

LCM Relays VA LMSC Records

Age Group Event		Women						
		Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year Set
72-99	200 Free	2:20.11	VMST	Rebecca Miller	Michele Vitello	Sharon Petit	Elissa Loudon	2000
72-99	400 Free							
72-99	800 Free							
72-99	200 Medley	2:34.12	VMST	Rebecca Miller	Michele Vitello	Karen Holloway	Syril Pettit	2000
72-99	400 Medley							
100-119	200 Free	2:03.94	VMST	Syril Pettit	Karen Holloway	Violetta Schlesinger	Lynne Martin	2000
100-119	400 Free							
100-119	800 Free							
100-119	200 Medley	2:17.23	VMST	Debbie Sloan	Lisa Bennett	Val Van Horn	Clai Bolek	
100-119	400 Medley							
120-159	200 Free	2:01.35	VMST	Molly Dean	Karen Ford	Cheryl Conlin	Paula Jones	2000
120-159	400 Free							
120-159	800 Free							
120-159	200 Medley	2:13.54	VMST	Caycee Buscaglia	Violette Schlesinger	Alice Phillips	Paula Jones	2000
120-159	400 Medley							
160-199	200 Free	1:59.88	VMST	Kelly Parker	Beth Baker	Kitten Braaten	Trish Seubert	2002
160-199	400 Free	6:38.46	WMS	Theresa Krause	Sydney Bowers	Kerry Ogata	Eileen Span	2005
160-199	800 Free	10:55.23	VMST	Betsy Durrant	Kitten Braaten	Bonnie Kestner	Kelly Parker	
160-199	200 Medley	2:18.33	VMST	Lauren Hasselquist	Patricia Powis	Wendy Weil	Lisa Bennett	2000
160-199	400 Medley							
200-239	200 Free	2:07.49	VMST	Terry Sue Gault	Susan Skiff	Johnnie Detrick	Beth Baker	2000
200-239	400 Free	6:15.04	VMST	Laura Walker	Betsy Durrant	Bronwyn Lewis	Debbie Jaeger	2006
200-239	800 Free							
200-239	200 Medley	2:25.82	VMST	Beth Baker	Nancy Miller	Susan Skiff	Johnnie Detrick	2000
200-239	400 Medley	7:31.59	VMST	Debbie Jaeger	Rosanna McMillan	Susan Marens	Judy Martin	2007
240-279	200 Free	2:21.40	VMST	Beth Schreiner	Barbara Zaremski	Joann Leilich	Lisa Bennett	2004
240-279	400 Free	6:42.37	VMST	Susan Marens	Judy Martin	Debbie Jaeger	Lucille Griffin	2008
240-279	800 Free	14:37.90	VMST	Debbie Jaeger	Pearl Cox	Susan Henley	Betsy Durrant	2006
240-279	200 Medley	2:38.70	VMST	Barbara Zaremski	Patricia Miller	Terry Sue Gault	Beth Schreiner	2006
240-279	400 Medley	6:53.50	VMST	Judy Martin	Betsy Durrant	Shirley Loftus-Charley	Laura Walker	2010
280-319	200 Free	2:50.59	VMST	Betsy Durrant	Johnnie Detrick	Lucille Griffin	Barbara Zaremski	2008
280-319	400 Free	5:53.62	VMST	Barbara Zaremski	Beth Schreiner	Laura Walker	Betsy Durrant	2009
280-319	800 Free	13:30.94	VMST	Betsy Durrant	Laura Walker	Barbara Zaremski	Beth Schreiner	2009
280-319	200 Medley	3:48.47	VMST	Susan Henley	Betsy Durrant	Ida Hlavacek	Barbara Zaremski	2008
280-319	400 Medley	7:01.96	VMST	Barbara Zaremski	Betsy Durrant	Lucille Griffin	Johnnie Detrick	2008
320-359	200 Free	3:27.23	VMST	Barbara Zaremski	Terry Sokolik	Marianna Berkley	Jeanne Meredith	2009
320-359	400 Free							
320-359	800 Free							
320-359	200 Medley							
320-359	400 Medley							

8/7/2011

LCM Relays VA LMSC Records

Age Group	Event	Men						Year Set
		Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	
72-99	200 Free	1:50.36	VMST	James Miller	John Facciola	Matt Cofsky	Dave Holland	2000
72-99	400 Free							
72-99	800 Free							
72-99	200 Medley	2:08.67	VMST	Matt Cofsky	John Facciola	Domenic Scotty	James Miller	2000
72-99	400 Medley							
100-119	200 Free							
100-119	400 Free							
100-119	800 Free							
100-119	200 Medley	2:03.87	VMST	Mark Gill	Charles Cockrell	Ry Beville	George Sushkoff	
100-119	400 Medley							
120-159	200 Free	1:43.37	VMST	Andrew Gale	Dave Holland	Frank Byskov	John Tudor	2002
120-159	400 Free							
120-159	800 Free							
120-159	200 Medley	1:58.00	VMST	Andrew Gale	Frank Byskov	Dave Holland	John Tudor	2002
120-159	400 Medley							
160-199	200 Free	1:43.79	VMST	Billy Gaines	Dave Holland	David Malsbury	Chris Stevenson	2011
160-199	400 Free	4:25.87	VMST	Billy Gaines	Clifford Arnold	Kirk Clear	Chris Stevenson	2010
160-199	800 Free							
160-199	200 Medley	1:53.25	VMST	Chris Stevenson	David Malsbury	Dave Holland	Eric Cornell	2006
160-199	400 Medley	6:40.32	VMST	Todd Goins	Ralph Swiger	Lee Lewis	Richard Cheadle	2006
200-239	200 Free	1:49.57	VMST	Jack Schiltz	Warner Brundage	Louis Tudor	John Tudor	2000
200-239	400 Free							
200-239	800 Free	11:03.52	VMST	Tom Woods	Ralph Swiger	Sandy Galletly	Chris Stevenson	2009
200-239	200 Medley	2:06.56	VMST	William Bacon	Warner Brundage	Louis Tudor	David Hefner	2000
200-239	400 Medley							
240-279	200 Free	2:19.33	VMST	James Davis	Harry Sober	Ralph Swiger	Bill Nelson	2010
240-279	400 Free	5:44.14	VMST	Ralph Swiger	Bill Nelson	James Davis	Edward Gaulrapp	2010
240-279	800 Free							
240-279	200 Medley	2:31.90	VMST	Forrest Sullivan	Jack Schlitz	Mark Sheridan	Carl Russ	2002
240-279	400 Medley	7:07.80	VMST	Ralph Swiger	Rich Scott	Edward Gaulrapp	Harry Sober	2008
280-319	200 Free	2:44.32	VMST	Harry Howell	Norman Rainer	Chuck Wilmore	Howard Butts	2000
280-319	400 Free	6:50.46	VMST	Clay Beall	Thomas Lyons, Jr.	Owen Maher	Richard Cheadle	2008
280-319	800 Free	13:47.19	VMST	James Davis	Edward Gaulrapp	Ken Novell	Calvin Barnes	2010
280-319	200 Medley	3:03.31	VMST	Forest Sullivan	Norman Rainer	Edward Gaulrapp	Harry Howell	2000
280-319	400 Medley	7:25.02	VMST	Niel Sween	Richard Durham	Owen Maher	Ken Novell	2010
320-359	200 Free							
320-359	400 Free							
320-359	800 Free							
320-359	200 Medley							
320-359	400 Medley							

8/7/2011

LCM Relays VA LMSC Records

Age Group Event		Mixed						
Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year Set		
72-99 200 Free	2:01.49	VMST	Rebecca Miller	James Miller	Raisa Loboda	Dominic Scotty	2000	
72-99 400 Free								
72-99 800 Free								
72-99 200 Medley	2:12.56	VMST	Rebecca Miller	John Facciola	Scott Harrower	Karen Ford	2000	
72-99 400 Medley								
100-119 200 Free								
100-119 400 Free								
100-119 800 Free								
100-119 200 Medley	2:05.40	VMST	Ryan Bradley	Charles Cockrell	Karen Holloway	Paula Jones	2000	
100-119 400 Medley								
120-159 200 Free	1:51.05	VMST	Mark Gill	Debbie Jaeger	Eric Cornell	Alice Phillips	2004	
120-159 400 Free	4:28.95	VMST	Bonnie Kestner	Jim Miller	Cheryl Conlin	Jim McFarland		
120-159 800 Free	12:33.89	WMS	Bill Bender	Norie Noll	Eileen Span	Travis Morgan	2005	
120-159 200 Medley	2:05.71	VMST	Lauren Hasselquist	Violetta Schlesinger	Dave Holland	David Malsbury	2000	
120-159 400 Medley								
160-199 200 Free	1:46.58	VMST	John Tudor	Louis Tudor	Alice Phillips	Beth Baker	2000	
160-199 400 Free								
160-199 800 Free								
160-199 200 Medley	2:03.33	VMST	Beth Baker	Patricia Powis	John Tudor	Louis Tudor	2000	
160-199 400 Medley	5:29.41	VMST	Bonnie Kestner	Jim McFarland	Kitten Braaten	Jim Miller		
200-239 200 Free	2:00.29	VMST	Lisa Bennett	Tracy Hernlen	Terry Sue Gault	Jeffrey Krongaard	2004	
200-239 400 Free	6:02.40	VMST	Ralph Swiger	Debbie Jaeger	Bronwyn Lewis	Richard Cheadle	2006	
200-239 800 Free	12:42.62	VMST	Ralph Swiger	Debbie Jaeger	Betsy Durrant	Chuck Wilmore	2006	
200-239 200 Medley	2:12.93	VMST	Kelly Parker Palace	David Malsbury	Chris Stevenson	Nancy Betts	2011	
200-239 400 Medley	5:53.93	VMST	Judy Martin	Robin Blakney	Chris Stevenson	Tom Woods	2009	
240-279 200 Free	2:01.24	VMST	Patricia Miller	John Calvert	Cyle Sage	Terry Sue Gault	2006	
240-279 400 Free	5:51.04	VMST	Tom Woods	Kitten Braaten	Jeanne Meredith	Chris Stevenson	2009	
240-279 800 Free	11:54.61	VMST	Ralph Swiger	Kitten Braaten	Sandy Galletly	Betsy Durrant	2009	
240-279 200 Medley	2:35.61	VMST	Laura Walker	Warner Brundage	Jack Schlitz	Johnnie Detrick	2000	
240-279 400 Medley	6:27.56	VMST	Kitten Braaten	Sandy Galletly	Ralph Swiger	Beth Schreiner	2009	
280-319 200 Free	2:42.84	VMST	Barbara Zaremski	Richard Briesemeister	Sandy Galletly	Marcia Barry	2010	
280-319 400 Free	5:38.76	VMST	Barbara Zaremski	Johnnie Detrick	Owen Maher	Harry Sober	2008	
280-319 800 Free	17:25.60	VMST	Susan Henley	Edward Gaulrapp	Thomas Lyons, Jr.	Lucille Griffin	2007	
280-319 200 Medley	3:03.77	VMST	Sandy Galletly	Betsy Durrant	Terry Sue Gault	Richard Briesemeister	2010	
280-319 400 Medley	7:32.40	VMST	Betsy Durrant	Rich Scott	Lucille Griffin	Owen Maher	2008	
320-359 200 Free								
320-359 400 Free								
320-359 800 Free								
320-359 200 Medley	4:52.74	VMST	Chuck Wilmore	Harry Howell	Marie Kelleher	Roberta Sugden	2000	
320-359 400 Medley								

8/7/2011