

## Pickin' Up Steam - 9/28/2019

Estes Aquatic Center, Randolph-Macon College,, Sanction #: 129-S003

Meet Dir. - David Harmon (davidcharmon77@gmail

## Results - Session 1

<b>Women 18-24 50 Yard Freestyle</b>				2 McDonald, Megan	30 FAFF	2:45.60	4
NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC				35.37	1:17.51	2:01.60	2:45.60
VA: 23.86 V 3/6/2014 Rachel Nelson							
1 Bowman, Morgan	19 BAM1	27.72	6				
<b>Women 18-24 100 Yard Freestyle</b>				<b>Women 30-34 200 Yard IM</b>			
NATL: 48.18 N 12/6/2014 KATIE MEILI				NATL: 1:58.80 N 3/11/2009 ERIKA ERNDL			
VA: 52.01 V 3/6/2014 Rachel Nelson				VA: 2:11.73 V 4/5/2019 Denise Letendre			
1 Bowman, Morgan	19 BAM1	1:00.02	6	1 Bofinger, Sarah	33 L4S	2:35.63	6
29.10	1:00.02			2 McDonald, Megan	30 FAFF	2:38.41	4
<b>Women 18-24 100 Yard Butterfly</b>				<b>Women 35-39 50 Yard Freestyle</b>			
NATL: 52.30 N 11/8/2009 DANA VOLLMER				NATL: 22.34 N 2/25/2007 DARA TORRES			
VA: 56.22 V 4/28/2016 Gabrielle Mizerak				VA: 23.82 V 5/10/2018 Katie Grier			
1 Bowman, Morgan	19 BAM1	1:06.74	6	1 Strobl, Lori	39 VMST	26.74	6
30.88	1:06.74			2 Coons, Dana	39 BAM1	38.80	4
<b>Women 18-24 200 Yard IM</b>				<b>Women 35-39 50 Yard Backstroke</b>			
NATL: 1:54.20 N 12/4/2014 KATIE MEILI				NATL: 24.71 N 4/29/2017 NORIKO INADA			
VA: 2:09.53 V 4/13/2018 Laura Schwartz				VA: 27.81 V 4/7/2017 Katie Grier			
1 Bowman, Morgan	19 BAM1	2:29.44	6	1 King, Sarah	36 CONN	1:13.68	6
<b>Women 30-34 100 Yard Freestyle</b>				<b>Women 35-39 100 Yard Backstroke</b>			
NATL: 48.03 N 2/23/2013 ERIKA ERNDL				NATL: 53.58 N 4/30/2017 NORIKO INADA			
VA: 54.78 V 1/1/1994 Beth Scheimann				VA: 59.87 V 4/27/2000 Beth Baker			
1 Bofinger, Sarah	33 L4S	1:03.57	6	1 King, Sarah	36 CONN	2:30.84	6
30.94	1:03.57			1:13.44	2:30.84		
<b>Women 30-34 200 Yard Freestyle</b>				<b>Women 35-39 200 Yard Backstroke</b>			
NATL: 1:43.46 N 11/30/2012 ERIKA ERNDL				NATL: 2:00.54 N 3/14/1998 K PIPES-NEILSEN			
VA: 1:58.35 V 4/26/2012 Maura Bolger				VA: 2:15.55 V 6/1/2001 Beth Baker			
1 Bofinger, Sarah	33 L4S	2:17.78	6	1 King, Sarah	36 CONN	5:23.45	6
32.94	1:07.77	1:43.67	2:17.78	1:11.86	2:34.95	3:57.32	5:23.45
<b>Women 30-34 500 Yard Freestyle</b>				<b>Women 35-39 50 Yard Breaststroke</b>			
NATL: 4:46.92 N 4/14/2012 DAWN HECKMAN				NATL: 28.51 N 5/2/2014 KATIE GLENN			
VA: 5:14.58 V 10/7/2017 Marina Falcone				VA: 31.45 V 5/15/1991 Lisa Bennett			
1 Bofinger, Sarah	33 L4S	6:07.83	6	1 Strobl, Lori	39 VMST	35.56	6
35.02	1:12.88	1:50.27	2:27.06				
3:02.96	3:40.05	4:17.03	4:54.68				
5:31.75	6:07.83						
<b>Women 30-34 100 Yard Backstroke</b>				<b>Women 35-39 100 Yard Breaststroke</b>			
NATL: 54.60 N 4/30/2011 NORIKO INADA				NATL: 1:01.88 N 4/25/2015 KATIE GLENN			
VA: 1:03.14 V 2/3/2018 Carina Masson				VA: 1:09.09 V 4/28/2016 Kristen Harris			
1 McDonald, Megan	30 FAFF	1:20.00	6	1 Coons, Dana	39 BAM1	1:46.00	6
38.78	1:20.00			2 King, Sarah	36 CONN	2:49.53	4
<b>Women 30-34 200 Yard Breaststroke</b>				<b>Women 35-39 400 Yard IM</b>			
NATL: 2:15.99 N 1/20/2013 ERIKA ERNDL				NATL: 4:24.18 N 3/14/1998 K PIPES-NEILSEN			
VA: 2:28.53 V 4/5/2019 Denise Letendre				VA: 4:48.65 V 4/30/1999 Beth Baker			
1 McDonald, Megan	30 FAFF	3:04.56	6	1 King, Sarah	36 CONN	12:23.04	6
41.82	1:28.88	2:16.87	3:04.56	1:23.99	3:19.91	4:55.73	6:29.35
<b>Women 30-34 200 Yard Butterfly</b>				8:09.96	9:54.68	11:11.16	12:23.04
NATL: 2:03.46 N 5/12/1996 K PIPES-NEILSEN				<b>Women 40-44 50 Yard Freestyle</b>			
VA: 2:11.98 V 4/5/2019 Denise Letendre				NATL: 21.91 N 4/15/2007 DARA TORRES			
1 Bofinger, Sarah	33 L4S	2:38.88	6	VA: 24.00 V 4/25/2019 Katie Grier			
33.06	1:12.43	1:55.60	2:38.88	1 Ayvaz, Meliha	43 GMUP	39.15	6
<b>Women 40-44 100 Yard Freestyle</b>							
NATL: 48.34 N 4/15/2007 DARA TORRES				NATL: 48.34 N 4/15/2007 DARA TORRES			
VA: 51.49 V 4/5/2019 Katie Grier				VA: 51.49 V 4/5/2019 Katie Grier			
1 Ayvaz, Meliha	43 GMUP	1:31.64	6	1 Ayvaz, Meliha	43 GMUP	1:31.64	6
42.36	1:31.64			42.36	1:31.64		

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## Results - Session 1

**Women 40-44 500 Yard Freestyle**

NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN

VA: 5:33.24 V 4/2/2004 Kelly Parker

1	Williams, Nicole	42	BAM1	6:54.83	6
	36.19	1:15.32	1:56.70	2:38.90	
	3:21.83	4:04.48	4:47.12	5:29.52	
	6:12.37	6:54.83			

**Women 40-44 50 Yard Backstroke**

NATL: 26.12 N 5/1/2011 SHERI HART

VA: 27.97 V 4/25/2019 Katie Grier

1	Ayvaz, Meliha	43	GMUP	45.25	6
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**Women 40-44 50 Yard Breaststroke**

NATL: 28.71 N 5/11/2018 KATIE GLENN

VA: 31.34 V 4/7/2017 Kristen Harris

1	Ayvaz, Meliha	43	GMUP	59.03	6
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**Women 40-44 50 Yard Butterfly**

NATL: 25.14 N 5/10/2009 S VON DER LIPPE

VA: 26.34 V 4/5/2019 Katie Grier

1	Williams, Nicole	42	BAM1	35.57	6
2	Ayvaz, Meliha	43	GMUP	45.34	4

**Women 45-49 50 Yard Freestyle**

NATL: 23.80 N 4/8/2017 ERIKA BRAUN

VA: 25.53 V 4/26/2012 Annette Patterson

1	Hardy, Mary	45	ETM	31.14	6
2	Bogges, Wendi	47	BAM1	32.70	4

**Women 45-49 200 Yard Freestyle**

NATL: 1:53.28 N 12/16/2007 K PIPES-NEILSEN

VA: 2:05.36 V 4/14/2011 Kelly Parker Palace

1	Bogges, Wendi	47	BAM1	2:45.71	6
	35.65	1:19.17	2:04.87	2:45.71	

**Women 45-49 50 Yard Backstroke**

NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN

VA: 28.94 V 4/26/2012 Annette Patterson

1	Bogges, Wendi	47	BAM1	36.35	6
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**Women 45-49 50 Yard Breaststroke**

NATL: 30.17 N 5/20/2007 CAROLINE KRATTLI

VA: 33.96 V 2000 Patricia Miller

1	Amatruda, Cyndi	48	BAM1	41.28	6
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**Women 45-49 100 Yard Breaststroke**

NATL: 1:05.85 N 3/27/2011 S VON DER LIPPE

VA: 1:12.78 V 2000 Patricia Miller

1	Amatruda, Cyndi	48	BAM1	1:31.20	6
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**Women 45-49 50 Yard Butterfly**

NATL: 25.64 N 4/9/2017 ERIKA BRAUN

VA: 28.52 V 4/26/2012 Annette Patterson

1	Hardy, Mary	45	ETM	36.23	6
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**Women 45-49 100 Yard IM**

NATL: 59.39 N 4/28/2012 FALL WILLEBOORDSE

VA: 1:05.25 V 10/28/2012 Annette Patterson

1	Amatruda, Cyndi	48	BAM1	1:22.59	6
	38.79	1:22.59			
2	Hardy, Mary	45	ETM	1:23.03	4
	37.41	1:23.03			

**Women 50-54 100 Yard Freestyle**

NATL: 53.60 N 4/29/2016 FALL WILLEBOORDSE

VA: 57.72 V 4/28/2011 Suzanne Newell

1	Cook, Amy	52	VMST	1:12.90	6
	34.80	1:12.90			

**Women 50-54 500 Yard Freestyle**

NATL: 5:14.56 N 5/12/2013 JILL HERNANDEZ

VA: 5:37.30 V 5/17/2015 Kelly Parker Palace

1	Phillips, Alice	54	SRVA	6:14.87	6
	33.90	1:11.20	1:49.19	3:05.91	
	3:44.32	4:22.29	5:00.24	5:38.11	
	6:19.01	6:14.87			
2	Cook, Amy	52	VMST	7:17.64	4
	38.00	1:18.98	2:01.35	2:45.13	
	3:29.65	4:14.72	5:00.23	5:46.27	
	6:33.03	7:17.64			

**Women 50-54 100 Yard Breaststroke**

NATL: 1:09.21 N 2/18/2012 CAROLINE KRATTLI

VA: 1:12.46 V 5/20/2010 Lisa Bennett

1	Cook, Amy	52	VMST	1:37.22	6
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**Women 50-54 50 Yard Butterfly**

NATL: 25.70 N 5/11/2013 LESLIE LIVINGSTON

VA: 29.03 V 4/28/2011 Suzanne Newell

1	Phillips, Alice	54	SRVA	33.92	6
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**Women 50-54 100 Yard IM**

NATL: 1:01.28 N 4/29/2016 FALL WILLEBOORDSE

VA: 1:05.26 V 4/28/2011 Suzanne Newell

1	Phillips, Alice	54	SRVA	1:14.92	6
	35.20	1:14.92			
2	Gainor, Cathy	52	ANCM	1:26.10	4
	41.93	1:26.10			

**Women 55-59 50 Yard Freestyle**

NATL: 25.16 N 4/8/2017 SUE WALSH

VA: 26.37 V 5/13/2011 Lisa Bennett

1	Knight, Janet	56	ETM	41.76	6
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**Women 55-59 200 Yard Freestyle**

NATL: 1:57.90 N 4/30/2017 KARLYN PIPES

VA: 2:16.25 V 1/1/2010 Shirley Loftus-Charley

1	Dickens, Susan	57	VMST	2:44.83	6
	36.84	1:18.85	2:01.87	2:44.83	
2	Hermes, Cathy	58	UC12	2:49.84	4
	38.01	1:20.37	2:05.32	2:49.84	

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## Results - Session 1

**Women 55-59 500 Yard Freestyle**

NATL: 5:20.68 N 4/29/2017 JILL HERNANDEZ

VA: 5:54.39 V 4/15/2011 Shirley Loftus-Charley

1	Miller, Patricia	58	VMST	6:53.11	6
				38.35	1:19.57
				2:01.01	2:42.70
				3:24.64	4:06.76
				4:48.61	5:30.71
				6:12.62	6:53.11
2	Dickens, Susan	57	VMST	7:21.70	4
				38.06	1:19.69
				2:02.93	2:46.29
				3:30.45	4:15.64
				5:02.13	5:48.94
				6:35.97	7:21.70

**Women 55-59 50 Yard Breaststroke**

NATL: 32.13 N 4/30/2017 CAROLINE KRATTLI

VA: 33.76 V 5/13/2011 Lisa Bennett

1	Miller, Patricia	58	VMST	38.49	6
2	Knight, Janet	56	ETM	57.26	4

**Women 55-59 100 Yard Breaststroke**

NATL: 1:10.55 N 4/28/2017 CAROLINE KRATTLI

VA: 1:13.91 V 5/13/2011 Lisa Bennett

1	Miller, Patricia	58	VMST	1:24.61	6
				40.27	1:24.64
				1:24.61	
2	Speer, Nancy	56	VMST	1:30.40	4

**Women 55-59 200 Yard Breaststroke**

NATL: 2:40.19 N 5/10/2009 CATHERINE KOHN

VA: 2:52.25 V 4/28/2016 Patricia Miller

1	Speer, Nancy	56	VMST	3:13.52	6
				44.67	1:33.53
				2:23.47	3:13.52

**Women 55-59 50 Yard Butterfly**

NATL: 27.04 N 10/30/2016 LESLIE LIVINGSTON

VA: 29.71 V 3/17/2018 Val Van Horn Pate

1	Knight, Janet	56	ETM	50.59	6
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**Women 55-59 100 Yard IM**

NATL: 1:02.34 N 4/29/2017 KARLYN PIPES

VA: 1:07.93 V 5/13/2011 Lisa Bennett

1	Dickens, Susan	57	VMST	1:29.83	6
				41.61	1:29.83

**Women 55-59 200 Yard IM**

NATL: 2:15.70 N 4/28/2017 JILL HERNANDEZ

VA: 2:27.59 V 5/10/2018 Val Van Horn Pate

1	Hermes, Cathy	58	UC12	3:13.39	6
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**Women 60-64 50 Yard Freestyle**

NATL: 26.20 N 5/11/2018 PENNY NOYES

VA: 30.54 V 3/25/2012 Shirley Loftus-Charley

1	Mazzini, Wendy	64	VMST	36.58	6
2	Walker, Sharon	64	BAM1	59.80	4

**Women 60-64 500 Yard Freestyle**

NATL: 5:39.00 N 1/26/2014 LAURA VAL

VA: 5:56.62 V 3/25/2012 Shirley Loftus-Charley

1	Mazzini, Wendy	64	VMST	7:52.77	6
				40.82	1:25.47
				2:13.09	3:01.05
				3:50.47	4:40.31
				5:28.79	6:18.19
				7:06.73	7:52.77

**Women 60-64 200 Yard Butterfly**

NATL: 2:24.30 N 5/10/2013 LAURA VAL

VA: 2:43.42 V 2/11/2012 Shirley Loftus-Charley

1	Mazzini, Wendy	64	VMST	3:39.75	6
				46.89	1:42.21
				2:40.26	3:39.75

**Women 65-69 50 Yard Freestyle**

NATL: 26.55 N 5/13/2018 LAURA VAL

VA: 30.42 V 5/17/2007 Beth Schreiner

1	Hichak, Barbara	65	VMST	32.17	6
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**Women 65-69 100 Yard Freestyle**

NATL: 57.88 N 5/12/2018 LAURA VAL

VA: 1:06.77 V 5/6/2017 Shirley Loftus-Charley

1	Tourtual, Dorothy	68	ETM	1:12.79	6
				35.45	1:12.79
2	Hichak, Barbara	65	VMST	1:15.56	4
				35.97	1:15.56

**Women 65-69 200 Yard Freestyle**

NATL: 2:07.23 N 5/11/2018 LAURA VAL

VA: 2:23.77 V 2/5/2017 Shirley Loftus-Charley

1	Tourtual, Dorothy	68	ETM	2:42.22	6
				37.58	1:18.86
				2:01.10	2:42.22

**Women 65-69 500 Yard Freestyle**

NATL: 5:52.39 N 5/21/2017 LAURA VAL

VA: 6:15.42 V 3/19/2017 Shirley Loftus-Charley

1	Tourtual, Dorothy	68	ETM	7:07.69	6
				37.63	1:19.29
				2:02.10	2:45.44
				3:29.75	4:13.98
				4:57.88	5:42.23
				6:26.12	7:07.69

**Women 65-69 200 Yard Backstroke**

NATL: 2:23.88 N 5/13/2018 LAURA VAL

VA: 2:46.37 V 4/7/2017 Shirley Loftus-Charley

1	Tourtual, Dorothy	68	ETM	3:01.73	6
				42.76	1:28.01
				2:14.62	3:01.73

**Women 65-69 100 Yard IM**

NATL: 1:09.44 N 2/4/2017 LAURA VAL

VA: 1:17.97 V 4/5/2019 Shirley Loftus-Charley

1	Hichak, Barbara	65	VMST	1:31.60	6
				43.07	1:31.60

**Women 70-74 50 Yard Freestyle**

NATL: 28.72 N 5/11/2018 MARGARET TOPPEL

VA: 31.51 V 4/26/2012 Beth Schreiner

1	Burns, Suzi	72	ETM	46.67	6
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**Women 70-74 50 Yard Breaststroke**

NATL: 39.44 N 9/16/2017 DALE BARNHARD  
 VA: 45.73 V 4/28/2016 Pam Dameron

1 Burns, Suzi 72 ETM 53.17 6

**Women 70-74 100 Yard Breaststroke**

NATL: 1:25.63 N 5/13/2018 DANA BROWN  
 VA: 1:41.85 V 4/21/2006 Johnnie Detrick

1 Burns, Suzi 72 ETM 1:54.72 6

**Women 70-74 200 Yard Breaststroke**

NATL: 3:07.28 N 2/2/2009 JOANN LEILICH  
 VA: 3:43.67 V 2/13/2010 Johnnie Detrick

1 Burns, Suzi 72 ETM 4:18.18 6  
 1:00.33 2:07.01 3:14.99 4:18.18

**Women 75-79 50 Yard Breaststroke**

NATL: 41.53 N 4/13/2014 JOANN LEILICH  
 VA: 47.56 V 9/29/2012 Johnnie Detrick

1 Marens, Susan 77 VMST 56.03 6

**Women 75-79 200 Yard Breaststroke**

NATL: 3:16.31 N 4/5/2014 JOANN LEILICH  
 VA: 3:49.28 V 4/15/2011 Johnnie Detrick

1 Marens, Susan 77 VMST 4:26.21 6  
 1:01.56 2:12.07 3:21.38 4:26.21

**Women 75-79 50 Yard Butterfly**

NATL: 38.05 N 4/26/2015 MARY ANN CASE  
 VA: 44.16 V 3/23/2014 Lucille Griffin

--- Marens, Susan 77 VMST DQ

**Men 18-24 50 Yard Freestyle**

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER  
 VA: 20.24 V 4/13/2018 Lucas Bureau

1 Mastracci, Kevin 23 GMUP 22.32 6  
 2 Westbrooks, Francis 19 GERM 24.64 4

**Men 18-24 100 Yard Freestyle**

NATL: 42.59 N 12/1/2012 EUGENE GODSOE  
 VA: 43.97 V 4/13/2018 Lucas Bureau

1 Mastracci, Kevin 23 GMUP 49.07 6  
 23.93 49.07  
 2 Westbrooks, Francis 19 GERM 55.28 4  
 26.44 55.28

**Men 18-24 100 Yard Backstroke**

NATL: 45.36 N 11/30/2012 EUGENE GODSOE  
 VA: 49.46 V 4/5/2019 Logan Burton

1 Westbrooks, Francis 19 GERM 1:02.96 6  
 29.96 1:02.96

**Men 18-24 50 Yard Breaststroke**

NATL: 24.53 N 2/1/2015 ROSTYSLAV FEDYNA  
 VA: 27.00 V 4/10/2015 Nathan Destree

1 Temple, Austin 23 TIDE 26.49V 6  
 2 Dean, Deion 23 TIDE 26.63 4  
 3 Burton, Logan 23 TIDE 29.19 3

**Men 18-24 100 Yard Breaststroke**

NATL: 52.63 N 2/3/2018 JOSH PRENOT  
 VA: 56.99 V 12/16/2017 Jonathan Nelson

1 Temple, Austin 23 TIDE 57.31 6  
 26.98 57.49 1:33.37 57.31  
 2 Dean, Deion 23 TIDE 59.12 4  
 27.34 59.27 1:25.58 59.12

**Men 18-24 50 Yard Butterfly**

NATL: 21.13 N 4/26/2015 HENRIK LINDAU  
 VA: 21.95 V 4/13/2018 Lucas Bureau

1 Mastracci, Kevin 23 GMUP 24.23 6

**Men 18-24 100 Yard Butterfly**

NATL: 46.65 N 11/30/2012 EUGENE GODSOE  
 VA: 47.41 V 4/13/2018 Lucas Bureau

1 Pierce, Harrison 23 TIDE 50.54 6  
 23.60 50.54

**Men 18-24 200 Yard Butterfly**

NATL: 1:48.74 N 3/19/2017 MICKEY MOWRY  
 VA: 1:56.80 V 2/3/2018 Jonathan Nelson

1 Burton, Logan 23 TIDE 1:51.09V 6  
 24.09 51.96 1:21.18 1:51.09

**Men 18-24 200 Yard IM**

NATL: 1:49.30 N 4/26/2015 COLIN BABCOCK  
 VA: 1:57.45 V 5/19/2005 Benjamin Garrett

1 Pierce, Harrison 23 TIDE 1:59.07 6

**Men 25-29 50 Yard Freestyle**

NATL: 18.67 N 12/20/2014 BOUSQUET\ADRIAN  
 VA: 20.56 V 4/7/2017 Kevin Gallagher

1 Verheul, Dirk 26 TIDE 22.71 6  
 2 Parker, Jonathan 27 FAC 24.84 4

**Men 25-29 50 Yard Backstroke**

NATL: 21.46 N 4/16/2010 ADAM MANIA  
 VA: 23.60 V 4/13/2018 Sidney Glass

1 Parker, Jonathan 27 FAC 31.06 6

**Men 25-29 50 Yard Breaststroke**

NATL: 23.87 N 5/21/2010 MARK GANGLOFF  
 VA: 26.64 V 1/30/2005 Jeremy Linn

1 Verheul, Dirk 26 TIDE 28.10 6  
 2 Parker, Jonathan 27 FAC 32.85 4

**Men 25-29 50 Yard Butterfly**

NATL: 20.99 N 4/28/2019 MARCIN CIESLAK  
 VA: 22.99 V 4/7/2017 Kevin Gallagher

1 Parker, Jonathan 27 FAC 26.39 6

**Men 25-29 100 Yard IM**

NATL: 47.77 N 5/3/2014 DARIAN TOWNSEND  
 VA: 52.26 V 5/16/1994 Neill Williams

1 Parker, Jonathan 27 FAC 1:02.79 6  
 29.15 1:02.79

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## Results - Session 1

**Men 25-29 200 Yard IM**

NATL: 1:41.79 N 12/21/2013 DARIAN TOWNSEND

VA: 1:55.03 V 4/2/2004 Frank Byskov

1 Verheul, Dirk 26 TIDE 1:59.06 6

**Men 30-34 50 Yard Breaststroke**

NATL: 24.35 N 4/24/2015 MATT GREVERS

VA: 26.59 V 9/29/2012 Vanja Rogulj

1 Cieslak, Warren 32 UC12 28.51 6

**Men 30-34 50 Yard Butterfly**

NATL: 21.11 N 4/26/2015 MATT GREVERS

VA: 23.12 V 10/7/2017 Warren Cieslak

1 Cieslak, Warren 32 UC12 23.91 6

**Men 35-39 50 Yard Freestyle**

NATL: 20.01 N 3/25/2018 ROLAND SCHOEMAN

VA: 21.18 V 1/26/2008 Daniel Summerlin

1 Schwartz, Dane 38 VMST 25.33 6

**Men 35-39 50 Yard Backstroke**

NATL: 22.62 N 4/29/2017 JEFF NATALIZIO

VA: 24.64 V 4/1/2000 Chris Stevenson

1 Schwartz, Dane 38 VMST 29.92 6

**Men 35-39 50 Yard Breaststroke**

NATL: 25.35 N 5/21/2010 STEVE WEST

VA: 27.87 V 4/27/2017 Aaron Nester

1 Schwartz, Dane 38 VMST 33.88 6

**Men 35-39 50 Yard Butterfly**

NATL: 21.24 N 3/25/2018 ROLAND SCHOEMAN

VA: 23.69 V 4/26/2012 Daniel Summerlin

1 Schwartz, Dane 38 VMST 28.82 6

**Men 35-39 100 Yard IM**

NATL: 49.01 N 4/29/2017 JEFF NATALIZIO

VA: 53.70 V 4/28/2016 Michael Lovett

1 Schwartz, Dane 38 VMST 1:03.62 6  
30.00 1:03.62**Men 40-44 50 Yard Freestyle**

NATL: 20.67 N 12/20/2014 JOSH DAVIS

VA: 21.84 V 1/1/1998 John Tudor

1 Compton, Chris 41 UC12 35.68 6

**Men 40-44 100 Yard Freestyle**

NATL: 45.15 N 5/3/2014 JOSH DAVIS

VA: 47.58 V 4/27/2000 John Tudor

1 Compton, Chris 41 UC12 1:20.94 6  
36.63 1:20.94**Men 40-44 500 Yard Freestyle**

NATL: 4:33.36 N 4/25/2015 JOSH DAVIS

VA: 4:42.67 V 5/7/2009 Chris Stevenson

1 Ahlgren, Kyle 44 1693 6:24.76 6  
37.09 1:17.80 1:56.18 2:34.75  
3:13.09 3:51.77 4:30.40 5:09.51  
5:47.64 6:24.76**Men 40-44 50 Yard Breaststroke**

NATL: 25.02 N 3/12/2016 JARROD MARRS

VA: 28.43 V 4/7/2017 Rich Williams

1 Compton, Chris 41 UC12 43.67 6

**Men 40-44 100 Yard Breaststroke**

NATL: 55.37 N 4/25/2015 JEFF COMMINGS

VA: 1:02.36 V 5/7/1998 Michael Slowey

1 Compton, Chris 41 UC12 1:46.21 6

**Men 40-44 400 Yard IM**

NATL: 4:01.87 N 4/19/2009 ROQUE SANTOS

VA: 4:23.70 V 2/9/2008 Chris Stevenson

1 Ahlgren, Kyle 44 1693 5:46.63 6  
40.99 1:26.15 2:07.73 2:47.16  
3:37.52 4:28.13 5:08.77 5:46.63**Men 45-49 50 Yard Freestyle**

NATL: 21.06 N 5/21/2010 RICHARD HUGHEY

VA: 22.65 V 2/5/2017 Brent Holsten

1 Czaja, Edward 45 BAM1 29.92 6

**Men 45-49 100 Yard Freestyle**

NATL: 46.21 N 4/26/2015 NICOLAS GRANGER

VA: 50.09 V 2/5/2017 Brent Holsten

1 Solares, Santiago 46 UMAC 1:03.50 6  
31.72 1:03.50**Men 45-49 500 Yard Freestyle**

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER

VA: 4:52.46 V 4/28/2011 Chris Stevenson

1 Czaja, Edward 45 BAM1 6:56.29 6  
35.31 1:14.66 1:55.81 2:37.01  
3:18.87 4:02.68 4:45.56 5:29.61  
6:14.33 6:56.29  
2 Ligday, Fritz 47 BAM1 6:57.03 4  
34.16 1:13.18 1:54.47 2:37.65  
3:21.26 4:04.91 4:48.78 5:32.48  
6:16.62 6:57.03**Men 45-49 50 Yard Breaststroke**

NATL: 25.66 N 4/27/2019 JEFF COMMINGS

VA: 28.60 V 5/17/2007 David Malsbury

1 Federico, Sam 45 UC12 35.96 6

**Men 45-49 100 Yard Breaststroke**

NATL: 55.69 N 5/13/2018 STEVE WEST

VA: 1:04.24 V 4/15/2010 David Malsbury

1 Federico, Sam 45 UC12 1:19.97 6  
37.09 1:20.00 1:35.74 1:19.97**Men 45-49 200 Yard Breaststroke**

NATL: 2:02.42 N 4/29/2017 STEVE WEST

VA: 2:24.61 V 4/23/2006 Tom Royal

1 Federico, Sam 45 UC12 3:05.84 6  
40.72 1:28.78 2:18.22 3:05.84

## Pickin' Up Steam - 9/28/2019

Estes Aquatic Center, Randolph-Macon College,, Sanction #: 129-S003

Meet Dir. - David Harmon (davidcharmon77@gmai

## Results - Session 1

**Men 45-49 50 Yard Butterfly**

NATL: 22.67 N 5/4/2008 PAUL SMITH  
 VA: 23.89 V 3/5/2010 Chris Stevenson

1 Ligday, Fritz 47 BAM1 33.19 6

**Men 45-49 200 Yard Butterfly**

NATL: 1:50.73 N 12/6/2008 DENNIS BAKER  
 VA: 1:57.08 V 3/5/2010 Chris Stevenson

1 Solares, Santiago 46 UMAC 2:47.20 6  
 37.39 1:20.45 2:05.47 2:47.20

**Men 45-49 200 Yard IM**

NATL: 1:51.44 N 4/26/2015 NICOLAS GRANGER  
 VA: 2:00.26 V 5/20/2010 Chris Stevenson

1 Solares, Santiago 46 UMAC 2:41.50 6

**Men 45-49 400 Yard IM**

NATL: 4:01.32 N 4/24/2015 NICOLAS GRANGER  
 VA: 4:17.52 V 5/20/2010 Chris Stevenson

1 Solares, Santiago 46 UMAC 5:56.37 6  
 37.15 1:19.44 2:59.37  
 3:50.42 4:40.66 5:20.33 5:56.37

**Men 50-54 50 Yard Freestyle**

NATL: 21.36 N 4/29/2011 ROWDY GAINES  
 VA: 22.83 V 4/10/2016 Gregory Harris

1 Krall, Corey 50 ETM 29.63 6

**Men 50-54 200 Yard Freestyle**

NATL: 1:43.76 N 5/10/2009 ROWDY GAINES  
 VA: 1:54.59 V 4/10/2016 Gregory Harris

1 Holland, Dave 52 UC12 2:12.44 6  
 32.07 1:06.47 1:40.06 2:12.44

**Men 50-54 50 Yard Breaststroke**

NATL: 26.45 N 3/30/2014 DAVID GUTHRIE  
 VA: 28.30 V 5/10/2018 Gregory Harris

1 Krall, Corey 50 ETM 38.49 6

**Men 50-54 100 Yard IM**

NATL: 53.60 N 4/29/2017 MIKE IRVIN  
 VA: 57.04 V 5/10/2018 Gregory Harris

1 Holland, Dave 52 UC12 1:08.99 6  
 31.90 1:08.99  
 2 Krall, Corey 50 ETM 1:16.45 4  
 34.89 1:16.45

**Men 55-59 50 Yard Freestyle**

NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS  
 VA: 23.16 V 4/5/2019 Gregory Harris

1 Beristain, Nahum 58 TIDE 27.02 6  
 2 North, Dirk 59 UC12 29.68 4  
 3 Barron, Daniel 55 FAFF 32.08 3  
 4 Johnson, Peter 58 ANCM 32.43 2

**Men 55-59 100 Yard Freestyle**

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS  
 VA: 51.21 V 4/5/2019 Gregory Harris

1 Beristain, Nahum 58 TIDE 59.93 6  
 29.00 59.93

2 Ingebretsen, Carl 58 FAFF 1:04.99 4  
 31.18 1:04.99

3 Johnson, Peter 58 ANCM 1:14.57 3  
 35.31 1:14.57

4 Barron, Daniel 55 FAFF 1:14.96 2  
 36.90 1:14.96

**Men 55-59 200 Yard Freestyle**

NATL: 1:48.79 N 4/10/2010 MICHAEL MANN  
 VA: 1:56.14 V 4/5/2019 Gregory Harris

1 Johnson, Peter 58 ANCM 2:46.17 6  
 35.73 1:19.01 2:03.59 2:46.17

**Men 55-59 500 Yard Freestyle**

NATL: 4:56.82 N 4/11/2010 MICHAEL MANN  
 VA: 5:25.51 V 4/24/2009 Dave Oates

1 Gardner, Kenneth 57 VMST 8:30.58 6  
 42.63 1:31.26 2:22.52 3:14.38  
 4:07.39 5:00.16 5:53.85 6:50.48  
 7:41.19 8:30.58

**Men 55-59 50 Yard Backstroke**

NATL: 25.30 N 3/23/2019 FRITZ BEDFORD  
 VA: 27.64 V 4/28/2016 Douglas Slater

1 Ingebretsen, Carl 58 FAFF 33.23 6  
 2 Barron, Daniel 55 FAFF 42.43 4

**Men 55-59 100 Yard Backstroke**

NATL: 53.81 N 2/25/2017 STEVE WOOD  
 VA: 59.71 V 4/28/2016 Douglas Slater

1 Ingebretsen, Carl 58 FAFF 1:11.03 6  
 34.54 1:11.03

**Men 55-59 200 Yard Backstroke**

NATL: 2:03.14 N 3/31/2012 TOM BARTON  
 VA: 2:13.79 V 4/28/2016 Douglas Slater

1 Ingebretsen, Carl 58 FAFF 2:35.17 6  
 35.02 1:13.37 1:54.20 2:35.17

**Men 55-59 50 Yard Breaststroke**

NATL: 26.32 N 4/27/2019 CARLO TRAVAINI  
 VA: 29.18 V 4/5/2019 Gregory Harris

1 North, Dirk 59 UC12 34.71 6  
 2 Johnson, Peter 58 ANCM 42.52 4  
 --- Gardner, Kenneth 57 VMST DQ

**Men 55-59 100 Yard Breaststroke**

NATL: 57.95 N 5/13/2018 CARLO TRAVAINI  
 VA: 1:02.98 V 4/5/2019 Gregory Harris

1 Beristain, Nahum 58 TIDE 1:18.03 6  
 36.05 1:18.13 1:18.03  
 --- Gardner, Kenneth 57 VMST DQ

**Men 55-59 50 Yard Butterfly**

NATL: 24.00 N 5/1/2016 BRUCE KONE  
 VA: 26.34 V 4/25/2019 Doug Bergen

1 Barron, Daniel 55 FAFF 41.44 6

## Pickin' Up Steam - 9/28/2019

Estes Aquatic Center, Randolph-Macon College,, Sanction #: 129-S003

Meet Dir. - David Harmon (davidcharmon77@gmail

## Results - Session 1

**Men 55-59 100 Yard IM**

NATL: 55.09 N 4/26/2019 CARLO TRAVAINI

VA: 58.80 V 4/5/2019 Gregory Harris

1	Johnson, Peter	58	ANCM	1:27.39	6
		45.07		1:27.39	
---	Barron, Daniel	55	FAFF		DQ
		42.49			DQ

**Men 55-59 200 Yard IM**

NATL: 2:02.25 N 5/13/2018 DAVID SIMS

VA: 2:10.48 V 4/5/2019 Gregory Harris

1	Ingebretsen, Carl	58	FAFF	2:41.89	6
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**Men 60-64 50 Yard Freestyle**

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS

VA: 24.16 V 4/14/2011 Scott Kauffman

1	Denes, Thomas	62	ANCM	28.40	6
2	Bailey, Steve	61	TIDE	30.61	4

**Men 60-64 100 Yard Freestyle**

NATL: 49.14 N 5/22/2005 RICHARD ABRAHAMS

VA: 54.14 V 4/13/2018 Douglas Slater

1	Bailey, Steve	61	TIDE	1:09.63	6
		33.75		1:09.63	

**Men 60-64 200 Yard Freestyle**

NATL: 1:51.08 N 4/24/2015 RICK COLELLA

VA: 2:12.68 V 4/11/2003 Jack Schiltz

1	Bailey, Steve	61	TIDE	2:41.16	6
		37.52		1:18.84	
				2:01.97	
				2:41.16	

**Men 60-64 50 Yard Backstroke**

NATL: 26.60 N 4/7/2018 BRUCE KONE

VA: 27.69 V 3/17/2018 Douglas Slater

1	Denes, Thomas	62	ANCM	36.80	6
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**Men 60-64 50 Yard Breaststroke**

NATL: 28.30 N 2/11/2018 BRUCE KONE

VA: 31.47 V 5/15/2003 Jack Schiltz

1	Denes, Thomas	62	ANCM	42.32	6
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**Men 60-64 50 Yard Butterfly**

NATL: 24.36 N 2/10/2018 BRUCE KONE

VA: 26.99 V 4/14/2011 Scott Kauffman

1	Denes, Thomas	62	ANCM	32.12	6
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**Men 60-64 100 Yard IM**

NATL: 57.23 N 5/11/2013 RICK COLELLA

VA: 1:00.09 V 4/13/2018 Douglas Slater

1	Denes, Thomas	62	ANCM	1:18.00	6
		35.92		1:18.00	

**Men 65-69 50 Yard Freestyle**

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS

VA: 26.47 V 4/11/2008 Harry Sober

1	Burwell, Wes	65	SHYM	33.55	6
2	Miller, Jim	69	VMST	33.88	4

**Men 65-69 100 Yard Freestyle**

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMS

VA: 59.61 V 2/3/2018 Craig Bauer

1	Paushter, Stephen	68	ETM	1:10.23	6
		34.58		1:10.23	
2	Burwell, Wes	65	SHYM	1:14.78	4
		36.79		1:14.78	

**Men 65-69 200 Yard Freestyle**

NATL: 1:52.57 N 4/30/2017 RICK COLELLA

VA: 2:15.65 V 3/17/2018 Craig Bauer

1	Burwell, Wes	65	SHYM	2:48.55	6
		38.47		1:21.55	
				2:07.13	
				2:48.55	

**Men 65-69 500 Yard Freestyle**

NATL: 5:05.44 N 4/9/2017 RICK COLELLA

VA: 6:19.06 V 2/2/2019 Craig Bauer

1	Burwell, Wes	65	SHYM	7:32.83	6
		37.98		1:19.85	
				2:03.51	
				2:50.56	
				3:36.12	
				4:24.84	
				5:12.25	
				5:59.82	
				6:47.69	
				7:32.83	

**Men 65-69 100 Yard Backstroke**

NATL: 59.62 N 5/12/2013 HUGH WILDER

VA: 1:11.89 V 4/5/2019 William Wardle

1	Miller, Jim	69	VMST	1:32.87	6
		46.05		1:32.87	

**Men 65-69 200 Yard Backstroke**

NATL: 2:15.61 N 1/14/2018 LAWRENCE DAY

VA: 2:35.18 V 4/5/2019 William Wardle

1	Miller, Jim	69	VMST	3:18.39	6
		47.25		1:36.40	
				2:27.92	
				3:18.39	

**Men 65-69 50 Yard Breaststroke**

NATL: 28.88 N 5/11/2018 RICK COLELLA

VA: 35.94 V 3/17/2018 Craig Bauer

1	Paushter, Stephen	68	ETM	37.80	6
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**Men 65-69 100 Yard Breaststroke**

NATL: 1:02.75 N 4/28/2017 RICK COLELLA

VA: 1:18.36 V 4/18/2009 Warner Brundage

1	Paushter, Stephen	68	ETM	1:30.61	6
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**Men 70-74 50 Yard Freestyle**

NATL: 24.13 N 5/4/2008 JEFF FARRELL

VA: 26.96 V 4/28/2016 Hank Holswade

1	Burke, Anthony	70	UC12	37.46	6
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**Men 70-74 50 Yard Backstroke**

NATL: 29.72 N 4/26/2015 RICHARD BURNS

VA: 33.86 V 4/28/2016 Hank Holswade

1	Burke, Anthony	70	UC12	46.65	6
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**Men 70-74 50 Yard Breaststroke**

NATL: 31.70 N 4/30/2016 ROBERT STRAND

VA: 37.91 V 5/9/2013 Terry Gernstein

1	Burke, Anthony	70	UC12	49.95	6
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## Pickin' Up Steam - 9/28/2019

Estes Aquatic Center, Randolph-Macon College,, Sanction #: 129-S003

Meet Dir. - David Harmon (davidcharmon77@gmail

## Results - Session 1

**Men 70-74 200 Yard IM**

NATL: 2:24.56 N 4/13/2019 ALEK SHESTAKOV

VA: 2:58.07 V 3/29/2014 Warner Brundage

1 Harmon, David 70 ANCM 3:04.32 6

**Men 75-79 500 Yard Freestyle**

NATL: 6:03.87 N 5/8/2010 DAVID RADCLIFF

VA: 7:32.99 V 4/5/2019 Warner Brundage

--- Kelleher, Joseph 78 VMST DQ

51.41 1:54.17 2:55.96 3:59.26

5:02.96 6:05.34 7:08.19 8:08.69

9:11.77

**Men 75-79 50 Yard Backstroke**

NATL: 30.90 N 4/26/2019 RICHARD BURNS

VA: 36.23 V 4/13/2018 Harry Sober

1 Kelleher, Joseph 78 VMST 54.49 6

**Men 75-79 100 Yard Backstroke**

NATL: 1:07.31 N 4/28/2019 RICHARD BURNS

VA: 1:27.68 V 4/13/2018 Ken Novell

1 Kelleher, Joseph 78 VMST 2:03.49 6

59.55 2:03.49

**Men 75-79 200 Yard Backstroke**

NATL: 2:27.48 N 4/27/2019 RICHARD BURNS

VA: 3:04.37 V 4/5/2019 Warner Brundage

1 Kelleher, Joseph 78 VMST 4:20.47 6

1:00.07 2:08.70 3:16.63 4:20.47

**Men 75-79 200 Yard IM**

NATL: 2:35.33 N 5/17/2019 RICHARD BURNS

VA: 3:38.27 V 4/13/2018 Edward Gaulrapp

--- Kelleher, Joseph 78 VMST DQ

**Men 18+ 200 Yard Freestyle Relay**

NATL: 1:18.32 N 5/22/2010 NORTH CAROLINA

N BRUNELLI, C JONES, N WESTBY, J SKUBA

VA: 1:23.73 V 4/28/2016 1693

**K Gallagher, K Loughran, C Fay, S Glass**

1 TIDE A 1:27.33 12

1) Burton, Logan M23 2) Temple, Austin M23

3) Dean, Deion M23 4) Pierce, Harrison M23