

LCM Relays VA LMSC Records

Age Group	Event	Women					
		Time	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year Set
72-99	200 free	2:20.11	Rebecca Miller	Michele Vitello	Sharon Petit	Elissa Louden	2000
100-119	200 free	2:03.94	Syril Pettit	Karen Holloway	Violetta Schlesinger	Lynne Martin	2000
120-159	200 free	2:01.35	Molly Dean	Karen Ford	Cheryl Conlin	Paula Jones	2000
160-199	200 free	1:59.88	Kelly Parker	Beth Baker	Kitten Braaten	Trish Seubert	2002
200-239	200 free	2:07.49	Terry Sue Gault	Susan Skiff	Johnnie Detrick	Beth Baker	2000
240-279	200 free	2:21.40	Beth Schreiner	Barbara Zaremski	Joann Leilich	Lisa Bennett	2004
280-319	200 free	2:50.59	Betsy Durrant	Johnnie Detrick	Lucille Griffin	Barbara Zaremski	2008
320-359	200 free	3:27.23	Barbara Zaremski	Terry Sokolik	Marianna Berkley	Jeanne Meredith	2009
72-99	400 free						
100-119	400 free						
120-159	400 free						
160-199	400 free	6:38.46	Theresa Krause	Sydney Bowers	Kerry Ogata	Eileen Span	2005
200-239	400 free	6:15.04	Laura Walker	Betsy Durrant	Bronwyn Lewis	Debbie Jaeger	2006
240-279	400 free	6:42.37	Susan Marens	Judy Martin	Debbie Jaeger	Lucille Griffin	2008
280-319	400 free	5:53.62	Barbara Zaremski	Beth Schreiner	Laura Walker	Betsy Durrant	2009
320-359	400 free						
72-99	800 free						
100-119	800 free						
120-159	800 free						
160-199	800 free	10:55.23	Betsy Durrant	Kitten Braaten	Bonnie Kestner	Kelly Parker	
200-239	800 free						
240-279	800 free	14:37.90	Debbie Jaeger	Pearl Cox	Susan Henley	Betsy Durrant	2006
280-319	800 free	13:30.94	Betsy Durrant	Laura Walker	Barbara Zaremski	Beth Schreiner	2009
320-359	800 free						
72-99	200 medley	2:34.12	Rebecca Miller	Michele Vitello	Karen Holloway	Syril Pettit	2000
100-119	200 medley	2:17.23	Debbie Sloan	Lisa Bennett	Val Van Horn	Clai Bolek	
120-159	200 medley	2:13.54	Caycee Buscaglia	Violette Schlesinger	Alice Phillips	Paula Jones	2000
160-199	200 medley	2:18.33	Lauren Hasselquist	Patricia Powis	Wendy Weil	Lisa Bennett	2000
200-239	200 medley	2:25.82	Beth Baker	Nancy Miller	Susan Skiff	Johnnie Detrick	2000
240-279	200 medley	2:38.70	Barbara Zaremski	Patricia Miller	Terry Sue Gault	Beth Schreiner	2006
280-319	200 medley	3:48.47	Susan Henley	Betsy Durrant	Ida Hlavacek	Barbara Zaremski	2008
320-359	200 medley						
72-99	400 medley						
100-119	400 medley						
120-159	400 medley						
160-199	400 medley						
200-239	400 medley	7:31.59	Debbie Jaeger	Rosanna McMillan	Susan Marens	Judy Martin	2007
240-279	400 medley	6:53.50	Judy Martin	Betsy Durrant	Shirley Loftus-Charl	Laura Walker	2010
280-319	400 medley	7:01.96	Barbara Zaremski	Betsy Durrant	Lucille Griffin	Johnnie Detrick	2008
320-359	400 medley						

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Age Group	Event	Men					Year Set
		Time	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	
72-99	200 free	1:50.36	James Miller	John Facciola	Matt Cofsky	Dave Holland	2000
100-119	200 free						
120-159	200 free	1:43.37	Andrew Gale	Dave Holland	Frank Byskov	John Tudor	2002
160-199	200 free	1:44.91	Dave Holland	David Malsbury	Cyle Sage	Eric Cornell	2006
200-239	200 free	1:49.57	Jack Schlitz	Warner Brundage	Louis Tudor	John Tudor	2000
240-279	200 free	2:19.33	James Davis	Harry Sober	Ralph Swiger	Bill Nelson	2010
280-319	200 free	2:44.32	Harry Howell	Norman Rainer	Chuck Wilmore	Howard Butts	2000
320-359	200 free						
72-99	400 free						
100-119	400 free						
120-159	400 free						
160-199	400 free	4:25.87	Billy Gaines	Clifford Arnold	Kirk Clear	Chris Stevenson	2010
200-239	400 free						
240-279	400 free	5:44.14	Ralph Swiger	Bill Nelson	James Davis	Edward Gaulrapp	2010
280-319	400 free	6:50.46	Clay Beall	Thomas Lyons, Jr.	Owen Maher	Richard Cheadle	2008
320-359	400 free						
72-99	800 free						
100-119	800 free						
120-159	800 free						
160-199	800 free						
200-239	800 free	11:03.52	Tom Woods	Ralph Swiger	Sandy Galletly	Chris Stevenson	2009
240-279	800 free						
280-319	800 free	13:47.19	James Davis	Edward Gaulrapp	Ken Novell	Calvin Barnes	2010
320-359	800 free						
72-99	200 medley	2:08.67	Matt Cofsky	John Facciola	Domenic Scotty	James Miller	2000
100-119	200 medley	2:03.87	Mark Gill	Charles Cockrell	Ry Beville	George Sushkoff	
120-159	200 medley	1:58.00	Andrew Gale	Frank Byskov	Dave Holland	John Tudor	2002
160-199	200 medley	1:53.25	Chris Stevenson	David Malsbury	Dave Holland	Eric Cornell	2006
200-239	200 medley	2:06.56	William Bacon	Warner Brundage	Louis Tudor	David Hefner	2000
240-279	200 medley	2:31.90	Forrest Sullivan	Jack Schlitz	Mark Sheridan	Carl Russ	2002
280-319	200 medley	3:03.31	Forest Sullivan	Norman Rainer	Edward Gaulrapp	Harry Howell	2000
320-359	200 medley						
72-99	400 medley						
100-119	400 medley						
120-159	400 medley						
160-199	400 medley	6:40.32	Todd Goins	Ralph Swiger	Lee Lewis	Richard Cheadle	2006
200-239	400 medley						
240-279	400 medley	7:07.80	Ralph Swiger	Rich Scott	Edward Gaulrapp	Harry Sober	2008
280-319	400 medley	7:25.02	Niel Sween	Richard Durham	Owen Maher	Ken Novell	2010
320-359	400 medley						

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Age Group	Event	Mixed					Year Set
		Time	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	
72-99	200 free	2:01.49	Rebecca Miller	James Miller	Raisa Loboda	Dominic Scotty	2000
100-119	200 free						
120-159	200 free	1:51.05	Mark Gill	Debbie Jaeger	Eric Cornell	Alice Phillips	2004
160-199	200 free	1:46.58	John Tudor	Louis Tudor	Alice Phillips	Beth Baker	2000
200-239	200 free	2:00.29	Lisa Bennett	Tracy Hernlen	Terry Sue Gault	Jeffrey Krongaard	2004
240-279	200 free	2:01.24	Patricia Miller	John Calvert	Cyle Sage	Terry Sue Gault	2006
280-319	200 free	2:42.84	Barbara Zaremski	Richard Briesemeister	Sandy Galletly	Marcia Barry	2010
320-359	200 free						
72-99	400 free						
100-119	400 free	5:55.74	Martin Hosek	Wai Angel Ling	Enette Ngoei	Jose-Luis Gallagher	2008
120-159	400 free	4:28.95	Bonnie Kestner	Jim Miller	Cheryl Conlin	Jim McFarland	
160-199	400 free						
200-239	400 free	6:02.40	Ralph Swiger	Debbie Jaeger	Bronwyn Lewis	Richard Cheadle	2006
240-279	400 free	5:51.04	Tom Woods	Kitten Braaten	Jeanne Meredith	Chris Stevenson	2009
280-319	400 free	5:38.76	Barbara Zaremski	Johnnie Detrick	Owen Maher	Harry Sober	2008
320-359	400 free						
72-99	800 free						
100-119	800 free						
120-159	800 free	12:33.89	Bill Bender	Norie Noll	Eileen Span	Travis Morgan	2005
160-199	800 free						
200-239	800 free	12:42.62	Ralph Swiger	Debbie Jaeger	Betsy Durrant	Chuck Wilmore	2006
240-279	800 free	11:54.61	Ralph Swiger	Kitten Braaten	Sandy Galletly	Betsy Durrant	2009
280-319	800 free	17:25.60	Susan Henley	Edward Gaulrapp	Thomas Lyons, Jr.	Lucille Griffin	2007
320-359	800 free						
72-99	200 medley	2:12.56	Rebecca Miller	John Facciola	Scott Harrower	Karen Ford	2000
100-119	200 medley	2:05.40	Ryan Bradley	Charles Cockrell	Karen Holloway	Paula Jones	2000
120-159	200 medley	2:05.71	Lauren Hasselquist	Violetta Schlesinger	Dave Holland	David Malsbury	2000
160-199	200 medley	2:03.33	Beth Baker	Patricia Powis	John Tudor	Louis Tudor	2000
200-239	200 medley	2:13.20	Chris Stevenson	Patricia Miller	Terry Sue Gault	John Calvert	2006
240-279	200 medley	2:35.61	Laura Walker	Warner Brundage	Jack Schlitz	Johnnie Detrick	2000
280-319	200 medley	3:03.77	Sandy Galletly	Betsy Durrant	Terry Sue Gault	Richard Briesemeister	2010
320-359	200 medley	4:52.74	Chuck Wilmore	Harry Howell	Marie Kelleher	Roberta Sugden	2000
72-99	400 medley						
100-119	400 medley						
120-159	400 medley						
160-199	400 medley	5:29.41	Bonnie Kestner	Jim McFarland	Kitten Braaten	Jim Miller	
200-239	400 medley	5:53.93	Judy Martin	Robin Blakney	Chris Stevenson	Tom Woods	2009
240-279	400 medley	6:27.56	Kitten Braaten	Sandy Galletly	Ralph Swiger	Beth Schreiner	2009
280-319	400 medley	7:32.40	Betsy Durrant	Rich Scott	Lucille Griffin	Owen Maher	2008
320-359	400 medley						

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