

## New LCM Records in 2011 for VA LMSC

Age Group	Gender	Course	Event	Time	WR, ZR	Name	Meet	Date Set
55-59	Women	LCM	50 Breast	42.55		Lisa Bennett	Waynesboro LCM Meet	9/10/11
55-59	Women	LCM	100 Breast	1:33.25		Lisa Bennett	Waynesboro LCM Meet	9/10/11
55-59	Women	LCM	50 Back	40.67		Nancy Betts	USMS National Championship	8/3/11
65-69	Men	LCM	50 Breast	42.64		James Davis	DCRP Hains Point LCM	7/17/11
65-69	Men	LCM	100 Breast	1:41.76		James Davis	DCRP Hains Point LCM	7/17/11
70-74	Women	LCM	1500 Free	29:52.17		Betsy Durrant	Terrapin Cup	8/20/11
70-74	Women	LCM	50 Breast	50.83	<b>ZR</b>	Betsy Durrant	USMS National Championship	8/3/11
70-74	Women	LCM	100 Breast	2:01.35	<b>ZR</b>	Betsy Durrant	USMS National Championship	8/3/11
30-34	Men	LCM	50 Free	25.07		Billy Gaines	USMS National Championship	8/3/11
30-34	Men	LCM	200 Free	1:59.52		Billy Gaines	USMS National Championship	8/3/11
30-34	Men	LCM	400 Free	4:21.51		Billy Gaines	USMS National Championship	8/3/11
30-34	Men	LCM	800 Free	9:10.94		Billy Gaines	USMS National Championship	8/3/11
30-34	Men	LCM	400 IM	5:31.86		Pieter De Hart	DCRP Hains Point LCM	7/17/11
25-29	Women	LCM	200 Free	2:17.74		Kate Hibbard	USMS National Championship	8/3/11
25-29	Women	LCM	100 Back	1:11.39		Kate Hibbard	USMS National Championship	8/3/11
25-29	Women	LCM	200 Back	2:34.35		Kate Hibbard	USMS National Championship	8/3/11
25-29	Women	LCM	200 IM	2:34.68		Kate Hibbard	USMS National Championship	8/3/11
40-44	Men	LCM	800 Free	9:48.57		Dave Holland	USMS National Championship	8/3/11
40-44	Men	LCM	400 IM	5:09.89		Dave Holland	USMS National Championship	8/3/11
60-64	Women	LCM	100 Free	1:16.07		Shirley Loftus-Charley	Waynesboro LCM Meet	9/10/11
60-64	Women	LCM	400 Free	5:32.20	<b>ZR</b>	Shirley Loftus-Charley	Waynesboro LCM Meet	9/10/11
60-64	Women	LCM	800 Free	11:22.22	<b>ZR</b>	Shirley Loftus-Charley	Waynesboro LCM Meet	9/10/11
60-64	Women	LCM	1500 Free	21:25.50	<b>ZR</b>	Shirley Loftus-Charley	Waynesboro LCM Meet	9/10/11
60-64	Women	LCM	200 Breast	3:39.22		Shirley Loftus-Charley	Waynesboro LCM Meet	9/10/11
75-79	Men	LCM	100 Fly	2:14.77		Owen Maher	Waynesboro LCM Meet	9/10/11
50-54	Men	LCM	50 Free	27.71		David Malsbury	USMS National Championship	8/3/11
50-54	Men	LCM	50 Back	31.29		David Malsbury	USMS National Championship	8/3/11
50-54	Men	LCM	50 Breast	34.48		David Malsbury	USMS National Championship	8/3/11
25-29	Women	LCM	100 Fly	1:10.12		Danielle Myers	USMS National Championship	8/3/11
50-54	Women	LCM	100 Free	1:05.83		Kelly Parker Palace	Bumpy Jones Int'l Classic	6/10/11
50-54	Women	LCM	200 Free	2:20.53	<b>ZR</b>	Kelly Parker Palace	Bumpy Jones Int'l Classic	6/10/11
50-54	Women	LCM	400 Free	4:58.07	<b>ZR</b>	Kelly Parker Palace	USMS National Championship	8/3/11
50-54	Women	LCM	800 Free	10:10.10	<b>ZR</b>	Kelly Parker Palace	USMS National Championship	8/3/11
50-54	Women	LCM	1500 Free	19:22.55	<b>ZR</b>	Kelly Parker Palace	Florida Senior Championship	7/21/11

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Age Group	Gender	Course	Event	Time	WR, ZR	Name	Meet	Date Set
50-54	Women	LCM	50 Back	37.36		Kelly Parker Palace	USMS National Championship	8/3/11
50-54	Women	LCM	100 Back	1:21.77		Kelly Parker Palace	USMS National Championship	8/3/11
50-54	Women	LCM	200 Back	2:55.74		Kelly Parker Palace	USMS National Championship	8/3/11
50-54	Women	LCM	200 IM	2:54.44	<b>ZR</b>	Kelly Parker Palace	St. Pete Masters Champs	7/9/11
50-54	Women	LCM	400 IM	6:08.20		Kelly Parker Palace	St. Pete Masters Champs	7/9/11
70-74	Women	LCM	50 Free	35.22	<b>ZR</b>	Beth Schreiner	USMS National Championship	8/3/11
70-74	Women	LCM	200 Free	3:12.95		Beth Schreiner	USMS National Championship	8/3/11
70-74	Women	LCM	400 Free	6:48.84		Beth Schreiner	Terrapin Cup	8/20/11
70-74	Women	LCM	800 Free	14:02.60		Beth Schreiner	Terrapin Cup	8/20/11
70-74	Women	LCM	100 Back	1:44.09		Beth Schreiner	Terrapin Cup	8/20/11
75-79	Men	LCM	100 Breast	2:09.14		Richard Scott	Maryland Masters Summer LCM	8/13/11
75-79	Men	LCM	400 IM	9:49.76		Richard Scott	Terrapin Cup	8/20/11
45-49	Men	LCM	200 Back	2:15.83	<b>ZR, WR</b>	Chris Stevenson	USMS National Championship	8/3/11
45-49	Men	LCM	50 Fly	26.66		Chris Stevenson	USMS National Championship	8/3/11
45-49	Men	LCM	200 Fly	2:18.08	<b>ZR</b>	Chris Stevenson	USMS National Championship	8/3/11
200-239	Mixed	LCM	200 Medley Relay	2:12.93		Parker Palace, Malsbury, Stevenson, Betts	USMS National Championship	8/3/11
160-199	Men	LCM	200 Free Relay	1:43.79		Gaines, Holland, Malsbury, Stevenson	USMS National Championship	8/3/11