****WORLD: 18:01.79 W 4/23/17 LYNN MARSHALL****NATL: 18:43.73 N 1/16/10 LAURA VAL****VA: 19:47.98 V 11/6/10 Shirley Loftus-Charley**

1	Wiedemann, Patricia K	57	VMST-VA	28:10.30
				56.18 1:56.20 2:56.08 3:56.04
				4:54.30 5:52.51 6:49.03 7:45.01
				8:40.98 9:36.70 10:32.78 11:27.47
				12:21.40 13:15.65 14:13.61 15:10.74
				16:07.48 17:04.62 18:02.30 18:59.03
				19:55.27 20:51.56 21:47.46 22:42.75
				23:38.11 24:33.72 25:28.69 26:24.11
				27:18.95 28:10.30

**Women 55-59 50 SC Meter Backstroke****WORLD: 30.12 W 3/5/16 LESLIE LIVINGSTON****NATL: 30.12 N 3/5/16 LESLIE LIVINGSTON****VA: 40.69 V 5/4/07 Bonnie Kestner**

1	Hasselquist, Lauren A	59	TMAS-VA	41.25
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**Women 55-59 100 SC Meter Backstroke****WORLD: 1:08.33 W 1/20/17 KARLYN PIPES****NATL: 1:08.33 N 1/20/17 KARLYN PIPES****VA: 1:26.42 V 5/4/07 Bonnie Kestner**

1	Hasselquist, Lauren A	59	TMAS-VA	1:26.91
				41.98 1:26.91
2	Stickle, Susanna C	56	TMAS-VA	1:47.39
				50.67 1:47.39

**Women 55-59 200 SC Meter Backstroke****WORLD: 2:29.22 W 1/22/17 KARLYN PIPES****NATL: 2:29.22 N 1/22/17 KARLYN PIPES****VA: 3:01.12 V 5/4/07 Bonnie Kestner**

1	Hasselquist, Lauren A	59	TMAS-VA	3:03.61
				42.82 1:28.93 2:16.73 3:03.61

2	Wiedemann, Patricia K	57	VMST-VA	3:31.21
				55.10 1:48.30 2:41.47 3:31.21

**Women 55-59 100 SC Meter Breaststroke****WORLD: 1:18.01 W 4/9/17 MONICA CORO****NATL: 1:23.22 N 12/13/14 CHRIS WENZEL****VA: 1:28.43 V 11/5/11 Lisa Bennett**

1	Speer, Nancy	55	VMST-VA	1:41.22
				48.45 1:41.22

**Women 55-59 200 SC Meter Breaststroke****WORLD: 2:53.16 W 4/22/17 MONICA CORO****NATL: 3:01.40 N 11/20/16 KIM CROUCH****VA: 3:13.57 V 11/5/11 Lisa Bennett**

1	Speer, Nancy	55	VMST-VA	3:30.96
				49.72 1:43.66 2:37.99 3:30.96

**Women 55-59 50 SC Meter Butterfly****WORLD: 29.39 W 3/5/16 LESLIE LIVINGSTON****NATL: 29.39 N 3/5/16 LESLIE LIVINGSTON****VA: 37.13 V 3/20/10 Shirley Loftus-Charley**

1	Stickle, Susanna C	56	TMAS-VA	46.10
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**Women 55-59 100 SC Meter IM****WORLD: 1:09.08 W 1/21/17 KARLYN PIPES****NATL: 1:09.08 N 1/21/17 KARLYN PIPES****VA: 1:21.22 V 3/20/10 Shirley Loftus-Charley**

1	Wiedemann, Patricia K	57	VMST-VA	1:39.19
				48.53 1:39.19
2	Dickens, Susan R	56	VMST-VA	1:39.98
				48.10 1:39.98

**Women 55-59 200 SC Meter IM****WORLD: 2:31.06 W 1/28/17 KARLYN PIPES****NATL: 2:36.98 N 12/4/09 LAURA VAL****VA: 2:51.87 V 3/20/10 Shirley Loftus-Charley**

1	Speer, Nancy	55	VMST-VA	3:11.88
				42.60 1:34.02 2:28.86 3:11.88

**Women 60-64 50 SC Meter Freestyle****WORLD: 29.23 W 12/7/13 LAURA VAL****NATL: 29.23 N 12/7/13 LAURA VAL****VA: 33.70 V 3/19/11 Shirley Loftus-Charley**

1	Benn, Cheryl E	64	VMST-VA	43.52
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**Women 60-64 100 SC Meter Freestyle****WORLD: 1:03.48 W 12/5/14 LAURA VAL****NATL: 1:03.48 N 12/5/14 LAURA VAL****VA: 1:09.44 V 11/18/12 Shirley Loftus-Charley**

1	Benn, Cheryl E	64	VMST-VA	1:41.96
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**Women 60-64 400 SC Meter Freestyle****WORLD: 4:53.24 W 8/24/13 LAURA VAL****NATL: 4:53.24 N 8/24/13 LAURA VAL****VA: 5:17.88 V 11/5/11 Shirley Loftus-Charley**

1	Craffey, Joan P	64	BCTM-6	5:49.24
				41.70 1:26.31 2:11.62 2:56.78
				3:41.41 4:25.24 5:08.52 5:49.24

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**Women 60-64 800 SC Meter Freestyle**

**WORLD:** 10:21.68 W 1/15/11 LAURA VAL  
**NATL:** 10:21.68 N 1/15/11 LAURA VAL  
**VA:** 10:39.12 V 11/5/11 Shirley Loftus-Charley

1	Craffey, Joan P	64	BCTM-6	12:12.79
	41.96	1:28.52	2:15.55	3:02.45
	3:49.06	4:35.16	5:21.71	6:08.26
	6:54.50	7:40.54	8:26.50	9:12.34
	9:58.38	10:44.28	11:29.66	12:12.79

**Women 60-64 50 SC Meter Breaststroke**

**WORLD:** 38.38 W 1/10/16 DAGMAR FRESE  
**NATL:** 38.87 N 12/4/16 COLETTE CRABBE  
**VA:** 44.95 V 11/18/12 Shirley Loftus-Charley

1	Benn, Cheryl E	64	VMST-VA	59.56
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**Women 60-64 100 SC Meter Breaststroke**

**WORLD:** 1:24.39 W 12/3/16 COLETTE CRABBE  
**NATL:** 1:24.39 N 12/3/16 COLETTE CRABBE  
**VA:** 1:35.83 V 11/5/11 Shirley Loftus-Charley

1	Craffey, Joan P	64	BCTM-6	1:45.17
	51.55	1:45.17		

**Women 60-64 200 SC Meter IM**

**WORLD:** 2:41.53 W 12/6/13 LAURA VAL  
**NATL:** 2:41.53 N 12/6/13 LAURA VAL  
**VA:** 2:52.64 V 3/19/11 Shirley Loftus-Charley

1	Craffey, Joan P	64	BCTM-6	3:15.03
	45.99	1:35.68	2:30.86	3:15.03

**Women 65-69 50 SC Meter Freestyle**

**WORLD:** 29.30 W 11/19/16 LAURA VAL  
**NATL:** 29.30 N 11/19/16 LAURA VAL  
**VA:** 34.07 V 3/21/09 Beth Schreiner

1	Loftus-Charley, Shirley A	66	VMST-VA	35.69
2	Broderson, Molly G	65	VMST-VA	39.74
3	Patteson, Robin B	66	VMST-VA	50.87

**Women 65-69 100 SC Meter Freestyle**

**WORLD:** 1:05.27 W 12/2/16 LAURA VAL  
**NATL:** 1:05.27 N 12/2/16 LAURA VAL  
**VA:** 1:14.11 V 3/5/16 Shirley Loftus-Charley

1	Loftus-Charley, Shirley A	66	VMST-VA	1:17.77
	37.93	1:17.77		
2	Boslego, Barbara E	66	VMST-VA	1:27.00
	42.81	1:27.00		
3	Broderson, Molly G	65	VMST-VA	1:31.98
	40.85	1:31.98		

**Women 65-69 200 SC Meter Freestyle**

**WORLD:** 2:25.41 W 1/30/16 LAURA VAL  
**NATL:** 2:25.41 N 1/30/16 LAURA VAL  
**VA:** 2:35.21 V 7/21/16 Shirley Loftus-Charley

1	Loftus-Charley, Shirley A	66	VMST-VA	2:40.99
	38.04	1:18.89	2:00.20	2:40.99
2	Broderson, Molly G	65	VMST-VA	3:25.17
	44.40	1:35.98	2:31.56	3:25.17

**Women 65-69 400 SC Meter Freestyle**

**WORLD:** 5:06.74 W 1/30/16 LAURA VAL  
**NATL:** 5:02.08 N 9/24/17 LAURA VAL  
**VA:** 5:22.78 V 7/21/16 Shirley Loftus-Charley

1	Loftus-Charley, Shirley A	66	VMST-VA	5:34.77
	39.63	1:21.46	2:03.83	2:46.22
	3:28.56	4:10.91	4:53.23	5:34.77

**Women 65-69 1500 SC Meter Freestyle**

**WORLD:** 20:21.61 W 1/30/16 LAURA VAL  
**NATL:** 20:21.61 N 1/30/16 LAURA VAL  
**VA:** 20:37.63 V 7/21/16 Shirley Loftus-Charley

1	Loftus-Charley, Shirley A	66	VMST-VA	20:57.40
	38.75	1:20.37	2:02.21	2:44.26
	3:26.28	4:08.41	4:50.65	5:33.16
	6:15.32	6:57.73	7:39.95	8:22.29
	9:04.38	9:46.18	10:27.95	11:09.78
	11:52.24	12:34.16	13:16.20	13:58.05
	14:40.22	15:22.46	16:04.69	16:46.84
	17:29.12	18:11.13	18:53.03	19:26.40
	19:51.64	20:57.40		

**Women 65-69 100 SC Meter Backstroke**

**WORLD:** 1:14.99 W 11/19/16 LAURA VAL  
**NATL:** 1:14.99 N 11/19/16 LAURA VAL  
**VA:** 1:32.59 V 11/8/14 Marcia Barry

1	Patteson, Robin B	66	VMST-VA	2:27.31
	1:12.59	2:27.31		

**Women 65-69 50 SC Meter Breaststroke**

**WORLD:** 40.90 W 5/9/10 NOBUKO YASUDA  
**NATL:** 42.02 N 11/12/11 DIANN UUSTAL  
**VA:** 42.35 V 4/9/05 Joann Leilich

1	Boslego, Barbara E	66	VMST-VA	49.04
2	Broderson, Molly G	65	VMST-VA	52.40
3	McInturff, Donna E	67	VMST-VA	56.37
4	Patteson, Robin B	66	VMST-VA	1:02.67

**Women 65-69 100 SC Meter Breaststroke**

**WORLD:** 1:28.73 W 1/24/10 NOBUKO YASUDA  
**NATL:** 1:30.81 N 11/19/16 CHARLOTTE DAVIS  
**VA:** 1:32.37 V 3/20/04 Joann Leilich

1	McInturff, Donna E	67	VMST-VA	1:57.61
	56.11	1:57.61		

**Women 65-69 100 SC Meter IM**

**WORLD:** 1:16.67 W 11/19/16 LAURA VAL  
**NATL:** 1:16.67 N 11/19/16 LAURA VAL  
**VA:** 1:28.00 V 1/17/16 Shirley Loftus-Charley

1	Gault, Terry Sue M	67	VMST-VA	1:28.84
	39.66	1:28.84		
2	Rotch, Catherine A	65	VMST-VA	2:06.88
---	Patteson, Robin B	66	VMST-VA	DQ
	39.54	DQ		

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**Women 65-69 200 SC Meter IM**

**WORLD:** 2:48.15 W 9/18/16 LAURA VAL  
**NATL:** 2:48.15 N 9/18/16 LAURA VAL  
**VA:** 2:59.30 V 7/21/16 Shirley Loftus-Charley

1 Rotch, Catherine A 65 VMST-VA 4:24.50  
 59.02 2:03.59 3:22.65 4:24.50

**Women 75-79 50 SC Meter Backstroke**

**WORLD:** 41.12 W 5/21/17 SATOKO TAKEUJI  
**NATL:** 44.76 N 11/7/99 DORIS STEADMAN  
**VA:** 55.62 V 11/5/11 Johnnie Detrick

1 Stott, Ellen W 77 UC12-VA 1:54.10

**Women 75-79 100 SC Meter Backstroke**

**WORLD:** 1:29.73 W 5/21/17 SATOKO TAKEUJI  
**NATL:** 1:36.90 N 3/19/11 NANCY BROWN  
**VA:** 1:56.61 V 11/3/12 Laura Walker

1 Martin, Judy 75 VMST-VA 2:26.67  
 1:09.92 2:26.67  
 2 Steiner, Arlien L 75 VMST-VA 2:39.18  
 1:18.83 2:39.18

**Women 75-79 200 SC Meter Backstroke**

**WORLD:** 3:22.68 W 2/7/15 CHRISTEL SCHULZ  
**NATL:** 3:34.09 N 3/19/11 NANCY BROWN  
**VA:** 4:06.60 V 11/3/12 Laura Walker

1 Steiner, Arlien L 75 VMST-VA 5:43.51  
 1:18.99 2:51.34 4:21.17 5:43.51

**Women 75-79 50 SC Meter Breaststroke**

**WORLD:** 43.79 W 2/14/10 SHOKO YONEZAWA  
**NATL:** 46.20 N 3/15/14 JOANN LEILICH  
**VA:** 51.86 V 3/19/11 Johnnie Detrick

1 Martin, Judy 75 VMST-VA 1:15.19  
 2 Stott, Ellen W 77 UC12-VA 1:48.65

**Women 75-79 100 SC Meter Breaststroke**

**WORLD:** 1:36.48 W 3/21/10 SHOKO YONEZAWA  
**NATL:** 1:40.82 N 3/15/14 JOANN LEILICH  
**VA:** 1:57.94 V 11/5/11 Johnnie Detrick

1 Steiner, Arlien L 75 VMST-VA 3:25.83  
 1:31.52 3:25.83

**Women 75-79 200 SC Meter Breaststroke**

**WORLD:** 3:33.03 W 4/17/10 SHOKO YONEZAWA  
**NATL:** 3:36.56 N 3/15/14 JOANN LEILICH  
**VA:** 4:09.87 V 11/6/10 Johnnie Detrick

1 Marens, Susan E 75 VMST-VA 4:43.43  
 1:07.87 2:19.67 3:33.26 4:43.43

**Women 75-79 100 SC Meter IM**

**WORLD:** 1:31.38 W 5/26/13 YOSHIKO OSAKI  
**NATL:** 1:38.11 N 12/12/04 GAIL ROPER  
**VA:** 1:48.05 V 3/19/11 Johnnie Detrick

1 Marens, Susan E 75 VMST-VA 2:09.53  
 2 Steiner, Arlien L 75 VMST-VA 3:03.18  
 45.77 3:03.18

**Women 80-84 50 SC Meter Freestyle**

**WORLD:** 37.67 W 6/25/11 JANE ASHER  
**NATL:** 38.03 N 1/25/09 GAIL ROPER  
**VA:** 39.21 V 3/5/16 Johnnie Detrick

1 Walker, Laura S 80 VMST-VA 47.65

**Women 80-84 100 SC Meter Freestyle**

**WORLD:** 1:24.44 W 6/25/11 JANE ASHER  
**NATL:** 1:26.23 N 1/25/09 GAIL ROPER  
**VA:** 1:32.76 V 3/5/16 Johnnie Detrick

1 Detrick, Johnnie 82 VMST-VA 1:39.86  
 47.22 1:39.86

**Women 80-84 50 SC Meter Backstroke**

**WORLD:** 46.10 W 5/21/11 JANE ASHER  
**NATL:** 50.03 N 10/13/02 MARGERY MEYER  
**VA:** 1:06.54 V 5/13/04 Marianna Berkley

1 Walker, Laura S 80 VMST-VA 59.80V

**Women 80-84 100 SC Meter Backstroke**

**WORLD:** 1:44.88 W 4/10/11 JANE ASHER  
**NATL:** 1:50.61 N 12/1/07 BETTY LORENZI  
**VA:** 2:26.82 V 1/1/05 Marianna Berkley

1 Walker, Laura S 80 VMST-VA 2:04.88V  
 1:01.98 2:04.88

**Women 80-84 200 SC Meter Backstroke**

**WORLD:** 3:42.88 W 7/17/11 JANE ASHER  
**NATL:** 3:59.15 N 11/22/09 NANCY KINNEY  
**VA:** 5:23.24 V 5/13/04 Marianna Berkley

1 Walker, Laura S 80 VMST-VA 4:28.45V  
 1:04.02 2:12.42 3:23.35 4:28.45

**Women 80-84 50 SC Meter Breaststroke**

**WORLD:** 46.48 W 3/8/15 SHOKO YONEZAWA  
**NATL:** 52.20 N 3/21/15 JOHNNIE DETRICK  
**VA:** 52.20 V 3/21/15 Johnnie Detrick

1 Detrick, Johnnie 82 VMST-VA 57.96  
 2 Averette, Joan 81 VMST-VA 1:34.03

**Women 80-84 200 SC Meter Breaststroke**

**WORLD:** 3:54.35 W 2/6/16 SHOKO YONEZAWA  
**NATL:** 4:16.16 N 9/25/11 ANN HIRSCH  
**VA:** 4:38.63 V 8/29/15 Johnnie Detrick

1 Averette, Joan 81 VMST-VA 7:44.10  
 1:40.54 3:40.11 5:48.46 7:44.10

**Women 85-89 50 SC Meter Freestyle**

**WORLD:** 38.75 W 4/17/16 JANE ASHER  
**NATL:** 46.01 N 12/6/14 NAN BOHL  
**VA:** 1:00.29 V 12/31/08 Marianna Berkley

1 Meredith, Jeanne H 89 VMST-VA 1:11.84

**Women 85-89 200 SC Meter Freestyle**

**WORLD:** 3:12.66 W 6/25/16 JANE ASHER  
**NATL:** 3:49.35 N 11/10/12 JEAN TROY  
**VA:** 4:52.03 V 12/8/07 Marianna Berkley

1 Meredith, Jeanne H 89 VMST-VA 5:32.14  
 1:16.63 2:41.77 4:09.95 5:32.14

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**Women 85-89 100 SC Meter Backstroke**

**WORLD:** 1:50.18 W 6/25/16 JANE ASHER  
**NATL:** 1:52.21 N 10/14/12 BETTY LORENZI  
**VA:** 2:34.75 V 12/8/07 Marianna Berkley  
 1 Meredith, Jeanne H 89 VMST-VA 3:03.85

**Men 18-24 50 SC Meter Freestyle**

**NATL:** 21.38 N 12/11/05 NICK BRUNELLI  
**VA:** 23.79 V 11/8/08 Anri Mar Arnason  
 1 Keller, Austin 21 ICHA-12 31.71

**Men 18-24 100 SC Meter Freestyle**

**NATL:** 48.00 N 12/11/05 NICK BRUNELLI  
**VA:** 53.92 V 11/7/15 Christopher Scott  
 1 Kalish, Adam C 24 TMAS-VA 55.19  
 26.61 55.19

**Men 18-24 50 SC Meter Backstroke**

**NATL:** 25.38 N 3/17/12 JOSH HAFKIN  
**VA:** 26.44 V 11/7/15 Sidney Glass  
 1 Glass, Austin R 23 1693-VA 28.81

**Men 18-24 50 SC Meter Breaststroke**

**NATL:** 27.83 N 11/21/09 GREGOR PLEVELJ  
**VA:** 31.31 V 11/7/15 Christopher Scott  
 1 Keller, Austin 21 ICHA-12 40.20

**Men 18-24 100 SC Meter Breaststroke**

**NATL:** 1:00.89 N 12/5/15 NICHOLAS KORTH  
**VA:** 1:08.28 V 11/7/15 Christopher Scott  
 1 Henderson, James A 23 1693-VA 1:12.83  
 34.45 1:12.83

**Men 18-24 50 SC Meter Butterfly**

**NATL:** 23.96 N 11/6/16 RUNAR BORGEN  
**VA:** 26.28 V 12/4/11 Lee Robertson  
 1 Kalish, Adam C 24 TMAS-VA 26.12V  
 2 Glass, Austin R 23 1693-VA 26.98

**Men 18-24 100 SC Meter Butterfly**

**NATL:** 52.25 N 10/29/11 EUGENE GODSOE  
**VA:** 59.22 V 12/4/11 Lee Robertson  
 1 Kalish, Adam C 24 TMAS-VA 58.63V  
 27.38 58.63

**Men 18-24 100 SC Meter IM**

**NATL:** 55.71 N 10/29/11 EUGENE GODSOE  
**VA:** 59.80 V 12/12/14 Sidney Glass  
 1 Henderson, James A 23 1693-VA 1:02.00  
 28.20 1:02.00  
 2 Keller, Austin 21 ICHA-12 1:28.60

**Men 18-24 200 SC Meter IM**

**NATL:** 2:00.32 N 12/11/05 NICK BRUNELLI  
**VA:** 2:14.46 V 12/12/14 Sidney Glass  
 1 Henderson, James A 23 1693-VA 2:17.35  
 28.50 1:02.75 1:44.94 2:17.35

**Men 25-29 200 SC Meter Backstroke**

**WORLD:** 1:56.22 W 12/16/06 STEFAN HERBST  
**NATL:** 2:01.34 N 11/13/16 JAN KONARZEWSKI  
**VA:** 2:17.32 V 12/10/10 Adam Barley  
 1 Glass, Sidney 26 1693-VA 2:14.03V  
 30.54 1:04.77 1:39.44 2:14.03

**Men 25-29 50 SC Meter Breaststroke**

**WORLD:** 27.18 W 4/22/17 MARK CAMPBELL  
**NATL:** 27.31 N 11/23/13 EETU KARVONEN  
**VA:** 30.52 V 2000 Neill Williams  
 1 Cannon, Maurice 29 UC12-VA 42.13

**Men 25-29 100 SC Meter Breaststroke**

**WORLD:** 59.21 W 11/23/13 EETU KARVONEN  
**NATL:** 59.21 N 11/23/13 EETU KARVONEN  
**VA:** 1:05.27 V 2000 Neill Williams  
 1 Cannon, Maurice 29 UC12-VA 1:35.02  
 43.86 1:35.02

**Men 25-29 50 SC Meter Butterfly**

**WORLD:** 23.33 W 5/5/17 RYO ISHII  
**NATL:** 23.53 N 11/24/13 DARIAN TOWNSEND  
**VA:** 25.61 V 2000 Neill Williams  
 1 Cannon, Maurice 29 UC12-VA 33.59

**Men 25-29 100 SC Meter IM**

**WORLD:** 53.47 W 11/3/13 DARIAN TOWNSEND  
**NATL:** 53.47 N 11/3/13 DARIAN TOWNSEND  
**VA:** 1:00.12 V 3/5/16 Kevin Gallagher  
 1 Glass, Sidney 26 1693-VA 1:00.52  
 27.73 1:00.52

**Men 30-34 50 SC Meter Freestyle**

**WORLD:** 21.59 W 11/28/15 EVGENIY LAGUNOV  
**NATL:** 21.91 N 11/13/16 DARIAN TOWNSEND  
**VA:** 23.45 V 3/15/08 Troy Johnson  
 1 Gibbs, Robert 33 ICHA-12 36.57

**Men 30-34 100 SC Meter Freestyle**

**WORLD:** 47.29 W 11/27/15 EVGENIY LAGUNOV  
**NATL:** 48.08 N 9/27/14 DARIAN TOWNSEND  
**VA:** 52.23 V 3/24/07 Troy Johnson  
 1 Gibbs, Robert 33 ICHA-12 1:27.60

**Men 30-34 100 SC Meter IM**

**WORLD:** 53.28 W 11/13/16 DARIAN TOWNSEND  
**NATL:** 53.28 N 11/13/16 DARIAN TOWNSEND  
**VA:** 1:02.38 V 3/16/13 Adam Barley  
 1 Gibbs, Robert 33 ICHA-12 1:36.07

**Men 30-34 200 SC Meter IM**

**WORLD:** 1:56.96 W 11/13/16 DARIAN TOWNSEND  
**NATL:** 1:56.96 N 11/13/16 DARIAN TOWNSEND  
**VA:** 2:14.53 V 3/15/14 Adam Barley  
 1 Gibbs, Robert 33 ICHA-12 3:34.73  
 47.54 1:46.78 2:44.94 3:34.73

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**Men 35-39 100 SC Meter Freestyle**

**WORLD:** 49.53 W 3/19/00 **JOHN MIRANDA**  
**NATL:** 50.72 N 11/6/09 **MICHAEL PICOTTE**  
**VA:** 50.72 V 11/7/09 **Michael Picotte**

1 McGraw, Paul M 35 NERD-12 1:02.05  
 29.14 1:02.05

**Men 35-39 200 SC Meter Freestyle**

**WORLD:** 1:51.31 W 12/14/03 **ERIK HOCHSTEIN**  
**NATL:** 1:51.31 N 12/14/03 **ERIK HOCHSTEIN**  
**VA:** 1:59.14 V 11/7/09 **Michael Picotte**

1 Jongquist, Timothy D 36 VMST-VA 2:32.94  
 35.35 1:14.48 1:54.62 2:32.94

**Men 35-39 400 SC Meter Freestyle**

**WORLD:** 3:57.77 W 12/14/03 **ERIK HOCHSTEIN**  
**NATL:** 3:57.77 N 12/14/03 **ERIK HOCHSTEIN**  
**VA:** 4:13.91 V 1/1/00 **Chris Stevenson**

1 Rodriguez, Jason 38 TIDE-12 5:33.95  
 37.22 1:18.81 2:01.85 2:45.45  
 3:28.67 4:12.21 4:55.82 5:33.95

**Men 35-39 800 SC Meter Freestyle**

**WORLD:** 8:16.19 W 12/6/09 **ALEX KOSTICH**  
**NATL:** 8:16.19 N 12/6/09 **ALEX KOSTICH**  
**VA:** 9:29.29 V 1/1/05 **Rob St Jean**

1 Rodriguez, Jason 38 TIDE-12 11:44.00  
 40.83 1:24.32 2:09.15 2:53.77  
 3:38.44 4:22.95 5:07.18 5:51.44  
 6:36.09 7:20.03 8:03.92 8:48.18  
 9:33.10 10:17.99 11:00.65 11:44.00

**Men 35-39 1500 SC Meter Freestyle**

**WORLD:** 15:56.57 W 12/4/09 **ALEX KOSTICH**  
**NATL:** 15:56.57 N 12/4/09 **ALEX KOSTICH**  
**VA:** 18:14.12 V 1/1/00 **John Geyer**

1 Barley, Adam 36 VMST-VA 17:29.98V  
 31.78 1:06.41 1:41.17 2:15.97  
 2:51.27 3:26.36 4:01.43 4:36.58  
 5:11.63 5:46.64 6:21.37 6:56.15  
 7:31.00 8:06.23 8:41.33 9:16.11  
 9:51.06 10:26.42 11:02.06 11:37.61  
 12:13.45 12:49.09 13:24.60 14:00.03  
 14:35.44 15:10.45 15:45.63 16:21.10  
 16:56.20 17:29.98

2 Jongquist, Timothy D 36 VMST-VA 21:44.47  
 37.74 1:19.09 2:01.30 2:43.95  
 3:27.15 4:11.11 4:55.79 5:38.96  
 6:22.77 7:07.65 7:52.07 8:36.01  
 9:19.85 10:03.23 10:46.45 11:29.84  
 12:12.91 12:55.36 13:36.19 14:22.04  
 15:07.60 15:52.84 16:38.89 17:24.76  
 18:08.65 18:52.62 19:36.89 20:21.10  
 21:04.82 21:44.47

**Men 35-39 100 SC Meter Backstroke**

**WORLD:** 55.95 W 12/5/04 **MICHAEL ROSS**  
**NATL:** 55.95 N 12/5/04 **MICHAEL ROSS**  
**VA:** 1:01.56 V 1/1/00 **Chris Stevenson**

1 McGraw, Paul M 35 NERD-12 1:12.48  
 34.74 1:12.48

**Men 35-39 100 SC Meter Breaststroke**

**WORLD:** 1:00.61 W 11/19/16 **SERGEY GEYBEL**  
**NATL:** 1:01.47 N 12/20/09 **JEFF COMMINGS**  
**VA:** 1:15.14 V 11/5/11 **Christopher Scharver**

1 Barley, Adam 36 VMST-VA 1:12.11V  
 34.57 1:12.11

2 Jongquist, Timothy D 36 VMST-VA 1:28.60  
 42.01 1:28.60

**Men 35-39 200 SC Meter IM**

**WORLD:** 2:03.29 W 12/8/02 **RON KARNAUGH**  
**NATL:** 2:03.29 N 12/8/02 **RONALD KARNAUGH**  
**VA:** 2:21.50 V 3/16/13 **Pieter de Hart**

1 Rodriguez, Jason 38 TIDE-12 3:31.41  
 39.94 1:33.95 2:46.74 3:31.41

--- Jongquist, Timothy D 36 VMST-VA DQ  
 34.89 1:20.64 2:10.95 DQ

**Men 35-39 400 SC Meter IM**

**WORLD:** 4:24.36 W 12/7/03 **RON KARNAUGH**  
**NATL:** 4:24.36 N 12/7/03 **RONALD KARNAUGH**  
**VA:** 5:20.39 V 11/7/09 **Robert Hueller**

--- Rodriguez, Jason 38 TIDE-12 DQ  
 49.85 1:48.95 2:42.52 3:35.97  
 4:48.35 6:02.44 6:46.09 DQ

**Men 40-44 50 SC Meter Backstroke**

**WORLD:** 25.53 W 12/12/09 **MICHAEL ROSS**  
**NATL:** 25.53 N 12/12/09 **MICHAEL ROSS**  
**VA:** 26.56 V 12/5/08 **Chris Stevenson**

1 Williams, Rich 42 1693-VA 32.56

**Men 40-44 50 SC Meter Breaststroke**

**WORLD:** 28.22 W 11/12/16 **JEFF COMMINGS**  
**NATL:** 28.22 N 11/12/16 **JEFF COMMINGS**  
**VA:** 34.09 V 12/5/15 **Rich Williams**

1 Williams, Rich 42 1693-VA 34.21

**Men 40-44 50 SC Meter Butterfly**

**WORLD:** 24.14 W 3/16/14 **LARS FROLANDER**  
**NATL:** 24.91 N 12/6/08 **MICHAEL ROSS**  
**VA:** 26.99 V 1/1/97 **John Tudor**

1 Williams, Rich 42 1693-VA 30.23  
 2 Goetsch, Aaron G 44 VMST-VA 33.77

**Men 40-44 100 SC Meter IM**

**WORLD:** 57.07 W 5/5/16 **HIDEAKI HARA**  
**NATL:** 57.19 N 11/16/14 **JEFF COMMINGS**  
**VA:** 1:01.79 V 1/1/97 **John Tudor**

--- Goetsch, Aaron G 44 VMST-VA XDNF

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**Men 40-44 200 SC Meter IM****WORLD: 2:05.46 W 12/4/09 ROQUE SANTOS****NATL: 2:05.46 N 12/4/09 ROQUE SANTOS****VA: 2:24.26 V 12/5/08 Dave Holland**

---	Goetsch, Aaron G	44	VMST-VA	DNF
	37.64	1:36.01		

**Men 50-54 50 SC Meter Freestyle****WORLD: 23.38 W 10/18/09 ROWDY GAINES****NATL: 23.38 N 10/18/09 ROWDY GAINES****VA: 25.47 V 11/7/15 Gregory Harris**

1	Clear, Kirk W	50	VMST-VA	28.48
---	Vermaak, Paul	51	TIDE-12	DQ

**Men 50-54 200 SC Meter Freestyle****WORLD: 1:54.61 W 10/14/11 AMBROSE GAINES****NATL: 1:54.61 N 10/14/11 ROWDY GAINES****VA: 2:08.02 V 7/21/16 Gregory Harris**

1	Shea, Mark E	53	SHYM-VA	2:37.42
	37.26	1:16.64	1:56.88	2:37.42

**Men 50-54 400 SC Meter Freestyle****WORLD: 4:04.48 W 1/29/17 NICHOLAS GRANGER****NATL: 4:07.99 N 12/10/00 JIM MCCONICA****VA: 4:48.43 V 11/8/08 Jim McFarland**

1	Shea, Mark E	53	SHYM-VA	5:32.89
	40.02	1:20.58	2:01.35	2:42.91
	3:24.75	4:07.44	4:50.18	5:32.89

**Men 50-54 800 SC Meter Freestyle****WORLD: 8:44.51 W 12/10/00 JIM MCCONICA****NATL: 8:44.51 N 12/10/00 JIM MCCONICA****VA: 10:14.13 V 11/8/08 Jim McFarland**

1	Harris, Gregory	54	VMST-VA	10:25.81
	33.14	1:09.53	1:46.66	2:24.50
	3:03.45	3:42.85	4:22.51	5:00.51
	5:39.92	6:20.12	7:01.87	7:46.29
	8:29.05	9:10.79	9:49.31	10:25.81
2	Shea, Mark E	53	SHYM-VA	11:40.00
	41.26	1:24.57	2:09.37	2:54.17
	3:38.58	4:23.66	5:07.17	5:51.61
	6:35.97	7:18.94	8:01.99	8:44.82
	9:27.78	10:12.36	10:56.83	11:40.00

**Men 50-54 50 SC Meter Backstroke****WORLD: 26.69 W 10/24/15 FRITZ BEDFORD****NATL: 26.69 N 10/24/15 FRITZ BEDFORD****VA: 31.19 V 5/12/12 David Malsbury**

1	Clear, Kirk W	50	VMST-VA	31.04V
2	Harris, Gregory	54	VMST-VA	31.23

**Men 50-54 100 SC Meter Backstroke****WORLD: 58.47 W 10/24/15 FRITZ BEDFORD****NATL: 58.47 N 10/24/15 FRITZ BEDFORD****VA: 1:07.56 V 2000 Rick Stringer**

1	Harris, Gregory	54	VMST-VA	1:07.49V
	33.68	1:07.49		
2	Clear, Kirk W	50	VMST-VA	1:09.38
	32.80	1:09.38		

**Men 50-54 200 SC Meter Backstroke****WORLD: 2:07.13 W 5/6/17 NICOLAS GRANGER****NATL: 2:11.84 N 12/4/09 JAMIE FOWLER****VA: 2:24.79 V 2000 Rick Stringer**

1	Harris, Gregory	54	VMST-VA	2:27.84
	34.84	1:11.56	1:49.21	2:27.84

**Men 50-54 100 SC Meter Breaststroke****WORLD: 1:04.28 W 5/6/17 NICOLAS GRANGER****NATL: 1:04.54 N 12/7/13 DAVID GUTHRIE****VA: 1:13.16 V 7/21/16 Gregory Harris**

1	Harris, Gregory	54	VMST-VA	1:10.55V
	33.29	1:10.55		

**Men 50-54 50 SC Meter Butterfly****WORLD: 25.49 W 5/16/09 DAN THOMPSON****NATL: 25.98 N 3/5/16 STEVE HILTABIDDLE****VA: 28.98 V 11/7/15 Gregory Harris**

1	Vermaak, Paul	51	TIDE-12	31.00
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**Men 50-54 100 SC Meter Butterfly****WORLD: 57.29 W 12/2/07 PAUL CARTER****NATL: 57.29 N 12/2/07 PAUL CARTER****VA: 1:10.28 V 3/19/11 David Malsbury**

1	Vermaak, Paul	51	TIDE-12	1:17.61
	35.56	1:17.61		

**Men 55-59 50 SC Meter Freestyle****WORLD: 24.51 W 4/19/15 BRENT BARNES****NATL: 24.66 N 10/10/15 STEVE WOOD****VA: 27.48 V 11/17/13 John Tudor**

1	Gay, Kent	59	VMST-VA	29.67
2	Cowling, Frank H	58	UC12-VA	30.74
3	Carlson, Eric A	57	NCMS-NC	31.40
4	Palmer, Michael T	55	TMAS-VA	32.73
5	Kielbowicz, Robert B	57	UC12-VA	34.24
6	Mejorada, Victor	56	VMST-VA	39.66

**Men 55-59 100 SC Meter Freestyle****WORLD: 54.50 W 4/5/09 JACK GROSELLE****NATL: 54.50 N 4/5/09 JACK GROSELLE****VA: 1:01.17 V 11/8/14 Phil Knobel**

*1	Gay, Kent	59	VMST-VA	1:09.96
	32.93	1:09.96		
*1	Carlson, Eric A	57	NCMS-NC	1:09.96
	33.51	1:09.96		
3	Cowling, Frank H	58	UC12-VA	1:11.70
	34.43	1:11.70		
4	Stickle, Joey	57	TMAS-VA	1:13.34
	36.93	1:13.34		
5	Palmer, Michael T	55	TMAS-VA	1:16.43
	36.97	1:16.43		
6	Kielbowicz, Robert B	57	UC12-VA	1:19.63
	38.11	1:19.63		

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**Men 55-59 200 SC Meter Freestyle****WORLD: 1:59.08 W 11/21/09 MICHAEL MANN****NATL: 1:59.08 N 11/21/09 MICHAEL MANN****VA: 2:20.30 V 3/15/14 Jim McFarland**

1	Carlson, Eric A	57	NCMS-NC	2:46.60
				1:19.21 2:46.60
2	Kielbowicz, Robert B	57	UC12-VA	3:01.27
				37.88 1:22.69 2:12.22 3:01.27
3	Gardner, Kenneth	55	TMAS-VA	3:35.53
				45.98 1:39.79 2:37.73 3:35.53

**Men 55-59 400 SC Meter Freestyle****WORLD: 4:16.03 W 11/22/09 MICHAEL MANN****NATL: 4:16.03 N 11/22/09 MICHAEL MANN****VA: 5:01.65 V 3/15/14 Jim McFarland**

1	McLeod, Gregor J	57	NERD-12	5:29.32
				36.44 1:16.38 1:57.24 2:39.84
				3:22.48 4:05.76 4:48.61 5:29.32
2	Saks, Mitch	59	VMST-VA	5:48.07
				42.93 1:27.80 2:12.98 2:57.48
				3:40.80 4:24.09 5:06.67 5:48.07

**Men 55-59 1500 SC Meter Freestyle****WORLD: 17:14.15 W 10/2/05 JIM MCCONICA****NATL: 17:14.15 N 10/2/05 JIM MC CONICA****VA: 20:56.48 V 11/2/13 William Throne**

1	Saks, Mitch	59	VMST-VA	22:12.08
				58.69 1:44.89 2:30.76
				3:16.31 4:01.73 4:47.54 5:33.90
				6:20.13 7:07.07 7:53.77 8:40.59
				9:27.48 10:14.20 11:01.47 11:48.67
				12:35.99 13:23.03 14:10.31 14:57.60
				15:43.33 16:28.85 17:14.61 18:00.60
				18:46.17 19:31.84 20:16.40 21:00.76
				21:44.84 22:12.08

**Men 55-59 100 SC Meter Backstroke****WORLD: 1:02.26 W 3/15/15 MARCO COLOMBO****NATL: 1:00.84 N 10/10/15 STEVE WOOD****VA: 1:15.60 V 12/6/13 William Throne**

1	Carlson, Eric A	57	NCMS-NC	1:29.15
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**Men 55-59 50 SC Meter Breaststroke****WORLD: 30.37 W 12/17/16 DAVID GUTHRIE****NATL: 30.37 N 12/17/16 DAVID GUTHRIE****VA: 34.61 V 3/5/16 David Malsbury**

1	Stickle, Joey	57	TMAS-VA	40.27
2	Gay, Kent	59	VMST-VA	42.61
3	Palmer, Michael T	55	TMAS-VA	43.14
4	Boslego, David V	56	VMST-VA	45.81
5	Mejorada, Victor	56	VMST-VA	48.02

**Men 55-59 100 SC Meter Breaststroke****WORLD: 1:06.80 W 12/18/16 DAVID GUTHRIE****NATL: 1:06.80 N 12/18/16 DAVID GUTHRIE****VA: 1:27.04 V 2000 Warner Brundage**

1	Stickle, Joey	57	TMAS-VA	1:29.04
				43.63 1:29.04
2	Boslego, David V	56	VMST-VA	1:41.00
				47.13 1:41.00

**Men 55-59 200 SC Meter Breaststroke****WORLD: 2:27.00 W 11/8/15 DAVID GUTHRIE****NATL: 2:27.00 N 11/8/15 DAVID GUTHRIE****VA: 3:12.43 V 12/6/13 William Throne**

1	Stickle, Joey	57	TMAS-VA	3:23.38
				46.44 1:38.01 2:32.07 3:23.38
2	Boslego, David V	56	VMST-VA	3:56.26
				52.05 1:52.98 2:55.50 3:56.26

**Men 55-59 50 SC Meter Butterfly****WORLD: 26.45 W 5/18/13 DAN THOMPSON****NATL: 26.67 N 10/11/15 STEVE WOOD****VA: 32.15 V 11/3/12 David Russell**

1	McLeod, Gregor J	57	NERD-12	32.68
2	Gay, Kent	59	VMST-VA	35.01
3	Cowling, Frank H	58	UC12-VA	38.57
4	Gardner, Kenneth	55	TMAS-VA	50.14
5	Mejorada, Victor	56	VMST-VA	52.24

**Men 55-59 100 SC Meter Butterfly****WORLD: 59.80 W 4/1/13 DAN THOMPSON****NATL: 1:00.35 N 12/17/06 GREG SHAW****VA: 1:12.09 V 3/5/16 David Malsbury**

1	McLeod, Gregor J	57	NERD-12	1:13.06
				33.94 1:13.06

**Men 55-59 100 SC Meter IM****WORLD: 1:01.76 W 10/10/15 STEVE WOOD****NATL: 1:01.76 N 10/10/15 STEVE WOOD****VA: 1:09.90 V 3/5/16 David Malsbury**

1	Cowling, Frank H	58	UC12-VA	1:27.22
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**Men 55-59 200 SC Meter IM****WORLD: 2:16.44 W 11/22/09 MICHAEL MANN****NATL: 2:16.44 N 11/22/09 MICHAEL MANN****VA: 2:49.19 V 3/24/07 John Mccorkle**

1	Carlson, Eric A	57	NCMS-NC	3:17.24
				44.23 1:32.97 2:32.50 3:17.24

**Men 60-64 50 SC Meter Freestyle****WORLD: 24.90 W 12/3/06 RICH ABRAHAMS****NATL: 24.90 N 12/3/06 RICHARD ABRAHAMS****VA: 28.34 V 11/6/10 Scott Kauffman**

1	Radam, Robert	61	NERD-12	33.24
2	Harris, Jan	61	VMST-VA	40.56
3	Miller, Jamie A	63	NCMS-NC	45.92

**Men 60-64 100 SC Meter Freestyle****WORLD: 55.87 W 5/17/14 JACK GROSELLE****NATL: 55.87 N 5/17/14 JACK GROSELLE****VA: 1:06.29 V 11/6/10 Scott Kauffman**

1	Radam, Robert	61	NERD-12	1:14.94
				35.57 1:14.94
2	Harris, Jan	61	VMST-VA	1:25.80
				40.83 1:25.80
3	Miller, Jamie A	63	NCMS-NC	1:49.90
				52.80 1:49.90

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**Men 60-64 200 SC Meter Freestyle****WORLD: 2:01.65 W 11/21/15 RICK COLELLA****NATL: 2:01.65 N 11/21/15 RICK COLELLA****VA: 2:12.18 V 5/23/05 John Calvert**

1	Harris, Jan	61	VMST-VA	3:13.56
				42.82 1:30.23 2:22.03 3:13.56

**Men 60-64 400 SC Meter Freestyle****WORLD: 4:34.24 W 12/11/16 JAMES RITTER****NATL: 4:31.91 N 10/1/17 JAMES RITTER****VA: 4:43.69 V 5/23/05 John Calvert**

1	Harris, Jan	61	VMST-VA	7:01.11
				44.22 1:33.16 2:27.82 3:22.05
				4:16.22 5:12.96 6:07.63 7:01.11

**Men 60-64 1500 SC Meter Freestyle****WORLD: 18:07.65 W 1/28/17 BRUCE THOMAS****NATL: 18:07.65 N 1/28/17 BRUCE THOMAS****VA: 34:07.56 V 2000 David Chapman**

1	Burwell, Wes	64	SHYM-VA	27:02.58V
				50.89 1:43.11 2:36.10 3:31.08
				4:25.21 5:19.48 6:14.63 7:09.19
				8:04.81 8:58.73 9:53.42 10:47.59
				11:43.24 12:37.33 13:30.36 14:24.98
				15:18.62 16:12.31 17:06.32 18:01.16
				18:54.64 19:49.25 20:43.48 21:37.07
				22:31.69 23:25.55 24:19.89 25:14.24
				26:08.29 27:02.58

**Men 60-64 50 SC Meter Backstroke****WORLD: 29.64 W 3/29/14 PHILIPP DJANG****NATL: 29.64 N 3/29/14 PHILIPP DJANG****VA: 35.03 V 5/11/06 William Bacon**

1	Mickunas, Victor H	61	VMST-VA	47.26
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**Men 60-64 100 SC Meter Backstroke****WORLD: 1:04.13 W 11/13/16 TOM BARTON****NATL: 1:04.13 N 11/13/16 TOM BARTON****VA: 1:19.23 V 5/11/06 William Bacon**

1	Mickunas, Victor H	61	VMST-VA	1:43.10
				50.77 1:43.10

**Men 60-64 200 SC Meter Backstroke****WORLD: 2:20.38 W 11/12/16 TOM BARTON****NATL: 2:20.38 N 11/12/16 TOM BARTON****VA: 2:30.96 V 5/23/05 John Calvert**

1	Swiger, Ralph B	61	VMST-VA	4:06.31
				1:00.85 2:03.06 3:04.74 4:06.31

**Men 60-64 50 SC Meter Breaststroke****WORLD: 31.51 W 11/21/15 RICK COLELLA****NATL: 31.51 N 11/21/15 RICK COLELLA****VA: 38.56 V 11/27/06 Warner Brundage**

1	Harris, Jan	61	VMST-VA	48.81
2	Mickunas, Victor H	61	VMST-VA	49.64
3	Miller, Jamie A	63	NCMS-NC	1:03.75

**Men 60-64 100 SC Meter Breaststroke****WORLD: 1:09.92 W 11/21/15 RICK COLELLA****NATL: 1:09.92 N 11/21/15 RICK COLELLA****VA: 1:25.88 V 11/27/06 Warner Brundage**

1	Mickunas, Victor H	61	VMST-VA	1:50.02
				53.26 1:50.02
2	Miller, Jamie A	63	NCMS-NC	2:12.13
				1:03.29 2:12.13

**Men 60-64 200 SC Meter Breaststroke****WORLD: 2:37.61 W 11/13/11 RICK COLELLA****NATL: 2:37.61 N 11/13/11 RICK COLELLA****VA: 3:08.22 V 11/27/06 Warner Brundage**

1	Swiger, Ralph B	61	VMST-VA	4:04.26
				57.41 2:00.66 3:03.10 4:04.26
2	Miller, Jamie A	63	NCMS-NC	4:48.18
				1:06.30 2:22.02 3:39.48 4:48.18

**Men 60-64 50 SC Meter Butterfly****WORLD: 26.78 W 5/13/17 DAN THOMPSON****NATL: 27.53 N 10/25/14 DONALD GRAHAM****VA: 31.48 V 11/6/10 Scott Kauffman**

1	Swiger, Ralph B	61	VMST-VA	49.43
2	Miller, Jamie A	63	NCMS-NC	56.32

**Men 60-64 100 SC Meter Butterfly****WORLD: 1:00.20 W 5/23/16 DAN THOMPSON****NATL: 1:03.76 N 12/3/06 RICH ABRAHAMS****VA: 1:14.55 V 3/17/12 John Mccorkle**

1	Swiger, Ralph B	61	VMST-VA	2:07.08
				1:02.59 2:07.08

**Men 60-64 400 SC Meter IM****WORLD: 5:04.54 W 11/13/11 RICK COLELLA****NATL: 5:04.54 N 11/13/11 RICK COLELLA****VA: 6:15.22 V 3/16/13 John Mccorkle**

1	Swiger, Ralph B	61	VMST-VA	8:26.06
				1:00.25 3:14.25 4:18.82
				5:27.07 6:34.50 7:31.86 8:26.06

**Men 65-69 50 SC Meter Freestyle****WORLD: 25.62 W 10/14/12 RICHARD ABRAHAMS****NATL: 25.62 N 10/14/12 RICHARD ABRAHAMS****VA: 32.35 V 11/7/09 Jack Schiltz**

1	Bauer, Craig J	65	VMST-VA	30.15V
2	Beachler, Michael P	66	NCMS-NC	38.82

**Men 65-69 100 SC Meter Freestyle****WORLD: 58.19 W 11/20/16 RICK COLELLA****NATL: 58.19 N 11/20/16 RICK COLELLA****VA: 1:13.42 V 12/5/09 Warner Brundage**

1	Bauer, Craig J	65	VMST-VA	1:07.84V
				33.02 1:07.84

**Men 65-69 200 SC Meter Freestyle****WORLD: 2:07.56 W 11/19/16 RICK COLELLA****NATL: 2:07.56 N 11/19/16 RICK COLELLA****VA: 2:42.76 V 3/21/09 Warner Brundage**

1	Ryan, James	65	GSM-NJ	2:36.35
				37.45 1:16.95 1:57.38 2:36.35

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**(Men 65-69 200 SC Meter Freestyle)**

2 Beachler, Michael P 66 NCMS-NC 3:13.04  
41.75 1:32.73 2:25.16 3:13.04

**Men 65-69 400 SC Meter Freestyle**

**WORLD: 4:45.88 W 4/3/15 JIM MCCONICA**  
**NATL: 4:45.88 N 4/3/15 JIM MC CONICA**  
**VA: 5:57.52 V 12/5/08 Warner Brundage**

1 Ryan, James 65 GSM-NJ 5:28.91  
38.81 1:19.50 2:00.71 2:42.68  
3:24.97 4:06.80 4:48.43 5:28.91  
2 Beachler, Michael P 66 NCMS-NC 6:40.67  
44.94 1:37.24 2:30.83 3:23.74  
4:14.59 5:04.60 5:54.43 6:40.67

**Men 65-69 800 SC Meter Freestyle**

**WORLD: 9:53.06 W 4/4/15 JIM MCCONICA**  
**NATL: 9:53.06 N 4/4/15 JIM MC CONICA**  
**VA: 12:31.77 V 11/5/11 Warner Brundage**

1 Ryan, James 65 GSM-NJ 11:12.79  
39.80 1:21.51 2:04.14 2:46.17  
3:28.48 4:11.43 4:53.94 5:36.71  
6:18.77 7:00.91 7:42.96 8:24.91  
9:06.93 9:48.92 10:30.83 11:12.79

**Men 65-69 1500 SC Meter Freestyle**

**WORLD: 18:53.75 W 4/2/15 JIM MCCONICA**  
**NATL: 18:53.75 N 4/2/15 JIM MC CONICA**  
**VA: 29:14.10 V 11/2/13 Tsvi Katz-Hyman**

1 Ryan, James 65 GSM-NJ 21:03.79  
37.74 1:17.93 1:58.86 2:40.64  
3:22.29 4:04.36 4:46.18 5:28.28  
6:10.87 6:53.81 7:36.47 8:19.34  
9:01.79 9:44.23 10:26.95 11:09.11  
11:51.89 12:34.47 13:17.54 14:00.74  
14:43.43 15:26.15 16:08.61 16:50.96  
17:33.90 18:16.24 18:58.67 19:40.88  
20:22.23 21:03.79  
2 Beachler, Michael P 66 NCMS-NC 26:23.25  
1:12.12 2:06.23 3:01.09  
3:55.34 4:49.88 5:43.97 6:38.29  
7:32.68 8:27.19 9:21.88 10:15.73  
11:09.53 12:03.24 12:57.26 13:50.85  
14:44.67 15:37.97 16:32.16 17:25.27  
18:17.81 19:10.47 20:02.53 20:54.88  
21:46.91 22:38.56 23:29.37 24:20.02  
25:10.26 26:23.25

**Men 65-69 50 SC Meter Breaststroke**

**WORLD: 32.50 W 11/20/16 RICK COLELLA**  
**NATL: 32.50 N 11/20/16 RICK COLELLA**  
**VA: 40.61 V 12/5/09 Warner Brundage**

1 Bauer, Craig J 65 VMST-VA 40.15V

**Men 65-69 100 SC Meter Breaststroke**

**WORLD: 1:13.16 W 11/19/16 RICK COLELLA**  
**NATL: 1:13.16 N 11/19/16 RICK COLELLA**  
**VA: 1:29.03 V 12/5/08 Warner Brundage**

1 Bauer, Craig J 65 VMST-VA 1:29.14  
42.10 1:29.14

**Men 70-74 200 SC Meter Freestyle**

**WORLD: 2:22.60 W 10/12/14 DAVID QUIGGIN**  
**NATL: 2:22.60 N 10/12/14 DAVID QUIGGIN**  
**VA: 2:51.30 V 12/7/13 Warner Brundage**

1 Slaughter, James W 72 NCMS-NC 3:27.70  
50.08 1:42.90 2:38.66 3:27.70

**Men 70-74 1500 SC Meter Freestyle**

**WORLD: 20:54.56 W 10/6/01 GRAHAM JOHNSTON**  
**NATL: 20:54.56 N 10/6/01 GRAHAM JOHNSTON**  
**VA: 26:52.19 V 7/21/16 James Slaughter**

1 Slaughter, James W 72 NCMS-NC 27:09.66  
48.06 1:39.53 2:33.53 3:28.18  
4:22.19 5:16.28 6:10.19 7:04.77  
7:59.31 8:53.59 9:49.27 10:45.35  
11:41.34 12:36.11 13:30.05 14:22.91  
15:18.24 16:12.59 17:07.40 18:02.68  
18:57.48 19:52.81 20:48.62 21:43.43  
22:39.08 23:34.20 24:29.89 25:25.39  
26:18.58 27:09.66

**Men 70-74 50 SC Meter Breaststroke**

**WORLD: 35.53 W 4/10/16 DIETER HOFEL**  
**NATL: 35.97 N 3/6/16 ROBERT STRAND**  
**VA: 43.87 V 12/7/13 Terry Gernstein**

1 Whiteway, Roger N 71 VMST-VA 49.31

**Men 70-74 100 SC Meter Breaststroke**

**WORLD: 1:19.04 W 5/21/16 DOUGLAS SPRINGER**  
**NATL: 1:19.04 N 5/21/16 DOUGLAS SPRINGER**  
**VA: 1:41.31 V 12/7/13 Terry Gernstein**

1 Whiteway, Roger N 71 VMST-VA 1:50.73  
51.59 1:50.73  
2 Slaughter, James W 72 NCMS-NC 1:57.22  
57.20 1:57.22

**Men 70-74 200 SC Meter Breaststroke**

**WORLD: 2:55.87 W 3/5/16 ROBERT STRAND**  
**NATL: 2:55.87 N 3/5/16 ROBERT STRAND**  
**VA: 3:52.82 V 3/17/12 Edward Gaulrapp**

1 Whiteway, Roger N 71 VMST-VA 4:04.02  
54.12 1:56.25 3:01.03 4:04.02  
2 Slaughter, James W 72 NCMS-NC 4:11.82  
57.87 2:01.65 3:08.00 4:11.82

**Men 75-79 50 SC Meter Freestyle**

**WORLD: 29.90 W 12/3/16 MIKE FRESHLEY**  
**NATL: 29.90 N 12/3/16 MIKE FRESHLEY**  
**VA: 37.41 V 5/8/10 Owen Maher**

1 Miller, Frank H 76 VMST-VA 51.44

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**Men 75-79 200 SC Meter Freestyle****WORLD: 2:27.53 W 4/18/09 DAVID RADCLIFF****NATL: 2:27.53 N 4/18/09 DAVID RADCLIFF****VA: 3:09.66 V 5/11/06 Charles Erwin**

1	Miller, Frank H	76	VMST-VA	4:27.52
	58.92	2:02.23	3:19.71	4:27.52

**Men 75-79 800 SC Meter Freestyle****WORLD: 10:59.10 W 4/17/09 DAVID RADCLIFF****NATL: 10:59.10 N 4/17/09 DAVID RADCLIFF****VA: 14:13.91 V 5/4/07 Charles Erwin**

1	Miller, Frank H	76	VMST-VA	18:55.62
	1:05.93	3:34.95	4:46.57	
			9:36.97	
	10:47.65	13:10.30	14:22.12	
	15:32.91	17:53.36	18:55.62	

**Men 75-79 50 SC Meter Breaststroke****WORLD: 38.35 W 7/24/16 MIKE FRESHLEY****NATL: 38.35 N 7/24/16 MIKE FRESHLEY****VA: 52.20 V 5/13/04 Norman Rainer**

1	Grant, Will	76	VMST-VA	1:03.95
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**Men 75-79 100 SC Meter Breaststroke****WORLD: 1:25.38 W 7/22/16 MIKE FRESHLEY****NATL: 1:25.38 N 7/22/16 MIKE FRESHLEY****VA: 1:57.24 V 5/13/04 Norman Rainer**

1	Grant, Will	76	VMST-VA	2:39.09
	1:17.63	2:39.09		
2	Miller, Frank H	76	VMST-VA	2:39.22
	1:18.89	2:39.22		

**Men 75-79 200 SC Meter Breaststroke****WORLD: 3:06.82 W 7/23/16 MIKE FRESHLEY****NATL: 3:06.82 N 7/23/16 MIKE FRESHLEY****VA: 4:24.53 V 5/13/04 Norman Rainer**

1	Grant, Will	76	VMST-VA	5:48.24
	1:18.57	2:46.73	4:19.31	5:48.24

**Men 80-84 50 SC Meter Backstroke****WORLD: 37.82 W 11/15/14 YOSHI OYAKAWA****NATL: 37.82 N 11/15/14 YOSHI OYAKAWA****VA: 50.71 V 5/13/04 Calvin Barnes**

1	Newbury, Alfred C	83	VMST-VA	1:08.74
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**Men 80-84 100 SC Meter Backstroke****WORLD: 1:25.07 W 4/27/13 S.SEKIKAWA****NATL: 1:28.01 N 5/22/16 OYAKAWAMENNEN****VA: 1:52.94 V 5/13/04 Calvin Barnes**

1	Newbury, Alfred C	83	VMST-VA	2:23.45
	1:08.97	2:23.45		

**Men 80-84 200 SC Meter Backstroke****WORLD: 3:10.06 W 5/25/03 KEIJIRO NAKAMURA****NATL: 3:07.44 N 10/1/17 DAVID COSTILL****VA: 4:00.35 V 11/4/06 Calvin Barnes**

1	Newbury, Alfred C	83	VMST-VA	4:50.33
	1:07.44	2:20.33	3:34.49	4:50.33

**Women 200-239 200 SC Meter Medley Relay****WORLD: 2:09.76 W 2/24/17 MASTERS SORLANDET****L RAVEN LOTHE, A SORENSEN, J THORSTENSEN, B RIST****NATL: 2:13.25 N 11/7/15 North Texas Lonestars****S STONE, L MIZE, M REA, L MORRISON**

1	VMST-VA	A	4:00.41
	1) Steiner, Arlien L W75	2) Benn, Cheryl E W64	
	3) Shepard, Megan C W27	4) Nicholls, Victoria W51	
	1:11.88	2:15.48	3:06.20
			4:00.41

**Women 200-239 400 SC Meter Medley Relay****WORLD: 4:48.61 W 11/8/15 NORTH TEXAS MASTERS****S STONE, M REA, L MIZE, L MORRISON****NATL: 4:48.61 N 11/8/15 North Texas Lonestars****S STONE, M REA, L MIZE, L MORRISON**

1	VMST-VA	A	9:14.48
	1) Steiner, Arlien L W75	2) Benn, Cheryl E W64	
	3) Shepard, Megan C W27	4) Nicholls, Victoria W51	
	1:25.92	2:52.06	3:58.93
	6:04.95	7:02.56	8:05.02
			9:14.48

**Women 280-319 200 SC Meter Freestyle Relay****WORLD: 2:25.91 W 10/18/09 ST KANSAI -JPN****F HIROOKA, K OTSUBO, K ISHIKAWA, Y OSAKI****NATL: 2:30.72 N 11/19/16 OREGON MASTERS****J WARD, S ROUSSEAU, J GETTLING, R KAY****VA: 2:34.24 V 11/2/13 VMST****S Loftus-Charley, L Walker, J Detrick, M Barry**

1	VMST-VA	A	2:31.83V
	1) Detrick, Johnnie W82	2) Boslego, Barbara E W66	
	3) Loftus-Charley, Shirley A W67	4) Gault, Terry Sue M W67	
	40.75	1:18.31	1:53.39
			2:31.83

**Women 400 SC Meter Freestyle Relay****WORLD: 5:38.90 W 11/2/13 VIRGINIA MASTERS -US****J DETRICK, L WALKER, M BARRY, S LOFTUS-CHARLIE****NATL: 5:38.90 N 11/2/13 VIRGINIA MASTERS SWIM****J DETRICK, L WALKER, M BARRY, S LOFTUS-CHARLEY****VA: 5:38.90 V 11/2/13 VMST****J Detrick, L Walker, M Barry, S Loftus-Charley**

1	VMST-VA	A	5:39.04
	1) Gault, Terry Sue M W67	2) Loftus-Charley, Shirley A W67	
	3) Detrick, Johnnie W82	4) Boslego, Barbara E W66	
	40.56	1:25.03	2:01.07
			2:39.53
			4:16.57
			4:56.86
			5:39.04

**Women 280-319 800 SC Meter Freestyle Relay****WORLD: 12:53.99 W 11/2/13 VIRGINIA MASTERS -US****M BARRY, L WALKER, J DETRICK, S LOFTUS-CHARLIE****NATL: 12:53.99 N 11/2/13 VIRGINIA MASTERS SWIM****M BARRY, L WALKER, J DETRICK, S LOFTUS-CHARLEY****VA: 12:53.99 V 11/2/13 VMST****M Barry, L Walker, J Detrick, S Loftus-Charley**

1	VMST-VA	A	12:45.85W
	1) Boslego, Barbara E W66	2) Detrick, Johnnie W82	
	3) Gault, Terry Sue M W67	4) Loftus-Charley, Shirley A W67	
	42.91	1:30.54	2:21.34
			3:09.99
	3:37.43	3:58.73	4:58.11
			7:00.97
	7:43.53	8:31.29	9:20.21
			10:08.21
	10:30.53	11:02.03	11:25.89
			12:45.85

## Virginia Masters Swim Meet

Results - Nov 4, 2017

**Women 320-359 200 SC Meter Medley Relay****WORLD: 3:28.88 W 2/16/13 BIG YOKOHAMA -JPN****S YONEZAWA, M KURATA, S WATANABE, M KAMOSHITA****NATL: 4:09.65 N 10/15/11 WALNUT CREEK MASTERS****B OWENS, A HIRSCH, J ALEXANDER, D GERMOLUS**

1 VMST-VA A 4:51.05

1) Martin, Judy W75	2) Averette, Joan W81
3) Marens, Susan E W75	4) Meredith, Jeanne H W89
1:08.81	3:44.04 4:51.05

**Men 100-119 200 SC Meter Freestyle Relay****WORLD: 1:30.73 W 12/12/09 OKUDINHAS -BRA****R WASSALL, L OKUDA, D BELINI, A REHDER****NATL: 1:31.58 N 12/6/15 GOLDEN ROAD AQUATICS****M MARSHALL, N KORTH, A ACEINO, I SERRANO****VA: 1:48.47 V 11/7/15 VMST****S Harris, R Speer, P Frisk, C Scott**

1 1693-VA A 1:41.91V

1) Henderson, James A M23	2) Williams, Rich M42
3) Glass, Austin R M23	4) Glass, Sidney M26
25.20 52.11	1:17.58 1:41.91

**Men 100-119 200 SC Meter Medley Relay****WORLD: 1:39.29 W 12/3/16 GOLDEN ROAD AQUATICS****T COX, N KORTH, M MARSHALL, L PECHMANN****NATL: 1:39.29 N 12/3/16 GOLDEN ROAD AQUATICS****T COX, N KORTH, M MARSHALL, L PECHMANN****VA: 1:57.14 V 11/6/10 VMST****Sam Harris, Adam Barley, Michael Hipps, Boyd Orr**

1 1693-VA A 1:52.67V

1) Glass, Sidney M26	2) Williams, Rich M42
3) Glass, Austin R M23	4) Henderson, James A M23
27.55 1:01.37	1:27.94 1:52.67

**Men 280-319 200 SC Meter Medley Relay****WORLD: 2:12.76 W 3/15/15 PAINEIRAS DO MORUMBY****J ORLANDO LORO, A CARLOS ORSELLI, P MOTTA, G PAVET****NATL: 2:15.32 N 12/13/15 GOLD COAST MASTERS****L CHILDS, G SCHMIDT, K LODWIG, C CAVANAUGH**

1 VMST-VA A 3:47.44

1) Newbury, Alfred C M83	2) Grant, Will M76
3) Swiger, Ralph B M61	4) Mickunas, Victor H M61
1:05.42 1:44.31	3:08.47 3:47.44

**Men 280-319 400 SC Meter Medley Relay****WORLD: 5:02.97 W 3/18/17 MICHIGAN MASTERS -I****E LOKENSGARD, K OLZMANN, L DAY, C OLSON****NATL: 5:02.97 N 3/18/17 MICHIGAN MASTERS****E LOKENSGARD, K OLZMANN, L DAY, C OLSON****VA: 8:09.97 V 11/6/10 VMST****C Barnes, R Durham, O Maher, A Newbury**

1 VMST-VA A 8:17.23

1) Newbury, Alfred C M83	2) Grant, Will M76
3) Swiger, Ralph B M61	4) Mickunas, Victor H M61
1:06.21 2:17.98	3:29.05 4:47.67
5:41.40 6:45.60	7:30.98 8:17.23

**Mixed 120-159 800 SC Meter Freestyle Relay****WORLD: 8:13.69 W 11/23/14 NOTTINGHAM LEANDER****I MACMILLAN, S BURGESS, R MILNES, A THURSTON****NATL: 8:25.57 N 11/30/12 NOVAQUATICS MASTERS****C LEWIS, E KRAUS, A COLLINS, D FERNANDEZ**

--- TIDE-12 A X12:27.94

1) Marcum, Callie A W20	2) Schirmer, Jenny W58
3) Rodriguez, Jason M38	4) Sieller, Meredith W18
43.14 1:39.28	2:41.80 3:42.76
4:31.35 5:29.40	6:28.19 7:24.09
7:44.51 8:40.39	9:21.89 10:01.99
10:35.07 11:12.37	11:50.49 12:27.94

**Mixed 200-239 200 SC Meter Freestyle Relay****WORLD: 1:46.08 W 10/28/16 EAST LEEDS -GBR****P CLEMENCE, N WILLIAMS, D EMERSON, J HOYLE****NATL: 1:46.08 N 3/15/14 N CAROLINA MASTERS SWI****ERIKA BRAUN, SUE WALSH, JON BLANK, JONATHAN KLEIN****VA: 2:25.65 V 11/2/13 VMST****B Boslego, C Benn, V Michkunas, G Ladd**

--- NERD-12 A X2:17.73

1) McGraw, Paul M M35	2) Pellegrin, Katharina W54
3) Radam, Robert M61	4) McLeod, Gregor J M57
28.02 1:01.34	1:46.27 2:17.73

**Mixed 200-239 800 SC Meter Freestyle Relay****WORLD: 8:36.91 W 10/11/15 ILLINOIS MASTERS -US****L DILLMANN, D SIMS, A BLOCK, J TUCHLER****NATL: 8:36.91 N 10/11/15 ILLINOIS MASTERS****L DILLMANN, D SIMS, A BLOCK, J TUCHLER****VA: 10:57.14 V 11/18/12 VMST****W Duncan, S Joseph, E Joseph, S Loftus-Charley**

1 VMST-VA A 11:16.67

1) Speer, Nancy W55	2) Saks, Mitch M59
3) Dickens, Susan R W56	4) Jongquist, Timothy D M36
39.88 1:24.04	2:08.87 2:51.76
3:29.02 4:11.17	4:54.89 5:37.59
6:19.13 7:05.77	7:54.64 8:41.82
9:18.22 9:58.24	10:39.26 11:16.67

**Mixed 200-239 200 SC Meter Medley Relay****WORLD: 1:57.65 W 10/14/12 BLU FROG TEAM -USA****S HART, D CHANCE, M MIDDLETON, R ABRAHAMS****NATL: 1:57.65 N 10/10/12 BLU FROG TEAM****S HART, D CHANCE, M MIDDLETON, R ABRAHAMS****VA: 2:05.35 V 3/20/10 VMST****C Stevenson, L Bennett, D Holland, S Loftus-Charle**

1 VMST-VA A 2:24.28

1) Clear, Kirk W M50	2) Speer, Nancy W55
3) Harris, Gregory M54	4) Dickens, Susan R W56
30.90 1:24.97	1:46.86 2:24.28
--- NERD-12 A X2:38.53	
1) McGraw, Paul M M35	2) Radam, Robert M61
3) McLeod, Gregor J M57	4) Pellegrin, Katharina W54
33.02 1:19.71	1:52.95 2:38.53

**Virginia Masters Swim Meet****Results - Nov 4, 2017**

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**Mixed 240-279 200 SC Meter Medley Relay****WORLD: 2:07.54 W 11/22/15 PUGET SOUND MASTERS****D GRAHAM, R COLELLA, L DAHL, C DAVIS****NATL: 2:07.54 N 11/22/15 PUGET SOUND MASTERS****D GRAHAM, R COLELLA, L DAHL, C DAVIS****VA: 2:42.00 V 1/1/05 VMST****H McGee, J Leilich, S Tassi, B Schreiner**

1 VMST-VA A 3:16.04

1) Glover, Esther V W47 2) Bauer, Craig J M65

3) Broderson, Molly G W65 4) Miller, Frank H M76

47.86 1:29.37 2:25.93 3:16.04