

**LMSC of Virginia Minutes**  
Sunday, October 3, 2010, 1pm  
Gottwald Science Center, University of Richmond, VA

**Present:**

Chris Stevenson, Chair / Top Ten  
Alison Moore, Vice Chair (by teleconference)  
Dave Holland, Secretary / Long Distance  
Charlie Cockrell, Treasurer / Officials (by teleconference)  
Betsy Durrant, Newsletter Editor  
Patty Miller, Safety  
Lisa Bennett, Registrar  
Judy Martin, Sanctions  
Pam Dameron, Fitness / Quest Masters  
Laurel Davis, Blacksburg Masters (by teleconference)  
Charlie Tupitza, Warrenton Masters  
Jim Miller, VMST  
Kitten Braaten, VMST

**Old Business:**

1. Meeting called to order at 1:00pm by the Chair.
2. Minutes from Feb. 21, 2010 Teleconference Meeting were accepted with MSA. A full report of those minutes is here:  
[http://www.vaswim.org/minutes/lmsc\\_minutes\\_21feb2010.pdf](http://www.vaswim.org/minutes/lmsc_minutes_21feb2010.pdf)
3. Coaches- Jay Peluso submitted a report that summarized four initiatives completed over the past year: a stopwatches-for-coaches project, the Jim Montgomery clinic in May, Coaches Forum, and USMS 2010 SwimFest in San Diego. He recommends that now that USMS has begun a coaching certification program, that we bring a certification clinic to Virginia. Discussion ensued and Betsy will contact Mel Goldstein and try to schedule a clinic for March 2011, possibly in Warrenton. Jay's report is here:  
[http://www.vaswim.org/Reports/Coaches\\_2010\\_Report.pdf](http://www.vaswim.org/Reports/Coaches_2010_Report.pdf)
4. Top Ten- A report submitted by Chris indicated that top ten lists from 1971 to the present are now available on the USMS website. Other details can be found in his report: [http://www.vaswim.org/Reports/Top10Recorder\\_2010\\_Report.pdf](http://www.vaswim.org/Reports/Top10Recorder_2010_Report.pdf)
5. LMSC Communications- Chris and Betsy recommended a 3-person committee to oversee Communications: Webmaster, Newsletter editor, and Vice Chair. The average monthly cost of sending the printed newsletter (*The Wet Gazette*) is \$0.87 per issue, or about \$9,000.00 for the current year. Of that, the LMSC pays about \$6,000 and VMST pays about \$3,000. Electronic newsletter costs \$29.00 per month through *iContact*. It was decided that, in addition to the notice withing the electronic newsletters that those who want to opt out of receiving the paper

version may do so, Chris will send an affirmative e-mail to LMSC members specifically for the purpose of soliciting opt outs. It is anticipated that opt outs will result in cost savings for the LMSC with fewer printed newsletters. Discussion ensued about when to stop sending "LMSC e-news" emails to subscribers who do not renew their USMS membership. Kitten motioned that we stop sending newsletter after the March 2011 email broadcast. Lisa seconded and the motion was carried unanimously. Recommendations from Chris and Betsy, as well as reports about the printed newsletter, electronic newsletter, and the LMSC website, can be found here:

[http://www.vaswim.org/Reports/Communications\\_2010\\_Report.pdf](http://www.vaswim.org/Reports/Communications_2010_Report.pdf) .

6. Chair/ Vice-chair- Chris recommended that the Vice Chair take on the additional duties of being a member of both the Communications and Coaches committees.
7. LMSC minimum standards - The topic of LMSC minimum standards was introduced by the Chair. These are standards set out by USMS that have both required elements and recommended elements. The discussion of the standards led to an inquiry about event sanctioning and helping new meet directors and clubs learn how to obtain a sanction for, and run, a swim meet. Charlie suggests that we designate not only the Meet Director but also the Meet Referee as a part of the sanctioning application process. Discussion ensued about developing a sanctions checklist as a method for helping clubs and meet directors who want to host meets. Betsy Durrant and the Sanctions, Officials, and Top Ten chairs, together with some experienced meet directors, will develop the checklist. Details about LMSC minimum standards are located in the full report here: [http://www.vaswim.org/Reports/LMSC\\_Stds\\_Checklist\\_2010.pdf](http://www.vaswim.org/Reports/LMSC_Stds_Checklist_2010.pdf)
8. Treasurer- We ran a deficit this past year of \$7,394.11. Total inflows were \$19,515.84 and outflows were \$26,909.95. We had a net worth surplus of \$33,443.48 coming into the year, and we had some one-time expenses this year (clinics, promotion event) that were justified to grow and benefit our membership. Jim Miller motioned that we increase the 2011 Coaches budget line from \$1000.00 to \$2500.00. Lisa seconded and the 2011 budget was MSA'd. An amendment was put forth by Jim that the Executive Committee approve any expenditures attributable to the Coaches budget line greater than \$200.00. Charlie added another amendment that reimbursement of all expenses within our LMSC be consistent with USMS Financial Operating Guidelines. Budget and amendments were MSA'd. Budget and report are here: [http://www.vaswim.org/Reports/Treasurer\\_2010\\_Report.pdf](http://www.vaswim.org/Reports/Treasurer_2010_Report.pdf)
9. Convention- Charlie Tupitza submitted a delegate report about the recent USMS Convention in Dallas. That report is here: [http://www.vaswim.org/Reports/Convention\\_2010\\_CharlieTupitza.pdf](http://www.vaswim.org/Reports/Convention_2010_CharlieTupitza.pdf). Also, a summary of the major rule changes enacted at Convention were included in the agenda. That report is here: [http://www.vaswim.org/Reports/ImportantRuleProposals2010\\_Results.pdf](http://www.vaswim.org/Reports/ImportantRuleProposals2010_Results.pdf)
10. Sanctions- Judy submitted a written report that summarized the eight (8) events that were sanctioned in 2010, including the upcoming November 6, 2010 fall meet in Virginia Beach.

**Unfinished Business:**

1. The Executive Committee previously voted to keep the LMSC fee the same for 2011 as for 2010, including a reduced fee for 18-24 year olds. That decision was officially MSA'd.
2. Indemnification- Doug Church (USMS Legal Counsel) suggested that all LMSC's add an "indemnification clause" for officers to bylaws, to be consistent with USMS bylaws. An indemnification clause was added to our bylaws as Article III, Section 4, and that addition was MSA'd.

**New Business:**

1. The following candidates were nominated and were elected by MSA: Patty Miller (Chair), Charlie Tupitza (Vice Chair), Dave Holland (Secretary), and Charles Cockrell (Treasurer).

**Recommendations:**

**The following amendment will be added to the by-laws as Article III, Section 4:**

*Article III Miscellaneous  
Section 4: Indemnification Clause*

*Each person who is or was a director, officer or employee of the LMSC (including the heirs, executors, administrators or estate of such person) shall be indemnified by the LMSC as a division of USMS to the full extent permitted by the Nonprofit Corporation Law of the State of Ohio against any liability, cost or expense incurred in the capacity as director, officer or employee, or arising out of the status as a director, officer or employee (including serving at the request of the LMSC as a director, trustee, officer, employee or agent of another not-for-profit organization).*

**Meeting Adjourned by Chair at 3:16 pm.**

**Summary of Actions:**

1. **Betsy Durrant to contact Mel Goldstein to coordinate a coaching certification clinic in Virginia in March, 2011, possibly in Warrenton.**
2. **Establishment of "Communications Committee" comprised of 3 people: Vice Chair, Webmaster, and Newsletter Editor.**
3. **Chris Stevenson to send an e-mail communication to all LMSC members letting them know about the choice of opting out of receiving the printed newsletter.**
4. **Subscribers who do not renew USMS membership in 2011 will receive their final LMSC e-news in March.**
5. **A sanctions checklist will be developed by Betsy Durrant, Sanctions, Top Ten, and Officials Chair, together with Meet Directors, to assist clubs in hosting meets.**
6. **2011 Budget was accepted as proposed, with three amendments:**
  - a. **Coaches expenditures increased from \$1000.00 to \$2500.00.**

- b. Executive Committee to approve any coaching expenses greater than \$200.00.**
  - c. LMSC reimbursements to be consistent with USMS Financial Operating Guidelines.**
- 7. Indemnification Clause added to LMSC bylaws to be consistent with USMS.**
- 8. New slate of officers were seated for two-year terms: Patty Miller (Chair), Charlie Tupitza (Vice Chair), Dave Holland (Secretary), and Charles Cockrell (Treasurer).**

Minutes submitted electronically by Dave Holland, Secretary, on October 4, 2010