

### LMSC Records

Age Group	Gender	Course	Event	Time	Name	Meet	Date Set
45-49	Men	LCM	200 free	2:01.76	Chris Stevenson	USMS Nationals LCM	8/6/09
45-49	Men	LCM	400 free	4:21.26	Chris Stevenson	USMS Nationals LCM	8/6/09
45-49	Men	LCM	50 back	28.44	Chris Stevenson	USMS Nationals LCM	8/6/09
45-49	Men	LCM	100 back	1:00.55	Chris Stevenson	USMS Nationals LCM	8/6/09
45-49	Men	LCM	200 back	2:14.01	Chris Stevenson	VSI Senior Champs	7/24/09
45-49	Men	LCM	100 fly	59.10	Chris Stevenson	USMS Nationals LCM	8/6/09
50-54	Women	LCM	50 free	31.61	Lisa Bennett	DCRP Hains Point LCM	7/19/09
50-54	Women	LCM	100 free	1:10.25	Lisa Bennett	DCRP Hains Point LCM	7/19/09
55-59	Women	LCM	50 free	33.69	Kathy Umbdenstock	DCRP Hains Point LCM	7/19/09
65-69	Women	LCM	50 free	34.54	Beth Schreiner	USMS Nationals LCM	8/6/09
65-69	Women	LCM	200 free	2:59.26	Beth Schreiner	USMS Nationals LCM	8/6/09
65-69	Women	LCM	400 free	6:48.88	Betsy Durrant	DCRP Hains Point LCM	7/19/09
65-69	Women	LCM	1500 free	27:08.62	Betsy Durrant	USMS Nationals LCM	8/6/09
65-69	Men	LCM	400 IM	7:19.90	Art Wolfe	[USMS Top 10]	12/31/09
70-74	Women	LCM	1500 free	31:52.86	Barbara Zaremski	[USMS Top 10]	12/31/09
70-74	Women	LCM	200 back	3:53.13	Laura Walker	USMS Nationals LCM	8/6/09
80-84	Women	LCM	100 free	2:03.71	Jeanne Meredith	USMS Nationals LCM	8/6/09
80-84	Women	LCM	200 free	4:32.02	Jeanne Meredith	USMS Nationals LCM	8/6/09
80-84	Women	LCM	400 free	9:21.13	Jeanne Meredith	USMS Nationals LCM	8/6/09
80-84	Women	LCM	800 free	19:04.31	Jeanne Meredith	USMS Nationals LCM	8/6/09
85-89	Women	LCM	50 breast	1:15.40	Marianna Berkley	USMS Nationals LCM	8/6/09
85-89	Women	LCM	100 breast	2:52.71	Marianna Berkley	USMS Nationals LCM	8/6/09
85-89	Women	LCM	200 breast	6:16.17	Marianna Berkley	USMS Nationals LCM	8/6/09
85-89	Women	LCM	200 IM	6:20.13	Marianna Berkley	USMS Nationals LCM	8/6/09