

NOVA Masters SC/LC Cup: Day #1 (Short Course) - 5/6/2023

Results - Saturday PM - SCY

Women 18-24 50 Yard Freestyle

NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC

VA: 23.63 V 4/29/2022 Bonnie Zhang

| | | |
|------------------|------------|-------|
| 1 Rankin, Claire | 20 NVA-VA | 25.72 |
| 2 Sands, Mariah | 22 PKBM-VA | 27.46 |

Women 18-24 200 Yard Backstroke

NATL: 1:59.22 N 4/30/2000 SARA SCHWEITZER

VA: 2:07.40 V 2/12/2011 Lori Leitzinger

| | | |
|------------------|-----------|----------|
| 1 Rankin, Claire | 20 NVA-VA | 2:06.43V |
| | 29.86 | 1:01.56 |
| | 1:33.93 | 2:06.43 |

Women 18-24 50 Yard Breaststroke

NATL: 27.76 N 12/5/2014 KATIE MEILI

VA: 29.59 V 4/28/2016 Amalia Kobelja

| | | |
|--------------------|------------|-------|
| 1 Blaha, Amanda | 22 NVA-VA | 32.40 |
| 2 Farmer, Samantha | 23 FAFF-VA | 35.42 |

Women 18-24 100 Yard Breaststroke

NATL: 58.71 N 12/5/2014 KATIE MEILI

VA: 1:04.94 V 3/4/2023 Lana Berry

| | | |
|--------------------|------------|---------|
| 1 Farmer, Samantha | 23 FAFF-VA | 1:17.28 |
| | 36.90 | 1:17.28 |

Women 18-24 50 Yard Butterfly

NATL: 24.51 N 4/28/2023 CAROLINE GMELICH

VA: 25.16 V 4/5/2019 Catherine Mulquin

| | | |
|-----------------|-----------|-------|
| 1 Blaha, Amanda | 22 NVA-VA | 29.84 |
|-----------------|-----------|-------|

Women 18-24 100 Yard Butterfly

NATL: 52.30 N 11/8/2009 DANA VOLLMER

VA: 56.22 V 4/28/2016 Gabrielle Mizerak

| | | |
|------------------|------------|---------|
| 1 Rankin, Claire | 20 NVA-VA | 1:01.37 |
| | 29.23 | 1:01.37 |
| 2 Sands, Mariah | 22 PKBM-VA | 1:06.41 |
| | 31.05 | 1:06.41 |

Women 18-24 100 Yard IM

NATL: 53.02 N 12/21/2014 KATIE MEILI

VA: 59.49 V 4/28/2016 Gabrielle Mizerak

| | | |
|--------------------|-----------|---------|
| 1 Blaha, Amanda | 22 NVA-VA | 1:06.46 |
| | 30.34 | 1:06.46 |
| 2 Madigan, Justine | 21 NVA-VA | 1:22.28 |
| | 40.47 | 1:22.28 |

Women 18-24 200 Yard IM

NATL: 1:54.20 N 12/4/2014 KATIE MEILI

VA: 2:09.28 V 4/28/2023 Carter Bristow

| | | |
|-------------------|------------|---------|
| --- Sands, Mariah | 22 PKBM-VA | DQ |
| | 30.80 | 1:10.16 |
| | 1:58.48 | DQ |

Women 25-29 50 Yard Freestyle

NATL: 22.00 N 4/27/2019 KATARZYNA WILK

VA: 23.84 V 4/30/2023 Bonnie Zhang

| | | |
|-----------------------|------------|-------|
| 1 Barley, Victoria | 28 1693-VA | 25.01 |
| 2 Marshall, Alexandra | 28 NVA-VA | 25.30 |
| 3 Coryell, Shannon L | 27 UC12-VA | 26.44 |

Women 25-29 50 Yard Breaststroke

NATL: 27.10 N 4/30/2016 KATIE MEILI

VA: 30.58 V 3/4/2023 Victoria Barley

| | | |
|--------------------|------------|-------|
| 1 Barley, Victoria | 28 1693-VA | 30.82 |
|--------------------|------------|-------|

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|------------------------|------------|-------|
| 2 Fellenbaum, Samantha | 29 NCMS-NC | 37.22 |
|------------------------|------------|-------|

Women 25-29 50 Yard Butterfly

NATL: 24.19 N 4/28/2017 DANIELLE HERRMANN

VA: 25.89 V 4/13/2018 Gabrielle Mizerak

| | | |
|------------------------|------------|-------|
| 1 Barley, Victoria | 28 1693-VA | 26.48 |
| 2 Marshall, Alexandra | 28 NVA-VA | 27.10 |
| 3 Coryell, Shannon L | 27 UC12-VA | 29.03 |
| 4 Fellenbaum, Samantha | 29 NCMS-NC | 33.59 |

Women 25-29 100 Yard Butterfly

NATL: 53.20 N 4/24/2015 AMANDA SIMS

VA: 58.05 V 4/28/2016 Katie Sieben

| | | |
|------------------------|------------|---------|
| 1 Fellenbaum, Samantha | 29 NCMS-NC | 1:19.64 |
| | 37.18 | 1:19.64 |

Women 25-29 100 Yard IM

NATL: 54.40 N 4/29/2017 DANIELLE HERRMANN

VA: 59.85 V 3/4/2023 Victoria Barley

| | | |
|------------------------|------------|---------|
| 1 Barley, Victoria | 28 1693-VA | 59.94 |
| | 27.54 | 59.94 |
| 2 Coryell, Shannon L | 27 UC12-VA | 1:06.00 |
| | 30.71 | 1:06.00 |
| 3 Fellenbaum, Samantha | 29 NCMS-NC | 1:14.22 |
| | 35.52 | 1:14.22 |

Women 25-29 400 Yard IM

NATL: 4:19.02 N 2/22/2013 JUSTINE MUELLER

VA: 4:37.98 V 4/13/2018 Denise Letendre

| | | |
|------------------------|------------|---------|
| 1 Fellenbaum, Samantha | 29 NCMS-NC | 5:46.65 |
| | 37.82 | 1:23.45 |
| | 2:08.29 | 2:54.46 |
| | 3:42.00 | 4:30.09 |
| | 5:09.32 | 5:46.65 |

Women 30-34 50 Yard Freestyle

NATL: 22.37 N 4/7/2019 MADISON KENNEDY

VA: 25.13 V 2/9/2013 Courtney Hurtubise

| | | |
|-----------------|------------|-------|
| 1 Godwin, Sally | 32 NVA-VA | 27.68 |
| 2 Rider, Erin | 31 UC10-PV | 34.22 |

Women 30-34 100 Yard Freestyle

NATL: 48.03 N 2/23/2013 ERIKA ERNDL

VA: 54.78 V 1/1/1994 Beth Scheimann

| | | |
|-----------------|------------|---------|
| 1 Godwin, Sally | 32 NVA-VA | 1:01.15 |
| | 29.01 | 1:01.15 |
| 2 Rider, Erin | 31 UC10-PV | 1:13.36 |
| | 34.98 | 1:13.36 |

Women 30-34 200 Yard Freestyle

NATL: 1:43.46 N 11/30/2012 ERIKA ERNDL

VA: 1:58.35 V 4/26/2012 Maura Bolger

| | | |
|---------------|------------|---------|
| 1 Rider, Erin | 31 UC10-PV | 2:39.97 |
| | 37.43 | 1:17.96 |
| | 1:59.11 | 2:39.97 |

Women 30-34 200 Yard Backstroke

NATL: 1:59.93 N 2/19/1996 K PIPES-NEILSEN

VA: 2:18.18 V 9/29/2018 Denise Letendre

| | | |
|---------------|------------|---------|
| 1 Rider, Erin | 31 UC10-PV | 2:52.34 |
| | 40.65 | 1:23.99 |
| | 2:08.41 | 2:52.34 |

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Women 30-34 100 Yard Breaststroke

NATL: 58.81 N 3/6/2022 DANIELLE HERRMANN
VA: 1:08.96 V 5/1/1989 Lisa Bennett

1 Godwin, Sally 32 NVA-VA 1:21.74
38.15 1:21.74

Women 30-34 50 Yard Butterfly

NATL: 24.18 N 4/15/2000 ANGEL MARTINO
VA: 25.66 V 1/30/2022 Gabrielle Mizerak

1 Haug, Melissa 33 UC12-VA 28.48

Women 30-34 100 Yard Butterfly

NATL: 52.93 N 3/5/2022 DANIELLE HERRMANN
VA: 1:00.17 V 4/26/2012 Maura Bolger

1 Haug, Melissa 33 UC12-VA 1:03.33
30.07 1:03.33

Women 30-34 100 Yard IM

NATL: 57.01 N 4/15/2000 ANGEL MARTINO
VA: 1:02.99 V 1/1/1995 Beth O'Connor

1 Haug, Melissa 33 UC12-VA 1:05.70
30.71 1:05.70
2 Godwin, Sally 32 NVA-VA 1:09.90
32.89 1:09.90

Women 35-39 50 Yard Freestyle

NATL: 22.34 N 2/25/2007 DARA TORRES
VA: 23.82 V 5/10/2018 Katie Grier

1 Vaughan, Mason 39 RVCN-VA 28.25
2 Stanley, Erica 39 NVA-VA 28.47
3 Weitzel, Colleen 38 QUEST-VA 30.71

Women 35-39 100 Yard Freestyle

NATL: 49.72 N 2/25/2007 DARA TORRES
VA: 51.91 V 4/13/2018 Katie Grier

1 Vaughan, Mason 39 RVCN-VA 1:01.66
29.41 1:01.66
2 Weitzel, Colleen 38 QUEST-VA 1:07.91
32.78 1:07.91

Women 35-39 50 Yard Backstroke

NATL: 24.71 N 4/29/2017 NORIKO INADA
VA: 27.81 V 4/7/2017 Katie Grier

1 Weitzel, Colleen 38 QUEST-VA 33.49

Women 35-39 100 Yard Backstroke

NATL: 53.58 N 4/30/2017 NORIKO INADA
VA: 59.87 V 4/27/2000 Beth Baker

1 Weitzel, Colleen 38 QUEST-VA 1:14.01
36.08 1:14.01

Women 35-39 200 Yard Backstroke

NATL: 2:00.54 N 3/14/1998 K PIPES-NEILSEN
VA: 2:15.55 V 6/1/2001 Beth Baker

1 Weitzel, Colleen 38 QUEST-VA 2:38.39
38.09 1:17.88 1:58.35 2:38.39

Women 35-39 50 Yard Breaststroke

NATL: 28.51 N 5/2/2014 KATIE GLENN
VA: 31.45 V 5/15/1991 Lisa Bennett

1 Stanley, Erica 39 NVA-VA 35.03
2 Vaughan, Mason 39 RVCN-VA 37.21

Women 35-39 50 Yard Butterfly

NATL: 25.04 N 4/28/2017 NORIKO INADA
VA: 26.00 V 4/27/2017 Katie Grier

1 Vaughan, Mason 39 RVCN-VA 32.45

Women 35-39 100 Yard IM

NATL: 57.25 N 4/29/2017 GABRIELLE CHANG
VA: 1:01.35 V 4/27/2000 Beth Baker

1 Vaughan, Mason 39 RVCN-VA 1:03.35
34.24 1:03.35
2 Weitzel, Colleen 38 QUEST-VA 1:15.98
34.31 1:15.98

Women 40-44 50 Yard Freestyle

NATL: 21.91 N 4/15/2007 DARA TORRES
VA: 24.00 V 4/25/2019 Katie Grier

1 Quattropiani, LeeAnne 44 NCMS-NC 28.37

Women 40-44 200 Yard Freestyle

NATL: 1:51.06 N 12/22/2002 K PIPES-NEILSEN
VA: 1:57.95 V 4/25/2019 Katie Grier

1 King, Sarah 40 CONN-CT 4:13.87
59.25 2:04.45 3:08.34 4:13.87

Women 40-44 500 Yard Freestyle

NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN
VA: 5:33.24 V 4/2/2004 Kelly Parker

1 Congdon, Heather 44 SFTL-FG 6:22.28
30.15 1:03.33 1:37.16 2:10.31
3:04.75 3:46.30 4:26.17 5:05.59
5:44.46 6:22.28

Women 40-44 50 Yard Backstroke

NATL: 26.12 N 5/1/2011 SHERI HART
VA: 27.97 V 4/25/2019 Katie Grier

1 Quattropiani, LeeAnne 44 NCMS-NC 30.88

Women 40-44 100 Yard Backstroke

NATL: 56.03 N 4/30/2011 SHERI HART
VA: 1:00.71 V 4/19/2002 Beth Baker

1 King, Sarah 40 CONN-CT 2:38.81
1:18.09 2:38.81

Women 40-44 200 Yard Backstroke

NATL: 2:03.61 N 7/25/2021 JENNIFER MIHALIK
VA: 2:11.40 V 5/17/2001 Beth Baker

1 Miller, Elizabeth 41 NVA-VA 2:20.79
33.24 1:08.77 1:44.66 2:20.79
2 King, Sarah 40 CONN-CT 5:21.16
1:16.03 2:37.55 3:58.73 5:21.16

Women 40-44 50 Yard Breaststroke

NATL: 28.71 N 5/11/2018 KATIE GLENN
VA: 31.34 V 4/7/2017 Kristen Harris

1 Holland, Irish 43 NCMS-NC 34.28
2 Quattropiani, LeeAnne 44 NCMS-NC 38.62

Women 40-44 100 Yard Breaststroke

NATL: 1:02.70 N 5/13/2018 KATIE GLENN
VA: 1:09.86 V 4/7/2017 Kristen Harris

1 King, Sarah 40 CONN-CT 3:20.18
1:39.42 3:20.18

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Women 40-44 50 Yard Butterfly

NATL: 25.14 N 5/10/2009 S VON DER LIPPE

VA: 26.34 V 4/5/2019 Katie Grier

1 Quattropani, LeeAnne 44 NCMS-NC 31.18

Women 40-44 100 Yard Butterfly

NATL: 54.83 N 5/10/2009 S VON DER LIPPE

VA: 58.56 V 6/1/2001 Beth Baker

1 Miller, Elizabeth 41 NVA-VA 1:06.52
31.52 1:06.52**Women 40-44 200 Yard Butterfly**

NATL: 2:03.13 N 5/4/2008 S VON DER LIPPE

VA: 2:09.63 V 5/17/2001 Beth Baker

1 Congdon, Heather 44 SFTL-FG 2:28.62
31.96 1:08.41 1:47.42 2:28.62**Women 40-44 100 Yard IM**

NATL: 57.95 N 4/28/2012 ERIKA BRAUN

VA: 1:00.40 V 4/25/2019 Katie Grier

1 Quattropani, LeeAnne 44 NCMS-NC 1:11.91
32.00 1:11.91
2 King, Sarah 40 CONN-CT 2:34.71
1:14.59 2:34.71**Women 40-44 200 Yard IM**

NATL: 2:04.85 N 5/4/2008 S VON DER LIPPE

VA: 2:15.17 V 4/21/2001 Beth Baker

1 Miller, Elizabeth 41 NVA-VA 2:24.80
31.47 1:07.90 1:50.22 2:24.80
2 King, Sarah 40 CONN-CT 5:29.70
1:19.82 2:47.06 4:28.27 5:29.70**Women 40-44 400 Yard IM**

NATL: 4:28.43 N 5/4/2008 S VON DER LIPPE

VA: 4:49.61 V 2/24/2001 Beth Baker

1 Holland, Irish 43 NCMS-NC 4:49.03
30.34 1:04.46 1:42.35 2:19.27
3:01.03 3:42.82 4:16.70 4:49.03
2 Miller, Elizabeth 41 NVA-VA 5:01.44
32.26 1:09.47 1:48.23 2:25.56
3:08.55 3:51.82 4:26.95 5:01.44**Women 50-54 50 Yard Freestyle**

NATL: 23.75 N 4/30/2023 JENNY THOMPSON

VA: 25.54 V 1/26/2020 Fall Willeboordse

1 Braun, Erika 51 RAM-NC 24.23
2 Boggess, Wendi 50 BAM1-VA 31.63**Women 50-54 200 Yard Freestyle**

NATL: 1:57.96 N 4/1/2022 ALISON ZAMANIAN

VA: 2:05.65 V 4/10/2015 Kelly Parker Palace

1 Braun, Erika 51 RAM-NC 1:58.04
26.48 55.82 1:26.48 1:58.04**Women 50-54 500 Yard Freestyle**

NATL: 5:12.67 N 4/29/2023 ALISON ZAMANIAN

VA: 5:37.30 V 5/17/2015 Kelly Parker Palace

1 O'Connell, Megan 54 AAA-MD 7:34.02
41.26 1:26.43 2:12.69 2:58.67
3:45.09 4:31.36 5:17.63 6:04.58
6:50.51 7:34.02**Women 50-54 50 Yard Backstroke**

NATL: 27.04 N 5/10/2013 LESLIE LIVINGSTON

VA: 28.97 V 10/12/2019 Susan Williams

1 Boggess, Wendi 50 BAM1-VA 37.28
2 Dalton, Wendy 52 CM-Y-VA 38.00**Women 50-54 200 Yard Backstroke**

NATL: 2:07.51 N 11/22/2014 ELLEN REYNOLDS

VA: 2:25.28 V 2/6/2016 Val Van Horn Pate

1 Gregory, Barbie J 54 RVCM-VA 2:41.61
38.51 1:18.18 1:59.76 2:41.61**Women 50-54 50 Yard Breaststroke**

NATL: 31.55 N 4/1/2023 ERIKA BRAUN

VA: 32.83 V 5/20/2010 Lisa Bennett

1 Dalton, Wendy 52 CM-Y-VA 41.58
2 Boggess, Wendi 50 BAM1-VA 42.77**Women 50-54 50 Yard Butterfly**

NATL: 25.70 N 4/28/2023 LIVINGSTON\THOMPS

VA: 27.06 V 10/27/2019 Susan Williams

1 Dalton, Wendy 52 CM-Y-VA 33.81

Women 50-54 100 Yard Butterfly

NATL: 58.83 N 4/29/2023 ERIKA BRAUN

VA: 1:05.96 V 2/8/2015 Val Van Horn Pate

1 Braun, Erika 51 RAM-NC 1:44.82
26.40 1:44.82**Women 50-54 100 Yard IM**

NATL: 1:00.03 N 4/29/2023 ERIKA BRAUN

VA: 1:04.32 V 1/26/2020 Fall Willeboordse

1 O'Connell, Megan 54 AAA-MD 1:30.26
44.32 1:30.26**Women 50-54 200 Yard IM**

NATL: 2:12.57 N 4/15/2018 ELLEN REYNOLDS

VA: 2:31.51 V 4/10/2015 Kelly Parker Palace

1 Gregory, Barbie J 54 RVCM-VA 2:43.48
35.05 1:14.88 2:05.04 2:43.48
2 O'Connell, Megan 54 AAA-MD 3:19.60
45.00 1:40.84 2:35.64 3:19.60**Women 50-54 400 Yard IM**

NATL: 4:43.11 N 4/9/2016 ELLEN REYNOLDS

VA: 5:24.23 V 5/17/2015 Kelly Parker Palace

1 O'Connell, Megan 54 AAA-MD 7:03.79
45.37 1:40.65 2:41.08 3:38.59
4:33.49 5:29.57 6:17.49 7:03.79**Women 55-59 50 Yard Freestyle**

NATL: 25.16 N 4/8/2017 SUE WALSH

VA: 25.61 V 4/29/2022 Fall Willeboordse

1 Willeboordse, Fall 57 1693-VA 26.50

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(Women 55-59 50 Yard Freestyle)
2 May, Julia 59 CM-Y-VA 36.52

Women 55-59 100 Yard Freestyle

NATL: 54.72 N 5/4/2008 LAURA VAL
VA: 56.27 V 4/29/2022 Fall Willeboordse
1 May, Julia 59 CM-Y-VA 1:23.47
38.81 1:23.47

Women 55-59 200 Yard Freestyle

NATL: 1:57.90 N 4/30/2017 KARLYN PIPES
VA: 2:16.25 V 1/1/2010 Shirley Loftus-Charley
1 Buscaglia, Caycee 58 QUEST-VA 2:38.80
34.26 1:14.27 1:56.60 2:38.80

Women 55-59 50 Yard Backstroke

NATL: 28.14 N 10/30/2016 LESLIE LIVINGSTON
VA: 29.48 V 1/15/2023 Susan Williams
1 Willeboordse, Fall 57 1693-VA 31.75

Women 55-59 200 Yard Breaststroke

NATL: 2:36.82 N 12/15/2019 ELLEN REYNOLDS
VA: 2:52.25 V 4/28/2016 Patricia Miller
1 Vazquez, Maria 57 NCMS-NC 2:53.06
39.17 1:22.21 2:07.29 2:53.06

Women 55-59 100 Yard IM

NATL: 1:02.34 N 4/29/2017 KARLYN PIPES
VA: 1:03.98 V 3/20/2022 Fall Willeboordse
1 Willeboordse, Fall 57 1693-VA 1:06.17
30.77 1:06.17
2 Buscaglia, Caycee 58 QUEST-VA 1:21.24
36.12 1:21.24

Women 55-59 200 Yard IM

NATL: 2:13.92 N 12/14/2019 ELLEN REYNOLDS
VA: 2:27.59 V 5/10/2018 Val Van Horn Pate
1 Vazquez, Maria 57 NCMS-NC 2:30.49
33.61 1:10.87 1:54.96 2:30.49

Women 60-64 50 Yard Freestyle

NATL: 26.20 N 5/11/2018 PENNY NOYES
VA: 27.84 V 3/4/2023 Marie Restrepo
1 Parker Palace, Kelly 61 MELB-FL 29.26
2 Dickens, Susan 61 FAFF-VA 33.84

Women 60-64 100 Yard Freestyle

NATL: 56.45 N 4/29/2012 LAURA VAL
VA: 1:02.89 V 3/19/2023 Marie Restrepo
1 Rider, Kara 60 UC10-PV 1:18.87
37.12 1:18.87

Women 60-64 200 Yard Freestyle

NATL: 2:05.75 N 5/22/2016 LAURA VAL
VA: 2:12.50 V 9/12/2021 Kelly Parker Palace
1 Howsmon, Angela 62 SRVA-VA 2:44.65
38.76 1:20.92 2:03.04 2:44.65
2 Dickens, Susan 61 FAFF-VA 2:45.90
35.64 1:17.29 2:01.85 2:45.90
3 Rider, Kara 60 UC10-PV 2:54.30
39.02 1:23.23 2:08.98 2:54.30

--- Parker Palace, Kelly 61 MELB-FL 28.66 DQ

Women 60-64 500 Yard Freestyle

NATL: 5:39.00 N 1/26/2014 LAURA VAL
VA: 5:56.62 V 3/25/2012 Shirley Loftus-Charley
1 Dickens, Susan 61 FAFF-VA 7:11.87
37.68 1:20.12 2:04.21 2:48.45
3:32.66 4:17.04 5:01.12 5:45.63
6:29.32 7:11.87
2 Rider, Kara 60 UC10-PV 7:55.70
40.91 1:26.83 2:14.50 3:02.93
3:51.76 4:41.29 5:30.82 6:19.89
7:08.90 7:55.70

Women 60-64 50 Yard Backstroke

NATL: 29.58 N 4/26/2015 LAURA VAL
VA: 32.53 V 2/11/2023 Val Van Horn Pate
1 Van Horn Pate, Val R 60 NVA-VA 32.51V

Women 60-64 200 Yard Backstroke

NATL: 2:19.36 N 4/7/2018 BONNIE BILICH
VA: 2:38.63 V 4/26/2012 Shirley Loftus-Charley
1 Howsmon, Angela 62 SRVA-VA 3:00.20
43.44 1:28.68 2:14.29 3:00.20

Women 60-64 50 Yard Breaststroke

NATL: 33.79 N 5/7/2017 MELINDA MANN
VA: 36.59 V 7/21/2021 Patricia Miller
1 Dickens, Susan 61 FAFF-VA 45.20

Women 60-64 100 Yard Breaststroke

NATL: 1:16.55 N 5/6/2017 MELINDA MANN
VA: 1:21.10 V 7/21/2021 Patricia Miller
1 Parker Palace, Kelly 61 MELB-FL 1:38.78
39.21 1:38.78

Women 60-64 50 Yard Butterfly

NATL: 27.93 N 5/13/2018 TRACI GRANGER
VA: 30.95 V 2/11/2023 Val Van Horn Pate
1 Van Horn Pate, Val R 60 NVA-VA 30.67V

Women 60-64 100 Yard Butterfly

NATL: 1:03.59 N 4/27/2019 TRACI GRANGER
VA: 1:12.93 V 1/29/2012 Shirley Loftus-Charley
1 Van Horn Pate, Val R 60 NVA-VA 1:07.83V
32.73 1:07.83

Women 60-64 200 Yard Butterfly

NATL: 2:24.30 N 5/10/2013 LAURA VAL
VA: 2:43.42 V 2/11/2012 Shirley Loftus-Charley
1 Van Horn Pate, Val R 60 NVA-VA 2:34.96V
33.74 1:12.10 1:52.55 2:34.96

Women 60-64 100 Yard IM

NATL: 1:05.01 N 4/30/2022 KARLYN PIPES
VA: 1:15.44 V 2/11/2012 Shirley Loftus-Charley
1 Van Horn Pate, Val R 60 NVA-VA 1:10.25V
31.62 1:10.25
2 Dickens, Susan 61 FAFF-VA 1:28.94
42.07 1:28.94

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Women 65-69 50 Yard Freestyle

NATL: 26.31 N 3/7/2020 PENNY NOYES
VA: 30.42 V 5/17/2007 Beth Schreiner

| | | | | |
|---|-------------------|----|---------|-------|
| 1 | Mazzini, Wendy | 68 | SRVA-VA | 36.59 |
| 2 | Shirey, Charlotte | 67 | NVA-VA | 37.86 |

Women 65-69 100 Yard Freestyle

NATL: 57.88 N 5/12/2018 LAURA VAL
VA: 1:06.77 V 5/6/2017 Shirley Loftus-Charley

| | | | | |
|---|----------------|-------|---------|---------|
| 1 | Mazzini, Wendy | 68 | SRVA-VA | 1:23.28 |
| | | 39.16 | | 1:23.28 |

Women 65-69 200 Yard Freestyle

NATL: 2:07.23 N 5/11/2018 LAURA VAL
VA: 2:23.77 V 2/5/2017 Shirley Loftus-Charley

| | | | | | |
|---|----------------|-------|---------|---------|---------|
| 1 | Mazzini, Wendy | 68 | SRVA-VA | 2:59.95 | |
| | | 40.16 | 2:13.32 | 3:00.02 | 2:59.95 |

Women 65-69 50 Yard Backstroke

NATL: 29.65 N 5/12/2018 LAURA VAL
VA: 36.61 V 3/4/2023 Lauren Hasselquist

| | | | | |
|---|-------------------|----|--------|-------|
| 1 | Shirey, Charlotte | 67 | NVA-VA | 45.55 |
|---|-------------------|----|--------|-------|

Women 65-69 50 Yard Butterfly

NATL: 28.79 N 4/28/2023 TRACI GRANGER
VA: 34.74 V 10/27/2019 Shirley Loftus-Charley

| | | | | |
|---|----------------|----|---------|-------|
| 1 | Mazzini, Wendy | 68 | SRVA-VA | 42.02 |
|---|----------------|----|---------|-------|

Women 65-69 100 Yard Butterfly

NATL: 1:05.47 N 2/2/2020 PENNY NOYES
VA: 1:17.35 V 11/12/2016 Shirley Loftus-Charley

| | | | | |
|---|----------------|-------|---------|---------|
| 1 | Mazzini, Wendy | 68 | SRVA-VA | 1:40.45 |
| | | 44.56 | 1:40.45 | |

Women 65-69 100 Yard IM

NATL: 1:07.03 N 2/1/2020 PENNY NOYES
VA: 1:17.97 V 4/5/2019 Shirley Loftus-Charley

| | | | | |
|---|-------------------|-------|---------|---------|
| 1 | Mazzini, Wendy | 68 | SRVA-VA | 1:37.70 |
| | | 44.33 | 1:37.70 | |
| 2 | Shirey, Charlotte | 67 | NVA-VA | 1:41.20 |
| | | 45.52 | 1:41.20 | |

Women 70-74 200 Yard Backstroke

NATL: 2:26.12 N 4/28/2023 LAURA VAL
VA: 2:56.99 V 2/26/2022 Shirley Loftus-Charley

| | | | | | |
|---|-------------------------|-------|---------|----------|---------|
| 1 | Loftus-Charley, Shirley | 71 | CM-Y-VA | 2:53.86V | |
| | | 41.91 | 1:25.11 | 2:09.80 | 2:53.86 |

Women 70-74 50 Yard Breaststroke

NATL: 38.35 N 5/13/2022 KATHLEEN LEWIS
VA: 43.95 V 4/29/2022 Barbara Boslego

| | | | | |
|---|-------------------------|----|---------|--------|
| 1 | Loftus-Charley, Shirley | 71 | CM-Y-VA | 43.79V |
|---|-------------------------|----|---------|--------|

Women 70-74 200 Yard Breaststroke

NATL: 3:07.28 N 2/2/2009 JOANN LEILICH
VA: 3:38.79 V 4/29/2022 Barbara Boslego

| | | | | | |
|---|-------------------------|-------|---------|----------|---------|
| 1 | Loftus-Charley, Shirley | 71 | CM-Y-VA | 3:22.03V | |
| | | 46.80 | 1:37.86 | 2:29.33 | 3:22.03 |

Women 70-74 50 Yard Butterfly

NATL: 30.84 N 4/15/2023 LAURA VAL
VA: 37.06 V 1/22/2022 Shirley Loftus-Charley

| | | | | |
|---|-------------------------|----|---------|--------|
| 1 | Loftus-Charley, Shirley | 71 | CM-Y-VA | 36.72V |
|---|-------------------------|----|---------|--------|

Women 70-74 200 Yard Butterfly

NATL: 2:42.80 N 2/5/2022 LAURA VAL
VA: 3:33.51 V 4/26/2012 Lucille Griffin

| | | | | | |
|---|-------------------------|-------|---------|----------|---------|
| 1 | Loftus-Charley, Shirley | 71 | CM-Y-VA | 3:05.27V | |
| | | 39.76 | 1:28.72 | 2:18.40 | 3:05.27 |

Women 70-74 100 Yard IM

NATL: 1:11.64 N 4/2/2022 LAURA VAL
VA: 1:21.86 V 2/26/2022 Shirley Loftus-Charley

| | | | | |
|---|-------------------------|-------|---------|---------|
| 1 | Loftus-Charley, Shirley | 71 | CM-Y-VA | 1:22.26 |
| | | 38.84 | 1:22.26 | |

Women 75-79 50 Yard Freestyle

NATL: 30.53 N 4/30/2022 DIANN UUSTAL
VA: 34.44 V 3/3/2012 Johnnie Detrick

| | | | | |
|---|-------------|----|---------|-------|
| 1 | Lyttle, Ann | 75 | CM-Y-VA | 35.20 |
|---|-------------|----|---------|-------|

Women 75-79 100 Yard Freestyle

NATL: 1:09.34 N 5/1/2022 DIANN UUSTAL
VA: 1:17.32 V 4/15/2011 Johnnie Detrick

| | | | | |
|---|-------------|-------|---------|---------|
| 1 | Lyttle, Ann | 75 | CM-Y-VA | 1:18.35 |
| | | 37.83 | 1:18.35 | |

Women 75-79 200 Yard Freestyle

NATL: 2:32.99 N 4/29/2022 DIANN UUSTAL
VA: 2:59.85 V 4/10/2016 Beth Schreiner

| | | | | | |
|---|-------------|-------|---------|----------|---------|
| 1 | Lyttle, Ann | 75 | CM-Y-VA | 2:53.03V | |
| | | 39.46 | 1:23.37 | 2:08.97 | 2:53.03 |

Women 75-79 500 Yard Freestyle

NATL: 7:10.67 N 4/1/2023 CHRISTIE HAYES
VA: 8:42.61 V 9/29/2012 Johnnie Detrick

| | | | | | |
|---|-------------|---------|---------|----------|---------|
| 1 | Lyttle, Ann | 75 | CM-Y-VA | 8:00.61V | |
| | | 42.46 | 1:30.01 | 2:18.33 | 3:07.81 |
| | | 3:57.18 | 4:46.59 | 5:35.91 | 6:25.28 |
| | | 7:14.75 | 8:00.61 | | |

Men 18-24 50 Yard Freestyle

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER
VA: 20.24 V 4/13/2018 Lucas Bureau

| | | | | |
|---|-----------------|----|---------|-------|
| 1 | Clancy, Patrick | 21 | CM-Y-VA | 22.87 |
|---|-----------------|----|---------|-------|

Men 18-24 100 Yard Freestyle

NATL: 42.59 N 12/1/2012 EUGENE GODSOE
VA: 43.97 V 4/13/2018 Lucas Bureau

| | | | | |
|---|---------------|-------|-----------|-------|
| 1 | Shaia, Joseph | 21 | One Event | 59.49 |
| | | 27.98 | 59.49 | |

Men 18-24 200 Yard Freestyle

NATL: 1:35.02 N 11/8/2009 ANDY GRANT
VA: 1:39.93 V 4/13/2018 Lucas Bureau

| | | | | | |
|---|---------------|-------|-----------|---------|---------|
| 1 | Shaia, Joseph | 21 | One Event | 2:09.90 | |
| | | 29.36 | 1:01.66 | 1:35.89 | 2:09.90 |

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Men 18-24 50 Yard Backstroke

NATL: 22.33 N 5/10/2013 ANDREW ELLIOTT

VA: 22.62 V 4/5/2019 Logan Burton

1 De Maria, David 24 FAFF-VA 28.57

Men 18-24 100 Yard Backstroke

NATL: 45.36 N 11/30/2012 EUGENE GODSOE

VA: 49.46 V 4/5/2019 Logan Burton

1 Garcia, Luke 23 NVA-VA 1:01.19
28.93 1:01.192 De Maria, David 24 FAFF-VA 1:01.41
29.68 1:01.41**Men 18-24 200 Yard Backstroke**

NATL: 1:44.18 N 5/11/2013 ANDREW ELLIOTT

VA: 1:49.09 V 4/5/2019 Logan Burton

1 Garcia, Luke 23 NVA-VA 2:06.75
29.14 1:01.33 1:33.98 2:06.752 Fasana, Joseph 21 FAFF-VA 2:23.96
32.04 1:08.70 1:47.05 2:23.96**Men 18-24 50 Yard Breaststroke**

NATL: 24.53 N 2/1/2015 ROSTYSLAV FEDYNA

VA: 25.67 V 2/29/2020 Austin Temple

1 Fasana, Joseph 21 FAFF-VA 32.87

Men 18-24 200 Yard Breaststroke

NATL: 1:57.33 N 5/12/2013 ELLIOT KEEFER

VA: 2:13.05 V 5/19/2005 Benjamin Garrett

1 Fasana, Joseph 21 FAFF-VA 2:45.30
35.02 1:16.36 2:00.78 2:45.30**Men 18-24 50 Yard Butterfly**

NATL: 21.13 N 4/26/2015 HENRIK LINDAU

VA: 21.95 V 4/13/2018 Lucas Bureau

1 De Maria, David 24 FAFF-VA 26.50

2 Fasana, Joseph 21 FAFF-VA 28.26

Men 18-24 100 Yard Butterfly

NATL: 46.65 N 11/30/2012 EUGENE GODSOE

VA: 47.41 V 4/13/2018 Lucas Bureau

1 Garcia, Luke 23 NVA-VA 58.47
27.13 58.47**Men 18-24 100 Yard IM**

NATL: 48.96 N 4/26/2019 ANDREW APPLEBY

VA: 49.23 V 4/13/2018 Lucas Bureau

1 De Maria, David 24 FAFF-VA 1:01.18
27.81 1:01.182 Shaia, Joseph 21 One Event 1:06.26
30.79 1:06.26**Men 18-24 200 Yard IM**

NATL: 1:48.91 N 2/2/2020 SAMUEL STEWART

VA: 1:57.45 V 5/19/2005 Benjamin Garrett

1 Garcia, Luke 23 NVA-VA 2:10.74
27.96 1:01.16 1:39.96 2:10.74**Men 25-29 100 Yard Backstroke**

NATL: 45.95 N 4/15/2010 ADAM MANIA

VA: 49.48 V 4/30/2023 Sam Kettlewell-Sites

1 Sisk, Willie 29 NVA-VA 1:10.37
32.64 1:10.37**Men 25-29 100 Yard IM**

NATL: 47.77 N 5/3/2014 DARIAN TOWNSEND

VA: 51.39 V 4/29/2023 Kevin Mastracci

1 Sisk, Willie 29 NVA-VA 1:08.96
30.96 1:08.96**Men 25-29 400 Yard IM**

NATL: 3:41.85 N 12/20/2013 DARIAN TOWNSEND

VA: 4:08.77 V 2/11/2023 Logan Burton

1 Kirchner, Wynne 27 ANCM-PV 4:44.76
29.31 1:02.54 1:41.53 2:20.15
2:58.98 3:38.58 4:12.82 4:44.76**Men 30-34 50 Yard Freestyle**

NATL: 19.33 N 5/3/2014 ERVIN\ERVIN

VA: 20.65 V 4/13/2018 Kevin Gallagher

1 Cook, Cory 34 One Event 25.54

Men 30-34 100 Yard Freestyle

NATL: 42.75 N 12/21/2014 DARIAN TOWNSEND

VA: 45.67 V 4/13/2018 Kevin Gallagher

*1 Cook, Cory 34 One Event 56.91
27.24 56.91*1 Elnaggar, Mahmoud 33 CM-Y-VA 1:04.56
31.63 1:04.56**Men 30-34 50 Yard Backstroke**

NATL: 21.37 N 4/26/2019 MATT GREVERS

VA: 23.97 V 4/27/2017 Joshua Fowler

1 Malony, Shawn 33 FAFF-VA 31.50

Men 30-34 100 Yard Breaststroke

NATL: 52.09 N 12/18/2021 BRANDON FISCHER

VA: 1:00.14 V 5/14/2002 Neill Williams

1 Malony, Shawn 33 FAFF-VA 1:13.80
34.57 1:13.80**Men 30-34 50 Yard Butterfly**

NATL: 21.11 N 4/26/2015 MATT GREVERS

VA: 23.12 V 10/7/2017 Warren Cieslak

1 Deal, Brian 34 CGMS-VA 29.34

Men 30-34 100 Yard Butterfly

NATL: 47.28 N 12/20/2013 ADAM MANIA

VA: 50.08 V 12/2/2010 Matt Haupt

--- Deal, Brian 34 CGMS-VA DQ
32.39 DQ**Men 30-34 200 Yard Butterfly**

NATL: 1:45.01 N 4/12/2015 DARIAN TOWNSEND

VA: 1:49.63 V 12/2/2010 Matt Haupt

1 Deal, Brian 34 CGMS-VA 2:47.00
36.48 1:17.73 2:02.13 2:47.00

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Results - Saturday PM - SCY

Men 30-34 100 Yard IM

NATL: 47.71 N 4/29/2017 RYAN LOCHTE
VA: 52.29 V 4/27/2017 Geoffrey Meyer

1 Elnaggar, Mahmoud 33 CM-Y-VA 1:21.02
35.79 1:21.02

Men 30-34 200 Yard IM

NATL: 1:42.03 N 12/20/2014 DARIAN TOWNSEND
VA: 1:57.59 V 1/27/2007 Daniel Summerlin

1 Malony, Shawn 33 FAFF-VA 2:34.53
33.55 1:12.58 1:57.80 2:34.53

Men 35-39 50 Yard Freestyle

NATL: 20.01 N 3/25/2018 ROLAND SCHOEMAN
VA: 21.18 V 1/26/2008 Daniel Summerlin

1 Adams, David 35 PKBM-VA 22.54

Men 35-39 100 Yard Freestyle

NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO
VA: 47.33 V 4/26/2012 Daniel Summerlin

1 Adams, David 35 PKBM-VA 48.90
23.80 48.90
2 Dellanoce, Michael 38 NCMS-NC 49.49
24.40 49.49

Men 35-39 200 Yard Freestyle

NATL: 1:36.56 N 5/4/2008 JOSH DAVIS
VA: 1:47.91 V 4/1/2000 Chris Stevenson

1 Dellanoce, Michael 38 NCMS-NC 1:48.80
25.52 52.68 1:20.79 1:48.80

Men 35-39 500 Yard Freestyle

NATL: 4:33.97 N 5/17/2002 RONALD KARNAUGH
VA: 4:50.41 V 4/1/2000 Chris Stevenson

1 Dellanoce, Michael 38 NCMS-NC 4:51.13
26.48 54.51 1:23.38 1:52.74
2:22.34 2:52.09 3:21.84 3:51.73
4:21.62 4:51.13

Men 35-39 100 Yard Butterfly

NATL: 47.62 N 3/25/2018 ROLAND SCHOEMAN
VA: 51.69 V 1/26/2008 Daniel Summerlin

1 Adams, David 35 PKBM-VA 54.08
25.13 54.08

Men 40-44 50 Yard Freestyle

NATL: 20.67 N 12/20/2014 JOSH DAVIS
VA: 21.84 V 1/1/1998 John Tudor

1 Schwartz, Dane 42 NVA-VA 25.53

Men 40-44 100 Yard Freestyle

NATL: 45.15 N 5/3/2014 JOSH DAVIS
VA: 47.58 V 4/27/2000 John Tudor

1 Schwartz, Dane 42 NVA-VA 56.65
27.32 56.65

Men 40-44 50 Yard Backstroke

NATL: 22.77 N 4/26/2009 MICHAEL ROSS
VA: 24.45 V 4/11/2008 Chris Stevenson

1 Schwartz, Dane 42 NVA-VA 29.75

Men 40-44 100 Yard IM

NATL: 50.30 N 4/29/2023 MARKUS ROGAN
VA: 55.67 V 5/8/1998 John Tudor

1 Cantwell, Andrew 42 L4S-PV 1:11.90
33.49 1:11.90

Men 40-44 200 Yard IM

NATL: 1:50.17 N 4/28/2023 MARKUS ROGAN
VA: 2:03.51 V 4/27/2000 John Tudor

1 Cantwell, Andrew 42 L4S-PV 2:41.57
33.64 1:15.45 2:03.10 2:41.57

Men 40-44 400 Yard IM

NATL: 4:01.87 N 4/19/2009 ROQUE SANTOS
VA: 4:23.70 V 2/9/2008 Chris Stevenson

1 Cantwell, Andrew 42 L4S-PV 5:59.34
37.95 1:24.59 2:11.34 2:58.04
3:50.82 4:40.95 5:20.80 5:59.34

Men 45-49 50 Yard Freestyle

NATL: 21.06 N 5/21/2010 RICHARD HUGHEY
VA: 22.65 V 2/5/2017 Brent Holsten

1 Palace, Mark 49 MELB-FL 26.45

Men 45-49 200 Yard Freestyle

NATL: 1:41.69 N 5/21/2010 DAVID SIMS
VA: 1:45.92 V 3/5/2010 Chris Stevenson

1 Aversa, John Rocco 47 CM-Y-VA 1:55.55
26.90 55.83 1:25.42 1:55.55

Men 45-49 500 Yard Freestyle

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER
VA: 4:52.46 V 4/28/2011 Chris Stevenson

1 Aversa, John Rocco 47 CM-Y-VA 5:17.54
28.93 1:00.67 1:32.63 2:04.74
2:36.70 3:08.63 3:40.99 4:13.30
4:45.39 5:17.54

Men 45-49 50 Yard Backstroke

NATL: 23.58 N 4/26/2015 MICHAEL ROSS
VA: 24.28 V 5/20/2010 Chris Stevenson

1 Aversa, John Rocco 47 CM-Y-VA 26.58
2 Palace, Mark 49 MELB-FL 34.24

Men 45-49 100 Yard Backstroke

NATL: 51.49 N 4/29/2022 CHUCK BARNES
VA: 51.55 V 4/28/2011 Chris Stevenson

1 Aversa, John Rocco 47 CM-Y-VA 58.26
28.79 58.26

Men 45-49 50 Yard Breaststroke

NATL: 25.66 N 4/27/2019 JEFF COMMINGS
VA: 28.45 V 4/30/2023 Paul Klepchick

1 Palace, Mark 49 MELB-FL 33.98

Men 45-49 100 Yard Breaststroke

NATL: 55.69 N 5/13/2018 STEVE WEST
VA: 1:02.16 V 4/28/2023 Paul Klepchick

1 Palace, Mark 49 MELB-FL 1:12.94
35.81 1:12.94

NOVA Masters SC/LC Cup: Day #1 (Short Course) - 5/6/2023

Results - Saturday PM - SCY

Men 45-49 50 Yard Butterfly

NATL: 22.67 N 5/4/2008 PAUL SMITH
 VA: 23.89 V 3/5/2010 Chris Stevenson

1 Palace, Mark 49 MELB-FL 30.49

Men 45-49 100 Yard IM

NATL: 52.14 N 5/23/2010 RICHARD HUGHEY
 VA: 54.99 V 5/20/2010 Chris Stevenson

1 Aversa, John Rocco 47 CM-Y-VA 57.83
 27.31 57.83
 2 Palace, Mark 49 MELB-FL 1:08.37
 33.39 1:08.37

Men 45-49 200 Yard IM

NATL: 1:51.44 N 4/26/2015 NICOLAS GRANGER
 VA: 2:00.26 V 5/20/2010 Chris Stevenson

1 Aversa, John Rocco 47 CM-Y-VA 2:09.22
 27.67 1:01.31 1:39.32 2:09.22

Men 50-54 50 Yard Freestyle

NATL: 21.36 N 4/29/2011 ROWDY GAINES
 VA: 22.20 V 4/29/2022 Brent Holsten

1 Holsten, Brent 51 1693-VA 22.42
 2 Levy, Jose 54 AAA-MD 27.11
 3 Gustafson, Dean H 53 UC12-VA 28.86

Men 50-54 100 Yard Freestyle

NATL: 46.59 N 5/10/2009 ROWDY GAINES
 VA: 49.78 V 4/28/2023 Brent Holsten

1 Levy, Jose 54 AAA-MD 1:01.77
 29.72 1:01.77
 2 Gustafson, Dean H 53 UC12-VA 1:05.91
 30.86 1:05.91
 3 Mills, Edward 54 CM-Y-VA 1:20.63
 40.40 1:20.63

Men 50-54 200 Yard Freestyle

NATL: 1:43.76 N 5/10/2009 ROWDY GAINES
 VA: 1:54.59 V 4/10/2016 Gregory Harris

1 Mills, Edward 54 CM-Y-VA 2:44.70
 39.65 1:21.22 2:03.68 2:44.70

Men 50-54 500 Yard Freestyle

NATL: 4:47.57 N 5/20/2001 JIM MCCONICA
 VA: 5:23.90 V 2/14/2009 Jim McFarland

1 Mills, Edward 54 CM-Y-VA 7:29.05
 42.25 1:26.42 2:12.03 2:57.70
 3:44.36 4:29.96 5:16.40 6:02.86
 6:47.86 7:29.05

Men 50-54 50 Yard Breaststroke

NATL: 26.20 N 4/29/2022 STEVE WEST
 VA: 28.30 V 5/10/2018 Gregory Harris

1 Gustafson, Dean H 53 UC12-VA 36.64

Men 50-54 100 Yard Breaststroke

NATL: 56.25 N 4/30/2022 STEVE WEST
 VA: 1:01.38 V 5/10/2018 Gregory Harris

1 Gustafson, Dean H 53 UC12-VA 1:21.24
 37.23 1:21.24

Men 50-54 50 Yard Butterfly

NATL: 23.19 N 4/25/2004 TRIP HEDRICK
 VA: 23.62 V 4/29/2022 Brent Holsten

1 Holsten, Brent 51 1693-VA 23.82

Men 50-54 100 Yard IM

NATL: 53.60 N 4/29/2017 MIKE IRVIN
 VA: 56.03 V 4/29/2023 Brent Holsten

1 Gustafson, Dean H 53 UC12-VA 1:12.67
 24.30 1:12.67

Men 55-59 100 Yard Freestyle

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS
 VA: 51.21 V 4/5/2019 Gregory Harris

1 Fellowes, David M 59 VMST-VA 1:01.34
 29.67 1:01.34

Men 55-59 50 Yard Breaststroke

NATL: 26.32 N 4/27/2019 CARLO TRAVAINI
 VA: 29.18 V 4/5/2019 Gregory Harris

1 Williams, Neill 55 DCAC-PV 28.76

Men 55-59 100 Yard IM

NATL: 55.07 N 4/29/2023 MIKE IRVIN
 VA: 58.80 V 4/5/2019 Gregory Harris

1 Williams, Neill 55 DCAC-PV 58.15
 27.14 58.15

Men 60-64 50 Yard Backstroke

NATL: 26.60 N 4/7/2018 BRUCE KONE
 VA: 27.69 V 3/17/2018 Douglas Slater

1 Malsbury, David 61 VMST-VA 30.54
 2 Ingebretsen, Carl 62 FAFF-VA 34.31

Men 60-64 200 Yard Backstroke

NATL: 2:07.91 N 5/1/2016 TOM BARTON
 VA: 2:13.15 V 4/5/2019 Douglas Slater

1 Ingebretsen, Carl 62 FAFF-VA 2:37.87
 36.95 1:16.47 1:57.56 2:37.87

Men 60-64 200 Yard Butterfly

NATL: 2:07.21 N 3/28/2021 MIKE LAMONICA
 VA: 2:37.18 V 4/10/2016 John Mccorkle

1 Ingebretsen, Carl 62 FAFF-VA 2:56.82
 36.62 1:21.29 2:08.29 2:56.82

Men 60-64 100 Yard IM

NATL: 56.69 N 4/29/2023 CARLO TRAVAINI
 VA: 1:00.09 V 4/13/2018 Douglas Slater

1 Malsbury, David 61 VMST-VA 1:06.37
 30.94 1:06.37

Men 60-64 200 Yard IM

NATL: 2:03.26 N 5/4/2014 RICK COLELLA
 VA: 2:17.83 V 5/10/2018 Douglas Slater

1 Malsbury, David 61 VMST-VA 2:29.02
 30.59 1:08.33 1:52.44 2:29.02

NOVA Masters SC/LC Cup: Day #1 (Short Course) - 5/6/2023

Results - Saturday PM - SCY

Men 65-69 100 Yard Backstroke

NATL: 59.62 N 5/12/2013 HUGH WILDER

VA: 1:11.72 V 10/27/2019 William Wardle

| | | | | |
|---|---------------|----|---------|-----------------|
| 1 | Swiger, Ralph | 66 | VMST-VA | 2:03.15 |
| | | | | 1:01.82 2:03.15 |

Men 65-69 200 Yard Backstroke

NATL: 2:11.06 N 4/30/2022 DAN STEPHENSON

VA: 2:35.18 V 4/5/2019 William Wardle

| | | | | |
|---|---------------|----|---------|-----------------------|
| 1 | Stone, Bryan | 66 | VMST-VA | 3:47.91 |
| | | | | 51.97 1:49.70 3:47.91 |
| 2 | Swiger, Ralph | 66 | VMST-VA | 4:19.14 |
| | | | | 3:16.61 4:19.14 |

Men 65-69 50 Yard Breaststroke

NATL: 28.88 N 5/11/2018 RICK COLELLA

VA: 35.94 V 3/17/2018 Craig Bauer

| | | | | |
|---|---------------|----|---------|-------|
| 1 | Swiger, Ralph | 66 | VMST-VA | 50.32 |
| 2 | Stone, Bryan | 66 | VMST-VA | 51.63 |

Men 65-69 100 Yard Breaststroke

NATL: 1:02.75 N 4/28/2017 RICK COLELLA

VA: 1:18.36 V 4/18/2009 Warner Brundage

| | | | | |
|---|---------------|----|---------|---------------|
| 1 | Stone, Bryan | 66 | VMST-VA | 1:54.00 |
| | | | | 53.64 1:54.00 |
| 2 | Swiger, Ralph | 66 | VMST-VA | 2:05.81 |
| | | | | 59.20 2:05.81 |

Men 65-69 50 Yard Butterfly

NATL: 24.94 N 5/22/2010 RICHARD ABRAHAMS

VA: 29.12 V 5/19/2005 Art Wolfe

| | | | | |
|---|---------------|----|---------|-------|
| 1 | Swiger, Ralph | 66 | VMST-VA | 51.47 |
| 2 | Stone, Bryan | 66 | VMST-VA | 54.91 |

Men 65-69 100 Yard IM

NATL: 57.37 N 4/26/2019 RICK COLELLA

VA: 1:08.17 V 5/19/2005 Art Wolfe

| | | | | |
|---|---------------|----|---------|---------------|
| 1 | Stone, Bryan | 66 | VMST-VA | 1:46.07 |
| | | | | 50.60 1:46.07 |
| 2 | Swiger, Ralph | 66 | VMST-VA | 1:56.54 |
| | | | | 24.26 1:56.54 |

Men 65-69 200 Yard IM

NATL: 2:03.63 N 4/28/2017 RICK COLELLA

VA: 2:34.93 V 5/11/2006 Art Wolfe

| | | | | |
|---|--------------|----|---------|---------------------------------|
| 1 | Stone, Bryan | 66 | VMST-VA | 3:59.12 |
| | | | | 1:00.88 1:58.68 3:05.71 3:59.12 |

Men 70-74 50 Yard Backstroke

NATL: 28.79 N 11/6/2022 RICK COLELLA

VA: 33.86 V 4/28/2016 Hank Holswade

| | | | | |
|---|-----------------|----|---------|-------|
| 1 | Wardle, William | 71 | CM-Y-VA | 34.46 |
|---|-----------------|----|---------|-------|

Men 70-74 100 Yard Backstroke

NATL: 1:01.79 N 11/6/2022 RICK COLELLA

VA: 1:15.38 V 4/30/2016 Hank Holswade

| | | | | |
|---|-----------------|----|---------|---------------|
| 1 | Wardle, William | 71 | CM-Y-VA | 1:13.16V |
| | | | | 36.07 1:13.16 |

Men 70-74 200 Yard Backstroke

NATL: 2:12.65 N 4/15/2023 RICK COLELLA

VA: 3:00.68 V 2/8/2014 Warner Brundage

| | | | | |
|---|-----------------|----|---------|-------------------------------|
| 1 | Wardle, William | 71 | CM-Y-VA | 2:35.71V |
| | | | | 35.92 1:15.50 1:55.88 2:35.71 |

Men 85-89 50 Yard Freestyle

NATL: 31.04 N 5/15/2022 JEFF FARRELL

VA: 37.78 V 7/21/2021 Lee Bergen

| | | | | |
|---|---------------|----|---------|---------|
| 1 | Bettis, Lee W | 85 | SRVA-VA | 37.40V |
| 2 | Beattie, Cal | 88 | UC12-VA | 1:04.08 |

Men 85-89 100 Yard Freestyle

NATL: 1:10.92 N 4/18/2010 FRANK PIEMME

VA: 1:26.81 V 7/21/2021 Lee Bergen

| | | | | |
|---|--------------|----|---------|-----------------|
| 1 | Beattie, Cal | 88 | UC12-VA | 2:15.25 |
| | | | | 1:04.90 2:15.25 |

Men 85-89 200 Yard Freestyle

NATL: 2:42.78 N 5/19/2019 DAVID RADCLIFF

VA: 3:32.32 V 7/21/2021 Lee Bergen

| | | | | |
|---|--------------|----|---------|---------------------------------|
| 1 | Beattie, Cal | 88 | UC12-VA | 4:59.52 |
| | | | | 1:05.22 2:20.60 3:40.07 4:59.52 |

Men 85-89 50 Yard Backstroke

NATL: 36.72 N 4/21/2018 CLARKE MITCHELL

VA: 51.68 V 6/1/2004 Harry Howell

| | | | | |
|---|---------------|----|---------|--------|
| 1 | Bettis, Lee W | 85 | SRVA-VA | 45.54V |
|---|---------------|----|---------|--------|

Men 18+ 200 Yard Freestyle Relay

NATL: 1:18.32 N 5/22/2010 NORTH CAROLINA

N BRUNELLI, C JONES, N WESTBY, J SKUBA

VA: 1:23.23 V 2/11/2023 TIDE

J Kreider, D Herbert, L Burton, T Hallock

| | | | |
|---|-----------------------------|-----------------------|---------|
| 1 | FAFF-VA | A | 1:48.04 |
| | 1) De Maria, David M24 | 2) Malony, Shawn M33 | |
| | 3) Ingebretsen, Carl M62 | 4) Fasana, Joseph M21 | |
| | 25.31 52.55 1:22.07 1:48.04 | | |

Mixed 18+ 100 Yard Freestyle Relay

| | | | |
|-----|-------------------------|-----------------------|-------|
| 1 | FAFF-VA | A | 52.09 |
| | 1) De Maria, David M24 | 2) Fasana, Joseph M21 | |
| | 3) Farmer, Samantha W23 | 4) Dickens, Susan W61 | |
| | 27.59 52.09 | | |
| --- | CM-Y-VA | A | DQ |
| | 1) Clancy, Patrick M21 | 2) Mills, Edward M54 | |
| | 3) May, Julia W59 | 4) Dalton, Wendy W52 | |
| | 29.14 DQ | | |

Mixed 18+ 200 Yard Medley Relay

NATL: 1:35.89 N 4/30/2016 THE OLYMPIC CLU

A SAETA, C BABCOCK, A SENKO, M STIPE

VA: 1:39.22 V 4/27/2023 1693

S Kettlewell-Sites, J Portmann, C Bristow, B Zhang

| | | | |
|---|-------------------------------|-----------------------|---------|
| 1 | NVA-VA | A | 1:58.66 |
| | 1) Garcia, Luke M23 | 2) Stanley, Erica W39 | |
| | 3) Blaha, Amanda W22 | 4) Sisk, Willie M29 | |
| | 27.50 1:02.55 1:32.46 1:58.66 | | |

NOVA Masters SC/LC Cup: Day #1 (Short Course) - 5/6/2023**Results - Saturday PM - SCY****(Mixed 18+ 200 Yard Medley Relay)**

| | | | | |
|---|------------------------|-------------------------|---------|---------|
| 2 | FAFF-VA | A | | 2:04.74 |
| | 1) De Maria, David M24 | 2) Farmer, Samantha W23 | | |
| | 3) Fasana, Joseph M21 | 4) Dickens, Susan W61 | | |
| | 28.38 | 1:03.77 | 1:30.83 | 2:04.74 |

Mixed 45+ 200 Yard Freestyle Relay

NATL: 1:34.48 N 5/4/2008 ARIZONA MASTERS

J SMITH, M BAILEY, S ROLLINS, P SMITH

VA: 1:37.43 V 4/29/2022 1693

B Holsten, R Williams, F Willeboordse, S Williams

| | | | | |
|---|---------------------------|----------------------|---------|---------|
| 1 | CM-Y-VA | A | | 2:12.06 |
| | 1) Aversa, John Rocco M47 | 2) Mills, Edward M54 | | |
| | 3) May, Julia W59 | 4) Dalton, Wendy W52 | | |
| | 26.16 | 1:03.71 | 1:41.46 | 2:12.06 |