

## Virginia LMSC: Individual Records

## Short Course Yards

Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
50 Free	18-24	23.86	Rachel Nelson	2014	21.45	Neill Williams	1992
100 Free	18-24	52.01	Rachel Nelson	2014	46.94	Nathan Destree	2014
200 Free	18-24	1:54.70	Janet Mayville	1998	1:44.34	Benjamin Garrett	2005
500 Free	18-24	5:17.94	Anne Muir	2009	4:37.17	Benjamin Garrett	2005
1000 Free	18-24	10:56.04	Anne Muir	2009	9:37.03	Benjamin Garrett	2005
1650 Free	18-24	18:13.41	Cassie Campbell	1995	16:35.76	Benjamin Garrett	2005
50 Back	18-24	26.73	Gabrielle Mizerak	2015	23.73	Sidney Glass	2015
100 Back	18-24	58.59	Gabrielle Mizerak	2015	52.59	Sidney Glass	2014
200 Back	18-24	2:07.40	Lori Leitzinger	2011	1:58.29	Sidney Glass	2014
50 Breast	18-24	32.78	Courtney White	2010	27.00	Nathan Destree	2015
100 Breast	18-24	1:10.76	Sarah Hunt	2008	58.69	Neill Williams	1992
200 Breast	18-24	2:30.16	Sarah Hunt	2007	2:13.05	Benjamin Garrett	2005
50 Fly	18-24	25.59	Gabrielle Mizerak	2015	22.40	Nathan Destree	2015
100 Fly	18-24	56.33	Rachel Nelson	2015	49.92	Nathan Destree	2015
200 Fly	18-24	2:03.45	Elizabeth Shaw	2012	2:01.21	James Wolfle	1993
100 IM	18-24	1:00.86	Gabrielle Mizerak	2015	52.50	Nathan Destree	2015
200 IM	18-24	2:15.54	Gabrielle Mizerak	2015	1:57.45	Benjamin Garrett	2005
400 IM	18-24	4:48.20	Anne Muir	2009	4:07.94	Benjamin Garrett	2005
50 Free	25-29	25.03	Lucy Carrig	2011	20.94	Troy Johnson	2004
100 Free	25-29	53.75	Beth Gardner	1993	45.70	Troy Johnson	2004
200 Free	25-29	1:57.91	Denise Letendre	2014	1:41.48	Troy Johnson	2004
500 Free	25-29	5:22.19	Deborah Cain	1985	4:42.26	Frank Byskov	2004
1000 Free	25-29	11:00.56	Danielle Myers	2012	10:05.95	Adam Barley	2011
1650 Free	25-29	18:24.07	Deborah Cain	1985	17:04.03	John Hogan	2015
50 Back	25-29	28.22	Kate Hibbard	2010	23.97	Troy Johnson	2004
100 Back	25-29	59.21	Kate Hibbard	2010	51.99	Lee Jewell	2007
200 Back	25-29	2:07.06	Kate Hibbard	2010	1:53.60	Chris Stevenson	1994
50 Breast	25-29	31.81	Cheryl Conlin	1996	26.64	Jeremy Linn	2005
100 Breast	25-29	1:09.68	Danielle Myers	2012	57.49	Neill Williams	1994
200 Breast	25-29	2:29.17	Denise Letendre	2014	2:09.35	Neill Williams	1994
50 Fly	25-29	26.59	Lucy Carrig	2011	23.49	Frank Byskov	2004
100 Fly	25-29	1:00.48	Lucy Carrig	2011	50.52	Frank Byskov	2004
200 Fly	25-29	2:09.97	Denise Letendre	2014	1:54.52	Scott Halasz	2008
100 IM	25-29	1:01.61	Kate Hibbard	2011	52.26	Neill Williams	1994
200 IM	25-29	2:10.46	Kate Hibbard	2011	1:55.03	Frank Byskov	2004
400 IM	25-29	4:40.26	Denise Letendre	2014	4:16.15	Frank Byskov	2004

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
50 Free	30-34	25.13	Courtney Hurtubise	2013	20.93	Daniel Summerlin	2007
100 Free	30-34	54.78	Beth Scheimann	1994	46.38	Troy Johnson	2008
200 Free	30-34	1:58.35	Maura Bolger	2012	1:44.90	Chris Stevenson	1995
500 Free	30-34	5:16.60	Deborah Reed		4:43.29	Chris Stevenson	1995
1000 Free	30-34	10:56.69	Deborah Reed		10:00.08	Billy Gaines	2011
1650 Free	30-34	18:03.83	Deborah Reed	2003	16:31.38	Eric Limkemann	2013
50 Back	30-34	29.72	Deanne Moosman	2011	24.18	Chris Stevenson	1995
100 Back	30-34	1:03.97	Deanne Moosman	2012	50.49	Ryan Bradley	2007
200 Back	30-34	2:20.34	Jocelyn Posthumus	2012	1:54.10	Chris Stevenson	1995
50 Breast	30-34	31.21	Lisa Bennett	1989	26.59	Vanja Rogulj	2012
100 Breast	30-34	1:08.96	Lisa Bennett	1989	1:00.14	Neill Williams	2002
200 Breast	30-34	2:33.76	Cheryl Conlin	2003	2:15.57	Neill Williams	2002
50 Fly	30-34	27.85	Beth Scheimann	1993	23.38	Coll Haddon	1998
100 Fly	30-34	1:00.17	Maura Bolger	2012	50.08	Matt Haupt	2010
200 Fly	30-34	2:12.37	Maura Bolger	2012	1:49.63	Matt Haupt	2010
100 IM	30-34	1:02.99	Beth O'Connor	1995	53.09	Daniel Summerlin	2007
200 IM	30-34	2:14.62	Maura Bolger	2012	1:57.59	Daniel Summerlin	2007
400 IM	30-34	4:44.90	Maura Bolger	2012	4:16.74	Adam Barley	2012
50 Free	35-39	24.52	Beth Baker	2000	21.18	Daniel Summerlin	2008
100 Free	35-39	54.72	Beth Baker	1999	47.33	Daniel Summerlin	2012
200 Free	35-39	2:00.83	Alice Phillips	2004	1:47.91	Chris Stevenson	2000
500 Free	35-39	5:26.91	Kelly Parker	1999	4:50.41	Chris Stevenson	2000
1000 Free	35-39	11:06.62	Kelly Parker	1999	10:33.12	Rob St Jean	2005
1650 Free	35-39	18:29.19	Kelly Parker	1999	17:14.60	Rob St Jean	2004
50 Back	35-39	28.41	Beth Baker	2000	24.64	Chris Stevenson	2000
100 Back	35-39	59.87	Beth Baker	2000	52.93	Chris Stevenson	2000
200 Back	35-39	2:15.55	Beth Baker	2001	1:55.48	Chris Stevenson	2000
50 Breast	35-39	31.45	Lisa Bennett	1991	28.20	Michael Slowey	1993
100 Breast	35-39	1:10.37	Lisa Bennett	1991	1:01.50	Michael Slowey	1993
200 Breast	35-39	2:33.72	Cheryl Conlin	2005	2:15.38	Michael Slowey	1993
50 Fly	35-39	26.68	Beth Baker	2000	23.69	Daniel Summerlin	2012
100 Fly	35-39	57.89	Beth Baker		51.69	Daniel Summerlin	2008
200 Fly	35-39	2:11.41	Beth Baker	2001	1:58.92	Chris Stevenson	2000
100 IM	35-39	1:01.35	Beth Baker	2000	54.31	Daniel Summerlin	2012
200 IM	35-39	2:13.08	Beth Baker	1999	1:59.02	Daniel Summerlin	2008
400 IM	35-39	4:48.65	Beth Baker	1999	4:24.06	Robert St. Jean	2004

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
50 Free	40-44	24.65	Beth Baker	2002	21.84	John Tudor	1998
100 Free	40-44	54.79	Beth Baker	2002	47.58	John Tudor	2000
200 Free	40-44	1:59.41	Beth Baker	2001	1:44.37	Chris Stevenson	2009
500 Free	40-44	5:33.24	Kelly Parker	2004	4:42.67	Chris Stevenson	2009
1000 Free	40-44	11:24.44	Beth Baker	2001	9:50.25	Chris Stevenson	2009
1650 Free	40-44	19:17.63	Kelly Parker	2004	17:40.34	Rob St Jean	2010
50 Back	40-44	28.95	Beth Baker	2002	24.45	Chris Stevenson	2008
100 Back	40-44	1:00.71	Beth Baker	2002	50.67	Chris Stevenson	2009
200 Back	40-44	2:11.40	Beth Baker	2001	1:51.10	Chris Stevenson	2009
50 Breast	40-44	32.73	Lisa Bennett	1996	28.52	David Malsbury	2005
100 Breast	40-44	1:11.73	Patricia Powis	2004	1:02.36	Michael Slowey	1998
200 Breast	40-44	2:38.33	Patricia Powis	2001	2:18.21	Michael Slowey	1998
50 Fly	40-44	26.42	Beth Baker	2001	23.82	Chris Stevenson	2009
100 Fly	40-44	58.56	Beth Baker	2001	50.81	Chris Stevenson	2009
200 Fly	40-44	2:09.63	Beth Baker	2001	1:54.85	Chris Stevenson	2009
100 IM	40-44	1:01.22	Beth Baker	2001	55.67	John Tudor	1998
200 IM	40-44	2:15.17	Beth Baker	2001	2:03.51	John Tudor	2000
400 IM	40-44	4:49.61	Beth Baker	2001	4:23.70	Chris Stevenson	2008
50 Free	45-49	25.53	Annette Patterson	2012	22.91	David Malsbury	2007
100 Free	45-49	55.86	Annette Patterson	2012	50.62	Rob Jones	2012
200 Free	45-49	2:05.36	Kelly Parker Palace	2011	1:45.92	Chris Stevenson	2010
500 Free	45-49	5:31.34	Kelly Parker Palace	2011	4:52.46	Chris Stevenson	2011
1000 Free	45-49	11:18.46	Kelly Parker Palace	2011	10:24.07	Chris Stevenson	2011
1650 Free	45-49	18:52.84	Kelly Parker Palace	2011	17:20.40	Chris Stevenson	2011
50 Back	45-49	28.94	Annette Patterson	2012	24.28	Chris Stevenson	2010
100 Back	45-49	1:06.03	Annette Patterson	2012	51.55	Chris Stevenson	2011
200 Back	45-49	2:31.47	Caycee Buscaglia	2011	1:55.04	Chris Stevenson	2011
50 Breast	45-49	33.96	Patricia Miller		28.60	David Malsbury	2007
100 Breast	45-49	1:12.78	Patricia Miller		1:04.24	David Malsbury	2010
200 Breast	45-49	2:42.13	Patricia Miller		2:24.61	Tom Royal	2006
50 Fly	45-49	28.52	Annette Patterson	2012	23.89	Chris Stevenson	2010
100 Fly	45-49	1:05.45	Alice Phillips	2012	51.36	Chris Stevenson	2010
200 Fly	45-49	2:28.93	Donna Hodgert	2015	1:57.08	Chris Stevenson	2010
100 IM	45-49	1:05.25	Annette Patterson	2012	54.99	Chris Stevenson	2010
200 IM	45-49	2:23.82	Alice Phillips	2011	2:00.26	Chris Stevenson	2010
400 IM	45-49	5:17.95	Donna Hodgert	2015	4:17.52	Chris Stevenson	2010

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
50 Free	50-54	26.33	Suzanne Newell	2011	23.17	Gregory Harris	2015
100 Free	50-54	57.72	Suzanne Newell	2011	51.22	Greg Harris	2015
200 Free	50-54	2:05.65	Kelly Parker Palace	2015	1:57.54	Greg Harris	2015
500 Free	50-54	5:37.30	Kelly Parker Palace	2015	5:23.90	Jim McFarland	2009
1000 Free	50-54	11:26.42	Kelly Parker Palace	2015	11:23.54	Jim McFarland	2009
1650 Free	50-54	19:22.83	Kelly Parker Palace	2015	18:52.71	Jim McFarland	2009
50 Back	50-54	31.28	Val Van Horn Pate	2015	25.99	Chris Stevenson	2015
100 Back	50-54	1:06.16	Val Van Horn Pate	2015	55.10	Chris Stevenson	2015
200 Back	50-54	2:26.48	Val Van Horn Pate	2015	2:03.00	Chris Stevenson	2015
50 Breast	50-54	32.83	Lisa Bennett	2010	29.31	Michael Slowey	2008
100 Breast	50-54	1:12.46	Lisa Bennett	2010	1:03.10	Michael Slowey	2008
200 Breast	50-54	2:45.89	Lisa Bennett	2006	2:26.69	Michael Slowey	2008
50 Fly	50-54	29.03	Suzanne Newell	2011	24.76	Chris Stevenson	2015
100 Fly	50-54	1:05.96	Val Van Horn Pate	2015	56.35	Chris Stevenson	2015
200 Fly	50-54	2:35.47	Val Van Horn Pate	2013	2:08.96	Chris Stevenson	2015
100 IM	50-54	1:05.26	Suzanne Newell	2011	58.53	Greg Harris	2014
200 IM	50-54	2:31.51	Kelly Parker Palace	2015	2:12.34	Greg Harris	2015
400 IM	50-54	5:24.23	Kelly Parker Palace	2015	4:51.62	Rick Stringer	2000
50 Free	55-59	26.37	Lisa Bennett	2011	24.62	Charles Tupitza	2010
100 Free	55-59	58.81	Lisa Bennett	2011	54.06	Dave Oates	2008
200 Free	55-59	2:16.25	Shirley Loftus-Charley	2010	1:56.76	Dave Oates	2008
500 Free	55-59	5:54.39	Shirley Loftus-Charley	2011	5:25.51	Dave Oates	2009
1000 Free	55-59	11:49.98	Shirley Loftus-Charley	2011	11:58.79	Jim McFarland	2013
1650 Free	55-59	19:49.87	Shirley Loftus-Charley	2011	19:37.29	Jim McFarland	2013
50 Back	55-59	34.01	Lisa Bennett	2011	29.26	William Bacon	2002
100 Back	55-59	1:15.29	Lisa Bennett	2011	1:02.20	Rick Stringer	2005
200 Back	55-59	2:41.81	Shirley Loftus-Charley	2011	2:14.63	Rick Stringer	2005
50 Breast	55-59	33.76	Lisa Bennett	2011	31.11	Jack Schiltz	1999
100 Breast	55-59	1:13.91	Lisa Bennett	2011	1:08.18	Jack Schiltz	1999
200 Breast	55-59	2:58.21	Shirley Loftus-Charley	2011	2:33.17	Jack Schiltz	1998
50 Fly	55-59	30.34	Lisa Bennett	2011	26.78	Jack Schiltz	1999
100 Fly	55-59	1:08.34	Lisa Bennett	2011	1:02.27	Dave Oates	2008
200 Fly	55-59	2:44.22	Shirley Loftus-Charley	2011	2:22.76	Charles Tupitza	2010
100 IM	55-59	1:07.93	Lisa Bennett	2011	1:01.50	Rick Stringer	2005
200 IM	55-59	2:35.70	Shirley Loftus-Charley	2010	2:17.43	Rick Stringer	2005
400 IM	55-59	5:28.24	Shirley Loftus-Charley	2011	4:59.66	Rick Stringer	2005

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
50 Free	60-64	30.54	Shirley Loftus-Charley	2012	24.16	Scott Kauffman	2011
100 Free	60-64	1:04.18	Shirley Loftus-Charley	2012	54.55	Scott Kauffman	2011
200 Free	60-64	2:16.92	Shirley Loftus-Charley	2012	2:12.68	Jack Schiltz	2003
500 Free	60-64	5:56.62	Shirley Loftus-Charley	2012	6:00.57	Warner Brundage	2003
1000 Free	60-64	12:06.00	Shirley Loftus-Charley	2012	12:29.83	Warner Brundage	2003
1650 Free	60-64	20:04.71	Shirley Loftus-Charley	2012	20:59.69	Neil Watts	2004
50 Back	60-64	36.94	Marcia Barry	2012	31.61	David Frisch	2010
100 Back	60-64	1:17.33	Shirley Loftus-Charley	2012	1:09.84	William Bacon	2007
200 Back	60-64	2:38.63	Shirley Loftus-Charley	2012	2:36.99	William Bacon	2007
50 Breast	60-64	39.46	Shirley Loftus-Charley	2012	31.47	Jack Schiltz	2003
100 Breast	60-64	1:24.75	Shirley Loftus-Charley	2012	1:11.87	Jack Schiltz	2003
200 Breast	60-64	2:57.39	Shirley Loftus-Charley	2012	2:39.51	Jack Schiltz	2003
50 Fly	60-64	33.58	Shirley Loftus-Charley	2012	26.99	Scott Kauffman	2011
100 Fly	60-64	1:12.93	Shirley Loftus-Charley	2012	1:04.11	Jack Schiltz	2003
200 Fly	60-64	2:43.42	Shirley Loftus-Charley	2012	2:54.36	Edward Gaulrapp	2003
100 IM	60-64	1:15.44	Shirley Loftus-Charley	2012	1:04.53	David Frisch	2009
200 IM	60-64	2:36.65	Shirley Loftus-Charley	2012	2:24.04	Jack Schiltz	2003
400 IM	60-64	5:33.25	Shirley Loftus-Charley	2012	5:23.02	Warner Brundage	2003
50 Free	65-69	30.42	Beth Schreiner	2007	26.47	Harry Sober	2008
100 Free	65-69	1:09.77	Beth Schreiner	2007	1:00.72	Hank Holswade	2012
200 Free	65-69	2:33.50	Marcia Barry	2015	2:16.51	Warner Brundage	2008
500 Free	65-69	6:48.80	Marcia Barry	2015	6:28.02	Sandy Galletly	2009
1000 Free	65-69	13:48.36	Marcia Barry	2015	13:34.58	Sandy Galletly	2009
1650 Free	65-69	25:53.15	Betsy Durrant	2009	22:36.37	Sandy Galletly	2009
50 Back	65-69	38.22	Marcia Barry	2015	33.50	Harry Sober	2008
100 Back	65-69	1:24.62	Marcia Barry	2015	1:14.70	Harry Sober	2008
200 Back	65-69	2:58.81	Marcia Barry	2014	2:45.20	Warner Brundage	2010
50 Breast	65-69	37.74	Joann Leilich	2004	36.02	Warner Brundage	2008
100 Breast	65-69	1:23.95	Joann Leilich	2004	1:18.36	Warner Brundage	2009
200 Breast	65-69	3:01.50	Joann Leilich	2004	2:52.59	Warner Brundage	2009
50 Fly	65-69	39.22	Beth Schreiner	2007	29.12	Art Wolfe	2005
100 Fly	65-69	1:35.12	Joann Leilich	2005	1:09.61	Art Wolfe	2005
200 Fly	65-69	3:37.99	Lucille Griffin	2005	2:56.75	Art Wolfe	2006
100 IM	65-69	1:22.20	Joann Leilich	2004	1:08.17	Art Wolfe	2005
200 IM	65-69	3:02.97	Joann Leilich	2004	2:34.93	Art Wolfe	2006
400 IM	65-69	7:19.11	Ida Hlavacek	2008	5:40.97	Art Wolfe	2006

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
50 Free	70-74	31.51	Beth Schreiner	2012	28.12	Harry Sober	2013
100 Free	70-74	1:12.24	Beth Schreiner	2011	1:04.53	Ken Novell	2014
200 Free	70-74	2:46.03	Beth Schreiner	2012	2:29.13	Ken Novell	2013
500 Free	70-74	7:34.77	Beth Schreiner	2011	7:08.50	Ken Novell	2013
1000 Free	70-74	16:06.98	Betsy Durrant	2012	15:43.88	Robin Wilson	2013
1650 Free	70-74	26:53.60	Betsy Durrant	2012	26:53.20	Calvin Barnes	1997
50 Back	70-74	40.03	Beth Schreiner	2012	35.96	Harry Sober	2013
100 Back	70-74	1:29.24	Beth Schreiner	2012	1:24.54	Warner Brundage	2015
200 Back	70-74	3:22.27	Beth Schreiner	2013	3:00.68	Warner Brundage	2014
50 Breast	70-74	46.22	Johnnie Detrick	2009	37.91	Terry Gernstein	2013
100 Breast	70-74	1:41.85	Johnnie Detrick	2006	1:26.41	Terry Gernstein	2013
200 Breast	70-74	3:43.67	Johnnie Detrick	2010	3:06.81	Richard Scott	2008
50 Fly	70-74	43.76	Lucille Griffin	2009	31.59	Randolph Wise	2012
100 Fly	70-74	1:38.98	Lucille Griffin	2010	1:29.95	Edward Gaulrapp	2013
200 Fly	70-74	3:33.51	Lucille Griffin	2012	3:38.49	Edward Gaulrapp	2014
100 IM	70-74	1:34.88	Johnnie Detrick	2006	1:17.51	Randolph Wise	2012
200 IM	70-74	3:33.88	Johnnie Detrick	2006	2:58.07	Warner Brundage	2014
400 IM	70-74	8:03.68	Barbara Zaremski	2009	7:01.91	Edward Gaulrapp	2013
50 Free	75-79	34.44	Johnnie Detrick	2012	32.75	Owen Maher	2010
100 Free	75-79	1:17.32	Johnnie Detrick	2011	1:16.12	Owen Maher	2010
200 Free	75-79	3:03.03	Johnnie Detrick	2012	2:58.53	Patrick Frank	1985
500 Free	75-79	8:42.61	Johnnie Detrick	2012	8:20.45	Calvin Barnes	1999
1000 Free	75-79	19:59.53	Lesley Francis	2010	16:38.58	Calvin Barnes	1999
1650 Free	75-79	33:29.74	Jeanne Meredith	2003	28:54.93	Calvin Barnes	1999
50 Back	75-79	45.44	Lucille Griffin	2014	42.09	Calvin Barnes	1999
100 Back	75-79	1:41.89	Lucille Griffin	2014	1:34.39	Calvin Barnes	1999
200 Back	75-79	3:42.74	Laura Walker	2013	3:27.19	Calvin Barnes	1999
50 Breast	75-79	47.56	Johnnie Detrick	2012	45.18	Norman Rainer	2004
100 Breast	75-79	1:47.13	Johnnie Detrick	2012	1:40.60	Norman Rainer	2004
200 Breast	75-79	3:49.28	Johnnie Detrick	2011	3:46.29	Norman Rainer	2004
50 Fly	75-79	44.16	Lucille Griffin	2014	38.99	Owen Maher	2010
100 Fly	75-79	1:47.58	Lucille Griffin	2014	1:43.82	Owen Maher	2010
200 Fly	75-79	3:54.13	Lucille Griffin	2014	4:43.67	Richard Scott	2011
100 IM	75-79	1:38.05	Johnnie Detrick	2012	1:36.76	Calvin Barnes	
200 IM	75-79	3:37.74	Johnnie Detrick	2011	3:40.65	Calvin Barnes	1999
400 IM	75-79	9:05.27	Barbara Zaremski	2013	8:47.06	Richard Scott	2011

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Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
50 Free	80-84	46.98	Marianna Berkley	2003	39.91	Patrick Frank	1988
100 Free	80-84	1:52.17	Jeanne Meredith	2010	1:29.79	Patrick Frank	1988
200 Free	80-84	4:00.67	Lesley Francis	2013	3:17.79	Patrick Frank	1988
500 Free	80-84	10:25.24	Lesley Francis	2012	9:06.23	Patrick Frank	1988
1000 Free	80-84	22:33.79	Marie Kelleher	1993	22:47.09	Norman Rainer	2010
1650 Free	80-84	41:13.10	Marianna Berkley	2005	30:49.45	Calvin Barnes	2006
50 Back	80-84	58.59	Marianna Berkley	2003	47.48	Harry Howell	1999
100 Back	80-84	2:09.85	Marianna Berkley	2004	1:47.61	Harry Howell	1999
200 Back	80-84	4:51.99	Marianna Berkley	2004	3:40.29	Calvin Barnes	2006
50 Breast	80-84	1:00.28	Miriam Tuovila	2006	55.40	Harry Howell	
100 Breast	80-84	2:10.84	Marianna Berkley	2003	2:02.19	Harry Howell	1999
200 Breast	80-84	4:37.62	Marianna Berkley	2002	4:49.17	Norman Rainer	2010
50 Fly	80-84	1:05.02	Marianna Berkley				
100 Fly	80-84	2:42.38	Marie Kelleher	1994			
100 IM	80-84	2:10.09	Marianna Berkley	2004	1:47.02	Harry Howell	1998
200 IM	80-84	4:24.18	Marianna Berkley	2003	3:40.29	Calvin Barnes	
400 IM	80-84	11:13.51	Marie Kelleher	1994			
50 Free	85-89	49.87	Marianna Berkley	2007	45.33	Francis Hall	2012
100 Free	85-89	1:55.09	Marianna Berkley	2007	1:45.85	Francis Hall	2012
200 Free	85-89	4:21.41	Marie Kelleher	1998	3:44.80	Calvin Barnes	2011
500 Free	85-89				9:11.45	Calvin Barnes	2011
1000 Free	85-89				20:24.94	Calvin Barnes	2011
1650 Free	85-89				34:40.45	Calvin Barnes	2011
50 Back	85-89	1:05.71	Marianna Berkley	2008	51.68	Harry Howell	2004
100 Back	85-89	2:20.63	Marianna Berkley	2008	1:52.42	Harry Howell	2004
200 Back	85-89	4:48.71	Marianna Berkley	2008	4:00.11	Calvin Barnes	2010
50 Breast	85-89	1:03.91	Miriam Tuovila	2011			
100 Breast	85-89	2:23.13	Marianna Berkley	2007			
200 Breast	85-89	5:08.48	Marianna Berkley	2008			
50 Fly	85-89	1:17.66	Marie Kelleher	1998	1:05.27	Harry Howell	2004
100 Fly	85-89	4:31.26	Roberta Sugden	2004			
100 IM	85-89	2:13.95	Marianna Berkley	2007			
200 IM	85-89	4:56.38	Marianna Berkley	2007	4:29.44	Harry Howell	2004

Virginia LMSC: Individual Records

Short Course Yards

Event	Age Group	Women			Men		
		Time	Name	Year	Time	Name	Year
50 Free	90-94	1:01.14	Marianna Berkley	2012	1:03.46	Calvin Barnes	2015
100 Free	90-94	2:19.25	Marie Kelleher	2004	2:10.84	Calvin Barnes	2015
200 Free	90-94	4:59.01	Marie Kelleher	2004	4:30.53	Calvin Barnes	2015
500 Free	90-94				11:37.12	Calvin Barnes	2015
1000 Free	90-94				23:29.63	Calvin Barnes	2015
50 Back	90-94	1:13.50	Marianna Berkley	2012	1:03.10	Calvin Barnes	2015
100 Back	90-94	2:41.31	Marianna Berkley	2012			
200 Back	90-94				4:50.34	Calvin Barnes	2015
50 Breast	90-94	1:23.53	Marie Kelleher	2004			
50 Fly	90-94	1:33.74	Marie Kelleher	2004			
100 IM	90-94	3:01.95	Marie Kelleher	2004			
200 IM	90-94	6:26.48	Marie Kelleher	2004			
50 Free	95-99	1:26.17	Marie Kelleher	2009			
100 Free	95-99	3:02.75	Marie Kelleher	2008			
200 Free	95-99	6:12.19	Marie Kelleher	2008			
50 Back	95-99	1:35.39	Marie Kelleher	2009			
50 Breast	95-99	1:55.41	Marie Kelleher	2009			
100 IM	95-99	3:28.34	Marie Kelleher	2008			
50 Free	100-104	1:58.08	Marie Kelleher	2013			