

## Virginia LMSC: Individual Records

## Short Course Meters

Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
18-24	50 Free	28.57	Margaret Rechel	2015	22.36	Lewis Burras	2018
		28.57	Faith Perry	2023			
18-24	100 Free	1:01.58	Meghan Brosch	2015	49.33	Lewis Burras	2018
18-24	200 Free	2:14.45	Olivia Heeb-Wade	2020	1:59.06	Cory Camp	2018
18-24	400 Free	4:45.47	Olivia Heeb-Wade	2020	4:28.63	Carter Head	2017
18-24	800 Free	10:16.34	Margaret Rechel	2015	9:08.72	Christopher Stickle	2009
18-24	1500 Free	20:21.24	Meredith Sieller	2017	17:10.75	Christopher Stickle	2009
18-24	50 Back	31.65	Gabrielle Mizerak	2015	25.98	Emilio Perez	2023
18-24	100 Back	1:08.23	Lauren Breuer	2016	58.49	Sidney Glass	2014
18-24	200 Back	2:41.92	Christina Thoresen	2011	2:11.48	Sidney Glass	2014
18-24	50 Breast	32.67	Erla Dogg Haraldsdottir	2008	29.42	Austin Temple	2019
18-24	100 Breast	1:15.06	Elizabeth Macias	2021	1:04.04	Austin Temple	2019
18-24	200 Breast	2:53.16	Natalie Horsch		2:31.91	Christopher Scott	2015
18-24	50 Fly	33.81	Kristin Stiff	2008	24.43	Emilio Perez	2023
18-24	100 Fly	1:07.19	Gabrielle Mizerak	2015	54.47	Emilio Perez	2023
18-24	200 Fly	2:32.94	Cassie Campbell	1995	2:21.84	Adam Kalish	2016
18-24	100 IM	1:03.84	Erla Dogg Haraldsdottir	2008	59.04	Jacob Blindenbach	2023
18-24	200 IM	2:32.48	Leah Reed	2015	2:13.12	Cory Camp	2018
18-24	400 IM	5:37.14	Cassie Campbell	1995	5:35.00	Christopher Stickle	2010
25-29	50 Free	27.43	Alexandra Marshall	2021	23.28	Kevin Mastracci	2021
25-29	100 Free	58.98	Bonnie Zhang	2022	51.92	Kevin Mastracci	2021
25-29	200 Free	2:08.73	Bonnie Zhang	2022	1:55.42	Billy Gaines	2010
25-29	400 Free	4:40.36	Kate Hibbard	2010	4:09.84	Billy Gaines	2010
25-29	800 Free	9:51.34	Denise Letendre	2014	8:39.20	Billy Gaines	2010
25-29	1500 Free	19:29.01	Sarah Anderson	2013	17:45.70	Christopher Scott	2019
25-29	50 Back	31.48	Bonnie Zhang	2022	25.75	Kevin Mastracci	2021
25-29	100 Back	1:06.51	Kate Hibbard	2010	59.23	Stephen Clendenin	2015
25-29	200 Back	2:25.05	Kate Hibbard	2010	2:14.03	Sidney Glass	2017
25-29	50 Breast	36.72	Cheryl Conlin	1996	30.52	Neill Williams	
25-29	100 Breast	1:18.47	Denise Letendre	2017	1:05.27	Neill Williams	
25-29	200 Breast	2:44.46	Denise Letendre	2015	2:27.28	Neill Williams	
25-29	50 Fly	29.17	Gabrielle Mizerak	2016	24.94	Kevin Mastracci	2022
25-29	100 Fly	1:06.11	Deidre Geroni	2018	57.88	Kevin Mastracci	2021
25-29	200 Fly	2:29.66	Denise Letendre	2015	2:11.12	Frank Byskov	2002
25-29	100 IM	1:10.18	Lucy Carrig	2009	57.83	Kevin Mastracci	2022
25-29	200 IM	2:25.63	Denise Letendre	2016	2:10.85	Frank Byskov	2002
25-29	400 IM	5:14.54	Denise Letendre	2015	4:45.84	Frank Byskov	2002

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
30-34	50 Free	26.35	Theresa Michalak	2022	23.45	Troy Johnson	2008
30-34	100 Free	1:02.66	Beth Scheimann	1995	52.23	Troy Johnson	2007
30-34	200 Free	2:17.97	Denise Letendre	2019	2:01.03	Troy Johnson	2006
30-34	400 Free	4:54.54	Maura Bolger	2011	4:20.47	Adam Barley	2014
30-34	800 Free	9:57.80	Maura Bolger	2011	9:14.86	Adam Barley	2011
30-34	1500 Free	18:38.38	Maura Bolger	2011	17:29.10	Adam Barley	2011
30-34	50 Back	29.65	Theresa Michalak	2022	27.68	Sidney Glass	2022
30-34	100 Back	1:12.60	Denise Letendre	2019	1:01.39	Scott Hensley	2016
30-34	200 Back	2:29.70	Denise Letendre	2018	2:20.29	Adam Barley	2011
30-34	50 Breast	33.18	Theresa Michalak	2022	29.94	Martin Kata	2018
30-34	100 Breast	1:17.43	Beth Scheimann	1993	1:09.42	Warren Cieslak	2017
30-34	200 Breast	2:43.75	Denise Letendre	2018	2:38.31	Adam Barley	2011
30-34	50 Fly	28.48	Gabrielle Mizerak	2022	25.96	Warren Cieslak	2017
30-34	100 Fly	1:08.56	Denise Letendre	2019	59.54	Adam Barley	2011
30-34	200 Fly	2:28.41	Denise Letendre	2019	2:13.62	Adam Barley	2013
30-34	100 IM	1:02.89	Theresa Michalak	2022	59.48	Martin Kata	2018
30-34	200 IM	2:27.86	Denise Letendre	2018	2:14.53	Adam Barley	2014
30-34	400 IM	5:18.02	Denise Letendre	2018	4:48.30	Adam Barley	2011
35-39	50 Free	27.17	Beth Baker	2000	24.29	Michael Picotte	2009
35-39	100 Free	1:01.22	Katie Grier	2017	50.72	Michael Picotte	2009
35-39	200 Free	2:12.39	Kelly Parker	2000	1:59.14	Michael Picotte	2009
35-39	400 Free	4:40.72	Kelly Parker	2000	4:13.91	Chris Stevenson	2000
35-39	800 Free	9:47.50	Kelly Parker		9:16.11	Adam Barley	2017
35-39	1500 Free	18:26.27	Kelly Parker	2000	17:29.98	Adam Barley	2017
35-39	50 Back	32.02	Beth Baker	2000	28.62	Chris Stevenson	2000
35-39	100 Back	1:12.66	Beth Baker	1998	1:01.56	Chris Stevenson	2000
35-39	200 Back	2:38.84	Beth Baker	1998	2:13.59	Chris Stevenson	2000
35-39	50 Breast	35.54	Lisa Bennett	1995	32.33	John Tudor	1997
35-39	100 Breast	1:18.46	Cheryl Conlin	2003	1:12.11	Adam Barley	2017
35-39	200 Breast	2:51.34	Cheryl Conlin	2003	2:47.58	Patrick Ryan	
35-39	50 Fly	29.69	Beth Baker	2000	25.57	Michael Picotte	2009
35-39	100 Fly	1:05.31	Beth Baker	2000	56.79	Michael Picotte	2009
35-39	200 Fly	2:26.69	Beth Baker	2000	2:11.31	Adam Barley	2016
35-39	100 IM	1:08.23	Beth Baker	2000	1:03.16	John Tudor	1997
35-39	200 IM	2:32.31	Beth Baker	2000	2:21.50	Pieter de Hart	2013
35-39	400 IM	6:18.48	Terry Sue Gault	1989	4:52.73	Adam Barley	2016

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
40-44	50 Free	26.99	Katie Grier	2019	24.40	John Tudor	1997
40-44	100 Free	58.70	Kate Grier	2019	53.97	John Tudor	1997
40-44	200 Free	2:17.69	Ana Paula Grilo	2011	2:03.56	Chris Stevenson	2006
40-44	400 Free	4:52.93	Ana Paula Grilo	2011	4:17.35	Chris Stevenson	2007
40-44	800 Free	11:10.42	Terry Sue Gault	1991	9:25.10	Dave Holland	2008
40-44	1500 Free	23:20.09	Anna Parker	2017	17:53.15	Dave Holland	2008
40-44	50 Back	30.88	Katie Grier	2019	26.56	Chris Stevenson	2008
40-44	100 Back	1:07.92	Beth Baker	2001	55.90	Chris Stevenson	2008
40-44	200 Back	2:25.78	Beth Baker	2001	2:04.96	Chris Stevenson	2008
40-44	50 Breast	35.46	Kristen Harris	2019	32.45	Rich Williams	2018
40-44	100 Breast	1:18.07	Kristen Harris	2019	1:10.64	Evan Davis	2008
40-44	200 Breast	3:03.94	Patricia Powis		2:46.37	Rich Williams	2018
40-44	50 Fly	29.68	Beth Baker	2001	26.99	John Tudor	1997
40-44	100 Fly	1:05.49	Beth Baker	2001	56.99	Chris Stevenson	2008
40-44	200 Fly	2:26.15	Beth Baker	2001	2:10.99	Chris Stevenson	2008
40-44	100 IM	1:08.82	Katie Grier	2019	1:01.79	John Tudor	1997
40-44	200 IM	2:34.48	Beth Baker		2:24.26	Dave Holland	2008
40-44	400 IM	5:24.17	Ana Paula Grilo	2011	5:03.86	Dave Holland	2010
45-49	50 Free	28.40	Margaret Conze	2020	25.92	David Malsbury	2008
45-49	100 Free	1:07.95	Charlotte Hollings	2009	54.77	Chris Stevenson	2010
45-49	200 Free	2:24.71	Charlotte Hollings	2009	1:59.62	Chris Stevenson	2012
45-49	400 Free	5:04.36	Charlotte Hollings	2009	4:16.19	Chris Stevenson	2012
45-49	800 Free	10:38.44	Charlotte Hollings	2009	9:05.08	Chris Stevenson	2012
45-49	1500 Free	20:18.52	Charlotte Hollings	2009	18:31.81	John Rocco Aversa	2023
45-49	50 Back	37.63	Michele Choe	2022	27.02	Chris Stevenson	2009
45-49	100 Back	1:22.39	Susan Gordon	2007	57.00	Chris Stevenson	2009
45-49	200 Back	2:57.56	Susan Gordon	2007	2:05.54	Chris Stevenson	2009
45-49	50 Breast	35.78	Kristen Harris	2021	32.90	David Malsbury	2008
45-49	100 Breast	1:17.82	Kristen Harris	2021	1:13.69	Dave Holland	2014
45-49	200 Breast	2:59.70	Tabitha Frawley	2023	2:40.68	Dave Holland	2014
45-49	50 Fly	33.52	Michele Choe	2022	25.78	Chris Stevenson	2009
45-49	100 Fly	1:23.06	Lisa Bennett	2005	57.37	Chris Stevenson	2010
45-49	200 Fly	3:33.21	Lucille Griffin	1988	2:09.65	Chris Stevenson	2009
45-49	100 IM	1:18.67	Charlotte Hollings	2009	1:02.18	Chris Stevenson	2010
45-49	200 IM	2:40.66	Tabitha Frawley	2023	2:15.74	Chris Stevenson	2010
45-49	400 IM	5:45.45	Tabitha Frawley	2023	4:46.68	Chris Stevenson	2009

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
50-54	50 Free	27.84	Fall Willeboordse	2020	25.47	Gregory Harris	2015
50-54	100 Free	1:03.10	Fall Willeboordse	2020	56.67	Gregory Harris	2016
50-54	200 Free	2:17.99	Kelly Parker Palace	2011	2:08.02	Gregory Harris	2016
50-54	400 Free	4:46.96	Kelly Parker Palace	2011	4:48.43	Jim McFarland	2008
50-54	800 Free	9:47.94	Kelly Parker Palace	2011	10:14.13	Jim McFarland	2008
50-54	1500 Free	18:56.50	Kelly Parker Palace	2011	19:17.10	Jim McFarland	2008
50-54	50 Back	31.83	Susan Williams	2019	30.90	Kirk Clear	2017
50-54	100 Back	1:18.04	Kelly Parker Palace	2011	1:07.49	Gregory Harris	2017
50-54	200 Back	2:47.07	Kelly Parker Palace	2014	2:24.79	Rick Stringer	
50-54	50 Breast	36.99	Lisa Bennett	2009	32.31	Gregory Harris	2016
50-54	100 Breast	1:24.00	Lisa Bennett	2009	1:10.55	Gregory Harris	2017
50-54	200 Breast	3:12.55	Lisa Bennett	2007	2:41.07	Gregory Harris	2017
50-54	50 Fly	30.17	Susan Williams	2019	28.98	Gregory Harris	2015
50-54	100 Fly	1:17.01	Lisa Bennett	2009	1:10.06	Gregory Harris	2016
50-54	200 Fly	3:01.54	Lisa Bennett	2010	2:45.20	Jeffrey Krongaard	2004
50-54	100 IM	1:15.48	Lisa Bennett	2009	1:04.28	Gregory Harris	2016
50-54	200 IM	2:49.86	Lisa Bennett	2009	2:25.23	Gregory Harris	2015
50-54	400 IM	5:57.12	Kelly Parker Palace	2014	5:22.50	Gregory Harris	2016
55-59	50 Free	28.58	Fall Willeboordse	2021	25.66	Gregory Harris	2018
55-59	100 Free	1:03.97	Fall Willeboordse	2021	55.78	Gregory Harris	2018
55-59	200 Free	2:18.32	Kelly Parker Palace	2016	2:09.84	Gregory Harris	2018
55-59	400 Free	4:56.22	Kelly Parker Palace	2016	4:27.63	Len Gushe	2018
55-59	800 Free	10:03.33	Kelly Parker Palace	2016	9:20.54	Len Gushe	2018
55-59	1500 Free	19:00.59	Kelly Parker Palace	2016	19:03.12	Dave Holland	2023
55-59	50 Back	32.31	Susan Williams	2021	30.50	Len Gushe	2018
55-59	100 Back	1:13.61	Fall Willeboordse	2022	1:03.74	Len Gushe	2018
55-59	200 Back	2:50.00	Kelly Parker Palace	2016	2:15.37	Len Gushe	2018
55-59	50 Breast	38.91	Fall Willeboordse	2021	32.13	Gregory Harris	2018
55-59	100 Breast	1:28.43	Lisa Bennett	2011	1:09.87	Gregory Harris	2019
55-59	200 Breast	3:13.57	Lisa Bennett	2011	2:35.92	Gregory Harris	2018
55-59	50 Fly	30.63	Susan Williams	2023	28.90	Gregory Harris	2018
55-59	100 Fly	1:17.70	Val Van Horn Pate	2021	1:07.52	Len Gushe	2018
55-59	200 Fly	2:55.79	Shirley Loftus-Charley	2010	2:19.88	Len Gushe	2018
55-59	100 IM	1:21.01	Kelly Parker Palace	2016	1:04.09	Gregory Harris	2018
55-59	200 IM	2:49.65	Kelly Parker Palace	2016	2:23.97	Gregory Harris	2018
55-59	400 IM	5:58.09	Shirley Loftus-Charley	2010	5:03.37	Len Gushe	2018

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
60-64	50 Free	31.88	Kelly Parker Palace	2021	27.73	Algernon Keith	2023
60-64	100 Free	1:09.44	Shirley Loftus-Charley	2012	59.88	Len Gushe	1900
60-64	200 Free	2:26.97	Kelly Parker Palace	2021	2:12.18	John Calvert	2005
60-64	400 Free	5:06.79	Kelly Parker Palace	2021	4:39.40	Len Gushe	2023
60-64	800 Free	10:39.12	Shirley Loftus-Charley	2011	11:29.78	Jim McFarland	2018
60-64	1500 Free	19:59.92	Shirley Loftus-Charley	2011	20:46.35	Jorge Cortina	2019
60-64	50 Back	35.71	Val Van Horn Pate	2022	31.50	Len Gushe	2023
60-64	100 Back	1:18.86	Val Van Horn Pate	2022	1:06.55	Len Gushe	2023
60-64	200 Back	2:55.22	Kelly Parker Palace	2021	2:24.00	Len Gushe	2023
60-64	50 Breast	41.98	Patricia Miller	2022	37.91	Ken Neubauer	2019
60-64	100 Breast	1:32.78	Patricia Miller	2022	1:24.24	Ken Neubauer	2019
60-64	200 Breast	3:17.73	Shirley Loftus-Charley	2011	3:06.21	Ken Neubauer	2019
60-64	50 Fly	33.71	Val Van Horn Pate	2022	31.48	Scott Kauffman	2010
60-64	100 Fly	1:17.50	Val Van Horn Pate	2022	1:14.55	John Mccorkle	2012
60-64	200 Fly	3:08.25	Shirley Loftus-Charley	2011	2:34.60	Len Gushe	2023
60-64	100 IM	1:24.67	Shirley Loftus-Charley	2011	1:15.21	Douglas Slater	2018
60-64	200 IM	2:52.64	Shirley Loftus-Charley	2011	2:30.48	John Calvert	2005
60-64	400 IM	6:03.26	Shirley Loftus-Charley	2011	6:03.63	William Throne	2016
65-69	50 Free	34.07	Beth Schreiner	2009	30.15	Craig Bauer	2017
65-69	100 Free	1:14.11	Shirley Loftus-Charley	2016	1:07.84	Craig Bauer	2017
65-69	200 Free	2:35.21	Shirley Loftus-Charley	2016	2:42.76	Warner Brundage	2009
65-69	400 Free	5:22.78	Shirley Loftus-Charley	2016	5:57.52	Warner Brundage	2008
65-69	800 Free	10:55.71	Shirley Loftus-Charley	2016	12:31.77	Warner Brundage	2011
65-69	1500 Free	20:37.63	Shirley Loftus-Charley	2016	24:50.24	Mitch Saks	2023
65-69	50 Back	41.31	Marcia Barry	2013	41.09	Jack Schiltz	2009
65-69	100 Back	1:28.20	Shirley Loftus-Charley	2016	1:29.26	Warner Brundage	2009
65-69	200 Back	3:06.96	Shirley Loftus-Charley	2016	3:09.17	Warner Brundage	2009
65-69	50 Breast	42.35	Joann Leilich	2005	38.81	Pat Ryan	2023
65-69	100 Breast	1:32.37	Joann Leilich	2004	1:26.06	Pat Ryan	2023
65-69	200 Breast	3:17.44	Joann Leilich	2004	3:14.17	Warner Brundage	2009
65-69	50 Fly	39.35	Shirley Loftus-Charley	2016	36.33	Gabe Kuzman	2007
65-69	100 Fly	1:25.68	Shirley Loftus-Charley	2016	1:16.82	John Mccorkle	2016
65-69	200 Fly	3:03.97	Shirley Loftus-Charley	2016	3:03.52	John Mccorkle	2019
65-69	100 IM	1:28.00	Shirley Loftus-Charley	2016	1:21.36	Warner Brundage	2009
65-69	200 IM	2:59.30	Shirley Loftus-Charley	2016	2:57.07	John Mccorkle	2016
65-69	400 IM	6:16.30	Shirley Loftus-Charley	2016	6:34.02	John Mccorkle	2019

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
70-74	50 Free	34.93	Shirley Loftus-Charley	2022	31.41	Craig Bauer	2023
70-74	100 Free	1:17.18	Shirley Loftus-Charley	2023	1:12.48	Craig Bauer	2023
70-74	200 Free	2:42.75	Shirley Loftus-Charley	2022	2:51.30	Warner Brundage	2013
70-74	400 Free	5:38.76	Shirley Loftus-Charley	2022	6:16.15	Warner Brundage	2014
70-74	800 Free	11:37.00	Shirley Loftus-Charley	2023	14:20.70	James Slaughter	2016
70-74	1500 Free	21:54.24	Shirley Loftus-Charley	2023	26:52.19	James Slaughter	2016
70-74	50 Back	44.56	Shirley Loftus-Charley	2023	39.46	John Mccorkle	2022
70-74	100 Back	1:32.29	Shirley Loftus-Charley	2023	1:26.10	John Mccorkle	2022
70-74	200 Back	3:11.17	Shirley Loftus-Charley	2023	3:20.89	Warner Brundage	2014
70-74	50 Breast	48.16	Shirley Loftus-Charley	2023	42.66	Craig Bauer	2023
70-74	100 Breast	1:46.65	Shirley Loftus-Charley	2021	1:32.70	Craig Bauer	2023
70-74	200 Breast	3:43.70	Shirley Loftus-Charley	2022	3:29.70	John Mccorkle	2022
70-74	50 Fly	40.15	Shirley Loftus-Charley	2023	39.84	John Mccorkle	2023
70-74	100 Fly	1:32.77	Shirley Loftus-Charley	2023	1:22.72	John Mccorkle	2023
70-74	200 Fly	3:20.57	Shirley Loftus-Charley	2022	3:10.61	John Mccorkle	2022
70-74	100 IM	1:30.59	Shirley Loftus-Charley	2022	1:28.82	Warner Brundage	2013
70-74	200 IM	3:12.12	Shirley Loftus-Charley	2023	3:05.80	John Mccorkle	2022
70-74	400 IM	6:41.90	Shirley Loftus-Charley	2022	6:39.66	John Mccorkle	2022
75-79	50 Free	37.33	Johnnie Detrick	2011	37.41	Owen Maher	2010
75-79	100 Free	1:28.71	Johnnie Detrick	2012	1:29.29	Charles Erwin	2006
75-79	200 Free	3:21.57	Beth Schreiner	2018	3:07.23	Warner Brundage	2018
75-79	400 Free	7:33.12	Johnnie Detrick	2012	6:43.00	Charles Erwin	2006
75-79	800 Free	19:13.87	Jeanne Meredith	2006	14:13.91	Charles Erwin	2007
75-79	1500 Free				36:25.30	Richard Scott	2010
75-79	50 Back	49.94	Beth Schreiner	2018	49.50	Calvin Barnes	
75-79	100 Back	1:56.61	Laura Walker	2012	1:46.58	Calvin Barnes	2000
75-79	200 Back	4:06.60	Laura Walker	2012	3:29.44	Warner Brundage	2018
75-79	50 Breast	51.86	Johnnie Detrick	2011	46.13	Terry Gernstein	2017
75-79	100 Breast	1:57.94	Johnnie Detrick	2011	1:42.92	Terry Gernstein	2017
75-79	200 Breast	4:09.87	Johnnie Detrick	2010	3:52.34	Terry Gernstein	2017
75-79	50 Fly	1:01.26	Johnnie Detrick	2011	41.99	Randolph Wise	2019
75-79	100 Fly	2:48.32	Ida Hlavacek	2019	2:04.33	Owen Maher	2010
75-79	200 Fly	5:37.00	Barbara Zaremski	2013	5:27.28	Richard Scott	2010
75-79	100 IM	1:48.05	Johnnie Detrick	2011	1:41.49	Warner Brundage	2018
75-79	200 IM	4:06.34	Johnnie Detrick	2012	4:14.75	Richard Scott	2010
75-79	400 IM	10:04.63	Barbara Zaremski	2013	9:38.42	Richard Scott	2010

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		Time	Name	Year	Time	Name	Year
80-84	50 Free	39.21	Johnnie Detrick	2016	34.96	Harry Sober	2023
80-84	100 Free	1:32.76	Johnnie Detrick	2016	1:27.69	Harry Sober	2023
80-84	200 Free	3:39.81	Johnnie Detrick	2015	3:53.19	Calvin Barnes	2006
80-84	400 Free	8:01.11	Joann Leilich	2022	7:42.16	Calvin Barnes	2004
80-84	800 Free	19:22.08	Jeanne Meredith	2009	16:05.40	Calvin Barnes	2006
80-84	1500 Free				30:40.77	Calvin Barnes	2006
80-84	50 Back	55.33	Beth Schreiner	2023	40.81	Howard Rolston	2020
80-84	100 Back	2:02.35	Laura Walker	2018	1:31.23	Howard Rolston	2020
80-84	200 Back	4:28.45	Laura Walker	2017	4:00.35	Calvin Barnes	2006
80-84	50 Breast	52.20	Johnnie Detrick	2015	56.57	David Nicholas	2019
80-84	100 Breast	1:58.69	Joann Leilich	2022	2:10.15	David Nicholas	2019
80-84	200 Breast	4:14.02	Joann Leilich	2022	5:07.35	Richard Scott	2015
80-84	50 Fly	1:07.94	Ida Hlavacek	2022	41.04	Howard Rolston	2020
80-84	100 Fly	2:51.76	Ida Hlavacek	2022	3:04.67	Richard Scott	2015
80-84	200 Fly	6:55.44	Ida Hlavacek	2022	7:31.85	Richard Scott	2015
80-84	100 IM	1:55.68	Johnnie Detrick	2015	1:30.87	Howard Rolston	2020
80-84	200 IM	4:23.87	Johnnie Detrick	2015	4:22.60	Calvin Barnes	2004
80-84	400 IM	12:08.47	Ida Hlavacek	2022	9:34.86	Calvin Barnes	2005
85-89	50 Free	54.34	Laura Walker	2023	47.98	Charles Erwin	2016
85-89	100 Free	2:17.95	Jeanne Meredith	2013	1:50.77	Charles Erwin	2016
85-89	200 Free	4:52.03	Marianna Berkley	2007	4:00.15	Charles Erwin	2016
85-89	400 Free	12:18.09	Ruth Good	2006	11:13.68	Cal Beattie	2022
85-89	800 Free				19:49.12	Calvin Barnes	2012
85-89	1500 Free				34:54.07	Calvin Barnes	2010
85-89	50 Back	1:04.04	Laura Walker	2023	1:10.88	Carl Russ	2023
85-89	100 Back	2:16.20	Laura Walker	2023	2:12.42	Calvin Barnes	2010
85-89	200 Back	4:47.51	Laura Walker	2023	4:33.11	Calvin Barnes	2010
85-89	50 Breast	1:10.37	Marianna Berkley	2007			
85-89	100 Breast	2:44.67	Marianna Berkley	2008			
85-89	200 Breast	5:46.05	Marianna Berkley	2007			
85-89	50 Fly	1:34.26	Marianna Berkley	2008			
85-89	100 IM	2:23.05	Marianna Berkley	2007			
85-89	200 IM	5:36.16	Marianna Berkley	2007			

Virginia LMSC: Individual Records

Short Course Meters

Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
90-94	50 Free	1:12.00	Jeanne Meredith	2019	1:13.60	Cal Beattie	2024
90-94	100 Free	2:22.27	Miriam Tuovila	2016	2:31.98	Calvin Barnes	2014
90-94	200 Free	5:35.92	Jeanne Meredith	2018	5:14.62	Calvin Barnes	2014
90-94	400 Free				10:36.66	Calvin Barnes	2014
90-94	1500 Free				39:52.69	Calvin Barnes	2014
90-94	50 Back	1:24.68	Jeanne Meredith	2018			
90-94	200 Back				5:25.11	Calvin Barnes	2014
90-94	50 Breast	1:28.76	Miriam Tuovila	2015			
90-94	100 Breast	3:26.15	Miriam Tuovila	2015			
90-94	200 Breast	7:20.16	Miriam Tuovila	2015			
90-94	50 Fly	1:48.46	Marie Kelleher	2006			
90-94	100 IM	3:31.92	Marie Kelleher	2006			
95-99	50 Free	1:34.21	Marie Kelleher	2008			
95-99	100 Free	3:10.36	Marie Kelleher	2008			
95-99	200 Free	6:50.52	Marie Kelleher	2008			
95-99	50 Breast	2:10.80	Marie Kelleher	2010			
95-99	100 IM	3:54.89	Marie Kelleher	2008			
100-104	50 Free	1:44.10	Marie Kelleher	2012			
100-104	100 Free	3:40.00	Marie Kelleher	2012			



Virginia LMSC: Relay Records

Short Course Meters

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
72-99	Women	200 Medley	2:29.57	CNU	Christine Anastasio	Camille Tanner	Danielle Cavazos	Jennifer Brown	2011
100-119	Women	200 Free	2:23.61	VMST	Beth Waters	Elaine Koppana	Clai Bolek	Mary Beth Hannifer	
120-159	Women	200 Free	1:58.34	1693	Shannon Greene	Sara Shaner	Michele Choe	Katie Grier	2016
120-159	Women	200 Medley	2:16.11	1693	Katie Grier	Sara Shaner	Shannon Greene	Michele Choe	2016
120-159	Women	400 Free	5:59.18	VMST	Cheryl Benn	Catherine Rotch	Christina Flannery	Alison Benn	2011
160-199	Women	200 Free	2:16.95	SHYM	Elizabeth Graf	Shasta Rouch	Gail Kelley	Mary Hamilton	2010
160-199	Women	200 Medley	2:08.33	1693	Bonnie Zhang	Krista Gass	Susan Williams	Margaret Conze	2022
160-199	Women	400 Medley	6:23.02	VMST	Ying Zhang	Dianne Cobb	Megan Shepard	Denise Letendre	2019
160-199	Women	400 Free	5:35.52	SHYM	Gail Kelley	Erica Locher	Barbara Raab	Julia Nefczyk	2011
160-199	Women	800 Free	12:41.26	VMST	Charlotte Hollings	Susan McKerns	Esther Platsis	Andrea Latell	2009
200-239	Women	200 Free	1:54.26	VMST	Marie Restrepo	Fall Willeboordse	Susan Williams	Margaret Conze	2020
200-239	Women	200 Medley	2:06.51	1693	Susan Williams	Kristen Harris	Margaret Conze	Fall Willeboordse	2021
200-239	Women	400 Free	6:12.52	VMST	Sue Loustaunau	Phoebe Mix	Molly Broderson	Andrea Latell	2016
200-239	Women	400 Medley	9:14.48	VMST	Arlein Steiner	Cheryl Benn	Megan Shepard	Victoria Nicholls	2017
200-239	Women	800 Free	11:48.55	VMST	Susan Dickens	Dianne Cobb	Nancy Speer	Denise Letendre	2019
240-279	Women	200 Free	2:34.10	VMST	Shirley Loftus-Charley	Marcia Barry	Claire Letendre	Barbara Boslego	2019
240-279	Women	200 Medley	2:55.31	VMST	Marcia Barry	Barbara Boslego	Shirley Loftus-Charley	Claire Letendre	2019
240-279	Women	400 Medley	6:39.33	VMST	Marcia Barry	Barbara Boslego	Shirley Loftus-Charley	Claire Letendre	2019
240-279	Women	400 Free	5:39.95	VMST	Marcia Barry	Claire Letendre	Barbara Boslego	Shirley Loftus-Charley	2019
240-279	Women	800 Free	11:41.12	VMST	Shirley Loftus-Charley	Susan Dickens	Nancy Speer	Marcia Barry	2018
280-319	Women	200 Free	2:31.67	VMST	Beth Schreiner	Barbara Boslego	Shirley Loftus-Charley	Ann Lyttle	2019
280-319	Women	200 Medley	2:56.56	VMST	Marcia Barry	Johnnie Detrick	Shirley Loftus-Charley	Laura Walker	2014
280-319	Women	400 Free	5:30.90	VMST	Barbara Boslego	Beth Schreiner	Ann Lyttle	Shirley Loftus-Charley	2019
280-319	Women	400 Medley	6:28.18	VMST	Beth Schreiner	Barbara Boslego	Shirley Loftus-Charley	Ann Lyttle	2020
280-319	Women	800 Free	12:45.85	VMST	Barbara Boslego	Johnnie Detrick	Terry Sue Gault	Shirley Loftus-Charley	2017
320-359	Women	200 Free	3:35.14	VMST	Laura Walker	Terry Sokolik	Jeanne Meredith	Marcia Barry	2015
320-359	Women	200 Medley	4:51.05	VMST	Judy Martin	Joan Averette	Susan Marens	Jeanne Meredith	2017
320-359	Women	400 Free	7:46.75	VMST	Johnnie Detrick	Jeanne Meredith	Terry Sokolik	Marcia Barry	2015
320-359	Women	400 Medley	9:50.03	VMST	Laura Walker	Susan Marens	Barbara Boslego	Lorene Blood	2023
320-359	Women	800 Free	17:14.70	VMST	Laura Walker	Jeanne Meredith	Terry Sokolik	Marcia Barry	2015

## Virginia LMSC: Relay Records

## Short Course Meters

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
72-99	Men	200 Free	1:38.63	NVA	Christopher Dalla Valle	Kevin Mastracci	Gunnar Eichler	Derek Lang	2023
72-99	Men	200 Medley	1:49.96	NVA	Kevin Mastracci	Gunnar Eichler	Christopher Dalla Valle	Derek Lang	2023
72-99	Men	400 Free	3:35.65	NVA	Christopher Dalla Valle	Kevin Mastracci	Gunnar Eichler	Derek Lang	2023
72-99	Men	400 Medley	3:58.97	NVA	Kevin Mastracci	Gunnar Eichler	Christopher Dalla Valle	Derek Lang	2023
72-99	Men	800 Free	8:07.36	NVA	Christopher Dalla Valle	Kevin Mastracci	Gunnar Eichler	Derek Lang	2023
100-119	Men	200 Free	1:41.91	1693	James Henderson	Rich Williams	Austin Glass	Sidney Glass	2017
100-119	Men	200 Medley	1:52.67	1693	Sidney Glass	Rich Williams	Austin Glass	James Henderson	2017
120-159	Men	200 Free	1:47.29	TIDE	Paul Vermaak	Morgan Latimer	Dirk Verheul	Jason Rodriguez	2018
120-159	Men	200 Medley	1:54.32	1693	Sam Kettlewell-Sites	Rich Williams	Evan Elsaesser	Kyle Major	2022
120-159	Men	400 Medley	4:07.92	VMST	Chris Stevenson	Adam Barley	Dave Holland	Billy Gaines	2010
160-199	Men	200 Free	1:49.86	1693	Douglas Slater	Adrian Maholchic	Michael Lovett	Rich Williams	2018
160-199	Men	200 Medley	1:59.73	1693	John Rockwell	Rich Williams	Patrick Brugh	Robert Bellamy	2021
160-199	Men	400 Free	4:47.98	FAFF	Daniel Levy	William Graf	Carl Ingebretsen	Jonathan De Leo	2023
160-199	Men	400 Medley	4:10.47	VMST	Chris Stevenson	Evan Davis	Dave Holland	Bill Winters	2008
160-199	Men	800 Free	8:43.47	VMST	Michael Picotte	Charles Cockrell	Dave Holland	Chris Stevenson	2009
200-239	Men	200 Free	1:53.96	VMST	Gregory Harris	David Malsbury	Kirk Clear	Christopher Scharver	2018
200-239	Men	200 Medley	2:09.12	VMST	Gregory Harris	David Malsbury	Kirk Clear	Christopher Scharver	2018
200-239	Men	400 Free	4:18.73	VMST	Tom Deppe	Mitch Saks	Greg Harris	George Tripper	2014
200-239	Men	400 Medley	5:48.54	VMST	Christopher Scharver	Roger Whiteway	Greg Harris	Mitch Saks	2019
200-239	Men	800 Free	11:25.32	FAFF	Steven Karl	Carl Ingebretsen	Daniel Levy	Jonathan De Leo	2023
240-279	Men	200 Free	2:04.03	VMST	Keith Algernon	Harry Sober	James Daly	Peter Lillehei	2023
240-279	Men	200 Medley	2:35.76	VMST	Jim Miller	Randy Dash	James Daly	John McCorkle	2022
240-279	Men	400 Free	5:50.20	VMST	Owen Maher	Ralph Swiger	Bill Nelson	Bryan Stone	2012
240-279	Men	800 Free	11:34.47	VMST	Vic Mickunas	Mitch Saks	Jim McFarland	Keith Murray	2018
280-319	Men	200 Free	2:33.15	VMST	Warner Brundage	Bill Nelson	L Clay Beall	Roger Whiteway	2018
280-319	Men	200 Medley	3:43.66	VMST	Carl Russ	Vic Mickunas	Ralph Swiger	Scott Belfit	2023
280-319	Men	400 Free	6:55.09	VMST	Carl Russ	James Slaughter	Ralph Swiger	Bryan Stone	2019
280-319	Men	400 Medley	8:06.27	VMST	Alfred Newbury	James Slaughter	Ralph Swiger	Bryan Stone	2018
320-359	Men	200 Free	3:31.44	VMST	Alfred Newbury	Carl Russ	Randolph Wise	Chris Frogley	2019

## Virginia LMSC: Relay Records

## Short Course Meters

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
72-99	Mixed	200 Medley	2:17.44	CNU	Lindsay Schiller	John Fisher	Ashley Lomicka	Marshall Severin	2009
100-119	Mixed	200 Free	1:47.59	1693	Corey Camp	Megan Northshield	Katie Grier	James Henderson	2018
100-119	Mixed	200 Medley	2:02.65	VMST	Kate Hibbard	Claire Russo	Adam Barley	Boyd Orr	2010
100-119	Mixed	400 Medley	4:23.50	VMST	Kate Hibbard	Claire Russo	Adam Barley	Billy Gaines	2010
120-159	Mixed	200 Free	1:44.15	1693	Katie Grier	Michael Lovett	Courtney Hurtubise	Sidney Glass	2015
120-159	Mixed	200 Medley	1:59.80	1693	Sidney Glass	Rich Williams	Katie Grier	Courtney Hurtubise	2015
120-159	Mixed	400 Free	4:22.63	1693	Samuel Yund	Hayley Wittsack	Megan Northshield	Ted Lynch	2018
120-159	Mixed	400 Medley	4:53.40	VMST	Kirk Clear	Denise Letendre	Mariah Dudley	Gregory Harris	2014
160-199	Mixed	200 Free	1:53.97	1693	David Bell	Rich Williams	Shannon Greene	Michele Choe	2022
160-199	Mixed	200 Medley	2:17.75	VMST	Betsy Durrant	Tony Smith	Stanislav Filatov	Gretchen Smith	
160-199	Mixed	400 Free	4:14.84	1693	Douglas Slater	Shannon Green	Adrian Maholchic	Katie Grier	2018
160-199	Mixed	400 Medley	4:28.74	VMST	Troy Johnson	Patricia Miller	Dave Holland	Alice Phillips	2008
160-199	Mixed	800 Free	12:11.83	VMST	Brook Sexauer	Ralph Swiger	Christopher Scharver	Denise Letendre	2018
200-239	Mixed	200 Free	2:25.65	VMST	Barbara Boslego	Cheryl Benn	Vic Mickunas	Gary Ladd	2013
200-239	Mixed	200 Medley	2:05.35	VMST	Chris Stevenson	Lisa Bennett	Dave Holland	Shirley Loftus-Charley	2010
200-239	Mixed	400 Free	4:36.57	VMST	Shirley Loftus-Charley	Elizabeth Joseph	Stephen Joseph	Wayne Duncan	2012
200-239	Mixed	400 Medley	4:35.02	VMST	Chris Stevenson	Lisa Bennett	Dave Holland	Shirley Loftus-Charley	2010
200-239	Mixed	800 Free	10:57.14	VMST	Wayne Duncan	Stephen Joseph	Elizabeth Joseph	Shirley Loftus-Charley	2012
240-279	Mixed	200 Free	2:19.20	VMST	Barbara Boslego	Debbie Jaeger	Algernon Keith	James Daly	2022
240-279	Mixed	200 Medley	2:42.00	VMST	Hugh McGee	Joann Leilich	Stephen Tassi	Beth Schreiner	2005
240-279	Mixed	400 Free	5:21.66	VMST	Shirley Loftus-Charley	Ralph Swiger	Barbara Boslego	Robert Romo	2014
240-279	Mixed	400 Medley	5:46.24	VMST	Barbara Boslego	Patricia Miller	Gregory Harris	Jim Miller	2018
240-279	Mixed	800 Free	11:54.23	VMST	Barbara Boslego	Algernon Keith	James Daly	Debbie Jaeger	2022
280-319	Mixed	200 Free	3:15.36	VMST	Dick Scott	Betsy Champbers	Kathryn Gregory	Frank Miller	2013
280-319	Mixed	200 Medley	3:04.34	VMST	Beth Schreiner	Barbara Boslego	James Davis	Jim Miller	2017
280-319	Mixed	400 Free	8:22.84	VMST	Dick Scott	Kathleen Broderick	Betsy Champbers	Frank Miller	2013
280-319	Mixed	400 Medley	7:33.03	VMST	Alfred Newbury	Susan Marens	Ida Hlavacek	Owen Maher	2009
280-319	Mixed	800 Free	18:59.17	VMST	Dick Scott	Kathleen Broderick	Patricia Sikora	Frank Miller	2013
320-359	Mixed	200 Free	4:04.06	VMST	Joan Averette	Alfred Newbury	Carl Russ	Laura Walker	2016
320-359	Mixed	200 Medley	4:02.38	VMST	Alfred Newbury	Marianna Berkley	Owen Maher	Terry Sokolik	2010