

## Virginia LMSC: Individual Records

## Long Course Meters

Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
18-24	50 Free	26.75	Amalia Kobelja	2016	23.91	Jonathan Nelson	2017
18-24	100 Free	58.96	Amalia Kobelja	2016	53.14	Jonathan Nelson	2017
18-24	200 Free	2:09.72	Abigail Nunn	2009	2:10.86	Chad Buist	2007
18-24	400 Free	4:30.85	Abigail Nunn	2009	4:40.09	Chad Buist	2007
18-24	800 Free	9:22.99	Abigail Nunn	2009	9:50.90	Chad Buist	2007
18-24	1500 Free	21:06.86	Brianna Lovell	2013	20:23.46	Dan McDonough	1988
18-24	50 Back	36.19	Robin Hampton	1991	29.32	Kevin Mastracci	2015
18-24	100 Back	1:18.65	Robin Hampton	1991	1:02.18	Jonathan Nelson	2017
18-24	200 Back	2:45.35	Robin Hampton		2:27.80	William Ericson	2014
18-24	50 Breast	33.21	Amalia Kobelja	2016	32.21	Darren Gorman	1996
18-24	100 Breast	1:12.42	Amalia Kobelja	2016	1:12.12	Darren Gorman	1996
18-24	200 Breast	3:11.70	Cassie Callender	1994	2:47.31	Darren Gorman	1996
18-24	50 Fly	29.56	Elizabeth Shaw	2012	26.21	Adam Kalish	2017
18-24	100 Fly	1:03.96	Elizabeth Shaw	2012	56.08	Harrison Pierce	2017
18-24	200 Fly	2:14.50	Elizabeth Shaw	2012	2:09.39	Ry Beville	1995
18-24	200 IM	2:20.00	Elizabeth Shaw	2012	2:20.55	Brian Hicks	1999
18-24	400 IM	5:06.24	Abigail Nunn	2009	5:20.52	George Frazer	1990
25-29	50 Free	28.50	Nancy Duncan	1997	23.58	Daniel Summerlin	1998
25-29	100 Free	1:01.78	Nancy Duncan	1997	54.41	David Dent	2016
25-29	200 Free	2:17.74	Kate Hibbard	2011	1:59.12	Frank Byskov	2002
25-29	400 Free	4:49.97	Denise Letendre	2014	4:14.84	Frank Byskov	2002
25-29	800 Free	9:44.89	Denise Letendre	2014	9:20.27	John Hogan	2014
25-29	1500 Free	19:01.31	Deborah Cain	1985	17:37.50	John Hogan	2014
25-29	50 Back	32.26	Diane Cayce	1984	28.46	Michael Vanderpool	2005
25-29	100 Back	1:11.39	Kate Hibbard	2011	1:00.96	Ryan Bradley	2000
25-29	200 Back	2:34.35	Kate Hibbard	2011	2:21.50	Ryan Bradley	2000
25-29	50 Breast	35.86	Lisa Tubergen	1985	32.78	Ian Wrightson	1990
25-29	100 Breast	1:19.95	Lisa Tubergen	1985	1:14.30	Christopher Nicklaw	1983
25-29	200 Breast	2:49.95	Denise Letendre	2014	2:38.06	Frank Byskov	2003
25-29	50 Fly	30.64	Hayley Edwards	2017	26.53	Ryan Bradley	2000
25-29	100 Fly	1:08.69	Hayley Edwards	2017	57.70	Frank Byskov	2002
25-29	200 Fly	2:31.30	Denise Letendre	2014	2:12.72	Frank Byskov	2002
25-29	200 IM	2:32.64	Denise Letendre	2014	2:13.97	Frank Byskov	2002
25-29	400 IM	5:20.93	Denise Letendre	2014	4:55.48	Frank Byskov	2003

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
30-34	50 Free	27.63	Beth Scheimann	1993	24.93	John Tudor	1989
30-34	100 Free	1:01.13	Beth Scheimann	1993	54.27	Troy Johnson	2006
30-34	200 Free	2:08.03	Marina Falcone	2017	1:59.52	Billy Gaines	2011
30-34	400 Free	4:54.64	Deborah Reed	2000	4:19.88	William Walters	2014
30-34	800 Free	10:14.49	Deborah Reed	2000	9:10.94	Billy Gaines	2011
30-34	1500 Free	20:14.03	Lisa Bennett	1988	18:16.22	Perry Lange	1987
30-34	50 Back	34.93	Deanne Moosman	2012	28.28	Troy Johnson	2006
30-34	100 Back	1:14.72	Carina Masson	2017	1:02.59	Troy Johnson	2006
30-34	200 Back	2:48.60	Deanne Moosman	2012	2:25.75	Andrew Pulsifer	1997
30-34	50 Breast	34.19	Lisa Bennett	1990	31.19	Warren Cieslak	2017
30-34	100 Breast	1:18.80	Beth Scheimann	1993	1:12.32	Ken Neubauer	1988
30-34	200 Breast	2:54.80	Violetta Schlesinger	2000	2:43.94	Ken Neubauer	1988
30-34	50 Fly	31.33	Lisa Bennett	1988	25.92	Warren Cieslak	2017
30-34	100 Fly	1:09.61	Maria Velikonja	1992	55.67	Matt Haupt	2010
30-34	200 Fly	2:40.42	Shannon Greene	2017	2:03.76	Matt Haupt	2010
30-34	200 IM	2:39.72	Lisa Bennett	1988	2:18.68	Adam Barley	2013
30-34	400 IM	5:46.57	Deborah Reed	2000	4:51.24	William Walters	2014
35-39	50 Free	27.65	Beth Baker	2000	25.74	Eric Cornell	2006
35-39	100 Free	1:01.75	Beth Baker	2000	55.94	Eric Cornell	2006
35-39	200 Free	2:15.00	Kelly Parker	1997	2:05.62	Eric Cornell	2006
35-39	400 Free	4:43.62	Kelly Parker	1997	4:32.96	Dave Holland	2006
35-39	800 Free	9:49.08	Kelly Parker	1997	9:53.31	John Geyer	2000
35-39	1500 Free	18:37.69	Kelly Parker	1997	18:51.32	John Geyer	2000
35-39	50 Back	32.72	Beth Baker	1999	30.45	David Malsbury	2000
35-39	100 Back	1:10.46	Beth Baker	2000	1:07.66	Rob Mc Clure	2005
35-39	200 Back	2:39.98	Beth Baker	2000	2:33.44	Rob Mc Clure	2005
35-39	50 Breast	36.60	Patricia Powis	1998	32.47	Michael Slowey	1994
35-39	100 Breast	1:21.07	Kristen Harris	2017	1:12.30	Michael Slowey	1994
35-39	200 Breast	3:02.59	Patricia Powis	1998	2:43.09	Michael Slowey	1994
35-39	50 Fly	29.71	Beth Baker	1999	27.93	Dave Holland	2002
35-39	100 Fly	1:05.92	Beth Baker	2000	1:00.42	Adam Barley	2016
35-39	200 Fly	2:29.00	Beth Baker	2000	2:14.28	Dave Holland	2006
35-39	200 IM	2:33.92	Beth Baker	1999	2:19.26	Adam Barley	2016
35-39	400 IM	5:34.76	Beth Baker	2000	4:59.16	Adam Barley	2016

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
40-44	50 Free	27.46	Beth Baker		25.14	John Tudor	2000
40-44	100 Free	1:01.48	Beth Baker	2001	54.95	John Tudor	2000
40-44	200 Free	2:15.83	Kelly Parker	2002	2:01.40	Chris Stevenson	2008
40-44	400 Free	4:48.37	Kelly Parker	2002	4:18.77	Chris Stevenson	2008
40-44	800 Free	10:00.58	Kelly Parker	2004	9:48.57	Dave Holland	2011
40-44	1500 Free	19:03.21	Kelly Parker	2002	18:46.35	Dave Holland	2008
40-44	50 Back	33.36	Beth Baker	2002	27.95	Chris Stevenson	2008
40-44	100 Back	1:09.88	Beth Baker	2001	1:00.56	Chris Stevenson	2008
40-44	200 Back	2:31.66	Beth Baker	2001	2:13.48	Chris Stevenson	2008
40-44	50 Breast	37.15	Patricia Powis	2003	32.27	David Malsbury	2001
40-44	100 Breast	1:23.29	Patricia Powis	2004	1:12.78	Michael Slowey	2000
40-44	200 Breast	3:03.20	Patricia Powis	2004	2:46.80	Michael Slowey	2000
40-44	50 Fly	29.59	Beth Baker	2001	27.35	John Tudor	2000
40-44	100 Fly	1:05.61	Beth Baker	2001	58.29	Chris Stevenson	2008
40-44	200 Fly	2:29.81	Beth Baker	2001	2:15.41	Chris Stevenson	2007
40-44	200 IM	2:52.14	Paula Jones	2008	2:25.54	Dave Holland	2008
40-44	400 IM	6:01.26	Alison Moore	2010	5:09.89	Dave Holland	2011
45-49	50 Free	28.72	Annette Patterson	2012	25.83	David Hefner	2000
45-49	100 Free	1:06.98	Susan Skiff	1999	56.50	John Tudor	2002
45-49	200 Free	2:25.12	Kelly Parker Palace	2010	2:01.76	Chris Stevenson	2009
45-49	400 Free	5:15.56	Kelly Parker Palace	2010	4:21.26	Chris Stevenson	2009
45-49	800 Free	10:25.48	Kelly Parker Palace	2010	9:10.01	Chris Stevenson	2013
45-49	1500 Free	20:17.34	Kelly Parker Palace	2010	17:49.63	Chris Stevenson	2013
45-49	50 Back	34.03	Annette Patterson	2012	28.44	Chris Stevenson	2009
45-49	100 Back	1:14.21	Annette Patterson	2012	1:00.55	Chris Stevenson	2009
45-49	200 Back	2:56.14	Bonnie Kestner	1997	2:15.83	Chris Stevenson	2011
45-49	50 Breast	38.55	Patricia Miller	2006	32.99	David Malsbury	2006
45-49	100 Breast	1:24.52	Patricia Miller	2006	1:15.35	David Malsbury	2008
45-49	200 Breast	3:07.33	Patricia Miller	2006	2:57.83	David Malsbury	2008
45-49	50 Fly	33.39	Cheryl Conlin	2014	26.66	Chris Stevenson	2011
45-49	100 Fly	1:14.50	Susan Skiff	1999	59.10	Chris Stevenson	2009
45-49	200 Fly	2:53.42	Susan Skiff	1999	2:17.96	Chris Stevenson	2013
45-49	200 IM	2:51.54	Lisa Bennett	2003	2:25.70	Chris Stevenson	2010
45-49	400 IM	6:19.39	Bonnie Kestner	1997	5:07.27	Dave Holland	2014

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
50-54	50 Free	30.41	Lisa Bennett	2010	26.23	Gregory Harris	2015
50-54	100 Free	1:05.83	Kelly Parker Palace	2011	58.05	Gregory Harris	2015
50-54	200 Free	2:20.53	Kelly Parker Palace	2011	2:08.11	Len Gushe	2013
50-54	400 Free	4:58.07	Kelly Parker Palace	2011	4:32.22	Chris Stevenson	2014
50-54	800 Free	10:10.10	Kelly Parker Palace	2011	9:29.69	Len Gushe	2013
50-54	1500 Free	19:22.55	Kelly Parker Palace	2011	19:45.61	Dave Holland	2017
50-54	50 Back	36.39	Val Van Horn Pate	2014	29.99	Chris Stevenson	2014
50-54	100 Back	1:19.67	Val Van Horn Pate	2013	1:03.71	Chris Stevenson	2014
50-54	200 Back	2:53.21	Val Van Horn Pate	2014	2:22.61	Chris Stevenson	2014
50-54	50 Breast	39.85	Lisa Bennett	2006	33.36	Gregory Harris	2016
50-54	100 Breast	1:26.89	Lisa Bennett	2010	1:12.45	Gregory Harris	2017
50-54	200 Breast	3:15.08	Lisa Bennett	2006	2:45.10	Gregory Harris	2014
50-54	50 Fly	34.33	Val Van Horn Pate	2013	27.18	Chris Stevenson	2014
50-54	100 Fly	1:18.03	Val Van Horn Pate	2014	1:01.48	Chris Stevenson	2014
50-54	200 Fly	2:58.34	Terry Sue Gault	2000	2:27.35	Len Gushe	2013
50-54	200 IM	2:54.44	Kelly Parker Palace	2011	2:23.93	Len Gushe	2013
50-54	400 IM	6:08.20	Kelly Parker Palace	2011	5:29.67	Gregory Harris	2016
55-59	50 Free	30.90	Kelly Parker Palace	2016	28.54	Louis Tudor	2012
55-59	100 Free	1:06.16	Kelly Parker Palace	2016	1:04.74	Jim Miller	2005
55-59	200 Free	2:23.56	Kelly Parker Palace	2016	2:28.06	Jack Schiltz	2000
55-59	400 Free	4:59.94	Kelly Parker Palace	2016	5:27.19	Bob Macionis	2006
55-59	800 Free	10:18.29	Kelly Parker Palace	2016	11:44.68	Jorge Cortina	2016
55-59	1500 Free	19:29.84	Kelly Parker Palace	2016	21:51.66	Jorge Cortina	2017
55-59	50 Back	38.80	Kelly Parker Palace	2016	32.01	David Malsbury	2016
55-59	100 Back	1:25.65	Kelly Parker Palace	2016	1:11.23	David Malsbury	2016
55-59	200 Back	2:52.33	Kelly Parker Palace	2016	2:42.68	David Malsbury	2016
55-59	50 Breast	42.55	Lisa Bennett	2011	34.05	David Malsbury	2016
55-59	100 Breast	1:31.62	Kelly Parker Palace	2016	1:19.24	David Malsbury	2016
55-59	200 Breast	3:15.38	Kelly Parker Palace	2016	2:58.86	Jack Schiltz	2000
55-59	50 Fly	35.07	Susan Skiff	2012	31.60	Kenneth Novell	1997
55-59	100 Fly	1:18.16	Susan Skiff	2012	1:11.37	Jack Schiltz	2000
55-59	200 Fly	2:56.09	Susan Skiff	2012	3:36.38	Edward Gaulrapp	1999
55-59	200 IM	2:49.48	Kelly Parker Palace	2016	2:53.81	Warner Brundage	2000
55-59	400 IM	6:01.36	Kelly Parker Palace	2016	7:10.73	Edward Gaulrapp	2000

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## Long Course Meters

Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
60-64	50 Free	34.11	Shirley Loftus-Charley	2013	28.84	Scott Kauffman	2013
60-64	100 Free	1:15.13	Shirley Loftus-Charley	2013	1:05.46	Jack Schiltz	2002
60-64	200 Free	2:40.80	Shirley Loftus-Charley	2013	2:18.60	John Calvert	2006
60-64	400 Free	5:26.83	Shirley Loftus-Charley	2012	4:59.08	John Calvert	2006
60-64	800 Free	11:05.92	Susan Skiff	2015	10:09.12	John Calvert	2006
60-64	1500 Free	20:57.33	Shirley Loftus-Charley	2012	22:04.07	Neil Watts	2003
60-64	50 Back	42.27	Marcia Barry	2008	33.89	John Calvert	2006
60-64	100 Back	1:31.93	Marcia Barry	2008	1:23.27	Edward Hall	1983
60-64	200 Back	3:12.24	Shirley Loftus-Charley	2013	2:39.01	John Calvert	2006
60-64	50 Breast	46.27	Barbara Boslego	2014	38.27	Jack Schiltz	2002
60-64	100 Breast	1:40.20	Shirley Loftus-Charley	2013	1:25.45	Jack Schiltz	2002
60-64	200 Breast	3:32.69	Shirley Loftus-Charley	2013	3:16.64	Jack Schiltz	2002
60-64	50 Fly	36.40	Terry Sue Gault	2010	32.19	Jack Schiltz	2002
60-64	100 Fly	1:24.79	Susan Skiff	2015	1:13.20	John Calvert	2006
60-64	200 Fly	3:13.70	Susan Skiff	2015	3:23.33	William Irwin	
60-64	200 IM	3:02.99	Shirley Loftus-Charley	2012	2:36.07	John Calvert	2006
60-64	400 IM	6:21.20	Shirley Loftus-Charley	2012	5:41.07	John Calvert	2006
65-69	50 Free	34.54	Beth Schreiner	2009	31.35	Harry Sober	2008
65-69	100 Free	1:17.63	Beth Schreiner	2007	1:10.21	Craig Bauer	2017
65-69	200 Free	2:52.42	Marcia Barry	2013	2:38.68	Craig Bauer	2017
65-69	400 Free	5:51.21	Shirley Loftus-Charley	2017	5:36.95	Craig Bauer	2017
65-69	800 Free	11:56.38	Shirley Loftus-Charley	2017	11:57.97	Sandy Galletly	2008
65-69	1500 Free	22:19.43	Shirley Loftus-Charley	2017	22:24.34	Sandy Galletly	2008
65-69	50 Back	42.77	Marcia Barry	2013	40.71	Harry Sober	2008
65-69	100 Back	1:34.07	Marcia Barry	2013	1:34.78	John Mccorkle	2016
65-69	200 Back	3:22.47	Marcia Barry	2014	3:12.66	Sandy Galletly	2008
65-69	50 Breast	43.57	Joann Leilich	2005	42.64	James Davis	2011
65-69	100 Breast	1:36.94	Joann Leilich	2004	1:30.28	Craig Bauer	2017
65-69	200 Breast	3:26.98	Joann Leilich	2005	3:29.01	Craig Bauer	2017
65-69	50 Fly	43.55	Beth Schreiner	2006	36.67	Harry Sober	2008
65-69	100 Fly	1:34.98	Shirley Loftus-Charley	2017	1:34.78	John Mccorkle	2016
65-69	200 Fly	3:17.58	Shirley Loftus-Charley	2017	3:15.49	John Mccorkle	2016
65-69	200 IM	3:19.02	Shirley Loftus-Charley	2017	3:25.75	William Irwin	1994
65-69	400 IM	6:53.76	Shirley Loftus-Charley	2017	6:41.01	John Mccorkle	2016

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
70-74	50 Free	35.22	Beth Schreiner	2011	32.05	Ken Novell	2013
70-74	100 Free	1:24.10	Beth Schreiner	2012	1:13.72	Ken Novell	2014
70-74	200 Free	3:12.95	Beth Schreiner	2011	2:54.84	Ken Novell	2014
70-74	400 Free	6:48.84	Beth Schreiner	2011	6:08.31	Sandy Galletly	2012
70-74	800 Free	14:02.60	Beth Schreiner	2011	12:51.37	Sandy Galletly	2012
70-74	1500 Free	28:46.50	Betsy Durrant	2012	24:12.65	Sandy Galletly	2012
70-74	50 Back	46.11	Beth Schreiner	2012	42.22	Calvin Barnes	1995
70-74	100 Back	1:44.09	Beth Schreiner	2011	1:37.01	Warner Brundage	2014
70-74	200 Back	3:53.13	Laura Walker	2009	3:21.95	Sandy Galletly	2012
70-74	50 Breast	48.87	Susan Bricken	2015	45.29	Terry Gernstein	2014
70-74	100 Breast	2:01.35	Betsy Durrant	2011	1:44.79	Terry Gernstein	2014
70-74	200 Breast	4:20.98	Johnnie Detrick	2008	3:58.87	Edward Gaulrapp	2013
70-74	50 Fly	50.09	Lucille Griffin	2008	38.73	Ken Novell	2013
70-74	100 Fly	1:50.55	Lucille Griffin	2008	1:46.31	Edward Gaulrapp	2013
70-74	200 Fly	4:08.36	Lucille Griffin	2008	4:18.49	Edward Gaulrapp	2013
70-74	200 IM	4:03.81	Barbara Zaremski	2007	3:33.68	Ken Novell	2013
70-74	400 IM	8:36.42	Lucille Griffin	2008	8:24.00	Edward Gaulrapp	2013
75-79	50 Free	38.06	Johnnie Detrick	2013	37.25	Owen Maher	2010
75-79	100 Free	1:31.94	Beth Schreiner	2017	1:28.06	Patrick Frank	1985
75-79	200 Free	3:22.70	Beth Schreiner	2016	3:22.27	Patrick Frank	1985
75-79	400 Free	7:16.13	Beth Schreiner	2016	7:08.43	Sandy Galletly	2017
75-79	800 Free	19:41.30	Terry Sokolik	2006	15:06.75	Calvin Barnes	1999
75-79	1500 Free	39:27.90	Marie Kelleher	1989	28:14.90	Sandy Galletly	2017
75-79	50 Back	48.01	Beth Schreiner	2016	47.99	Calvin Barnes	2000
75-79	100 Back	1:50.11	Beth Schreiner	2017	1:48.86	Calvin Barnes	2000
75-79	200 Back	3:56.43	Beth Schreiner	2016	3:55.41	Calvin Barnes	2000
75-79	50 Breast	55.21	Johnnie Detrick	2012	55.14	Richard Scott	2010
75-79	100 Breast	2:03.34	Johnnie Detrick	2010	2:09.14	Richard Scott	2011
75-79	200 Breast	4:29.13	Johnnie Detrick	2010	4:24.84	Sandy Galletly	2017
75-79	50 Fly	51.31	Lucille Griffin	2013	46.39	Owen Maher	2010
75-79	100 Fly	1:54.65	Lucille Griffin	2013	2:14.77	Owen Maher	2011
75-79	200 Fly	4:27.67	Lucille Griffin	2014	5:35.93	Richard Scott	2010
75-79	200 IM	4:11.94	Johnnie Detrick	2010	4:06.33	Calvin Barnes	1999
75-79	400 IM	10:00.73	Barbara Zaremski	2012	9:49.76	Richard Scott	2011

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
80-84	50 Free	39.51	Johnnie Detrick	2016	46.63	Carl Russ	2015
80-84	100 Free	1:37.04	Johnnie Detrick	2015	1:57.40	Carl Russ	2015
80-84	200 Free	3:55.47	Johnnie Detrick	2016	3:48.73	Calvin Barnes	2005
80-84	400 Free	9:21.13	Jeanne Meredith	2009	9:17.68	Carl Russ	2015
80-84	800 Free	19:04.31	Jeanne Meredith	2009	16:57.59	Calvin Barnes	2006
80-84	1500 Free				36:53.46	Carl Russ	2015
80-84	50 Back	1:00.64	Laura Walker	2017	53.35	Calvin Barnes	2005
80-84	100 Back	2:10.00	Laura Walker	2017	2:02.49	Harry Howell	2000
80-84	200 Back	4:37.91	Laura Walker	2017	4:10.07	Calvin Barnes	2005
80-84	50 Breast	58.45	Johnnie Detrick	2016	1:02.76	Harry Howell	2000
80-84	100 Breast	2:10.10	Johnnie Detrick	2015	2:26.36	Harry Howell	2000
80-84	200 Breast	4:56.92	Johnnie Detrick	2017	5:45.29	Richard Scott	2015
80-84	50 Fly	1:06.24	Johnnie Detrick	2016	1:05.15	Harry Howell	2000
80-84	100 Fly	3:11.53	Marie Kelleher	1994	3:31.79	Richard Scott	2015
80-84	200 Fly				8:04.23	Richard Scott	2015
80-84	200 IM	4:27.25	Johnnie Detrick	2015	4:35.36	Calvin Barnes	2005
80-84	400 IM				12:12.65	Richard Scott	2015
85-89	50 Free	59.90	Marie Kelleher	2000	54.41	Richard Briesemeister	2010
85-89	100 Free	2:18.58	Marie Kelleher	2000	2:06.78	Richard Briesemeister	2010
85-89	200 Free	5:13.75	Marie Kelleher	2000	4:49.92	Richard Briesemeister	2010
85-89	400 Free				8:47.81	Calvin Barnes	2010
85-89	800 Free				18:12.12	Calvin Barnes	2010
85-89	1500 Free				34:22.29	Calvin Barnes	2010
85-89	50 Back	2:18.41	Roberta Sugden	2002			
85-89	100 Back				2:12.43	Calvin Barnes	2010
85-89	50 Breast	1:15.40	Marianna Berkley	2009	1:09.51	Norman Rainer	2013
85-89	100 Breast	2:52.71	Marianna Berkley	2009	2:40.88	Norman Rainer	2013
85-89	200 Breast	6:16.17	Marianna Berkley	2009	5:54.71	Norman Rainer	2013
85-89	50 Fly	1:37.53	Marie Kelleher	2000			
85-89	100 Fly	3:33.92	Marie Kelleher	2000			
85-89	200 IM	6:20.13	Marianna Berkley	2009			
90-94	50 Free	1:23.96	Marianna Berkley	2013			
90-94	200 Free				5:16.87	Calvin Barnes	2015
90-94	1500 Free				43:29.52	Calvin Barnes	2015
90-94	100 Back	3:13.54	Marianna Berkley	2013			
90-94	200 Back				5:38.97	Calvin Barnes	2015
90-94	50 Breast	2:01.70	Marianna Berkley	2013			

Virginia LMSC: Relay Records

Long Course Meters

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
72-99	Women	200 Free	2:20.11	VMST	Rebecca Miller	Michele Vitello	Sharon Petit	Elissa Louden	2000
72-99	Women	200 Medley	2:34.12	VMST	Rebecca Miller	Michele Vitello	Karen Holloway	Syril Pettit	2000
100-119	Women	200 Free	2:03.94	VMST	Syril Pettit	Karen Holloway	Violetta Schlesinger	Lynne Martin	2000
100-119	Women	200 Medley	2:17.23	VMST	Debbie Sloan	Lisa Bennett	Val Van Horn	Clai Bolek	
120-159	Women	200 Free	2:01.35	VMST	Molly Dean	Karen Ford	Cheryl Conlin	Paula Jones	2000
120-159	Women	200 Medley	2:10.80	1693	Gabrielle Mizerak	Kristen Harris	Marina Falcone	Shannon Greene	2017
120-159	Women	400 Free	5:04.95	VMST	Alison Moore	Elizabeth Cohen	Claire Russo	Brianna Lovell	2013
120-159	Women	400 Medley	4:55.20	VMST	Kate Hibbard	Claire Russo	Maura Smith	Danielle Myers	2013
160-199	Women	200 Free	1:59.88	VMST	Kelly Parker	Beth Baker	Kitten Braaten	Trish Seubert	2002
160-199	Women	200 Medley	2:18.33	VMST	Lauren Hasselquist	Patricia Powis	Wendy Weil	Lisa Bennett	2000
160-199	Women	400 Free	6:38.46	WMS	Theresa Krause	Sydney Bowers	Kerry Ogata	Eileen Span	2005
160-199	Women	800 Free	10:55.23	VMST	Betsy Durrant	Kitten Braaten	Bonnie Kestner	Kelly Parker	
200-239	Women	200 Free	2:07.49	VMST	Terry Sue Gault	Susan Skiff	Johnnie Detrick	Beth Baker	2000
200-239	Women	200 Medley	2:25.82	VMST	Beth Baker	Nancy Miller	Susan Skiff	Johnnie Detrick	2000
200-239	Women	400 Free	5:24.71	VMST	Peggy Feldmann	Debbie Jaeger	Nancy Speer	Barbara Boslego	2013
200-239	Women	400 Medley	7:31.59	VMST	Debbie Jaeger	Rosanna McMillan	Susan Marens	Judy Martin	2007
240-279	Women	200 Free	2:21.40	VMST	Beth Schreiner	Barbara Zaremski	Joann Leilich	Lisa Bennett	2004
240-279	Women	200 Medley	2:38.70	VMST	Barbara Zaremski	Patricia Miller	Terry Sue Gault	Beth Schreiner	2006
240-279	Women	400 Free	6:42.37	VMST	Susan Marens	Judy Martin	Debbie Jaeger	Lucille Griffin	2008
240-279	Women	400 Medley	6:53.50	VMST	Judy Martin	Betsy Durrant	Shirley Loftus-Charley	Laura Walker	2010
240-279	Women	800 Free	14:37.90	VMST	Debbie Jaeger	Pearl Cox	Susan Henley	Betsy Durrant	2006
280-319	Women	200 Free	2:29.97	VMST	Johnnie Detrick	Beth Schreiner	Terry Sue Gault	Marcia Barry	2014
280-319	Women	200 Medley	2:56.69	VMST	Marcia Barry	Barbara Boslego	Shirley Loftus-Charley	Johnnie Detrick	2017
280-319	Women	400 Free	5:45.80	VMST	Marcia Barry	Johnnie Detrick	Laura Walker	Shirley Loftus-Charley	2013
280-319	Women	400 Medley	6:54.11	VMST	Marcia Barry	Johnnie Detrick	Shirley Loftus-Charley	Laura Walker	2014
280-319	Women	800 Free	13:30.52	VMST	Marcia Barry	Laura Walker	Johnnie Detrick	Shirley Loftus-Charley	2014
320-359	Women	200 Free	3:27.23	VMST	Barbara Zaremski	Terry Sokolik	Marianna Berkley	Jeanne Meredith	2009



# Virginia LMSC: Relay Records

## Long Course Meters

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
72-99	Men	200 Free	1:50.36	VMST	James Miller	John Facciola	Matt Cofsky	Dave Holland	2000
72-99	Men	200 Medley	2:08.67	VMST	Matt Cofsky	John Facciola	Domenic Scotty	James Miller	2000
100-119	Men	200 Medley	2:03.87	VMST	Mark Gill	Charles Cockrell	Ry Beville	George Sushkoff	
120-159	Men	200 Free	1:43.37	VMST	Andrew Gale	Dave Holland	Frank Byskov	John Tudor	2002
120-159	Men	200 Medley	1:58.00	VMST	Andrew Gale	Frank Byskov	Dave Holland	John Tudor	2002
160-199	Men	200 Free	1:43.79	VMST	Billy Gaines	Dave Holland	David Malsbury	Chris Stevenson	2011
160-199	Men	200 Medley	1:53.25	VMST	Chris Stevenson	David Malsbury	Dave Holland	Eric Cornell	2006
160-199	Men	400 Free	4:25.87	VMST	Billy Gaines	Clifford Arnold	Kirk Clear	Chris Stevenson	2010
160-199	Men	400 Medley	6:40.32	VMST	Todd Goins	Ralph Swiger	Lee Lewis	Richard Cheadle	2006
200-239	Men	200 Free	1:49.32	VMST	Chris Stevenson	Dave Holland	Greg Harris	Tom Deppe	2014
200-239	Men	200 Medley	2:06.56	VMST	William Bacon	Warner Brundage	Louis Tudor	David Hefner	2000
200-239	Men	800 Free	11:03.52	VMST	Tom Woods	Ralph Swiger	Sandy Galletly	Chris Stevenson	2009
240-279	Men	200 Free	2:19.33	VMST	James Davis	Harry Sober	Ralph Swiger	Bill Nelson	2010
240-279	Men	200 Medley	2:31.90	VMST	Forrest Sullivan	Jack Schlitz	Mark Sheridan	Carl Russ	2002
240-279	Men	400 Free	5:30.24	VMST	Alvin Richardson	Bill Nelson	Jim Miller	Warner Brundage	2013
240-279	Men	400 Medley	7:07.80	VMST	Ralph Swiger	Rich Scott	Edward Gaulrapp	Harry Sober	2008
240-279	Men	800 Free	13:03.24	VMST	James Slaughter	Ralph Swiger	James Farmer	Bryan Stone	2016
280-319	Men	200 Free	2:44.32	VMST	Harry Howell	Norman Rainer	Chuck Wilmore	Howard Butts	2000
280-319	Men	200 Medley	3:03.31	VMST	Forest Sullivan	Norman Rainer	Edward Gaulrapp	Harry Howell	2000
280-319	Men	400 Free	6:50.46	VMST	Clay Beall	Thomas Lyons, Jr.	Owen Maher	Richard Cheadle	2008
280-319	Men	400 Medley	7:25.02	VMST	Niel Sween	Richard Durham	Owen Maher	Ken Novell	2010
280-319	Men	800 Free	13:47.19	VMST	James Davis	Edward Gaulrapp	Ken Novell	Calvin Barnes	2010

# Virginia LMSC: Relay Records

## Long Course Meters

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
72-99	Mixed	200 Free	2:01.49	VMST	Rebecca Miller	James Miller	Raisa Loboda	Dominic Scotty	2000
72-99	Mixed	200 Medley	2:11.46	TIDE	Lauren Breuer	Harrison Pierce	Ian King	Shannon Greene	2017
100-119	Mixed	200 Free	1:53.72	VMST	Denise Letendre	Mariah Dudley	William Ericson	John Hogan	2014
100-119	Mixed	200 Medley	2:05.40	VMST	Ryan Bradley	Charles Cockrell	Karen Holloway	Paula Jones	2000
120-159	Mixed	200 Free	1:51.05	VMST	Mark Gill	Debbie Jaeger	Eric Cornell	Alice Phillips	2004
120-159	Mixed	200 Medley	2:04.58	VMST	Chris Stevenson	Claire Russo	John Hogan	Kate Hibbard	2013
120-159	Mixed	400 Free	4:15.41	1693	Rich Williams	Courtney Hurtubise	Katie Grier	Michael Lovett	2015
120-159	Mixed	800 Free	12:33.89	WMS	Bill Bender	Norie Noll	Eileen Span	Travis Morgan	2005
160-199	Mixed	200 Free	1:46.58	VMST	John Tudor	Louis Tudor	Alice Phillips	Beth Baker	2000
160-199	Mixed	200 Medley	2:03.33	VMST	Beth Baker	Patricia Powis	John Tudor	Louis Tudor	2000
160-199	Mixed	400 Medley	5:26.23	VMST	Kirk Clear	Claire Russo	Denise Letendre	Chris Frogley	2015
200-239	Mixed	200 Free	2:00.29	VMST	Lisa Bennett	Tracy Hernlen	Terry Sue Gault	Jeffrey Krongaard	2004
200-239	Mixed	200 Medley	2:12.93	VMST	Kelly Parker Palace	David Malsbury	Chris Stevenson	Nancy Betts	2011
200-239	Mixed	400 Free	6:02.40	VMST	Ralph Swiger	Debbie Jaeger	Bronwyn Lewis	Richard Cheadle	2006
200-239	Mixed	400 Medley	5:53.93	VMST	Judy Martin	Robin Blakney	Chris Stevenson	Tom Woods	2009
200-239	Mixed	800 Free	12:42.62	VMST	Ralph Swiger	Debbie Jaeger	Betsy Durrant	Chuck Wilmore	2006
240-279	Mixed	200 Free	2:01.24	VMST	Patricia Miller	John Calvert	Cyle Sage	Terry Sue Gault	2006
240-279	Mixed	200 Medley	2:35.01	VMST	Beth Schreiner	David Malsbury	Kelly Parker Palace	Dan Sheahan	2016
240-279	Mixed	400 Free	5:51.04	VMST	Tom Woods	Kitten Braaten	Jeanne Meredith	Chris Stevenson	2009
240-279	Mixed	400 Medley	6:27.56	VMST	Kitten Braaten	Sandy Galletly	Ralph Swiger	Beth Schreiner	2009
240-279	Mixed	800 Free	11:54.61	VMST	Ralph Swiger	Kitten Braaten	Sandy Galletly	Betsy Durrant	2009
280-319	Mixed	200 Free	2:38.89	VMST	Beth Schreiner	Betsy Durrant	Tom Woods	Sandy Galletly	2012
280-319	Mixed	200 Medley	3:03.77	VMST	Sandy Galletly	Betsy Durrant	Terry Sue Gault	Richard Briesemeister	2010
280-319	Mixed	400 Free	5:38.76	VMST	Barbara Zaremski	Johnnie Detrick	Owen Maher	Harry Sober	2008
280-319	Mixed	400 Medley	7:32.40	VMST	Betsy Durrant	Rich Scott	Lucille Griffin	Owen Maher	2008
280-319	Mixed	800 Free	17:25.60	VMST	Susan Henley	Edward Gaulrapp	Thomas Lyons, Jr.	Lucille Griffin	2007
320-359	Mixed	200 Medley	4:38.39	VMST	Marianna Berkley	Norman Rainer	Richard Scott	Kathryn Gregory	2013