

Zone Records Established by Members of the Virginia LMSC

Age Group	Gender	Course	Event	Time	Name	Year Set
65-69	Men	SCY	50 fly	29.12	Art Wolfe	2005
65-69	Men	SCY	100 IM	1:08.17	Art Wolfe	2005
18-24	Men	SCY	500 free	4:37.17	Benjamin Garrett	2005
18-24	Men	SCY	1000 free	9:37.03	Benjamin Garrett	2005
18-24	Men	SCY	400 IM	4:07.94	Benjamin Garrett	2005
35-39	Women	SCY	200 fly	2:11.41	Beth Baker	2001
40-44	Women	SCY	50 fly	26.42	Beth Baker	2001
40-44	Women	SCY	100 fly	58.56	Beth Baker	2001
40-44	Women	SCY	200 fly	2:09.63	Beth Baker	2001
40-44	Women	SCY	100 IM	1:01.22	Beth Baker	2001
35-39	Women	SCM	50 fly	29.69	Beth Baker	2000
35-39	Women	SCM	100 fly	1:05.31	Beth Baker	2000
35-39	Women	SCM	200 fly	2:26.69	Beth Baker	2000
35-39	Women	SCM	100 IM	1:08.23	Beth Baker	2000
40-44	Women	SCM	50 fly	29.68	Beth Baker	2001
40-44	Women	SCM	100 fly	1:05.49	Beth Baker	2001
40-44	Women	SCM	200 fly	2:26.15	Beth Baker	2001
35-39	Women	LCM	100 fly	1:05.92	Beth Baker	2000
35-39	Women	LCM	200 fly	2:29.00	Beth Baker	2000
40-44	Women	LCM	100 fly	1:05.61	Beth Baker	2001
40-44	Women	LCM	200 fly	2:29.81	Beth Baker	2001
30-34	Women	SCM	100 breast	1:17.43	Beth Scheimann	1993
30-34	Women	SCM	200 breast	2:48.56	Beth Scheimann	1995
30-34	Women	LCM	50 free	27.63	Beth Scheimann	1993
30-34	Women	LCM	100 breast	1:18.80	Beth Scheimann	1993
65-69	Women	SCY	50 free	30.42	Beth Schreiner	2007
65-69	Women	SCM	50 free	34.07	Beth Schreiner	2009
65-69	Women	SCM	100 free	1:19.78	Beth Schreiner	2007
65-69	Women	SCM	200 free	2:57.89	Beth Schreiner	2007
80-84	Men	SCY	200 IM	3:40.29	Calvin Barnes	
80-84	Men	SCM	200 IM	4:22.60	Calvin Barnes	2004
80-84	Men	SCM	400 IM	9:34.86	Calvin Barnes	2005
18-24	Men	SCY	1650 free	16:35.76	Camm Garrett	2005
40-44	Men	SCY	500 free	4:42.67	Chris Stevenson	2009
40-44	Men	SCY	1000 free	9:50.25	Chris Stevenson	2009
40-44	Men	SCY	200 fly	1:54.85	Chris Stevenson	2009
45-49	Men	SCY	200 free	1:45.92	Chris Stevenson	2010
45-49	Men	SCY	50 back	24.28	Chris Stevenson	2010
45-49	Men	SCY	100 back	51.74	Chris Stevenson	2010
45-49	Men	SCY	200 back	1:55.05	Chris Stevenson	2010
45-49	Men	SCY	100 fly	51.36	Chris Stevenson	2010
45-49	Men	SCY	200 fly	1:57.08	Chris Stevenson	2010
45-49	Men	SCY	200 IM	2:00.26	Chris Stevenson	2010
45-49	Men	SCY	400 IM	4:17.52	Chris Stevenson	2010
40-44	Men	SCM	400 free	4:17.35	Chris Stevenson	2007
40-44	Men	SCM	200 fly	2:10.99	Chris Stevenson	2008
45-49	Men	SCM	50 back	27.02	Chris Stevenson	2009
45-49	Men	SCM	100 back	57.00	Chris Stevenson	2009
45-49	Men	SCM	200 back	2:05.54	Chris Stevenson	2009
45-49	Men	SCM	100 fly	57.58	Chris Stevenson	2009
45-49	Men	SCM	200 fly	2:09.65	Chris Stevenson	2009
45-49	Men	SCM	400 IM	4:46.68	Chris Stevenson	2009
40-44	Men	LCM	200 back	2:13.48	Chris Stevenson	2008
40-44	Men	LCM	200 fly	2:15.41	Chris Stevenson	2007
45-49	Men	LCM	200 free	2:01.76	Chris Stevenson	2009
45-49	Men	LCM	400 free	4:21.26	Chris Stevenson	2009
45-49	Men	LCM	100 back	1:00.55	Chris Stevenson	2009
45-49	Men	LCM	200 back	2:14.01	Chris Stevenson	2009
45-49	Men	LCM	100 fly	59.10	Chris Stevenson	2009
30-34	Men	SCY	50 free	20.93	Dan Summerlin	2007

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Age Group	Gender	Course	Event	Time	Name	Year Set
25-29	Men	LCM	50 free	23.58	Dan Summerlin	1998
40-44	Men	SCM	1500 free	17:53.15	Dave Holland	2008
18-24	Women	SCM	50 breast	32.67	Erla Haraldsdottir	2008
18-24	Women	SCM	100 IM	1:03.84	Erla Haraldsdottir	2008
25-29	Men	LCM	200 IM	2:13.97	Frank Byskov	2002
85-89	Men	SCY	50 fly	1:05.27	Harry Howell	2004
85-89	Men	SCY	200 IM	4:29.44	Harry Howell	2004
65-69	Men	SCY	50 free	26.47	Harry Sober	2008
18-24	Women	SCY	50 free	23.89	Janet Mayville	1998
80-84	Women	LCM	800 free	19:04.31	Jeanne Meredith	2009
65-69	Women	SCY	50 breast	37.74	Joann Leilich	2004
65-69	Women	SCY	100 breast	1:23.95	Joann Leilich	2004
65-69	Women	SCY	200 breast	3:01.50	Joann Leilich	2004
65-69	Women	SCM	50 breast	42.35	Joann Leilich	2005
65-69	Women	SCM	100 breast	1:32.37	Joann Leilich	2004
65-69	Women	SCM	200 breast	3:17.44	Joann Leilich	2004
65-69	Women	LCM	50 breast	43.57	Joann Leilich	2005
65-69	Women	LCM	100 breast	1:36.94	Joann Leilich	2004
65-69	Women	LCM	200 breast	3:26.98	Joann Leilich	2005
60-64	Men	SCM	400 free	4:43.69	John Calvert	2005
60-64	Men	SCM	200 back	2:30.96	John Calvert	2005
60-64	Men	SCM	200 IM	2:30.48	John Calvert	2005
60-64	Men	LCM	800 free	10:09.12	John Calvert	2006
60-64	Men	LCM	200 back	2:39.01	John Calvert	2006
70-74	Women	SCY	50 breast	46.22	Johnnie Detrick	2009
70-74	Women	SCY	100 breast	1:41.85	Johnnie Detrick	2006
70-74	Women	SCY	200 breast	3:43.67	Johnnie Detrick	2010
70-74	Women	SCM	50 free	36.94	Johnnie Detrick	2005
70-74	Women	SCM	100 breast	1:53.29	Johnnie Detrick	2006
70-74	Women	SCM	200 breast	4:07.70	Johnnie Detrick	2007
70-74	Women	LCM	100 breast	2:02.60	Johnnie Detrick	
70-74	Women	LCM	200 breast	4:20.98	Johnnie Detrick	2008
25-29	Women	SCY	200 back	2:07.06	Kate Hibbard	2010
25-29	Women	SCM	200 back	2:25.05	Kate Hibbard	2010
35-39	Women	LCM	400 free	4:43.62	Kelly Parker	1997
35-39	Women	LCM	800 free	9:49.08	Kelly Parker	1997
35-39	Women	LCM	1500 free	18:37.69	Kelly Parker	1997
40-44	Women	LCM	400 free	4:48.37	Kelly Parker	2002
40-44	Women	LCM	800 free	10:00.58	Kelly Parker	2004
30-34	Women	SCY	100 breast	1:08.96	Lisa Bennett	1989
35-39	Women	SCY	50 breast	31.45	Lisa Bennett	1991
50-54	Women	SCY	50 breast	32.83	Lisa Bennett	2010
50-54	Women	SCY	100 breast	1:12.46	Lisa Bennett	2010
50-54	Women	SCY	100 fly	1:06.42	Lisa Bennett	2010
50-54	Women	SCY	100 IM	1:06.15	Lisa Bennett	2010
50-54	Women	SCY	200 IM	2:31.86	Lisa Bennett	2006
50-54	Women	SCM	50 breast	36.99	Lisa Bennett	2009
50-54	Women	SCM	200 IM	2:49.86	Lisa Bennett	2009
30-34	Women	LCM	50 breast	34.19	Lisa Bennett	1990
70-74	Women	SCY	200 fly	3:38.32	Lucille Griffin	2010
65-69	Women	LCM	200 fly	3:58.98	Lucille Griffin	2003
70-74	Women	LCM	100 fly	1:50.55	Lucille Griffin	2008
70-74	Women	LCM	200 fly	4:08.36	Lucille Griffin	2008
60-64	Women	SCY	1650 free	22:36.59	Marcia Barry	2009
60-64	Women	SCM	200 free	2:45.51	Marcia Barry	2008
60-64	Women	SCM	400 free	5:59.74	Marcia Barry	2008
60-64	Women	SCM	800 free	12:05.74	Marcia Barry	2008
60-64	Women	SCM	1500 free	22:51.13	Marcia Barry	2008
60-64	Women	LCM	200 free	2:48.01	Marcia Barry	2008
60-64	Women	LCM	400 free	5:52.46	Marcia Barry	2008

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Age Group	Gender	Course	Event	Time	Name	Year Set
60-64	Women	LCM	800 free	12:04.66	Marcia Barry	2008
60-64	Women	LCM	1500 free	22:53.10	Marcia Barry	2008
80-84	Women	SCY	200 breast	4:37.62	Marianna Berkley	2002
85-89	Women	SCY	50 breast	1:03.98	Marianna Berkley	2009
85-89	Women	SCY	100 breast	2:23.13	Marianna Berkley	2008
85-89	Women	SCY	200 breast	5:08.48	Marianna Berkley	2008
85-89	Women	SCY	100 IM	2:13.95	Marianna Berkley	2008
85-89	Women	SCY	200 IM	4:56.38	Marianna Berkley	2008
85-89	Women	SCM	200 free	4:52.03	Marianna Berkley	2007
85-89	Women	SCM	50 breast	1:10.37	Marianna Berkley	2007
85-89	Women	SCM	100 breast	2:44.67	Marianna Berkley	2008
85-89	Women	SCM	200 breast	5:46.07	Marianna Berkley	2007
85-89	Women	SCM	50 fly	1:34.26	Marianna Berkley	2008
85-89	Women	SCM	100 IM	2:23.05	Marianna Berkley	2007
85-89	Women	SCM	200 IM	5:36.16	Marianna Berkley	2007
85-89	Women	LCM	50 breast	1:15.40	Marianna Berkley	2009
85-89	Women	LCM	100 breast	2:52.71	Marianna Berkley	2009
85-89	Women	LCM	200 breast	6:16.17	Marianna Berkley	2009
85-89	Women	LCM	200 IM	6:20.13	Marianna Berkley	2009
80-84	Women	SCY	200 IM	4:24.18	Marianne Berkley	2003
90-94	Women	SCY	50 breast	1:23.53	Marie Kelleher	2004
90-94	Women	SCY	50 fly	1:33.74	Marie Kelleher	2004
90-94	Women	SCY	100 IM	3:01.95	Marie Kelleher	2004
90-94	Women	SCY	200 IM	6:26.48	Marie Kelleher	2004
95-99	Women	SCY	50 free	1:26.17	Marie Kelleher	2009
95-99	Women	SCY	100 free	3:02.75	Marie Kelleher	2008
95-99	Women	SCY	200 free	6:12.19	Marie Kelleher	2008
95-99	Women	SCY	50 back	1:35.39	Marie Kelleher	2009
95-99	Women	SCY	50 breast	1:55.41	Marie Kelleher	2009
95-99	Women	SCY	100 IM	3:28.34	Marie Kelleher	2008
90-94	Women	SCM	100 free	2:52.61	Marie Kelleher	2005
90-94	Women	SCM	50 fly	1:48.46	Marie Kelleher	2006
90-94	Women	SCM	100 IM	3:31.92	Marie Kelleher	2006
95-99	Women	SCM	50 free	1:34.21	Marie Kelleher	2008
95-99	Women	SCM	100 free	3:10.36	Marie Kelleher	2008
95-99	Women	SCM	200 free	6:50.52	Marie Kelleher	2008
95-99	Women	SCM	50 breast	2:10.80	Marie Kelleher	2010
95-99	Women	SCM	100 IM	3:54.89	Marie Kelleher	2008
85-89	Women	LCM	50 fly	1:37.53	Marie Kelleher	2000
85-89	Women	LCM	100 fly	3:33.92	Marie Kelleher	2000
35-39	Men	SCM	100 free	50.72	Michael Picotte	2009
75-79	Women	SCY	50 breast	53.33	Miriam Tuovila	2002
75-79	Women	SCY	100 breast	1:58.56	Miriam Tuovila	2002
80-84	Women	SCM	100 breast	2:29.41	Miriam Tuovila	2005
45-49	Women	LCM	100 breast	1:24.52	Patricia Miller	2006
45-49	Women	LCM	200 breast	3:07.33	Patricia Miller	2006
40-44	Women	LCM	200 breast	3:03.20	Patricia Powis	2004
35-39	Women	LCM	50 breast	36.60	Patty Powis	1998
50-54	Men	SCY	200 back	2:06.84	Rick Stringer	2000
50-54	Men	SCM	200 back	2:24.79	Rick Stringer	
50-54	Men	LCM	200 back	2:26.54	Rick Stringer	2000
18-24	Men	LCM	200 fly	2:09.39	Ry Beville	1995
55-59	Women	SCY	1650 free	21:00.04	Shirley Loftus-Charley	2010
55-59	Women	SCY	100 fly	1:12.69	Shirley Loftus-Charley	2010
55-59	Women	SCY	400 IM	5:29.09	Shirley Loftus-Charley	2010
55-59	Women	SCM	100 fly	1:27.68	Shirley Loftus-Charley	2009
80-84	Women	SCM	50 fly	1:11.97	Terry Sokolik	2008
30-34	Men	SCM	50 free	23.45	Troy Johnson	2008
30-34	Women	LCM	200 breast	2:54.80	Violet Schlesinger	2000