

LCM Colonies Zone Records set in 2010

Age Group	Gender	Course	Event	Time	Nat'l?	WR?	Name	LMSC	Club	Year Set
60-64	Women	LCM	200 IM	3:15.01	FALSE	FALSE	Christie Hayes	Connecticut	CONN	2010
45-49	Women	LCM	200 fly	2:43.59	FALSE	FALSE	Laurie Hug	Delaware Valley	1776	2010
55-59	Women	LCM	50 back	38.03	FALSE	FALSE	Janet Bright	Delaware Valley	1776	2010
55-59	Women	LCM	100 breast	1:29.85	FALSE	FALSE	Janet Bright	Delaware Valley	1776	2010
55-59	Women	LCM	200 breast	3:15.73	FALSE	FALSE	Janet Bright	Delaware Valley	1776	2010
18-24	Men	LCM	1500 free	17:07.87	TRUE		Peter Galan	Maryland	TERR	2010
18-24	Men	LCM	400 IM	4:44.53	TRUE		Peter Galan	Maryland	TCYS	2010
45-49	Men	LCM	200 IM	2:14.90	TRUE	TRUE	Jerome Frentsos	Maryland	UNAT	2010
45-49	Men	LCM	400 IM	4:47.65	TRUE	TRUE	Jerome Frentsos	Maryland	UNAT	2010
25-29	Women	LCM	100 free	59.10	FALSE	FALSE	Amy Jones	Metropolitan	AGUA	2010
40-44	Women	LCM	50 back	32.11	FALSE	FALSE	Fall Willeboordse	Metropolitan	AQUA	2010
40-44	Women	LCM	200 breast	2:53.75	FALSE	FALSE	Fall Willeboordse	Metropolitan	AQUA	2010
40-44	Women	LCM	200 IM	2:31.91	FALSE	FALSE	Fall Willeboordse	Metropolitan	AQUA	2010
55-59	Women	LCM	50 free	29.94	FALSE	FALSE	Jacki Hirsty	New England	NEM	2010
55-59	Women	LCM	100 free	1:06.97	FALSE	FALSE	Jacki Hirsty	New England	NEM	2010
60-64	Women	LCM	50 back	37.92	FALSE	FALSE	Diann Uustal	New England	MESC	2010
60-64	Women	LCM	100 back	1:23.63	FALSE	FALSE	Diann Uustal	New England	MESC	2010
60-64	Women	LCM	200 back	3:07.36	FALSE	FALSE	Diann Uustal	New England	MESC	2010
60-64	Women	LCM	50 fly	34.83	FALSE	FALSE	Diann Uustal	New England	MESC	2010
45-49	Men	LCM	50 free	25.22	FALSE	FALSE	Scott Carpenter	New Jersey	JAM	2010
45-49	Men	LCM	50 fly	26.88	FALSE	FALSE	Scott Carpenter	New Jersey	JAM	2010
45-49	Women	LCM	50 breast	37.48	FALSE	FALSE	Laurie DiTommaso	New Jersey	GSM	2010
65-69	Men	LCM	50 back	36.61	FALSE	FALSE	Richard Alexander	New Jersey	GSM	2010
80-84	Men	LCM	50 back	46.71	FALSE	FALSE	Frank Manheim	Potomac Valley	RMST	2010
80-84	Men	LCM	200 IM	4:09.72	FALSE	FALSE	Frank Manheim	Potomac Valley	RMST	2010
30-34	Men	LCM	100 fly	55.67	FALSE	FALSE	Matt Haupt	Virginia	SNOW	2010
30-34	Men	LCM	200 fly	2:03.76	TRUE	TRUE	Matt Haupt	Virginia	SNOW	2010
55-59	Women	LCM	800 free	10:54.51	FALSE	FALSE	Shirley Loftus-Charley	Virginia	VMST	2010
55-59	Women	LCM	1500 free	20:31.89	FALSE	FALSE	Shirley Loftus-Charley	Virginia	VMST	2010
60-64	Women	LCM	200 free	2:42.47	FALSE	FALSE	Terry Sue Gault	Virginia	VMST	2010
60-64	Women	LCM	400 free	5:42.62	FALSE	FALSE	Terry Sue Gault	Virginia	VMST	2010
60-64	Women	LCM	800 free	11:42.09	FALSE	FALSE	Terry Sue Gault	Virginia	VMST	2010
60-64	Women	LCM	1500 free	22:09.84	FALSE	FALSE	Terry Sue Gault	Virginia	VMST	2010
60-64	Women	LCM	100 fly	1:25.58	FALSE	FALSE	Terry Sue Gault	Virginia	VMST	2010
75-79	Women	LCM	50 free	38.14	FALSE	FALSE	Johnnie Detrick	Virginia	VMST	2010
75-79	Women	LCM	100 free	1:32.24	FALSE	FALSE	Johnnie Detrick	Virginia	VMST	2010
75-79	Women	LCM	50 breast	55.47	FALSE	FALSE	Johnnie Detrick	Virginia	VMST	2010
75-79	Women	LCM	100 breast	2:03.34	FALSE	FALSE	Johnnie Detrick	Virginia	VMST	2010
75-79	Women	LCM	200 breast	4:29.13	FALSE	FALSE	Johnnie Detrick	Virginia	VMST	2010
75-79	Women	LCM	200 IM	4:11.94	FALSE	FALSE	Johnnie Detrick	Virginia	VMST	2010