

2026 USMS VA SC STATE CHAMPS - 2/15/2026

Results - Sunday

Women 18-24 50 Yard Freestyle

NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC

VA: 23.24 V 12/16/2023 Missy Cundiff

1	Abigail Carlson	22	TIDE	28.23
2	Emma Pontzer	24	L4S	30.10
3	Maddie Brennan	22	DCAC	31.07

Women 18-24 100 Yard Freestyle

NATL: 48.18 N 12/6/2014 KATIE MEILI

VA: 52.01 V 3/6/2014 Rachel Nelson

1	Emma Pontzer	24	L4S	1:02.14
	28.88	1:02.14		
2	Caroline Hager	23	CNUVA	1:07.36
	31.48	1:07.36		
3	Maddie Brennan	22	DCAC	1:08.57
	31.14	1:08.57		

Women 18-24 200 Yard Freestyle

NATL: 1:43.28 N 11/8/2009 DANA VOLLMER

VA: 1:52.85 V 4/29/2022 Bonnie Zhang

1	Caroline Hager	23	CNUVA	2:34.09
	35.94	1:15.76	1:57.32	2:34.09

Women 18-24 500 Yard Freestyle

NATL: 4:49.97 N 10/25/2003 JESSICA FOSCHI

VA: 5:13.39 V 4/5/2019 Anna Wujciak

1	Riley Phillips	24	UC12	6:38.57
	36.48	1:16.16	1:57.24	2:38.99
	3:20.04	4:00.59	4:41.31	5:21.60
	6:00.71	6:38.57		
2	Maddie Brennan	22	DCAC	6:53.69
	36.30	1:14.89	1:54.74	2:36.38
	3:18.66	4:01.40	4:44.09	5:27.05
	6:11.11	6:53.69		

Women 18-24 1650 Yard Freestyle

NATL:16:53.46 N 5/4/2017 GENEVIEVE MILLER

VA:18:08.86 V 4/28/2016 Kaley Gregory

1	Riley Phillips	24	UC12	22:52.47
	35.46	1:14.84	1:55.64	2:36.42
	3:18.49	4:00.01	4:41.57	5:23.12
	6:04.68	6:46.21	7:27.79	8:09.73
	8:51.62	9:33.63	10:15.45	10:56.77
	11:38.72	12:21.03	13:03.20	13:45.01
	14:26.91	15:09.05	15:51.54	16:33.71
	17:16.20	17:58.42	18:41.25	19:24.30
	20:06.78	20:48.74	21:30.86	22:12.67
				22:52.47

Women 18-24 50 Yard Backstroke

NATL: 24.83 N 4/29/2023 CAROLINE GMELICH

VA: 25.92 V 4/5/2019 Catherine Mulquin

1	Sydney Hall	23	PSDN	30.70
2	Abigail Carlson	22	TIDE	31.52

Women 18-24 100 Yard Backstroke

NATL: 53.83 N 3/24/2019 C BARTHOLOMEW

VA: 58.33 V 4/5/2019 Catherine Mulquin

1	Caroline Hager	23	CNUVA	1:15.52
	36.53	1:15.52		

2	Maddie Brennan	22	DCAC	1:19.79
	38.10	1:19.79		

Women 18-24 200 Yard Backstroke

NATL: 1:59.22 N 4/30/2000 SARA SCHWEITZER

VA: 2:06.43 V 5/6/2023 Claire Rankin

1	Maddie Brennan	22	DCAC	2:49.56
	38.92	1:21.85	2:05.96	2:49.56

Women 18-24 50 Yard Breaststroke

NATL: 27.76 N 12/5/2014 KATIE MEILI

VA: 29.59 V 4/28/2016 Amalia Kobelja

1	Sydney Hall	23	PSDN	30.17
2	Abigail Carlson	22	TIDE	35.02
3	Riley Phillips	24	UC12	37.79

Women 18-24 100 Yard Breaststroke

NATL: 58.71 N 12/5/2014 KATIE MEILI

VA: 1:04.94 V 3/4/2023 Lana Berry

1	Abigail Carlson	22	TIDE	1:17.20
	35.62	1:17.20		
2	Riley Phillips	24	UC12	1:20.38
	38.64	1:20.38		
3	Emma Pontzer	24	L4S	1:20.50
	36.67	1:20.50		

Women 18-24 200 Yard Breaststroke

NATL: 2:06.59 N 12/6/2014 MICAH LAWRENCE

VA: 2:23.56 V 4/5/2019 Laura Schwartz

1	Abigail Carlson	22	TIDE	2:48.40
	38.67	1:22.71	2:06.70	2:48.40

Women 18-24 50 Yard Butterfly

NATL: 24.47 N 4/27/2025 CRYSTAL MURPHY

VA: 25.16 V 4/5/2019 Catherine Mulquin

1	Sydney Hall	23	PSDN	27.34
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Women 18-24 100 Yard Butterfly

NATL: 52.30 N 11/8/2009 DANA VOLLMER

VA: 56.22 V 4/28/2016 Gabrielle Mizerak

1	Maddie Brennan	22	DCAC	1:30.97
	41.32	1:30.97		

Women 18-24 100 Yard IM

NATL: 53.02 N 12/21/2014 KATIE MEILI

VA: 59.49 V 4/28/2016 Gabrielle Mizerak

1	Sydney Hall	23	PSDN	1:01.52
	28.91	1:01.52		
2	Caroline Hager	23	CNUVA	1:14.52
	33.17	1:14.52		

Women 18-24 200 Yard IM

NATL: 1:54.20 N 12/4/2014 KATIE MEILI

VA: 2:09.28 V 4/28/2023 Carter Bristow

1	Abigail Carlson	22	TIDE	2:33.60
	33.54	1:13.33	1:57.44	2:33.60

Women 25-29 50 Yard Freestyle

NATL: 22.00 N 4/27/2019 KATARZYNA WILK

VA: 22.44 V 4/24/2025 Missy Cundiff

1	Alicia Vesey	27	1693	26.65
2	Ashley Ryan	28	TIDE	31.17

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Women 25-29 100 Yard Freestyle

NATL: 48.58 N 5/12/2018 KATARZYNA WILK

VA: 50.17 V 4/27/2025 Missy Cundiff

1	Caroline Gustavson	28	CM-Y	1:01.02
	29.24	1:01.02		
2	Ashley Ryan	28	TIDE	1:07.70
	30.92	1:07.70		
3	Kaela Lettieri	29	CM-Y	1:08.53
	31.93	1:08.53		
4	Alexandra Lewis	26	RVCN	1:28.55
	42.77	1:28.55		

Women 25-29 200 Yard Freestyle

NATL: 1:47.88 N 4/30/2023 JENNA CAMPBELL

VA: 1:52.76 V 4/7/2017 Marina Falcone

1	Alicia Vesey	27	1693	2:09.19
	28.64	1:00.77	1:34.47	2:09.19
2	Caroline Gustavson	28	CM-Y	2:15.46
	31.42	1:05.91	1:41.29	2:15.46

Women 25-29 500 Yard Freestyle

NATL: 4:48.88 N 4/29/2023 JENNA CAMPBELL

VA: 5:22.19 V 5/9/1985 Deborah Cain

1	Caroline Gustavson	28	CM-Y	6:04.56
	33.24	1:09.69	1:46.64	2:24.10
	3:01.72	3:39.60	4:16.75	4:53.42
	5:29.48	6:04.56		
2	Madison Littlepage	26	1693	6:07.49
	31.88	1:06.60	1:42.61	2:19.21
	2:56.69	3:34.89	4:13.25	4:51.76
	5:30.09	6:07.49		

Women 25-29 50 Yard Backstroke

NATL: 24.70 N 6/20/2024 ALLY HOWE

VA: 27.04 V 4/29/2023 Bonnie Zhang

1	Madison Littlepage	26	1693	33.86
2	Alexandra Lewis	26	RVCN	46.75

Women 25-29 100 Yard Backstroke

NATL: 52.69 N 4/30/2023 ALLY HOWE

VA: 59.21 V 5/20/2010 Kate Hibbard

1	Madison Littlepage	26	1693	1:12.47
	35.22	1:12.47		

Women 25-29 50 Yard Breaststroke

NATL: 27.10 N 4/30/2016 KATIE MEILI

VA: 30.22 V 1/25/2025 Lana Berry

1	Caroline Gustavson	28	CM-Y	41.19
2	Kaela Lettieri	29	CM-Y	43.54

Women 25-29 100 Yard Breaststroke

NATL: 59.58 N 2/6/2010 MEGAN JENDRICK

VA: 1:04.54 V 1/25/2025 Lana Berry

1	Kaela Lettieri	29	CM-Y	1:29.55
	43.11	1:29.55		

Women 25-29 50 Yard Butterfly

NATL: 24.19 N 4/28/2017 DANIELLE HERRMANN

VA: 24.46 V 4/27/2025 Missy Cundiff

1	Alicia Vesey	27	1693	29.11
2	Ashley Ryan	28	TIDE	42.55

Women 25-29 100 Yard IM

NATL: 54.40 N 4/29/2017 DANIELLE HERRMANN

VA: 59.85 V 3/4/2023 Victoria Barley

1	Ashley Ryan	28	TIDE	1:25.46
	38.93	1:25.46		
2	Alexandra Lewis	26	RVCN	1:42.62
	49.69	1:42.62		

Women 25-29 200 Yard IM

NATL: 1:57.56 N 12/5/2013 JUSTINE MUELLER

VA: 2:10.46 V 4/28/2011 Kate Hibbard

1	Kaela Lettieri	29	CM-Y	2:56.20
	39.88	1:27.90	2:18.71	2:56.20

Women 30-34 50 Yard Freestyle

NATL: 22.37 N 4/7/2019 MADISON KENNEDY

VA: 25.13 V 2/9/2013 Courtney Hurtubise

1	Carolyn Chandler	34	NCMS	26.87
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Women 30-34 100 Yard Freestyle

NATL: 48.03 N 2/23/2013 ERIKA ERNDL

VA: 54.78 V 1/1/1994 Beth Scheimann

1	Laurie Wei	31	1693	1:03.68
	30.90	1:03.68		
2	Sarah Booker	34	RVCN	1:08.59
	32.61	1:08.59		

Women 30-34 200 Yard Freestyle

NATL: 1:43.46 N 11/30/2012 ERIKA ERNDL

VA: 1:58.35 V 4/26/2012 Maura Bolger

1	Carolyn Chandler	34	NCMS	2:13.18
	30.08	1:03.39	1:38.59	2:13.18
2	Sarah Booker	34	RVCN	2:30.73
	34.83	1:12.72	1:52.00	2:30.73

Women 30-34 500 Yard Freestyle

NATL: 4:46.92 N 4/14/2012 DAWN HECKMAN

VA: 5:14.58 V 10/7/2017 Marina Falcone

1	Laurie Wei	31	1693	6:06.16
	32.51	1:08.32	1:45.06	2:22.30
	2:59.18	3:37.52	4:15.34	4:52.49
	5:30.22	6:06.16		
2	Jessica Dodson	32	PSDN	6:19.10
	33.74	1:11.13	1:49.80	2:28.99
	3:08.59	3:47.90	4:26.90	5:05.48
	5:43.42	6:19.10		

Women 30-34 1650 Yard Freestyle

NATL: 17:07.52 N 5/23/1993 KAREN BURTON

VA: 18:03.83 V 1/1/2003 Deborah Reed

1	Laurie Wei	31	1693	21:49.97
	33.95	1:11.25	1:49.74	2:28.69
	3:08.30	3:47.83	4:27.01	5:06.70
	5:46.62	6:26.61	7:06.28	7:46.38
	8:26.33	9:05.90	9:46.48	10:26.48
	11:06.81	11:47.28	12:27.35	13:07.84
	13:48.05	14:28.15	15:08.07	15:48.09
	16:28.53	17:09.75	17:50.08	18:30.38
	19:11.10	19:51.62	20:32.06	21:11.81
				21:49.97

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Women 30-34 50 Yard Backstroke

NATL: 24.96 N 5/1/2011 NORIKO INADA

VA: 28.94 V 4/24/2025 Natalee Garrett

1 Jessica Dodson 32 PSDN 32.99

Women 30-34 100 Yard Backstroke

NATL: 53.61 N 3/21/2025 C BARTHOLOMEW

VA: 1:03.14 V 2/3/2018 Carina Masson

1 Jessica Dodson 32 PSDN 1:11.72
34.93 1:11.72**Women 30-34 100 Yard Breaststroke**

NATL: 58.81 N 3/6/2022 DANIELLE HERRMANN

VA: 1:08.96 V 5/1/1989 Lisa Bennett

1 Laurie Wei 31 1693 1:24.22
40.03 1:24.22**Women 30-34 200 Yard Breaststroke**

NATL: 2:11.78 N 12/19/2021 DANIELLE HERRMANN

VA: 2:28.53 V 4/5/2019 Denise Letendre

1 Carolyn Chandler 34 NCMS 2:49.43
37.33 1:20.47 2:04.11 2:49.43**Women 30-34 50 Yard Butterfly**

NATL: 24.18 N 4/15/2000 ANGEL MARTINO

VA: 25.66 V 1/30/2022 Gabrielle Mizerak

1 Laurie Wei 31 1693 31.16
2 Jessica Dodson 32 PSDN 31.25**Women 30-34 100 Yard Butterfly**

NATL: 52.93 N 3/5/2022 DANIELLE HERRMANN

VA: 1:00.17 V 4/26/2012 Maura Bolger

1 Laurie Wei 31 1693 1:08.87
32.41 1:08.87**Women 30-34 100 Yard IM**

NATL: 56.73 N 3/21/2025 C BARTHOLOMEW

VA: 1:02.82 V 1/24/2026 Victoria Barley

1 Sarah Booker 34 RVCN 1:21.33
39.65 1:21.33**Women 30-34 200 Yard IM**

NATL: 1:58.80 N 3/11/2009 ERIKA ERNDL

VA: 2:11.73 V 4/5/2019 Denise Letendre

1 Sarah Booker 34 RVCN 2:56.38
38.56 1:25.70 2:16.20 2:56.38**Women 35-39 50 Yard Freestyle**

NATL: 22.34 N 2/25/2007 DARA TORRES

VA: 23.82 V 5/10/2018 Katie Grier

1 Christina Caldwell 38 SRVA 34.76

Women 35-39 100 Yard Freestyle

NATL: 49.72 N 2/25/2007 DARA TORRES

VA: 51.91 V 4/13/2018 Katie Grier

1 Christina Caldwell 38 SRVA 1:15.63
34.21 1:15.63**Women 35-39 500 Yard Freestyle**

NATL: 4:56.09 N 5/3/1997 K PIPES-NEILSEN

VA: 5:26.91 V 1/1/1999 Kelly Parker

1 Christina Caldwell 38 SRVA 8:14.90
39.47 1:25.10 2:14.12 3:05.54
3:56.99 4:49.33 5:42.47 6:35.16
7:27.01 8:14.90**Women 35-39 50 Yard Breaststroke**

NATL: 28.51 N 5/2/2014 KATIE GLENN

VA: 31.45 V 5/15/1991 Lisa Bennett

1 Shandin Eason 37 VABR 37.77

Women 35-39 100 Yard Breaststroke

NATL: 1:01.88 N 4/25/2015 KATIE GLENN

VA: 1:09.09 V 4/28/2016 Kristen Harris

1 Samantha Hammerly 36 ALEX 1:11.35
33.23 1:11.35
2 Paige Hulsizer 39 CM-Y 1:22.70
40.65 1:22.70
3 Shandin Eason 37 VABR 1:24.65
38.51 1:24.65
4 Megan Shepard 35 VMST 1:57.84
55.14 1:57.84**Women 35-39 200 Yard Breaststroke**

NATL: 2:17.51 N 4/26/2015 KATIE GLENN

VA: 2:33.72 V 1/1/2005 Cheryl Conlin

1 Samantha Hammerly 36 ALEX 2:36.22
34.66 1:14.10 1:54.88 2:36.22**Women 35-39 50 Yard Butterfly**

NATL: 24.68 N 5/3/2025 MADISON KENNEDY

VA: 26.00 V 4/27/2017 Katie Grier

1 Samantha Hammerly 36 ALEX 29.66

Women 35-39 100 Yard Butterfly

NATL: 55.78 N 5/18/2003 S VON DER LIPPE

VA: 57.89 V 1/2000 Beth Baker

1 Paige Hulsizer 39 CM-Y 1:12.01
34.62 1:12.01
2 Megan Shepard 35 VMST 1:49.72
50.06 1:49.72**Women 35-39 100 Yard IM**

NATL: 57.25 N 4/29/2017 GABRIELLE CHANG

VA: 1:01.35 V 4/27/2000 Beth Baker

1 Megan Shepard 35 VMST 1:37.50
44.16 1:37.50**Women 35-39 200 Yard IM**

NATL: 2:05.24 N 3/14/1998 K PIPES-NEILSEN

VA: 2:13.08 V 4/30/1999 Beth Baker

1 Paige Hulsizer 39 CM-Y 2:40.92
33.77 1:16.87 2:02.75 2:40.92**Women 40-44 50 Yard Freestyle**

NATL: 21.91 N 4/15/2007 DARA TORRES

VA: 24.00 V 4/25/2019 Katie Grier

1 Olivia Malloy 42 N*VA 28.41
2 Sarah King 42 CONN 1:08.20

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Women 40-44 100 Yard Freestyle

NATL: 48.34 N 4/15/2007 DARA TORRES

VA: 51.49 V 4/5/2019 Katie Grier

1	Stephanie Apple	43	QUEST	1:06.04
	31.31	1:06.04		
2	Lauren Booker	42	PSDN	1:13.26
	35.84	1:13.26		
3	Valerie Warshaw	44	SRVA	1:39.05
	43.21	1:39.05		
4	Sarah King	42	CONN	2:33.49
	1:12.62	2:33.49		

Women 40-44 200 Yard Freestyle

NATL: 1:51.06 N 12/22/2002 K PIPES-NEILSEN

VA: 1:57.95 V 4/25/2019 Katie Grier

1	Lindsey Henry	43	CM-Y	3:13.92
	43.81	1:33.20	2:24.74	3:13.92

Women 40-44 500 Yard Freestyle

NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN

VA: 5:33.24 V 4/2/2004 Kelly Parker

1	Stephanie Apple	43	QUEST	6:33.36
	34.01	1:12.14	1:51.81	2:32.45
	3:12.59	3:52.57	4:33.08	5:13.68
	5:54.06	6:33.36		
2	Sarah King	42	CONN	14:29.62
	1:14.41	2:39.16	4:04.94	5:33.55
	7:02.74	8:32.76	10:01.64	11:30.94
	13:01.20	14:29.62		

Women 40-44 1650 Yard Freestyle

NATL:17:06.37 N 11/4/2018 HEIDI GEORGE

VA:19:17.63 V 4/2/2004 Kelly Parker

1	Stephanie Apple	43	QUEST	22:16.94
	34.61	1:13.38	1:53.07	2:33.12
	3:13.56	3:54.08	4:35.19	5:16.74
	5:58.11	6:38.82	7:19.51	8:00.44
	8:41.64	9:22.51	10:03.27	10:44.33
	11:25.14	12:05.93	12:46.46	13:27.32
	14:08.43	14:49.73	15:30.28	16:11.46
	16:52.88	17:33.68	18:14.70	18:55.89
	19:37.00	20:18.45	20:59.12	21:39.43
				22:16.94

Women 40-44 50 Yard Backstroke

NATL: 26.12 N 5/1/2011 SHERI HART

VA: 27.97 V 4/25/2019 Katie Grier

1	Olivia Malloy	42	N*VA	32.35
2	Lauren Booker	42	PSDN	39.75
3	Valerie Warshaw	44	SRVA	50.72

Women 40-44 200 Yard Backstroke

NATL: 2:03.61 N 7/25/2021 JENNIFER MIHALIK

VA: 2:11.40 V 5/17/2001 Beth Baker

1	Sarah King	42	CONN	5:56.21
	1:23.74	2:53.11	4:21.60	5:56.21

Women 40-44 50 Yard Breaststroke

NATL: 28.71 N 5/11/2018 KATIE GLENN

VA: 31.34 V 4/7/2017 Kristen Harris

1	Lauren Booker	42	PSDN	40.83
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2	Rebecca Latimer	43	CM-Y	41.84
3	Valerie Warshaw	44	SRVA	51.84

Women 40-44 100 Yard Breaststroke

NATL: 1:02.70 N 5/13/2018 KATIE GLENN

VA: 1:09.86 V 4/7/2017 Kristen Harris

1	Lauren Booker	42	PSDN	1:29.23
	42.34	1:29.23		
2	Rebecca Latimer	43	CM-Y	1:30.05
	42.51	1:30.05		
3	Valerie Warshaw	44	SRVA	1:55.22
	53.59	1:55.22		
4	Lindsey Henry	43	CM-Y	2:02.12
	58.27	2:02.12		

Women 40-44 200 Yard Breaststroke

NATL: 2:17.06 N 5/14/2006 S VON DER LIPPE

VA: 2:32.09 V 4/7/2017 Kristen Harris

1	Lindsey Henry	43	CM-Y	4:25.70
	57.60	2:04.87	3:16.64	4:25.70

Women 40-44 50 Yard Butterfly

NATL: 25.14 N 5/10/2009 S VON DER LIPPE

VA: 26.34 V 4/5/2019 Katie Grier

1	Olivia Malloy	42	N*VA	30.11
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Women 40-44 100 Yard IM

NATL: 57.95 N 4/28/2012 ERIKA BRAUN

VA: 1:00.40 V 4/25/2019 Katie Grier

1	Sarah King	42	CONN	3:22.81
	1:36.86	3:22.81		

Women 40-44 200 Yard IM

NATL: 2:04.85 N 5/4/2008 S VON DER LIPPE

VA: 2:15.17 V 4/21/2001 Beth Baker

1	Valerie Warshaw	44	SRVA	3:57.26
	55.45	1:58.44	3:01.33	3:57.26

Women 40-44 400 Yard IM

NATL: 4:28.43 N 5/4/2008 S VON DER LIPPE

VA: 4:49.61 V 2/24/2001 Beth Baker

1	Sarah King	42	CONN	15:16.29
	1:43.73	3:54.80	5:31.91	7:08.80
	9:47.05	12:39.20	13:55.45	15:16.29

Women 45-49 50 Yard Freestyle

NATL: 23.52 N 3/7/2025 JENNIFER MIHALIK

VA: 25.53 V 4/26/2012 Annette Patterson

1	Angela Ciolfi	48	CM-Y	28.98
2	Jennifer Camp	47	VABR	29.79
3	Emily Callahan	46	CM-Y	30.35
4	Alicia Shifflett	49	UC12	30.89
5	Katie Webb	46	VMST	33.25
6	Elizabeth Prom-Wormley	49	SRVA	34.09

Women 45-49 100 Yard Freestyle

NATL: 51.26 N 3/12/2023 GABRIELLE ROSE

VA: 55.86 V 4/26/2012 Annette Patterson

1	Alicia Shifflett	49	UC12	1:10.46
	32.31	1:10.46		
2	Amy Talmadge	47	LACG	1:13.53
	33.67	1:13.53		

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(Women 45-49 100 Yard Freestyle)

3	Katie Webb	46	VMST	1:16.53
	35.78		1:16.53	

Women 45-49 200 Yard Freestyle

NATL: 1:52.97 N 3/12/2023 GABRIELLE ROSE
VA: 2:05.36 V 4/14/2011 Kelly Parker Palace

1	Katie Webb	46	VMST	3:01.03
	38.36		1:24.35	2:13.43
				3:01.03

Women 45-49 500 Yard Freestyle

NATL: 5:03.45 N 7/22/2021 HEIDI GEORGE
VA: 5:31.34 V 4/14/2011 Kelly Parker Palace

1	Katie Webb	46	VMST	7:57.52
	39.76		1:26.09	2:14.74
				3:04.09
	3:52.99		4:42.21	5:32.40
				6:21.44
	7:10.42		7:57.52	

Women 45-49 50 Yard Backstroke

NATL: 26.82 N 12/5/2025 JENNIFER MIHALIK
VA: 28.94 V 4/26/2012 Annette Patterson

1	Jennifer Camp	47	VABR	34.60
2	Angela Ciolfi	48	CM-Y	36.93
3	Alicia Shifflett	49	UC12	37.59
4	Amy Talmadge	47	LACG	42.46

Women 45-49 50 Yard Breaststroke

NATL: 28.54 N 4/30/2023 GABRIELLE ROSE
VA: 32.11 V 1/25/2025 Kristen Harris

1	Angela Ciolfi	48	CM-Y	37.38
2	Emily Callahan	46	CM-Y	38.93
3	Amy Talmadge	47	LACG	42.22
4	Alicia Shifflett	49	UC12	42.38
5	Dana Coons	45	BAM1	44.33
6	Elizabeth Prom-Wormley	49	SRVA	52.16

Women 45-49 100 Yard Breaststroke

NATL: 1:01.63 N 4/28/2023 GABRIELLE ROSE
VA: 1:12.78 V 1/2000 Patricia Miller

1	Angela Ciolfi	48	CM-Y	1:21.20
	38.98		1:21.20	
2	Amy Talmadge	47	LACG	1:32.58
	43.64		1:32.58	

Women 45-49 50 Yard Butterfly

NATL: 25.27 N 6/23/2024 J BROOKS CROZIER
VA: 28.52 V 4/26/2012 Annette Patterson

1	Angela Ciolfi	48	CM-Y	31.80
2	Jennifer Camp	47	VABR	32.54
3	Emily Callahan	46	CM-Y	34.35
4	Dana Coons	45	BAM1	43.99

Women 45-49 100 Yard IM

NATL: 56.20 N 4/29/2023 GABRIELLE ROSE
VA: 1:05.25 V 10/28/2012 Annette Patterson

1	Alicia Shifflett	49	UC12	1:23.87
	39.55		1:23.87	
2	Amy Talmadge	47	LACG	1:26.62
	41.13		1:26.62	

3	Dana Coons	45	BAM1	1:35.94
	47.56		1:35.94	

Women 45-49 200 Yard IM

NATL: 2:03.62 N 4/28/2023 GABRIELLE ROSE
VA: 2:23.82 V 2/12/2011 Alice Phillips

1	Angela Ciolfi	48	CM-Y	2:53.99
	37.72		1:24.34	2:13.74
				2:53.99

Women 50-54 50 Yard Freestyle

NATL: 23.75 N 4/30/2023 JENNY THOMPSON
VA: 25.54 V 1/26/2020 Fall Willeboordse

1	Hilliary Thompson	50	ALEX	28.44
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Women 50-54 100 Yard Freestyle

NATL: 52.00 N 4/28/2023 JENNY THOMPSON
VA: 57.72 V 4/28/2011 Suzanne Newell

1	Susan Kohler	51	VMST	1:08.68
	32.46		1:08.68	

Women 50-54 50 Yard Backstroke

NATL: 27.04 N 5/10/2013 LESLIE LIVINGSTON
VA: 28.97 V 10/12/2019 Susan Williams

1	Hilliary Thompson	50	ALEX	31.54
2	Wendi Boggess	53	BAM1	36.94

Women 50-54 200 Yard Backstroke

NATL: 2:07.51 N 11/22/2014 ELLEN REYNOLDS
VA: 2:25.28 V 2/6/2016 Val Van Horn Pate

1	Hilliary Thompson	50	ALEX	2:33.01
	35.48		1:14.25	1:54.31
				2:33.01

Women 50-54 50 Yard Breaststroke

NATL: 31.55 N 4/1/2023 ERIKA BRAUN
VA: 32.83 V 5/20/2010 Lisa Bennett

1	Susan Kohler	51	VMST	41.75
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Women 50-54 100 Yard Breaststroke

NATL: 1:07.97 N 4/28/2023 ERIKA BRAUN
VA: 1:12.46 V 5/20/2010 Lisa Bennett

1	Susan Kohler	51	VMST	1:30.74
	44.07		1:30.74	

Women 50-54 50 Yard Butterfly

NATL: 25.70 N 5/11/2013 THOMPSON\LIVINGST
VA: 27.06 V 10/27/2019 Susan Williams

1	Wendi Boggess	53	BAM1	34.20
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Women 50-54 100 Yard IM

NATL: 59.88 N 1/20/2024 JENNY THOMPSON
VA: 1:04.32 V 1/26/2020 Fall Willeboordse

1	Wendi Boggess	53	BAM1	1:26.01
	36.53		1:26.01	

Women 50-54 200 Yard IM

NATL: 2:12.57 N 4/15/2018 ELLEN REYNOLDS
VA: 2:31.51 V 4/10/2015 Kelly Parker Palace

1	Hilliary Thompson	50	ALEX	2:37.59
	35.51		1:15.39	2:02.26
				2:37.59

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Women 55-59 100 Yard Freestyle

NATL: 54.72 N 5/4/2008 LAURA VAL

VA: 56.27 V 4/29/2022 Fall Willeboordse

1 Cynthia Hall	57 PSDN	1:20.82
37.78	1:20.82	

Women 55-59 1650 Yard Freestyle

NATL:18:56.04 N 4/16/2010 LAURA VAL

VA:19:49.87 V 2/12/2011 Shirley Loftus-Charley

1 Megan O'Connell	57 AAA	28:59.43
44.05	1:34.13	2:27.30
4:10.75	5:01.23	5:53.41
7:41.74	8:36.03	9:31.25
11:21.40	12:13.47	13:06.70
14:52.53	15:45.27	16:38.69
18:23.80	19:16.98	20:12.16
22:02.36	22:55.51	23:47.80
25:33.35	26:25.93	27:16.53
28:08.08	28:59.43	

Women 55-59 200 Yard Backstroke

NATL: 2:10.65 N 11/23/2019 ELLEN REYNOLDS

VA: 2:27.15 V 5/10/2018 Val Van Horn Pate

1 Megan O'Connell	57 AAA	3:27.84
47.72	1:42.31	2:36.52
3:27.84		

Women 55-59 50 Yard Breaststroke

NATL: 31.83 N 4/1/2023 S VON DER LIPPE

VA: 33.76 V 5/13/2011 Lisa Bennett

1 Cynthia Hall	57 PSDN	52.05
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Women 55-59 100 Yard IM

NATL: 1:02.34 N 4/29/2017 KARLYN PIPES

VA: 1:03.98 V 3/20/2022 Fall Willeboordse

1 Cynthia Hall	57 PSDN	1:41.82
49.10	1:41.82	

Women 55-59 200 Yard IM

NATL: 2:13.92 N 12/14/2019 ELLEN REYNOLDS

VA: 2:27.59 V 5/10/2018 Val Van Horn Pate

1 Megan O'Connell	57 AAA	3:31.36
48.71	1:44.42	2:44.15
3:31.36		

Women 60-64 50 Yard Freestyle

NATL: 25.50 N 2/6/2026 COLLETTE SAPPEY

VA: 27.84 V 3/4/2023 Marie Restrepo

1 Charlotte Hollings	61 NNYS	30.06
2 Beth Frackleton	64 CM-Y	44.86

Women 60-64 100 Yard Freestyle

NATL: 55.91 N 12/15/2024 ELLEN REYNOLDS

VA: 1:01.28 V 11/23/2025 Kelly Parker Palace

1 Charlotte Hollings	61 NNYS	1:05.07
31.29	1:05.07	
2 Beth Frackleton	64 CM-Y	1:36.20
47.00	1:36.20	

Women 60-64 200 Yard Freestyle

NATL: 1:58.15 N 4/11/2025 ELLEN REYNOLDS

VA: 2:10.32 V 12/15/2024 Kelly Parker Palace

1 Charlotte Hollings	61 NNYS	2:18.77
32.17	1:07.59	1:43.84
2:18.77		

2 Nancy Speer	63 NERD	2:42.22
36.14	1:18.40	2:00.34
2:42.22		
3 Peggy Armand	62 CM-Y	2:48.82
38.29	1:21.15	2:05.03
2:48.82		

Women 60-64 500 Yard Freestyle

NATL: 5:30.31 N 12/14/2024 ELLEN REYNOLDS

VA: 5:48.60 V 11/23/2025 Kelly Parker Palace

1 Charlotte Hollings	61 NNYS	6:02.73
33.19	1:09.25	1:46.12
3:00.46	3:37.41	4:14.25
5:27.45	6:02.73	
2 Nancy Speer	63 NERD	7:06.17
37.94	1:20.00	2:03.39
3:30.52	4:14.10	4:57.99
6:24.95	7:06.17	5:41.29

Women 60-64 50 Yard Breaststroke

NATL: 33.79 N 5/7/2017 MELINDA MANN

VA: 36.59 V 7/21/2021 Patricia Miller

1 Wendy Ransbury	62 NCMS	42.79
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Women 60-64 100 Yard Breaststroke

NATL: 1:14.00 N 4/26/2025 CORRIN BUCK

VA: 1:21.10 V 7/21/2021 Patricia Miller

1 Wendy Ransbury	62 NCMS	1:33.12
45.84	1:33.12	

Women 60-64 100 Yard IM

NATL: 1:03.06 N 4/12/2025 ELLEN REYNOLDS

VA: 1:09.77 V 7/15/2023 Val Van Horn Pate

1 Wendy Ransbury	62 NCMS	1:24.36
41.17	1:24.36	
2 Peggy Armand	62 CM-Y	1:32.21
44.27	1:32.21	

Women 60-64 200 Yard IM

NATL: 2:17.32 N 12/14/2024 ELLEN REYNOLDS

VA: 2:35.28 V 1/25/2025 Kelly Parker Palace

1 Charlotte Hollings	61 NNYS	2:49.10
37.36	1:24.05	2:13.16
2:49.10		

Women 65-69 50 Yard Freestyle

NATL: 26.31 N 3/7/2020 PENNY NOYES

VA: 30.42 V 5/17/2007 Beth Schreiner

1 Lauren Hasselquist	67 VMST	31.85
2 Debi Bernardes	67 N*VA	32.00
3 Pania Meggison	65 CM-Y	35.26
4 Sue Williams	65 NCMS	1:05.61

Women 65-69 100 Yard Freestyle

NATL: 57.88 N 5/12/2018 LAURA VAL

VA: 1:06.77 V 5/6/2017 Shirley Loftus-Charley

1 Lauren Hasselquist	67 VMST	1:10.05
33.24	1:10.05	
2 Debi Bernardes	67 N*VA	1:12.53
34.64	1:12.53	
3 Pania Meggison	65 CM-Y	1:17.23
36.26	1:17.23	
4 Sue Williams	65 NCMS	2:18.70
1:01.28	2:18.70	

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Women 65-69 200 Yard Freestyle

NATL: 2:07.23 N 5/11/2018 LAURA VAL

VA: 2:23.77 V 2/5/2017 Shirley Loftus-Charley

1	Susan Lawson	66	CM-Y	2:32.18
	35.63	1:13.75	1:53.01	2:32.18
2	Debi Bernardes	67	N*VA	2:42.87
	38.09	1:19.37	2:01.32	2:42.87
3	Charlotte Shirey	69	N*VA	3:32.52
	45.28	1:37.66	2:34.39	3:32.52

Women 65-69 50 Yard Backstroke

NATL: 29.65 N 5/12/2018 LAURA VAL

VA: 35.49 V 2/15/2025 Lauren Hasselquist

1	Lauren Hasselquist	67	VMST	35.28V
2	Susan Lawson	66	CM-Y	38.86
3	Pania Meggison	65	CM-Y	44.14
4	Charlotte Shirey	69	N*VA	46.61
5	Sue Williams	65	NCMS	1:20.26

Women 65-69 100 Yard Backstroke

NATL: 1:03.96 N 5/11/2018 LAURA VAL

VA: 1:17.40 V 2/15/2025 Lauren Hasselquist

1	Lauren Hasselquist	67	VMST	1:15.98V
	36.98	1:15.98		
2	Susan Lawson	66	CM-Y	1:23.24
	40.64	1:23.24		
3	Pania Meggison	65	CM-Y	1:35.43
	46.67	1:35.43		
4	Sue Williams	65	NCMS	2:42.08
	1:18.32	2:42.08		

Women 65-69 200 Yard Backstroke

NATL: 2:23.88 N 5/13/2018 LAURA VAL

VA: 2:41.77 V 2/15/2025 Lauren Hasselquist

1	Charlotte Shirey	69	N*VA	3:42.85
	51.41	1:46.27	2:46.08	3:42.85

Women 65-69 50 Yard Breaststroke

NATL: 35.79 N 6/20/2024 JANE ROBIE

VA: 37.74 V 4/22/2004 Joann Leilich

1	Patricia Miller	65	RVCN	40.06
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Women 65-69 100 Yard Breaststroke

NATL: 1:18.58 N 11/2/2024 KAREN MAREB

VA: 1:23.95 V 4/22/2004 Joann Leilich

1	Patricia Miller	65	RVCN	1:27.54
	42.53	1:27.54		

Women 65-69 200 Yard Breaststroke

NATL: 2:53.25 N 6/22/2024 KAREN MAREB

VA: 3:01.50 V 4/2/2004 Joann Leilich

1	Patricia Miller	65	RVCN	3:10.89
	44.14	1:33.37	2:22.62	3:10.89

Women 65-69 100 Yard IM

NATL: 1:07.03 N 2/1/2020 PENNY NOYES

VA: 1:17.97 V 4/5/2019 Shirley Loftus-Charley

1	Susan Lawson	66	CM-Y	1:23.38
	37.97	1:23.38		
2	Debi Bernardes	67	N*VA	1:30.05
	42.89	1:30.05		

3	Charlotte Shirey	69	N*VA	1:38.12
	45.18	1:38.12		

Women 65-69 200 Yard IM

NATL: 2:29.52 N 12/7/2019 PENNY NOYES

VA: 2:44.68 V 4/5/2019 Shirley Loftus-Charley

1	Patricia Miller	65	RVCN	3:00.45
	41.94	1:30.49	2:18.32	3:00.45

Women 70-74 50 Yard Freestyle

NATL: 26.97 N 3/30/2025 PENNY NOYES

VA: 31.37 V 2/11/2023 Shirley Loftus-Charley

1	Barbara Hichak	71	SRVA	32.20
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Women 70-74 100 Yard Freestyle

NATL: 59.11 N 5/1/2022 LAURA VAL

VA: 1:07.96 V 4/19/2024 Shirley Loftus-Charley

1	Shirley Loftus-Charley	74	CM-Y	1:09.76
	33.77	1:09.76		
2	Barbara Hichak	71	SRVA	1:12.23
	34.28	1:12.23		

Women 70-74 500 Yard Freestyle

NATL: 6:04.49 N 5/11/2025 JOAN PFINGSTRAFF

VA: 6:27.21 V 4/19/2024 Shirley Loftus-Charley

1	Barbara Boslego	74	VMST	8:26.41
	43.83	1:31.56	2:22.94	3:15.72
	4:06.40	4:58.92	5:52.23	6:45.57
	7:38.24	8:26.41		

Women 70-74 50 Yard Backstroke

NATL: 30.49 N 5/1/2022 LAURA VAL

VA: 39.02 V 2/11/2023 Shirley Loftus-Charley

1	Shirley Loftus-Charley	74	CM-Y	41.01
2	Barbara Boslego	74	VMST	46.71

Women 70-74 100 Yard Backstroke

NATL: 1:05.60 N 4/29/2022 LAURA VAL

VA: 1:22.82 V 2/9/2024 Shirley Loftus-Charley

1	Shirley Loftus-Charley	74	CM-Y	1:27.64
	44.01	1:27.64		

Women 70-74 100 Yard Breaststroke

NATL: 1:23.74 N 4/13/2025 LO KNAPP

VA: 1:34.67 V 2/9/2024 Shirley Loftus-Charley

1	Shirley Loftus-Charley	74	CM-Y	1:34.81
	45.22	1:34.81		

Women 70-74 50 Yard Butterfly

NATL: 30.27 N 5/9/2025 PENNY NOYES

VA: 36.72 V 5/6/2023 Shirley Loftus-Charley

1	Barbara Boslego	74	VMST	49.53
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Women 70-74 100 Yard Butterfly

NATL: 1:09.20 N 4/29/2022 LAURA VAL

VA: 1:23.16 V 3/4/2023 Shirley Loftus-Charley

1	Shirley Loftus-Charley	74	CM-Y	1:30.15
	42.12	1:30.15		

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Women 70-74 100 Yard IM

NATL: 1:10.92 N 5/10/2025 PENNY NOYES

VA: 1:20.55 V 4/19/2024 Shirley Loftus-Charley

1 Shirley Loftus-Charley	74 CM-Y	1:23.65
41.81	1:23.65	

Women 70-74 200 Yard IM

NATL: 2:35.20 N 4/3/2022 LAURA VAL

VA: 2:51.49 V 2/11/2023 Shirley Loftus-Charley

1 Barbara Boslego	74 VMST	3:49.40
55.62	1:56.74	3:03.40 3:49.40

Women 80-84 50 Yard Freestyle

NATL: 34.20 N 12/13/2015 JOHNNIE DETRICK

VA: 34.20 V 12/13/2015 Johnnie Detrick

1 Carter McNeely	80 CM-Y	54.58
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Women 80-84 50 Yard Backstroke

NATL: 42.25 N 4/13/2025 JOY WARD

VA: 50.15 V 3/19/2016 Johnnie Detrick

1 Carter McNeely	80 CM-Y	1:04.55
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Women 80-84 50 Yard Breaststroke

NATL: 43.68 N 6/20/2024 DANIELA BARNEA

VA: 50.93 V 4/28/2016 Johnnie Detrick

1 Carter McNeely	80 CM-Y	1:15.82
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Men 18-24 50 Yard Freestyle

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER

VA: 20.24 V 4/13/2018 Lucas Bureau

1 Parker Hanshew	19 UC12	22.86
2 Jonathan Taylor	24 AAA	24.87
3 Keegan Wise	20 CGMS	24.90

Men 18-24 100 Yard Freestyle

NATL: 42.59 N 12/1/2012 EUGENE GODSOE

VA: 43.97 V 4/13/2018 Lucas Bureau

1 Jonathan Taylor	24 AAA	55.03
25.98	55.03	

Men 18-24 200 Yard Freestyle

NATL: 1:35.02 N 11/8/2009 ANDY GRANT

VA: 1:39.93 V 4/13/2018 Lucas Bureau

1 Eric Liao	22 N*VA	1:42.70
23.42	49.53	1:16.22 1:42.70

Men 18-24 50 Yard Backstroke

NATL: 22.33 N 5/10/2013 ANDREW ELLIOTT

VA: 22.62 V 4/5/2019 Logan Burton

1 Stephen Elliott	24 RMST	31.22
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Men 18-24 100 Yard Backstroke

NATL: 45.36 N 11/30/2012 EUGENE GODSOE

VA: 49.46 V 4/5/2019 Logan Burton

1 Stephen Elliott	24 RMST	1:10.18
34.02	1:10.18	

Men 18-24 200 Yard Backstroke

NATL: 1:44.18 N 5/11/2013 ANDREW ELLIOTT

VA: 1:49.09 V 4/5/2019 Logan Burton

1 Eric Liao	22 N*VA	1:54.81
26.04	54.91	1:24.93 1:54.81

Men 18-24 50 Yard Breaststroke

NATL: 24.53 N 2/1/2015 ROSTYSLAV FEDYNA

VA: 25.15 V 6/20/2024 Travis Nitkiewicz

1 Keegan Wise	20 CGMS	30.36
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Men 18-24 50 Yard Butterfly

NATL: 21.13 N 4/26/2015 HENRIK LINDAU

VA: 21.95 V 4/13/2018 Lucas Bureau

*1 Parker Hanshew	19 UC12	25.23
*1 Keegan Wise	20 CGMS	25.23
3 Stephen Elliott	24 RMST	27.57

Men 18-24 100 Yard Butterfly

NATL: 46.65 N 11/30/2012 EUGENE GODSOE

VA: 47.41 V 4/13/2018 Lucas Bureau

1 Jonathan Taylor	24 AAA	1:07.14
30.86	1:07.14	

Men 18-24 200 Yard Butterfly

NATL: 1:44.08 N 4/30/2022 ZACHARY FONG

VA: 1:51.09 V 9/28/2019 Logan Burton

1 Eric Liao	22 N*VA	1:51.09
24.83	52.99	1:21.39 1:51.09

Men 18-24 100 Yard IM

NATL: 48.96 N 4/26/2019 ANDREW APPLEBY

VA: 49.23 V 4/13/2018 Lucas Bureau

1 Stephen Elliott	24 RMST	1:09.28
30.86	1:09.28	

Men 25-29 50 Yard Freestyle

NATL: 18.67 N 12/20/2014 BOUSQUET\ADRIAN

VA: 20.54 V 3/3/2022 Kevin Mastracci

1 Steven Dinger	26 UC12	22.18
2 Kevin Rinald	29 UC12	24.32

Men 25-29 100 Yard Freestyle

NATL: 41.13 N 5/3/2014 NATHAN ADRIAN

VA: 45.47 V 3/3/2022 Kevin Mastracci

1 Steven Dinger	26 UC12	49.06
23.04	49.06	
2 Justin Rich	28 PSDN	49.08
23.83	49.08	
3 Kevin Rinald	29 UC12	53.75
25.18	53.75	

Men 25-29 200 Yard Freestyle

NATL: 1:31.93 N 12/6/2013 DARIAN TOWNSEND

VA: 1:41.48 V 4/22/2004 Troy Johnson

1 Kevin Rinald	29 UC12	2:06.33
28.36	1:00.62	1:33.82 2:06.33

Men 25-29 50 Yard Backstroke

NATL: 21.46 N 4/16/2010 ADAM MANIA

VA: 23.47 V 4/28/2023 Sam Kettlewell-Sites

1 Steven Dinger	26 UC12	24.64
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Men 25-29 100 Yard Backstroke

NATL: 45.95 N 4/15/2010 ADAM MANIA

VA: 49.48 V 4/30/2023 Sam Kettlewell-Sites

1 Steven Dinger	26 UC12	55.87
26.58	55.87	

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Men 25-29 100 Yard Breaststroke

NATL: 51.51 N 4/28/2023 BENJAMIN CONO
 VA: 53.90 V 1/25/2025 Josue Dominguez Ramos
 1 Alex Muni 29 N*VA 1:13.64
 35.38 1:13.64

Men 25-29 50 Yard Butterfly

NATL: 20.99 N 4/28/2019 MARCIN CIESLAK
 VA: 21.57 V 1/25/2025 Kevin Mastracci
 1 Steven Dinger 26 UC12 26.29
 2 Alex Muni 29 N*VA 29.73

Men 25-29 100 Yard IM

NATL: 47.77 N 5/3/2014 DARIAN TOWNSEND
 VA: 50.26 V 1/25/2025 Josue Dominguez Ramos
 1 Justin Rich 28 PSDN 56.76
 25.41 56.76
 2 Kevin Rinald 29 UC12 1:08.38
 32.60 1:08.38

Men 30-34 50 Yard Freestyle

NATL: 19.33 N 5/3/2014 ERVIN\ERVIN
 VA: 20.65 V 4/13/2018 Kevin Gallagher
 1 Brett Kline 34 PSDN 31.94

Men 30-34 100 Yard Freestyle

NATL: 42.75 N 12/21/2014 DARIAN TOWNSEND
 VA: 44.42 V 12/3/2024 Lucas Bureau
 1 Brian Peterson 33 CM-Y 52.64
 24.96 52.64
 2 Derek Simon 33 UC12 55.94
 26.51 55.94
 3 Nicholas Sawyer 32 QUEST 59.64
 27.97 59.64

Men 30-34 200 Yard Freestyle

NATL: 1:34.00 N 12/19/2014 DARIAN TOWNSEND
 VA: 1:38.30 V 4/25/2025 Lucas Bureau
 1 Brian Peterson 33 CM-Y 1:58.90
 27.62 58.06 1:28.54 1:58.90

Men 30-34 1650 Yard Freestyle

NATL:15:51.57 N 5/12/1996 JEFF ERWIN
 VA:16:31.38 V 2/9/2013 Eric Limkemann
 1 Derek Simon 33 UC12 19:11.99
 29.59 1:02.70 1:36.41 2:10.69
 2:44.58 3:18.83 3:53.26 4:28.25
 5:03.20 5:38.21 6:13.97 6:49.38
 7:25.56 8:01.66 8:37.38 9:13.24
 9:48.45 10:23.43 10:58.58 11:33.41
 12:08.18 12:43.77 13:19.45 13:54.79
 14:30.82 15:06.47 15:41.85 16:16.97
 16:52.35 17:27.76 18:03.18 18:37.94 19:11.99

Men 30-34 50 Yard Backstroke

NATL: 21.37 N 4/26/2019 MATT GREVERS
 VA: 23.97 V 4/27/2017 Joshua Fowler
 1 Sidney Glass 34 1693 24.93
 2 Nicholas Sawyer 32 QUEST 34.95

Men 30-34 100 Yard Backstroke

NATL: 46.34 N 12/21/2013 ADAM MANIA
 VA: 50.49 V 3/9/2007 Ryan Bradley
 1 Brian Peterson 33 CM-Y 59.14
 28.96 59.14

Men 30-34 200 Yard Backstroke

NATL: 1:43.73 N 12/21/2014 ADAM MANIA
 VA: 1:54.10 V 5/21/1995 Chris Stevenson
 1 Brian Peterson 33 CM-Y 2:13.48
 31.49 1:05.20 1:39.56 2:13.48

Men 30-34 50 Yard Breaststroke

NATL: 24.35 N 4/24/2015 MATT GREVERS
 VA: 26.58 V 4/25/2025 Andrew Brower
 1 Jacob McQuiggan 31 CM-Y 28.81
 2 Nicholas Sawyer 32 QUEST 37.47

Men 30-34 100 Yard Breaststroke

NATL: 51.97 N 12/15/2023 BRANDON FISCHER
 VA: 56.83 V 4/26/2025 Andrew Brower
 1 Avery Turner 30 MD 1:00.54
 28.64 1:00.54
 2 Jacob McQuiggan 31 CM-Y 1:02.65
 29.21 1:02.65
 3 Sidney Glass 34 1693 1:02.68
 29.46 1:02.68

Men 30-34 100 Yard Butterfly

NATL: 46.90 N 4/14/2024 ROMAN RYBIN
 VA: 47.67 V 12/3/2024 Lucas Bureau
 1 Harrison Dudding 30 SRVA 53.22
 25.56 53.22
 2 Avery Turner 30 MD 54.77
 25.94 54.77

Men 30-34 200 Yard Butterfly

NATL: 1:45.01 N 4/12/2015 DARIAN TOWNSEND
 VA: 1:48.69 V 4/26/2025 Lucas Bureau
 1 Harrison Dudding 30 SRVA 2:01.75
 27.03 56.77 1:27.90 2:01.75

Men 30-34 100 Yard IM

NATL: 47.71 N 4/29/2017 RYAN LOCHTE
 VA: 52.29 V 4/27/2017 Geoffrey Meyer
 1 Avery Turner 30 MD 58.06
 27.57 58.06
 2 Jacob McQuiggan 31 CM-Y 1:05.16
 29.96 1:05.16
 3 Derek Simon 33 UC12 1:05.31
 30.71 1:05.31
 4 Nicholas Sawyer 32 QUEST 1:10.29
 31.82 1:10.29

Men 30-34 200 Yard IM

NATL: 1:42.03 N 12/20/2014 DARIAN TOWNSEND
 VA: 1:50.11 V 4/27/2025 Lucas Bureau
 1 Avery Turner 30 MD 2:07.60
 26.75 1:02.20 1:37.04 2:07.60

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Men 30-34 400 Yard IMNATL: 3:40.98 N 12/19/2014 **DARIAN TOWNSEND**VA: 4:13.74 V 4/28/2016 **Adam Barley**

1	Harrison Dudding	30	SRVA	4:26.97
	27.26	56.37	1:29.90	2:04.35
	2:43.65	3:21.81	3:54.43	4:26.97

Men 35-39 50 Yard FreestyleNATL: 20.01 N 3/25/2018 **ROLAND SCHOEMAN**VA: 21.18 V 1/26/2008 **Daniel Summerlin**

1	Justin Stauder	38	1693	22.85
2	Austin Witherow	35	BAM1	24.24

Men 35-39 100 Yard FreestyleNATL: 44.24 N 4/20/2009 **VLAD PYSHNENKO**VA: 47.33 V 4/26/2012 **Daniel Summerlin**

1	Max Bernardes	37	UC12	51.41
	24.50	51.41		
2	Justin Stauder	38	1693	52.02
	25.67	52.02		
3	Jonathan Nate	39	JWM	1:04.85
	30.72	1:04.85		
4	Tobey Tobgay	37	SRVA	1:16.62
	36.49	1:16.62		

Men 35-39 500 Yard FreestyleNATL: 4:30.02 N 4/26/2025 **DREW MODROV**VA: 4:50.41 V 4/1/2000 **Chris Stevenson**

1	Tobey Tobgay	37	SRVA	7:29.82
	39.91	1:22.75	2:07.02	2:51.97
	3:38.16	4:24.98	5:12.01	5:58.72
	6:44.86	7:29.82		

Men 35-39 1650 Yard FreestyleNATL:15:53.88 N 5/18/2003 **JEFF ERWIN**VA:17:14.60 V 4/2/2004 **Rob St Jean**

1	Tobey Tobgay	37	SRVA	25:11.40
	40.37	1:23.32	2:07.66	2:51.94
	3:37.45	4:23.31	5:09.74	5:55.96
	6:42.01	7:28.15	8:14.43	9:00.23
	9:46.33	10:32.52	11:18.93	12:05.48
	12:51.59	13:37.66	14:23.58	15:09.85
	15:55.95	16:42.12	17:28.43	18:15.07
	19:01.07	19:47.57	20:33.96	21:21.14
	22:07.51	22:53.76	23:40.25	24:25.88
				25:11.40

Men 35-39 50 Yard BreaststrokeNATL: 25.03 N 3/4/2021 **JAMES FIKE**VA: 27.87 V 4/27/2017 **Aaron Nester**

1	Justin Stauder	38	1693	30.02
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Men 35-39 50 Yard ButterflyNATL: 21.24 N 3/25/2018 **ROLAND SCHOEMAN**VA: 23.36 V 2/29/2020 **Evan Elsaesser**

1	Austin Witherow	35	BAM1	25.18
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Men 35-39 100 Yard ButterflyNATL: 47.31 N 11/9/2025 **RANDALL TOM**VA: 51.69 V 1/26/2008 **Daniel Summerlin**

1	Austin Witherow	35	BAM1	58.48
	26.87	58.48		

Men 35-39 100 Yard IMNATL: 49.01 N 4/29/2017 **JEFF NATALIZIO**VA: 53.70 V 4/28/2016 **Michael Lovett**

1	Jonathan Nate	39	JWM	1:18.63
	37.38	1:18.63		

Men 35-39 200 Yard IMNATL: 1:48.74 N 12/22/2002 **RONALD KARNAUGH**VA: 1:59.02 V 1/26/2008 **Daniel Summerlin**

1	Max Bernardes	37	UC12	2:12.86
	27.82	1:02.91	1:41.14	2:12.86

Men 40-44 50 Yard FreestyleNATL: 20.67 N 12/20/2014 **JOSH DAVIS**VA: 21.84 V 1/1/1998 **John Tudor**

1	Seth Bontrager	44	SRVA	24.24
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Men 40-44 100 Yard FreestyleNATL: 45.15 N 5/3/2014 **JOSH DAVIS**VA: 47.58 V 4/27/2000 **John Tudor**

1	Travis Knop	41	UC12	57.93
	27.44	57.93		

Men 40-44 200 Yard FreestyleNATL: 1:38.23 N 4/24/2015 **JOSH DAVIS**VA: 1:44.37 V 3/6/2009 **Chris Stevenson**

1	Seth Bontrager	44	SRVA	1:58.68
	26.62	56.34	1:27.57	1:58.68

Men 40-44 200 Yard BreaststrokeNATL: 1:56.61 N 3/3/2023 **JAMES FIKE**VA: 2:18.21 V 5/7/1998 **Michael Slowey**

1	Seth Bontrager	44	SRVA	2:26.93
	32.05	1:08.20	1:46.98	2:26.93

Men 40-44 50 Yard ButterflyNATL: 22.06 N 3/16/2024 **ANDREJS DUDA**VA: 23.82 V 5/7/2009 **Chris Stevenson**

1	Travis Knop	41	UC12	27.95
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Men 40-44 100 Yard IMNATL: 49.61 N 1/13/2024 **JAMES FIKE**VA: 55.67 V 5/8/1998 **John Tudor**

1	Travis Knop	41	UC12	1:08.03
	30.83	1:08.03		

Men 40-44 200 Yard IMNATL: 1:50.17 N 4/28/2023 **MARKUS ROGAN**VA: 2:03.51 V 4/27/2000 **John Tudor**

1	Seth Bontrager	44	SRVA	2:08.64
	26.72	1:00.11	1:37.59	2:08.64

Men 45-49 50 Yard FreestyleNATL: 21.06 N 5/21/2010 **RICHARD HUGHEY**VA: 22.65 V 2/5/2017 **Brent Holsten**

1	Mike Callahan	45	CM-Y	23.66
2	William Poynter	49	1693	25.00
3	Matt Merrill	46	PSDN	25.60
4	Chris Coffing	48	CM-Y	27.95
5	Andrew Bristow	46	SRVA	28.28

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Men 45-49 100 Yard Freestyle

NATL: 46.21 N 4/26/2015 NICOLAS GRANGER

VA: 49.89 V 4/28/2023 David Cole

1	Mike Callahan	45	CM-Y	52.77
	25.16	52.77		
2	William Poynter	49	1693	56.44
	26.45	56.44		
3	Chris Coffing	48	CM-Y	59.21
	28.57	59.21		
4	Andrew Bristow	46	SRVA	1:01.98
	29.56	1:01.98		
5	Kevin Richardson	49	RVCN	1:06.27
	32.95	1:06.27		

Men 45-49 200 Yard Freestyle

NATL: 1:41.69 N 5/21/2010 DAVID SIMS

VA: 1:45.92 V 3/5/2010 Chris Stevenson

1	Mike Callahan	45	CM-Y	2:05.03
	28.31	1:00.43	1:33.35	2:05.03
2	Matt Merrill	46	PSDN	2:09.01
	29.11	1:00.70	1:34.79	2:09.01

Men 45-49 500 Yard Freestyle

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER

VA: 4:52.46 V 4/28/2011 Chris Stevenson

1	Matt Merrill	46	PSDN	6:00.77
	32.52	1:07.82	1:43.53	2:20.00
	2:56.76	3:34.89	4:12.16	4:48.70
	5:26.32	6:00.77		

Men 45-49 50 Yard Backstroke

NATL: 23.58 N 4/26/2015 MICHAEL ROSS

VA: 24.28 V 5/20/2010 Chris Stevenson

1	William Poynter	49	1693	32.31
2	Kevin Richardson	49	RVCN	36.85

Men 45-49 50 Yard Breaststroke

NATL: 25.66 N 4/27/2019 JEFF COMMINGS

VA: 28.45 V 4/30/2023 Paul Klepchick

1	Justin Prior	46	PSDN	32.18
2	Andrew Bristow	46	SRVA	37.06
3	Kevin Richardson	49	RVCN	38.53

Men 45-49 100 Yard Breaststroke

NATL: 55.69 N 5/13/2018 STEVE WEST

VA: 1:02.16 V 4/28/2023 Paul Klepchick

1	Justin Prior	46	PSDN	1:09.28
	32.55	1:09.28		
2	Kevin Richardson	49	RVCN	1:23.21
	40.11	1:23.21		

Men 45-49 50 Yard Butterfly

NATL: 22.67 N 5/4/2008 PAUL SMITH

VA: 23.89 V 3/5/2010 Chris Stevenson

1	Matt Merrill	46	PSDN	29.45
2	Chris Coffing	48	CM-Y	31.01
3	Andrew Bristow	46	SRVA	31.38

Men 45-49 100 Yard Butterfly

NATL: 50.20 N 4/29/2022 CHUCK BARNES

VA: 51.36 V 3/5/2010 Chris Stevenson

1	Mike Callahan	45	CM-Y	1:00.38
	28.01	1:00.38		

Men 45-49 100 Yard IM

NATL: 52.14 N 5/23/2010 RICHARD HUGHEY

VA: 54.99 V 5/20/2010 Chris Stevenson

1	Justin Prior	46	PSDN	1:06.38
	31.88	1:06.38		

Men 45-49 200 Yard IM

NATL: 1:51.44 N 4/26/2015 NICOLAS GRANGER

VA: 2:00.26 V 5/20/2010 Chris Stevenson

1	William Poynter	49	1693	2:31.03
	31.28	1:09.90	1:55.22	2:31.03
2	Andrew Bristow	46	SRVA	2:40.31
	32.43	1:16.08	2:01.85	2:40.31

Men 50-54 50 Yard Freestyle

NATL: 21.36 N 4/29/2011 ROWDY GAINES

VA: 22.20 V 4/29/2022 Brent Holsten

1	Derrick Jaastad	53	UC12	24.68
2	Timothy Lecrone	53	VMST	24.92

Men 50-54 100 Yard Freestyle

NATL: 46.59 N 5/10/2009 ROWDY GAINES

VA: 49.78 V 4/28/2023 Brent Holsten

1	Derrick Jaastad	53	UC12	55.24
	26.38	55.24		

Men 50-54 200 Yard Freestyle

NATL: 1:43.76 N 5/10/2009 ROWDY GAINES

VA: 1:54.59 V 4/10/2016 Gregory Harris

1	Fritz Ligday	54	BAM1	2:26.09
	33.81	1:10.82	1:49.08	2:26.09

Men 50-54 500 Yard Freestyle

NATL: 4:47.57 N 5/20/2001 JIM MCCONICA

VA: 5:23.90 V 2/14/2009 Jim McFarland

1	Derrick Jaastad	53	UC12	5:32.97
	30.94	1:03.70	1:36.89	2:09.76
	2:43.02	3:16.39	3:50.28	4:24.59
	4:58.83	5:32.97		
2	Fritz Ligday	54	BAM1	7:03.82
	33.92	1:11.02	1:51.31	2:32.98
	3:16.18	3:59.40	4:44.11	5:30.68
	6:18.25	7:03.82		
3	Edward Czaja	52	BAM1	7:37.06
	40.76	1:27.74	2:14.74	3:03.03
	3:50.39	4:36.42	5:22.78	6:08.89
	6:53.98	7:37.06		

Men 50-54 50 Yard Backstroke

NATL: 24.24 N 1/13/2024 PETER MOORE

VA: 25.19 V 4/29/2022 Brent Holsten

1	Edward Czaja	52	BAM1	37.93
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Men 50-54 50 Yard Breaststroke

NATL: 25.77 N 2/2/2025 JEFF COMMINGS

VA: 28.30 V 5/10/2018 Gregory Harris

1	Jay Peluso	54	SRVA	31.35
2	Edward Czaja	52	BAM1	38.86

Men 50-54 100 Yard Breaststroke

NATL: 56.25 N 4/30/2022 STEVE WEST

VA: 1:01.38 V 5/10/2018 Gregory Harris

1	Jay Peluso	54	SRVA	1:06.51
	31.37		1:06.51	

Men 50-54 50 Yard Butterfly

NATL: 23.19 N 4/25/2004 TRIP HEDRICK

VA: 23.62 V 4/29/2022 Brent Holsten

1	Timothy Lecrone	53	VMST	26.56
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Men 50-54 100 Yard Butterfly

NATL: 51.60 N 4/16/2023 WILLIAM WEAVER

VA: 56.35 V 2/8/2015 Chris Stevenson

1	Timothy Lecrone	53	VMST	1:01.74
	29.60		1:01.74	

Men 55-59 1650 Yard Freestyle

NATL:17:11.12 N 5/20/2007 JIM MC CONICA

VA:18:54.75 V 7/21/2021 George Sushkoff

1	Dave Holland	58	N*VA	21:20.84
	34.29	1:12.44	1:50.77	2:29.64
	3:08.31	3:46.88	4:25.71	5:04.80
	5:44.46	6:23.48	7:02.82	7:41.94
	8:21.10	9:00.04	9:39.12	10:18.22
	10:57.52	11:36.92	12:16.58	12:55.66
	13:34.64	14:13.92	14:53.14	15:32.17
	16:11.12	16:50.38	17:30.22	18:09.09
	18:48.57	19:27.55	20:06.02	20:44.38
				21:20.84

Men 55-59 50 Yard Breaststroke

NATL: 26.32 N 4/27/2019 CARLO TRAVAINI

VA: 29.18 V 4/5/2019 Gregory Harris

1	Kirk Cumpston	57	SRVA	43.69
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Men 55-59 50 Yard Butterfly

NATL: 23.57 N 7/25/2021 STEVE HILTABIDDLE

VA: 26.22 V 4/19/2024 Jonathan Ruckdeschel

1	Kirk Cumpston	57	SRVA	40.07
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Men 55-59 200 Yard Butterfly

NATL: 2:01.59 N 5/12/2018 DAVID SIMS

VA: 2:13.78 V 4/25/2019 Doug Bergen

1	Dave Holland	58	N*VA	2:30.56
	32.14	1:09.92	1:49.10	2:30.56

Men 55-59 100 Yard IM

NATL: 55.07 N 4/29/2023 MIKE IRVIN

VA: 58.80 V 4/5/2019 Gregory Harris

1	Kirk Cumpston	57	SRVA	1:36.15
	45.80		1:36.15	

Men 55-59 400 Yard IM

NATL: 4:27.10 N 4/25/2025 ABRAHAM SOLANO

VA: 4:56.10 V 1/27/2019 Gregory Harris

1	Dave Holland	58	N*VA	5:09.55
	30.94	1:06.69	1:46.35	2:26.86
	3:12.03	3:57.73	4:34.05	5:09.55
2	Bruce MacDonald	55	CM-Y	5:24.18
	33.99	1:13.31	1:56.61	2:38.48
	3:25.53	4:10.58	4:48.01	5:24.18

Men 60-64 50 Yard Freestyle

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMAS

VA: 24.16 V 4/14/2011 Scott Kauffman

1	James Mandell	63	UC12	27.11
2	John Faulconer	61	UC12	27.67
3	David Costanza	61	CM-Y	34.55
4	Gregory Armand	62	CM-Y	37.20

Men 60-64 100 Yard Freestyle

NATL: 49.14 N 5/22/2005 RICHARD ABRAHAMAS

VA: 54.14 V 4/13/2018 Douglas Slater

1	John Faulconer	61	UC12	1:03.04
	29.73		1:03.04	
2	Matthew Bickley	64	CGMS	1:03.87
	30.10		1:03.87	
3	Mark Webb	61	N*VA	1:15.44
	36.65		1:15.44	
4	David Costanza	61	CM-Y	1:20.40
	37.42		1:20.40	
5	Gregory Armand	62	CM-Y	1:21.09
	38.35		1:21.09	
6	Seiji Kato	64	VMST	1:25.21
	40.64		1:25.21	

Men 60-64 200 Yard Freestyle

NATL: 1:51.08 N 4/24/2015 RICK COLELLA

VA: 2:01.44 V 3/22/2025 Chris Stevenson

1	Matthew Bickley	64	CGMS	2:23.78
	32.42	1:08.18	1:46.07	2:23.78
2	Chris Kammermann	63	CGMS	2:35.94
	35.71	1:15.95	1:56.87	2:35.94
3	Seiji Kato	64	VMST	3:00.83
	40.10	1:24.77	2:13.30	3:00.83
4	Gregory Armand	62	CM-Y	3:06.55
	42.00	1:28.68	2:18.62	3:06.55

Men 60-64 500 Yard Freestyle

NATL: 5:02.69 N 6/21/2024 FRED SCHUSTER

VA: 5:55.87 V 7/21/2021 Jorge Cortina

1	Matthew Bickley	64	CGMS	6:34.83
	34.59	1:12.80	1:52.53	2:32.59
	3:12.65	3:53.08	4:33.75	5:14.23
	5:54.82		6:34.83	
2	Gregory Armand	62	CM-Y	8:15.67
	43.38	1:32.03	2:22.71	3:13.45
	4:04.31	4:55.35	5:47.33	6:37.44
	7:27.06		8:15.67	

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Men 60-64 1650 Yard Freestyle

NATL: 17:44.05 N 4/28/2022 ARNALDO PEREZ

VA: 20:25.03 V 7/21/2021 Jorge Cortina

1	Matthew Bickley	64	CGMS	23:00.56
	35.89	1:16.46	1:58.30	2:40.40
	3:22.25	4:03.77	4:45.86	5:27.98
	6:10.38	6:52.38	7:34.05	8:16.02
	8:58.05	9:40.48	10:22.69	11:05.01
	11:47.24	12:29.41	13:11.59	13:53.43
	14:35.44	15:17.45	15:59.41	16:41.92
	17:24.17	18:06.65	18:49.35	19:31.41
	20:13.42	20:55.34	21:37.32	22:19.40
				23:00.56

Men 60-64 50 Yard Backstroke

NATL: 25.98 N 11/2/2025 FRITZ BEDFORD

VA: 27.38 V 2/15/2025 Chris Stevenson

1	James Mandell	63	UC12	35.13
2	Damian Whitham	62	VABR	35.69
3	David Costanza	61	CM-Y	45.90

Men 60-64 100 Yard Backstroke

NATL: 56.81 N 10/27/2024 FRITZ BEDFORD

VA: 57.94 V 2/15/2025 Chris Stevenson

1	Damian Whitham	62	VABR	1:16.12
	37.00	1:16.12		

Men 60-64 200 Yard Backstroke

NATL: 2:06.60 N 4/26/2025 JIM TUCHLER

VA: 2:09.07 V 2/15/2025 Chris Stevenson

1	Damian Whitham	62	VABR	2:50.07
	40.09	1:22.15	2:05.86	2:50.07

Men 60-64 50 Yard Breaststroke

NATL: 26.87 N 6/20/2024 CARLO TRAVAINI

VA: 31.47 V 5/15/2003 Jack Schiltz

1	James Mandell	63	UC12	36.57
2	David Costanza	61	CM-Y	45.80
3	Mark Webb	61	N*VA	49.82

Men 60-64 100 Yard Breaststroke

NATL: 58.98 N 4/28/2023 CARLO TRAVAINI

VA: 1:10.65 V 7/15/2023 David Malsbury

1	Seiji Kato	64	VMST	1:39.58
	48.02	1:39.58		

Men 60-64 50 Yard Butterfly

NATL: 24.36 N 2/10/2018 BRUCE KONE

VA: 26.59 V 3/22/2025 Chris Stevenson

1	James Mandell	63	UC12	30.60
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Men 60-64 100 Yard IM

NATL: 56.65 N 6/21/2024 CARLO TRAVAINI

VA: 1:00.09 V 4/13/2018 Douglas Slater

1	James Mandell	63	UC12	1:14.94
	34.27	1:14.94		
2	Damian Whitham	62	VABR	1:18.56
	35.89	1:18.56		
3	Chris Kammermann	63	CGMS	1:26.59
	42.02	1:26.59		
4	Mark Webb	61	N*VA	1:34.97
	44.79	1:34.97		

Men 60-64 200 Yard IM

NATL: 2:03.26 N 5/4/2014 RICK COLELLA

VA: 2:17.83 V 5/10/2018 Douglas Slater

1	Matthew Bickley	64	CGMS	2:45.54
	34.80	1:18.16	2:06.80	2:45.54
2	Chris Kammermann	63	CGMS	3:15.93
	48.42	1:40.50	2:37.21	3:15.93

Men 60-64 400 Yard IM

NATL: 4:24.24 N 5/2/2014 RICK COLELLA

VA: 5:08.78 V 3/17/2018 Douglas Slater

1	Chris Kammermann	63	CGMS	7:09.91
	51.38	1:51.32	2:50.23	3:49.48
	4:50.16	5:50.73	6:31.39	7:09.91

Men 65-69 50 Yard Freestyle

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMAS

VA: 24.85 V 4/19/2024 Douglas Slater

1	David Ruff	65	NCMS	30.17
2	David Speer	66	VMST	54.95

Men 65-69 100 Yard Freestyle

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMAS

VA: 55.71 V 7/27/2025 Algernon Keith

1	David Ruff	65	NCMS	1:08.05
	32.78	1:08.05		
2	David Speer	66	VMST	2:09.33

Men 65-69 200 Yard Freestyle

NATL: 1:52.57 N 4/30/2017 RICK COLELLA

VA: 2:11.42 V 1/25/2025 Jorge Cortina

1	David Ruff	65	NCMS	2:33.72
	35.32	1:14.89	1:55.48	2:33.72

Men 65-69 1650 Yard Freestyle

NATL: 18:48.76 N 5/15/2022 DOUG KAJIWARA

VA: 22:36.37 V 5/7/2009 Sandy Galletly

1	Jorge Cortina	66	VMST	21:04.30V
	33.21	1:09.95	1:47.86	2:26.92
	3:05.88	3:44.56	4:23.54	5:02.19
	5:40.80	6:19.46	6:58.18	7:36.76
	8:15.35	8:53.69	9:32.25	10:10.90
	10:49.30	11:28.13	12:06.67	12:45.00
	13:23.76	14:02.20	14:40.58	15:19.01
	15:57.27	16:35.94	17:14.58	17:53.06
	18:31.51	19:10.28	19:49.16	20:27.95
				21:04.30
2	Chuck Billingsley	69	UC12	28:19.07
	46.17	1:35.19	2:25.79	3:16.67
	4:08.02	5:00.03	5:52.64	6:44.47
	7:35.79	8:27.77	9:19.18	10:11.78
	11:03.49	11:55.23	12:47.31	13:39.21
	14:31.18	15:22.80	16:14.63	17:07.05
	17:58.99	18:50.86	19:42.84	20:34.80
	21:26.77	22:18.55	23:10.78	24:02.65
	24:54.49	25:47.14	26:38.59	27:29.86
				28:19.07

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Men 65-69 200 Yard Backstroke

NATL: 2:09.34 N 5/4/2024 DAVID BISHOP

VA: 2:25.74 V 4/19/2024 Douglas Slater

1	Algernon Keith	65	VMST	2:50.32
	40.22	1:23.80	2:08.53	2:50.32

Men 65-69 50 Yard Breaststroke

NATL: 28.77 N 7/25/2025 DAVID GUTHRIE

VA: 33.58 V 1/14/2024 Pat Ryan

1	Algernon Keith	65	VMST	34.52
2	David Ruff	65	NCMS	41.66
3	David Speer	66	VMST	1:29.14

Men 65-69 100 Yard IM

NATL: 57.37 N 4/26/2019 RICK COLELLA

VA: 1:07.61 V 4/19/2024 Douglas Slater

1	David Ruff	65	NCMS	1:22.12
	38.07	1:22.12		

Men 65-69 200 Yard IM

NATL: 2:03.63 N 4/28/2017 RICK COLELLA

VA: 2:34.93 V 5/11/2006 Art Wolfe

1	Algernon Keith	65	VMST	2:46.86
	35.27	1:18.77	2:09.52	2:46.86

Men 70-74 50 Yard Freestyle

NATL: 24.01 N 5/20/2023 DOUG MARTIN

VA: 26.96 V 4/28/2016 Hank Holswade

1	Dennis Shannon	72	CM-Y	31.89
2	Charles West	72	1693	44.44

Men 70-74 50 Yard Backstroke

NATL: 28.62 N 4/27/2025 TOM WOLF

VA: 33.86 V 4/28/2016 Hank Holswade

1	William Wardle	74	CM-Y	35.39
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Men 70-74 100 Yard Backstroke

NATL: 1:00.62 N 4/25/2025 TOM WOLF

VA: 1:13.01 V 4/19/2024 William Wardle

1	William Wardle	74	CM-Y	1:13.85
	36.59	1:13.85		

Men 70-74 200 Yard Backstroke

NATL: 2:12.65 N 4/15/2023 RICK COLELLA

VA: 2:35.71 V 5/6/2023 William Wardle

1	William Wardle	74	CM-Y	2:38.10
	36.87	1:16.13	1:57.07	2:38.10

Men 70-74 50 Yard Breaststroke

NATL: 29.67 N 4/15/2023 RICK COLELLA

VA: 37.44 V 4/19/2024 Craig Bauer

1	Charles West	72	1693	56.25
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Men 70-74 50 Yard Butterfly

NATL: 26.30 N 4/15/2023 RICK COLELLA

VA: 31.59 V 4/26/2012 Randolph Wise

1	Dennis Shannon	72	CM-Y	32.21
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Men 70-74 100 Yard Butterfly

NATL: 58.74 N 11/6/2022 RICK COLELLA

VA: 1:19.07 V 4/19/2024 Dennis Shannon

1	Dennis Shannon	72	CM-Y	1:23.42
	35.61	1:23.42		

Men 70-74 100 Yard IM

NATL: 59.97 N 4/30/2022 RICK COLELLA

VA: 1:15.93 V 4/19/2024 William Wardle

1	William Wardle	74	CM-Y	1:17.66
	35.64	1:17.66		

Men 80-84 50 Yard Freestyle

NATL: 28.15 N 4/26/2025 RICHARD ABRAHAMAS

VA: 31.15 V 2/11/2023 Harry Sober

1	Harry Sober	83	VMST	32.55
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Men 80-84 100 Yard Freestyle

NATL: 1:03.59 N 6/20/2024 RICHARD BURNS

VA: 1:12.43 V 2/11/2023 Harry Sober

1	Harry Sober	83	VMST	1:14.61
	33.85	1:14.61		

Men 90-94 50 Yard Freestyle

NATL: 35.96 N 9/21/2003 WOODY BOWERSOCK

VA: 46.73 V 3/8/2025 Lee Bergen

1	Cal Beattie	91	UC12	1:06.97
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Men 90-94 100 Yard Freestyle

NATL: 1:27.26 N 3/21/2004 WOODROW BOWERSOCK

VA: 1:46.73 V 3/8/2025 Lee Bergen

1	Cal Beattie	91	UC12	2:23.63
	1:07.84	2:23.63		

Men 90-94 200 Yard Freestyle

NATL: 3:18.81 N 1/31/2015 WILLARD LAMB

VA: 4:30.53 V 2/8/2015 Calvin Barnes

1	Cal Beattie	91	UC12	5:19.94
	1:10.96	2:30.48	3:56.04	5:19.94

Women 18+ 200 Yard Freestyle Relay

NATL: 1:35.66 N 4/30/2016 CLUB TRIBE ALUM

G MIZERAK, S SHANER, C HURTUBISE, K GRIER

VA: 1:35.66 V 4/28/2016 1693

G Mizerak, S Shaner, C Hurtubise, K Grier

1	SRVA	A	2:23.27
1)	Valerie Warshaw W44	2)	Elizabeth Prom-Wormley V
3)	Christina Caldwell W38	4)	Barbara Hichak W71
	41.91	1:16.78	1:51.04
			2:23.27

Women 25+ 200 Yard Freestyle Relay

NATL: 1:34.06 N 4/27/2025 The Olympic Clu

L GREEN, M BALLENGER, G ZHAO, V BURNS

VA: 1:38.28 V 4/13/2018 1693

G Mizerak, S Shaner, K Gass, K Grier

1	CM-Y	A	2:00.47
1)	Paige Hulsizer W39	2)	Kaela Lettieri W29
3)	Caroline Gustavson W28	4)	Emily Callahan W46
	29.31	1:00.08	1:29.39
			2:00.47

2026 USMS VA SC STATE CHAMPS - 2/15/2026

Results - Sunday

Women 25+ 200 Yard Medley Relay

NATL: 1:44.32 N 4/29/2023 NEW YORK ATHLET

A HOWE, P KAMINSKI, N LARSON, E MCDONALD

VA: 1:52.13 V 4/24/2025 1693

N Garrett, S Kulczycki, M Cundiff, E Jacobs

1	CM-Y	A	2:24.26
1)	Paige Hulsizer W39	2)	Kaela Lettieri W29
3)	Caroline Gustavson W28	4)	Emily Callahan W46
	35.39		1:17.70 1:53.26 2:24.26

Women 35+ 200 Yard Freestyle Relay

NATL: 1:36.42 N 2/1/2015 NCMS

K LINDAUER, A UHL, J STRINGER, E BRAUN

VA: 1:41.49 V 4/3/2019 1693

R Ann Thomas, M Choe, K Gass, K Grier

1	CM-Y	B	2:27.48
1)	Angela Ciolfi W48	2)	Rebecca Latimer W43
3)	Beth Frackleton W64	4)	Lindsey Henry W43
	29.90		1:01.91 1:48.76 2:27.48

Women 35+ 200 Yard Medley Relay

NATL: 1:48.55 N 5/14/2006 COLORADO MASTER

S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

VA: 1:55.50 V 4/3/2019 1693

K Grier, K Harris, M Choe, K Gass

1	CM-Y	B	2:50.74
1)	Angela Ciolfi W48	2)	Rebecca Latimer W43
3)	Beth Frackleton W64	4)	Lindsey Henry W43
	37.81		1:19.35 2:10.28 2:50.74

Men 18+ 200 Yard Medley Relay

NATL: 1:26.71 N 5/2/2014 THE OLYMPIC CLU

A SAETA, N KOON, N ADRIAN, A ERVIN

VA: 1:31.27 V 1/25/2025 N*VA

E Liao, J Dominguez Ramos, K Mastracci, B Phillips

1	SRVA	A	1:54.70
1)	Andrew Bristow M46	2)	Jay Peluso M54
3)	Seth Bontrager M44	4)	Harrison Dudding M30
	34.92		1:05.28 1:31.73 1:54.70

Men 25+ 200 Yard Freestyle Relay

NATL: 1:19.71 N 4/7/2018 RICE AQUATICS

W WAGNER, A SURHOFF, D HILL, B COLLINS

VA: 1:21.71 V 4/24/2025 1693

M Healey, L Bureau, S Kettlewell-Sites, J Portmann

1	CM-Y	A	1:43.83
1)	Brian Peterson M33	2)	Jacob McQuiggan M31
3)	Chris Coffing M48	4)	Mike Callahan M45
	25.36		51.95 1:19.80 1:43.83

Men 25+ 200 Yard Medley Relay

NATL: 1:27.81 N 4/29/2017 GOLDEN ROAD AQU

R LOCHTE, M ALEXANDROV, T COX, L PECHMANN

VA: 1:31.29 V 4/24/2025 1693

S Kettlewell-Sites, A Brower, L Bureau, M Healey

1	CM-Y	A	1:50.52
1)	Brian Peterson M33	2)	Jacob McQuiggan M31
3)	Mike Callahan M45	4)	Chris Coffing M48
	29.08		59.04 1:24.34 1:50.52

Mixed 18+ 100 Yard Freestyle Relay

1	SRVA	A	53.85
1)	Harrison Dudding M30	2)	Christina Caldwell W38
3)	Barbara Hichak W71	4)	Seth Bontrager M44
	27.99		53.85
2	SRVA	B	58.76
1)	Andrew Bristow M46	2)	Elizabeth Prom-Wormley V
3)	Valerie Warshaw W44	4)	Jay Peluso M54
	29.15		58.76

Mixed 18+ 200 Yard Freestyle Relay

NATL: 1:24.76 N 5/2/2014 THE OLYMPIC CLU

N ADRIAN, K RAATZ, K KASTES, A ERVIN

VA: 1:28.96 V 4/27/2023 1693

M Healey, S Kettlewell-Sites, C Bristow, B Zhang

1	1693	A	2:02.44
1)	Alicia Vesey W27	2)	Sidney Glass M34
3)	Laurie Wei W31	4)	Charles West M72
	26.80		49.49 1:19.25 2:02.44

Mixed 25+ 100 Yard Freestyle Relay

1	1693	A	47.68
1)	Justin Stauder M38	2)	Madison Littlepage W26
3)	Alicia Vesey W27	4)	Sidney Glass M34
	24.57		47.68

Mixed 45+ 200 Yard Freestyle Relay

NATL: 1:34.48 N 5/4/2008 ARIZONA MASTERS

J SMITH, M BAILEY, S ROLLINS, P SMITH

VA: 1:37.43 V 4/29/2022 1693

B Holsten, R Williams, F Willeboordse, S Williams

1	VMST	A	2:01.70
1)	Lauren Hasselquist W67	2)	Algernon Keith M65
3)	Timothy Lecrone M53	4)	Katie Webb W46
	33.34		59.50 1:26.52 2:01.70

Mixed 45+ 200 Yard Medley Relay

NATL: 1:42.92 N 1/20/2024 NORTH CAROLINA

W WEAVER, D DUNSON, E BRAUN, J MIHALIK

VA: 1:47.71 V 4/29/2022 1693

D Bell, R Williams, S Williams, F Willeboordse

1	VMST	A	DQ
1)	Lauren Hasselquist W67	2)	Algernon Keith M65
3)	Timothy Lecrone M53	4)	Katie Webb W46
	35.76		1:10.25 1:37.25 DQ

Mixed 55+ 200 Yard Freestyle Relay

NATL: 1:38.64 N 4/9/2017 NORTH CAROLINA

F MCEACHRAN, N CLARK, S WALSH, J KLEIN

VA: 1:52.81 V 4/28/2016 VMST

L Tudor, S Loftus-Charley, P Miller, H Holswade

1	CM-Y	B	2:26.34
1)	Pania Meggison W65	2)	Gregory Armand M62
3)	David Costanza M61	4)	Peggy Armand W62
	37.08		1:14.26 1:50.83 2:26.34

2026 USMS VA SC STATE CHAMPS - 2/15/2026**Results - Sunday****Mixed 55+ 200 Yard Medley Relay****NATL: 1:50.70 N 4/8/2017 NORTH CAROLINA****F MCEACHRAN, N VESTAL, J KLEIN, S WALSH****VA: 2:02.36 V 1/25/2025 N*VA****V Van Horn Pate, P Ryan, D Holland, K Parker Palac**

1	CM-Y	B	3:07.57
1)	Gregory Armand M62	2)	Peggy Armand W62
3)	Pania Meggison W65	4)	David Costanza M61
	53.77	1:39.52	2:33.08 3:07.57

Mixed 65+ 200 Yard Freestyle Relay**NATL: 1:45.58 N 4/29/2022 LONE STAR MASTE****R NEVILLE, B WILLIAMS, L MORRISON, J WOOLSLAYER****VA: 2:03.65 V 2/11/2023 CMY****D Shannon, S Loftus-Charley, M Clute, C Bauer**

1	CM-Y	A	2:09.09
1)	Dennis Shannon M72	2)	Shirley Loftus-Charley W74
3)	Susan Lawson W66	4)	William Wardle M74
	33.79	1:06.41	1:38.14 2:09.09

Mixed 65+ 200 Yard Medley Relay**NATL: 1:58.70 N 4/30/2022 LONE STAR MASTE****T WOLF, R NEVILLE, J WOOLSLAYER, L MORRISON****VA: 2:20.95 V 5/20/2010 VMST****B Durrant, W Brundage, H Sober, B Schreiner**

1	CM-Y	A	2:24.14
1)	William Wardle M74	2)	Shirley Loftus-Charley W74
3)	Dennis Shannon M72	4)	Susan Lawson W66
	35.28	1:19.02	1:53.12 2:24.14

Combined Team Scores

Combined Team Scores - Through Event 42	
1. Cavalier Masters	1791
2. Virginia Masters Swim Team	695
3. SwimRVA Hammerheads	661
4. Club Tribe	481
5. Poseidon Masters	478
6. Nova of Virginia Aquatics	399
7. North Carolina Masters Swimmin	276
8. River City Masters	267
9. Burkwood Aquatics Masters	249
10. Cgbd Masters Swimming	221.5
11. Tide Swimming	185
12. Virginia Blue Ridge YMCA	164
13. Alexandria Masters Swimming	140
14. Quest Masters	125
15. Anne Arundel Amphibians	117
16. Connecticut Masters	109
17. District Of Columbia Aquatics	106
18. Stripers	100
19. Lynchburg Aquatic Club	82
20. Mmaryland Masters	77
21. Reston Masters Swim Team	76
22. Cnu Swim Club	74
23. L4s Lane 4 Swimmin	53
24. Jersey Wahoos Masters	36
25. Swimmerd	34

Scores - Women

Women - Team Rankings - Through Event 42	
1. Cavalier Masters	1007
2. Virginia Masters Swim Team	339
3. Poseidon Masters	288
4. SwimRVA Hammerheads	247
5. Club Tribe	237
6. River City Masters	203
7. Nova of Virginia Aquatics	195
8. Tide Swimming	185
9. North Carolina Masters Swimmin	179
10. Alexandria Masters Swimming	140
11. Connecticut Masters	109
12. District Of Columbia Aquatics	106
13. Burkwood Aquatics Masters	102
14. Stripers	100
15. Virginia Blue Ridge YMCA	90
16. Lynchburg Aquatic Club	82
17. Cnu Swim Club	74
18. Quest Masters	60
18. Anne Arundel Amphibians	60
20. L4s Lane 4 Swimmin	53
21. Swimmerd	34

Scores - Men

Men - Team Rankings - Through Event 42	
1. Cavalier Masters	624
2. SwimRVA Hammerheads	414
3. Virginia Masters Swim Team	276
4. Cgbd Masters Swimming	221.5
5. Nova of Virginia Aquatics	204
5. Club Tribe	204
7. Poseidon Masters	190
8. Burkwood Aquatics Masters	147
9. North Carolina Masters Swimmin	97
10. Mmaryland Masters	77
11. Reston Masters Swim Team	76
12. Virginia Blue Ridge YMCA	74
13. Quest Masters	65
14. River City Masters	64
15. Anne Arundel Amphibians	57
16. Jersey Wahoos Masters	36