

2023 VMST David Gregg III Memorial - 2/11/2023

Results - David Gregg III Memorial Meet

Women 18-24 50 Yard Freestyle

NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC

VA: 23.63 V 4/29/2022 Bonnie Zhang

1	Ellsmore, Rachel	24	FAFF-VA	28.69
2	Crosser, Jamie L	23	HRBM-VA	39.26

Women 18-24 100 Yard Freestyle

NATL: 48.18 N 12/6/2014 KATIE MEILI

VA: 52.01 V 3/6/2014 Rachel Nelson

1	Madigan, Justine	20	VMST-VA	1:10.19
				33.43 1:10.19
2	Crosser, Jamie L	23	HRBM-VA	1:32.19
				43.29 1:32.19

Women 18-24 200 Yard Freestyle

NATL: 1:43.28 N 11/8/2009 DANA VOLLMER

VA: 1:52.85 V 4/29/2022 Bonnie Zhang

1	Crosser, Jamie L	23	HRBM-VA	3:28.37
				46.61 1:38.07 2:31.90 3:28.37

Women 18-24 500 Yard Freestyle

NATL: 4:49.97 N 10/25/2003 JESSICA FOSCHI

VA: 5:13.39 V 4/5/2019 Anna Wujciak

1	Ashley, Elizabeth	24	1693-VA	5:55.38
				30.96 1:05.15 1:40.67 2:16.49
				2:52.60 3:28.88 4:05.77 4:42.46
				5:19.34 5:55.38

Women 18-24 50 Yard Backstroke

NATL: 25.47 N 3/23/2019 C BARTHOLOMEW

VA: 25.92 V 4/5/2019 Catherine Mulquin

1	Ellsmore, Rachel	24	FAFF-VA	36.12
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Women 18-24 50 Yard Breaststroke

NATL: 27.76 N 12/5/2014 KATIE MEILI

VA: 29.59 V 4/28/2016 Amalia Kobelja

1	Ellsmore, Rachel	24	FAFF-VA	41.99
2	Crosser, Jamie L	23	HRBM-VA	51.83

Women 18-24 100 Yard Breaststroke

NATL: 58.71 N 12/5/2014 KATIE MEILI

VA: 1:06.03 V 4/5/2019 Laura Schwartz

1	Madigan, Justine	20	VMST-VA	1:28.64
				41.23 1:28.64

Women 18-24 50 Yard Butterfly

NATL: 24.54 N 11/8/2009 DANA VOLLMER

VA: 25.16 V 4/5/2019 Catherine Mulquin

1	Ellsmore, Rachel	24	FAFF-VA	31.14
2	Ashley, Elizabeth	24	1693-VA	32.77

Women 25-29 50 Yard Freestyle

NATL: 22.00 N 4/27/2019 KATARZYNA WILK

VA: 24.13 V 3/1/2018 Rachel Nelson

1	Zhang, Bonnie	25	1693-VA	24.89
2	Fellenbaum, Samantha	29	NCMS-NC	29.74
3	Shuff, Margaret	28	UC12-VA	30.89

Women 25-29 100 Yard Freestyle

NATL: 48.58 N 5/12/2018 KATARZYNA WILK

VA: 52.00 V 4/7/2017 Marina Falcone

1	Zhang, Bonnie	25	1693-VA	53.14
				25.63 53.14
2	Barrera, Abby	27	CM-Y-VA	1:03.63
				29.61 1:03.63
3	Shuff, Margaret	28	UC12-VA	1:05.68
				31.12 1:05.68

Women 25-29 200 Yard Freestyle

NATL: 1:48.80 N 5/20/2001 LIMIN LIU

VA: 1:52.76 V 4/7/2017 Marina Falcone

1	Shuff, Margaret	28	UC12-VA	2:29.39
				35.30 1:11.56 1:50.41 2:29.39

Women 25-29 500 Yard Freestyle

NATL: 4:49.88 N 1/3/1996 SHEILA TAORMINA

VA: 5:22.19 V 5/9/1985 Deborah Cain

1	Wei, Laurie	28	L4S-PV	6:00.39
				31.46 1:06.75 1:42.69 2:19.10
				2:55.94 3:33.24 4:10.74 4:47.80
				5:24.97 6:00.39
2	Horil, Erin	29	VMST-VA	6:04.06
				34.26 1:11.01 1:47.47 2:24.55
				3:01.76 3:38.97 4:15.79 4:51.95
				5:28.58 6:04.06

Women 25-29 1650 Yard Freestyle

NATL:16:50.17 N 5/19/1991 KAREN BURTON

VA:18:24.07 V 6/1/1985 Deborah Cain

1	Wei, Laurie	28	L4S-PV	20:41.70
				32.34 1:08.61 1:46.20 2:23.86
				3:01.43 3:39.05 4:16.58 4:54.45
				5:32.62 6:10.61 6:48.64 7:26.40
				8:04.19 8:42.37 9:20.47 9:58.52
				10:36.58 11:14.70 11:52.76 12:30.13
				13:08.06 13:45.56 14:23.84 15:01.69
				15:40.12 16:18.12 16:56.20 17:35.01
				18:12.64 18:50.29 19:28.49 20:06.11 20:41.70
2	Fellenbaum, Samantha	29	NCMS-NC	21:13.13
				33.70 1:10.17 1:47.04 2:24.53
				3:02.13 3:39.78 4:17.43 4:55.42
				5:33.44 6:11.60 6:50.00 7:28.24
				8:06.81 8:45.50 9:24.13 10:03.28
				10:42.59 11:21.87 12:01.06 12:40.23
				13:19.31 13:58.23 14:37.61 15:16.71
				15:56.34 16:36.10 17:15.91 17:55.51
				18:35.55 19:15.41 19:55.25 20:34.95 21:13.13
3	Horil, Erin	29	VMST-VA	21:21.46
				35.14 1:12.61 1:50.19 2:27.96
				3:05.64 3:43.46 4:21.58 4:59.92
				5:37.95 6:16.55 6:55.07 7:33.81
				8:12.15 8:51.53 9:30.71 10:09.33
				10:48.53 11:27.81 12:07.50 12:47.16
				13:26.30 14:05.16 14:45.58 15:25.42
				16:04.97 16:45.31 17:24.69 18:03.87
				18:44.10 19:24.15 20:03.44 20:43.13 21:21.46

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Women 25-29 200 Yard Backstroke

NATL: 1:56.87 N 2/28/2015 F PELLEGRINI

VA: 2:07.06 V 5/20/2010 Kate Hibbard

1	Zhang, Bonnie	25	1693-VA	2:11.38
		30.94	1:04.00	1:38.13
				2:11.38

Women 25-29 50 Yard Breaststroke

NATL: 27.10 N 4/30/2016 KATIE MEILI

VA: 31.30 V 4/13/2018 Victoria Maqueda

1	Fellenbaum, Samantha	29	NCMS-NC	36.67
2	Shuff, Margaret	28	UC12-VA	39.05

Women 25-29 100 Yard Breaststroke

NATL: 59.58 N 2/6/2010 MEGAN JENDRICK

VA: 1:08.57 V 4/5/2019 Victoria Maqueda

1	Barrera, Abby	27	CM-Y-VA	1:22.36
				39.44
				1:22.36

Women 25-29 50 Yard Butterfly

NATL: 24.19 N 4/28/2017 DANIELLE HERRMANN

VA: 25.89 V 4/13/2018 Gabrielle Mizerak

1	Wei, Laurie	28	L4S-PV	30.78
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Women 25-29 100 Yard Butterfly

NATL: 53.20 N 4/24/2015 AMANDA SIMS

VA: 58.05 V 4/28/2016 Katie Sieben

1	Wei, Laurie	28	L4S-PV	1:08.40
				33.26
				1:08.40
2	Barrera, Abby	27	CM-Y-VA	1:15.32
				33.35
				1:15.32

Women 25-29 100 Yard IM

NATL: 54.40 N 4/29/2017 DANIELLE HERRMANN

VA: 1:01.22 V 4/13/2018 Gabrielle Mizerak

1	Barrera, Abby	27	CM-Y-VA	1:13.73
				34.66
				1:13.73

Women 25-29 400 Yard IM

NATL: 4:19.02 N 2/22/2013 JUSTINE MUELLER

VA: 4:37.98 V 4/13/2018 Denise Letendre

1	Horil, Erin	29	VMST-VA	5:39.06
				36.62
				1:17.34
				2:00.43
				2:44.41
				3:35.21
				4:25.98
				5:02.69
				5:39.06

Women 30-34 50 Yard Freestyle

NATL: 22.37 N 4/7/2019 MADISON KENNEDY

VA: 25.13 V 2/9/2013 Courtney Hurtubise

1	Godwin, Sallie	32	VMST-VA	27.83
2	Stubert, Hannah	33	ALEX-PV	29.86
3	Shepard, Megan C	32	VMST-VA	36.23

Women 30-34 100 Yard Freestyle

NATL: 48.03 N 2/23/2013 ERIKA ERNDL

VA: 54.78 V 1/1/1994 Beth Scheimann

1	Godwin, Sallie	32	VMST-VA	1:00.99
				28.82
				1:00.99

Women 30-34 200 Yard Freestyle

NATL: 1:43.46 N 11/30/2012 ERIKA ERNDL

VA: 1:58.35 V 4/26/2012 Maura Bolger

1	Godwin, Sallie	32	VMST-VA	2:15.15
				30.97
				1:04.99
				1:40.69
				2:15.15

2	Goodman, Kara	30	ALEX-PV	2:30.05
				33.56
				1:11.38
				1:51.06
				2:30.05

Women 30-34 500 Yard Freestyle

NATL: 4:46.92 N 4/14/2012 DAWN HECKMAN

VA: 5:14.58 V 10/7/2017 Marina Falcone

1	Goodman, Kara	30	ALEX-PV	6:33.27
				33.58
				1:10.85
				1:49.90
				2:29.86
				3:09.97
				3:50.90
				4:31.60
				5:12.54
				5:53.39
				6:33.27

Women 30-34 50 Yard Backstroke

NATL: 24.96 N 5/1/2011 NORIKO INADA

VA: 29.18 V 4/28/2016 Elizabeth Joiner

1	Shepard, Megan C	32	VMST-VA	44.30
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Women 30-34 100 Yard Backstroke

NATL: 54.60 N 4/30/2011 NORIKO INADA

VA: 1:03.14 V 2/3/2018 Carina Masson

1	Goodman, Kara	30	ALEX-PV	1:14.27
				35.31
				1:14.27

Women 30-34 50 Yard Breaststroke

NATL: 28.48 N 5/4/2008 KATIE MCCLELLAND

VA: 31.21 V 5/1/1989 Lisa Bennett

1	Godwin, Sallie	32	VMST-VA	36.11
2	Stubert, Hannah	33	ALEX-PV	38.16
3	Shepard, Megan C	32	VMST-VA	54.17

Women 30-34 100 Yard Breaststroke

NATL: 58.81 N 3/6/2022 DANIELLE HERRMANN

VA: 1:08.96 V 5/1/1989 Lisa Bennett

1	Godwin, Sallie	32	VMST-VA	1:19.58
				38.07
				1:19.58

Women 30-34 200 Yard Breaststroke

NATL: 2:11.78 N 12/19/2021 DANIELLE HERRMANN

VA: 2:28.53 V 4/5/2019 Denise Letendre

1	Stubert, Hannah	33	ALEX-PV	3:00.61
				40.61
				1:26.37
				2:13.81
				3:00.61

Women 30-34 50 Yard Butterfly

NATL: 24.18 N 4/15/2000 ANGEL MARTINO

VA: 25.66 V 1/30/2022 Gabrielle Mizerak

1	Shepard, Megan C	32	VMST-VA	43.32
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Women 30-34 200 Yard IM

NATL: 1:58.80 N 3/11/2009 ERIKA ERNDL

VA: 2:11.73 V 4/5/2019 Denise Letendre

1	Shepard, Megan C	32	VMST-VA	3:31.59
				45.43
				1:40.87
				2:44.18
				3:31.59

Women 30-34 400 Yard IM

NATL: 4:14.84 N 1/20/2013 ERIKA ERNDL

VA: 4:40.46 V 4/5/2019 Denise Letendre

1	Rainer, Natalie	30	VMST-VA	5:27.49
				34.71
				1:13.84
				1:57.40
				2:40.55
				3:24.69
				4:10.44
				4:50.34
				5:27.49

Women 35-39 50 Yard Freestyle

NATL: 22.34 N 2/25/2007 DARA TORRES

VA: 23.82 V 5/10/2018 Katie Grier

1	Greene, Arielle	39	VMST-VA	28.96
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Women 35-39 100 Yard Freestyle

NATL: 49.72 N 2/25/2007 DARA TORRES

VA: 51.91 V 4/13/2018 Katie Grier

1	Greene, Arielle	39	VMST-VA	1:03.12
				29.19 1:03.12

Women 35-39 50 Yard Backstroke

NATL: 24.71 N 4/29/2017 NORIKO INADA

VA: 27.81 V 4/7/2017 Katie Grier

1	Taylor, Sharon	37	NCMS-NC	31.11
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Women 35-39 50 Yard Breaststroke

NATL: 28.51 N 5/2/2014 KATIE GLENN

VA: 31.45 V 5/15/1991 Lisa Bennett

1	Taylor, Sharon	37	NCMS-NC	30.11
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Women 35-39 100 Yard Breaststroke

NATL: 1:01.88 N 4/25/2015 KATIE GLENN

VA: 1:09.09 V 4/28/2016 Kristen Harris

1	Taylor, Sharon	37	NCMS-NC	1:05.93
				31.54 1:05.93
2	Greene, Arielle	39	VMST-VA	1:21.71
				38.18 1:21.71

Women 35-39 200 Yard Breaststroke

NATL: 2:17.51 N 4/26/2015 KATIE GLENN

VA: 2:33.72 V 1/1/2005 Cheryl Conlin

1	Taylor, Sharon	37	NCMS-NC	2:24.05
				33.05 1:09.19 1:46.77 2:24.05

Women 40-44 50 Yard Freestyle

NATL: 21.91 N 4/15/2007 DARA TORRES

VA: 24.00 V 4/25/2019 Katie Grier

1	Miller, Elizabeth C	41	VMST-VA	27.08
2	Quattropiani, LeeAnne	44	NCMS-NC	27.86

Women 40-44 200 Yard Freestyle

NATL: 1:51.06 N 12/22/2002 K PIPES-NEILSEN

VA: 1:57.95 V 4/25/2019 Katie Grier

1	Miller, Elizabeth C	41	VMST-VA	2:09.68
				30.02 1:02.83 1:36.09 2:09.68
2	Latimer, Rebecca T	40	CM-Y-VA	2:33.69
				34.34 1:12.99 1:53.46 2:33.69
3	Anzelmo-Steele, Sarah E	42	VMST-VA	2:40.84
				37.55 1:18.74 2:00.07 2:40.84

Women 40-44 500 Yard Freestyle

NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN

VA: 5:33.24 V 4/2/2004 Kelly Parker

1	Miller, Elizabeth C	41	VMST-VA	5:47.05
				31.62 1:06.59 1:41.63 2:16.72
				2:51.63 3:26.21 4:01.25 4:36.36
				5:11.90 5:47.05
2	Serre, Elizabeth	44	VMST-VA	6:42.94
				36.22 1:15.81 1:56.56 2:37.88
				3:19.41 4:01.05 4:42.58 5:24.60
				6:06.67 6:42.94
3	Latimer, Rebecca T	40	CM-Y-VA	6:49.70
				35.75 1:15.90 1:57.12 2:38.84
				3:20.78 4:03.09 4:44.96 5:27.11
				6:09.20 6:49.70

Women 40-44 50 Yard Backstroke

NATL: 26.12 N 5/1/2011 SHERI HART

VA: 27.97 V 4/25/2019 Katie Grier

1	Quattropiani, LeeAnne	44	NCMS-NC	30.95
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Women 40-44 100 Yard Backstroke

NATL: 56.03 N 4/30/2011 SHERI HART

VA: 1:00.71 V 4/19/2002 Beth Baker

1	Quattropiani, LeeAnne	44	NCMS-NC	1:09.60
				33.21 1:09.60

Women 40-44 200 Yard Backstroke

NATL: 2:03.61 N 7/25/2021 JENNIFER MIHALIK

VA: 2:11.40 V 5/17/2001 Beth Baker

1	Holland, Irish	42	NCMS-NC	2:22.19
				34.28 1:10.76 1:47.14 2:22.19

Women 40-44 50 Yard Breaststroke

NATL: 28.71 N 5/11/2018 KATIE GLENN

VA: 31.34 V 4/7/2017 Kristen Harris

1	Holland, Irish	42	NCMS-NC	34.21
2	Gass, Krista	44	1693-VA	35.09
3	Coons, Dana	42	BAM1-VA	44.93

Women 40-44 100 Yard Breaststroke

NATL: 1:02.70 N 5/13/2018 KATIE GLENN

VA: 1:09.86 V 4/7/2017 Kristen Harris

1	Gass, Krista	44	1693-VA	1:16.65
				36.18 1:16.65
2	Latimer, Rebecca T	40	CM-Y-VA	1:32.60
				43.33 1:32.60

Women 40-44 50 Yard Butterfly

NATL: 25.14 N 5/10/2009 S VON DER LIPPE

VA: 26.34 V 4/5/2019 Katie Grier

1	Quattropiani, LeeAnne	44	NCMS-NC	30.33
2	Serre, Elizabeth	44	VMST-VA	34.07
3	Anzelmo-Steele, Sarah E	42	VMST-VA	34.10
4	Coons, Dana	42	BAM1-VA	43.56

Women 40-44 100 Yard Butterfly

NATL: 54.83 N 5/10/2009 S VON DER LIPPE

VA: 58.56 V 6/1/2001 Beth Baker

1	Serre, Elizabeth	44	VMST-VA	1:19.01
				39.20 1:19.01

Women 40-44 200 Yard Butterfly

NATL: 2:03.13 N 5/4/2008 S VON DER LIPPE

VA: 2:09.63 V 5/17/2001 Beth Baker

1	Holland, Irish	42	NCMS-NC	2:18.84
				32.33 1:07.60 1:43.79 2:18.84

Women 40-44 100 Yard IM

NATL: 57.95 N 4/28/2012 ERIKA BRAUN

VA: 1:00.40 V 4/25/2019 Katie Grier

1	Anzelmo-Steele, Sarah E	42	VMST-VA	1:21.41
				37.74 1:21.41
2	Coons, Dana	42	BAM1-VA	1:32.95
				44.20 1:32.95

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Women 40-44 200 Yard IM

NATL: 2:04.85 N 5/4/2008 S VON DER LIPPE

VA: 2:15.17 V 4/21/2001 Beth Baker

1	Miller, Elizabeth C	41	VMST-VA	2:25.97
				31.34 1:07.99 1:51.45 2:25.97
2	Serre, Elizabeth	44	VMST-VA	2:55.46
				37.79 1:25.55 2:19.94 2:55.46

Women 45-49 50 Yard Freestyle

NATL: 23.80 N 4/8/2017 ERIKA BRAUN

VA: 25.53 V 4/26/2012 Annette Patterson

1	Ciolfi, Angela	45	CM-Y-VA	28.86
2	Maschal, Sarah A	45	ALEX-PV	29.87

Women 45-49 100 Yard Freestyle

NATL: 51.99 N 4/9/2017 ERIKA BRAUN

VA: 55.86 V 4/26/2012 Annette Patterson

1	Rockett, Ruth	45	ALEX-PV	1:18.57
				38.51 1:18.57

Women 45-49 200 Yard Freestyle

NATL: 1:53.28 N 12/16/2007 K PIPES-NEILSEN

VA: 2:05.36 V 4/14/2011 Kelly Parker Palace

1	Maschal, Sarah A	45	ALEX-PV	2:29.66
				33.99 1:11.23 1:50.23 2:29.66
2	Rockett, Ruth	45	ALEX-PV	2:53.34
				41.41 1:26.38 2:10.73 2:53.34

Women 45-49 500 Yard Freestyle

NATL: 5:03.45 N 7/22/2021 HEIDI GEORGE

VA: 5:31.34 V 4/14/2011 Kelly Parker Palace

1	Maschal, Sarah A	45	ALEX-PV	6:33.00
				34.21 1:11.64 1:50.61 2:30.38
				3:10.09 3:50.32 4:30.75 5:11.72
				5:53.13 6:33.00
2	Rockett, Ruth	45	ALEX-PV	7:19.29
				41.37 1:26.25 2:11.64 2:56.65
				3:41.65 4:26.25 5:11.09 5:55.01
				6:37.75 7:19.29

Women 45-49 50 Yard Backstroke

NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN

VA: 28.94 V 4/26/2012 Annette Patterson

1	Ciolfi, Angela	45	CM-Y-VA	37.29
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Women 45-49 100 Yard Backstroke

NATL: 57.83 N 5/23/2010 ELLEN REYNOLDS

VA: 1:06.03 V 10/28/2012 Annette Patterson

1	Rockett, Ruth	45	ALEX-PV	1:33.04
				45.64 1:33.04

Women 45-49 50 Yard Breaststroke

NATL: 29.42 N 4/29/2022 KATIE GLENN

VA: 33.96 V 1/2000 Patricia Miller

1	Ciolfi, Angela	45	CM-Y-VA	39.36
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Women 45-49 50 Yard Butterfly

NATL: 25.64 N 4/9/2017 ERIKA BRAUN

VA: 28.52 V 4/26/2012 Annette Patterson

1	Ciolfi, Angela	45	CM-Y-VA	32.19
2	Maschal, Sarah A	45	ALEX-PV	33.24

Women 45-49 100 Yard IM

NATL: 59.39 N 4/28/2012 FALL WILLEBOORDSE

VA: 1:05.25 V 10/28/2012 Annette Patterson

1	Ciolfi, Angela	45	CM-Y-VA	1:15.80
				35.18 1:15.80

Women 50-54 50 Yard Freestyle

NATL: 24.19 N 4/30/2022 ERIKA BRAUN

VA: 25.54 V 1/26/2020 Fall Willeboordse

1	Weinheimer, Amy	54	CM-Y-VA	28.45
2	Bond, Lisa	53	CM-Y-VA	34.66
3	Souders, Suzanne	51	VMST-VA	43.42

Women 50-54 100 Yard Freestyle

NATL: 52.77 N 5/1/2022 ERIKA BRAUN

VA: 57.72 V 4/28/2011 Suzanne Newell

1	Weinheimer, Amy	54	CM-Y-VA	1:01.53
				30.09 1:01.53
2	Bogges, Wendi	50	BAM1-VA	1:11.27
				32.99 1:11.27
3	Bond, Lisa	53	CM-Y-VA	1:13.05
				35.69 1:13.05
4	Souders, Suzanne	51	VMST-VA	1:39.52
				47.21 1:39.52

Women 50-54 50 Yard Backstroke

NATL: 27.04 N 5/10/2013 LESLIE LIVINGSTON

VA: 28.97 V 10/12/2019 Susan Williams

1	Bogges, Wendi	50	BAM1-VA	35.42
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Women 50-54 50 Yard Breaststroke

NATL: 31.61 N 4/14/2018 S VON DER LIPPE

VA: 32.83 V 5/20/2010 Lisa Bennett

1	Weinheimer, Amy	54	CM-Y-VA	37.75
2	Bogges, Wendi	50	BAM1-VA	41.65

Women 50-54 100 Yard IM

NATL: 1:00.21 N 4/30/2022 ERIKA BRAUN

VA: 1:04.32 V 1/26/2020 Fall Willeboordse

1	Weinheimer, Amy	54	CM-Y-VA	1:13.75
				35.19 1:13.75
2	Bogges, Wendi	50	BAM1-VA	1:22.49
				35.79 1:22.49

Women 55-59 50 Yard Freestyle

NATL: 25.16 N 4/8/2017 SUE WALSH

VA: 25.61 V 4/29/2022 Fall Willeboordse

1	Williams, Susan	56	1693-VA	26.84
2	May, Julia	58	CM-Y-VA	37.86

Women 55-59 100 Yard Freestyle

NATL: 54.72 N 5/4/2008 LAURA VAL

VA: 56.27 V 4/29/2022 Fall Willeboordse

1	Cook, Amy H	55	VMST-VA	1:09.44
				33.03 1:09.44
2	May, Julia	58	CM-Y-VA	1:22.48
				39.54 1:22.48

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Women 55-59 200 Yard Freestyle

NATL: 1:57.90 N 4/30/2017 KARLYN PIPES

VA: 2:16.25 V 1/1/2010 Shirley Loftus-Charley

1	Cook, Amy H	55	VMST-VA	2:36.78
	35.49	1:14.63	1:55.87	2:36.78

Women 55-59 500 Yard Freestyle

NATL: 5:20.68 N 4/29/2017 JILL HERNANDEZ

VA: 5:46.57 V 10/16/2022 Fall Willeboordse

1	Hollings, Charlotte A	58	VMST-VA	6:00.61
	32.37	1:07.39	1:43.31	2:20.36
	2:57.15	3:34.22	4:11.08	4:48.21
	5:24.94	6:00.61		
2	Cook, Amy H	55	VMST-VA	6:53.52
	35.68	1:15.45	1:57.36	2:39.78
	3:22.21	4:04.54	4:47.87	5:30.59
	6:12.80	6:53.52		

Women 55-59 1650 Yard Freestyle

NATL:18:56.04 N 4/16/2010 LAURA VAL

VA:19:49.87 V 2/12/2011 Shirley Loftus-Charley

1	Hollings, Charlotte A	58	VMST-VA	20:47.52
	33.10	1:09.07	1:45.94	2:23.13
	3:00.44	3:38.26	4:16.06	4:53.93
	5:31.80	6:09.94	6:47.90	7:25.62
	8:03.71	8:41.62	9:19.56	9:57.79
	10:35.98	11:14.14	11:52.30	12:30.37
	13:08.12	13:45.79	14:23.88	15:02.68
	15:41.26	16:19.68	16:58.38	17:36.84
	18:15.39	18:53.86	19:32.25	20:10.86
				20:47.52

Women 55-59 50 Yard Backstroke

NATL: 28.14 N 10/30/2016 LESLIE LIVINGSTON

VA: 29.52 V 4/29/2022 Susan Williams

1	Buscaglia, Caycee	58	VMST-VA	34.31
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Women 55-59 100 Yard Backstroke

NATL: 1:00.80 N 4/30/2017 KARLYN PIPES

VA: 1:04.48 V 4/29/2022 Fall Willeboordse

1	Buscaglia, Caycee	58	VMST-VA	1:16.30
	37.35	1:16.30		

Women 55-59 200 Yard Backstroke

NATL: 2:10.65 N 11/23/2019 ELLEN REYNOLDS

VA: 2:27.15 V 5/10/2018 Val Van Horn Pate

1	Buscaglia, Caycee	58	VMST-VA	2:49.24
	37.93	1:20.52	2:05.05	2:49.24

Women 55-59 50 Yard Butterfly

NATL: 27.04 N 10/30/2016 LESLIE LIVINGSTON

VA: 27.44 V 4/29/2022 Susan Williams

1	Williams, Susan	56	1693-VA	27.88
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Women 55-59 100 Yard IM

NATL: 1:02.34 N 4/29/2017 KARLYN PIPES

VA: 1:03.98 V 3/20/2022 Fall Willeboordse

1	Buscaglia, Caycee	58	VMST-VA	1:18.20
	35.28	1:18.20		

Women 55-59 400 Yard IM

NATL: 4:45.55 N 11/22/2019 ELLEN REYNOLDS

VA: 5:28.24 V 2/12/2011 Shirley Loftus-Charley

1	Hollings, Charlotte A	58	VMST-VA	5:44.91
	35.58	1:19.02	2:05.98	2:51.41
	3:40.52	4:31.55	5:08.63	5:44.91

Women 60-64 50 Yard Freestyle

NATL: 26.20 N 5/11/2018 PENNY NOYES

VA: 28.31 V 5/29/2022 Marie Restrepo

1	Van Horn Pate, Val	60	VMST-VA	28.23V
2	Mackall, Suni	60	1693-VA	33.44
3	Sowers, Alison	60	VMST-VA	43.44

Women 60-64 100 Yard Freestyle

NATL: 56.45 N 4/29/2012 LAURA VAL

VA: 1:03.68 V 9/12/2021 Kelly Parker Palace

1	Mackall, Suni	60	1693-VA	1:12.11
	35.12	1:12.11		

Women 60-64 500 Yard Freestyle

NATL: 5:39.00 N 1/26/2014 LAURA VAL

VA: 5:56.62 V 3/25/2012 Shirley Loftus-Charley

1	Miller, Patricia	62	VMST-VA	7:04.80
	38.99	1:21.34	2:04.77	2:47.82
	3:31.09	4:14.42	4:57.21	5:39.91
	6:23.15	7:04.80		

Women 60-64 50 Yard Backstroke

NATL: 29.58 N 4/26/2015 LAURA VAL

VA: 33.70 V 5/29/2022 Marie Restrepo

1	Van Horn Pate, Val	60	VMST-VA	32.53V
2	Howsmon, Angela	62	VMST-VA	41.23

Women 60-64 100 Yard Backstroke

NATL: 1:03.72 N 5/12/2013 LAURA VAL

VA: 1:17.33 V 4/13/2012 Shirley Loftus-Charley

1	Van Horn Pate, Val	60	VMST-VA	1:11.01V
	34.55	1:11.01		
2	Howsmon, Angela	62	VMST-VA	1:25.73
	41.83	1:25.73		

Women 60-64 50 Yard Breaststroke

NATL: 33.79 N 5/7/2017 MELINDA MANN

VA: 36.59 V 7/21/2021 Patricia Miller

1	Miller, Patricia	62	VMST-VA	39.90
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Women 60-64 100 Yard Breaststroke

NATL: 1:16.55 N 5/6/2017 MELINDA MANN

VA: 1:21.10 V 7/21/2021 Patricia Miller

1	Miller, Patricia	62	VMST-VA	1:26.11
	1:26.24	1:26.11		

Women 60-64 50 Yard Butterfly

NATL: 27.93 N 5/13/2018 TRACI GRANGER

VA: 33.58 V 4/13/2012 Shirley Loftus-Charley

1	Van Horn Pate, Val	60	VMST-VA	30.95V
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Results - David Gregg III Memorial Meet

Women 60-64 200 Yard Butterfly

NATL: 2:24.30 N 5/10/2013 LAURA VAL

VA: 2:43.42 V 2/11/2012 Shirley Loftus-Charley

1	Van Horn Pate, Val	60	VMST-VA	2:49.00
	35.87	1:15.24	1:58.48	2:49.00

Women 60-64 100 Yard IM

NATL: 1:05.01 N 4/30/2022 KARLYN PIPES

VA: 1:15.44 V 2/11/2012 Shirley Loftus-Charley

1	Mackall, Suni	60	1693-VA	1:30.01
	41.95	1:30.01		
2	Howsmon, Angela	62	VMST-VA	1:31.95
	42.51	1:31.95		

Women 60-64 200 Yard IM

NATL: 2:24.28 N 4/3/2022 AMY RIEGER

VA: 2:36.65 V 4/13/2012 Shirley Loftus-Charley

1	Miller, Patricia	62	VMST-VA	3:02.23
	43.49	1:32.82	2:20.33	3:02.23

Women 65-69 50 Yard Freestyle

NATL: 26.31 N 3/7/2020 PENNY NOYES

VA: 30.42 V 5/17/2007 Beth Schreiner

1	Clute, Meg	67	CM-Y-VA	32.91
2	Mazzini, Wendy	67	VMST-VA	36.20
3	Faulkner, Michele	69	VMST-VA	44.75

Women 65-69 100 Yard Freestyle

NATL: 57.88 N 5/12/2018 LAURA VAL

VA: 1:06.77 V 5/6/2017 Shirley Loftus-Charley

1	Clute, Meg	67	CM-Y-VA	1:16.25
	36.61	1:16.25		
2	Mazzini, Wendy	67	VMST-VA	1:22.22
	38.55	1:22.22		

Women 65-69 200 Yard Freestyle

NATL: 2:07.23 N 5/11/2018 LAURA VAL

VA: 2:23.77 V 2/5/2017 Shirley Loftus-Charley

1	Mazzini, Wendy	67	VMST-VA	2:57.83
	39.94	1:25.76	2:12.09	2:57.83

Women 65-69 1650 Yard Freestyle

NATL:20:33.09 N 7/21/2021 N STEADMAN MARTIN

VA:20:43.29 V 11/12/2016 Shirley Loftus-Charley

1	Baskin, Elizabeth	66	1693-VA	27:47.52
	43.34	1:31.02	2:21.45	3:13.09
	4:04.37	4:56.29	5:47.80	6:39.20
	7:30.60	8:21.71	9:12.63	10:03.51
	10:54.09	11:45.31	12:36.57	13:26.92
	14:17.41	15:08.01	15:59.04	16:49.99
	17:41.43	18:32.34	19:23.68	20:13.90
	21:04.44	21:55.09	22:45.09	23:35.39
	24:26.82	25:17.35	26:08.52	26:59.51
				27:47.52

Women 65-69 50 Yard Backstroke

NATL: 29.65 N 5/12/2018 LAURA VAL

VA: 38.10 V 4/28/2016 Marcia Barry

1	Faulkner, Michele	69	VMST-VA	53.55
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Women 65-69 50 Yard Breaststroke

NATL: 36.58 N 5/11/2018 MELINDA WOLFF

VA: 37.74 V 4/22/2004 Joann Leilich

1	Clute, Meg	67	CM-Y-VA	48.38
2	Faulkner, Michele	69	VMST-VA	56.71

Women 65-69 50 Yard Butterfly

NATL: 28.94 N 9/14/2019 PENNY NOYES

VA: 34.74 V 10/27/2019 Shirley Loftus-Charley

1	Mazzini, Wendy	67	VMST-VA	41.17
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Women 65-69 100 Yard IM

NATL: 1:07.03 N 2/1/2020 PENNY NOYES

VA: 1:17.97 V 4/5/2019 Shirley Loftus-Charley

1	Mazzini, Wendy	67	VMST-VA	1:35.32
	45.50	1:35.32		

Women 70-74 50 Yard Freestyle

NATL: 27.10 N 4/30/2022 LAURA VAL

VA: 31.51 V 4/26/2012 Beth Schreiner

1	Loftus-Charley, Shirley	71	CM-Y-VA	31.37V
2	Broderson, Molly	70	VMST-VA	36.65
3	Mix, Phoebe	72	VMST-VA	42.42

Women 70-74 100 Yard Freestyle

NATL: 59.11 N 5/1/2022 LAURA VAL

VA: 1:09.76 V 1/30/2022 Shirley Loftus-Charley

1	Loftus-Charley, Shirley	71	CM-Y-VA	1:08.65V
	33.36	1:08.65		
2	Broderson, Molly	70	VMST-VA	1:29.03
	43.14	1:29.03		
3	Mix, Phoebe	72	VMST-VA	1:32.36
	43.88	1:32.36		

Women 70-74 200 Yard Freestyle

NATL: 2:21.31 N 6/6/2021 CHARLOTTE DAVIS

VA: 2:27.19 V 1/22/2022 Shirley Loftus-Charley

1	Broderson, Molly	70	VMST-VA	3:17.06
	44.95	1:34.80	2:26.71	3:17.06
2	Mix, Phoebe	72	VMST-VA	3:32.69
	45.31	1:36.99	2:37.31	3:32.69

Women 70-74 1650 Yard Freestyle

NATL:22:10.42 N 2/26/2022 S LOFTUS-CHARLEY

VA:22:10.42 V 2/26/2022 Shirley Loftus-Charley

1	Loftus-Charley, Shirley	71	CM-Y-VA	21:50.68N
	34.95	1:13.29	1:52.55	2:32.21
	3:11.97	3:51.81	4:31.48	5:11.21
	5:51.26	6:31.50	7:11.19	7:51.22
	8:31.76	9:11.65	9:51.65	10:31.56
	11:11.53	11:51.49	12:31.69	13:11.75
	13:51.53	14:31.91	15:11.78	15:52.13
	16:31.85	17:12.06	17:51.99	18:32.18
	19:12.36	19:52.12	20:32.07	21:11.93
				21:50.68

Women 70-74 50 Yard Backstroke

NATL: 30.49 N 5/1/2022 LAURA VAL

VA: 39.98 V 2/8/2020 Marcia Barry

1	Loftus-Charley, Shirley	71	CM-Y-VA	39.02V
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Results - David Gregg III Memorial Meet

Women 70-74 200 Yard Backstroke

NATL: 2:26.53 N 4/30/2022 LAURA VAL

VA: 2:56.99 V 2/26/2022 Shirley Loftus-Charley

1	Boslego, Barbara	71	VMST-VA	3:27.02
		48.27	1:40.71	2:35.27
				3:27.02

Women 70-74 50 Yard Breaststroke

NATL: 38.35 N 5/13/2022 KATHLEEN LEWIS

VA: 43.95 V 4/29/2022 Barbara Boslego

1	Boslego, Barbara	71	VMST-VA	45.22
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Women 70-74 200 Yard Breaststroke

NATL: 3:07.28 N 2/2/2009 JOANN LEILICH

VA: 3:38.79 V 4/29/2022 Barbara Boslego

1	Boslego, Barbara	71	VMST-VA	3:55.54
		50.70	1:50.50	2:55.58
				3:55.54

Women 70-74 200 Yard IM

NATL: 2:35.20 N 4/3/2022 LAURA VAL

VA: 2:55.06 V 2/26/2022 Shirley Loftus-Charley

1	Loftus-Charley, Shirley	71	CM-Y-VA	2:51.49V
			38.54	1:22.89
				2:14.29
				2:51.49
2	Boslego, Barbara	71	VMST-VA	3:39.64
			53.60	1:50.24
				2:54.26
				3:39.64

Women 70-74 400 Yard IM

NATL: 5:34.57 N 4/1/2022 LAURA VAL

VA: 6:05.52 V 2/26/2022 Shirley Loftus-Charley

1	Loftus-Charley, Shirley	71	CM-Y-VA	6:12.12
			39.81	1:26.94
				2:13.25
				3:00.24
				3:55.84
				4:51.51
				5:32.46
				6:12.12

Women 75-79 50 Yard Breaststroke

NATL: 41.53 N 4/13/2014 JOANN LEILICH

VA: 47.56 V 9/29/2012 Johnnie Detrick

1	Carter, Susan B	75	VMST-VA	56.94
2	Burns, Suzi	75	UC12-VA	57.27

Women 75-79 100 Yard Breaststroke

NATL: 1:29.24 N 4/11/2014 JOANN LEILICH

VA: 1:47.13 V 2/11/2012 Johnnie Detrick

1	Burns, Suzi	75	UC12-VA	2:05.74
			59.90	2:05.74
2	Carter, Susan B	75	VMST-VA	2:09.72
			1:03.37	2:09.72

Women 75-79 200 Yard Breaststroke

NATL: 3:16.31 N 4/5/2014 JOANN LEILICH

VA: 3:49.28 V 4/15/2011 Johnnie Detrick

1	Burns, Suzi	75	UC12-VA	4:28.51
			1:00.36	2:09.12
				3:20.26
				4:28.51
---	Carter, Susan B	75	VMST-VA	DNF

Women 80-84 100 Yard Backstroke

NATL: 1:32.37 N 4/19/2009 BETTY LORENZI

VA: 1:52.18 V 3/19/2016 Johnnie Detrick

1	Marens, Susan	80	VMST-VA	2:15.77
			1:08.77	2:15.77

Women 80-84 50 Yard Breaststroke

NATL: 45.10 N 3/31/2019 JOANN LEILICH

VA: 50.93 V 4/28/2016 Johnnie Detrick

1	Marens, Susan	80	VMST-VA	1:04.37
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Women 80-84 200 Yard Breaststroke

NATL: 3:33.68 N 4/13/2019 JOANN LEILICH

VA: 4:04.31 V 2/6/2016 Johnnie Detrick

1	Marens, Susan	80	VMST-VA	4:59.48
			1:08.89	2:26.75
				3:45.12
				4:59.48

Women 80-84 100 Yard IM

NATL: 1:41.47 N 4/30/2022 SUSAN MEYERS

VA: 1:42.51 V 4/28/2016 Johnnie Detrick

1	Marens, Susan	80	VMST-VA	2:13.97
			1:08.22	2:13.97

Women 85-89 50 Yard Freestyle

NATL: 41.21 N 3/9/2013 BETTY RUSS

VA: 49.87 V 6/27/2007 Marianna Berkley

1	Walker, Laura S	85	VMST-VA	48.59V
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Women 85-89 100 Yard Freestyle

NATL: 1:31.20 N 4/12/2014 NAN BOHL

VA: 1:55.09 V 6/27/2007 Marianna Berkley

1	Walker, Laura S	85	VMST-VA	1:48.87V
			52.86	1:48.87

Women 85-89 50 Yard Backstroke

NATL: 46.77 N 2/9/2013 BETTY LORENZI

VA: 1:05.71 V 2/9/2008 Marianna Berkley

1	Walker, Laura S	85	VMST-VA	56.07V
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Women 85-89 100 Yard Backstroke

NATL: 1:40.00 N 2/10/2013 BETTY LORENZI

VA: 2:20.63 V 2/9/2008 Marianna Berkley

1	Walker, Laura S	85	VMST-VA	2:02.67V
			1:00.01	2:02.67

Women 85-89 200 Yard Backstroke

NATL: 3:34.09 N 2/9/2013 BETTY LORENZI

VA: 4:48.71 V 2/9/2008 Marianna Berkley

1	Walker, Laura S	85	VMST-VA	4:13.16V
			1:01.13	2:05.45
				3:10.66
				4:13.16

Men 18-24 50 Yard Freestyle

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER

VA: 20.24 V 4/13/2018 Lucas Bureau

1	Hallock, Thomas	23	TIDE-VA	20.87
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Men 18-24 100 Yard Freestyle

NATL: 42.59 N 12/1/2012 EUGENE GODSOE

VA: 43.97 V 4/13/2018 Lucas Bureau

1	Vanik, Alexander J	24	VMST-VA	52.03
			24.92	52.03
2	Garcia, Luke	23	VMST-VA	53.57
			25.49	53.57

Men 18-24 50 Yard Backstroke

NATL: 22.33 N 5/10/2013 ANDREW ELLIOTT

VA: 22.62 V 4/5/2019 Logan Burton

1	Hallock, Thomas	23	TIDE-VA	24.23
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(Men 18-24 50 Yard Backstroke)

2	Nishimura, Jacob	23	DCAC-PV	33.03
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Men 18-24 100 Yard Backstroke

NATL: 45.36 N 11/30/2012 EUGENE GODSOE

VA: 49.46 V 4/5/2019 Logan Burton

1	Garcia, Luke	23	VMST-VA	57.48
	27.96		57.48	

Men 18-24 200 Yard Backstroke

NATL: 1:44.18 N 5/11/2013 ANDREW ELLIOTT

VA: 1:49.09 V 4/5/2019 Logan Burton

1	Garcia, Luke	23	VMST-VA	2:07.90	
	29.04		1:00.77	1:34.06	2:07.90

Men 18-24 50 Yard Breaststroke

NATL: 24.53 N 2/1/2015 ROSTYSLAV FEDYNA

VA: 25.67 V 2/29/2020 Austin Temple

1	Hallock, Thomas	23	TIDE-VA	27.38
2	Vanik, Alexander J	24	VMST-VA	29.88
3	Fasana, Joseph	21	FAFF-VA	33.56
4	Nishimura, Jacob	23	DCAC-PV	36.24

Men 18-24 100 Yard Breaststroke

NATL: 52.63 N 2/3/2018 JOSH PRENOT

VA: 55.72 V 2/29/2020 Austin Temple

1	Vanik, Alexander J	24	VMST-VA	1:07.70
	31.78		1:07.70	

Men 18-24 50 Yard Butterfly

NATL: 21.13 N 4/26/2015 HENRIK LINDAU

VA: 21.95 V 4/13/2018 Lucas Bureau

1	Hallock, Thomas	23	TIDE-VA	22.61
2	Major, Kyle	23	1693-VA	25.27
3	Nishimura, Jacob	23	DCAC-PV	27.82

Men 18-24 100 Yard Butterfly

NATL: 46.65 N 11/30/2012 EUGENE GODSOE

VA: 47.41 V 4/13/2018 Lucas Bureau

1	Garcia, Luke	23	VMST-VA	58.69
	27.16		58.69	

Men 18-24 100 Yard IM

NATL: 48.96 N 4/26/2019 ANDREW APPLEBY

VA: 49.23 V 4/13/2018 Lucas Bureau

1	Major, Kyle	23	1693-VA	59.77
	27.83		59.77	
2	Fasana, Joseph	21	FAFF-VA	1:03.07
	27.94		1:03.07	
3	Nishimura, Jacob	23	DCAC-PV	1:09.29
	31.30		1:09.29	

Men 18-24 200 Yard IM

NATL: 1:48.91 N 2/2/2020 SAMUEL STEWART

VA: 1:57.45 V 5/19/2005 Benjamin Garrett

1	Major, Kyle	23	1693-VA	2:10.96	
	27.16		1:01.92	1:40.89	2:10.96
2	Fasana, Joseph	21	FAFF-VA	2:22.26	
	28.07		1:05.40	1:47.06	2:22.26

Men 18-24 400 Yard IM

NATL: 3:50.12 N 2/13/2010 RUSSELL PAYNE

VA: 4:07.94 V 5/19/2005 Benjamin Garrett

1	Fasana, Joseph	21	FAFF-VA	5:29.53	
	28.37		1:05.45	1:47.19	2:29.32
	3:16.69		4:08.36	4:52.61	5:29.53

Men 25-29 50 Yard Freestyle

NATL: 18.67 N 12/20/2014 BOUSQUET\ADRIAN

VA: 20.54 V 3/3/2022 Kevin Mastracci

1	Mastracci, Kevin	26	VMST-VA	20.80
2	Herbert, David	25	TIDE-VA	20.81
3	Healey, Matthew	25	1693-VA	21.76
4	Verheul, Dirk	29	VMST-VA	22.52
5	Rinald, Kevin	26	UC12-VA	23.67

Men 25-29 100 Yard Freestyle

NATL: 41.13 N 5/3/2014 NATHAN ADRIAN

VA: 45.47 V 3/3/2022 Kevin Mastracci

1	Mastracci, Kevin	26	VMST-VA	46.18
	21.91		46.18	
2	Verheul, Dirk	29	VMST-VA	48.09
	23.24		48.09	
3	Kreider, Joshua	26	TIDE-VA	49.04
	23.59		49.04	
4	Healey, Matthew	25	1693-VA	49.13
	22.91		49.13	
5	Rinald, Kevin	26	UC12-VA	53.02
	25.00		53.02	
6	McQuiggan, Jacob	28	CM-Y-VA	56.46
	26.03		56.46	

Men 25-29 200 Yard Freestyle

NATL: 1:31.93 N 12/6/2013 DARIAN TOWNSEND

VA: 1:41.48 V 4/22/2004 Troy Johnson

1	Rinald, Kevin	26	UC12-VA	2:08.37	
	28.25		1:00.83	1:34.63	2:08.37

Men 25-29 500 Yard Freestyle

NATL: 4:20.82 N 4/17/2010 ANDY GRANT

VA: 4:42.26 V 4/2/2004 Frank Byskov

1	Crabb, James	29	VMST-VA	4:55.92	
	25.40		53.10	1:22.22	1:51.93
	2:22.39		2:52.92	3:23.79	3:55.16
	4:25.87		4:55.92		
2	Kettlewell-Sltes, Sam	25	1693-VA	5:02.52	
	26.69		55.95	1:26.04	1:56.28
	2:26.95		2:58.00	3:29.01	4:00.67
	4:32.00		5:02.52		
3	Casey, Grant C	27	DCAC-PV	5:17.73	
	26.92		56.72	1:27.61	1:59.47
	2:31.67		3:03.55	3:36.54	4:09.83
	4:44.12		5:17.73		
4	McQuiggan, Jacob	28	CM-Y-VA	6:06.25	
	31.34		1:05.92	1:41.38	2:18.05
	2:55.66		3:33.18	4:11.79	4:50.63
	5:28.78		6:06.25		

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Men 25-29 50 Yard Backstroke

NATL: 21.46 N 4/16/2010 ADAM MANIA

VA: 23.60 V 4/13/2018 Sidney Glass

1	Herbert, David	25	TIDE-VA	26.60
2	Verheul, Dirk	29	VMST-VA	27.09
3	McQuiggan, Jacob	28	CM-Y-VA	30.39

Men 25-29 100 Yard Backstroke

NATL: 45.95 N 4/15/2010 ADAM MANIA

VA: 51.06 V 2/6/2016 David Wren

1	Perez, Ricky	26	TIDE-VA	51.11
	24.78		51.11	

Men 25-29 50 Yard Breaststroke

NATL: 23.87 N 5/21/2010 MARK GANGLOFF

VA: 26.64 V 1/30/2005 Jeremy Linn

1	Burton, Logan	27	TIDE-VA	26.93
2	Herbert, David	25	TIDE-VA	27.99
3	Dean, Deion	27	TIDE-VA	28.13
4	Verheul, Dirk	29	VMST-VA	28.81
5	Ewell, Christopher M	28	DCAC-PV	33.82

Men 25-29 100 Yard Breaststroke

NATL: 51.57 N 4/25/2015 MARCUS TITUS

VA: 57.49 V 5/16/1994 Neill Williams

1	Dean, Deion	27	TIDE-VA	1:02.67
	29.45		1:02.67	
2	Casey, Grant C	27	DCAC-PV	1:07.63
	31.38		1:07.63	

Men 25-29 200 Yard Breaststroke

NATL: 1:53.04 N 12/21/2013 BJ JOHNSON

VA: 2:09.35 V 5/16/1994 Neill Williams

1	Kettlewell-Sites, Sam	25	1693-VA	2:18.47
	30.07		1:04.24	1:40.68
				2:18.47

Men 25-29 50 Yard Butterfly

NATL: 20.99 N 4/28/2019 MARCIN CIESLAK

VA: 22.89 V 4/29/2022 Joshua Kreider

1	Casey, Grant C	27	DCAC-PV	24.78
2	Verheul, Dirk	29	VMST-VA	25.44
3	Ewell, Christopher M	28	DCAC-PV	29.43
4	McQuiggan, Jacob	28	CM-Y-VA	29.45

Men 25-29 100 Yard Butterfly

NATL: 45.32 N 11/30/2012 DAVIS TARWATER

VA: 49.21 V 3/3/2022 Kevin Mastracci

1	Perez, Ricky	26	TIDE-VA	51.46
	24.46		51.46	
2	Mastracci, Kevin	26	VMST-VA	51.85
	24.53		51.85	
3	Crabb, James	29	VMST-VA	54.68
	24.86		54.68	
4	Rinald, Kevin	26	UC12-VA	1:05.68
	30.13		1:05.68	
5	McQuiggan, Jacob	28	CM-Y-VA	1:07.06
	32.45		1:07.06	

Men 25-29 200 Yard Butterfly

NATL: 1:47.62 N 5/20/2007 ERIK SCALISE

VA: 1:54.52 V 2/9/2008 Scott Halasz

1	Crabb, James	29	VMST-VA	2:02.33
	25.81		57.68	1:30.53
				2:02.33

Men 25-29 100 Yard IM

NATL: 47.77 N 5/3/2014 DARIAN TOWNSEND

VA: 52.26 V 5/16/1994 Neill Williams

1	Kreider, Joshua	26	TIDE-VA	54.82
	24.68		54.82	
2	Verheul, Dirk	29	VMST-VA	56.19
	26.39		56.19	
3	McQuiggan, Jacob	28	CM-Y-VA	1:01.46
	28.59		1:01.46	
4	Ewell, Christopher M	28	DCAC-PV	1:08.46
	31.67		1:08.46	

Men 25-29 200 Yard IM

NATL: 1:41.79 N 12/21/2013 DARIAN TOWNSEND

VA: 1:54.04 V 7/24/2021 Dirk Verheul

1	Rinald, Kevin	26	UC12-VA	2:25.48
	29.65		1:08.38	1:50.78
				2:25.48

Men 25-29 400 Yard IM

NATL: 3:41.85 N 12/20/2013 DARIAN TOWNSEND

VA: 4:16.15 V 3/11/2004 Frank Byskov

1	Burton, Logan	27	TIDE-VA	4:08.77V
	25.02		54.06	1:25.50
				1:57.13
	2:33.79		3:10.11	3:40.18
				4:08.77
2	Crabb, James	29	VMST-VA	4:16.61
	24.21		52.70	1:25.71
				1:58.37
	2:36.27		3:16.08	3:46.71
				4:16.61

Men 30-34 50 Yard Freestyle

NATL: 19.33 N 5/3/2014 ERVIN\ERVIN

VA: 20.65 V 4/13/2018 Kevin Gallagher

1	Monteiro, Dylan	33	DCAC-PV	23.77
2	Pandelidis, Alexander M	30	VMST-VA	23.84
3	Jennings, Richard	30	VMST-VA	27.62
4	Elnaggar, Mahmoud	33	CM-Y-VA	28.69

Men 30-34 100 Yard Freestyle

NATL: 42.75 N 12/21/2014 DARIAN TOWNSEND

VA: 45.67 V 4/13/2018 Kevin Gallagher

1	Pandelidis, Alexander M	30	VMST-VA	52.35
	24.82		52.35	
2	Monteiro, Dylan	33	DCAC-PV	53.16
	25.02		53.16	
3	Hunt, Thomas	30	RRY-VA	55.68
	26.79		55.68	
4	Deal, Brian	33	CGMS-VA	57.93
	27.39		57.93	
5	Jennings, Richard	30	VMST-VA	1:02.31
	28.75		1:02.31	
6	De Leo, Jonathan R	30	FAFF-VA	1:03.33
	29.88		1:03.33	
7	Elnaggar, Mahmoud	33	CM-Y-VA	1:04.26
	31.01		1:04.26	

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Men 30-34 200 Yard Freestyle

NATL: 1:34.00 N 12/19/2014 DARIAN TOWNSEND

VA: 1:42.39 V 4/27/2017 Geoffrey Meyer

1	Pandelidis, Alexander M	30	VMST-VA	2:00.47
				28.11 1:00.07 1:30.30 2:00.47
2	De Leo, Jonathan R	30	FAFF-VA	2:22.17
				31.33 1:07.10 1:43.02 2:22.17

Men 30-34 500 Yard Freestyle

NATL: 4:26.34 N 2/19/2022 DREW MODROV

VA: 4:43.29 V 5/21/1995 Chris Stevenson

1	Jurkiewicz, Crosby	32	UC10-PV	5:34.94
				29.66 1:03.41 1:37.43 2:11.73
				2:46.18 3:20.84 3:55.41 4:29.25
				5:02.54 5:34.94
2	De Leo, Jonathan R	30	FAFF-VA	6:25.71
				31.36 1:07.74 1:46.65 2:25.83
				3:04.38 3:43.38 4:23.97 5:05.52
				5:46.50 6:25.71

Men 30-34 50 Yard Backstroke

NATL: 21.37 N 4/26/2019 MATT GREVERS

VA: 23.97 V 4/27/2017 Joshua Fowler

1	Hunt, Thomas	30	RRY-VA	29.05
2	Monteiro, Dylan	33	DCAC-PV	29.57
3	Deal, Brian	33	CGMS-VA	31.99
4	Kirchgessner, Richard	32	RRY-VA	34.89

Men 30-34 50 Yard Breaststroke

NATL: 24.35 N 4/24/2015 MATT GREVERS

VA: 26.59 V 9/29/2012 Vanja Rogulj

1	Kirchgessner, Richard	32	RRY-VA	33.67
2	Deal, Brian	33	CGMS-VA	33.95

Men 30-34 100 Yard Breaststroke

NATL: 52.09 N 12/18/2021 BRANDON FISCHER

VA: 1:00.14 V 5/14/2002 Neill Williams

1	Jurkiewicz, Crosby	32	UC10-PV	1:11.15
				34.45 1:11.15

Men 30-34 50 Yard Butterfly

NATL: 21.11 N 4/26/2015 MATT GREVERS

VA: 23.12 V 10/7/2017 Warren Cieslak

1	Walton, Tyler S	33	DCAC-PV	29.68
2	Elnaggar, Mahmoud	33	CM-Y-VA	34.89

Men 30-34 100 Yard Butterfly

NATL: 47.28 N 12/20/2013 ADAM MANIA

VA: 50.08 V 12/2/2010 Matt Haupt

1	Jurkiewicz, Crosby	32	UC10-PV	58.66
				28.00 58.66
2	Pandelidis, Alexander M	30	VMST-VA	1:00.92
				28.93 1:00.92
3	Walton, Tyler S	33	DCAC-PV	1:09.03
				31.48 1:09.03

Men 30-34 200 Yard Butterfly

NATL: 1:45.01 N 4/12/2015 DARIAN TOWNSEND

VA: 1:49.63 V 12/2/2010 Matt Haupt

1	Deal, Brian	33	CGMS-VA	2:41.87
				34.99 1:16.64 1:58.98 2:41.87

Men 30-34 100 Yard IM

NATL: 47.71 N 4/29/2017 RYAN LOCHTE

VA: 52.29 V 4/27/2017 Geoffrey Meyer

1	Monteiro, Dylan	33	DCAC-PV	1:04.02
				28.54 1:04.02
2	Kirchgessner, Richard	32	RRY-VA	1:09.57
				32.16 1:09.57
3	Walton, Tyler S	33	DCAC-PV	1:14.70
				33.71 1:14.70
4	Elnaggar, Mahmoud	33	CM-Y-VA	1:21.71
				37.28 1:21.71

Men 30-34 200 Yard IM

NATL: 1:42.03 N 12/20/2014 DARIAN TOWNSEND

VA: 1:57.59 V 1/27/2007 Daniel Summerlin

1	Jurkiewicz, Crosby	32	UC10-PV	2:13.19
				28.27 1:03.96 1:43.25 2:13.19

Men 35-39 50 Yard Freestyle

NATL: 20.01 N 3/25/2018 ROLAND SCHOEMAN

VA: 21.18 V 1/26/2008 Daniel Summerlin

1	O'Neill, Patrick	39	HRBM-VA	27.52
2	Williamson, Austin	36	VMST-VA	28.41
3	Hlusko, Paul C	38	RRY-VA	28.69

Men 35-39 100 Yard Freestyle

NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO

VA: 47.33 V 4/26/2012 Daniel Summerlin

1	Schapiro, Adam	36	RRY-VA	58.17
				27.61 58.17
2	Kirchgessner, Joey	35	RRY-VA	1:00.15
				28.74 1:00.15
3	Morris, John	38	RRY-VA	1:02.50
				30.63 1:02.50

Men 35-39 200 Yard Freestyle

NATL: 1:36.56 N 5/4/2008 JOSH DAVIS

VA: 1:47.91 V 4/1/2000 Chris Stevenson

1	Williamson, Austin	36	VMST-VA	2:34.03
				33.31 1:11.80 1:52.93 2:34.03

Men 35-39 50 Yard Backstroke

NATL: 22.62 N 4/29/2017 JEFF NATALIZIO

VA: 24.64 V 4/1/2000 Chris Stevenson

1	Hlusko, Paul C	38	RRY-VA	38.26
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Men 35-39 100 Yard Backstroke

NATL: 47.86 N 4/30/2017 JEFF NATALIZIO

VA: 52.93 V 4/1/2000 Chris Stevenson

1	Hlusko, Paul C	38	RRY-VA	1:20.17
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Men 35-39 50 Yard Breaststroke

NATL: 25.03 N 3/4/2021 JAMES FIKE

VA: 27.87 V 4/27/2017 Aaron Nester

1	Williamson, Austin	36	VMST-VA	33.33
2	O'Neill, Patrick	39	HRBM-VA	34.04
3	Kirchgessner, Joey	35	RRY-VA	35.30

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Men 35-39 100 Yard Breaststroke

NATL: 54.14 N 3/4/2021 JAMES FIKE
 VA: 1:01.50 V 1/1/1993 Michael Slowey
 1 Schapiro, Adam 36 RRY-VA 1:11.37
 34.06 1:11.37

Men 35-39 200 Yard Breaststroke

NATL: 1:58.71 N 3/6/2021 JAMES FIKE
 VA: 2:15.38 V 6/1/1993 Michael Slowey
 1 Williamson, Austin 36 VMST-VA 2:58.12
 40.01 1:25.76 2:11.55 2:58.12

Men 35-39 50 Yard Butterfly

NATL: 21.24 N 3/25/2018 ROLAND SCHOEMAN
 VA: 23.36 V 2/29/2020 Evan Elsaesser
 1 Kirchgessner, Joey 35 RRY-VA 30.57
 2 O'Neill, Patrick 39 HRBM-VA 32.01
 3 Hlusko, Paul C 38 RRY-VA 34.95

Men 35-39 100 Yard Butterfly

NATL: 47.62 N 3/25/2018 ROLAND SCHOEMAN
 VA: 51.69 V 1/26/2008 Daniel Summerlin
 1 Schapiro, Adam 36 RRY-VA 1:02.97
 30.32 1:02.97
 2 Morris, John 38 RRY-VA 1:10.45
 34.02 1:10.45

Men 35-39 100 Yard IM

NATL: 49.01 N 4/29/2017 JEFF NATALIZIO
 VA: 53.70 V 4/28/2016 Michael Lovett
 1 Schapiro, Adam 36 RRY-VA 1:06.35
 31.23 1:06.35
 2 Kirchgessner, Joey 35 RRY-VA 1:10.59
 33.65 1:10.59

Men 35-39 200 Yard IM

NATL: 1:48.74 N 12/22/2002 RONALD KARNAUGH
 VA: 1:59.02 V 1/26/2008 Daniel Summerlin
 1 Morris, John 38 RRY-VA 2:33.72
 32.92 1:14.11 1:59.47 2:33.72

Men 40-44 50 Yard Freestyle

NATL: 20.67 N 12/20/2014 JOSH DAVIS
 VA: 21.84 V 1/1/1998 John Tudor
 1 Barrett, Patrick 41 DCAC-PV 24.59
 2 Sande, Tyler 43 CM-Y-VA 25.17
 3 Gass, Kraig 43 1693-VA 25.29
 4 Hess, Christopher J 42 WCMS-VA 26.48
 5 Hackworth, Jason 43 UC12-VA 27.32

Men 40-44 100 Yard Freestyle

NATL: 45.15 N 5/3/2014 JOSH DAVIS
 VA: 47.58 V 4/27/2000 John Tudor
 1 Barrett, Patrick 41 DCAC-PV 55.06
 26.28 55.06
 2 Sande, Tyler 43 CM-Y-VA 57.10
 26.95 57.10
 3 Hess, Christopher J 42 WCMS-VA 58.49
 28.15 58.49
 4 Hackworth, Jason 43 UC12-VA 1:02.28
 29.89 1:02.28

Men 40-44 200 Yard Freestyle

NATL: 1:38.23 N 4/24/2015 JOSH DAVIS
 VA: 1:44.37 V 3/6/2009 Chris Stevenson
 1 Atteberry, Jeffrey T 42 DCAC-PV 2:08.50
 29.56 1:02.86 1:36.32 2:08.50
 2 Hackworth, Jason 43 UC12-VA 2:27.60
 34.62 1:12.34 1:50.69 2:27.60

Men 40-44 500 Yard Freestyle

NATL: 4:33.36 N 4/25/2015 JOSH DAVIS
 VA: 4:42.67 V 5/7/2009 Chris Stevenson
 1 Lundberg, Erik T 43 ALEX-PV 5:36.92
 29.92 1:03.42 1:38.43 2:13.74
 2:48.54 3:23.02 3:57.60 4:31.73
 5:05.34 5:36.92
 2 Hess, Christopher J 42 WCMS-VA 5:55.10
 32.64 1:07.82 1:43.72 2:20.09
 2:56.53 3:32.21 4:08.27 4:44.18
 5:20.25 5:55.10

Men 40-44 1650 Yard Freestyle

NATL:15:51.52 N 5/9/2010 ALEX KOSTICH
 VA:17:40.34 V 4/10/2010 Rob St Jean
 1 Lundberg, Erik T 43 ALEX-PV 19:59.25
 32.04 1:07.77 1:45.21 2:22.76
 3:00.09 3:36.91 4:13.86 4:50.76
 5:27.43 6:04.36 6:41.64 7:18.47
 7:55.13 8:32.00 9:08.39 9:45.04
 10:22.05 10:58.65 11:35.35 12:11.47
 12:47.80 13:24.68 14:01.16 14:37.61
 15:13.99 15:50.49 16:27.05 17:03.63
 17:40.31 18:16.15 18:50.98 19:26.49 19:59.25
 2 Rodriguez, Jason 43 TIDE-VA 22:20.54
 38.15 1:18.18 1:59.24 2:40.11
 3:21.45 4:02.90 4:44.22 5:24.29
 6:05.30 6:46.61 7:27.77 8:09.14
 8:49.78 9:29.91 10:10.73 10:51.57
 11:32.09 12:12.69 12:52.80 13:34.36
 14:15.49 14:56.60 15:36.77 16:17.26
 16:58.64 17:40.16 18:21.02 19:01.83
 19:41.98 20:22.77 21:03.24 21:42.72 22:20.54

Men 40-44 50 Yard Backstroke

NATL: 22.77 N 4/26/2009 MICHAEL ROSS
 VA: 24.45 V 4/11/2008 Chris Stevenson
 1 Barrett, Patrick 41 DCAC-PV 27.98
 2 Sande, Tyler 43 CM-Y-VA 31.35

Men 40-44 100 Yard Backstroke

NATL: 48.49 N 4/26/2009 MICHAEL ROSS
 VA: 50.67 V 3/6/2009 Chris Stevenson
 1 Barrett, Patrick 41 DCAC-PV 1:00.59
 29.66 1:00.59
 2 Sande, Tyler 43 CM-Y-VA 1:12.03
 35.87 1:12.03

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Men 40-44 200 Yard Backstroke

NATL: 1:50.09 N 5/4/2008 MICHAEL ROSS

VA: 1:51.10 V 5/7/2009 Chris Stevenson

1	Denrich, David	43	DCAC-PV	2:05.47
				29.61 1:01.33 1:33.56 2:05.47

Men 40-44 50 Yard Breaststroke

NATL: 24.19 N 12/19/2021 JAMES FIKE

VA: 28.43 V 4/7/2017 Rich Williams

1	Lundberg, Erik T	43	ALEX-PV	30.82
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Men 40-44 50 Yard Butterfly

NATL: 22.52 N 2/13/2022 DANIEL LOTANO

VA: 23.82 V 5/7/2009 Chris Stevenson

1	Lundberg, Erik T	43	ALEX-PV	26.84
2	Gass, Kraig	43	1693-VA	27.22

Men 40-44 100 Yard Butterfly

NATL: 49.27 N 5/4/2008 MICHAEL ROSS

VA: 50.81 V 5/7/2009 Chris Stevenson

1	Gass, Kraig	43	1693-VA	1:03.14
				29.43 1:03.14

Men 40-44 200 Yard Butterfly

NATL: 1:50.61 N 4/14/2002 DENNIS BAKER

VA: 1:54.85 V 5/7/2009 Chris Stevenson

1	Atteberry, Jeffrey T	42	DCAC-PV	2:31.05
				32.83 1:11.31 1:50.78 2:31.05

Men 40-44 200 Yard IM

NATL: 1:51.85 N 4/26/2009 MICHAEL ROSS

VA: 2:03.51 V 4/27/2000 John Tudor

1	Denrich, David	43	DCAC-PV	2:12.20
				29.61 1:01.44 1:42.05 2:12.20
2	Hackworth, Jason	43	UC12-VA	2:52.25
				37.93 1:22.57 2:12.80 2:52.25

Men 40-44 400 Yard IM

NATL: 4:01.87 N 4/19/2009 ROQUE SANTOS

VA: 4:23.70 V 2/9/2008 Chris Stevenson

1	Lundberg, Erik T	43	ALEX-PV	5:03.96
				31.22 1:07.79 1:49.42 2:31.00
				3:13.87 3:56.98 4:31.66 5:03.96
2	Atteberry, Jeffrey T	42	DCAC-PV	5:11.17
				32.45 1:10.78 1:51.72 2:32.47
				3:17.62 4:02.64 4:37.35 5:11.17

Men 45-49 50 Yard Freestyle

NATL: 21.06 N 5/21/2010 RICHARD HUGHEY

VA: 22.65 V 2/5/2017 Brent Holsten

1	Mills, Matthew	46	GAJA-GA	24.06
2	Berchtold, Albert	45	FAFF-VA	29.45

Men 45-49 100 Yard Freestyle

NATL: 46.21 N 4/26/2015 NICOLAS GRANGER

VA: 50.09 V 2/5/2017 Brent Holsten

1	Mills, Matthew	46	GAJA-GA	53.62
				26.02 53.62
2	Moon, WonKee	48	DCAC-PV	55.25
				27.08 55.25

3	Szobota, Jason	45	VMST-VA	56.44
				26.37 56.44

4	Egan, Christopher R	49	DCAC-PV	58.22
				28.42 58.22

5	Adkins, Dana	45	1693-VA	59.58
				28.35 59.58

6	Morgan, Matthew L	45	UC12-VA	1:01.74
				29.83 1:01.74

7	Berchtold, Albert	45	FAFF-VA	1:05.57
				30.57 1:05.57

Men 45-49 200 Yard Freestyle

NATL: 1:41.69 N 5/21/2010 DAVID SIMS

VA: 1:45.92 V 3/5/2010 Chris Stevenson

1	Adkins, Dana	45	1693-VA	2:12.29
				30.22 1:03.96 1:38.65 2:12.29
2	Szobota, Jason	45	VMST-VA	2:14.35
				30.60 1:04.71 1:39.98 2:14.35
3	Foldenauer, Adam	49	VMST-VA	2:44.01
				37.95 1:19.47 2:03.35 2:44.01

Men 45-49 500 Yard Freestyle

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER

VA: 4:52.46 V 4/28/2011 Chris Stevenson

1	McGarrity, Patrick S	45	RRY-VA	6:08.94
				31.18 1:06.98 1:43.81 2:21.14
				2:58.48 3:36.31 4:14.62 4:53.70
				5:32.45 6:08.94
2	Foldenauer, Adam	49	VMST-VA	8:04.19
				40.47 1:27.26 2:16.22 3:08.14
				3:59.04 4:49.74 5:40.46 6:31.15
				7:20.73 8:04.19

Men 45-49 1650 Yard Freestyle

NATL:16:08.05 N 5/20/2010 JEFF ERWIN

VA:17:20.40 V 1/7/2011 Chris Stevenson

1	Scharver, Christopher	46	TIDE-VA	20:27.03
				30.84 1:05.90 1:42.64 2:19.78
				2:57.05 3:33.94 4:09.71 4:47.05
				5:23.52 6:00.03 6:36.47 7:12.83
				7:50.42 8:26.97 9:03.66 9:41.29
				10:19.24 10:55.89 11:33.89 12:10.96
				12:49.48 13:27.45 14:06.31 14:45.57
				15:24.06 16:03.19 16:40.94 17:18.94
				17:57.11 18:34.98 19:12.37 19:50.55 20:27.03

Men 45-49 50 Yard Backstroke

NATL: 23.58 N 4/26/2015 MICHAEL ROSS

VA: 24.28 V 5/20/2010 Chris Stevenson

1	Mayhew, Benjamin	48	TIDE-VA	33.87
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Men 45-49 100 Yard Backstroke

NATL: 51.49 N 4/29/2022 CHUCK BARNES

VA: 51.55 V 4/28/2011 Chris Stevenson

1	McGarrity, Patrick S	45	RRY-VA	1:05.24
				30.23 1:05.24
2	Egan, Christopher R	49	DCAC-PV	1:07.56
				33.30 1:07.56

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Men 45-49 200 Yard Backstroke

NATL: 1:51.82 N 4/30/2022 CHUCK BARNES

VA: 1:55.04 V 4/28/2011 Chris Stevenson

1	McGarrity, Patrick S	45 RRY-VA	2:19.34
	32.61	1:07.93	1:44.23
			2:19.34

Men 45-49 50 Yard Breaststroke

NATL: 25.66 N 4/27/2019 JEFF COMMINGS

VA: 28.60 V 5/17/2007 David Malsbury

1	Szobota, Jason	45 VMST-VA	31.02
2	Moon, WonKee	48 DCAC-PV	31.16
3	Berchtold, Albert	45 FAFF-VA	37.38

Men 45-49 100 Yard Breaststroke

NATL: 55.69 N 5/13/2018 STEVE WEST

VA: 1:04.24 V 4/15/2010 David Malsbury

1	Szobota, Jason	45 VMST-VA	1:08.68
	32.53	1:08.68	
2	Dash, Randy	48 VMST-VA	1:08.93
	32.16	1:08.93	
3	Moon, WonKee	48 DCAC-PV	1:09.08
	33.09	1:09.08	
4	Mayhew, Benjamin	48 TIDE-VA	1:21.07
	37.86	1:21.07	
5	Berchtold, Albert	45 FAFF-VA	1:24.11
	38.46	1:24.11	

Men 45-49 200 Yard Breaststroke

NATL: 2:02.42 N 4/29/2017 STEVE WEST

VA: 2:20.67 V 4/29/2022 Paul Klepchick

1	Foldenauer, Adam	49 VMST-VA	3:10.16
	42.59	1:29.16	2:18.91
			3:10.16

Men 45-49 50 Yard Butterfly

NATL: 22.67 N 5/4/2008 PAUL SMITH

VA: 23.89 V 3/5/2010 Chris Stevenson

1	Adkins, Dana	45 1693-VA	30.78
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Men 45-49 100 Yard Butterfly

NATL: 50.20 N 4/29/2022 CHUCK BARNES

VA: 51.36 V 3/5/2010 Chris Stevenson

1	Mills, Matthew	46 GAJA-GA	58.13
	27.32	58.13	
2	Dash, Randy	48 VMST-VA	1:03.64
	29.20	1:03.64	
3	Adkins, Dana	45 1693-VA	1:09.92
	33.42	1:09.92	

Men 45-49 200 Yard Butterfly

NATL: 1:50.73 N 12/6/2008 DENNIS BAKER

VA: 1:57.08 V 3/5/2010 Chris Stevenson

1	Adkins, Dana	45 1693-VA	2:36.20
	34.25	1:14.09	1:55.71
			2:36.20

Men 45-49 100 Yard IM

NATL: 52.14 N 5/23/2010 RICHARD HUGHEY

VA: 54.99 V 5/20/2010 Chris Stevenson

1	Dash, Randy	48 VMST-VA	1:02.68
	28.95	1:02.68	
2	Szobota, Jason	45 VMST-VA	1:04.62
	29.91	1:04.62	

3	Egan, Christopher R	49 DCAC-PV	1:07.85
	32.04	1:07.85	

4	Morgan, Matthew L	45 UC12-VA	1:11.68
	34.16	1:11.68	

5	Mayhew, Benjamin	48 TIDE-VA	1:15.77
	36.06	1:15.77	

Men 45-49 200 Yard IM

NATL: 1:51.44 N 4/26/2015 NICOLAS GRANGER

VA: 2:00.26 V 5/20/2010 Chris Stevenson

1	Morgan, Matthew L	45 UC12-VA	2:38.16
	33.47	1:15.51	2:01.85
			2:38.16
2	Foldenauer, Adam	49 VMST-VA	3:04.05
	1:24.55	3:04.05	

Men 50-54 100 Yard Freestyle

NATL: 46.59 N 5/10/2009 ROWDY GAINES

VA: 49.93 V 4/29/2022 Brent Holsten

1	Lillehei, Peter	50 VMST-VA	53.47
	25.47	53.47	
2	Mills, Edward	54 CM-Y-VA	1:14.42
	37.25	1:14.42	

Men 50-54 200 Yard Freestyle

NATL: 1:43.76 N 5/10/2009 ROWDY GAINES

VA: 1:54.59 V 4/10/2016 Gregory Harris

1	Lillehei, Peter	50 VMST-VA	2:01.94
	27.03	57.35	1:29.51
			2:01.94
2	Mills, Edward	54 CM-Y-VA	2:40.46
	38.48	1:19.49	2:00.52
			2:40.46

Men 50-54 500 Yard Freestyle

NATL: 4:47.57 N 5/20/2001 JIM MCCONICA

VA: 5:23.90 V 2/14/2009 Jim McFarland

1	Mills, Edward	54 CM-Y-VA	7:03.36
	40.00	1:21.93	2:04.36
			2:47.44
	3:31.15	4:14.08	4:57.60
			5:41.08
	6:23.26	7:03.36	

Men 50-54 100 Yard Backstroke

NATL: 52.72 N 3/21/2015 FRITZ BEDFORD

VA: 54.99 V 5/11/2017 Chris Stevenson

1	Williams, Neill	54 DCAC-PV	1:00.28
	29.14	1:00.28	

Men 50-54 200 Yard Backstroke

NATL: 1:56.18 N 4/13/2019 RICK GOULD

VA: 2:03.00 V 2/7/2015 Chris Stevenson

---	Maxey, Michael	51 VMST-VA	DQ
	34.67	1:13.94	1:55.67
			DQ

Men 50-54 50 Yard Breaststroke

NATL: 26.20 N 4/29/2022 STEVE WEST

VA: 28.30 V 5/10/2018 Gregory Harris

1	Dunson, David	50 NCMS-NC	28.38
2	Lillehei, Peter	50 VMST-VA	31.69
3	Cockrell, Charles	54 DCAC-PV	34.35

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Men 50-54 100 Yard Breaststroke

NATL: 56.25 N 4/30/2022 STEVE WEST

VA: 1:01.38 V 5/10/2018 Gregory Harris

1	Dunson, David	50	NCMS-NC	1:03.58
				29.60 1:03.58
2	Lillehei, Peter	50	VMST-VA	1:10.25
				33.01 1:10.25
3	Cockrell, Charles	54	DCAC-PV	1:15.85
				36.16 1:15.85

Men 50-54 200 Yard Breaststroke

NATL: 2:03.67 N 5/1/2022 STEVE WEST

VA: 2:20.62 V 4/13/2018 Gregory Harris

1	Williams, Neill	54	DCAC-PV	2:26.59
				32.74 1:10.29 1:48.85 2:26.59

Men 50-54 50 Yard Butterfly

NATL: 23.19 N 4/25/2004 TRIP HEDRICK

VA: 23.62 V 4/29/2022 Brent Holsten

1	Tambellini, David	50	VMST-VA	27.97
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Men 50-54 100 Yard IM

NATL: 53.60 N 4/29/2017 MIKE IRVIN

VA: 56.08 V 4/29/2022 Brent Holsten

1	Williams, Neill	54	DCAC-PV	58.14
				27.18 58.14

Men 50-54 200 Yard IM

NATL: 1:58.19 N 3/11/2017 MIKE IRVIN

VA: 2:08.10 V 4/13/2018 Gregory Harris

1	Maxey, Michael	51	VMST-VA	2:37.86
				35.12 1:13.12 2:00.97 2:37.86
2	Cockrell, Charles	54	DCAC-PV	2:38.00
				36.09 1:17.84 2:01.66 2:38.00

Men 55-59 50 Yard Freestyle

NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS

VA: 23.16 V 4/5/2019 Gregory Harris

1	Faulconer, John	58	UC12-VA	27.81
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Men 55-59 100 Yard Freestyle

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS

VA: 51.21 V 4/5/2019 Gregory Harris

1	Faulconer, John	58	UC12-VA	1:01.21
				29.02 1:01.21

Men 55-59 500 Yard Freestyle

NATL: 4:56.82 N 4/11/2010 MICHAEL MANN

VA: 5:25.51 V 4/24/2009 Dave Oates

1	Sushkoff, George	57	VMST-VA	5:43.34
				32.88 1:07.40 1:42.05 2:16.59
				2:51.05 3:25.59 4:00.34 4:34.88
				5:09.49 5:43.34

Men 55-59 1650 Yard Freestyle

NATL:17:11.12 N 5/20/2007 JIM MC CONICA

VA:18:54.75 V 7/21/2021 George Sushkoff

1	Sushkoff, George	57	VMST-VA	19:46.15
				33.78 1:10.05 1:45.87 2:21.89
				2:58.03 3:34.63 4:10.64 4:46.84
				5:23.14 5:59.19 6:35.08 7:11.13
				7:47.06 8:22.94 8:58.86 9:35.18
				10:11.08 10:46.69 11:22.79 11:59.03
				12:35.10 13:11.11 13:47.44 14:23.32
				14:59.42 15:35.36 16:11.48 16:47.45
				17:23.35 17:59.14 18:35.26 19:11.27 19:46.15

Men 55-59 400 Yard IM

NATL: 4:28.66 N 5/2/2014 JIM SAUER

VA: 4:56.10 V 1/27/2019 Gregory Harris

1	Sushkoff, George	57	VMST-VA	5:17.92
				35.35 1:16.27 1:57.02 2:37.74
				3:24.23 4:09.30 4:44.30 5:17.92

Men 60-64 50 Yard Freestyle

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS

VA: 24.16 V 4/14/2011 Scott Kauffman

1	Keith, Algernon	62	VMST-VA	25.65
2	Freeman, Jim	61	UC12-VA	27.42
3	North, Dirk K	62	UC12-VA	30.04

Men 60-64 100 Yard Freestyle

NATL: 49.14 N 5/22/2005 RICHARD ABRAHAMS

VA: 54.14 V 4/13/2018 Douglas Slater

1	Keith, Algernon	62	VMST-VA	57.25
				27.71 57.25
2	Freeman, Jim	61	UC12-VA	1:03.36
				29.72 1:03.36
3	Murphy, Richard	63	VMST-VA	1:03.39
				29.72 1:03.39

Men 60-64 200 Yard Freestyle

NATL: 1:51.08 N 4/24/2015 RICK COLELLA

VA: 2:12.68 V 4/11/2003 Jack Schiltz

1	Collins, Ron	60	VMST-VA	2:16.04
				32.69 1:08.83 1:43.07 2:16.04
2	Freeman, Jim	61	UC12-VA	2:19.89
				32.42 1:07.57 1:43.56 2:19.89
3	Murphy, Richard	63	VMST-VA	2:27.68
				32.45 1:09.33 1:47.61 2:27.68
4	Kato, Seiji	61	VMST-VA	2:56.06
				39.62 1:22.41 2:09.77 2:56.06
5	Smith, Stephen	60	UC12-VA	3:13.04
				42.92 1:31.69 2:23.53 3:13.04

Men 60-64 500 Yard Freestyle

NATL: 5:09.95 N 5/1/2022 ARNALDO PEREZ

VA: 5:55.87 V 7/21/2021 Jorge Cortina

1	Keith, Algernon	62	VMST-VA	6:15.36
				32.80 1:08.96 1:46.52 2:24.90
				3:03.45 3:42.34 4:21.31 5:00.54
				5:39.73 6:15.36

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(Men 60-64 500 Yard Freestyle)

2	Ryan, Pat	64	VMST-VA	7:05.55
	38.62	1:19.81	2:02.92	2:46.59
	3:30.48	4:14.23	4:57.49	5:41.05
	6:24.70	7:05.55		
3	Smith, Stephen	60	UC12-VA	8:39.88
	41.41	1:30.58	2:25.43	3:19.17
	4:13.17	5:07.56	6:01.63	6:55.40
	7:49.53	8:39.88		

Men 60-64 1650 Yard Freestyle

NATL: 17:44.05 N 4/28/2022 ARNALDO PEREZ

VA: 20:25.03 V 7/21/2021 Jorge Cortina

1	Collins, Ron	60	VMST-VA	21:20.59
	34.84	1:14.11	1:53.20	2:32.11
	3:11.29	3:50.57	4:30.11	5:09.47
	5:48.82	6:27.55	7:07.38	7:46.10
	8:25.16	9:03.70	9:42.50	10:21.40
	10:59.14	11:37.68	12:16.40	12:55.03
	13:33.65	14:13.41	14:52.23	15:31.66
	16:10.96	16:49.85	17:28.96	18:08.16
	18:47.40	19:26.38	20:04.71	20:43.15
				21:20.59
2	Kammermann, Chris	60	TIDE-VA	25:40.20
	40.48	1:26.43	2:15.34	3:03.23
	3:49.88	4:36.78	5:23.58	6:10.30
	6:56.94	7:43.78	8:30.61	9:17.12
	10:03.72	10:51.03	11:38.67	12:25.89
	13:12.75	14:00.20	14:47.43	15:34.59
	16:21.44	17:08.34	17:55.55	18:42.54
	19:29.40	20:16.41	21:03.50	21:51.06
	22:37.51	23:23.87	24:10.08	24:54.57
				25:40.20

Men 60-64 50 Yard Backstroke

NATL: 26.60 N 4/7/2018 BRUCE KONE

VA: 27.69 V 3/17/2018 Douglas Slater

1	Murphy, Richard	63	VMST-VA	35.30
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Men 60-64 50 Yard Breaststroke

NATL: 28.20 N 7/24/2021 DAVID GUTHRIE

VA: 31.47 V 5/15/2003 Jack Schiltz

1	Ryan, Pat	64	VMST-VA	35.48
2	North, Dirk K	62	UC12-VA	35.87
3	Ingebretsen, Carl	61	FAFF-VA	39.45

Men 60-64 100 Yard Breaststroke

NATL: 1:00.64 N 4/30/2022 DAVID GUTHRIE

VA: 1:10.68 V 4/5/2019 Ken Neubauer

1	Ryan, Pat	64	VMST-VA	1:22.20
	37.64	1:22.20		
2	Kato, Seiji	61	VMST-VA	1:37.93
	48.61	1:37.93		

Men 60-64 100 Yard Butterfly

NATL: 54.70 N 5/11/2018 PAUL CARTER

VA: 1:00.28 V 2/29/2020 Douglas Slater

1	Collins, Ron	60	VMST-VA	1:10.20
	34.57	1:10.20		
2	Keith, Algernon	62	VMST-VA	1:13.59
	33.71	1:13.59		

Men 60-64 100 Yard IM

NATL: 57.23 N 5/11/2013 RICK COLELLA

VA: 1:00.09 V 4/13/2018 Douglas Slater

1	Ingebretsen, Carl	61	FAFF-VA	1:12.64
	32.89	1:12.64		
2	Freeman, Jim	61	UC12-VA	1:14.83
	35.27	1:14.83		
3	Murphy, Richard	63	VMST-VA	1:15.22
	33.74	1:15.22		

Men 60-64 200 Yard IM

NATL: 2:03.26 N 5/4/2014 RICK COLELLA

VA: 2:17.83 V 5/10/2018 Douglas Slater

1	Ingebretsen, Carl	61	FAFF-VA	2:42.70
	33.94	1:14.77	2:06.65	2:42.70

Men 60-64 400 Yard IM

NATL: 4:24.24 N 5/2/2014 RICK COLELLA

VA: 5:08.78 V 3/17/2018 Douglas Slater

1	Ingebretsen, Carl	61	FAFF-VA	5:54.87
	35.80	1:18.90	2:03.99	2:47.49
	3:43.40	4:38.06	5:18.00	5:54.87

Men 65-69 50 Yard Freestyle

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS

VA: 26.47 V 4/11/2008 Harry Sober

1	Shannon, Dennis	69	CM-Y-VA	30.83
2	Davis, Edwin R	67	VMST-VA	35.56
3	Stone, Bryan	66	VMST-VA	36.14
4	Burwell, Wes	69	TIDE-VA	38.03

Men 65-69 100 Yard Freestyle

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMS

VA: 59.61 V 2/3/2018 Craig Bauer

1	Edelman, Paul	66	VMST-VA	1:15.53
	37.41	1:15.53		
2	Davis, Edwin R	67	VMST-VA	1:20.00
	38.91	1:20.00		
3	Brown, Andy	65	VMST-VA	1:20.91
	39.17	1:20.91		
4	Burwell, Wes	69	TIDE-VA	1:24.16
	38.63	1:24.16		
5	Stone, Bryan	66	VMST-VA	1:24.49
	38.65	1:24.49		

Men 65-69 200 Yard Freestyle

NATL: 1:52.57 N 4/30/2017 RICK COLELLA

VA: 2:15.65 V 3/17/2018 Craig Bauer

1	Brown, Andy	65	VMST-VA	3:04.23
	42.90	1:29.10	2:17.89	3:04.23

Men 65-69 500 Yard Freestyle

NATL: 5:05.44 N 4/9/2017 RICK COLELLA

VA: 6:19.06 V 2/2/2019 Craig Bauer

1	Brown, Andy	65	VMST-VA	8:01.90
	42.69	1:30.12	2:19.18	3:08.44
	3:59.32	4:48.75	5:38.31	6:27.48
	7:15.88	8:01.90		

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Men 65-69 100 Yard Backstroke

NATL: 59.62 N 5/12/2013 HUGH WILDER

VA: 1:11.72 V 10/27/2019 William Wardle

1	Stone, Bryan	66	VMST-VA	1:50.88
				54.02 1:50.88

Men 65-69 200 Yard Backstroke

NATL: 2:11.06 N 4/30/2022 DAN STEPHENSON

VA: 2:35.18 V 4/5/2019 William Wardle

1	Nash, Dawson	69	DCAC-PV	3:20.47
				46.36 1:37.78 2:30.59 3:20.47

Men 65-69 50 Yard Breaststroke

NATL: 28.88 N 5/11/2018 RICK COLELLA

VA: 35.94 V 3/17/2018 Craig Bauer

1	Edelman, Paul	66	VMST-VA	41.75
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Men 65-69 100 Yard Breaststroke

NATL: 1:02.75 N 4/28/2017 RICK COLELLA

VA: 1:18.36 V 4/18/2009 Warner Brundage

1	Edelman, Paul	66	VMST-VA	1:39.79
				48.23 1:39.79
2	Davis, Edwin R	67	VMST-VA	1:45.07
				49.83 1:45.07
3	Stone, Bryan	66	VMST-VA	1:52.80
				55.22 1:52.80

Men 65-69 50 Yard Butterfly

NATL: 24.94 N 5/22/2010 RICHARD ABRAHAMS

VA: 29.12 V 5/19/2005 Art Wolfe

1	Taylor, Jeffrey	66	1693-VA	29.98
2	Shannon, Dennis	69	CM-Y-VA	31.30
3	Stone, Bryan	66	VMST-VA	48.13

Men 65-69 100 Yard Butterfly

NATL: 56.36 N 5/21/2010 RICHARD ABRAHAMS

VA: 1:09.61 V 5/19/2005 Art Wolfe

1	Nash, Dawson	69	DCAC-PV	1:38.66
				47.09 1:38.66

Men 65-69 100 Yard IM

NATL: 57.37 N 4/26/2019 RICK COLELLA

VA: 1:08.17 V 5/19/2005 Art Wolfe

1	Nash, Dawson	69	DCAC-PV	1:32.17
				42.02 1:32.17
2	Stone, Bryan	66	VMST-VA	1:40.20
				47.54 1:40.20

Men 65-69 200 Yard IM

NATL: 2:03.63 N 4/28/2017 RICK COLELLA

VA: 2:34.93 V 5/11/2006 Art Wolfe

1	Nash, Dawson	69	DCAC-PV	3:30.72
				44.65 1:37.52 2:43.91 3:30.72

Men 70-74 50 Yard Freestyle

NATL: 24.13 N 5/4/2008 JEFF FARRELL

VA: 26.96 V 4/28/2016 Hank Holswade

1	Bauer, Craig	70	CM-Y-VA	28.31
2	Miller, Jim	72	VMST-VA	35.61

Men 70-74 100 Yard Freestyle

NATL: 54.58 N 4/26/2015 RICHARD ABRAHAMS

VA: 1:01.52 V 4/28/2016 Hank Holswade

1	Bauer, Craig	70	CM-Y-VA	1:03.36
				30.02 1:03.36

Men 70-74 50 Yard Backstroke

NATL: 28.79 N 11/6/2022 RICK COLELLA

VA: 33.86 V 4/28/2016 Hank Holswade

1	Miller, Jim	72	VMST-VA	46.37
2	Burke, Anthony A	74	VMST-VA	51.36

Men 70-74 100 Yard Backstroke

NATL: 1:01.79 N 11/6/2022 RICK COLELLA

VA: 1:15.38 V 4/30/2016 Hank Holswade

1	Miller, Jim	72	VMST-VA	1:38.68
				49.29 1:38.68

Men 70-74 50 Yard Breaststroke

NATL: 29.84 N 4/29/2022 RICK COLELLA

VA: 37.91 V 5/9/2013 Terry Gernstein

1	Bauer, Craig	70	CM-Y-VA	38.00
2	Crane, John	71	CM-Y-VA	48.44
3	Burke, Anthony A	74	VMST-VA	56.09

Men 70-74 100 Yard Breaststroke

NATL: 1:04.95 N 4/30/2022 RICK COLELLA

VA: 1:26.41 V 5/9/2013 Terry Gernstein

1	Bauer, Craig	70	CM-Y-VA	1:22.20V
				40.00 1:22.20

Men 70-74 100 Yard IM

NATL: 59.97 N 4/30/2022 RICK COLELLA

VA: 1:17.51 V 4/26/2012 Randolph Wise

1	Crane, John	71	CM-Y-VA	1:41.96
				48.14 1:41.96
2	Burke, Anthony A	74	VMST-VA	1:53.71
				54.54 1:53.71

Men 75-79 50 Yard Freestyle

NATL: 25.58 N 3/4/2012 JEFF FARRELL

VA: 28.59 V 5/10/2018 Harry Sober

1	Holswade, Hank	76	VMST-VA	34.61
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Men 75-79 500 Yard Freestyle

NATL: 6:03.87 N 5/8/2010 DAVID RADCLIFF

VA: 7:32.99 V 4/5/2019 Warner Brundage

1	Breese, David	76	UC10-PV	10:04.57
				52.67 1:49.33 2:48.90 3:50.69
				4:52.96 5:53.59 6:56.21 8:00.14
				9:03.47 10:04.57

Men 75-79 100 Yard Backstroke

NATL: 1:07.31 N 4/28/2019 RICHARD BURNS

VA: 1:27.68 V 4/13/2018 Ken Novell

1	Brundage, Warner	79	VMST-VA	1:38.59
				47.54 1:38.59

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Men 75-79 200 Yard Backstroke

NATL: 2:27.48 N 4/27/2019 RICHARD BURNS

VA: 3:04.37 V 4/5/2019 Warner Brundage

1	Brundage, Warner	79	VMST-VA	3:29.59
		48.48	1:40.12	2:35.88
				3:29.59

Men 80-84 50 Yard Freestyle

NATL: 28.68 N 4/30/2017 FARRELL\FARRELL

VA: 39.91 V 6/1/1988 Patrick Frank

1	Sober, Harry	80	VMST-VA	31.15V
2	Bettis, Lee	84	VMST-VA	36.33V

Men 80-84 100 Yard Freestyle

NATL: 1:04.60 N 5/3/2014 DAVID RADCLIFF

VA: 1:29.79 V 6/1/1988 Patrick Frank

1	Sober, Harry	80	VMST-VA	1:12.43V
		33.25	1:12.43	

Men 80-84 500 Yard Freestyle

NATL: 6:27.81 N 5/1/2014 DAVID RADCLIFF

VA: 9:06.23 V 6/1/1988 Patrick Frank

1	Kelleher, Joseph	81	VMST-VA	10:49.63
		54.40	1:57.04	3:02.78
		5:19.05	6:27.31	7:35.34
		9:49.27	10:49.63	8:42.48

Men 80-84 1650 Yard Freestyle

NATL:21:54.87 N 5/1/2014 DAVID RADCLIFF

VA:30:49.45 V 2/11/2006 Calvin Barnes

1	Kelleher, Joseph	81	VMST-VA	36:30.82
		1:00.33	2:05.65	3:12.21
			5:25.38	6:32.57
		8:47.76	9:54.08	11:02.01
		12:09.47	13:16.11	14:22.26
		15:28.61	16:35.73	17:41.41
			19:53.47	20:59.32
		23:12.58	24:19.60	25:25.45
		26:31.76	27:38.52	28:44.20
				36:30.82

Men 80-84 50 Yard Backstroke

NATL: 34.49 N 4/29/2016 YOSHI OYAKAWA

VA: 47.48 V 3/20/1999 Harry Howell

1	Sober, Harry	80	VMST-VA	40.62V
2	Bettis, Lee	84	VMST-VA	46.05V

Men 80-84 50 Yard Breaststroke

NATL: 37.48 N 5/1/2021 MIKE FRESHLEY

VA: 49.16 V 4/5/2019 David Nicholas

1	Bettis, Lee	84	VMST-VA	54.25
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Men 85-89 100 Yard Freestyle

NATL: 1:10.92 N 4/18/2010 FRANK PIEMME

VA: 1:26.81 V 7/21/2021 Lee Bergen

1	Beattie, Cal	88	UC12-VA	2:12.31
		1:03.81	2:12.31	

Men 85-89 200 Yard Freestyle

NATL: 2:42.78 N 5/19/2019 DAVID RADCLIFF

VA: 3:32.32 V 7/21/2021 Lee Bergen

1	Beattie, Cal	88	UC12-VA	4:52.94
		1:06.31	2:21.92	3:38.55
				4:52.94

Men 85-89 500 Yard Freestyle

NATL: 7:37.32 N 5/17/2019 DAVID RADCLIFF

VA: 9:11.45 V 4/15/2011 Calvin Barnes

1	Beattie, Cal	88	UC12-VA	12:58.61
		1:06.73	2:21.43	3:38.88
		6:14.59	7:35.45	8:59.12
		11:40.95	12:58.61	10:20.46

Women 25+ 200 Yard Freestyle Relay

NATL: 1:34.62 N 4/7/2019 NORTH CAROLINA

M KENNEDY, L SMITH, K LINDAUER, E BRAUN

VA: 1:38.28 V 4/13/2018 1693

G Mizerak, S Shaner, K Gass, K Grier

1	VMST-VA	B	1:59.06
	1) Horil, Erin W29	2) Anzelmo-Steele, Sarah E W	
	3) Miller, Elizabeth C W41	4) Godwin, Sallie W32	
		30.40	1:03.81
		1:31.07	1:59.06
2	ALEX-PV	A	2:09.32
	1) Rockett, Ruth W45	2) Maschal, Sarah A W45	
	3) Goodman, Kara W30	4) Stubert, Hannah W33	
		36.65	55.35
		1:14.65	2:09.32

Women 25+ 200 Yard Medley Relay

NATL: 1:45.01 N 5/4/2008 SOUTHERN METHOD

L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, D DIEZI

VA: 1:53.15 V 4/7/2017 1693

K Grier, K Harris, M Falcone, S Shaner

1	VMST-VA	A	2:12.60
	1) Miller, Elizabeth C W41	2) Godwin, Sallie W32	
	3) Anzelmo-Steele, Sarah E W	4) Horil, Erin W29	
		31.62	1:08.13
		1:43.09	2:12.60
2	ALEX-PV	A	2:28.57
	1) Rockett, Ruth W45	2) Stubert, Hannah W33	
	3) Maschal, Sarah A W45	4) Goodman, Kara W30	
		43.85	1:01.98
		1:22.02	2:28.57

Women 35+ 200 Yard Freestyle Relay

NATL: 1:36.42 N 2/1/2015 NCMS

K LINDAUER, A UHL, J STRINGER, E BRAUN

VA: 1:41.49 V 4/3/2019 1693

R Ann Thomas, M Choe, K Gass, K Grier

1	CM-Y-VA	A	2:07.68
	1) Ciolfi, Angela W45	2) May, Julia W58	
	3) Latimer, Rebecca T W40	4) Weinheimer, Amy W54	
		29.58	1:07.97
		1:39.65	2:07.68

Women 55+ 200 Yard Freestyle Relay

NATL: 1:45.60 N 4/29/2017 PALM BEACH MAST

K PIPES, E JONES, K TREIBLE SLATON, C WENZEL

VA: 2:03.31 V 1/12/2020 VMST

P Miller, N Speer, Y Zhang, C Hollings

1	VMST-VA	A	2:46.11
	1) Faulkner, Michele W69	2) Broderson, Molly W70	
	3) Sowers, Alison W60	4) Mix, Phoebe W72	
		41.42	1:00.44
		1:20.23	2:46.11

2023 VMST David Gregg III Memorial - 2/11/2023**Results - David Gregg III Memorial Meet****Men 18+ 200 Yard Freestyle Relay**

NATL: 1:18.32 N 5/22/2010 NORTH CAROLINA

N BRUNELLI, C JONES, N WESTBY, J SKUBA

VA: 1:23.73 V 4/28/2016 1693

K Gallagher, K Loughran, C Fay, S Glass

1	TIDE-VA	A	1:23.23V
	1) Kreider, Joshua M26	2) Herbert, David M25	
	3) Burton, Logan M27	4) Hallock, Thomas M23	
	22.09 41.97	1:02.98 1:23.23	
2	VMST-VA	B	1:31.35
	1) Crabb, James M29	2) Mastracci, Kevin M26	
	3) Verheul, Dirk M29	4) Garcia, Luke M23	
	23.04 50.00	1:08.27 1:31.35	
3	DCAC-PV	B	1:38.46
	1) Casey, Grant C M27	2) Nishimura, Jacob M23	
	3) Monteiro, Dylan M33	4) Denrich, David M43	
	23.27 50.26	1:13.87 1:38.46	
4	FAFF-VA	A	1:50.01
	1) De Leo, Jonathan R M30	2) Ingebretsen, Carl M61	
	3) Berchtold, Albert M45	4) Fasana, Joseph M21	
	28.72 56.80	1:25.68 1:50.01	

Men 25+ 200 Yard Freestyle Relay

NATL: 1:19.71 N 4/7/2018 RICE AQUATICS

W WAGNER, A SURHOFF, D HILL, B COLLINS

VA: 1:24.75 V 4/13/2018 1693

K Gallagher, K Loughran, C Fay, S Glass

1	DCAC-PV	A	1:44.32
	1) Walton, Tyler S M33	2) Ewell, Christopher M M28	
	3) Atteberry, Jeffrey T M42	4) Barrett, Patrick M41	
	27.19 53.31	1:19.64 1:44.32	
2	RRY-VA	B	1:48.37
	1) McGarrity, Patrick S M45	2) Morris, John M38	
	3) Kirchgessner, Richard M32	4) Kirchgessner, Joey M35	
	26.16 53.92	1:21.31 1:48.37	
---	RRY-VA	A	X1:56.76
	2) Hlusko, Paul C M38		
	3) Schapiro, Adam M36	4) Hunt, Thomas M30	
	34.15 1:06.14	1:31.98 1:56.76	

Men 25+ 200 Yard Medley Relay

NATL: 1:27.81 N 4/29/2017 GOLDEN ROAD AQU

R LOCHTE, M ALEXANDROV, T COX, L PECHMANN

VA: 1:34.71 V 4/13/2018 1693

S Glass, C Fay, E Elsaesser, S Bulakul

1	VMST-VA	B	1:42.46
	1) Crabb, James M29	2) Szobota, Jason M45	
	3) Verheul, Dirk M29	4) Mastracci, Kevin M26	
	25.45 56.79	1:21.69 1:42.46	
2	RRY-VA	B	1:56.96
	1) Hunt, Thomas M30	2) Kirchgessner, Richard M32	
	3) Morris, John M38	4) McGarrity, Patrick S M45	
	28.64 1:02.10	1:31.39 1:56.96	

Men 35+ 200 Yard Medley Relay

NATL: 1:33.66 N 5/12/2018 THE OLYMPIC CLU

T WANG, T HOLSMAN, M MARSHALL, S GREENWOOD

VA: 1:39.88 V 1/1/1998 VMST

D Malsbury, M Slowey, J Tudor, L Tudor

1	VMST-VA	A	2:23.13
	1) Miller, Jim M72	2) Williamson, Austin M36	
	3) Maxey, Michael M51	4) Foldenauer, Adam M49	
	46.54 1:21.19	1:44.85 2:23.13	
---	RRY-VA	A	X2:07.70
	1) Hlusko, Paul C M38		
	3) Schapiro, Adam M36	4) Kirchgessner, Joey M35	
	37.21 1:12.90	1:40.03 2:07.70	

Men 45+ 200 Yard Medley Relay

NATL: 1:36.56 N 5/23/2010 GEORGIA MASTERS

E ERICSON, C WEISSMAN, B BUGG, M ELLISON

VA: 1:43.01 V 4/29/2022 1693

D Bell, R Williams, B Holsten, C Harbourt

1	DCAC-PV	A	2:04.81
	1) Williams, Neill M54	2) Cockrell, Charles M54	
	3) Nash, Dawson M69	4) Moon, WonKee M48	
	27.43 1:01.85	1:40.50 2:04.81	

Mixed 18+ 200 Yard Freestyle Relay

NATL: 1:24.76 N 5/2/2014 THE OLYMPIC CLU

N ADRIAN, K RAATZ, K KASTES, A ERVIN

VA: 1:29.14 V 4/28/2016 1693

K Gallagher, K Loughran, S Shaner, G Mizerak

1	VMST-VA	B	1:50.45
	1) Van Horn Pate, Val W60	2) Szobota, Jason M45	
	3) Garcia, Luke M23	4) Horil, Erin W29	
	30.10 55.82	1:20.41 1:50.45	

Mixed 18+ 200 Yard Medley Relay

NATL: 1:35.89 N 4/30/2016 THE OLYMPIC CLU

A SAETA, C BABCOCK, A SENKO, M STIPE

VA: 1:39.74 V 4/28/2016 1693

G Mizerak, S Glass, K Gallagher, S Shaner

1	VMST-VA	B	2:00.16
	1) Van Horn Pate, Val W60	2) Garcia, Luke M23	
	3) Crabb, James M29	4) Horil, Erin W29	
	33.74 1:06.42	1:30.81 2:00.16	

Mixed 25+ 200 Yard Freestyle Relay

NATL: 1:27.70 N 4/28/2017 THE OLYMPIC CLU

M BALLENGER, K RAATZ, M MARSHALL, S GREENWOOD

VA: 1:34.46 V 3/17/2018 1693

K Gallagher, G Mizerak, K Loughran, K Grier

1	1693-VA	A	1:36.50
	1) Healey, Matthew M25	2) Kettlewell-Sites, Sam M25	
	3) Gass, Krista W44	4) Williams, Susan W56	
	22.20 42.75	1:09.39 1:36.50	
2	VMST-VA	A	1:42.73
	1) Mastracci, Kevin M26	2) Crabb, James M29	
	3) Miller, Elizabeth C W41	4) Godwin, Sallie W32	
	22.73 45.98	1:13.97 1:42.73	

2023 VMST David Gregg III Memorial - 2/11/2023**Results - David Gregg III Memorial Meet****(Mixed 25+ 200 Yard Freestyle Relay)**

3	CM-Y-VA	B	2:01.35
	1) Elnaggar, Mahmoud M33	2) May, Julia W58	
	3) Barrera, Abby W27	4) McQuiggan, Jacob M28	
	28.49	1:06.52	1:35.69 2:01.35

Mixed 25+ 200 Yard Medley Relay

NATL: 1:34.12 N 4/30/2022 THE OLYMPIC CLUB

F LEE, J PRENOT, E SOLAECHE, C MONSEES

VA: 1:39.63 V 4/13/2018 1693

S Glass, C Fay, G Mizerak, S Shaner

1	VMST-VA	A	1:53.65
	1) Miller, Elizabeth C W41	2) Szobota, Jason M45	
	3) Mastracci, Kevin M26	4) Godwin, Sallie W32	
	31.33	1:02.60	1:25.56 1:53.65

Mixed 35+ 200 Yard Freestyle Relay

NATL: 1:30.17 N 4/25/2004 ROCKY MOUNTAIN

K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

VA: 1:33.01 V 4/28/2016 1693

C Hurtubise, M Lovett, R Williams, K Grier

1	1693-VA	B	2:00.47
	1) Gass, Kraig M43	2) Baskin, Elizabeth W66	
	3) Adkins, Dana M45	4) Mackall, Suni W60	
	21.35	59.82	1:27.50 2:00.47

Mixed 45+ 200 Yard Freestyle Relay

NATL: 1:34.48 N 5/4/2008 ARIZONA MASTERS

J SMITH, M BAILEY, S ROLLINS, P SMITH

VA: 1:37.43 V 4/29/2022 1693

B Holsten, R Williams, F Willeboordse, S Williams

1	CM-Y-VA	C	2:09.48
	1) Crane, John M71	2) Mills, Edward M54	
	3) Ciolfi, Angela W45	4) Weinheimer, Amy W54	
	53.39	1:12.14	1:41.52 2:09.48

--- VMST-VA C X2:35.45

	1) Brown, Andy M65	2) Sowers, Alison W60	
	3) Souders, Suzanne W51	4) Hollings, Charlotte A W58	
	27.27	45.40	1:13.38 2:35.45

Mixed 65+ 200 Yard Freestyle Relay

NATL: 1:45.58 N 4/29/2022 LONE STAR MASTE

R NEVILLE, B WILLIAMS, L MORRISON, J WOOLSLAYER

VA: 2:05.79 V 5/1/2008 VMST

B Zaremski, B Schreiner, W Brundage, T Woods

1	CM-Y-VA	A	2:03.65V
	1) Shannon, Dennis M69	2) Loftus-Charley, Shirley W70	
	3) Clute, Meg W67	4) Bauer, Craig M70	
	31.63	50.11	1:35.32 2:03.65