

The Wet Gazette

The LMSC for Virginia – Serving Swimmers in Virginia And West Virginia
February 15, 2017

LCM 2016 Season Wrap-Up

Chris Stevenson, December 13, 2016

The final Top 10 lists for the 2016 long-course meters season (LCM16) have been published. The season ran from Oct 1, 2015 thru Sept 30, 2016.

Swimmers from our LMSC did well: **59 ranked individual swims and 2 ranked relays**. There were 13 swimmers who had at least one Top 10 swim; **Kelly Parker Palace** led the way with 11 ranked swims, followed by impressive performances by **Beth Schreiner** (7 swims), **Barbara Boslego** and **Johnnie Detrick** (6 each). There were four swimmers who had at least one top-ranked swim in an individual event: Beth and Johnnie were #1 in six of their swims, while Kelly (5), and **Amalia Kobelja** (2) were also tops in at least one event. Congratulations to these fine swimmers and everyone else who was on the list!

The **LMSC record book** was also re-written in the past season: **44 new individual records** were set, led by Kelly with 13 records, while Beth and **David Malsbury** also impressed with five new marks apiece. Kelly also set six new Colony Zone records, while Johnnie, Amalia and Beth also set at least one new zone record this season. There were also **2 new relay records**, both set by VMST.

The mythical national championship rankings are based on scoring the Top 10 swims by zone, LMSC or club. As an LMSC, Virginia was ranked 17th out of the 52 LMSCs. At the club level, VMST was ranked 26th out of more than

270 clubs that had swimmers in the Top 10. Wow!

Congratulations to everyone on a great season! Go to page 6 for a list of Virginia swimmers in the Top Ten.

New LC Meet Scheduled for Virginia Beach

TIDE Swimming is planning to host a long course meet. The tentative date is Saturday, June 17. The first of the ocean swims sponsored by the Virginia Beach lifeguards is scheduled for Sunday, June 18. TIDE wants to be sure the meet and ocean swim are not on the same day, but on the same weekend. The meet will be at the new YMCA pool located near the city Athletic Complex and the Amphitheater. This is a new 50 meter outdoor pool.

We have very few LC opportunities in Virginia. It is important to support this meet so we will have this event in the future. Complete information will be in the March or April newsletter.





If you need an entry and do not have access to email, call me and I will send you an entry.
Betsy

Jan-Feb: One Hour ePostal Championship.
Actual entry and split sheets are at www.usms.org.

Feb 26: SCY in Greensboro, NC

Mar 5: Maryland Masters Winter Distance Meet in Baltimore.

Mar 18: Club Tribe Classic, Williamsburg
Entry was in the January newsletter.

Mar 19: RCA Meet in Lexington
Meet Director Craig Charley has confirmed the date, but the entry is not yet available. Contact: ccharley9@hotmail.com

Apr 7-9: Colonies Zone SCY Championships
George Mason University, Fairfax, VA

Apr 27-30: USMS SCY Nationals in
Riverside, Ca.

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Please note new address, new phone number, and new email. Betsy

HAVE YOU RENEWED YOUR USMS MEMBERSHIP FOR 2017??

Graphics from www.swimgraphics.com



LMSC for Virginia Website:
www.vaswim.org

USMS Website: www.usms.org

Nearby LMSCs

North Carolina: www.ncmasters.org

Maryland: www.maryland@usms.org

Potomac Valley: www.PVMasters.org

Colonies Zone: www.ColoniesZone.org

Dixie Zone: www.DixieZone.org

ONLINE Meet Registrations:

www.clubassistant.com

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Records and Top Ten: Chris Stevenson
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David Gregg Meet Report

Chris Stevenson
February 5, 2017

The David Gregg III Memorial meet was held Feb 4-5 in Richmond. There were 103 swimmers entered in the meet, and lots of fast swimming was in evidence! The **results have been uploaded** to the USMS database and posted on our website. **We have photos**, too!

There were **three national records** set during the meet: **Shirley Loftus-Charley** in the 65-69 Women's 200 butterfly, **Kelly Parker Palace** in the 55-59 Women's 1000 freestyle, and the VMST relay of **Kathy Umbdenstock, Marcia Barry, Barbara Boslego, and Shirley Loftus-Charley** set a new standard in the 65+ Women's 200 medley relay. Kelly's record was set as a split in the 1650, with all the age-group swimmers (there to help with the meet) lining up along the edge of the pool to cheer her home. There were 12 new **LMSC records** set, as well, 12 individual and 2 relay marks. Shirley led the way with six new records, while **Rachel Nelson** and **Brent Holsten** were also impressive with two new records apiece.

We had some new awards this year as well. The following swimmers took home gift baskets lovingly put together by Heather:

- The **Sprinter award** went to the swimmers with the lowest cumulative time in the four 50 events. **Greg Harris** and **Rachel Nelson** showed their fast-twitch mastery of the short distances in claiming these awards.

- The **Middle Distance award** went to the swimmer with the lowest cumulative time in any four distinct 200s. **Shirley Loftus-Charley** won the women's award, while no man was tough enough to attempt it. (Shirley, by the way, entered *every single event* that was 200 yards or longer. Yikes!)
- The **Distance award** went to the swimmers with the lowest cumulative time in the 500, 1000 and 1650 freestyles; these went to **George Sushkoff** and **Charlotte Hollings**.

We also had high point trophies given to the swimmers with the most overall points scored in the meet. These will be mailed to the winners, who were **Shirley Loftus-Charley** and **Mathew Bickley**.

Kudos to all those swimmers who made it to the meet, we hope you enjoyed it. And thanks to all the officials and volunteers who made it possible.

Photos from the Meet

Alena Calderson Guthe and Dana MacCorgoodale from TIDE





Jane Lucas also of TIDE



Woodlake swimmers: Barbara Hichak and Amy Cook. Woodlake is a new team in Midlothian.

**ACAC of Charlottesville →
Kathryn Stephenson, Polly McConnell,
Ken Nail, Pat Thackstone (rear)**

**Stephen Holmes of Peluso Masters and
Erica Sena of Midlothian Athletic Club**



Victoria Nichols, new member of VMST



More Meet Photos



Nancy Miller was the meet director for this meet until last year when she turned it over to Heather and Chris Stevenson. Nancy was still working at the meet as an official.



↑ NOVA Coach Mark Kutz and
LMSC Vice Chair Val Van Horn Pate

↓ Kathy Umdenstock, VMST, a member of the
National Record Relay



←
Kurt Clear, LMSC Chair and Alice Phillips,
LMSC Secretary

2016 USMS Top 10 LCM for Virginia LMSC

Place	Age Grp	Event	Name	Age	Club	Time
1	W18-24	50 Free	Amalia K Kobelja	24	URMS	26.75M
3	W18-24	100 Free	Amalia K Kobelja	24	URMS	58.96M
1	W18-24	100 Breast	Amalia K Kobelja	24	URMS	1:12.42M
7	W40-44	800 Free	Jessica M Lehman	40	UC12	11:12.06M
6	W40-44	1500 Free	Jessica M Lehman	40	UC12	21:27.27M
8	W40-44	200 Breast	Jessica M Lehman	40	UC12	3:26.75M
3	W40-44	200 Fly	Jessica M Lehman	40	UC12	2:57.21M
7	W40-44	400 IM	Jessica M Lehman	40	UC12	6:07.55M
2	W55-59	100 Free	Kelly Parker Palace	55	VMST	1:06.16M
2	W55-59	200 Free	Kelly Parker Palace	55	VMST	2:23.56M
1	W55-59	400 Free	Kelly Parker Palace	55	VMST	4:59.94M
1	W55-59	800 Free	Kelly Parker Palace	55	VMST	10:18.29M
3	W55-59	1500 Free	Kelly Parker Palace	55	VMST	19:29.84M
3	W55-59	200 Back	Kelly Parker Palace	55	VMST	2:52.33M
2	W55-59	100 Breast	Kelly Parker Palace	55	VMST	1:31.62M
1	W55-59	200 Breast	Kelly Parker Palace	55	VMST	3:15.38M
9	W55-59	100 Fly	Kelly Parker Palace	55	VMST	1:25.39M
1	W55-59	200 IM	Kelly Parker Palace	55	VMST	2:49.48M
1	W55-59	400 IM	Kelly Parker Palace	55	VMST	6:01.36M
9	W65-69	100 Back	Barbara E Boslego	65	VMST	1:42.44M
7	W65-69	200 Back	Barbara E Boslego	65	VMST	3:38.92M
6	W65-69	50 Breast	Barbara E Boslego	65	VMST	46.80M
5	W65-69	100 Breast	Barbara E Boslego	65	VMST	1:47.18M
3	W65-69	200 Breast	Barbara E Boslego	65	VMST	3:57.56M
5	W65-69	200 IM	Barbara E Boslego	65	VMST	3:36.61M
10	W70-74	200 Breast	Susan E Marens	74	VMST	4:42.46M
1	W75-79	50 Free	Beth Schreiner	75	VMST	38.62M
1	W75-79	100 Free	Beth Schreiner	75	VMST	1:32.05M
1	W75-79	200 Free	Beth Schreiner	75	VMST	3:22.70M
2	W75-79	400 Free	Beth Schreiner	75	VMST	7:16.13M
1	W75-79	50 Back	Beth Schreiner	75	VMST	48.01M
1	W75-79	100 Back	Beth Schreiner	75	VMST	1:51.49M
1	W75-79	200 Back	Beth Schreiner	75	VMST	3:56.43M
1	W80-84	50 Free	Johnnie Detrick	81	VMST	39.51M
1	W80-84	100 Free	Johnnie Detrick	81	VMST	1:39.46M
1	W80-84	200 Free	Johnnie Detrick	81	VMST	3:55.47M
1	W80-84	50 Breast	Johnnie Detrick	81	VMST	58.45M
1	W80-84	50 Fly	Johnnie Detrick	81	VMST	1:06.24M
1	W80-84	200 IM	Johnnie Detrick	81	VMST	4:40.30M
8	M18-24	100 Free	Kevin Mastracci	20	UC12	56.33M
3	M18-24	100 Back	Kevin Mastracci	20	UC12	1:05.47M
10	M25-29	50 Free	David A Dent	25	WVM	24.04M
8	M25-29	100 Free	David A Dent	25	WVM	54.41M
8	M25-29	200 Free	David A Dent	25	WVM	2:06.06M
4	M35-39	100 Fly	Adam S Barley	35	VTAC	1:00.42M

3	M35-39	200 Fly	Adam S Barley	35	VTAC	2:17.50M
2	M35-39	200 IM	Adam S Barley	35	VTAC	2:19.26M
2	M35-39	400 IM	Adam S Barley	35	VTAC	4:59.16M
7	M50-54	100 Free	Gregory Harris	53	VMST	58.60M
4	M50-54	50 Breast	Gregory Harris	53	VMST	33.36M
6	M50-54	100 Breast	Gregory Harris	53	VMST	1:17.11M
3	M50-54	200 IM	Gregory Harris	53	VMST	2:27.77M
3	M50-54	400 IM	Gregory Harris	53	VMST	5:29.67M
3	M55-59	50 Back	David B Malsbury	55	VMST	32.01M
4	M55-59	100 Back	David B Malsbury	55	VMST	1:11.23M
8	M55-59	200 Back	David B Malsbury	55	VMST	2:42.68M
7	M55-59	50 Breast	David B Malsbury	55	VMST	34.05M
4	M65-69	200 Fly	John W Mccorkle	65	VMST	3:15.49M
7	M65-69	400 IM	John W Mccorkle	65	VMST	6:41.01M

2016 USMS Top 10 LCM Relays for Virginia LMSC

Place	Age Group	Event	Swimmers	Age	Team	Time
8	M240-279	800 Free	James W Slaughter	71	VMST	13:03.24M
			Ralph B Swiger	60		
			James M Farmer	49		
			Bryan Stone (60)	60		
2	W280-319	400 Free	Barbara E Boslego	65	VMST	6:49.59M
			Johnnie Detrick	81		
			Susan E Marens	74		
			Beth Schreiner	75		

See back page for information on the Club Tribe

Meet in Williamsburg on March 18.						
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Local Masters Swim Committee Newsletter
Betsy Durrant, Editor
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Remember the Club Tribe Meet on Saturday, March 18!

William & Mary Rec Center Pool. Warm-Up at 2:00 pm. Meet starts at 3:00 pm.
Entry deadline is Tuesday, March 14. Paper entry was in the January newsletter. Online entries are preferred. Enter at: ClubAssistant.com.
Meet Director: Kyle Ahlgren, clubtribealumni@gmail.com.

Entry fees: \$8 per event plus an \$12 facility fee. Deck entries will be accepted at the discretion of the meet director at \$10 per event.

The **1000 Freestyle** is limited to the first 12 entries received. Positive in-person check-in is required by 2:45 pm on meet day. Those who missed the 12 swimmer cut-off may place themselves on a first-come, first-served wait list upon arriving at the meet. Those on the wait list who are able to swim will the \$8 entry fee. The final 1000 Free heat sheets will be posted by 3:15 pm. W&M varsity swimmers will serve as lap counters.

Psych Sheets, Heat Sheets and Results will be posted at www.vaswim.org and will be sent by email to meet registrants. Heat Sheets will be emailed by Friday, March 17, and will be posted at multiple locations on the pool deck. (Editor: It's probably a good idea to print your own heat sheet, if possible.)