

## Virginia LMSC: Individual Records

## Short Course Yards

Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
18-24	50 Free	23.86	Rachel Nelson	2014	20.24	Lucas Bureau	2018
18-24	100 Free	52.01	Rachel Nelson	2014	43.97	Lucas Bureau	2018
18-24	200 Free	1:54.11	Gabrielle Mizerak	2016	1:39.93	Lucas Bureau	2018
18-24	500 Free	5:17.94	Anne Muir	2009	4:29.09	Andrew Greenhalgh	2018
18-24	1000 Free	10:52.83	Kaley Gregory	2016	9:37.03	Benjamin Garrett	2005
18-24	1650 Free	18:08.86	Kaley Gregory	2016	16:35.76	Benjamin Garrett	2005
18-24	50 Back	26.73	Gabrielle Mizerak	2015	23.45	Sidney Glass	2016
18-24	100 Back	58.59	Gabrielle Mizerak	2015	52.17	James Henderson	2018
18-24	200 Back	2:07.40	Lori Leitzinger	2011	1:54.51	Sidney Glass	2016
18-24	50 Breast	29.59	Amalia Kobelja	2016	27.00	Nathan Destree	2015
18-24	100 Breast	1:07.05	Laura Schwartz	2018	56.99	Jonathan Nelson	2017
18-24	200 Breast	2:24.53	Laura Schwartz	2018	2:13.05	Benjamin Garrett	2005
18-24	50 Fly	25.53	Gabrielle Mizerak	2016	21.95	Lucas Bureau	2018
18-24	100 Fly	56.22	Gabrielle Mizerak	2016	47.41	Lucas Bureau	2018
18-24	200 Fly	2:03.45	Elizabeth Shaw	2012	1:56.80	Jonathan Nelson	2018
18-24	100 IM	59.49	Gabrielle Mizerak	2016	49.23	Lucas Bureau	2018
18-24	200 IM	2:09.53	Laura Schwartz	2018	1:57.45	Benjamin Garrett	2005
18-24	400 IM	4:48.20	Anne Muir	2009	4:07.94	Benjamin Garrett	2005
25-29	50 Free	24.13	Rachel Nelson	2018	20.56	Kevin Gallagher	2017
25-29	100 Free	52.00	Marina Falcone	2017	45.53	Kevin Gallagher	2017
25-29	200 Free	1:52.76	Marina Falcone	2017	1:41.48	Troy Johnson	2004
25-29	500 Free	5:22.19	Deborah Cain	1985	4:42.26	Frank Byskov	2004
25-29	1000 Free	11:00.56	Danielle Myers	2012	10:05.95	Adam Barley	2011
25-29	1650 Free	18:24.07	Deborah Cain	1985	17:04.03	John Hogan	2015
25-29	50 Back	28.11	Gabrielle Mizerak	2018	23.60	Sidney Glass	2018
25-29	100 Back	59.21	Kate Hibbard	2010	51.06	David Wren	2016
25-29	200 Back	2:07.06	Kate Hibbard	2010	1:53.60	Chris Stevenson	1994
25-29	50 Breast	31.30	Victoria Maqueda	2018	26.64	Jeremy Linn	2005
25-29	100 Breast	1:09.27	Victoria Maqueda	2018	57.49	Neill Williams	1994
25-29	200 Breast	2:28.64	Denise Letendre	2018	2:09.35	Neill Williams	1994
25-29	50 Fly	25.89	Gabrielle Mizerak	2018	22.99	Kevin Gallagher	2017
25-29	100 Fly	58.05	Katie Sieben	2016	50.52	Frank Byskov	2004
25-29	200 Fly	2:09.97	Denise Letendre	2014	1:54.52	Scott Halasz	2008
25-29	100 IM	1:01.22	Gabrielle Mizerak	2018	52.26	Neill Williams	1994
25-29	200 IM	2:10.46	Kate Hibbard	2011	1:55.03	Frank Byskov	2004
25-29	400 IM	4:37.98	Denise Letendre	2018	4:16.15	Frank Byskov	2004

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
30-34	50 Free	25.13	Courtney Hurtubise	2013	20.65	Kevin Gallagher	2018
30-34	100 Free	54.78	Beth Scheimann	1994	45.67	Kevin Gallagher	2018
30-34	200 Free	1:58.35	Maura Bolger	2012	1:42.39	Geoffrey Meyer	2017
30-34	500 Free	5:14.58	Marina Falcone	2017	4:43.29	Chris Stevenson	1995
30-34	1000 Free	10:56.69	Deborah Reed		10:00.08	Billy Gaines	2011
30-34	1650 Free	18:03.83	Deborah Reed	2003	16:31.38	Eric Limkemann	2013
30-34	50 Back	29.18	Elizabeth Joiner	2016	23.97	Joshua Fowler	2017
30-34	100 Back	1:03.14	Carina Masson	2018	50.49	Ryan Bradley	2007
30-34	200 Back	2:19.89	Elizabeth Joiner	2016	1:54.10	Chris Stevenson	1995
30-34	50 Breast	31.21	Lisa Bennett	1989	26.59	Vanja Rogulj	2012
30-34	100 Breast	1:08.96	Lisa Bennett	1989	1:00.14	Neill Williams	2002
30-34	200 Breast	2:33.76	Cheryl Conlin	2003	2:15.57	Neill Williams	2002
30-34	50 Fly	27.85	Beth Scheimann	1993	23.38	Coll Haddon	1998
30-34	100 Fly	1:00.17	Maura Bolger	2012	50.08	Matt Haupt	2010
30-34	200 Fly	2:12.37	Maura Bolger	2012	1:49.63	Matt Haupt	2010
30-34	100 IM	1:02.99	Beth O'Connor	1995	52.29	Geoffrey Meyer	2017
30-34	200 IM	2:14.62	Maura Bolger	2012	1:57.59	Daniel Summerlin	2007
30-34	400 IM	4:44.90	Maura Bolger	2012	4:13.74	Adam Barley	2016
35-39	50 Free	23.82	Katie Grier	2018	21.18	Daniel Summerlin	2008
35-39	100 Free	51.91	Katie Grier	2018	47.33	Daniel Summerlin	2012
35-39	200 Free	1:56.11	Katie Grier	2018	1:47.91	Chris Stevenson	2000
35-39	500 Free	5:26.91	Kelly Parker	1999	4:50.41	Chris Stevenson	2000
35-39	1000 Free	11:06.62	Kelly Parker	1999	10:33.12	Rob St Jean	2005
35-39	1650 Free	18:29.19	Kelly Parker	1999	17:14.60	Rob St Jean	2004
35-39	50 Back	27.81	Katie Grier	2017	24.64	Chris Stevenson	2000
35-39	100 Back	59.87	Beth Baker	2000	52.93	Chris Stevenson	2000
35-39	200 Back	2:15.55	Beth Baker	2001	1:55.48	Chris Stevenson	2000
35-39	50 Breast	31.45	Lisa Bennett	1991	27.87	Aaron Nester	2017
35-39	100 Breast	1:09.09	Kristen Harris	2016	1:01.50	Michael Slowey	1993
35-39	200 Breast	2:33.72	Cheryl Conlin	2005	2:15.38	Michael Slowey	1993
35-39	50 Fly	26.00	Katie Grier	2017	23.69	Daniel Summerlin	2012
35-39	100 Fly	57.89	Beth Baker		51.69	Daniel Summerlin	2008
35-39	200 Fly	2:11.41	Beth Baker	2001	1:58.92	Chris Stevenson	2000
35-39	100 IM	1:01.35	Beth Baker	2000	53.70	Michael Lovett	2016
35-39	200 IM	2:13.08	Beth Baker	1999	1:59.02	Daniel Summerlin	2008
35-39	400 IM	4:48.65	Beth Baker	1999	4:24.06	Rob St Jean	2004

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
40-44	50 Free	24.65	Beth Baker	2002	21.84	John Tudor	1998
40-44	100 Free	54.79	Beth Baker	2002	47.58	John Tudor	2000
40-44	200 Free	1:59.41	Beth Baker	2001	1:44.37	Chris Stevenson	2009
40-44	500 Free	5:33.24	Kelly Parker	2004	4:42.67	Chris Stevenson	2009
40-44	1000 Free	11:24.44	Beth Baker	2001	9:50.25	Chris Stevenson	2009
40-44	1650 Free	19:17.63	Kelly Parker	2004	17:40.34	Rob St Jean	2010
40-44	50 Back	28.95	Beth Baker	2002	24.45	Chris Stevenson	2008
40-44	100 Back	1:00.71	Beth Baker	2002	50.67	Chris Stevenson	2009
40-44	200 Back	2:11.40	Beth Baker	2001	1:51.10	Chris Stevenson	2009
40-44	50 Breast	31.34	Kristen Harris	2017	28.43	Rich Williams	2017
40-44	100 Breast	1:09.86	Kristen Harris	2017	1:02.36	Michael Slowey	1998
40-44	200 Breast	2:32.09	Kristen Harris	2017	2:18.21	Michael Slowey	1998
40-44	50 Fly	26.42	Beth Baker	2001	23.82	Chris Stevenson	2009
40-44	100 Fly	58.56	Beth Baker	2001	50.81	Chris Stevenson	2009
40-44	200 Fly	2:09.63	Beth Baker	2001	1:54.85	Chris Stevenson	2009
40-44	100 IM	1:01.22	Beth Baker	2001	55.67	John Tudor	1998
40-44	200 IM	2:15.17	Beth Baker	2001	2:03.51	John Tudor	2000
40-44	400 IM	4:49.61	Beth Baker	2001	4:23.70	Chris Stevenson	2008
45-49	50 Free	25.53	Annette Patterson	2012	22.65	Brent Holsten	2017
45-49	100 Free	55.86	Annette Patterson	2012	50.09	Brent Holsten	2017
45-49	200 Free	2:05.36	Kelly Parker Palace	2011	1:45.92	Chris Stevenson	2010
45-49	500 Free	5:31.34	Kelly Parker Palace	2011	4:52.46	Chris Stevenson	2011
45-49	1000 Free	11:18.46	Kelly Parker Palace	2011	10:24.07	Chris Stevenson	2011
45-49	1650 Free	18:52.84	Kelly Parker Palace	2011	17:20.40	Chris Stevenson	2011
45-49	50 Back	28.94	Annette Patterson	2012	24.28	Chris Stevenson	2010
45-49	100 Back	1:06.03	Annette Patterson	2012	51.55	Chris Stevenson	2011
45-49	200 Back	2:31.47	Caycee Buscaglia	2011	1:55.04	Chris Stevenson	2011
45-49	50 Breast	33.96	Patricia Miller		28.60	David Malsbury	2007
45-49	100 Breast	1:12.78	Patricia Miller		1:04.24	David Malsbury	2010
45-49	200 Breast	2:42.13	Patricia Miller		2:24.61	Tom Royal	2006
45-49	50 Fly	28.52	Annette Patterson	2012	23.89	Chris Stevenson	2010
45-49	100 Fly	1:05.45	Alice Phillips	2012	51.36	Chris Stevenson	2010
45-49	200 Fly	2:28.93	Donna Hodgert	2015	1:57.08	Chris Stevenson	2010
45-49	100 IM	1:05.25	Annette Patterson	2012	54.99	Chris Stevenson	2010
45-49	200 IM	2:23.82	Alice Phillips	2011	2:00.26	Chris Stevenson	2010
45-49	400 IM	5:17.95	Donna Hodgert	2015	4:17.52	Chris Stevenson	2010

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
50-54	50 Free	26.12	Annette Patterson	2016	22.83	Gregory Harris	2016
50-54	100 Free	57.72	Suzanne Newell	2011	49.96	Gregory Harris	2016
50-54	200 Free	2:05.65	Kelly Parker Palace	2015	1:54.59	Gregory Harris	2016
50-54	500 Free	5:37.30	Kelly Parker Palace	2015	5:23.90	Jim McFarland	2009
50-54	1000 Free	11:26.42	Kelly Parker Palace	2015	10:36.39	Rob Jones	2016
50-54	1650 Free	19:22.83	Kelly Parker Palace	2015	17:41.21	Rob Jones	2016
50-54	50 Back	29.00	Annette Patterson	2016	25.99	Chris Stevenson	2015
50-54	100 Back	1:05.74	Annette Patterson	2016	54.99	Chris Stevenson	2017
50-54	200 Back	2:25.28	Val Van Horn Pate	2016	2:03.00	Chris Stevenson	2015
50-54	50 Breast	32.83	Lisa Bennett	2010	28.30	Gregory Harris	2018
50-54	100 Breast	1:12.46	Lisa Bennett	2010	1:01.38	Gregory Harris	2018
50-54	200 Breast	2:45.89	Lisa Bennett	2006	2:20.62	Gregory Harris	2018
50-54	50 Fly	29.03	Suzanne Newell	2011	24.76	Chris Stevenson	2015
50-54	100 Fly	1:05.96	Val Van Horn Pate	2015	56.35	Chris Stevenson	2015
50-54	200 Fly	2:35.47	Val Van Horn Pate	2013	2:08.96	Chris Stevenson	2015
50-54	100 IM	1:05.26	Suzanne Newell	2011	57.04	Gregory Harris	2018
50-54	200 IM	2:31.51	Kelly Parker Palace	2015	2:08.10	Gregory Harris	2018
50-54	400 IM	5:24.23	Kelly Parker Palace	2015	4:47.01	Gregory Harris	2016
55-59	50 Free	26.37	Lisa Bennett	2011	23.95	Douglas Slater	2016
55-59	100 Free	58.81	Lisa Bennett	2011	52.72	Douglas Slater	2016
55-59	200 Free	2:16.25	Shirley Loftus-Charley	2010	1:56.76	Dave Oates	2008
55-59	500 Free	5:54.39	Shirley Loftus-Charley	2011	5:25.51	Dave Oates	2009
55-59	1000 Free	11:49.98	Shirley Loftus-Charley	2011	11:58.79	Jim McFarland	2013
55-59	1650 Free	19:49.87	Shirley Loftus-Charley	2011	19:37.29	Jim McFarland	2013
55-59	50 Back	30.54	Val Van Horn Pate	2018	27.64	Douglas Slater	2016
55-59	100 Back	1:06.99	Val Van Horn Pate	2018	59.71	Douglas Slater	2016
55-59	200 Back	2:27.15	Val Van Horn Pate	2018	2:13.79	Douglas Slater	2016
55-59	50 Breast	33.76	Lisa Bennett	2011	30.58	Robert Chenault	2018
55-59	100 Breast	1:13.91	Lisa Bennett	2011	1:08.18	Jack Schiltz	1999
55-59	200 Breast	2:52.25	Patricia Miller	2016	2:33.17	Jack Schiltz	1998
55-59	50 Fly	29.71	Val Van Horn Pate	2018	26.78	Jack Schiltz	1999
55-59	100 Fly	1:05.13	Val Van Horn Pate	2018	1:01.84	Ralph Hellmann	2018
55-59	200 Fly	2:28.21	Val Van Horn Pate	2018	2:22.76	Charles Tupitza	2010
55-59	100 IM	1:07.93	Lisa Bennett	2011	1:00.60	Douglas Slater	2016
55-59	200 IM	2:27.59	Val Van Horn Pate	2018	2:17.43	Rick Stringer	2005
55-59	400 IM	5:28.24	Shirley Loftus-Charley	2011	4:59.66	Rick Stringer	2005

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
60-64	50 Free	30.54	Shirley Loftus-Charley	2012	24.16	Scott Kauffman	2011
60-64	100 Free	1:04.18	Shirley Loftus-Charley	2012	54.14	Douglas Slater	2018
60-64	200 Free	2:16.92	Shirley Loftus-Charley	2012	2:12.68	Jack Schiltz	2003
60-64	500 Free	5:56.62	Shirley Loftus-Charley	2012	6:00.57	Warner Brundage	2003
60-64	1000 Free	12:06.00	Shirley Loftus-Charley	2012	12:29.83	Warner Brundage	2003
60-64	1650 Free	20:04.71	Shirley Loftus-Charley	2012	20:59.69	Neil Watts	2004
60-64	50 Back	36.94	Marcia Barry	2012	27.69	Douglas Slater	2018
60-64	100 Back	1:17.33	Shirley Loftus-Charley	2012	1:00.29	Douglas Slater	2018
60-64	200 Back	2:38.63	Shirley Loftus-Charley	2012	2:14.18	Douglas Slater	2018
60-64	50 Breast	39.46	Shirley Loftus-Charley	2012	31.47	Jack Schiltz	2003
60-64	100 Breast	1:24.75	Shirley Loftus-Charley	2012	1:11.87	Jack Schiltz	2003
60-64	200 Breast	2:57.39	Shirley Loftus-Charley	2012	2:39.51	Jack Schiltz	2003
60-64	50 Fly	33.58	Shirley Loftus-Charley	2012	26.99	Scott Kauffman	2011
60-64	100 Fly	1:12.93	Shirley Loftus-Charley	2012	1:04.11	Jack Schiltz	2003
60-64	200 Fly	2:43.42	Shirley Loftus-Charley	2012	2:37.18	John Mccorkle	2016
60-64	100 IM	1:15.44	Shirley Loftus-Charley	2012	1:00.09	Douglas Slater	2018
60-64	200 IM	2:36.65	Shirley Loftus-Charley	2012	2:17.83	Douglas Slater	2018
60-64	400 IM	5:33.25	Shirley Loftus-Charley	2012	5:08.78	Douglas Slater	2018
65-69	50 Free	30.42	Beth Schreiner	2007	26.47	Harry Sober	2008
65-69	100 Free	1:06.77	Shirley Loftus-Charley	2017	59.61	Craig Bauer	2018
65-69	200 Free	2:23.77	Shirley Loftus-Charley	2017	2:15.65	Craig Bauer	2018
65-69	500 Free	6:15.42	Shirley Loftus-Charley	2017	6:28.02	Sandy Galletly	2009
65-69	1000 Free	12:29.29	Shirley Loftus-Charley	2016	13:34.58	Sandy Galletly	2009
65-69	1650 Free	20:43.29	Shirley Loftus-Charley	2016	22:36.37	Sandy Galletly	2009
65-69	50 Back	38.10	Marcia Barry	2016	33.50	Harry Sober	2008
65-69	100 Back	1:20.04	Shirley Loftus-Charley	2017	1:14.70	Harry Sober	2008
65-69	200 Back	2:46.37	Shirley Loftus-Charley	2017	2:45.20	Warner Brundage	2010
65-69	50 Breast	37.74	Joann Leilich	2004	35.94	Craig Bauer	2018
65-69	100 Breast	1:23.95	Joann Leilich	2004	1:18.36	Warner Brundage	2009
65-69	200 Breast	3:01.50	Joann Leilich	2004	2:52.59	Warner Brundage	2009
65-69	50 Fly	35.02	Shirley Loftus-Charley	2017	29.12	Art Wolfe	2005
65-69	100 Fly	1:17.35	Shirley Loftus-Charley	2016	1:09.61	Art Wolfe	2005
65-69	200 Fly	2:46.89	Shirley Loftus-Charley	2017	2:56.75	Art Wolfe	2006
65-69	100 IM	1:20.01	Shirley Loftus-Charley	2016	1:08.17	Art Wolfe	2005
65-69	200 IM	2:45.52	Shirley Loftus-Charley	2017	2:34.93	Art Wolfe	2006
65-69	400 IM	5:41.79	Shirley Loftus-Charley	2017	5:40.97	Art Wolfe	2006

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
70-74	50 Free	31.51	Beth Schreiner	2012	26.96	Hank Holswade	2016
70-74	100 Free	1:12.24	Beth Schreiner	2011	1:01.52	Hank Holswade	2016
70-74	200 Free	2:39.48	Ann Lyttle	2018	2:29.13	Ken Novell	2013
70-74	500 Free	7:34.77	Beth Schreiner	2011	7:08.50	Ken Novell	2013
70-74	1000 Free	16:06.98	Betsy Durrant	2012	15:43.88	Robin Wilson	2013
70-74	1650 Free	26:53.60	Betsy Durrant	2012	26:48.09	James Slaughter	2016
70-74	50 Back	40.03	Beth Schreiner	2012	33.86	Hank Holswade	2016
70-74	100 Back	1:29.24	Beth Schreiner	2012	1:15.38	Hank Holswade	2016
70-74	200 Back	3:22.27	Beth Schreiner	2013	3:00.68	Warner Brundage	2014
70-74	50 Breast	45.73	Pam Dameron	2016	37.91	Terry Gernstein	2013
70-74	100 Breast	1:41.85	Johnnie Detrick	2006	1:26.41	Terry Gernstein	2013
70-74	200 Breast	3:43.67	Johnnie Detrick	2010	3:06.81	Richard Scott	2008
70-74	50 Fly	43.76	Lucille Griffin	2009	31.59	Randolph Wise	2012
70-74	100 Fly	1:38.98	Lucille Griffin	2010	1:29.95	Edward Gaulrapp	2013
70-74	200 Fly	3:33.51	Lucille Griffin	2012	3:38.49	Edward Gaulrapp	2014
70-74	100 IM	1:34.88	Johnnie Detrick	2006	1:17.51	Randolph Wise	2012
70-74	200 IM	3:33.88	Johnnie Detrick	2006	2:58.07	Warner Brundage	2014
70-74	400 IM	8:03.68	Barbara Zaremski	2009	7:01.91	Edward Gaulrapp	2013
75-79	50 Free	34.44	Johnnie Detrick	2012	28.59	Harry Sober	2018
75-79	100 Free	1:17.32	Johnnie Detrick	2011	1:04.67	Harry Sober	2018
75-79	200 Free	2:59.85	Beth Schreiner	2016	2:34.73	Ken Novell	2018
75-79	500 Free	8:42.61	Johnnie Detrick	2012	8:20.45	Calvin Barnes	1999
75-79	1000 Free	19:59.53	Lesley Francis	2010	16:38.58	Calvin Barnes	1999
75-79	1650 Free	33:29.74	Jeanne Meredith	2003	28:54.93	Calvin Barnes	1999
75-79	50 Back	41.62	Beth Schreiner	2016	36.23	Harry Sober	2018
75-79	100 Back	1:31.70	Beth Schreiner	2016	1:27.68	Ken Novell	2018
75-79	200 Back	3:20.54	Beth Schreiner	2016	3:27.19	Calvin Barnes	1999
75-79	50 Breast	47.56	Johnnie Detrick	2012	41.80	Terry Gernstein	2018
75-79	100 Breast	1:47.13	Johnnie Detrick	2012	1:33.43	Terry Gernstein	2018
75-79	200 Breast	3:49.28	Johnnie Detrick	2011	3:36.84	Terry Gernstein	2018
75-79	50 Fly	44.16	Lucille Griffin	2014	33.17	Harry Sober	2018
75-79	100 Fly	1:47.58	Lucille Griffin	2014	1:43.82	Owen Maher	2010
75-79	200 Fly	3:54.13	Lucille Griffin	2014	3:57.02	Edward Gaulrapp	2018
75-79	100 IM	1:38.05	Johnnie Detrick	2012	1:19.78	Harry Sober	2018
75-79	200 IM	3:37.74	Johnnie Detrick	2011	3:38.27	Edward Gaulrapp	2018
75-79	400 IM	9:05.27	Barbara Zaremski	2013	7:37.23	Edward Gaulrapp	2018

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
80-84	50 Free	34.20	Johnnie Detrick	2015	39.91	Patrick Frank	1988
80-84	100 Free	1:22.34	Johnnie Detrick	2015	1:29.79	Patrick Frank	1988
80-84	200 Free	3:19.00	Johnnie Detrick	2016	3:17.79	Patrick Frank	1988
80-84	500 Free	9:08.68	Johnnie Detrick	2018	9:06.23	Patrick Frank	1988
80-84	1000 Free	22:33.79	Marie Kelleher	1993	20:39.89	Carl Russ	2016
80-84	1650 Free	41:13.10	Marianna Berkley	2005	30:49.45	Calvin Barnes	2006
80-84	50 Back	50.15	Johnnie Detrick	2016	47.48	Harry Howell	1999
80-84	100 Back	1:52.18	Johnnie Detrick	2016	1:47.61	Harry Howell	1999
80-84	200 Back	4:01.30	Laura Walker	2018	3:40.29	Calvin Barnes	2006
80-84	50 Breast	50.93	Johnnie Detrick	2016	53.77	Richard Scott	2015
80-84	100 Breast	1:54.18	Johnnie Detrick	2017	2:02.19	Harry Howell	1999
80-84	200 Breast	4:04.31	Johnnie Detrick	2016	4:42.90	Richard Scott	2016
80-84	50 Fly	53.01	Johnnie Detrick	2016	1:14.27	Richard Scott	2015
80-84	100 Fly	2:42.38	Marie Kelleher	1994	3:19.89	Richard Scott	2015
80-84	200 Fly				7:07.00	Richard Scott	2016
80-84	100 IM	1:42.51	Johnnie Detrick	2016	1:47.02	Harry Howell	1998
80-84	200 IM	3:48.28	Johnnie Detrick	2016	3:40.29	Calvin Barnes	
80-84	400 IM	11:13.51	Marie Kelleher	1994	11:06.53	Richard Scott	2017
85-89	50 Free	49.87	Marianna Berkley	2007	45.33	Francis Hall	2012
85-89	100 Free	1:55.09	Marianna Berkley	2007	1:45.85	Francis Hall	2012
85-89	200 Free	4:21.41	Marie Kelleher	1998	3:44.80	Calvin Barnes	2011
85-89	500 Free	11:37.61	Lesley Francis	2017	9:11.45	Calvin Barnes	2011
85-89	1000 Free				20:24.94	Calvin Barnes	2011
85-89	1650 Free				34:40.45	Calvin Barnes	2011
85-89	50 Back	1:05.71	Marianna Berkley	2008	51.68	Harry Howell	2004
85-89	100 Back	2:20.63	Marianna Berkley	2008	1:52.42	Harry Howell	2004
85-89	200 Back	4:48.71	Marianna Berkley	2008	4:00.11	Calvin Barnes	2010
85-89	50 Breast	1:03.91	Miriam Tuovila	2011			
85-89	100 Breast	2:23.13	Marianna Berkley	2007			
85-89	200 Breast	5:08.48	Marianna Berkley	2008			
85-89	50 Fly	1:17.66	Marie Kelleher	1998	1:05.27	Harry Howell	2004
85-89	100 Fly	4:31.26	Roberta Sugden	2004			
85-89	100 IM	2:13.95	Marianna Berkley	2007			
85-89	200 IM	4:56.38	Marianna Berkley	2007	4:29.44	Harry Howell	2004

Virginia LMSC: Individual Records

Short Course Yards

Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
90-94	50 Free	1:01.14	Marianna Berkley	2012	1:03.46	Calvin Barnes	2015
90-94	100 Free	2:19.25	Marie Kelleher	2004	2:10.84	Calvin Barnes	2015
90-94	200 Free	4:59.01	Marie Kelleher	2004	4:30.53	Calvin Barnes	2015
90-94	500 Free				11:37.12	Calvin Barnes	2015
90-94	1000 Free				23:29.63	Calvin Barnes	2015
90-94	50 Back	1:13.50	Marianna Berkley	2012	1:03.10	Calvin Barnes	2015
90-94	100 Back	2:41.31	Marianna Berkley	2012			
90-94	200 Back				4:50.34	Calvin Barnes	2015
90-94	50 Breast	1:22.99	Miriam Tuovila	2016			
90-94	100 Breast	3:16.01	Miriam Tuovila	2017			
90-94	50 Fly	1:33.74	Marie Kelleher	2004			
90-94	100 IM	3:01.95	Marie Kelleher	2004			
90-94	200 IM	6:26.48	Marie Kelleher	2004			
95-99	50 Free	1:26.17	Marie Kelleher	2009			
95-99	100 Free	3:02.75	Marie Kelleher	2008			
95-99	200 Free	6:12.19	Marie Kelleher	2008			
95-99	50 Back	1:35.39	Marie Kelleher	2009			
95-99	50 Breast	1:55.41	Marie Kelleher	2009			
95-99	100 IM	3:28.34	Marie Kelleher	2008			
100-104	50 Free	1:58.08	Marie Kelleher	2013			



# Virginia LMSC: Relay Records

## Short Course Yards

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
18+	Women	200 Free	1:35.66	1693	Gabrielle Mizerak	Sara Shaner	Courtney Hurtubise	Katie Grier	2016
18+	Women	200 Medley	1:47.62	1693	Gabrielle Mizerak	Kristen Harris	Katie Grier	Sara Shaner	2016
18+	Women	400 Free	3:35.45	1693	Courtney Hurtubise	Katie Grier	Gabrielle Mizerak	Sara Shaner	2016
18+	Women	400 Medley	4:19.23	1693	Suzy Sleman	Kristen Harris	Gabrielle Mizerak	Katie Grier	2015
18+	Women	800 Free	8:01.73	1693	Anna Wujciak	Laura Schwartz	Emily Ryczek	Shannon Greene	2018
25+	Women	200 Free	1:38.28	1693	Gabrielle Mizerak	Sara Shaner	Krista Gass	Katie Grier	2018
25+	Women	200 Medley	1:53.15	1693	Katie Grier	Kristen Harris	Marina Falcone	Sara Shaner	2017
25+	Women	400 Free	3:36.62	1693	Gabrielle Mizerak	Victoria Maqueda	Katie Grier	Sara Shaner	2018
25+	Women	400 Medley	4:00.63	1693	Alexandra Czaplicki	Kristen Harris	Marina Falcone	Katie Grier	2017
25+	Women	800 Free	9:23.37	VMST	Denise Letendre	Barbie Gregory	Devon Wallace	Marcia Barry	2018
35+	Women	200 Free	1:44.79	1693	Kristen Harris	Michele Choe	Courtney Hurtubise	Katie Grier	2017
35+	Women	200 Medley	1:56.54	VMST	Beth Baker	Patricia Powis	Alice Phillips	Molly Dean	2002
35+	Women	400 Free	3:59.36	VMST	Debbie Jaeger	Trish Seubert	Christin Hokenson	Alice Phillips	2004
35+	Women	400 Medley	4:26.96	VMST	Beth Baker	Charlotte Boxley	Wendy Weil	Susan Skiff	1999
35+	Women	800 Free	8:37.23	VMST	Wendy Weil	Molly Bittner	Alice Phillips	Beth Baker	2002
45+	Women	200 Free	1:48.11	VMST	Alice Phillips	Jenny Kellinger	Molly Dean Bittner	Annette Patterson	2012
45+	Women	200 Medley	2:01.16	VMST	Annette Patterson	Patricia Miller	Alice Phillips	Jenny Kellinger	2012
45+	Women	400 Free	5:04.62	VMST	Nancy Miller	Betsy Durrant	Rosalyn Schanzer	Terry Sue Gault	1999
45+	Women	400 Medley	5:13.31	VMST	Debbie Jaeger	Patricia Miller	Kitten Braaten	Lisa Bushmire	2008
45+	Women	800 Free	9:48.84	VMST	Kitten Braaten	Nancy Miller	Terry Sue Gault	Lisa Bennett	2003
55+	Women	200 Free	2:08.09	VMST	Marcia Barry	Kitten Braaten	Nancy Betts	Shirley Loftus-Charley	2012
55+	Women	200 Medley	2:23.43	VMST	Nancy Betts	Shirley Loftus-Charley	Kitten Braaten	Marcia Barry	2012
55+	Women	400 Free	5:06.82	VMST	Patricia Miller	Laura Walker	Shirley Loftus-Charley	Barbara Boslego	2017
55+	Women	400 Medley	5:46.19	VMST	Marcia Barry	Nancy Speer	Patricia Miller	Debbie Jaeger	2018
55+	Women	800 Free	11:40.89	VMST	Beth Schreiner	Betsy Durrant	Joann Leilich	Pearl Cox	2004
65+	Women	200 Free	2:09.02	VMST	Kathy Umbdenstock	Shirley Loftus-Charley	Marcia Barry	Barbara Boslego	2017
65+	Women	200 Medley	2:28.14	VMST	Marcia Barry	Barbara Boslego	Shirley Loftus-Charley	Kathy Umbdenstock	2017
65+	Women	400 Free	4:44.37	VMST	Shirley Loftus-Charley	Kathy Umbdenstock	Barbara Boslego	Marcia Barry	2017
65+	Women	400 Medley	5:27.83	VMST	Marcia Barry	Barbara Boslego	Shirley Loftus-Charley	Kathy Umbdenstock	2017
65+	Women	800 Free	10:23.97	VMST	Barbara Boslego	Marcia Barry	Kathy Umbdenstock	Shirley Loftus-Charley	2017
75+	Women	200 Free	3:25.88	VMST	Johnnie Detrick	Terry Sokolik	Marianna Berkley	Joan Averette	2012
75+	Women	200 Medley	3:55.03	VMST	Miriam Tuovila	Marianna Berkley	Jeanne Meredith	Terry Sokolik	2006

# Virginia LMSC: Relay Records

## Short Course Yards

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
18+	Men	200 Free	1:23.73	1693	Kevin Gallagher	Kyle Loughran	Christopher Fay	Sidney Glass	2016
18+	Men	200 Medley	1:33.86	1693	Sidney Glass	Christopher Fay	Kevin Gallagher	Kyle Loughran	2016
18+	Men	400 Free	3:04.86	1693	Andrew Greenhalgh	Lucas Bureau	Kyle Loughran	Kevin Gallagher	2018
18+	Men	400 Medley	3:58.49	1693	Douglas Slater	Carter Head	Kraig Gass	Nathan Stamps	2018
18+	Men	800 Free	6:53.52	1693	Lucas Bureau	James Henderson	Austin Glass	Andrew Greenhalgh	2018
25+	Men	200 Free	1:24.75	1693	Kevin Gallagher	Kyle Loughran	Christopher Fay	Sidney Glass	2018
25+	Men	200 Medley	1:34.71	1693	Sidney Glass	Christopher Fay	Evan Elsaesser	Sirin Bulakul	2018
25+	Men	400 Free	3:21.37	1693	Kevin Gallagher	Kyle Loughran	Scott Hensley	Luke Robbins	2017
25+	Men	400 Medley	3:45.52	1693	Sirin Bulakul	Rich Williams	Evan Elsaesser	Michael Lovett	2018
25+	Men	800 Free	8:15.23	VMST	Scott Rhodes	Jeremy Gustafson	Paul McGraw	Cary Severt	2009
35+	Men	200 Free	1:28.59	VMST	Louis Tudor	David Malsbury	Chris Flood	John Tudor	1998
35+	Men	200 Medley	1:39.88	VMST	David Malsbury	Michael Slowey	John Tudor	Louis Tudor	1998
35+	Men	400 Free	3:29.37	1693	Rich Williams	Daniel Earle	Matt Nilson	Michael Lovett	2017
35+	Men	400 Medley	3:45.77	1693	John Rockwell	Rich Williams	Matt Nilson	Michael Lovett	2017
35+	Men	800 Free	8:16.59	1693	Kraig Gass	John Rockwell	Erik Lenewsky	Daniel Earle	2018
45+	Men	200 Free	1:36.57	VMST	Gregory Harris	Kurt Sprenger	David Vaughn	Kirk Clear	2016
45+	Men	200 Medley	1:48.04	VMST	Kirk Clear	Gregory Harris	Louis Tudor	Tim Johnson	2016
45+	Men	400 Free	3:42.85	VMST	Kirk Clear	Gregory Harris	Louis Tudor	Kurt Sprenger	2017
45+	Men	400 Medley	4:18.48	VMST	Kirk Clear	Louis Tudor	Greg Harris	Kurt Sprenger	2017
45+	Men	800 Free	8:38.62	VMST	Kirk Clear	Louis Tudor	Greg Harris	Kurt Sprenger	2017
55+	Men	200 Free	1:46.98	VMST	Hank Holswade	David Frisch	Mark Kutz	Mike Wren	2012
55+	Men	200 Medley	1:59.19	VMST	William Bacon	Jack Schiltz	Art Wolfe	Harry Sober	2003
55+	Men	400 Free	4:11.76	VMST	Art Wolfe	William Bacon	Edward Gaulrapp	Jack Schlitz	2003
55+	Men	400 Medley	4:43.94	VMST	Rick Stringer	Warner Brundage	Edward Gaulrapp	Harry Sober	2005
55+	Men	800 Free	9:49.54	VMST	Jim McFarland	Robert Romo	Ralph Swiger	John McCorkle	2014
65+	Men	200 Free	1:55.84	VMST	Warner Brundage	Sandy Galletly	Kenneth Novell	Harry Sober	2010
65+	Men	200 Medley	2:11.46	VMST	Sandy Galletly	Warner Brundage	Harry Sober	Kenneth Novell	2010
65+	Men	400 Free	4:26.84	VMST	Harry Sober	Warner Brundage	Art Wolfe	Edward Gaulrapp	2008
65+	Men	400 Medley	5:01.35	VMST	Harry Sober	Warner Brundage	Art Wolfe	Edward Gaulrapp	2008
65+	Men	800 Free	11:34.87	VMST	Harry Sober	Warner Brundage	Edward Gaulrapp	Kenneth Novell	2015
75+	Men	200 Free	2:07.86	VMST	Harry Sober	Edward Gaulrapp	Ken Novell	Randolph Wise	2018
75+	Men	200 Medley	2:23.92	VMST	Harry Sober	Edward Gaulrapp	Randolph Wise	Ken Novell	2018
75+	Men	400 Free	4:53.92	VMST	Harry Sober	Edward Gaulrapp	Randolph Wise	Ken Novell	2018
75+	Men	400 Medley	6:42.67	VMST	Harry Sober	Edward Gaulrapp	Ken Novell	Randolph Wise	2018

# Virginia LMSC: Relay Records

## Short Course Yards

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
18+	Mixed	200 Free	1:29.14	1693	Kevin Gallagher	Kyle Loughran	Sara Shaner	Gabrielle Mizerak	2016
18+	Mixed	200 Medley	1:39.74	1693	Gabrielle Mizerak	Sidney Glass	Kevin Gallagher	Sara Shaner	2016
18+	Mixed	400 Free	3:14.92	1693	Kevin Gallagher	Kyle Loughran	Katie Grier	Gabrielle Mizerak	2016
18+	Mixed	400 Medley	3:41.42	1693	Sidney Glass	Laura Schwartz	Austin Glass	Katie Grier	2018
18+	Mixed	800 Free	7:21.24	1693	Andrew Greenhalgh	Emily Ryczek	James Henderson	Anna Wujciak	2018
25+	Mixed	200 Free	1:34.46	1693	Kevin Gallagher	Gabrielle Mizerak	Kyle Loughran	Katie Grier	2018
25+	Mixed	200 Medley	1:39.63	1693	Sidney Glass	Christopher Fay	Gabrielle Mizerak	Sara Shaner	2018
25+	Mixed	400 Free	3:19.84	1693	Marina Falcone	Kyle Loughran	Sara Shaner	Kevin Gallagher	2017
25+	Mixed	400 Medley	3:56.65	VMST	Kate Hibbard	Claire Russo	Adam Barley	Billy Gaines	2010
25+	Mixed	800 Free	7:20.49	1693	Marina Falcone	Katie Grier	Luke Robbins	Kevin Gallagher	2017
35+	Mixed	200 Free	1:33.01	1693	Courtney Hurtubise	Michael Lovett	Rich Williams	Katie Grier	2016
35+	Mixed	200 Medley	1:44.12	1693	Katie Grier	Rich Williams	Michael Lovett	Courtney Hurtubise	2016
35+	Mixed	400 Free	3:28.42	VMST	Shannon Summerlin	Jenny John	Chris John	Dan Summerlin	2008
35+	Mixed	400 Medley	3:50.42	VMST	Chris John	Shannon Summerlin	Jenny John	Dan Summerlin	2008
35+	Mixed	800 Free	8:30.63	VMST	Lang Meem	Beth Baker	Susan Skiff	Todd Russell	1999
45+	Mixed	200 Free	1:39.35	VMST	David Malsbury	Annette Patterson	Alice Phillips	Gregory Harris	2012
45+	Mixed	200 Medley	1:52.78	VMST	Kirk Clear	Gregory Harris	Donna Hodgert	Annette Patterson	2016
45+	Mixed	400 Free	3:53.71	VMST	Gregory Harris	Kirk Clear	Jenny Kellinger	Beni Gras Thompson	2016
45+	Mixed	400 Medley	4:28.24	VMST	Rick Stringer	Lisa Bennett	Terry Sue Gault	Jim Miller	2002
45+	Mixed	800 Free	8:51.34	VMST	Lang Meem	Terry Sue Gault	Lisa Bennett	Rick Stringer	2003
55+	Mixed	200 Free	1:52.81	VMST	Louis Tudor	Shirley Loftus-Charley	Patricia Miller	Hank Holswade	2016
55+	Mixed	200 Medley	2:12.57	VMST	Nancy Betts	David Frisch	William Throne	Shirley Loftus-Charley	2012
55+	Mixed	400 Free	4:38.92	VMST	Shirley Loftus-Charley	Kitten Braaten	Ralph Swiger	John McCorkle	2012
55+	Mixed	400 Medley	5:09.07	VMST	Betsy Durrant	Edward Gaulrapp	Jack Schlitz	Laura Walker	1999
55+	Mixed	800 Free	10:26.10	VMST	Robert Romo	Patricia Miller	Ralph Swiger	Shirley Loftus-Charley	2016
65+	Mixed	200 Free	2:05.79	VMST	Barbara Zaremski	Beth Schreiner	Warner Brundage	Tom Woods	2008
65+	Mixed	200 Medley	2:20.95	VMST	Betsy Durrant	Warner Brundage	Harry Sober	Beth Schreiner	2010
65+	Mixed	400 Free	4:36.77	VMST	Harry Sober	Johnnie Detrick	Art Wolfe	Beth Schreiner	2008
65+	Mixed	400 Medley	5:23.62	VMST	Harry Sober	Betsy Durrant	Art Wolfe	Beth Schreiner	2008
65+	Mixed	800 Free	13:15.86	VMST	Thomas Lyons	Joan Averette	Laverne Adams	Chuck Wilmore	2002
75+	Mixed	200 Free	2:26.97	VMST	Beth Schreiner	Laura Walker	Edward Gaulrapp	Ken Novell	2018
75+	Mixed	200 Medley	2:51.39	VMST	Laura Walker	Edward Gaulrapp	Randolph Wise	Beth Schreiner	2018
75+	Mixed	400 Free	7:45.00	VMST	Lesley Francis	Earl Klioze	Richard Cheadle	Laura Walker	2014
75+	Mixed	400 Medley	8:40.38	VMST	Susan Henley	Thomas Lyons	Owen Maher	Lesley Francis	2010