

NOVA Masters SC/LC Cup: Day #2 (Long Course) - 5/7/2023

Results - Sunday AM - LCM

Women 18-24 50 LC Meter Backstroke

NATL: 30.77 N 7/9/2022 ADELYN DIAZ

VA: 31.73 V 8/6/2022 Anna Kenna

1 Rankin, Claire 20 NVA-VA 33.05

Women 18-24 100 LC Meter Backstroke

NATL: 1:04.67 N 7/20/2012 JENNY VON JOUANNE

VA: 1:11.05 V 8/4/2022 Anna Sheng

1 Rankin, Claire 20 NVA-VA 1:09.14V
34.10 1:09.14**Women 18-24 50 LC Meter Butterfly**

NATL: 27.83 N 8/4/2022 ALICIA CARDIE

VA: 29.56 V 6/25/2012 Elizabeth Shaw

1 Rankin, Claire 20 NVA-VA 31.57

Women 25-29 50 LC Meter Freestyle

WORLD: 25.42 W 2/15/2004 Annabel KOSTEN

NATL: 24.83 N 8/10/2014 MADISON KENNEDY

VA: 28.50 V 8/14/1997 Nancy Duncan

1 Marshall, Alexandra 28 NVA-VA 28.94

Women 25-29 50 LC Meter Butterfly

WORLD: 26.32 W 6/16/2019 Masako KUROKI

NATL: 26.78 N 8/4/2022 AI SOMA

VA: 30.64 V 6/17/2017 Hayley Edwards

1 Marshall, Alexandra 28 NVA-VA 31.13

Women 30-34 50 LC Meter Freestyle

WORLD: 25.74 W 6/6/2008 Martina MORAVCOVA

NATL: 25.57 N 8/8/2009 ERIKA ERNDL

VA: 27.61 V 8/6/2022 Gabrielle Mizerak

1 Horil, Erin 30 NVA-VA 34.44

Women 30-34 400 LC Meter Freestyle

WORLD: 4:18.63 W 7/16/2011 Dawn HECKMAN

NATL: 4:17.52 N 8/3/2010 DAWN HECKMAN

VA: 4:54.64 V 8/17/2000 Deborah Reed

1 Horil, Erin 30 NVA-VA 5:35.12

38.91 1:21.25 2:04.69 2:47.36

3:30.39 4:12.51 4:54.82 5:35.12

2 Godwin, Sallie 33 NVA-VA 5:47.19

38.84 1:22.73 2:06.82 2:51.82

3:36.38 4:21.47 5:04.80 5:47.19

Women 30-34 200 LC Meter Breaststroke

WORLD: 2:28.93 W 10/17/2009 Hitomi MATSUDA

NATL: 2:38.90 N 7/23/2017 MARISSA CLAPP

VA: 2:50.29 V 7/28/2018 Denise Letendre

1 Godwin, Sallie 33 NVA-VA 3:23.04

44.22 1:35.75 2:28.85 3:23.04

Women 35-39 50 LC Meter Freestyle

WORLD: 25.98 W 8/8/2006 Dara TORRES

NATL: 25.52 N 6/29/2013 ERIKA ERNDL

VA: 27.65 V 10/1/2000 Beth Baker

1 Vaughan, Mason 39 RVCN-VA 32.51

Women 35-39 100 LC Meter Freestyle

WORLD: 57.38 W 12/1/2022 Veronica BALSANO

NATL: 55.17 N 6/25/2013 ERIKA ERNDL

VA: 1:01.75 V 10/1/2000 Beth Baker

1 Vaughan, Mason 39 RVCN-VA 1:10.06

33.02 1:10.06

Women 35-39 50 LC Meter Breaststroke

WORLD: 31.35 W 8/7/2022 Danielle HERRMANN

NATL: 31.06 N 4/28/2022 DANIELLE HERRMANN

VA: 36.60 V 8/20/1998 Patricia Powis

1 Vaughan, Mason 39 RVCN-VA 43.34

Women 35-39 50 LC Meter Butterfly

WORLD: 27.46 W 8/5/2014 Noriko INADA

NATL: 27.46 N 8/5/2014 NORIKO INADA

VA: 29.71 V 8/19/1999 Beth Baker

1 Vaughan, Mason 39 RVCN-VA 37.26

Women 40-44 50 LC Meter Freestyle

WORLD: 26.44 W 11/7/2009 Edith OTTERMANN

NATL: 24.25 N 7/6/2008 DARA TORRES

VA: 27.46 V 1/2000 Beth Baker

1 Quattropani, LeeAnne 44 NCMS-NC 32.45

Women 40-44 200 LC Meter Freestyle

WORLD: 2:09.28 W 8/15/2005 K.PIPES-NEILSEN

NATL: 2:09.00 N 5/25/2003 K PIPES-NEILSEN

VA: 2:15.83 V 8/15/2002 Kelly Parker

1 King, Sarah 40 CONN-CT 4:57.38

1:10.70 2:25.44 3:39.94 4:57.38

Women 40-44 50 LC Meter Backstroke

WORLD: 29.62 W 8/2/2018 Noriko INADA

NATL: 29.62 N 8/2/2018 NORIKO INADA

VA: 33.36 V 8/15/2002 Beth Baker

1 Quattropani, LeeAnne 44 NCMS-NC 35.36

Women 40-44 100 LC Meter Backstroke

WORLD: 1:04.70 W 7/31/2018 Noriko INADA

NATL: 1:04.70 N 7/31/2018 NORIKO INADA

VA: 1:09.88 V 10/1/2001 Beth Baker

1 Quattropani, LeeAnne 44 NCMS-NC 1:22.70

40.55 1:22.70

2 King, Sarah 40 CONN-CT 3:10.16

1:34.85 3:10.16

Women 40-44 200 LC Meter Backstroke

WORLD: 2:23.18 W 8/6/2009 Jody SMITH

NATL: 2:23.18 N 8/6/2009 JODY SMITH

VA: 2:31.66 V 10/1/2001 Beth Baker

1 King, Sarah 40 CONN-CT 6:04.33

1:27.73 3:01.52 4:31.10 6:04.33

Women 40-44 100 LC Meter Breaststroke

WORLD: 1:12.29 W 3/12/2022 Nicole HEIDEMANN

NATL: 1:12.12 N 6/30/2008 S VON DER LIPPE

VA: 1:21.07 V 6/17/2017 Kristen Harris

1 King, Sarah 40 CONN-CT 3:59.52

1:59.89 3:59.52

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Women 40-44 50 LC Meter Butterfly

WORLD: 28.36 W 6/8/2013 Erika BRAUN

NATL: 28.36 N 6/8/2013 ERIKA BRAUN

VA: 29.59 V 8/16/2001 Beth Baker

1 Quattropani, LeeAnne 44 NCMS-NC 35.05

Women 40-44 200 LC Meter Butterfly

WORLD: 2:24.78 W 7/23/2006 S.VON DER LIPPE

NATL: 2:24.77 N 8/17/2003 K PIPES-NEILSEN

VA: 2:29.81 V 8/16/2001 Beth Baker

1 King, Sarah 40 CONN-CT 7:22.52

1:34.60 3:31.87 5:29.52 7:22.52

Women 40-44 200 LC Meter IM

WORLD: 2:25.03 W 8/5/2007 S.VON DER LIPPE

NATL: 2:25.03 N 8/5/2007 S VON DER LIPPE

VA: 2:42.90 V 7/21/2019 Katie Grier

1 King, Sarah 40 CONN-CT 6:17.30

1:31.58 3:07.86 5:03.69 6:17.30

Women 45-49 50 LC Meter Freestyle

WORLD: 26.59 W 3/16/2011 Edith OTTERMANN

NATL: 27.09 N 8/5/2017 THOMAS\BRAUN

VA: 28.72 V 6/30/2012 Annette Patterson

1 Verlinden, Irina 46 NVA-VA 40.93

Women 45-49 100 LC Meter Freestyle

WORLD: 57.40 W 8/8/2015 Melanie THOMAS

NATL: 57.40 N 8/8/2015 MELANIE THOMAS

VA: 1:06.98 V 8/1/1999 Susan Skiff

1 Verlinden, Irina 46 NVA-VA 1:36.91

43.48 1:36.91

Women 50-54 50 LC Meter Freestyle

WORLD: 27.09 W 6/28/2015 M.Therese FUZZATI

NATL: 27.38 N 8/6/2022 ERIKA BRAUN

VA: 28.76 V 8/6/2022 Margaret Conze

1 Boggess, Wendi 51 BAM1-VA 35.14

Women 50-54 100 LC Meter Freestyle

WORLD: 1:00.42 W 6/27/2015 M.Therese FUZZATI

NATL: 1:00.53 N 8/20/2022 ERIKA BRAUN

VA: 1:03.55 V 8/7/2022 Margaret Conze

1 Boggess, Wendi 51 BAM1-VA 1:25.09

39.06 1:25.09

Women 50-54 400 LC Meter Freestyle

WORLD: 4:40.66 W 8/11/2013 Jill HERNANDEZ

NATL: 4:40.66 N 8/11/2013 JILL HERNANDEZ

VA: 4:58.07 V 8/3/2011 Kelly Parker Palace

1 Amezcuita, Sandra 52 UC12-VA 5:36.07

39.10 1:20.88 2:04.04 2:47.12

3:29.85 4:12.35 4:55.23 5:36.07

Women 50-54 50 LC Meter Backstroke

WORLD: 31.59 W 7/6/2019 Cindy MABEE

NATL: 32.30 N 8/6/2022 ERIKA BRAUN

VA: 36.39 V 8/15/2014 Val Van Horn Pate

1 Boggess, Wendi 51 BAM1-VA 42.10

Women 50-54 50 LC Meter Breaststroke

WORLD: 34.18 W 6/13/2012 Monica CORO

NATL: 36.47 N 8/20/2022 ERIKA BRAUN

VA: 39.85 V 8/26/2006 Lisa Bennett

1 Boggess, Wendi 51 BAM1-VA 48.51

Women 50-54 200 LC Meter IM

WORLD: 2:31.02 W 8/7/2016 Ellen REYNOLDS

NATL: 2:31.02 N 8/7/2016 ELLEN REYNOLDS

VA: 2:54.44 V 7/9/2011 Kelly Parker Palace

1 Amezcuita, Sandra 52 UC12-VA 3:04.49

40.01 1:29.80 2:22.43 3:04.49

Women 55-59 50 LC Meter Freestyle

WORLD: 28.25 W 2/20/2022 Edith OTTERMAN

NATL: 28.46 N 8/8/2019 HOLLY GREEN BLAIR

VA: 28.98 V 8/7/2022 Fall Willeboordse

1 O'Connell, Megan 55 AAA-MD 39.24

Women 55-59 100 LC Meter Freestyle

WORLD: 1:02.02 W 8/16/2008 Laura VAL

NATL: 1:02.02 N 8/13/2007 VAL\VAL

VA: 1:05.20 V 8/7/2022 Fall Willeboordse

1 O'Connell, Megan 55 AAA-MD 1:32.20

44.15 1:32.20

Women 55-59 400 LC Meter Freestyle

WORLD: 4:43.41 W 7/10/2016 Lynn MARSHALL

NATL: 4:46.49 N 8/10/2019 ELLEN REYNOLDS

VA: 4:59.94 V 8/18/2016 Kelly Parker Palace

1 O'Connell, Megan 55 AAA-MD 6:50.92

46.08 1:39.28 2:32.26 3:25.23

4:18.35 5:11.66 6:03.48 6:50.92

Women 55-59 100 LC Meter Backstroke

WORLD: 1:09.69 W 8/11/2019 Holly GREEN BLAIR

NATL: 1:09.69 N 8/11/2019 HOLLY GREEN BLAIR

VA: 1:15.56 V 8/4/2022 Fall Willeboordse

1 Buscaglia, Caycee 58 QUEST-VA 1:32.96

44.43 1:32.96

Women 55-59 200 LC Meter Backstroke

WORLD: 2:31.79 W 5/19/2019 Ellen REYNOLDS

NATL: 2:31.79 N 5/19/2019 ELLEN REYNOLDS

VA: 2:52.33 V 7/7/2016 Kelly Parker Palace

1 Vazquez, Maria 58 NCMS-NC 2:49.31

39.96 1:22.20 2:06.01 2:49.31

2 Gregory, Barbie J 55 RVCN-VA 3:06.13

1:30.19 3:06.13

3 Buscaglia, Caycee 58 QUEST-VA 3:20.91

45.98 1:36.93 2:29.27 3:20.91

Women 55-59 100 LC Meter Breaststroke

WORLD: 1:19.90 W 1/29/2017 Monica CORO

NATL: 1:21.21 N 7/15/2017 CAROLINE KRATTLI

VA: 1:26.21 V 8/5/2022 Fall Willeboordse

1 O'Connell, Megan 55 AAA-MD 1:53.55

55.30 1:53.55

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Women 55-59 50 LC Meter Butterfly

WORLD: 30.52 W 7/10/2016 Leslie LIVINGSTON
NATL: 30.52 N 7/10/2016 LESLIE LIVINGSTON
VA: 31.57 V 8/4/2022 Susan Williams

1 O'Connell, Megan 55 AAA-MD 48.41

Women 55-59 100 LC Meter Butterfly

WORLD: 1:08.81 W 7/24/2022 Andrea MULLER
NATL: 1:09.47 N 8/9/2009 LAURA VAL
VA: 1:18.16 V 6/10/2012 Susan Skiff

1 Gregory, Barbie J 55 RVCM-VA 1:30.70
 40.89 1:30.70

Women 55-59 200 LC Meter IM

WORLD: 2:31.51 W 7/6/2019 Ellen REYNOLDS
NATL: 2:31.51 N 7/6/2019 ELLEN REYNOLDS
VA: 2:49.48 V 8/5/2016 Kelly Parker Palace

1 Gregory, Barbie J 55 RVCM-VA 3:12.29
 40.93 1:28.89 2:27.91 3:12.29

Women 55-59 400 LC Meter IM

WORLD: 5:22.41 W 7/6/2019 Ellen REYNOLDS
NATL: 5:21.35 N 5/17/2019 ELLEN REYNOLDS
VA: 6:01.36 V 7/7/2016 Kelly Parker Palace

1 Vazquez, Maria 58 NCMS-NC 6:13.49
 40.27 1:26.96 2:14.20 3:00.02
 3:54.06 4:49.49 5:32.11 6:13.49

Women 60-64 50 LC Meter Freestyle

WORLD: 28.90 W 3/17/2018 Jenny WHITELEY
NATL: 29.21 N 8/4/2018 PENNY NOYES
VA: 31.81 V 8/6/2022 Marie Restrepo

1 Dickens, Susan 62 FAFF-VA 38.33

Women 60-64 100 LC Meter Freestyle

WORLD: 1:03.83 W 8/5/2011 Laura VAL
NATL: 1:03.83 N 8/5/2011 LAURA VAL
VA: 1:09.46 V 10/7/2021 Kelly Parker Palace

1 Parker Palace, Kelly 62 MELB-FL 1:10.26
 34.02 1:10.26

Women 60-64 200 LC Meter Freestyle

WORLD: 2:21.03 W 3/20/2019 Jenny WHITELEY
NATL: 2:21.48 N 6/12/2012 LAURA VAL
VA: 2:30.17 V 8/21/2021 Kelly Parker Palace

1 Parker Palace, Kelly 62 MELB-FL 2:31.17
 35.83 1:14.74 1:53.81 2:31.17
 2 Dickens, Susan 62 FAFF-VA 3:09.71
 39.60 1:27.57 2:19.61 3:09.71

Women 60-64 400 LC Meter Freestyle

WORLD: 4:53.58 W 6/11/2022 Lynn MARSHALL
NATL: 4:59.82 N 8/12/2012 LAURA VAL
VA: 5:18.49 V 8/14/2021 Kelly Parker Palace

1 Parker Palace, Kelly 62 MELB-FL 5:23.65
 35.95 1:15.74 1:56.67 2:38.55
 3:20.07 4:02.23 4:43.57 5:23.65
 2 Dickens, Susan 62 FAFF-VA 6:34.64
 41.56 1:29.86 2:21.14 3:12.32
 4:03.73 4:54.48 5:46.13 6:34.64

Women 60-64 50 LC Meter Backstroke

WORLD: 33.82 W 5/12/2022 Karlyn PIPES
NATL: 33.82 N 5/12/2022 KARLYN PIPES
VA: 36.16 V 8/7/2022 Val Van Horn Pate

1 Van Horn Pate, Val 61 NVA-VA 37.76

Women 60-64 100 LC Meter Backstroke

WORLD: 1:14.28 W 8/13/2022 Karlyn PIPES
NATL: 1:14.28 N 8/13/2022 KARLYN PIPES
VA: 1:20.84 V 8/4/2022 Val Van Horn Pate

1 Van Horn Pate, Val 61 NVA-VA 1:22.76
 38.73 1:22.76

Women 60-64 50 LC Meter Butterfly

WORLD: 31.11 W 8/11/2019 Traci GRANGER
NATL: 31.11 N 8/11/2019 TRACI GRANGER
VA: 32.65 V 8/4/2022 Val Van Horn Pate

1 Van Horn Pate, Val 61 NVA-VA 34.14

Women 60-64 100 LC Meter Butterfly

WORLD: 1:12.06 W 8/4/2011 Laura VAL
NATL: 1:12.06 N 8/4/2011 LAURA VAL
VA: 1:14.80 V 8/7/2022 Val Van Horn Pate

1 Van Horn Pate, Val 61 NVA-VA 1:18.41
 37.17 1:18.41

Women 65-69 100 LC Meter Freestyle

WORLD: 1:04.89 W 7/30/2018 Laura VAL
NATL: 1:04.89 N 7/30/2018 LAURA VAL
VA: 1:17.63 V 8/18/2007 Beth Schreiner

1 Baskin, Elizabeth W 67 1693-VA 1:30.14
 43.45 1:30.14

Women 65-69 400 LC Meter Freestyle

WORLD: 5:12.80 W 8/10/2019 Laura VAL
NATL: 5:12.80 N 8/10/2019 LAURA VAL
VA: 5:48.12 V 12/15/2018 Shirley Loftus-Charley

1 Baskin, Elizabeth W 67 1693-VA 6:59.16
 46.05 1:37.19 2:30.72 3:25.38
 4:20.49 5:13.96 6:08.53 6:59.16

Women 75-79 50 LC Meter Freestyle

WORLD: 34.11 W 10/8/2021 Diann UUSTAL
NATL: 34.11 N 10/8/2021 DIANN UUSTAL
VA: 38.06 V 6/22/2013 Johnnie Detrick

1 Lyttle, Ann 75 CM-Y-VA 40.07

Women 75-79 200 LC Meter Freestyle

WORLD: 2:54.26 W 9/27/2013 Yoshiko OSAKI
NATL: 2:56.07 N 8/6/2022 DIANN UUSTAL
VA: 3:22.70 V 7/8/2016 Beth Schreiner

1 Lyttle, Ann 75 CM-Y-VA 3:21.90V
 45.74 1:38.22 2:32.15 3:21.90

Women 75-79 400 LC Meter Freestyle

WORLD: 6:12.25 W 7/12/2013 Yoshiko OSAKI
NATL: 6:27.04 N 8/21/2021 DIANN UUSTAL
VA: 7:16.13 V 6/26/2016 Beth Schreiner

1 Lyttle, Ann 75 CM-Y-VA 7:12.54V
 48.63 1:43.96 2:39.87 3:35.75
 4:31.84 5:26.92 6:21.63 7:12.54

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Men 25-29 50 LC Meter Freestyle

WORLD: 22.30 W 2/18/2017 A.LIUKKONEN
NATL: 21.69 N 8/10/2014 NATHAN ADRIAN
VA: 23.58 V 8/7/2022 Lucas Bureau

1	Mastracci, Kevin	27	NVA-VA	24.72
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Men 25-29 400 LC Meter Freestyle

WORLD: 4:00.96 W 6/5/2022 Alexander FEDOROV
NATL: 3:55.01 N 6/28/2013 ALEX WOLD
VA: 4:14.84 V 8/15/2002 Frank Byskov

1	Eichler, Gunnar W	26	NVA-VA	4:46.00
	31.59	1:06.06	1:41.73	2:18.02
	2:54.56	3:31.86	4:09.24	4:46.00
2	McQuiggan, Jacob	29	CM-Y-VA	5:56.17
	36.50	1:16.91	2:00.24	2:45.58
	3:32.25	4:19.67	5:08.52	5:56.17

Men 25-29 100 LC Meter Backstroke

WORLD: 55.09 W 11/21/2021 Ryota MAEJIMA
NATL: 55.15 N 8/3/2011 ADAM MANIA
VA: 1:00.28 V 8/4/2022 Ricky Perez

1	McQuiggan, Jacob	29	CM-Y-VA	1:14.00
	36.17	1:14.00		

Men 25-29 200 LC Meter Backstroke

WORLD: 2:02.76 W 4/26/2019 Dmitril GORBUNOV
NATL: 2:03.61 N 6/24/2017 HAYES JOHNSON
VA: 2:13.12 V 8/5/2022 Ricky Perez

1	De Maria, David	25	FAFF-VA	2:42.30
	39.91	1:21.33	2:42.30	

Men 25-29 50 LC Meter Breaststroke

WORLD: 27.21 W 4/18/2021 Kirill STRELNIKOV
NATL: 27.83 N 8/13/2022 PAVEL ROMANOV
VA: 29.05 V 8/7/2022 Andrew Brower

1	Eichler, Gunnar W	26	NVA-VA	34.15
2	De Maria, David	25	FAFF-VA	39.40

Men 25-29 200 LC Meter Breaststroke

WORLD: 2:11.78 W 8/10/2013 C.BURCKLE
NATL: 2:10.09 N 6/26/2013 BJ JOHNSON
VA: 2:24.02 V 8/6/2022 Andrew Brower

1	Eichler, Gunnar W	26	NVA-VA	2:43.12
	37.45	1:19.08	2:01.71	2:43.12
2	McQuiggan, Jacob	29	CM-Y-VA	3:00.04
	39.80	1:24.45	2:11.09	3:00.04

Men 25-29 50 LC Meter Butterfly

WORLD: 23.71 W 8/16/2008 Kohei KAWAMOTO
NATL: 23.71 N 8/16/2008 KOHEI KAWAMOTO
VA: 25.25 V 8/4/2022 Lucas Bureau

1	McQuiggan, Jacob	29	CM-Y-VA	32.02
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Men 25-29 400 LC Meter IM

WORLD: 4:30.05 W 9/12/2009 D.YABE
NATL: 4:20.83 N 6/27/2013 ALEX WOLD
VA: 4:54.91 V 8/7/2022 James Crabb

1	De Maria, David	25	FAFF-VA	6:15.21
	36.86	1:26.79	2:16.06	3:02.94
	3:56.87	4:50.76	5:34.42	6:15.21

Men 30-34 50 LC Meter Freestyle

WORLD: 22.13 W 7/13/2013 Roland SCHOEMAN
NATL: 21.55 N 8/10/2014 ANTHONY ERVIN
VA: 24.92 V 8/6/2022 Sidney Glass

1	Jennings, Richard	31	NVA-VA	31.28
2	Elnaggar, Mahmoud	34	CM-Y-VA	31.42
3	De Leo, Jonathan	31	FAFF-VA	32.32

Men 30-34 100 LC Meter Freestyle

WORLD: 49.80 W 7/23/2016 Darian TOWNSEND
NATL: 48.71 N 8/6/2014 ANTHONY ERVIN
VA: 54.27 V 8/4/2006 Troy Johnson

1	Jennings, Richard	31	NVA-VA	1:11.73
	35.44	1:11.73		
2	De Leo, Jonathan	31	FAFF-VA	1:11.77
	34.20	1:11.77		
3	Elnaggar, Mahmoud	34	CM-Y-VA	1:14.63
	36.92	1:14.63		

Men 30-34 200 LC Meter Freestyle

WORLD: 1:49.56 W 8/6/2016 Darian TOWNSEND
NATL: 1:49.34 N 8/7/2014 DARIAN TOWNSEND
VA: 1:59.52 V 8/3/2011 Billy Gaines

1	De Leo, Jonathan	31	FAFF-VA	2:39.47
	35.48	1:15.60	1:58.10	2:39.47

Men 30-34 200 LC Meter Backstroke

WORLD: 2:02.75 W 11/24/2000 Rogerio ROMERO
NATL: 2:05.62 N 7/9/1994 SEAN MURPHY
VA: 2:25.75 V 1/1/1997 Andrew Pulsifer

1	Sisk, Willie	30	NVA-VA	3:06.42
	43.06	1:30.23	2:17.16	3:06.42

Men 30-34 50 LC Meter Breaststroke

WORLD: 27.74 W 3/12/2022 Kohhei TOMINAGA
NATL: 27.26 N 6/15/2019 BRANDON FISCHER
VA: 31.19 V 6/17/2017 Warren Cieslak

1	De Jesus, Jose	30	TERR-PV	31.76
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Men 30-34 200 LC Meter Breaststroke

WORLD: 2:18.04 W 7/7/2012 Gary MARSHALL
NATL: 2:11.91 N 6/14/2019 BRANDON FISCHER
VA: 2:43.94 V 8/25/1988 Ken Neubauer

1	Sisk, Willie	30	NVA-VA	3:50.12
	52.04	1:49.67	2:52.33	3:50.12

Men 30-34 50 LC Meter Butterfly

WORLD: 23.26 W 7/13/2013 Roland SCHOEMAN
NATL: 23.26 N 7/13/2013 ROLAND SCHOEMAN
VA: 25.92 V 6/17/2017 Warren Cieslak

1	De Jesus, Jose	30	TERR-PV	28.25
2	Deal, Brian	34	CGMS-VA	33.73
3	Jennings, Richard	31	NVA-VA	42.84

Men 30-34 100 LC Meter Butterfly

WORLD: 53.10 W 4/8/2022 Henrique MARTINS
NATL: 53.36 N 8/8/2014 DARIAN TOWNSEND
VA: 55.67 V 8/9/2010 Matt Haupt

1	Deal, Brian	34	CGMS-VA	1:20.68
	34.85	1:20.68		

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Men 30-34 200 LC Meter Butterfly**WORLD: 2:03.43 W 8/17/2019 Takatsugu OGA****NATL: 2:03.76 N 8/12/2010 MATT HAUPT****VA: 2:03.76 V 8/9/2010 Matt Haupt**

1 Deal, Brian	34 CGMS-VA	3:16.94
43.63	1:33.39	2:25.15 3:16.94

Men 35-39 50 LC Meter Freestyle**WORLD: 22.76 W 8/20/2005 Mark FOSTER****NATL: 22.98 N 6/19/2021 MATT GREVERS****VA: 25.67 V 8/6/2022 Evan Elsaesser**

1 Schapiro, Adam	37 RRY-VA	30.50
2 Williamson, Austin	37 RVCN-VA	31.05

Men 35-39 200 LC Meter Freestyle**WORLD: 1:52.84 W 8/6/2006 Vladimir PYSHNENKO****NATL: 1:49.23 N 6/14/2021 RYAN LOCHTE****VA: 2:05.62 V 8/4/2006 Eric Cornell**

1 Morris, John	39 RRY-VA	2:36.76
35.96	1:16.31	1:57.33 2:36.76
2 Williamson, Austin	37 RVCN-VA	2:51.04
39.32	1:22.30	2:05.70 2:51.04

Men 35-39 400 LC Meter Freestyle**WORLD: 4:05.91 W 3/10/2012 Petar STOYCHEV****NATL: 4:07.64 N 7/16/1995 ROWDY GAINES****VA: 4:32.96 V 8/4/2006 Dave Holland**

1 Morris, John	39 RRY-VA	5:28.97
36.39	1:16.82	1:59.15 2:42.46
3:25.60	4:07.94	4:49.83 5:28.97

Men 35-39 50 LC Meter Breaststroke**WORLD: 28.35 W 7/31/2022 Ryo KOBAYASHI****NATL: 28.53 N 5/25/2009 JEFF COMMINGS****VA: 32.47 V 8/28/1994 Michael Slowey**

1 Williamson, Austin	37 RVCN-VA	37.98
--- Schapiro, Adam	37 RRY-VA	DQ

Men 35-39 100 LC Meter Breaststroke**WORLD: 1:02.40 W 2/11/2020 Ryo KOBAYASHI****NATL: 1:03.76 N 7/14/2013 JEFF COMMINGS****VA: 1:12.30 V 8/28/1994 Michael Slowey**

1 Schapiro, Adam	37 RRY-VA	1:29.31
41.96	1:29.31	

Men 35-39 200 LC Meter Breaststroke**WORLD: 2:20.29 W 6/5/2004 Nick GILLINGHAM****NATL: 2:20.34 N 8/6/2011 STEVE WEST****VA: 2:43.09 V 8/28/1994 Michael Slowey**

1 Dellanoce, Michael	39 NCMS-NC	2:43.63
36.66	1:17.52	2:00.50 2:43.63
2 Williamson, Austin	37 RVCN-VA	3:29.16
47.51	1:40.66	2:34.57 3:29.16

Men 35-39 50 LC Meter Butterfly**WORLD: 24.03 W 12/2/2022 Benjamin HOCKIN****NATL: 24.14 N 8/15/2015 KOHEI KAWAMOTO****VA: 26.45 V 8/4/2022 Evan Elsaesser**

1 Schapiro, Adam	37 RRY-VA	32.21
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Men 35-39 200 LC Meter IM**WORLD: 2:05.65 W 7/7/2019 Darian TOWNSEND****NATL: 1:58.48 N 6/17/2021 RYAN LOCHTE****VA: 2:19.26 V 4/1/2016 Adam Barley**

1 Dellanoce, Michael	39 NCMS-NC	2:19.45
29.41	1:05.78	1:47.09 2:19.45

Men 35-39 400 LC Meter IM**WORLD: 4:36.66 W 8/14/2019 I.DRYMONAKOS****NATL: 4:34.10 N 7/29/2001 RON KARNAUGH****VA: 4:59.16 V 4/1/2016 Adam Barley**

1 Dellanoce, Michael	39 NCMS-NC	5:01.61
31.07	1:07.32	1:48.33 2:28.01
3:11.57	3:55.03	4:29.10 5:01.61

Men 40-44 50 LC Meter Freestyle**WORLD: 23.20 W 9/2/2022 Andrejs DUDA****NATL: 22.61 N 6/19/2021 ANTHONY ERVIN****VA: 25.14 V 10/1/2000 John Tudor**

1 Schwartz, Dane	43 NVA-VA	29.27
2 Fenwick, Darren	44 DCAC-PV	34.44

Men 40-44 100 LC Meter Freestyle**WORLD: 51.21 W 7/14/2018 Hideaki HARA****NATL: 51.72 N 8/1/2010 VLAD PYSHNENKO****VA: 54.95 V 10/1/2000 John Tudor**

1 Schwartz, Dane	43 NVA-VA	1:05.62
32.40	1:05.62	
2 Hardy, Ryan	40 SRVA-VA	1:06.59
3 Fenwick, Darren	44 DCAC-PV	1:20.98
38.57	1:20.98	

Men 40-44 200 LC Meter Freestyle**WORLD: 1:53.65 W 8/2/2010 Vladimir PYSHNENKO****NATL: 1:53.65 N 8/2/2010 VLAD PYSHNENKO****VA: 2:01.40 V 7/18/2008 Chris Stevenson**

1 Hardy, Ryan	40 SRVA-VA	2:34.64
35.69	1:14.87	1:54.60 2:34.64

Men 40-44 50 LC Meter Backstroke**WORLD: 27.13 W 8/18/2019 Nicholas NECKLES****NATL: 27.47 N 8/23/2008 MICHAEL ROSS****VA: 27.95 V 8/15/2008 Chris Stevenson**

1 Schwartz, Dane	43 NVA-VA	35.78
2 Fenwick, Darren	44 DCAC-PV	46.07

Men 40-44 50 LC Meter Breaststroke**WORLD: 28.84 W 9/16/2009 Alberto MONTINI****NATL: 29.02 N 7/27/2014 JEFF COMMINGS****VA: 32.27 V 8/16/2001 David Malsbury**

1 Hardy, Ryan	40 SRVA-VA	38.32
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Men 40-44 100 LC Meter Breaststroke**WORLD: 1:03.60 W 5/20/2012 Vladislav BRAGIN****NATL: 1:03.76 N 7/6/2012 STEVE WEST****VA: 1:12.78 V 8/17/2000 Michael Slowey**

1 Hardy, Ryan	40 SRVA-VA	1:28.23
42.30	1:28.23	

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Men 45-49 50 LC Meter Freestyle

WORLD: 23.55 W 8/15/2019 Hideaki HARA
NATL: 24.12 N 6/23/2018 BRIAN JACOBSON
VA: 25.83 V 8/17/2000 David Hefner
 1 Szobota, Jason 46 NVA-VA 29.05

Men 45-49 100 LC Meter Freestyle

WORLD: 52.24 W 8/13/2019 Hideaki HARA
NATL: 53.77 N 8/7/2016 NICOLAS GRANGER
VA: 56.50 V 8/10/2002 John Tudor
 1 Szobota, Jason 46 NVA-VA 1:05.89
 32.03 1:05.89

Men 45-49 200 LC Meter Backstroke

WORLD: 2:11.56 W 6/7/2013 Eduardo MAROCCO
NATL: 2:13.21 N 8/5/2022 CHUCK BARNES
VA: 2:15.83 V 8/3/2011 Chris Stevenson
 1 Dion, Thomas 45 RMST-PV 2:48.09
 41.66 1:24.69 2:06.33 2:48.09

Men 45-49 100 LC Meter Breaststroke

WORLD: 1:04.77 W 7/14/2019 Steve WEST
NATL: 1:04.77 N 7/14/2019 STEVE WEST
VA: 1:15.35 V 8/15/2008 David Malsbury
 1 Szobota, Jason 46 NVA-VA 1:24.24
 37.70 1:24.24

Men 45-49 200 LC Meter Butterfly

WORLD: 2:06.94 W 8/9/2006 Dennis BAKER
NATL: 2:04.07 N 7/19/2008 DENNIS BAKER
VA: 2:17.96 V 7/18/2013 Chris Stevenson
 1 Dion, Thomas 45 RMST-PV 2:52.25
 35.00 1:17.34 2:06.03 2:52.25

Men 50-54 200 LC Meter Freestyle

WORLD: 1:58.62 W 7/1/2017 Nicolas GRANGER
NATL: 2:00.34 N 8/13/2007 DAN STEPHENSON
VA: 2:08.11 V 6/22/2013 Len Gushe
 1 Palace, Mark 50 MELB-FL 2:30.57
 35.22 1:12.93 1:52.05 2:30.57

Men 50-54 400 LC Meter Freestyle

WORLD: 4:15.93 W 8/4/2017 Nicolas GRANGER
NATL: 4:15.93 N 8/4/2017 NICOLAS GRANGER
VA: 4:32.22 V 8/16/2014 Chris Stevenson
 1 Palace, Mark 50 MELB-FL 6:02.58
 41.04 1:26.63 2:13.95 3:01.47
 3:49.77 4:37.94 5:23.83 6:02.58

Men 50-54 200 LC Meter Backstroke

WORLD: 2:14.53 W 8/5/2017 Nicolas GRANGER
NATL: 2:14.53 N 8/5/2017 NICOLAS GRANGER
VA: 2:22.61 V 8/16/2014 Chris Stevenson
 1 Palace, Mark 50 MELB-FL 3:07.26
 47.87 1:38.47 2:23.75 3:07.26
 2 Solares, Santiago 50 TERR-PV 3:15.21
 46.46 1:36.22 2:26.55 3:15.21

Men 50-54 200 LC Meter Breaststroke

WORLD: 2:24.44 W 7/9/2022 Steve WEST
NATL: 2:24.44 N 7/9/2022 STEVE WEST
VA: 2:45.10 V 8/17/2014 Gregory Harris
 1 Palace, Mark 50 MELB-FL 3:21.41
 47.45 1:39.31 2:32.36 3:21.41

Men 50-54 200 LC Meter IM

WORLD: 2:11.15 W 8/6/2017 Nicolas GRANGER
NATL: 2:11.15 N 8/6/2017 NICOLAS GRANGER
VA: 2:23.93 V 6/2/2013 Len Gushe
 1 Solares, Santiago 50 TERR-PV 3:03.92
 37.57 1:29.82 2:22.20 3:03.92
 2 Palace, Mark 50 MELB-FL 3:13.05
 43.60 1:36.26 2:29.56 3:13.05

Men 50-54 400 LC Meter IM

WORLD: 4:45.61 W 8/3/2017 Nicolas GRANGER
NATL: 4:45.61 N 8/3/2017 NICOLAS GRANGER
VA: 5:25.06 V 8/26/2017 Gregory Harris
 1 Solares, Santiago 50 TERR-PV 6:38.42
 40.94 1:28.55 2:24.48 3:18.48
 4:13.73 5:10.09 5:56.40 6:38.42
 2 Palace, Mark 50 MELB-FL 6:49.14
 46.08 2:40.61 3:33.49
 4:25.63 5:18.33 6:04.29 6:49.14

Men 55-59 50 LC Meter Freestyle

WORLD: 24.45 W 7/19/2015 Brent BARNES
NATL: 25.01 N 6/7/2009 JACK GROSELLE
VA: 25.86 V 8/25/2018 Gregory Harris
 1 Williams, Neill 55 DCAC-PV 27.31
 2 Ross, Mark J 58 FAFC-VA 35.51
 3 Toy, Raymond 56 CMYM-MD 37.61

Men 55-59 400 LC Meter Freestyle

WORLD: 4:22.49 W 7/25/2009 Michael MANN
NATL: 4:22.49 N 7/25/2009 MICHAEL MANN
VA: 4:37.82 V 6/16/2018 Len Gushe
 1 Holland, Dave 56 VMST-VA 5:30.49
 37.44 1:19.16 2:01.66 2:44.66
 3:26.83 4:09.34 4:50.28 5:30.49

Men 55-59 50 LC Meter Backstroke

WORLD: 29.03 W 8/20/2016 Steve WOOD
NATL: 29.03 N 8/20/2016 STEVE WOOD
VA: 31.15 V 6/16/2018 Len Gushe
 1 Toy, Raymond 56 CMYM-MD 53.55

Men 55-59 100 LC Meter Backstroke

WORLD: 1:03.50 W 6/21/2015 Steve WOOD
NATL: 1:03.50 N 6/21/2015 STEVE WOOD
VA: 1:08.20 V 6/1/2018 Len Gushe
 1 Toy, Raymond 56 CMYM-MD 2:03.54
 57.38 2:03.54

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Men 55-59 200 LC Meter Backstroke**WORLD:** 2:20.83 W 7/20/2019 Rip ESSELSTYN**NATL:** 2:20.83 N 7/20/2019 RIP ESSELSTYN**VA:** 2:26.23 V 6/1/2018 Len Gushe

1	Toy, Raymond	56	CMYM-MD	4:34.88
		1:58.99	4:34.88	

Men 55-59 50 LC Meter Breaststroke**WORLD:** 30.02 W 6/2/2019 C.Arturo TRAVAINI**NATL:** 30.56 N 8/6/2017 DAVID GUTHRIE**VA:** 32.68 V 7/28/2018 Gregory Harris

1	Ross, Mark J	58	FAFC-VA	46.88
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Men 55-59 100 LC Meter Breaststroke**WORLD:** 1:07.65 W 8/13/2019 C.Arturo TRAVAINI**NATL:** 1:07.97 N 7/31/2015 DAVID GUTHRIE**VA:** 1:10.84 V 7/28/2018 Gregory Harris

1	Williams, Neill	55	DCAC-PV	1:14.90
		34.38	1:14.90	
2	Ross, Mark J	58	FAFC-VA	1:55.59
		54.49	1:55.59	

Men 55-59 50 LC Meter Butterfly**WORLD:** 26.56 W 10/10/2021 Steve HILTABIDDLE**NATL:** 26.56 N 10/10/2021 STEVE HILTABIDDLE**VA:** 29.26 V 7/28/2018 Gregory Harris

1	Toy, Raymond	56	CMYM-MD	45.43
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Men 55-59 100 LC Meter Butterfly**WORLD:** 1:00.56 W 8/11/2012 Paul CARTER**NATL:** 1:00.56 N 8/11/2012 PAUL CARTER**VA:** 1:04.24 V 8/4/2018 Len Gushe

1	Holland, Dave	56	VMST-VA	1:18.35
		35.78	1:18.35	

Men 60-64 50 LC Meter Freestyle**WORLD:** 25.23 W 8/7/2006 Richard ABRAHAMS**NATL:** 25.23 N 8/10/2006 RICHARD ABRAHAMS**VA:** 28.84 V 6/22/2013 Scott Kauffman

1	Freeman, Jim	62	UC12-VA	31.20
2	Krause, Kenny	60	NCMS-NC	32.72
3	North, Dirk	63	RRY-VA	41.48

Men 60-64 100 LC Meter Freestyle**WORLD:** 57.66 W 9/4/2022 Ahmet NAKKAS**NATL:** 57.79 N 6/14/2014 JACK GROSELLE**VA:** 1:05.46 V 8/15/2002 Jack Schiltz

1	Freeman, Jim	62	UC12-VA	1:12.16
		34.91	1:12.16	

Men 60-64 200 LC Meter Freestyle**WORLD:** 2:07.68 W 8/6/2017 Dan STEPHENSON**NATL:** 2:07.68 N 8/6/2017 DAN STEPHENSON**VA:** 2:18.60 V 8/4/2006 John Calvert

1	Freeman, Jim	62	UC12-VA	2:41.17
		35.67	1:16.29	1:59.17
			2:41.17	

Men 60-64 200 LC Meter Backstroke**WORLD:** 2:26.12 W 8/8/2019 Jamie FOWLER**NATL:** 2:26.12 N 8/8/2019 JAMIE FOWLER**VA:** 2:39.01 V 8/4/2006 John Calvert

1	Ingebretsen, Carl	62	FAFF-VA	3:07.65
		44.99	1:33.84	2:22.09
			3:07.65	

Men 60-64 50 LC Meter Breaststroke**WORLD:** 31.95 W 8/7/2022 David GUTHRIE**NATL:** 31.95 N 8/7/2022 DAVID GUTHRIE**VA:** 36.86 V 10/7/2021 David Malsbury

1	North, Dirk	63	RRY-VA	42.72
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Men 60-64 100 LC Meter Butterfly**WORLD:** 1:02.00 W 5/5/2018 Hugo BREGMAN**NATL:** 1:03.03 N 8/15/2005 RICHARD ABRAHAMS**VA:** 1:13.20 V 1/1/2006 John Calvert

1	Ingebretsen, Carl	62	FAFF-VA	1:31.78
		39.91	1:31.78	

Men 60-64 200 LC Meter Butterfly**WORLD:** 2:23.52 W 5/4/2018 Hugo BREGMAN**NATL:** 2:29.05 N 8/6/2011 LAWRENCE DAY**VA:** 3:23.33 V 1/2000 William Irwin

1	Ingebretsen, Carl	62	FAFF-VA	3:43.70
		41.62	1:37.61	2:41.83
			3:43.70	

Men 65-69 50 LC Meter Backstroke**WORLD:** 30.95 W 7/7/2012 Hugh WILDER**NATL:** 30.95 N 7/12/2012 HUGH WILDER**VA:** 33.80 V 8/7/2022 Douglas Slater

1	Swiger, Ralph	67	VMST-VA	1:08.12
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Men 65-69 100 LC Meter Backstroke**WORLD:** 1:08.15 W 4/22/2022 Vladimir GORKOV**NATL:** 1:09.79 N 7/8/2012 HUGH WILDER**VA:** 1:11.54 V 8/4/2022 Douglas Slater

1	Swiger, Ralph	67	VMST-VA	2:29.39
		1:13.96	2:29.39	

Men 65-69 200 LC Meter Backstroke**WORLD:** 2:31.62 W 4/23/2022 Vladimir GORKOV**NATL:** 2:32.79 N 8/5/2022 DAN STEPHENSON**VA:** 2:47.34 V 8/5/2022 Douglas Slater

1	Swiger, Ralph	67	VMST-VA	5:20.80
		1:20.57	2:44.44	4:05.39
			5:20.80	

Men 65-69 50 LC Meter Breaststroke**WORLD:** 33.30 W 8/19/2016 Rick COLELLA**NATL:** 33.30 N 8/19/2016 RICK COLELLA**VA:** 42.64 V 7/17/2011 James Davis

1	Ryan, Pat	65	NVA-VA	39.68V
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Men 65-69 100 LC Meter Breaststroke**WORLD:** 1:14.77 W 8/5/2017 Rick COLELLA**NATL:** 1:14.77 N 8/5/2017 RICK COLELLA**VA:** 1:30.28 V 6/17/2017 Craig Bauer

1	Ryan, Pat	65	NVA-VA	1:31.18
		42.45	1:31.18	

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Men 65-69 200 LC Meter Breaststroke

WORLD: 2:41.54 W 8/21/2016 Rick COLELLA

NATL: 2:41.54 N 8/21/2016 RICK COLELLA

VA: 3:29.01 V 6/17/2017 Craig Bauer

1	Swiger, Ralph	67	VMST-VA	5:54.46
	1:22.44	2:57.15	4:29.46	5:54.46

Men 65-69 50 LC Meter Butterfly

WORLD: 28.38 W 8/8/2021 Trip HEDRICK

NATL: 28.38 N 8/8/2021 TRIP HEDRICK

VA: 30.33 V 8/4/2022 Douglas Slater

1	Swiger, Ralph	67	VMST-VA	1:14.60
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Men 65-69 200 LC Meter IM

WORLD: 2:25.22 W 8/19/2016 Rick COLELLA

NATL: 2:25.22 N 8/19/2016 RICK COLELLA

VA: 3:25.75 V 8/28/1994 William Irwin

1	Swiger, Ralph	67	VMST-VA	5:34.95
	1:15.93	2:50.79	4:25.30	5:34.95

Men 70-74 400 LC Meter Freestyle

WORLD: 5:03.56 W 8/4/2018 Dan KIRKLAND

NATL: 5:03.56 N 8/4/2018 DAN KIRKLAND

VA: 5:39.11 V 8/5/2022 William Wardle

1	Wardle, William	72	CM-Y-VA	5:53.89
	39.41	1:23.67	2:08.96	2:55.13
	3:40.63	4:26.37	5:11.46	5:53.89

Men 70-74 50 LC Meter Backstroke

WORLD: 33.51 W 1/20/2023 Bruce WILLIAMS

NATL: 33.51 N 1/20/2023 BRUCE WILLIAMS

VA: 37.60 V 8/6/2022 William Wardle

1	Wardle, William	72	CM-Y-VA	38.54
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Men 70-74 100 LC Meter Backstroke

WORLD: 1:13.49 W 8/6/2017 Hugh WILDER

NATL: 1:13.49 N 8/6/2017 HUGH WILDER

VA: 1:19.95 V 8/4/2022 William Wardle

1	Wardle, William	72	CM-Y-VA	1:23.18
	40.33	1:23.18		

Men 70-74 200 LC Meter Backstroke

WORLD: 2:40.25 W 6/5/2021 Lawrence DAY

NATL: 2:40.25 N 6/5/2021 LAWRENCE DAY

VA: 2:52.05 V 8/5/2022 William Wardle

1	Wardle, William	72	CM-Y-VA	2:55.11
	40.81	1:24.95	2:10.24	2:55.11

Men 75-79 50 LC Meter Freestyle

WORLD: 29.19 W 8/25/2019 David QUIGGIN

NATL: 29.19 N 8/25/2019 DAVID QUIGGIN

VA: 31.87 V 8/6/2022 Hank Holswade

1	Burke, Anthony A	75	VMST-VA	44.40
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Men 75-79 50 LC Meter Backstroke

WORLD: 34.45 W 8/2/2018 Richard BURNS

NATL: 34.45 N 8/2/2018 RICHARD BURNS

VA: 41.84 V 8/6/2022 Hank Holswade

1	Burke, Anthony A	75	VMST-VA	57.43
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Men 75-79 50 LC Meter Breaststroke

WORLD: 38.12 W 9/2/2022 Roberto RUGGIERI

NATL: 38.89 N 6/5/2016 MIKE FRESHLEY

VA: 55.14 V 8/21/2010 Richard Scott

1	Burke, Anthony A	75	VMST-VA	1:04.44
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Men 85-89 50 LC Meter Freestyle

WORLD: 33.94 W 3/2/2008 Keijiro NAKAMURA

NATL: 35.23 N 8/13/2022 JEFF FARRELL

VA: 54.41 V 8/9/2010 Richard Briesemeister

1	Bettis, Lee	85	SRVA-VA	38.67V
2	Beattie, Cal	89	UC12-VA	1:11.32

Men 85-89 100 LC Meter Freestyle

WORLD: 1:22.55 W 11/21/2021 Hiroshi MATSUMOTO

NATL: 1:23.25 N 6/6/2010 FRANK PIEMME

VA: 2:06.78 V 8/9/2010 Richard Briesemeister

1	Beattie, Cal	89	UC12-VA	2:40.00
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Men 85-89 200 LC Meter Freestyle

WORLD: 3:03.50 W 7/1/2017 Roberto ALBERICHE

NATL: 3:07.03 N 6/26/2016 GRAHAM JOHNSTON

VA: 4:49.92 V 8/9/2010 Richard Briesemeister

1	Beattie, Cal	89	UC12-VA	5:53.09
	4:23.32	5:53.09		

Men 85-89 50 LC Meter Backstroke

WORLD: 39.89 W 7/18/2008 Keijiro NAKAMURA

NATL: 40.50 N 8/2/2018 YOSHI OYAKAWA

VA: 1:30.10 V 8/6/2022 Carl Ingebretsen

1	Bettis, Lee	85	SRVA-VA	50.25V
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Mixed 100-119 200 LC Meter Freestyle Relay

WORLD: 1:41.21 W 9/5/2013 PSV -NED

R TERINK, G LANTINK, M WUISMAN, S OOSTING

NATL: 1:41.71 N 8/5/2022 CLUB TRIBE

L BUREAU, M HEALEY, A KENNA, G MIZERAK

VA: 1:41.71 V 8/7/2022 1693

L Bureau, M Healey, A Kenna, G Mizerak

1	NVA-VA	A	1:51.10
1)	Mastracci, Kevin M27	2)	Eichler, Gunnar W M26
3)	Rankin, Claire W20	4)	Marshall, Alexandra W28
	24.71	52.56	1:21.99 1:51.10

Mixed 100-119 200 LC Meter Medley Relay

WORLD: 1:51.99 W 7/17/2006 OAHU CLUB -JPN

T KITASHITA, H MATSUDA, K KAWAMOTO, I MAEDA

NATL: 1:53.91 N 8/6/2022 CLUB TRIBE

A KENNA, L BUREAU, G MIZERAK, M HEALEY

VA: 1:53.91 V 8/7/2022 1693

A Kenna, L Bureau, G Mizerak, M Healey

1	NVA-VA	A	2:02.41
1)	Rankin, Claire W20	2)	Eichler, Gunnar W M26
3)	Mastracci, Kevin M27	4)	Marshall, Alexandra W28
	32.78	49.25	2:02.41