

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

February 11-12, 2012 -- 25Y Course

## Results

**Women 18-24 50 Yard Freestyle**

NATL: 22.96 N 4/18/2010 KARA DENBY

VA: 23.89 V 4/18/1998 Janet Mayville

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Aeppli, Lauren E | 24 | VMST-VA | 28.14 |
| 2 | Holt, Leslie B   | 22 | Unat-VA | 28.45 |

**Women 18-24 100 Yard Freestyle**

NATL: 48.29 N 11/8/2009 DANA VOLLMER

VA: 52.09 V 4/18/1998 Janet Mayville

|   |                  |    |         |               |
|---|------------------|----|---------|---------------|
| 1 | Aeppli, Lauren E | 24 | VMST-VA | 1:00.50       |
|   |                  |    |         | 28.55 1:00.50 |

**Women 18-24 200 Yard Freestyle**

NATL: 1:43.28 N 11/8/2009 DANA VOLLMER

VA: 1:54.70 V 4/18/1998 Janet Mayville

|   |                   |    |         |                               |
|---|-------------------|----|---------|-------------------------------|
| 1 | Aeppli, Lauren E  | 24 | VMST-VA | 2:14.58                       |
|   |                   |    |         | 31.14 1:05.02 1:40.18 2:14.58 |
| 2 | Deacon, Rebecca G | 23 | VMST-VA | 2:14.99                       |
|   |                   |    |         | 31.48 1:05.06 1:39.64 2:14.99 |

**Women 18-24 500 Yard Freestyle**

NATL: 4:49.97 N 10/25/2003 JESSICA FOSCHI

VA: 5:17.94 V 5/7/2009 Anne Muir

|   |                         |    |         |                                 |
|---|-------------------------|----|---------|---------------------------------|
| 1 | Warren-Shriner, Lindsey | 23 | DCAC-PV | 5:50.10                         |
|   |                         |    |         | 32.71 1:08.05 1:44.42 2:20.63   |
|   |                         |    |         | 2:55.69 3:31.61 4:04.40 4:39.63 |
|   |                         |    |         | 5:15.37 5:50.10                 |
| 2 | Aeppli, Lauren E        | 24 | VMST-VA | 6:01.77                         |
|   |                         |    |         | 32.66 1:07.26 1:43.06 2:19.15   |
|   |                         |    |         | 2:55.75 3:32.81 4:10.12 4:47.42 |
|   |                         |    |         | 5:24.57 6:01.77                 |
| 3 | Turner, Sallie P        | 21 | Unat-VA | 6:07.85                         |
|   |                         |    |         | 33.14 1:10.20 1:47.93 2:26.36   |
|   |                         |    |         | 3:04.19 3:41.09 4:18.47 4:55.41 |
|   |                         |    |         | 5:32.33 6:07.85                 |

**Women 18-24 1000 Yard Freestyle**

NATL: 10:18.49 N 2/13/2010 JUSTINE MUELLER

VA: 10:56.04 V 5/7/2009 Anne Muir

|   |                         |    |         |                                     |
|---|-------------------------|----|---------|-------------------------------------|
| 1 | Warren-Shriner, Lindsey | 23 | DCAC-PV | 12:04.61                            |
|   |                         |    |         | 33.13 1:09.28 1:46.10 2:22.70       |
|   |                         |    |         | 2:59.09 3:35.44 4:12.30 4:49.24     |
|   |                         |    |         | 5:25.28 6:00.94 6:36.01 7:11.53     |
|   |                         |    |         | 7:48.33 8:25.15 9:01.80 9:39.01     |
|   |                         |    |         | 10:16.16 10:53.41 11:29.26 12:04.61 |
| 2 | Turner, Sallie P        | 21 | Unat-VA | 12:41.20                            |
|   |                         |    |         | 33.44 1:09.94 1:46.45 2:23.65       |
|   |                         |    |         | 3:00.45 3:37.66 4:15.00 4:54.18     |
|   |                         |    |         | 5:32.06 6:10.10 6:49.00 7:27.88     |
|   |                         |    |         | 8:06.89 8:45.74 9:24.44 10:05.13    |
|   |                         |    |         | 10:44.05 11:22.60 11:59.72 12:41.20 |

**Women 18-24 100 Yard Backstroke**

NATL: 55.90 N 5/23/2010 EMILE EWING

VA: 1:01.67 V 5/20/1993 Heather Moore

|   |                   |    |         |               |
|---|-------------------|----|---------|---------------|
| 1 | Deacon, Rebecca G | 23 | VMST-VA | 1:10.37       |
|   |                   |    |         | 34.18 1:10.37 |

**Women 18-24 200 Yard Backstroke**

NATL: 1:59.22 N 4/30/2000 SARA SCHWEITZER

VA: 2:07.40 V 2/12/2011 Lori Leitzinger

|   |                  |    |         |                               |
|---|------------------|----|---------|-------------------------------|
| 1 | Aeppli, Lauren E | 24 | VMST-VA | 2:27.17                       |
|   |                  |    |         | 34.83 1:12.26 1:50.04 2:27.17 |

**Women 18-24 50 Yard Butterfly Novice**

NATL: 24.54 N 11/8/2009 DANA VOLLMER

VA: 27.58 V 4/15/2011 Rachel Nelson

|   |                |    |         |       |
|---|----------------|----|---------|-------|
| 1 | Holt, Leslie B | 22 | Unat-VA | 32.11 |
|---|----------------|----|---------|-------|

**Women 18-24 100 Yard Butterfly**

NATL: 52.30 N 11/8/2009 DANA VOLLMER

VA: 1:00.84 V 5/20/1993 Heather Coulson-Moore

|   |                  |    |         |               |
|---|------------------|----|---------|---------------|
| 1 | Aeppli, Lauren E | 24 | VMST-VA | 1:10.92       |
|   |                  |    |         | 32.48 1:10.92 |

**Women 18-24 200 Yard Butterfly**

NATL: 2:02.28 N 3/4/2001 RACHEL KOMISARZ

VA: 2:12.31 V 1998 Janet Mayville

|   |                   |    |         |                             |
|---|-------------------|----|---------|-----------------------------|
| 1 | Shaw, Elizabeth N | 23 | VMST-VA | 2:03.45V                    |
|   |                   |    |         | 27.98 59.42 1:31.26 2:03.45 |

**Women 18-24 200 Yard IM**

NATL: 2:02.35 N 4/18/2010 KARA DENBY

VA: 2:15.75 V 5/7/2009 Anne Muir

|   |                         |    |         |                               |
|---|-------------------------|----|---------|-------------------------------|
| 1 | Aeppli, Lauren E        | 24 | VMST-VA | 2:27.41                       |
|   |                         |    |         | 31.13 1:08.73 1:52.78 2:27.41 |
| 2 | Warren-Shriner, Lindsey | 23 | DCAC-PV | 2:37.11                       |
|   |                         |    |         | 34.19 1:15.08 2:02.13 2:37.11 |

**Women 25-29 50 Yard Freestyle**

NATL: 23.16 N 4/24/2005 PETRA MARTIN

VA: 25.03 V 2/12/2011 Lucy Carrig

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Rogulj, Bonnie L | 26 | VMST-VA | 26.50 |
| 2 | Clair, Sarah V   | 27 | Unat-VA | 26.65 |
| 3 | Metzger, Megan C | 25 | NCMS-NC | 29.10 |

**Women 25-29 50 Yard Freestyle Novice**

NATL: 23.16 N 4/24/2005 PETRA MARTIN

VA: 25.03 V 2/12/2011 Lucy Carrig

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Zakhour, Randa K | 27 | URMS-VA | 36.25 |
|---|------------------|----|---------|-------|

**Women 25-29 100 Yard Freestyle**

NATL: 49.70 N 2/21/2010 MEAGAN JENDRICK

VA: 53.75 V 5/20/1993 Beth Gardner

|   |                   |    |         |               |
|---|-------------------|----|---------|---------------|
| 1 | Myers, Danielle E | 27 | VMST-VA | 57.12         |
|   |                   |    |         | 27.92 57.12   |
| 2 | Zakhour, Randa K  | 27 | URMS-VA | 1:19.90       |
|   |                   |    |         | 38.43 1:19.90 |

**Women 25-29 200 Yard Freestyle**

NATL: 1:48.80 N 5/20/2001 LIMIN LIU

VA: 1:58.81 V 3/18/2011 Kate Hibbard

|   |                   |    |         |                               |
|---|-------------------|----|---------|-------------------------------|
| 1 | Myers, Danielle E | 27 | VMST-VA | 2:05.50                       |
|   |                   |    |         | 29.83 1:01.63 1:33.74 2:05.50 |
| 2 | Clair, Sarah V    | 27 | Unat-VA | 2:08.44                       |
|   |                   |    |         | 30.20 1:03.61 1:37.18 2:08.44 |
| 3 | Russo, Claire C   | 28 | VMST-VA | 2:10.47                       |
|   |                   |    |         | 30.76 1:04.22 1:37.81 2:10.47 |

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## Results

**(Women 25-29 200 Yard Freestyle)**

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 4 | Turner, Betsy | 27      | VMST-VA | 2:14.95 |
|   | 31.65         | 1:06.31 | 1:40.98 | 2:14.95 |

**Women 25-29 1000 Yard Freestyle**

NATL: 10:12.34 N 3/19/1994 LISA HAZEN

VA: 11:05.34 V 6/1/1985 Deborah Cain

|   |                   |          |          |          |
|---|-------------------|----------|----------|----------|
| 1 | Thomas, Lillian M | 28       | TERR-PV  | 11:37.88 |
|   | 32.35             | 1:06.41  | 1:40.85  | 2:15.77  |
|   | 2:50.76           | 3:25.60  | 4:00.51  | 4:35.16  |
|   | 5:09.90           | 5:44.85  | 6:19.75  | 6:54.54  |
|   | 7:29.76           | 8:05.14  | 8:40.35  | 9:15.83  |
|   | 9:51.62           | 10:27.17 | 11:02.87 | 11:37.88 |

**Women 25-29 1650 Yard Freestyle**

NATL: 16:50.17 N 5/19/1991 KAREN BURTON

VA: 18:24.07 V 6/1/1985 Deborah Cain

|   |                   |          |          |          |
|---|-------------------|----------|----------|----------|
| 1 | Myers, Danielle E | 27       | VMST-VA  | 18:51.60 |
|   | 31.12             | 1:04.96  | 1:39.51  | 2:14.55  |
|   | 2:49.74           | 3:24.27  | 3:59.26  | 4:33.89  |
|   | 5:08.27           | 5:42.81  | 6:17.58  | 6:52.43  |
|   | 7:26.76           | 8:01.52  | 8:35.68  | 9:10.22  |
|   | 9:44.91           | 10:19.29 | 10:53.82 | 11:27.86 |
|   | 12:02.49          | 12:36.63 | 13:11.10 | 13:45.86 |
|   | 14:20.02          | 14:54.57 | 15:28.35 | 16:02.61 |
|   | 16:37.49          | 17:11.37 | 17:44.95 | 18:19.40 |
|   |                   |          |          | 18:51.60 |

**Women 25-29 50 Yard Backstroke**

NATL: 25.26 N 5/22/2010 TANICA JAMISON

VA: 28.22 V 5/20/2010 Kate Hibbard

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Metzger, Megan C | 25 | NCMS-NC | 34.98 |
|---|------------------|----|---------|-------|

**Women 25-29 100 Yard Backstroke**

NATL: 54.06 N 5/23/2010 TANICA JAMISON

VA: 59.21 V 5/20/2010 Kate Hibbard

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Rogulj, Bonnie L | 26      | VMST-VA | 1:04.68 |
|   | 31.37            | 1:04.68 |         |         |
| 2 | Metzger, Megan C | 25      | NCMS-NC | 1:15.71 |
|   | 36.13            | 1:15.71 |         |         |

**Women 25-29 50 Yard Breaststroke Novice**

NATL: 27.14 N 2/21/2010 MEGAN JENDRICK

VA: 32.04 V 5/1/1985 Lisa Tubergen

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Zakhour, Randa K | 27 | URMS-VA | 48.41 |
|---|------------------|----|---------|-------|

**Women 25-29 100 Yard Breaststroke**

NATL: 59.58 N 2/6/2010 MEGAN JENDRICK

VA: 1:09.79 V 1/1/1996 Cheryl Conlin

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Myers, Danielle E | 27      | VMST-VA | 1:11.06 |
|   | 33.93             | 1:11.06 |         |         |
| 2 | Russo, Claire C   | 28      | VMST-VA | 1:12.53 |
|   | 34.56             | 1:12.53 |         |         |
| 3 | Clair, Sarah V    | 27      | Unat-VA | 1:14.40 |
|   | 35.24             | 1:14.40 |         |         |
| 4 | Kondrad, Robyn L  | 29      | VMST-VA | 1:17.19 |
|   | 36.86             | 1:17.19 |         |         |
| 5 | Turner, Betsy     | 27      | VMST-VA | 1:18.93 |
|   | 37.71             | 1:18.93 |         |         |

**Women 25-29 200 Yard Breaststroke**

NATL: 2:09.05 N 2/6/2010 MEGAN JENDRICK

VA: 2:34.19 V 5/20/1993 Kathy Waggoner

|   |                   |         |         |          |
|---|-------------------|---------|---------|----------|
| 1 | Myers, Danielle E | 27      | VMST-VA | 2:33.11V |
|   | 35.35             | 1:13.90 | 1:53.12 | 2:33.11  |
| 2 | Russo, Claire C   | 28      | VMST-VA | 2:40.67  |
|   |                   | 1:58.75 | 2:40.67 |          |
| 3 | Kondrad, Robyn L  | 29      | VMST-VA | 2:43.46  |
|   | 37.55             | 1:18.47 | 2:00.30 | 2:43.46  |
| 4 | Turner, Betsy     | 27      | VMST-VA | 2:47.51  |
|   | 38.93             | 1:21.34 | 2:04.34 | 2:47.51  |

**Women 25-29 50 Yard Butterfly**

NATL: 24.41 N 5/22/2010 TANICA JAMISON

VA: 26.59 V 2/12/2011 Lucy Carrig

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Metzger, Megan C | 25 | NCMS-NC | 31.95 |
|---|------------------|----|---------|-------|

**Women 25-29 100 Yard Butterfly**

NATL: 53.72 N 5/21/2010 TANICA JAMISON

VA: 1:00.48 V 2/12/2011 Lucy Carrig

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Myers, Danielle E | 27      | VMST-VA | 1:02.51 |
|   | 29.27             | 1:02.51 |         |         |
| 2 | Turner, Betsy     | 27      | VMST-VA | 1:07.73 |
|   | 32.09             | 1:07.73 |         |         |
| 3 | Kondrad, Robyn L  | 29      | VMST-VA | 1:11.88 |
|   | 33.53             | 1:11.88 |         |         |

**Women 25-29 200 Yard Butterfly**

NATL: 1:57.84 N 5/20/2001 LIMIN LIU

VA: 2:14.07 V 4/28/2011 Danielle Myers

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Turner, Betsy   | 27      | VMST-VA | 2:27.30 |
| 2 | Russo, Claire C | 28      | VMST-VA | 2:27.91 |
|   | 32.98           | 1:10.40 | 1:48.81 | 2:27.91 |

**Women 25-29 100 Yard IM**

NATL: 54.43 N 2/6/2010 MEGAN JENDRICK

VA: 1:01.61 V 3/18/2011 Kate Hibbard

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Kondrad, Robyn L | 29      | VMST-VA | 1:11.13 |
|   | 34.23            | 1:11.13 |         |         |

**Women 25-29 200 Yard IM**

NATL: 1:59.69 N 2/6/2010 MEGAN JENDRICK

VA: 2:10.46 V 4/28/2011 Kate Hibbard

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Kondrad, Robyn L | 29      | VMST-VA | 2:32.50 |
|   | 34.17            | 1:13.52 | 1:56.27 | 2:32.50 |

**Women 25-29 400 Yard IM**

NATL: 4:21.52 N 5/22/2005 KASEY HARRIS

VA: 4:50.86 V 5/9/1985 Deborah Cain

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Russo, Claire C | 28      | VMST-VA | 5:04.95 |
|   | 32.94           | 1:09.58 | 1:51.34 | 2:31.09 |
|   | 3:14.08         | 3:56.41 | 4:31.40 | 5:04.95 |
| 2 | Turner, Betsy   | 27      | VMST-VA | 5:16.48 |
|   | 32.73           | 1:10.66 | 1:52.46 | 2:33.87 |
|   | 3:18.77         | 4:03.44 | 4:40.77 | 5:16.48 |

**Women 30-34 50 Yard Freestyle**

NATL: 22.70 N 3/11/2009 ERIKA ERNDL

VA: 25.19 V 1/1/1994 Beth Scheimann

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | de Hart, Jenny E | 34 | STON-VA | 27.39 |
|---|------------------|----|---------|-------|

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

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## Results

**(Women 30-34 50 Yard Freestyle)**

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 2 | Webb, Katie        | 32 | VMST-VA | 30.24 |
| 3 | Cohen, Elizabeth I | 30 | VMST-VA | 32.90 |

**Women 30-34 50 Yard Freestyle Novice**

NATL: 22.70 N 3/11/2009 ERIKA ERNDL

VA: 25.19 V 1/1/1994 Beth Scheimann

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Reich, Jessic | 30 | VMST-VA | 35.16 |
|---|---------------|----|---------|-------|

**Women 30-34 100 Yard Freestyle**

NATL: 49.07 N 12/6/2008 ERIKA ERNDL

VA: 54.78 V 1/1/1994 Beth Scheimann

|   |                    |    |         |               |
|---|--------------------|----|---------|---------------|
| 1 | Grover, Mollie K   | 31 | TERR-PV | 57.14         |
|   |                    |    |         | 28.05 57.14   |
| 2 | Webb, Katie        | 32 | VMST-VA | 1:06.39       |
| 3 | Cohen, Elizabeth I | 30 | VMST-VA | 1:10.95       |
|   |                    |    |         | 35.12 1:10.95 |

**Women 30-34 200 Yard Freestyle**

NATL: 1:51.40 N 5/18/2003 KATRINA RADKE

VA: 1:59.85 V 1/1/1994 Beth Scheimann

|   |              |    |         |                               |
|---|--------------|----|---------|-------------------------------|
| 1 | Bolduc, Erin | 33 | NCMS-NC | 2:09.64                       |
|   |              |    |         | 29.94 1:02.63 1:36.16 2:09.64 |

**Women 30-34 500 Yard Freestyle**

NATL: 4:59.08 N 5/12/1996 K PIPES-NEILSEN

VA: 5:16.60 V Deborah Reed

|   |                   |    |         |                                 |
|---|-------------------|----|---------|---------------------------------|
| 1 | Bolduc, Erin      | 33 | NCMS-NC | 5:48.34                         |
|   |                   |    |         | 32.03 1:06.60 1:41.61 2:16.43   |
|   |                   |    |         | 2:51.40 3:26.34 4:01.53 4:36.96 |
|   |                   |    |         | 5:13.16 5:48.34                 |
| 2 | Moosman, Deanne L | 33 | STON-VA | 5:50.99                         |
|   |                   |    |         | 32.30 1:07.02 1:42.64 2:18.43   |
|   |                   |    |         | 2:53.86 3:29.15 4:05.06 4:40.89 |
|   |                   |    |         | 5:16.57 5:50.99                 |
| 3 | de Hart, Jenny E  | 34 | STON-VA | 6:05.82                         |
|   |                   |    |         | 32.73 1:08.96 1:45.67 2:22.97   |
|   |                   |    |         | 3:00.46 3:38.01 4:15.21 4:52.42 |
|   |                   |    |         | 5:29.60 6:05.82                 |
| 4 | Cardy, Andrea M   | 32 | RMST-PV | 6:17.73                         |
|   |                   |    |         | 34.23 1:11.19 1:49.57 2:28.80   |
|   |                   |    |         | 3:07.88 3:46.63 4:25.38 5:03.70 |
|   |                   |    |         | 5:41.66 6:17.73                 |
| 5 | Andres, Tess      | 30 | Unat-VA | 6:26.18                         |
|   |                   |    |         | 33.38 1:10.23 1:49.00 2:27.93   |
|   |                   |    |         | 3:07.53 3:47.34 4:27.40 5:07.50 |
|   |                   |    |         | 5:47.50 6:26.18                 |

**Women 30-34 1000 Yard Freestyle**

NATL: 10:16.36 N 3/13/1999 LISA HAZEN

VA: 10:56.69 V 2000 Deborah Reed

|   |              |    |         |                                     |
|---|--------------|----|---------|-------------------------------------|
| 1 | Andres, Tess | 30 | Unat-VA | 13:25.96                            |
|   |              |    |         | 35.22 1:14.45 1:55.04 2:35.97       |
|   |              |    |         | 3:17.00 3:58.55 4:39.74 5:20.25     |
|   |              |    |         | 6:02.09 6:43.41 7:23.91 8:04.41     |
|   |              |    |         | 8:44.40 9:24.54 10:05.07 10:45.28   |
|   |              |    |         | 11:25.43 12:06.13 12:46.60 13:25.96 |

|     |              |    |         |                                 |
|-----|--------------|----|---------|---------------------------------|
| --- | Bolduc, Erin | 33 | NCMS-NC | DQ                              |
|     |              |    |         | 32.20 1:05.84 1:40.59 2:15.67   |
|     |              |    |         | 2:51.43 3:27.43 4:05.14 4:42.02 |
|     |              |    |         | 5:19.10 5:57.04 6:36.04 7:14.58 |
|     |              |    |         | 7:52.72 8:32.16 9:10.74 9:49.59 |
|     |              |    |         | 10:28.20 11:06.60 11:43.99      |

**Women 30-34 1650 Yard Freestyle**

NATL: 17:07.52 N 5/23/1993 KAREN BURTON

VA: 18:03.83 V 1/1/2003 Deborah Reed

|   |                  |    |         |                                     |
|---|------------------|----|---------|-------------------------------------|
| 1 | Cardy, Andrea M  | 32 | RMST-PV | 21:01.31                            |
|   |                  |    |         | 35.02 1:12.53 1:51.40 2:31.34       |
|   |                  |    |         | 3:10.79 3:50.11 4:29.43 5:08.19     |
|   |                  |    |         | 5:46.71 6:24.76 7:02.80 7:41.09     |
|   |                  |    |         | 8:19.42 8:57.46 9:35.80 10:14.06    |
|   |                  |    |         | 10:51.84 11:29.56 12:07.35 12:45.72 |
|   |                  |    |         | 13:23.44 14:01.50 14:39.85 15:18.30 |
|   |                  |    |         | 15:56.65 16:35.25 17:13.83 17:52.04 |
|   |                  |    |         | 18:30.60 19:08.86 19:47.07 20:25.51 |
|   |                  |    |         | 21:01.31                            |
| 2 | de Hart, Jenny E | 34 | STON-VA | 21:14.14                            |
|   |                  |    |         | 34.67 1:12.62 1:51.67 2:30.61       |
|   |                  |    |         | 3:09.30 3:48.14 4:26.97 5:05.87     |
|   |                  |    |         | 5:44.70 6:23.26 7:01.94 7:40.86     |
|   |                  |    |         | 8:20.11 8:59.18 9:37.55 10:16.48    |
|   |                  |    |         | 10:55.52 11:34.22 12:13.06 12:51.92 |
|   |                  |    |         | 13:30.61 14:09.48 14:48.32 15:27.25 |
|   |                  |    |         | 16:06.24 16:45.27 17:23.75 18:02.37 |
|   |                  |    |         | 18:41.04 19:19.90 19:58.18 20:36.80 |
|   |                  |    |         | 21:14.14                            |

**Women 30-34 50 Yard Backstroke**

NATL: 25.32 N 3/15/2009 NORIKO INADA

VA: 29.72 V 3/6/2011 Deanne Moosman

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Grover, Mollie K | 31 | TERR-PV | 30.46 |
| 2 | de Hart, Jenny E | 34 | STON-VA | 34.17 |
| 3 | Webb, Katie      | 32 | VMST-VA | 37.61 |

**Women 30-34 100 Yard Backstroke**

NATL: 55.50 N 3/15/2009 NORIKO INADA

VA: 1:04.84 V 2/13/2010 Deanne Moosman

|   |                      |    |         |               |
|---|----------------------|----|---------|---------------|
| 1 | Grover, Mollie K     | 31 | TERR-PV | 1:04.43       |
|   |                      |    |         | 32.36 1:04.43 |
| 2 | Posthumus, Jocelyn S | 32 | VMST-VA | 1:05.97       |
|   |                      |    |         | 31.55 1:05.97 |
| 3 | Carlson, Jennifer M  | 32 | RMST-PV | 1:06.46       |
|   |                      |    |         | 33.09 1:06.46 |
| 4 | de Hart, Jenny E     | 34 | STON-VA | 1:17.77       |
|   |                      |    |         | 36.90 1:17.77 |
| 5 | Cohen, Elizabeth I   | 30 | VMST-VA | 1:19.60       |
|   |                      |    |         | 39.37 1:19.60 |

**Women 30-34 200 Yard Backstroke**

NATL: 1:59.93 N 2/19/1996 K PIPES-NEILSEN

VA: 2:21.17 V 3/6/2011 Deanne Moosman

|   |                      |    |         |                               |
|---|----------------------|----|---------|-------------------------------|
| 1 | Grover, Mollie K     | 31 | TERR-PV | 2:18.46                       |
|   |                      |    |         | 33.74 1:08.36 1:43.62 2:18.46 |
| 2 | Posthumus, Jocelyn S | 32 | VMST-VA | 2:20.34V                      |
|   |                      |    |         | 32.26 1:07.42 1:43.63 2:20.34 |
| 3 | Carlson, Jennifer M  | 32 | RMST-PV | 2:21.24                       |
|   |                      |    |         | 35.32 1:11.17 1:46.66 2:21.24 |

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

February 11-12, 2012 -- 25Y Course

## Results

**(Women 30-34 200 Yard Backstroke)**

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 4 | Moosman, Deanne L | 33      | STON-VA | 2:22.62 |
|   | 34.64             | 1:10.49 | 1:46.99 | 2:22.62 |
| 5 | Andres, Tess      | 30      | Unat-VA | 2:38.15 |
|   | 37.45             | 1:17.13 | 1:57.92 | 2:38.15 |

**Women 30-34 50 Yard Breaststroke Novice**

NATL: 28.48 N 5/4/2008 KATIE MCCLELLAND

VA: 31.21 V 5/1/1989 Lisa Bennett

|   |              |    |         |       |
|---|--------------|----|---------|-------|
| 1 | Lamb, Maggie | 34 | VMST-VA | 39.96 |
|---|--------------|----|---------|-------|

**Women 30-34 50 Yard Breaststroke**

NATL: 28.48 N 5/4/2008 KATIE MCCLELLAND

VA: 31.21 V 5/1/1989 Lisa Bennett

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | de Hart, Jenny E | 34 | STON-VA | 34.53 |
| 2 | Webb, Katie      | 32 | VMST-VA | 40.26 |

**Women 30-34 100 Yard Breaststroke**

NATL: 1:02.08 N 5/4/2008 KATIE MCCLELLAND

VA: 1:08.96 V 5/1/1989 Lisa Bennett

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Carlson, Jennifer M | 32      | RMST-PV | 1:14.68 |
|   | 36.00               | 1:14.68 |         |         |
| 2 | Lamb, Maggie        | 34      | VMST-VA | 1:26.12 |
|   | 41.14               | 1:26.12 |         |         |

**Women 30-34 200 Yard Breaststroke**

NATL: 2:17.34 N 4/30/2000 WENKE HANSEN

VA: 2:33.76 V 4/11/2003 Cheryl Conlin

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | de Hart, Jenny E | 34      | STON-VA | 2:39.84 |
|   | 1:17.57          | 1:58.35 | 2:39.84 |         |

**Women 30-34 50 Yard Butterfly**

NATL: 24.18 N 4/15/2000 ANGEL MARTINO

VA: 27.85 V 1/1/1993 Beth Scheimann

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | de Hart, Jenny E   | 34 | STON-VA | 32.04 |
| 2 | Webb, Katie        | 32 | VMST-VA | 33.30 |
| 3 | Cohen, Elizabeth I | 30 | VMST-VA | 38.51 |

**Women 30-34 100 Yard Butterfly**

NATL: 55.01 N 5/16/1999 ANGEL MARTINO

VA: 1:00.43 V Diane Cayce

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Carlson, Jennifer M | 32      | RMST-PV | 1:05.90 |
|   | 31.19               | 1:05.90 |         |         |
| 2 | Bolduc, Erin        | 33      | NCMS-NC | 1:08.63 |
|   | 32.80               | 1:08.63 |         |         |

**Women 30-34 200 Yard Butterfly**

NATL: 2:03.46 N 5/12/1996 K PIPES-NEILSEN

VA: 2:17.12 V 1993 Maria Velikonja

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Bolger, Maura J     | 30      | VMST-VA | 2:17.38 |
|   | 1:09.37             | 2:17.38 |         |         |
| 2 | Carlson, Jennifer M | 32      | RMST-PV | 2:29.67 |
|   | 33.65               | 1:11.55 | 1:50.19 | 2:29.67 |

**Women 30-34 100 Yard IM**

NATL: 57.01 N 4/15/2000 ANGEL MARTINO

VA: 1:02.99 V 1/1/1995 Beth O'Connor

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Grover, Mollie K | 31      | TERR-PV | 1:06.95 |
|   | 31.12            | 1:06.95 |         |         |

|   |              |         |         |         |
|---|--------------|---------|---------|---------|
| 2 | Lamb, Maggie | 34      | VMST-VA | 1:26.29 |
|   | 43.71        | 1:26.29 |         |         |

**Women 30-34 200 Yard IM**

NATL: 1:58.80 N 3/11/2009 ERIKA ERNDL

VA: 2:17.29 V 1994 Beth Scheimann

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Carlson, Jennifer M | 32      | RMST-PV | 2:21.18 |
|   | 31.92               | 1:08.73 | 1:49.29 | 2:21.18 |
| 2 | Grover, Mollie K    | 31      | TERR-PV | 2:23.40 |
|   | 31.73               | 1:09.15 | 1:51.04 | 2:23.40 |
| 3 | Bolduc, Erin        | 33      | NCMS-NC | 2:28.79 |
|   | 31.90               | 1:09.70 | 1:54.46 | 2:28.79 |
| 4 | de Hart, Jenny E    | 34      | STON-VA | 2:29.97 |
|   | 1:53.91             | 2:29.97 | 2:29.97 |         |

**Women 30-34 400 Yard IM**

NATL: 4:25.68 N 5/21/1995 KARLYN PIPES

VA: 5:00.12 V 5/1/1988 Lisa Bennett

|   |                     |         |         |          |
|---|---------------------|---------|---------|----------|
| 1 | Bolger, Maura J     | 30      | VMST-VA | 4:51.40V |
|   | 31.26               | 1:05.52 | 1:43.91 | 2:20.90  |
|   | 3:03.26             | 3:45.56 | 4:18.98 | 4:51.40  |
| 2 | Carlson, Jennifer M | 32      | RMST-PV | 4:59.77  |
|   | 33.35               | 1:11.02 | 1:50.77 | 2:29.35  |
|   | 3:12.49             | 3:55.53 | 4:28.94 | 4:59.77  |
| 3 | Moosman, Deanne L   | 33      | STON-VA | 5:01.09  |
|   | 33.15               | 1:10.39 | 1:49.74 | 2:28.12  |
|   | 3:10.72             | 3:52.84 | 4:27.91 | 5:01.09  |

**Women 35-39 50 Yard Freestyle Novice**

NATL: 22.34 N 2/25/2007 DARA TORRES

VA: 24.52 V 4/27/2000 Beth Baker

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | Pence, Laura E    | 36 | URMS-VA | 31.13 |
| 2 | Ficara, Cynthia M | 38 | QMST-VA | 31.15 |

**Women 35-39 100 Yard Freestyle**

NATL: 49.72 N 2/25/2007 DARA TORRES

VA: 54.72 V 4/30/1999 Beth Baker

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Jacobson, Kristan M | 39      | QMST-VA | 1:04.07 |
|   | 30.20               | 1:04.07 |         |         |
| 2 | Graham, Beth R      | 37      | Unat-NC | 1:04.44 |
|   | 31.03               | 1:04.44 |         |         |
| 3 | Pence, Laura E      | 36      | URMS-VA | 1:09.64 |
|   | 32.46               | 1:09.64 |         |         |
| 4 | Ficara, Cynthia M   | 38      | QMST-VA | 1:10.11 |
|   | 32.84               | 1:10.11 |         |         |

**Women 35-39 200 Yard Freestyle**

NATL: 1:51.55 N 5/3/1997 K PIPES-NEILSEN

VA: 2:00.83 V 4/2/2004 Alice Phillips

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Jacobson, Kristan M | 39      | QMST-VA | 2:23.27 |
|   | 32.78               | 1:09.84 | 1:47.27 | 2:23.27 |
| 2 | Holland, Jonah      | 38      | URMS-VA | 2:46.44 |
|   | 1:20.85             | 2:04.62 | 2:46.44 |         |



## VMST David Gregg III Memorial Meet, Sanction #: 122-02

February 11-12, 2012 -- 25Y Course

## Results

**Women 40-44 1650 Yard Freestyle**

NATL: 17:15.20 N 12/7/2002 K PIPES-NEILSEN

VA: 19:17.63 V 4/2/2004 Kelly Parker

|   |                  |          |          |          |
|---|------------------|----------|----------|----------|
| 1 | Nefczyk, Julia A | 43       | VMST-VA  | 23:37.85 |
|   | 36.79            | 1:18.08  | 2:00.77  | 2:43.49  |
|   | 3:26.02          | 4:08.83  | 4:51.78  | 5:34.73  |
|   | 6:17.62          | 7:00.67  | 7:43.32  | 8:26.24  |
|   | 9:09.45          | 9:52.58  | 10:35.74 | 11:19.10 |
|   | 12:02.27         | 12:45.36 | 13:28.63 | 14:12.18 |
|   | 14:55.86         | 15:39.08 | 16:23.22 | 17:06.29 |
|   | 17:50.54         | 18:34.33 | 19:17.56 | 20:01.30 |
|   | 20:45.20         | 21:28.69 | 22:12.16 | 22:55.76 |
|   |                  |          |          | 23:37.85 |
| 2 | Glover, Esther P | 41       | VMST-VA  | 26:05.98 |
|   | 39.07            | 1:24.18  | 2:11.79  | 2:58.86  |
|   | 3:46.53          | 4:34.12  | 5:22.36  | 6:10.05  |
|   | 6:58.07          | 7:45.16  | 8:32.41  | 9:19.38  |
|   | 10:06.54         | 10:54.38 | 11:42.77 | 12:30.13 |
|   | 13:17.08         | 14:04.26 | 14:52.01 | 15:40.07 |
|   | 16:29.13         | 17:18.29 | 18:06.11 | 18:54.57 |
|   | 19:43.74         | 20:32.31 | 21:20.72 | 22:09.10 |
|   | 22:57.69         | 23:45.76 | 24:33.55 | 25:21.36 |
|   |                  |          |          | 26:05.98 |

**Women 40-44 50 Yard Backstroke**

NATL: 27.12 N 5/4/2008 VALERIE JENKINS

VA: 28.95 V 4/19/2002 Beth Baker

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Dalton, Alicia   | 42 | QMST-VA | 37.98 |
| 2 | Glover, Esther P | 41 | VMST-VA | 38.03 |
| 3 | Nefczyk, Julia A | 43 | VMST-VA | 39.95 |

**Women 40-44 50 Yard Backstroke Novice**

NATL: 27.12 N 5/4/2008 VALERIE JENKINS

VA: 28.95 V 4/19/2002 Beth Baker

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Postma, Terri | 42 | Unat-PV | 41.48 |
|---|---------------|----|---------|-------|

**Women 40-44 100 Yard Backstroke**

NATL: 57.15 N 5/18/2003 K PIPES-NEILSEN

VA: 1:00.71 V 4/19/2002 Beth Baker

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Alsup, Carolyn H | 43      | VMST-VA | 1:10.67 |
|   | 34.56            | 1:10.67 |         |         |
| 2 | Glover, Esther P | 41      | VMST-VA | 1:20.63 |

**Women 40-44 200 Yard Backstroke**

NATL: 2:04.43 N 4/24/2010 KRISTIN GARY

VA: 2:11.40 V 5/17/2001 Beth Baker

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Alsup, Carolyn H | 43      | VMST-VA | 2:29.65 |
|   | 35.93            | 1:13.13 | 1:51.38 | 2:29.65 |
| 2 | Glover, Esther P | 41      | VMST-VA | 2:55.90 |
|   | 40.20            | 1:23.14 | 2:10.64 | 2:55.90 |
| 3 | Nefczyk, Julia A | 43      | VMST-VA | 3:11.65 |
|   | 44.82            | 1:32.87 | 2:22.36 | 3:11.65 |
| 4 | Postma, Terri    | 42      | Unat-PV | 3:32.90 |
|   | 49.45            | 1:44.77 | 2:40.36 | 3:32.90 |

**Women 40-44 50 Yard Breaststroke**

NATL: 29.24 N 2/28/2010 S VON DER LIPPE

VA: 32.73 V 6/1/1996 Lisa Bennett

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | Ayala, Jennifer D | 42 | VMST-VA | 39.13 |
| 2 | Norrgard, Karen   | 40 | MAC-VA  | 39.26 |
| 3 | Postma, Terri     | 42 | Unat-PV | 39.77 |

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 4 | Maly, Cleary     | 41 | QMST-VA | 44.96 |
| 5 | Nefczyk, Julia A | 43 | VMST-VA | 45.20 |

**Women 40-44 100 Yard Breaststroke**

NATL: 1:03.00 N 5/4/2008 S VON DER LIPPE

VA: 1:11.73 V 4/2/2004 Patricia Powis

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Ayala, Jennifer D | 42      | VMST-VA | 1:26.74 |
|   | 40.73             | 1:26.74 |         |         |
| 2 | Postma, Terri     | 42      | Unat-PV | 1:28.06 |
| 3 | Glover, Esther P  | 41      | VMST-VA | 1:35.07 |
|   | 45.59             | 1:35.07 |         |         |

**Women 40-44 200 Yard Breaststroke**

NATL: 2:17.06 N 5/14/2006 S VON DER LIPPE

VA: 2:38.33 V 5/17/2001 Patricia Powis

|   |                        |         |         |         |
|---|------------------------|---------|---------|---------|
| 1 | Postma, Terri          | 42      | Unat-PV | 3:14.65 |
|   | 43.52                  | 1:32.99 | 2:24.08 | 3:14.65 |
| 2 | Stadtmueller, Sabine C | 44      | QMST-VA | 3:47.39 |
|   | 48.09                  | 1:44.71 | 2:46.21 | 3:47.39 |

**Women 40-44 50 Yard Butterfly**

NATL: 25.14 N 5/10/2009 S VON DER LIPPE

VA: 26.42 V 5/17/2001 Beth Baker

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Dalton, Alicia   | 42 | QMST-VA | 35.02 |
| 2 | Nefczyk, Julia A | 43 | VMST-VA | 37.91 |

**Women 40-44 100 Yard IM**

NATL: 58.14 N 4/10/2010 S VON DER LIPPE

VA: 1:01.22 V 5/17/2001 Beth Baker

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Alsup, Carolyn H  | 43      | VMST-VA | 1:09.70 |
|   | 33.31             | 1:09.70 |         |         |
| 2 | Norrgard, Karen   | 40      | MAC-VA  | 1:16.05 |
|   | 35.98             | 1:16.05 |         |         |
| 3 | Postma, Terri     | 42      | Unat-PV | 1:20.52 |
|   | 38.92             | 1:20.52 |         |         |
| 4 | Dalton, Alicia    | 42      | QMST-VA | 1:23.23 |
| 5 | Glover, Esther P  | 41      | VMST-VA | 1:23.31 |
|   | 39.19             | 1:23.31 |         |         |
| 6 | Ayala, Jennifer D | 42      | VMST-VA | 1:23.34 |
|   | 39.56             | 1:23.34 |         |         |
| 7 | Maly, Cleary      | 41      | QMST-VA | 1:36.38 |
|   | 46.01             | 1:36.38 |         |         |

**Women 40-44 200 Yard IM**

NATL: 2:04.85 N 5/4/2008 S VON DER LIPPE

VA: 2:15.17 V 4/21/2001 Beth Baker

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Alsup, Carolyn H | 43      | VMST-VA | 2:30.90 |
|   | 31.92            | 1:10.52 | 1:55.12 | 2:30.90 |
| 2 | Postma, Terri    | 42      | Unat-PV | 2:56.25 |
|   | 39.71            | 1:26.82 | 2:14.45 | 2:56.25 |
| 3 | Nefczyk, Julia A | 43      | VMST-VA | 3:03.25 |
|   | 38.76            | 1:26.03 | 2:21.88 | 3:03.25 |
| 4 | Dalton, Alicia   | 42      | QMST-VA | 3:05.91 |
|   | 34.87            | 1:20.81 | 2:19.06 | 3:05.91 |
| 5 | Glover, Esther P | 41      | VMST-VA | 3:07.01 |
|   | 40.83            | 1:26.91 | 2:22.02 | 3:07.01 |

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

February 11-12, 2012 -- 25Y Course

## Results

**Women 45-49 50 Yard Freestyle**

NATL: 24.00 N 5/4/2008 SUSAN WALSH

VA: 27.35 V 4/14/2011 Kelly Parker Palace

|   |                       |    |         |       |
|---|-----------------------|----|---------|-------|
| 1 | Groves, Lisa J        | 46 | MACH-PV | 28.15 |
| 2 | Cleary, Kelly         | 48 | QMST-VA | 28.53 |
| 3 | Stephenson, Kathryn S | 47 | ACAM-VA | 31.97 |
| 4 | Witt, Cherie A        | 47 | Unat-VA | 33.76 |
| 5 | Howard, Amy           | 47 | QMST-VA | 35.09 |
| 6 | McKerns, Susan P      | 47 | VMST-VA | 41.64 |

**Women 45-49 50 Yard Freestyle Novice**

NATL: 24.00 N 5/4/2008 SUSAN WALSH

VA: 27.35 V 4/14/2011 Kelly Parker Palace

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Little, Martha H | 47 | VMST-VA | 38.05 |
| 2 | Raab, Barbara    | 49 | SHYM-VA | 41.02 |

**Women 45-49 100 Yard Freestyle**

NATL: 52.23 N 12/16/2007 K PIPES-NEILSEN

VA: 58.76 V 4/14/2011 Kelly Parker Palace

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Phillips, Alice W   | 46      | VMST-VA | 59.77   |
|   | 28.84               | 59.77   |         |         |
| 2 | Hollings, Charlotte | 47      | VMST-VA | 59.80   |
|   | 29.14               | 59.80   |         |         |
| 3 | Cleary, Kelly       | 48      | QMST-VA | 1:02.73 |
|   | 29.94               | 1:02.73 |         |         |
| 4 | Bittner, Molly D    | 46      | VMST-VA | 1:05.38 |
|   | 31.48               | 1:05.38 |         |         |
| 5 | Jones, Laura S      | 46      | VMST-VA | 1:12.67 |
|   | 34.72               | 1:12.67 |         |         |
| 6 | Witt, Cherie A      | 47      | Unat-VA | 1:15.43 |
|   | 36.10               | 1:15.43 |         |         |
| 7 | Raab, Barbara       | 49      | SHYM-VA | 1:29.14 |
|   | 42.32               | 1:29.14 |         |         |

**Women 45-49 200 Yard Freestyle**

NATL: 1:53.28 N 12/16/2007 K PIPES-NEILSEN

VA: 2:05.36 V 4/14/2011 Kelly Parker Palace

|   |                      |         |         |         |
|---|----------------------|---------|---------|---------|
| 1 | Phillips, Alice W    | 46      | VMST-VA | 2:10.08 |
|   | 31.02                | 1:03.88 | 1:37.26 | 2:10.08 |
| 2 | Hollings, Charlotte  | 47      | VMST-VA | 2:10.98 |
|   | 30.82                | 1:03.81 | 1:37.52 | 2:10.98 |
| 3 | Van Horn Pate, Val R | 49      | VMST-VA | 2:20.56 |
|   | 33.26                | 1:09.35 | 1:45.63 | 2:20.56 |
| 4 | Cleary, Kelly        | 48      | QMST-VA | 2:21.53 |
|   | 33.08                | 1:09.31 | 1:46.37 | 2:21.53 |
| 5 | Jones, Laura S       | 46      | VMST-VA | 2:41.90 |
|   | 37.62                | 1:18.87 | 2:00.51 | 2:41.90 |
| 6 | Witt, Cherie A       | 47      | Unat-VA | 2:42.87 |
|   | 37.00                | 1:18.73 | 2:01.40 | 2:42.87 |

**Women 45-49 500 Yard Freestyle**

NATL: 5:04.13 N 4/11/2009 K PIPES-NEILSEN

VA: 5:31.34 V 4/14/2011 Kelly Parker Palace

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Cleary, Kelly | 48      | QMST-VA | 6:16.06 |
|   | 33.19         | 1:10.01 | 1:47.93 | 2:26.43 |
|   | 3:05.40       | 3:44.44 | 4:23.11 | 5:01.54 |
|   | 5:39.51       | 6:16.06 |         |         |

|   |             |         |         |         |
|---|-------------|---------|---------|---------|
| 2 | Howard, Amy | 47      | QMST-VA | 7:19.81 |
|   | 40.37       | 1:23.11 | 2:07.56 | 2:51.70 |
|   | 3:36.27     | 4:21.74 | 5:06.72 | 5:51.49 |
|   | 6:36.59     | 7:19.81 |         |         |

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 3 | Raab, Barbara | 49      | SHYM-VA | 9:16.76 |
|   | 42.76         | 1:32.82 | 2:28.77 | 3:25.21 |
|   | 4:27.99       | 5:27.68 | 6:25.84 | 7:25.11 |
|   | 8:22.55       | 9:16.76 |         |         |

**Women 45-49 1000 Yard Freestyle**

NATL: 10:32.91 N 4/19/2009 K PIPES-NEILSEN

VA: 11:18.46 V 5/15/2011 Kelly Parker Palace

|   |                     |          |          |          |
|---|---------------------|----------|----------|----------|
| 1 | Hollings, Charlotte | 47       | VMST-VA  | 12:11.55 |
|   | 32.57               | 1:06.47  | 1:41.89  | 2:17.65  |
|   | 2:53.93             | 3:30.60  | 4:07.59  | 4:44.91  |
|   | 5:22.41             | 5:59.79  | 6:37.18  | 7:15.30  |
|   | 7:53.07             | 8:30.48  | 9:07.72  | 9:44.85  |
|   | 10:21.95            | 10:58.89 | 11:36.14 | 12:11.55 |

**Women 45-49 1650 Yard Freestyle**

NATL: 17:49.73 N 4/22/2007 K PIPES-NEILSEN

VA: 18:52.84 V 4/1/2011 Kelly Parker Palace

|   |                  |          |          |          |
|---|------------------|----------|----------|----------|
| 1 | Randle, Andrea M | 49       | VMST-VA  | 23:09.50 |
|   | 36.01            | 1:15.98  | 1:57.33  | 2:39.64  |
|   | 3:21.83          | 4:04.05  | 4:46.11  | 5:28.64  |
|   | 6:11.06          | 6:53.49  | 7:36.51  | 8:19.31  |
|   | 9:02.00          | 9:44.31  | 10:26.65 | 11:09.30 |
|   | 11:51.94         | 12:34.66 | 13:17.14 | 13:59.44 |
|   | 14:41.59         | 15:24.00 | 16:06.82 | 16:49.24 |
|   | 17:32.10         | 18:14.71 | 18:58.36 | 19:40.42 |
|   | 20:22.66         | 21:04.53 | 21:46.74 | 22:28.69 |
|   |                  |          |          | 23:09.50 |

**Women 45-49 50 Yard Backstroke Novice**

NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN

VA: 31.08 V 4/15/2011 Caycee Buscaglia

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Little, Martha H | 47 | VMST-VA | 44.93 |
|---|------------------|----|---------|-------|

**Women 45-49 50 Yard Backstroke**

NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN

VA: 31.08 V 4/15/2011 Caycee Buscaglia

|   |                      |    |         |       |
|---|----------------------|----|---------|-------|
| 1 | Buscaglia, Caycee P  | 47 | QMST-VA | 32.86 |
| 2 | Van Horn Pate, Val R | 49 | VMST-VA | 34.40 |
| 3 | Bittner, Molly D     | 46 | VMST-VA | 34.93 |
| 4 | Howard, Amy          | 47 | QMST-VA | 37.41 |
| 5 | Witt, Cherie A       | 47 | Unat-VA | 41.38 |
| 6 | McKerns, Susan P     | 47 | VMST-VA | 55.16 |

**Women 45-49 100 Yard Backstroke**

NATL: 57.83 N 5/23/2010 ELLEN REYNOLDS

VA: 1:08.15 V 4/15/2011 Caycee Buscaglia

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Buscaglia, Caycee P | 47      | QMST-VA | 1:13.02 |
|   | 34.94               | 1:13.02 |         |         |
| 2 | Bittner, Molly D    | 46      | VMST-VA | 1:15.53 |
|   | 36.58               | 1:15.53 |         |         |
| 3 | Howard, Amy         | 47      | QMST-VA | 1:19.73 |
|   | 39.48               | 1:19.73 |         |         |
| 4 | Witt, Cherie A      | 47      | Unat-VA | 1:29.18 |
|   | 43.34               | 1:29.18 |         |         |
| 5 | Little, Martha H    | 47      | VMST-VA | 1:34.76 |

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

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## Results

**(Women 45-49 100 Yard Backstroke)**

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 6 | McKerns, Susan P | 47      | VMST-VA | 1:57.31 |
|   | 57.43            | 1:57.31 |         |         |

**Women 45-49 200 Yard Backstroke**

NATL: 2:04.65 N 4/19/2009 K PIPES-NEILSEN

VA: 2:31.47 V 4/15/2011 Caycee Buscaglia

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Cleary, Kelly       | 48      | QMST-VA | 2:40.67 |
|   | 39.10               | 1:19.44 | 2:00.52 | 2:40.67 |
| 2 | Buscaglia, Caycee P | 47      | QMST-VA | 2:40.94 |
|   | 37.13               | 1:18.28 | 2:01.29 | 2:40.94 |
| 3 | Howard, Amy         | 47      | QMST-VA | 2:51.92 |
|   | 40.28               | 1:23.61 | 2:07.74 | 2:51.92 |
| 4 | Raab, Barbara       | 49      | SHYM-VA | 3:53.98 |
|   | 51.51               | 1:48.17 | 2:50.72 | 3:53.98 |
| 5 | McKerns, Susan P    | 47      | VMST-VA | 3:54.22 |
|   | 58.42               | 1:57.63 | 2:57.06 | 3:54.22 |

**Women 45-49 50 Yard Breaststroke**

NATL: 30.17 N 5/20/2007 CAROLINE KRATTLI

VA: 33.96 V Patricia Miller

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | Groves, Lisa J    | 46 | MACH-PV | 35.17 |
| 2 | Phillips, Alice W | 46 | VMST-VA | 35.94 |

**Women 45-49 50 Yard Breaststroke Novice**

NATL: 30.17 N 5/20/2007 CAROLINE KRATTLI

VA: 33.96 V Patricia Miller

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Little, Martha H | 47 | VMST-VA | 52.71 |
|---|------------------|----|---------|-------|

**Women 45-49 100 Yard Breaststroke**

NATL: 1:06.01 N 5/20/2007 CAROLINE KRATTLI

VA: 1:12.78 V Patricia Miller

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Groves, Lisa J | 46      | MACH-PV | 1:17.07 |
|   | 36.04          | 1:17.07 |         |         |

**Women 45-49 200 Yard Breaststroke**

NATL: 2:25.76 N 5/20/2007 CAROLINE KRATTLI

VA: 2:42.13 V 2000 Patricia Miller

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Hollings, Charlotte | 47      | VMST-VA | 2:59.94 |
|   | 41.06               | 1:28.43 | 2:14.40 | 2:59.94 |

**Women 45-49 50 Yard Butterfly**

NATL: 26.24 N 8/2009 SCOULER/PIPES-NEI

VA: 30.65 V 10/28/2007 Cindy Dobyns

|   |                       |    |         |        |
|---|-----------------------|----|---------|--------|
| 1 | Phillips, Alice W     | 46 | VMST-VA | 29.43V |
| 2 | Hollings, Charlotte   | 47 | VMST-VA | 32.16  |
| 3 | Bittner, Molly D      | 46 | VMST-VA | 32.74  |
| 4 | Van Horn Pate, Val R  | 49 | VMST-VA | 33.12  |
| 5 | Stephenson, Kathryn S | 47 | ACAM-VA | 35.67  |
| 6 | Jones, Laura S        | 46 | VMST-VA | 42.52  |
| 7 | McKerns, Susan P      | 47 | VMST-VA | 48.35  |

**Women 45-49 100 Yard Butterfly**

NATL: 57.42 N 12/16/2007 K PIPES-NEILSEN

VA: 1:08.83 V 5/12/1996 Terry Sue Gault

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Hollings, Charlotte | 47      | VMST-VA | 1:16.14 |
|   | 35.85               | 1:16.14 |         |         |

**Women 45-49 200 Yard Butterfly**

NATL: 2:07.39 N 12/26/2008 K PIPES-NEILSEN

VA: 2:36.21 V 5/12/1996 Terry Sue Gault

|   |                       |         |         |         |
|---|-----------------------|---------|---------|---------|
| 1 | Stephenson, Kathryn S | 47      | ACAM-VA | 3:14.40 |
|   | 38.66                 | 1:25.13 | 2:18.41 | 3:14.40 |

**Women 45-49 100 Yard IM**

NATL: 59.48 N 4/19/2009 K PIPES-NEILSEN

VA: 1:06.41 V 2/12/2011 Alice Phillips

|   |                      |         |         |         |
|---|----------------------|---------|---------|---------|
| 1 | Phillips, Alice W    | 46      | VMST-VA | 1:07.10 |
|   | 31.20                | 1:07.10 |         |         |
| 2 | Hollings, Charlotte  | 47      | VMST-VA | 1:12.23 |
|   | 35.16                | 1:12.23 |         |         |
| 3 | Van Horn Pate, Val R | 49      | VMST-VA | 1:13.44 |
| 4 | Buscaglia, Caycee P  | 47      | QMST-VA | 1:13.47 |
|   | 33.22                | 1:13.47 |         |         |
| 5 | Cleary, Kelly        | 48      | QMST-VA | 1:16.32 |
|   | 35.17                | 1:16.32 |         |         |
| 6 | Little, Martha H     | 47      | VMST-VA | 1:36.63 |
|   | 45.02                | 1:36.63 |         |         |

**Women 45-49 200 Yard IM**

NATL: 2:07.26 N 12/16/2007 K PIPES-NEILSEN

VA: 2:23.82 V 2/12/2011 Alice Phillips

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Groves, Lisa J      | 46      | MACH-PV | 2:38.44 |
|   | 33.58               | 1:16.05 | 2:00.73 | 2:38.44 |
| 2 | Cleary, Kelly       | 48      | QMST-VA | 2:39.40 |
|   | 34.60               | 1:16.46 | 2:04.08 | 2:39.40 |
| 3 | Buscaglia, Caycee P | 47      | QMST-VA | 2:40.74 |
|   | 33.76               | 1:13.96 | 2:04.13 | 2:40.74 |

**Women 45-49 400 Yard IM**

NATL: 4:32.87 N 12/26/2009 K PIPES-NEILSEN

VA: 5:29.70 V 4/15/2011 Caycee Buscaglia

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Jones, Laura S | 46      | VMST-VA | 6:21.15 |
|   | 44.20          | 1:34.99 | 2:25.02 | 3:13.67 |
|   | 4:04.57        | 4:55.31 | 5:38.66 | 6:21.15 |

**Women 50-54 50 Yard Freestyle Novice**

NATL: 24.92 N 5/4/2008 TRACI GRANGER

VA: 26.33 V 4/28/2011 Suzanne Newell

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Sedivy, Robin | 51 | VMST-VA | 32.55 |
|---|---------------|----|---------|-------|

**Women 50-54 50 Yard Freestyle**

NATL: 24.92 N 5/4/2008 TRACI GRANGER

VA: 26.33 V 4/28/2011 Suzanne Newell

|   |                |    |         |       |
|---|----------------|----|---------|-------|
| 1 | Osmun, Maybeth | 52 | VMST-VA | 30.16 |
|---|----------------|----|---------|-------|

**Women 50-54 100 Yard Freestyle**

NATL: 54.38 N 5/17/2002 LAURA VAL

VA: 57.72 V 4/28/2011 Suzanne Newell

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Kelley, Gail   | 53      | SHYM-VA | 1:07.06 |
|   | 32.85          | 1:07.06 |         |         |
| 2 | Osmun, Maybeth | 52      | VMST-VA | 1:09.59 |
|   | 32.63          | 1:09.59 |         |         |



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**Women 50-54 200 Yard Freestyle**

NATL: 1:59.55 N 5/17/2002 LAURA VAL

VA: 2:08.58 V 5/7/2009 Lisa Bennett

|   |              |         |         |         |
|---|--------------|---------|---------|---------|
| 1 | Kelley, Gail | 53      | SHYM-VA | 2:28.36 |
|   | 34.33        | 1:12.04 | 1:50.64 | 2:28.36 |

**Women 50-54 500 Yard Freestyle**

NATL: 5:16.88 N 5/10/2009 S HEIM-BOWEN

VA: 5:49.53 V 4/24/2009 Lisa Bennett

|   |                      |         |         |         |
|---|----------------------|---------|---------|---------|
| 1 | Kelley, Gail         | 53      | SHYM-VA | 6:32.26 |
|   | 35.57                | 1:13.00 | 1:51.90 | 2:31.29 |
|   | 3:11.11              | 3:51.08 | 4:31.13 | 5:11.72 |
|   | 5:53.01              | 6:32.26 |         |         |
| 2 | Stevenson, Heather N | 52      | VMST-VA | 6:35.62 |
|   | 36.89                | 1:14.92 | 1:54.79 | 2:34.73 |
|   | 3:15.70              | 3:55.87 | 4:36.36 | 5:16.88 |
|   | 5:57.18              | 6:35.62 |         |         |

**Women 50-54 50 Yard Backstroke**

NATL: 28.74 N 6/23/2002 J SWAGERTY-HILL

VA: 32.41 V 4/28/2011 Suzanne Newell

|   |                      |    |         |       |
|---|----------------------|----|---------|-------|
| 1 | Stevenson, Heather N | 52 | VMST-VA | 35.41 |
|---|----------------------|----|---------|-------|

**Women 50-54 100 Yard Backstroke**

NATL: 1:02.67 N 5/4/2008 K ANDRUS-HUGHES

VA: 1:08.99 V 4/28/2011 Suzanne Newell

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Sedivy, Robin | 51      | VMST-VA | 1:23.68 |
|   | 41.08         | 1:23.68 |         |         |

**Women 50-54 50 Yard Butterfly**

NATL: 26.77 N 5/10/2009 TRACI GRANGER

VA: 29.03 V 4/28/2011 Suzanne Newell

|   |              |    |         |       |
|---|--------------|----|---------|-------|
| 1 | Kelley, Gail | 53 | SHYM-VA | 36.58 |
|---|--------------|----|---------|-------|

**Women 50-54 50 Yard Butterfly Novice**

NATL: 26.77 N 5/10/2009 TRACI GRANGER

VA: 29.03 V 4/28/2011 Suzanne Newell

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Sedivy, Robin | 51 | VMST-VA | 36.29 |
|---|---------------|----|---------|-------|

**Women 50-54 100 Yard IM**

NATL: 1:03.72 N 5/10/2009 AHELEE SUE OSBORN

VA: 1:05.26 V 4/28/2011 Suzanne Newell

|   |                      |         |         |         |
|---|----------------------|---------|---------|---------|
| 1 | Stevenson, Heather N | 52      | VMST-VA | 1:16.26 |
|   | 34.83                | 1:16.26 |         |         |
| 2 | Sedivy, Robin        | 51      | VMST-VA | 1:23.26 |
|   | 37.76                | 1:23.26 |         |         |

**Women 50-54 200 Yard IM**

NATL: 2:19.56 N 5/10/2009 AHELEE SUE OSBORN

VA: 2:31.86 V 5/11/2006 Lisa Bennett

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Sedivy, Robin | 51      | VMST-VA | 3:02.69 |
|   | 38.66         | 1:26.07 | 2:20.75 | 3:02.69 |

**Women 55-59 50 Yard Freestyle**

NATL: 25.29 N 5/10/2009 LAURA VAL

VA: 26.37 V 5/13/2011 Lisa Bennett

|   |                |    |         |       |
|---|----------------|----|---------|-------|
| 1 | Dunstan, Sarah | 57 | VMST-VA | 35.07 |
| 2 | Brown, Jann L  | 56 | VMST-VA | 37.54 |

**Women 55-59 100 Yard Freestyle**

NATL: 54.72 N 5/4/2008 LAURA VAL

VA: 58.81 V 5/13/2011 Lisa Bennett

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Dunstan, Sarah | 57      | VMST-VA | 1:20.55 |
|   | 38.28          | 1:20.55 |         |         |
| 2 | Brown, Jann L  | 56      | VMST-VA | 1:27.04 |
|   | 41.76          | 1:27.04 |         |         |

**Women 55-59 200 Yard Freestyle**

NATL: 1:59.02 N 5/10/2009 LAURA VAL

VA: 2:16.55 V 3/28/2010 Shirley Loftus-Charley

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Dunstan, Sarah | 57      | VMST-VA | 2:58.08 |
|   | 39.86          | 1:24.91 | 2:13.27 | 2:58.08 |
| 2 | Brown, Jann L  | 56      | VMST-VA | 3:13.28 |
|   | 44.76          | 1:34.83 | 2:25.87 | 3:13.28 |

**Women 55-59 500 Yard Freestyle**

NATL: 5:27.33 N 1/25/2009 LAURA VAL

VA: 5:54.39 V 4/15/2011 Shirley Loftus-Charley

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Betts, Nancy R | 55      | VMST-VA | 6:50.98 |
|   | 36.59          | 1:16.61 | 1:57.67 | 2:39.19 |
|   | 3:20.78        | 4:02.78 | 4:45.70 | 5:28.31 |
|   | 6:10.08        | 6:50.98 |         |         |

**Women 55-59 1000 Yard Freestyle**

NATL: 11:20.53 N 3/13/2010 LAURA VAL

VA: 11:49.98 V 4/15/2011 Shirley Loftus-Charley

|   |                 |          |          |          |
|---|-----------------|----------|----------|----------|
| 1 | Braaten, Kitten | 56       | VMST-VA  | 14:32.20 |
|   | 40.02           | 1:22.88  | 2:06.53  | 2:50.25  |
|   | 3:33.72         | 4:17.23  | 5:00.97  | 5:44.88  |
|   | 6:28.69         | 7:12.32  | 7:56.38  | 8:40.31  |
|   | 9:23.90         | 10:07.97 | 10:52.44 | 11:36.34 |
|   | 12:20.39        | 13:04.55 | 13:48.70 | 14:32.20 |

**Women 55-59 200 Yard Backstroke**

NATL: 2:21.27 N 2/6/2010 LAURA VAL

VA: 2:41.81 V 1/30/2011 Shirley Loftus-Charley

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Betts, Nancy R  | 55      | VMST-VA | 2:55.96 |
|   | 39.62           | 1:23.56 | 2:10.40 | 2:55.96 |
| 2 | Braaten, Kitten | 56      | VMST-VA | 3:12.21 |
|   | 46.21           | 1:35.30 | 2:24.08 | 3:12.21 |

**Women 55-59 50 Yard Breaststroke**

NATL: 34.45 N 5/21/2010 LO D KNAPP

VA: 33.76 V 5/13/2011 Lisa Bennett

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Brown, Jann L | 56 | VMST-VA | 48.46 |
|---|---------------|----|---------|-------|

**Women 55-59 100 Yard Butterfly**

NATL: 1:01.31 N 5/10/2009 LAURA VAL

VA: 1:08.34 V 5/13/2011 Lisa Bennett

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Braaten, Kitten | 56      | VMST-VA | 1:29.42 |
|   | 41.66           | 1:29.42 |         |         |

**Women 55-59 200 Yard Butterfly**

NATL: 2:16.28 N 5/10/2009 LAURA VAL

VA: 2:44.22 V 1/30/2011 Shirley Loftus-Charley

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Braaten, Kitten | 56      | VMST-VA | 3:10.35 |
|   | 42.31           | 1:30.28 | 2:20.27 | 3:10.35 |

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

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## Results

**Women 60-64 50 Yard Freestyle**

NATL: 27.36 N 5/23/2010 CHARLOTTE DAVIS

VA: 30.69 V 5/12/1996 Johnnie Detrick

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | Broderson, Molly G | 60 | VMST-VA | 35.73 |
| 2 | Calkins, Lynda J   | 61 | VMST-VA | 36.04 |

**Women 60-64 100 Yard Freestyle**

NATL: 59.41 N 5/22/2010 CHARLOTTE DAVIS

VA: 1:09.63 V 5/12/1996 Johnnie Detrick

|   |                           |    |         |               |
|---|---------------------------|----|---------|---------------|
| 1 | Loftus-Charley, Shirley A | 60 | VMST-VA | 1:05.01V      |
|   |                           |    |         | 31.74 1:05.01 |
| 2 | Broderson, Molly G        | 60 | VMST-VA | 1:22.20       |
|   |                           |    |         | 37.99 1:22.20 |
| 3 | Calkins, Lynda J          | 61 | VMST-VA | 1:23.03       |
|   |                           |    |         | 39.11 1:23.03 |

**Women 60-64 200 Yard Freestyle**

NATL: 2:15.60 N 5/10/2009 F.WILLIAMSON

VA: 2:32.97 V 1/24/2009 Marcia Barry

|   |                    |    |         |                               |
|---|--------------------|----|---------|-------------------------------|
| 1 | Broderson, Molly G | 60 | VMST-VA | 3:03.93                       |
|   |                    |    |         | 41.11 1:26.93 2:15.96 3:03.93 |

**Women 60-64 1650 Yard Freestyle**

NATL: 20:24.14 N 4/16/2010 CELESTE MILLER

VA: 22:36.59 V 1/24/2009 Marcia Barry

|   |                           |    |         |  |
|---|---------------------------|----|---------|--|
| 1 | Loftus-Charley, Shirley A | 60 | VMST-VA | 20:04.71N                                    |
|   |                           |    |         | 33.46 1:09.34 1:45.68 2:21.96                |
|   |                           |    |         | 2:58.25 3:34.71 4:11.22 4:47.97              |
|   |                           |    |         | 5:24.73 6:01.41 6:37.87 7:14.60              |
|   |                           |    |         | 7:51.25 8:28.04 9:04.84 9:41.58              |
|   |                           |    |         | 10:18.30 10:55.00 11:31.62 12:07.93          |
|   |                           |    |         | 12:44.63 13:21.34 13:58.16 14:34.97          |
|   |                           |    |         | 15:11.63 15:48.22 16:25.03 17:01.55          |
|   |                           |    |         | 17:38.28 18:15.19 18:52.11 19:28.97 20:04.71 |

**Women 60-64 100 Yard Backstroke**

NATL: 1:11.74 N 5/23/2010 DIANN UUSTAL

VA: 1:21.32 V 1/24/2009 Marcia Barry

|   |                           |    |         |               |
|---|---------------------------|----|---------|---------------|
| 1 | Loftus-Charley, Shirley A | 60 | VMST-VA | 1:18.69V      |
|   |                           |    |         | 38.94 1:18.69 |

**Women 60-64 200 Yard Backstroke**

NATL: 2:42.86 N 4/20/1997 BETSY JORDAN

VA: 2:57.55 V 1/24/2009 Marcia Barry

|   |                           |    |         |                                 |
|---|---------------------------|----|---------|---------------------------------|
| 1 | Loftus-Charley, Shirley A | 60 | VMST-VA | 2:44.80V                        |
|   |                           |    |         | 40.13 1:21.28 2:03.30 2:44.80   |
| 2 | Funkhouser, Donna L       | 62 | VMST-VA | 5:09.29                         |
|   |                           |    |         | 1:10.58 2:28.24 3:50.17 5:09.29 |

**Women 60-64 50 Yard Breaststroke**

NATL: 36.30 N 5/14/2006 GINGER PIERSON

VA: 40.08 V 5/12/1996 Johnnie Detrick

|   |                           |    |         |        |
|---|---------------------------|----|---------|--------|
| 1 | Loftus-Charley, Shirley A | 60 | VMST-VA | 39.67V |
| 2 | Calkins, Lynda J          | 61 | VMST-VA | 48.85  |

**Women 60-64 200 Yard Butterfly**

NATL: 2:37.22 N 5/10/2009 BARBARA DUNBAR

VA: 3:34.86 V 2003 Lucille Griffin

|   |                           |    |         |                               |
|---|---------------------------|----|---------|-------------------------------|
| 1 | Loftus-Charley, Shirley A | 60 | VMST-VA | 2:43.42V                      |
|   |                           |    |         | 36.17 1:16.42 1:59.60 2:43.42 |

**Women 60-64 100 Yard IM**

NATL: 1:08.64 N 5/23/2010 CHARLOTTE DAVIS

VA: 1:24.92 V 5/20/2010 Pam Dameron

|   |                           |    |         |               |
|---|---------------------------|----|---------|---------------|
| 1 | Loftus-Charley, Shirley A | 60 | VMST-VA | 1:15.44V      |
|   |                           |    |         | 36.24 1:15.44 |
| 2 | Broderson, Molly G        | 60 | VMST-VA | 1:40.84       |
|   |                           |    |         | 50.33 1:40.84 |

**Women 60-64 200 Yard IM**

NATL: 2:31.84 N 5/22/2010 CHARLOTTE DAVIS

VA: 3:11.38 V 2002 Betsy Durrant

|   |                           |    |         |                               |
|---|---------------------------|----|---------|-------------------------------|
| 1 | Loftus-Charley, Shirley A | 60 | VMST-VA | 2:40.63V                      |
|   |                           |    |         | 34.89 1:17.58 2:05.01 2:40.63 |

**Women 65-69 50 Yard Freestyle**

NATL: 30.42 N 5/20/2007 BETH SCHREINER

VA: 30.42 V 5/17/2007 Beth Schreiner

|   |              |    |         |       |
|---|--------------|----|---------|-------|
| 1 | Rice, Jane I | 66 | Unat-NC | 41.40 |
|---|--------------|----|---------|-------|

**Women 65-69 50 Yard Freestyle Novice**

NATL: 30.42 N 5/20/2007 BETH SCHREINER

VA: 30.42 V 5/17/2007 Beth Schreiner

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | Martin, Kathleen B | 65 | URMS-VA | 54.60 |
|---|--------------------|----|---------|-------|

**Women 65-69 100 Yard Freestyle**

NATL: 1:07.80 N 5/28/2007 ARDETH MUELLER

VA: 1:09.77 V 5/17/2007 Beth Schreiner

|   |                    |    |         |               |
|---|--------------------|----|---------|---------------|
| 1 | Bennett, Ruth R    | 65 | CUBU-PV | 1:17.91       |
|   |                    |    |         | 37.46 1:17.91 |
| 2 | Dawson, Rosemary C | 66 | VMST-VA | 1:34.41       |
|   |                    |    |         | 45.94 1:34.41 |
| 3 | Rice, Jane I       | 66 | Unat-NC | 1:41.62       |
|   |                    |    |         | 48.52 1:41.62 |

**Women 65-69 200 Yard Freestyle**

NATL: 2:24.66 N 5/21/2010 SUZANNE DILLS

VA: 2:39.58 V 5/17/2007 Beth Schreiner

|   |                    |    |         |                               |
|---|--------------------|----|---------|-------------------------------|
| 1 | Bennett, Ruth R    | 65 | CUBU-PV | 2:46.61                       |
|   |                    |    |         | 38.76 1:21.28 2:04.21 2:46.61 |
| 2 | Dameron, Pam D     | 66 | QMST-VA | 2:52.77                       |
|   |                    |    |         | 40.95 1:24.65 2:09.92 2:52.77 |
| 3 | Dawson, Rosemary C | 66 | VMST-VA | 3:25.60                       |
|   |                    |    |         | 47.44 1:39.73 2:33.41 3:25.60 |

**Women 65-69 500 Yard Freestyle**

NATL: 6:29.22 N 4/1/2007 ARDETH MUELLER

VA: 7:21.03 V 4/24/2009 Beth Schreiner

|   |                 |    |         |                                 |
|---|-----------------|----|---------|---------------------------------|
| 1 | Bennett, Ruth R | 65 | CUBU-PV | 7:33.67                         |
|   |                 |    |         | 40.19 1:25.22 2:11.20 2:57.60   |
|   |                 |    |         | 3:43.87 4:30.83 5:16.69 6:02.95 |
|   |                 |    |         | 6:48.75 7:33.67                 |
| 2 | Dameron, Pam D  | 66 | QMST-VA | 7:38.43                         |
|   |                 |    |         | 42.38 1:27.62 2:12.63 3:00.31   |
|   |                 |    |         | 3:47.18 4:34.24 5:21.67 6:08.23 |
|   |                 |    |         | 6:54.60 7:38.43                 |

**Women 65-69 50 Yard Backstroke Novice**

NATL: 36.03 N 4/5/1992 CLARA WALKER

VA: 39.61 V 5/17/2007 Beth Schreiner

|   |              |    |         |       |
|---|--------------|----|---------|-------|
| 1 | Rice, Jane I | 66 | Unat-NC | 48.51 |
|---|--------------|----|---------|-------|

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**Women 65-69 50 Yard Backstroke**

NATL: 36.03 N 4/5/1992 CLARA WALKER

VA: 39.61 V 5/17/2007 Beth Schreiner

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | Dameron, Pam D     | 66 | QMST-VA | 43.86 |
| 2 | Gregory, Kathryn S | 65 | VMST-VA | 45.51 |
| 3 | Martin, Judy       | 69 | VMST-VA | 48.39 |

**Women 65-69 100 Yard Backstroke**

NATL: 1:17.94 N 5/10/2009 JACKIE MARR

VA: 1:27.15 V 6/27/2007 Betsy Durrant

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Gregory, Kathryn S | 65      | VMST-VA | 1:38.65 |
|   | 47.50              | 1:38.65 |         |         |
| 2 | Martin, Judy       | 69      | VMST-VA | 1:45.66 |
|   | 51.14              | 1:45.66 |         |         |
| 3 | Rice, Jane I       | 66      | Unat-NC | 1:56.21 |
|   | 52.90              | 1:56.21 |         |         |
| 4 | Steiner, Arlien L  | 69      | Unat-VA | 2:22.97 |
|   | 1:08.46            | 2:22.97 |         |         |

**Women 65-69 200 Yard Backstroke**

NATL: 2:50.17 N 5/21/2010 SUZANNE DILLS

VA: 3:14.58 V 5/7/2009 Betsy Durrant

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Gregory, Kathryn S | 65      | VMST-VA | 3:39.29 |
|   | 49.78              | 1:46.81 | 2:44.94 | 3:39.29 |
| 2 | Martin, Judy       | 69      | VMST-VA | 3:49.57 |
|   | 51.96              | 1:50.01 | 2:49.74 | 3:49.57 |
| 3 | Steiner, Arlien L  | 69      | Unat-VA | 4:58.34 |
|   | 1:05.41            | 2:23.88 | 4:58.34 |         |

**Women 65-69 50 Yard Breaststroke**

NATL: 37.74 N 4/25/2004 JOANN LEILICH

VA: 37.74 V 4/22/2004 Joann Leilich

|   |                    |    |         |         |
|---|--------------------|----|---------|---------|
| 1 | Dameron, Pam D     | 66 | QMST-VA | 44.29   |
| 2 | Martin, Judy       | 69 | VMST-VA | 52.12   |
| 3 | Dawson, Rosemary C | 66 | VMST-VA | 56.91   |
| 4 | Steiner, Arlien L  | 69 | Unat-VA | 1:08.02 |

**Women 65-69 100 Yard Breaststroke**

NATL: 1:23.95 N 4/25/2004 JOANN LEILICH

VA: 1:23.95 V 4/22/2004 Joann Leilich

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Dameron, Pam D    | 66      | QMST-VA | 1:39.56 |
|   | 46.65             | 1:39.56 |         |         |
| 2 | Steiner, Arlien L | 69      | Unat-VA | 2:37.80 |
|   | 1:13.22           | 2:37.80 |         |         |

**Women 65-69 200 Yard Breaststroke**

NATL: 3:01.50 N 4/4/2004 JOANN LEILICH

VA: 3:01.50 V 4/2/2004 Joann Leilich

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Dameron, Pam D    | 66      | QMST-VA | 3:28.33 |
|   | 47.76             | 1:39.94 | 2:34.59 | 3:28.33 |
| 2 | Steiner, Arlien L | 69      | Unat-VA | 5:31.56 |
|   | 1:11.50           | 2:42.27 | 4:09.95 | 5:31.56 |

**Women 65-69 50 Yard Butterfly Novice**

NATL: 33.02 N 4/1/2007 ARDETH MUELLER

VA: 39.22 V 4/13/2007 Beth Schreiner

|   |                   |    |         |         |
|---|-------------------|----|---------|---------|
| 1 | Steiner, Arlien L | 69 | Unat-VA | 1:20.84 |
|---|-------------------|----|---------|---------|

**Women 65-69 100 Yard IM**

NATL: 1:18.86 N 5/10/2009 JACKIE MARR

VA: 1:22.20 V 4/22/2004 Joann Leilich

|     |                    |         |         |         |
|-----|--------------------|---------|---------|---------|
| 1   | Dawson, Rosemary C | 66      | VMST-VA | 1:52.65 |
|     | 54.05              | 1:52.65 |         |         |
| --- | Gregory, Kathryn S | 65      | VMST-VA | DQ      |
|     | 56.35              |         |         |         |

**Women 65-69 200 Yard IM**

NATL: 2:52.51 N 5/22/2010 SUZANNE DILLS

VA: 3:02.97 V 2004 Joann Leilich

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Gregory, Kathryn S | 65      | VMST-VA | 3:41.05 |
|   | 53.49              | 1:50.06 | 2:51.58 | 3:41.05 |
| 2 | Steiner, Arlien L  | 69      | Unat-VA | 5:48.36 |
|   | 1:17.05            | 2:55.29 | 4:27.31 | 5:48.36 |

**Women 70-74 50 Yard Freestyle**

NATL: 31.05 N 4/30/2000 GAIL ROPER

VA: 31.88 V 4/28/2011 Beth Schreiner

|   |                 |    |         |       |
|---|-----------------|----|---------|-------|
| 1 | Schreiner, Beth | 71 | VMST-VA | 32.32 |
|---|-----------------|----|---------|-------|

**Women 70-74 100 Yard Freestyle**

NATL: 1:09.79 N 4/30/2000 GAIL ROPER

VA: 1:12.24 V 4/28/2011 Beth Schreiner

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Schreiner, Beth | 71      | VMST-VA | 1:15.02 |
|   | 35.75           | 1:15.02 |         |         |

**Women 70-74 200 Yard Freestyle**

NATL: 2:35.85 N 4/30/2000 GAIL ROPER

VA: 2:46.11 V 4/28/2011 Beth Schreiner

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Schreiner, Beth   | 71      | VMST-VA | 2:50.56 |
|   | 39.49             | 1:23.25 | 2:07.97 | 2:50.56 |
| 2 | Durrant, Betsy    | 70      | VMST-VA | 3:06.31 |
|   | 42.65             | 1:28.68 | 2:17.75 | 3:06.31 |
| 3 | Magee, Charlene A | 70      | VMST-VA | 3:50.39 |
|   | 51.62             | 1:49.31 | 2:50.28 | 3:50.39 |

**Women 70-74 1650 Yard Freestyle**

NATL: 23:45.69 N 3/28/2004 LAVELLE STOINOFF

VA: 30:38.13 V 6/1/2008 Barbara Zaremski

|   |                |          |          |           |
|---|----------------|----------|----------|-----------|
| 1 | Durrant, Betsy | 70       | VMST-VA  | 28:18.86V |
|   | 45.16          | 1:34.51  | 2:24.86  | 3:15.89   |
|   | 4:07.21        | 4:58.75  | 5:49.88  | 6:40.81   |
|   | 7:31.33        | 8:22.08  | 9:13.78  | 10:05.61  |
|   | 10:57.05       | 11:49.39 | 12:41.74 | 13:33.64  |
|   | 14:25.86       | 15:17.61 | 16:09.76 | 17:02.40  |
|   | 17:54.30       | 18:47.00 | 19:38.80 | 20:32.33  |
|   | 21:23.30       | 22:15.06 | 23:07.84 | 24:00.15  |
|   | 24:52.46       | 25:44.58 | 26:36.50 | 27:28.43  |
|   |                |          |          | 28:18.86  |

**Women 70-74 50 Yard Backstroke**

NATL: 36.91 N 5/20/2007 BETSY JORDAN

VA: 41.85 V 5/1/2008 Barbara Zaremski

|   |                 |    |         |       |
|---|-----------------|----|---------|-------|
| 1 | Schreiner, Beth | 71 | VMST-VA | 43.67 |
|---|-----------------|----|---------|-------|

**Women 70-74 200 Yard Backstroke**

NATL: 2:59.07 N 4/30/2006 NANCY BROWN

VA: 3:29.87 V 9/22/2007 Barbara Zaremski

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Durrant, Betsy | 70      | VMST-VA | 3:34.95 |
|   | 49.49          | 1:42.92 | 2:39.18 | 3:34.95 |

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**(Women 70-74 200 Yard Backstroke)**

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 2 | Magee, Charlene A | 70      | VMST-VA | 4:03.40 |
|   | 56.83             | 1:59.82 | 3:02.37 | 4:03.40 |

**Women 70-74 100 Yard IM**

NATL: 1:21.97 N 4/30/2000 GAIL ROPER  
VA: 1:34.88 V 4/21/2006 Johnnie Detrick

|   |                   |    |         |         |
|---|-------------------|----|---------|---------|
| 1 | Magee, Charlene A | 70 | VMST-VA | 1:54.11 |
|---|-------------------|----|---------|---------|

**Women 75-79 200 Yard Freestyle**

NATL: 2:53.05 N 3/8/2009 RONNIE KAMPHAUSEN  
VA: 3:04.11 V 3/6/2011 Johnnie Detrick

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Detrick, Johnnie | 76      | VMST-VA | 3:13.04 |
|   | 44.19            | 1:33.49 | 2:23.33 | 3:13.04 |

**Women 75-79 50 Yard Breaststroke**

NATL: 44.36 N 3/20/2005 SYLVIA EISELE  
VA: 48.17 V 2/12/2011 Johnnie Detrick

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Detrick, Johnnie | 76 | VMST-VA | 49.07 |
|---|------------------|----|---------|-------|

**Women 75-79 100 Yard Breaststroke**

NATL: 1:37.04 N 3/19/2006 ANN HIRSCH  
VA: 1:58.56 V 1/1/2002 Miriam Tuovila

|   |                  |         |         |          |
|---|------------------|---------|---------|----------|
| 1 | Detrick, Johnnie | 76      | VMST-VA | 1:47.13V |
|   | 49.42            | 1:47.13 |         |          |

**Women 75-79 200 Yard Breaststroke**

NATL: 3:31.35 N 2/11/2006 ANN HIRSCH  
VA: 3:49.28 V 4/15/2011 Johnnie Detrick

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Detrick, Johnnie | 76      | VMST-VA | 3:53.23 |
|   | 51.24            | 1:49.32 | 2:50.11 | 3:53.23 |

**Women 75-79 200 Yard IM**

NATL: 3:18.40 N 4/24/2005 GAIL ROPER  
VA: 3:37.74 V 2/12/2011 Johnnie Detrick

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Detrick, Johnnie | 76      | VMST-VA | 3:38.95 |
|   | 53.14            | 1:53.16 | 2:50.70 | 3:38.95 |

**Women 80-84 50 Yard Freestyle**

NATL: 36.85 N 3/12/2006 FLORENCE CARR  
VA: 46.98 V 6/1/2003 Marianna Berkley

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | Meredith, Jeanne H | 83 | VMST-VA | 53.83 |
|---|--------------------|----|---------|-------|

**Women 80-84 100 Yard Freestyle**

NATL: 1:24.09 N 5/18/2003 MARGERY MEYER  
VA: 1:52.17 V 5/20/2010 Jeanne Meredith

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 2 | Meredith, Jeanne H | 83      | VMST-VA | 1:58.09 |
|   | 55.55              | 1:58.09 |         |         |

**Women 80-84 200 Yard Freestyle**

NATL: 3:08.99 N 2/17/2008 JEAN TROY  
VA: 4:08.92 V 6/1/1993 Marie Kelleher

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Meredith, Jeanne H | 83      | VMST-VA | 4:18.12 |
|   | 57.06              | 2:03.24 | 3:11.42 | 4:18.12 |

**Women 80-84 500 Yard Freestyle**

NATL: 8:26.37 N 3/30/2008 JEAN TROY

VA: 11:08.67 V 2/14/2004 Marianna Berkley

|   |                    |          |         |          |
|---|--------------------|----------|---------|----------|
| 1 | Meredith, Jeanne H | 83       | VMST-VA | 11:28.47 |
|   | 1:00.86            | 2:07.60  | 3:17.66 | 4:29.15  |
|   | 5:39.41            | 6:50.45  | 8:00.03 | 9:09.84  |
|   | 10:21.49           | 11:28.47 |         |          |

**Women 80-84 50 Yard Backstroke**

NATL: 43.57 N 4/19/2009 BETTY LORENZI

VA: 58.59 V 6/1/2003 Marianna Berkley

|   |                    |    |         |         |
|---|--------------------|----|---------|---------|
| 1 | Meredith, Jeanne H | 83 | VMST-VA | 1:09.42 |
|---|--------------------|----|---------|---------|

**Women 85-89 50 Yard Freestyle**

NATL: 42.36 N 4/19/2009 MARGERY MEYER

VA: 49.87 V 6/27/2007 Marianna Berkley

|   |                   |    |         |         |
|---|-------------------|----|---------|---------|
| 1 | Tuovila, Miriam K | 86 | VMST-VA | 1:09.76 |
|---|-------------------|----|---------|---------|

**Women 85-89 100 Yard Freestyle**

NATL: 1:35.48 N 5/10/2009 MARGERY MEYER

VA: 1:55.09 V 6/27/2007 Marianna Berkley

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Berkley, Marianna | 89      | VMST-VA | 2:21.66 |
|   | 1:06.57           | 2:21.66 |         |         |

**Women 85-89 50 Yard Backstroke**

NATL: 49.59 N 5/19/1991 AILEEN SOULE

VA: 1:05.71 V 2/9/2008 Marianna Berkley

|   |                   |    |         |         |
|---|-------------------|----|---------|---------|
| 1 | Berkley, Marianna | 89 | VMST-VA | 1:11.41 |
|---|-------------------|----|---------|---------|

**Women 85-89 200 Yard Backstroke**

NATL: 4:07.66 N 2/8/2002 MARJORIE SHARPE

VA: 4:48.71 V 2/9/2008 Marianna Berkley

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Berkley, Marianna | 89      | VMST-VA | 5:41.37 |
|   | 1:20.15           | 2:50.75 | 4:17.11 | 5:41.37 |

**Women 85-89 100 Yard Breaststroke**

NATL: 2:23.13 N 7/2/2007 MARIANNA BERKLEY

VA: 2:23.13 V 6/27/2007 Marianna Berkley

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Tuovila, Miriam K | 86      | VMST-VA | 2:34.92 |
|   | 1:12.88           | 2:34.92 |         |         |

**Women 85-89 200 Yard Breaststroke**

NATL: 5:08.48 N 2/10/2008 MARIANNA BERKLEY

VA: 5:08.48 V 2/9/2008 Marianna Berkley

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Tuovila, Miriam K | 86      | VMST-VA | 5:45.35 |
|   | 1:16.68           | 2:43.70 | 4:14.85 | 5:45.35 |

**Women 85-89 100 Yard IM**

NATL: 2:03.29 N 4/19/2009 MARGERY MEYER

VA: 2:13.95 V 6/27/2007 Marianna Berkley

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Tuovila, Miriam K | 86      | VMST-VA | 2:42.69 |
| 2 | Berkley, Marianna | 89      | VMST-VA | 2:52.84 |
|   | 1:30.20           | 2:52.84 |         |         |

**Women 95-99 50 Yard Freestyle**

NATL: 1:26.17 N 2/15/2009 MARIE KELLEHER

VA: 1:26.17 V 2/14/2009 Marie Kelleher

|   |                   |    |         |         |
|---|-------------------|----|---------|---------|
| 1 | Kelleher, Marie K | 99 | VMST-VA | 1:48.60 |
|---|-------------------|----|---------|---------|

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**Women 95-99 100 Yard Freestyle**

NATL: 3:02.75 N 2/10/2008 MARIE KELLEHER

VA: 3:02.75 V 2/9/2008 Marie Kelleher

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Kelleher, Marie K | 99      | VMST-VA | 3:38.94 |
|   | 1:46.24           | 3:38.94 |         |         |

**Men 18-24 100 Yard Freestyle**

NATL: 43.77 N 11/8/2009 ANDY GRANT

VA: 49.14 V 4/15/2011 John Geissinger

|   |              |         |         |         |
|---|--------------|---------|---------|---------|
| 1 | Hill, John A | 20      | VMST-VA | 1:01.83 |
|   | 29.70        | 1:01.83 |         |         |

**Men 18-24 200 Yard Freestyle**

NATL: 1:35.02 N 11/8/2009 ANDY GRANT

VA: 1:44.34 V 5/19/2005 Benjamin Garrett

|   |              |         |         |         |
|---|--------------|---------|---------|---------|
| 1 | Hill, John A | 20      | VMST-VA | 2:16.64 |
|   | 30.85        | 1:05.13 | 1:41.32 | 2:16.64 |

**Men 18-24 1000 Yard Freestyle**

NATL: 9:01.26 N 2/13/2010 JPARNOLD

VA: 9:37.03 V 5/19/2005 Benjamin Garrett

|   |              |          |          |          |
|---|--------------|----------|----------|----------|
| 1 | Hill, John A | 20       | VMST-VA  | 13:03.45 |
|   | 34.01        | 1:11.90  | 1:33.76  | 1:51.92  |
|   | 2:32.31      | 3:14.14  | 3:55.95  | 4:37.00  |
|   | 5:19.13      | 6:01.34  | 6:42.98  | 7:24.80  |
|   | 8:07.86      | 8:51.01  | 9:33.83  | 10:16.34 |
|   | 10:58.42     | 11:40.68 | 12:22.54 | 13:03.45 |

**Men 18-24 50 Yard Backstroke**

NATL: 23.22 N 4/15/2007 C GIBSON

VA: 24.68 V 10/25/2009 Michael Ginder

|   |             |    |         |       |
|---|-------------|----|---------|-------|
| 1 | Taylor, Tim | 24 | ALEX-PV | 31.17 |
|---|-------------|----|---------|-------|

**Men 18-24 100 Yard Backstroke**

NATL: 49.19 N 4/15/2007 C GIBSON

VA: 56.35 V 5/20/1993 James Wolfle

|   |             |         |         |         |
|---|-------------|---------|---------|---------|
| 1 | Taylor, Tim | 24      | ALEX-PV | 1:06.03 |
|   | 31.65       | 1:06.03 |         |         |

**Men 18-24 200 Yard Backstroke**

NATL: 1:50.28 N 4/26/1992 JOHN KEPPELER

VA: 2:02.33 V 5/20/1993 James Wolfle

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Gallagher, Dan | 24      | Unat-VA | 2:04.17 |
|   | 29.10          | 1:00.44 | 1:32.63 | 2:04.17 |
| 2 | Taylor, Tim    | 24      | ALEX-PV | 2:24.72 |
|   | 33.63          | 1:09.92 | 1:47.52 | 2:24.72 |

**Men 18-24 50 Yard Breaststroke**

NATL: 24.98 N 5/10/2009 RICKY EDDY

VA: 27.01 V 5/21/1992 Neill Williams

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Gomez, Stephen P | 24 | VMST-VA | 31.36 |
|---|------------------|----|---------|-------|

**Men 18-24 50 Yard Butterfly**

NATL: 22.16 N 4/11/2006 MICHAEL SHELBY

VA: 24.03 V 10/25/2009 Michael Ginder

|   |                      |    |         |       |
|---|----------------------|----|---------|-------|
| 1 | Gomez, Stephen P     | 24 | VMST-VA | 27.25 |
| 2 | Taylor, Tim          | 24 | ALEX-PV | 27.29 |
| 3 | Hoffman, Christopher | 24 | ALEX-PV | 28.27 |

**Men 18-24 100 Yard Butterfly**

NATL: 47.93 N 2/13/2010 RUSSELL PAYNE

VA: 52.36 V 5/21/1992 Neill Williams

|   |                      |         |         |         |
|---|----------------------|---------|---------|---------|
| 1 | Hoffman, Christopher | 24      | ALEX-PV | 1:03.54 |
|   | 28.61                | 1:03.54 |         |         |
| 2 | Taylor, Tim          | 24      | ALEX-PV | 1:04.86 |
|   | 29.67                | 1:04.86 |         |         |
| 3 | Hill, John A         | 20      | VMST-VA | 1:17.46 |
|   | 35.24                | 1:17.46 |         |         |

**Men 18-24 200 Yard Butterfly**

NATL: 1:49.39 N 2/14/2010 RUSSELL PAYNE

VA: 2:01.21 V 5/20/1993 James Wolfle

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Gomez, Stephen P | 24      | VMST-VA | 2:05.50 |
|   | 29.04            | 1:01.18 | 1:33.57 | 2:05.50 |

**Men 18-24 100 Yard IM**

NATL: 50.14 N 2/18/2001 ROMAIN BARNIER

VA: 52.85 V 5/21/1992 Neill Williams

|   |             |         |         |         |
|---|-------------|---------|---------|---------|
| 1 | Taylor, Tim | 24      | ALEX-PV | 1:04.52 |
|   | 29.82       | 1:04.52 |         |         |

**Men 18-24 200 Yard IM**

NATL: 1:49.35 N 2/14/2010 RUSSELL PAYNE

VA: 1:57.45 V 5/19/2005 Benjamin Garrett

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Gallagher, Dan | 24      | Unat-VA | 2:07.24 |
|   | 26.24          | 58.14   | 1:36.38 | 2:07.24 |
| 2 | Taylor, Tim    | 24      | ALEX-PV | 2:23.82 |
|   | 28.28          | 1:04.92 | 1:48.67 | 2:23.82 |
| 3 | Hill, John A   | 20      | VMST-VA | 2:42.06 |
|   | 34.75          | 1:16.00 | 2:06.18 | 2:42.06 |

**Men 18-24 400 Yard IM**

NATL: 3:50.12 N 2/13/2010 RUSSELL PAYNE

VA: 4:07.94 V 5/19/2005 Benjamin Garrett

|   |              |         |         |         |
|---|--------------|---------|---------|---------|
| 1 | Hill, John A | 20      | VMST-VA | 5:57.17 |
|   | 36.53        | 1:21.50 | 2:08.97 | 2:57.45 |
|   | 3:47.28      | 4:37.23 | 5:18.25 | 5:57.17 |

**Men 25-29 50 Yard Freestyle**

NATL: 18.67 N 2/13/2010 FRED BOUSQUET

VA: 20.94 V 4/22/2004 Troy Johnson

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | Beard, Scott A    | 25 | QMST-VA | 22.64 |
| 2 | Slotnick, Manfred | 27 | GAJA-GA | 22.92 |
| 3 | Bain, Bradley K   | 27 | NCMS-NC | 23.05 |
| 4 | Mautte, Kevin     | 28 | URMS-VA | 23.06 |
| 5 | Rogulj, Vanja     | 29 | Unat-VA | 23.37 |

**Men 25-29 100 Yard Freestyle**

NATL: 42.58 N 4/18/2010 ANDY GRANT

VA: 45.70 V 4/22/2004 Troy Johnson

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Mautte, Kevin   | 28      | URMS-VA | 51.86   |
|   | 24.58           | 51.86   |         |         |
| 2 | Chai, Patrick R | 26      | Unat-VA | 1:01.84 |
|   | 29.74           | 1:01.84 |         |         |

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**Men 25-29 200 Yard Freestyle**

NATL: 1:33.86 N 4/16/2010 ANDY GRANT

VA: 1:41.48 V 4/22/2004 Troy Johnson

|   |                 |       |         |         |
|---|-----------------|-------|---------|---------|
| 1 | Bain, Bradley K | 27    | NCMS-NC | 1:56.82 |
|   | 26.96           | 56.97 | 1:27.02 | 1:56.82 |

**Men 25-29 1650 Yard Freestyle**

NATL: 15:44.70 N 5/3/1998 ALEX KOSTICH

VA: 17:05.57 V 2/12/2011 Adam Barley

|     |            |       |         |         |
|-----|------------|-------|---------|---------|
| --- | Koch, Greg | 29    | DCAC-PV | DQ      |
|     | 26.83      | 56.04 | 1:27.20 | 2:00.06 |

**Men 25-29 50 Yard Backstroke**

NATL: 21.46 N 4/16/2010 ADAM MANIA

VA: 23.97 V 4/22/2004 Troy Johnson

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | Beard, Scott A     | 25 | QMST-VA | 24.89 |
| 2 | Brunner, William J | 28 | Unat-VA | 29.06 |

**Men 25-29 100 Yard Backstroke**

NATL: 45.95 N 4/15/2010 ADAM MANIA

VA: 51.99 V 3/9/2007 Lee Jewell

|   |                   |       |         |       |
|---|-------------------|-------|---------|-------|
| 1 | Slotnick, Manfred | 27    | GAJA-GA | 55.20 |
|   | 26.87             | 55.20 |         |       |
| 2 | Beard, Scott A    | 25    | QMST-VA | 56.31 |
|   | 27.62             | 56.31 |         |       |

**Men 25-29 50 Yard Breaststroke**

NATL: 23.87 N 5/21/2010 MARK GANGLOFF

VA: 26.64 V 1/30/2005 Jeremy Linn

|   |                 |    |         |       |
|---|-----------------|----|---------|-------|
| 1 | Rogulj, Vanja   | 29 | Unat-VA | 27.17 |
| 2 | Mautte, Kevin   | 28 | URMS-VA | 30.74 |
| 3 | Chai, Patrick R | 26 | Unat-VA | 33.09 |

**Men 25-29 100 Yard Breaststroke**

NATL: 52.30 N 5/22/2010 MARK GANGLOFF

VA: 57.49 V 5/16/1994 Neill Williams

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Rogulj, Vanja   | 29      | Unat-VA | 59.38   |
|   | 27.65           | 59.38   |         |         |
| 2 | Chai, Patrick R | 26      | Unat-VA | 1:13.73 |
|   | 34.64           | 1:13.73 |         |         |

**Men 25-29 50 Yard Butterfly**

NATL: 21.15 N 4/25/2004 SABIR MUHAMMAD

VA: 23.49 V 4/2/2004 Frank Byskov

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | Beard, Scott A     | 25 | QMST-VA | 23.63 |
| 2 | Stensby, Travis D  | 27 | URMS-VA | 24.85 |
| 3 | Bain, Bradley K    | 27 | NCMS-NC | 25.89 |
| 4 | Brunner, William J | 28 | Unat-VA | 26.29 |
| 5 | Mautte, Kevin      | 28 | URMS-VA | 26.43 |

**Men 25-29 100 Yard Butterfly**

NATL: 47.51 N 3/7/2010 JAYME CRAMER

VA: 50.52 V 4/2/2004 Frank Byskov

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Bain, Bradley K | 27      | NCMS-NC | 1:01.30 |
|   | 29.23           | 1:01.30 |         |         |

**Men 25-29 200 Yard Butterfly**

NATL: 1:47.62 N 5/20/2007 ERIK SCALISE

VA: 1:54.52 V 2/9/2008 Scott Halasz

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Hogg, Michael T | 25      | NCMS-NC | 2:15.30 |
|   | 30.02           | 1:05.01 | 1:40.94 | 2:15.30 |

**Men 25-29 100 Yard IM**

NATL: 48.27 N 2/13/2010 MARK GANGLOFF

VA: 52.26 V 5/16/1994 Neill Williams

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Slotnick, Manfred  | 27      | GAJA-GA | 56.80   |
|   | 25.77              | 56.80   |         |         |
| 2 | Stensby, Travis D  | 27      | URMS-VA | 1:00.27 |
| 3 | Brunner, William J | 28      | Unat-VA | 1:01.11 |
|   | 27.39              | 1:01.11 |         |         |

**Men 25-29 200 Yard IM**

NATL: 1:48.18 N 5/22/2010 MARK GANGLOFF

VA: 1:55.03 V 4/2/2004 Frank Byskov

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Slotnick, Manfred | 27      | GAJA-GA | 2:07.18 |
|   | 25.85             | 2:07.18 |         |         |
| 2 | Hogg, Michael T   | 25      | NCMS-NC | 2:10.98 |
|   | 27.14             | 1:00.42 | 1:40.37 | 2:10.98 |
| 3 | Koch, Greg        | 29      | DCAC-PV | 2:15.79 |
|   | 27.88             | 1:02.13 | 1:42.91 | 2:15.79 |

**Men 30-34 50 Yard Freestyle**

NATL: 19.85 N 5/23/2010 LANCE ASTI

VA: 20.93 V 1/27/2007 Daniel Summerlin

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | de Hart, Pieter A | 33 | STON-VA | 23.35 |
| 2 | Cheatham, Josh    | 30 | Unat-VA | 25.26 |

**Men 30-34 100 Yard Freestyle**

NATL: 44.53 N 12/19/2004 MIKE PICOTTE

VA: 46.38 V 4/11/2008 Troy Johnson

|   |                   |       |         |       |
|---|-------------------|-------|---------|-------|
| 1 | de Hart, Pieter A | 33    | STON-VA | 50.61 |
|   | 24.02             | 50.61 |         |       |
| 2 | Hoyle, Joseph D   | 30    | Unat-VA | 55.80 |
|   | 26.29             | 55.80 |         |       |
| 3 | Cheatham, Josh    | 30    | Unat-VA | 56.12 |
|   | 26.69             | 56.12 |         |       |

**Men 30-34 200 Yard Freestyle**

NATL: 1:38.03 N 5/16/1999 JON OLSEN

VA: 1:44.90 V 5/21/1995 Chris Stevenson

|   |                     |       |         |         |
|---|---------------------|-------|---------|---------|
| 1 | Strahota, Jeffrey R | 31    | TERR-PV | 2:01.05 |
|   | 27.96               | 58.50 | 1:29.44 | 2:01.05 |

**Men 30-34 1000 Yard Freestyle**

NATL: 9:26.93 N 3/23/2003 JOSHUA WOODRUFF

VA: 10:00.08 V 4/28/2011 Billy Gaines

|   |                     |          |          |          |
|---|---------------------|----------|----------|----------|
| 1 | Strahota, Jeffrey R | 31       | TERR-PV  | 11:13.25 |
|   | 29.90               | 1:03.26  | 1:37.28  | 2:11.31  |
|   | 2:45.64             | 3:19.92  | 3:54.23  | 4:28.57  |
|   | 5:02.78             | 5:36.95  | 6:11.20  | 6:45.60  |
|   | 7:19.33             | 7:52.89  | 8:25.95  | 8:59.67  |
|   | 9:32.99             | 10:06.53 | 10:40.12 | 11:13.25 |

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**(Men 30-34 1000 Yard Freestyle)**

|   |                   |          |          |          |
|---|-------------------|----------|----------|----------|
| 2 | Linderman, Ross A | 34       | DCAC-PV  | 12:47.87 |
|   | 31.26             | 1:06.49  | 1:43.50  | 2:20.97  |
|   | 2:59.23           | 3:37.77  | 4:16.71  | 4:55.19  |
|   | 5:34.08           | 6:13.20  | 6:52.39  | 7:31.47  |
|   | 8:11.34           | 8:51.04  | 9:30.85  | 10:10.80 |
|   | 10:50.37          | 11:30.07 | 12:09.53 | 12:47.87 |

**Men 30-34 1650 Yard Freestyle**

NATL: 15:51.57 N 5/12/1996 JEFF ERWIN

VA: 17:31.33 V 5/16/1994 John Lowe

|   |                   |          |          |           |
|---|-------------------|----------|----------|-----------|
| 1 | Barley, Adam S    | 30       | VMST-VA  | 17:04.21V |
|   | 27.72             | 57.49    | 1:28.30  | 1:59.38   |
|   | 2:30.71           | 3:01.87  | 3:33.10  | 4:04.26   |
|   | 4:35.58           | 5:06.56  | 5:37.41  | 6:08.62   |
|   | 6:39.93           | 7:11.32  | 7:42.25  | 8:13.43   |
|   | 8:44.91           | 9:16.34  | 9:47.31  | 10:18.30  |
|   | 10:49.26          | 11:20.74 | 11:52.47 | 12:24.09  |
|   | 12:55.86          | 13:27.39 | 13:58.86 | 14:29.91  |
|   | 15:01.15          | 15:32.35 | 16:03.69 | 16:34.52  |
|   |                   |          |          | 17:04.21  |
| 2 | de Hart, Pieter A | 33       | STON-VA  | 18:59.21  |
|   | 28.56             | 1:01.95  | 1:35.84  | 2:10.31   |
|   | 2:45.51           | 3:20.29  | 3:55.33  | 4:30.65   |
|   | 5:05.48           | 5:40.56  | 6:15.58  | 6:50.89   |
|   | 7:26.33           | 8:01.73  | 8:37.12  | 9:12.34   |
|   | 9:47.30           | 10:22.34 | 10:57.06 | 11:32.03  |
|   | 12:07.04          | 12:41.72 | 13:16.14 | 13:50.21  |
|   | 14:24.74          | 14:59.05 | 15:33.42 | 16:07.88  |
|   | 16:42.98          | 17:17.56 | 17:51.81 | 18:25.83  |
|   |                   |          |          | 18:59.21  |

**Men 30-34 50 Yard Backstroke**

NATL: 22.97 N 2/8/2009 DERYA BUYUKUNCU

VA: 24.18 V 5/21/1995 Chris Stevenson

|   |                     |    |         |       |
|---|---------------------|----|---------|-------|
| 1 | Linderman, Ross A   | 34 | DCAC-PV | 30.93 |
| 2 | Strahota, Jeffrey R | 31 | TERR-PV | 31.15 |

**Men 30-34 100 Yard Backstroke**

NATL: 50.21 N 5/24/1992 CLAY BRITT

VA: 50.49 V 3/9/2007 Ryan Bradley

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | de Hart, Pieter A | 33      | STON-VA | 1:01.21 |
|   | 29.96             | 1:01.21 |         |         |
| 2 | Linderman, Ross A | 34      | DCAC-PV | 1:08.70 |
|   | 33.75             | 1:08.70 |         |         |

**Men 30-34 200 Yard Backstroke**

NATL: 1:48.04 N 5/10/2009 ERIK SCALISE

VA: 1:54.10 V 5/21/1995 Chris Stevenson

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | de Hart, Pieter A | 33      | STON-VA | 2:11.41 |
|   | 30.61             | 1:03.39 | 1:37.28 | 2:11.41 |
| 2 | Linderman, Ross A | 34      | DCAC-PV | 2:30.15 |
|   | 35.72             | 1:13.72 | 1:52.45 | 2:30.15 |

**Men 30-34 50 Yard Breaststroke**

NATL: 25.69 N 5/4/2008 JEFF COMMINGS

VA: 27.31 V 5/8/1998 Coll Haddon

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | de Hart, Pieter A | 33 | STON-VA | 31.39 |
|---|-------------------|----|---------|-------|

**Men 30-34 100 Yard Breaststroke**

NATL: 55.85 N 5/20/2007 JEFF COMMINGS

VA: 1:00.14 V 5/14/2002 Neill Williams

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Barley, Adam S      | 30      | VMST-VA | 1:05.47 |
|   | 31.19               | 1:05.47 |         |         |
| 2 | Strahota, Jeffrey R | 31      | TERR-PV | 1:13.41 |
|   | 34.60               | 1:13.41 |         |         |
| 3 | Hoyle, Joseph D     | 30      | Unat-VA | 1:13.90 |
|   | 34.87               | 1:13.90 |         |         |

**Men 30-34 50 Yard Butterfly**

NATL: 21.44 N 12/5/2009 ZSOLT GASPARG

VA: 23.38 V 5/8/1998 Coll Haddon

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | de Hart, Pieter A | 33 | STON-VA | 26.31 |
| 2 | Linderman, Ross A | 34 | DCAC-PV | 27.21 |

**Men 30-34 100 Yard Butterfly**

NATL: 47.77 N 5/21/2010 ZSOLT GASPARG

VA: 50.08 V 12/2/2010 Matt Haupt

|   |                |       |         |       |
|---|----------------|-------|---------|-------|
| 1 | Barley, Adam S | 30    | VMST-VA | 54.35 |
|   | 25.77          | 54.35 |         |       |

**Men 30-34 200 Yard Butterfly**

NATL: 1:49.52 N 5/16/1994 PETER EGAN

VA: 1:49.63 V 12/2/2010 Matt Haupt

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Barley, Adam S      | 30      | VMST-VA | 1:59.95 |
| 2 | Strahota, Jeffrey R | 31      | TERR-PV | 2:21.39 |
|   | 30.04               | 1:04.48 | 1:41.91 | 2:21.39 |

**Men 30-34 100 Yard IM**

NATL: 50.89 N 5/10/2009 ERIK SCALISE

VA: 53.09 V 1/27/2007 Daniel Summerlin

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Linderman, Ross A | 34      | DCAC-PV | 1:07.05 |
|   | 30.71             | 1:07.05 |         |         |

**Men 30-34 200 Yard IM**

NATL: 1:47.62 N 5/4/1997 RONALD KARNAUGH

VA: 1:57.59 V 1/27/2007 Daniel Summerlin

|     |                     |         |         |         |
|-----|---------------------|---------|---------|---------|
| 1   | Barley, Adam S      | 30      | VMST-VA | 2:02.40 |
| 2   | de Hart, Pieter A   | 33      | STON-VA | 2:07.68 |
|     | 26.16               | 58.91   | 1:36.87 | 2:07.68 |
| 3   | Hoyle, Joseph D     | 30      | Unat-VA | 2:21.50 |
|     | 30.10               | 1:04.54 | 1:46.38 | 2:21.50 |
| 4   | Strahota, Jeffrey R | 31      | TERR-PV | 2:22.49 |
|     | 29.95               | 1:07.52 | 1:48.07 | 2:22.49 |
| --- | Linderman, Ross A   | 34      | DCAC-PV | DQ      |

**Men 30-34 400 Yard IM**

NATL: 3:53.81 N 5/4/1997 RONALD KARNAUGH

VA: 4:29.25 V 4/23/2010 Peter De Hart

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | de Hart, Pieter A | 33      | STON-VA | 4:43.13 |
|   | 27.56             | 1:00.62 | 1:37.84 | 2:14.67 |
|   | 2:54.82           | 3:36.59 | 4:09.85 | 4:43.13 |

**Men 35-39 50 Yard Freestyle**

NATL: 20.14 N 5/4/2008 JOSH DAVIS

VA: 21.18 V 1/26/2008 Daniel Summerlin

|   |              |    |         |       |
|---|--------------|----|---------|-------|
| 1 | Mirt, Chad J | 38 | FBST-PV | 25.01 |
|---|--------------|----|---------|-------|

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**Men 35-39 100 Yard Freestyle**

NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO

VA: 47.78 V 1/26/2008 Daniel Summerlin

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Mirt, Chad J        | 38      | FBST-PV | 55.65   |
|   | 26.43               | 55.65   |         |         |
| 2 | Moon, WonKee        | 37      | DCAC-PV | 55.88   |
|   | 27.45               | 55.88   |         |         |
| 3 | Richardson, Kevin E | 35      | VMST-VA | 1:02.45 |
|   | 30.54               | 1:02.45 |         |         |

**Men 35-39 200 Yard Freestyle**

NATL: 1:36.56 N 5/4/2008 JOSH DAVIS

VA: 1:47.91 V 4/1/2000 Chris Stevenson

|   |                        |         |         |         |
|---|------------------------|---------|---------|---------|
| 1 | Parker, Cliff A        | 35      | VMST-VA | 2:04.52 |
|   | 28.10                  | 59.00   | 1:31.15 | 2:04.52 |
| 2 | Richard, Jean-Philippe | 35      | DCAC-PV | 2:06.93 |
|   | 29.09                  | 1:00.68 | 1:33.19 | 2:06.93 |
| 3 | Richardson, Kevin E    | 35      | VMST-VA | 2:15.45 |
|   | 31.59                  | 1:06.90 | 1:42.23 | 2:15.45 |

**Men 35-39 500 Yard Freestyle**

NATL: 4:33.97 N 5/17/2002 RONALD KARNAUGH

VA: 4:50.41 V 4/1/2000 Chris Stevenson

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Martin, Andrew C | 37      | NCMS-NC | 5:17.68 |
|   | 28.74            | 1:00.02 | 1:31.95 | 2:04.19 |
|   | 2:36.58          | 3:08.99 | 3:41.28 | 4:14.04 |
|   | 4:46.12          | 5:17.68 |         |         |

**Men 35-39 50 Yard Backstroke**

NATL: 22.70 N 5/4/2008 JOSH DAVIS

VA: 24.64 V 4/1/2000 Chris Stevenson

|   |              |    |         |       |
|---|--------------|----|---------|-------|
| 1 | Moon, WonKee | 37 | DCAC-PV | 30.48 |
|---|--------------|----|---------|-------|

**Men 35-39 50 Yard Breaststroke**

NATL: 25.35 N 5/21/2010 STEVE WEST

VA: 28.20 V 1/1/1993 Michael Slowey

|   |                     |    |         |       |
|---|---------------------|----|---------|-------|
| 1 | Goodison, Michael R | 39 | TERR-PV | 29.12 |
| 2 | Moon, WonKee        | 37 | DCAC-PV | 32.31 |
| 3 | Richardson, Kevin E | 35 | VMST-VA | 36.95 |

**Men 35-39 100 Yard Breaststroke**

NATL: 55.26 N 12/16/2001 RON KARNAUGH

VA: 1:01.50 V 1/1/1993 Michael Slowey

|   |                        |         |         |         |
|---|------------------------|---------|---------|---------|
| 1 | Goodison, Michael R    | 39      | TERR-PV | 1:03.02 |
|   | 29.76                  | 1:03.02 |         |         |
| 2 | Richard, Jean-Philippe | 35      | DCAC-PV | 1:09.03 |
|   | 32.58                  | 1:09.03 |         |         |
| 3 | Parker, Cliff A        | 35      | VMST-VA | 1:09.11 |
|   | 32.97                  | 1:09.11 |         |         |
| 4 | Moon, WonKee           | 37      | DCAC-PV | 1:10.32 |
| 5 | Richardson, Kevin E    | 35      | VMST-VA | 1:21.55 |
|   | 38.85                  | 1:21.55 |         |         |

**Men 35-39 200 Yard Breaststroke**

NATL: 1:59.23 N 12/16/2001 RON KARNAUGH

VA: 2:15.38 V 6/1/1993 Michael Slowey

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Goodison, Michael R | 39      | TERR-PV | 2:24.60 |
|   | 32.76               | 1:09.21 | 1:46.94 | 2:24.60 |

|   |                        |         |         |         |
|---|------------------------|---------|---------|---------|
| 2 | Richard, Jean-Philippe | 35      | DCAC-PV | 2:27.65 |
|   | 33.63                  | 1:11.98 | 1:50.24 | 2:27.65 |
| 3 | Parker, Cliff A        | 35      | VMST-VA | 2:28.24 |
|   | 34.34                  | 1:11.56 | 1:49.31 | 2:28.24 |

**Men 35-39 200 Yard Butterfly**

NATL: 1:50.74 N 5/16/1999 BOBBY PATTEN

VA: 1:58.92 V 4/1/2000 Chris Stevenson

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Martin, Andrew C | 37      | NCMS-NC | 2:11.82 |
|   | 29.77            | 1:02.59 | 1:36.54 | 2:11.82 |
| 2 | Moon, WonKee     | 37      | DCAC-PV | 2:28.66 |
|   | 30.74            | 1:07.72 | 1:47.16 | 2:28.66 |

**Men 35-39 100 Yard IM**

NATL: 50.06 N 5/4/2008 JOSH DAVIS

VA: 56.15 V 4/21/2001 David Malsbury

|   |                     |    |         |         |
|---|---------------------|----|---------|---------|
| 1 | Goodison, Michael R | 39 | TERR-PV | 1:00.27 |
|---|---------------------|----|---------|---------|

**Men 35-39 200 Yard IM**

NATL: 1:48.74 N 12/22/2002 RON KARNAUGH

VA: 1:59.02 V 1/26/2008 Daniel Summerlin

|   |                        |         |         |         |
|---|------------------------|---------|---------|---------|
| 1 | Parker, Cliff A        | 35      | VMST-VA | 2:14.71 |
|   | 28.59                  | 1:04.11 | 1:42.25 | 2:14.71 |
| 2 | Richard, Jean-Philippe | 35      | DCAC-PV | 2:15.83 |
|   | 28.62                  | 1:05.94 | 1:43.81 | 2:15.83 |

**Men 35-39 400 Yard IM**

NATL: 3:56.76 N 12/16/2001 RON KARNAUGH

VA: 4:24.06 V 6/1/2004 Robert St. Jean

|     |                  |         |         |         |
|-----|------------------|---------|---------|---------|
| 1   | Martin, Andrew C | 37      | NCMS-NC | 4:38.92 |
|     | 29.19            | 1:01.75 | 1:36.48 | 2:10.81 |
|     | 2:50.84          | 3:31.80 | 4:04.93 | 4:38.92 |
| --- | Moon, WonKee     | 37      | DCAC-PV | DQ      |
|     | 31.06            | 1:07.66 | 1:46.99 | 2:27.29 |
|     | 3:03.81          | 5:57.95 |         |         |

**Men 40-44 50 Yard Freestyle**

NATL: 20.84 N 4/26/2009 MICHAEL ROSS

VA: 21.79 V John Tudor

|   |                 |    |         |       |
|---|-----------------|----|---------|-------|
| 1 | Williams, Neill | 43 | DCAC-PV | 24.15 |
| 2 | Curtis, Brian H | 40 | VMST-VA | 25.08 |
| 3 | Raggio, Randy   | 43 | VMST-VA | 25.31 |

**Men 40-44 100 Yard Freestyle**

NATL: 45.35 N 5/4/2008 MICHAEL ROSS

VA: 47.58 V 4/27/2000 John Tudor

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Lee, Michael P  | 44      | MARY-MD | 52.01   |
|   | 25.27           | 52.01   |         |         |
| 2 | Raggio, Randy   | 43      | VMST-VA | 55.58   |
|   | 26.71           | 55.58   |         |         |
| 3 | Curtis, Brian H | 40      | VMST-VA | 55.75   |
|   | 26.60           | 55.75   |         |         |
| 4 | Eliasek, Steve  | 43      | QMST-VA | 58.01   |
|   | 27.95           | 58.01   |         |         |
| 5 | Bristow, John   | 42      | VMST-VA | 1:09.27 |
|   | 33.08           | 1:09.27 |         |         |



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**Men 40-44 200 Yard Freestyle**

NATL: 1:38.94 N 5/4/2008 MICHAEL ROSS

VA: 1:44.37 V 3/6/2009 Chris Stevenson

|   |                       |       |         |         |
|---|-----------------------|-------|---------|---------|
| 1 | Lee, Michael P        | 44    | MARY-MD | 1:58.15 |
|   | 26.67                 | 56.39 | 1:27.31 | 1:58.15 |
| 2 | Pignatello, Anthony J | 41    | FBST-PV | 2:04.24 |
|   | 28.77                 | 59.95 | 1:31.63 | 2:04.24 |

**Men 40-44 500 Yard Freestyle**

NATL: 4:39.86 N 5/8/2010 ALEX KOSTICH

VA: 4:42.67 V 5/7/2009 Chris Stevenson

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Carlson, John | 40      | RMST-PV | 6:36.26 |
|   | 35.43         | 1:16.38 | 1:57.18 | 2:38.34 |
|   | 3:19.38       | 3:59.03 | 4:38.34 | 5:17.59 |
|   | 5:57.28       | 6:36.26 |         |         |

**Men 40-44 1000 Yard Freestyle**

NATL: 9:32.66 N 5/7/2010 ALEX KOSTICH

VA: 9:50.25 V 4/18/2009 Chris Stevenson

|   |                    |          |          |          |
|---|--------------------|----------|----------|----------|
| 1 | Lee, Michael P     | 44       | MARY-MD  | 11:26.99 |
|   | 29.72              | 1:02.61  | 1:36.40  | 2:10.62  |
|   | 2:44.84            | 3:19.12  | 3:53.94  | 4:28.60  |
|   | 5:03.17            | 5:38.30  | 6:13.34  | 6:48.36  |
|   | 7:23.83            | 7:59.68  | 8:34.61  | 9:09.61  |
|   | 9:44.57            | 10:19.45 | 10:53.84 | 11:26.99 |
| 2 | Carlson, John      | 40       | RMST-PV  | 12:54.37 |
|   | 34.31              | 1:11.86  | 1:50.18  | 2:28.94  |
|   | 3:08.11            | 3:47.42  | 4:26.79  | 5:05.86  |
|   | 5:45.12            | 6:24.61  | 7:04.25  | 7:43.91  |
|   | 8:23.15            | 9:02.45  | 9:41.91  | 10:21.00 |
|   | 11:00.34           | 11:39.23 | 12:17.38 | 12:54.37 |
| 3 | Soukup, Franklin S | 42       | QMST-VA  | 15:43.32 |
|   | 35.05              | 1:15.02  | 1:57.24  | 2:41.43  |
|   | 3:26.63            | 4:12.30  | 4:59.72  | 5:46.29  |
|   | 6:33.90            | 7:21.82  | 8:10.49  | 8:59.29  |
|   | 9:48.22            | 10:37.30 | 11:28.55 | 12:18.58 |
|   | 13:09.95           | 14:01.50 | 14:53.24 | 15:43.32 |

**Men 40-44 1650 Yard Freestyle**

NATL: 15:51.52 N 5/9/2010 ALEX KOSTICH

VA: 17:40.34 V 4/10/2010 Rob St Jean

|   |               |          |          |          |
|---|---------------|----------|----------|----------|
| 1 | Carlson, John | 40       | RMST-PV  | 22:11.37 |
|   | 34.57         | 1:14.12  | 1:54.78  | 2:35.42  |
|   | 3:16.13       | 3:56.58  | 4:36.67  | 5:16.72  |
|   | 5:56.73       | 6:37.14  | 7:17.61  | 7:57.67  |
|   | 8:36.69       | 9:16.93  | 9:57.25  | 10:37.62 |
|   | 11:18.81      | 12:00.19 | 12:40.76 | 13:22.45 |
|   | 14:03.39      | 14:44.29 | 15:24.87 | 16:05.68 |
|   | 16:46.61      | 17:28.03 | 18:08.81 | 18:50.13 |
|   | 19:30.66      | 20:11.95 | 20:52.46 | 21:32.77 |
|   |               |          |          | 22:11.37 |

|   |                    |          |          |          |
|---|--------------------|----------|----------|----------|
| 2 | Soukup, Franklin S | 42       | QMST-VA  | 27:19.77 |
|   | 41.10              | 1:26.77  | 2:14.07  | 3:01.79  |
|   | 3:50.61            | 4:40.05  | 5:29.38  | 6:19.21  |
|   | 7:08.91            | 8:00.17  | 8:50.60  | 9:41.35  |
|   | 10:32.79           | 11:22.78 | 12:12.89 | 13:04.02 |
|   | 13:55.06           | 14:46.18 | 15:36.52 | 16:28.06 |
|   | 17:18.76           | 18:09.16 | 18:59.90 | 19:50.84 |
|   | 20:41.39           | 21:32.34 | 22:22.44 | 23:13.03 |
|   | 24:04.09           | 24:54.62 | 25:45.00 | 26:33.70 |
|   |                    |          |          | 27:19.77 |

**Men 40-44 100 Yard Backstroke**

NATL: 48.49 N 4/26/2009 MICHAEL ROSS

VA: 50.67 V 3/6/2009 Chris Stevenson

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Raggio, Randy  | 43      | VMST-VA | 1:05.73 |
|   | 31.65          | 1:05.73 |         |         |
| 2 | Eliasek, Steve | 43      | QMST-VA | 1:12.81 |
|   | 35.58          | 1:12.81 |         |         |

**Men 40-44 50 Yard Breaststroke**

NATL: 25.84 N 5/18/2003 GREG RHODENBAUGH

VA: 28.52 V 5/19/2005 David Malsbury

|   |                |    |         |       |
|---|----------------|----|---------|-------|
| 1 | Lee, Michael P | 44 | MARY-MD | 30.59 |
|---|----------------|----|---------|-------|

**Men 40-44 100 Yard Breaststroke**

NATL: 57.04 N 5/18/2003 WALLY DICKS

VA: 1:02.36 V 5/7/1998 Michael Slowey

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Lee, Michael P      | 44      | MARY-MD | 1:06.92 |
|   | 31.80               | 1:06.92 |         |         |
| 2 | Cockrell, Charles E | 43      | VMST-VA | 1:10.55 |
|   | 33.22               | 1:10.55 |         |         |
| 3 | Bristow, John       | 42      | VMST-VA | 1:27.05 |
|   | 41.43               | 1:27.05 |         |         |

**Men 40-44 200 Yard Breaststroke**

NATL: 2:03.37 N 4/19/2009 ROQUE SANTOS

VA: 2:18.21 V 5/7/1998 Michael Slowey

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Williams, Neill     | 43      | DCAC-PV | 2:24.15 |
|   | 31.66               | 1:08.09 | 1:46.02 | 2:24.15 |
| 2 | Lee, Michael P      | 44      | MARY-MD | 2:25.72 |
|   |                     | 1:10.03 | 1:47.79 | 2:25.72 |
| 3 | Cockrell, Charles E | 43      | VMST-VA | 2:34.17 |
|   | 34.89               | 1:14.05 | 1:54.12 | 2:34.17 |

**Men 40-44 50 Yard Butterfly**

NATL: 22.61 N 4/26/2009 MICHAEL ROSS

VA: 23.82 V 5/7/2009 Chris Stevenson

|   |                 |    |         |       |
|---|-----------------|----|---------|-------|
| 1 | Williams, Neill | 43 | DCAC-PV | 25.05 |
| 2 | Raggio, Randy   | 43 | VMST-VA | 28.20 |
| 3 | Bristow, John   | 42 | VMST-VA | 34.90 |

**Men 40-44 100 Yard Butterfly**

NATL: 49.27 N 5/4/2008 MICHAEL ROSS

VA: 50.81 V 5/7/2009 Chris Stevenson

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Roddin, Jeffrey H | 42      | ANCM-PV | 55.05   |
|   | 26.01             | 55.05   |         |         |
| 2 | Williams, Neill   | 43      | DCAC-PV | 57.20   |
|   | 26.69             | 57.20   |         |         |
| 3 | Raggio, Randy     | 43      | VMST-VA | 1:02.94 |
|   | 29.30             | 1:02.94 |         |         |

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**(Men 40-44 100 Yard Butterfly)**

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 4 | Eliasek, Steve | 43      | QMST-VA | 1:07.18 |
|   | 30.76          | 1:07.18 |         |         |

**Men 40-44 200 Yard Butterfly**

NATL: 1:50.61 N 4/14/2002 DENNIS BAKER

VA: 1:54.85 V 5/7/2009 Chris Stevenson

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Carlson, John | 40      | RMST-PV | 2:39.02 |
|   | 36.07         | 1:18.50 | 2:00.79 | 2:39.02 |

**Men 40-44 100 Yard IM**

NATL: 51.85 N 5/23/2010 MICHAEL ROSS

VA: 55.67 V 5/8/1998 John Tudor

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Roddin, Jeffrey H | 42      | ANCM-PV | 57.35   |
|   | 26.73             | 57.35   |         |         |
| 2 | Eliasek, Steve    | 43      | QMST-VA | 1:06.45 |
|   | 30.27             | 1:06.45 |         |         |
| 3 | Bristow, John     | 42      | VMST-VA | 1:20.91 |

**Men 40-44 200 Yard IM**

NATL: 1:51.85 N 4/26/2009 MICHAEL ROSS

VA: 2:03.51 V 4/27/2000 John Tudor

|   |                       |         |         |         |
|---|-----------------------|---------|---------|---------|
| 1 | Roddin, Jeffrey H     | 42      | ANCM-PV | 2:07.37 |
|   | 26.87                 | 1:00.40 | 1:36.96 | 2:07.37 |
| 2 | Lee, Michael P        | 44      | MARY-MD | 2:12.27 |
|   | 28.78                 | 1:03.85 | 1:42.16 | 2:12.27 |
| 3 | Williams, Neill       | 43      | DCAC-PV | 2:12.32 |
|   | 27.52                 | 1:03.14 | 1:40.60 | 2:12.32 |
| 4 | Pignatello, Anthony J | 41      | FBST-PV | 2:20.58 |
|   | 29.44                 | 1:04.74 | 1:47.15 | 2:20.58 |
| 5 | Cockrell, Charles E   | 43      | VMST-VA | 2:26.33 |
|   | 32.38                 | 1:10.88 | 1:50.85 | 2:26.33 |

**Men 40-44 400 Yard IM**

NATL: 4:01.87 N 4/19/2009 ROQUE SANTOS

VA: 4:23.70 V 2/9/2008 Chris Stevenson

|   |                     |         |         |         |
|---|---------------------|---------|---------|---------|
| 1 | Roddin, Jeffrey H   | 42      | ANCM-PV | 4:34.54 |
|   | 27.92               | 59.37   | 1:36.09 | 2:12.15 |
|   | 2:51.15             | 3:29.44 | 4:01.95 | 4:34.54 |
| 2 | Cockrell, Charles E | 43      | VMST-VA | 5:13.79 |
|   | 34.20               | 1:13.15 | 1:54.19 | 2:33.82 |
|   | 3:16.68             | 4:00.38 | 4:38.46 | 5:13.79 |
| 3 | Carlson, John       | 40      | RMST-PV | 6:12.39 |
|   | 36.94               | 1:20.19 | 2:07.27 | 2:51.39 |
|   | 3:51.78             | 4:51.34 | 5:31.72 | 6:12.39 |

**Men 45-49 50 Yard Freestyle**

NATL: 21.06 N 5/21/2010 RICHARD HUGHEY

VA: 22.91 V 5/17/2007 David Malsbury

|   |                |    |         |       |
|---|----------------|----|---------|-------|
| 1 | Harris, Mark E | 49 | ALEX-PV | 26.35 |
| 2 | Rose, Scott A  | 46 | VMST-VA | 28.91 |

**Men 45-49 50 Yard Freestyle Novice**

NATL: 21.06 N 5/21/2010 RICHARD HUGHEY

VA: 22.91 V 5/17/2007 David Malsbury

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | Devenoge, Frank X | 45 | VMST-VA | 25.61 |
|---|-------------------|----|---------|-------|

**Men 45-49 100 Yard Freestyle**

NATL: 46.46 N 5/22/2010 DAVID SIMS

VA: 50.97 V 5/17/2007 Todd Cooke

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Jones, Rob    | 46      | Unat-VA | 52.39   |
|   | 25.44         | 52.39   |         |         |
| 2 | Rose, Scott A | 46      | VMST-VA | 1:02.97 |
|   | 30.40         | 1:02.97 |         |         |

**Men 45-49 200 Yard Freestyle**

NATL: 1:41.69 N 5/21/2010 DAVID SIMS

VA: 1:45.92 V 3/5/2010 Chris Stevenson

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Jones, Rob    | 46      | Unat-VA | 1:56.50 |
|   | 27.45         | 56.96   | 1:27.05 | 1:56.50 |
| 2 | Rose, Scott A | 46      | VMST-VA | 2:19.70 |
|   | 33.47         | 1:08.74 | 1:44.70 | 2:19.70 |

**Men 45-49 500 Yard Freestyle**

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER

VA: 4:52.46 V 4/28/2011 Chris Stevenson

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Stevenson, Chris L | 47      | NCMS-NC | 5:01.70 |
|   | 27.12              | 56.87   | 1:27.11 | 1:57.44 |
|   | 2:27.84            | 2:58.40 | 3:29.23 | 4:00.07 |
|   | 4:31.13            | 5:01.70 |         |         |

**Men 45-49 1000 Yard Freestyle**

NATL: 9:43.93 N 5/20/2010 KEITH SWITZER

VA: 10:24.07 V 1/7/2011 Chris Stevenson

|   |            |         |          |          |
|---|------------|---------|----------|----------|
| 1 | Jones, Rob | 46      | Unat-VA  | 10:55.49 |
|   | 28.99      | 1:00.20 | 1:31.95  | 2:04.42  |
|   | 2:37.00    | 3:09.71 | 3:42.51  | 4:15.42  |
|   | 4:48.60    | 5:21.74 | 5:54.97  | 6:28.45  |
|   | 7:02.05    | 7:35.49 | 8:08.90  | 8:42.60  |
|   | 9:16.19    | 9:49.73 | 10:23.08 | 10:55.49 |

**Men 45-49 1650 Yard Freestyle**

NATL: 16:08.05 N 5/20/2010 JEFF ERWIN

VA: 17:20.40 V 1/7/2011 Chris Stevenson

|   |                    |          |          |          |
|---|--------------------|----------|----------|----------|
| 1 | Bradley, Patrick J | 45       | STON-VA  | 21:48.95 |
|   | 34.19              | 1:11.70  | 1:50.63  | 2:29.98  |
|   | 3:09.24            | 3:49.26  | 4:29.16  | 5:08.80  |
|   | 5:48.03            | 6:27.00  | 7:06.10  | 7:45.30  |
|   | 8:24.99            | 9:04.93  | 9:44.37  | 10:24.23 |
|   | 11:03.65           | 11:44.03 | 12:24.18 | 13:04.05 |
|   | 13:44.52           | 14:24.75 | 15:04.75 | 15:45.25 |
|   | 16:25.26           | 17:05.78 | 17:46.42 | 18:27.53 |
|   | 19:08.35           | 19:48.60 | 20:29.26 | 21:09.78 |
|   |                    |          |          | 21:48.95 |

**Men 45-49 50 Yard Backstroke**

NATL: 24.28 N 5/22/2010 CHRIS STEVENSON

VA: 24.28 V 5/20/2010 Chris Stevenson

|     |                    |    |         |       |
|-----|--------------------|----|---------|-------|
| 1   | Stevenson, Chris L | 47 | NCMS-NC | 25.29 |
| --- | Williams, Mark W   | 48 | VMST-VA | DQ    |

**Men 45-49 100 Yard Backstroke**

NATL: 51.74 N 3/6/2010 CHRIS STEVENSON

VA: 51.55 V 4/28/2011 Chris Stevenson

|   |                    |       |         |       |
|---|--------------------|-------|---------|-------|
| 1 | Stevenson, Chris L | 47    | NCMS-NC | 53.77 |
|   | 26.30              | 53.77 |         |       |

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**Men 45-49 200 Yard Backstroke**

NATL: 1:55.05 N 3/7/2010 CHRIS STEVENSON

VA: 1:55.04 V 4/28/2011 Chris Stevenson

|   |                    |       |         |         |
|---|--------------------|-------|---------|---------|
| 1 | Stevenson, Chris L | 47    | NCMS-NC | 2:01.06 |
|   |                    | 28.70 | 59.39   | 1:30.53 |
|   |                    |       |         | 2:01.06 |

**Men 45-49 50 Yard Breaststroke**

NATL: 26.58 N 12/20/2008 WALLY DICKS

VA: 28.60 V 5/17/2007 David Malsbury

|   |                |    |         |       |
|---|----------------|----|---------|-------|
| 1 | Harris, Mark E | 49 | ALEX-PV | 31.90 |
| 2 | Rose, Scott A  | 46 | VMST-VA | 35.08 |

**Men 45-49 100 Yard Breaststroke**

NATL: 57.87 N 4/19/2009 CHRIS WEISSMAN

VA: 1:04.24 V 4/15/2010 David Malsbury

|   |                |       |         |         |
|---|----------------|-------|---------|---------|
| 1 | Harris, Mark E | 49    | ALEX-PV | 1:10.84 |
|   |                | 32.45 | 1:10.84 |         |

**Men 45-49 200 Yard Breaststroke**

NATL: 2:08.33 N 5/10/2009 DAVID GUTHRIE

VA: 2:25.42 V 2000 Michael Slowey

|   |                    |       |         |         |
|---|--------------------|-------|---------|---------|
| 1 | Bradley, Patrick J | 45    | STON-VA | 2:52.50 |
|   |                    | 38.37 | 1:21.42 | 2:06.76 |
|   |                    |       |         | 2:52.50 |

**Men 45-49 50 Yard Butterfly Novice**

NATL: 22.67 N 5/4/2008 PAUL SMITH

VA: 23.89 V 3/5/2010 Chris Stevenson

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | Devenoge, Frank X | 45 | VMST-VA | 30.76 |
|---|-------------------|----|---------|-------|

**Men 45-49 50 Yard Butterfly**

NATL: 22.67 N 5/4/2008 PAUL SMITH

VA: 23.89 V 3/5/2010 Chris Stevenson

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | Stevenson, Chris L | 47 | NCMS-NC | 24.35 |
|---|--------------------|----|---------|-------|

**Men 45-49 100 Yard Butterfly**

NATL: 50.90 N 5/21/2010 DAVID SIMS

VA: 51.36 V 3/5/2010 Chris Stevenson

|   |                    |       |         |       |
|---|--------------------|-------|---------|-------|
| 1 | Stevenson, Chris L | 47    | NCMS-NC | 53.99 |
|   |                    | 25.56 | 53.99   |       |

**Men 45-49 200 Yard Butterfly**

NATL: 1:50.73 N 12/6/2008 DENNIS BAKER

VA: 1:57.08 V 3/5/2010 Chris Stevenson

|   |                    |       |         |         |
|---|--------------------|-------|---------|---------|
| 1 | Stevenson, Chris L | 47    | NCMS-NC | 2:02.46 |
|   |                    | 27.51 | 57.98   | 1:29.75 |
|   |                    |       |         | 2:02.46 |

**Men 45-49 100 Yard IM**

NATL: 52.14 N 5/23/2010 RICHARD HUGHEY

VA: 54.99 V 5/20/2010 Chris Stevenson

|   |               |       |         |         |
|---|---------------|-------|---------|---------|
| 1 | Rose, Scott A | 46    | VMST-VA | 1:11.13 |
|   |               | 34.28 | 1:11.13 |         |

**Men 45-49 400 Yard IM**

NATL: 4:14.17 N 5/21/2010 DENNIS BAKER

VA: 4:17.52 V 5/20/2010 Chris Stevenson

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Bradley, Patrick J | 45      | STON-VA | 6:05.77 |
|   |                    | 40.02   | 1:31.97 | 2:19.97 |
|   |                    |         |         | 3:05.79 |
|   |                    | 3:53.57 | 4:41.46 | 5:25.67 |
|   |                    |         |         | 6:05.77 |

**Men 50-54 50 Yard Freestyle**

NATL: 21.38 N 5/10/2009 AMBROSE GAINES

VA: 23.66 V 4/21/2006 Louis Tudor

|   |                 |    |         |       |
|---|-----------------|----|---------|-------|
| 1 | Wood, William M | 54 | VMST-VA | 26.85 |
| 2 | McFarland, Jim  | 53 | VMST-VA | 27.03 |
| 3 | DiMeglio, Chuck | 51 | Unat-PV | 27.30 |
| 4 | Rickard, Alan K | 54 | FXCM-PV | 27.73 |

**Men 50-54 50 Yard Freestyle Novice**

NATL: 21.38 N 5/10/2009 AMBROSE GAINES

VA: 23.66 V 4/21/2006 Louis Tudor

|   |                   |    |         |       |
|---|-------------------|----|---------|-------|
| 1 | Sweetland, Ted    | 52 | Unat-VA | 27.97 |
| 2 | Blankenship, John | 54 | VMST-VA | 29.40 |
| 3 | Lasrado, David G  | 54 | URMS-VA | 53.72 |

**Men 50-54 100 Yard Freestyle**

NATL: 46.59 N 5/10/2009 AMBROSE GAINES

VA: 52.75 V 4/21/2006 Louis Tudor

|     |                 |       |         |         |
|-----|-----------------|-------|---------|---------|
| 1   | McFarland, Jim  | 53    | VMST-VA | 1:00.64 |
|     |                 | 29.21 | 1:00.64 |         |
| 2   | Sweetland, Ted  | 52    | Unat-VA | 1:00.81 |
|     |                 | 28.96 | 1:00.81 |         |
| 3   | Rickard, Alan K | 54    | FXCM-PV | 1:01.56 |
|     |                 | 28.85 | 1:01.56 |         |
| --- | Wood, William M | 54    | VMST-VA | DQ      |
|     |                 | 29.29 | DQ      |         |

**Men 50-54 200 Yard Freestyle**

NATL: 1:43.76 N 5/10/2009 AMBROSE GAINES

VA: 2:01.15 V 4/23/2010 Mark Jarosz

|   |                 |       |         |         |
|---|-----------------|-------|---------|---------|
| 1 | McFarland, Jim  | 53    | VMST-VA | 2:11.08 |
|   |                 | 30.58 | 1:03.06 | 1:36.79 |
|   |                 |       |         | 2:11.08 |
| 2 | Rickard, Alan K | 54    | FXCM-PV | 2:13.44 |
|   |                 | 31.87 | 1:05.79 | 1:39.76 |
|   |                 |       |         | 2:13.44 |
| 3 | Sweetland, Ted  | 52    | Unat-VA | 2:22.54 |
|   |                 | 31.78 | 1:06.84 | 1:44.54 |
|   |                 |       |         | 2:22.54 |

**Men 50-54 500 Yard Freestyle**

NATL: 4:47.57 N 5/20/2001 JIM MCCONICA

VA: 5:23.90 V 2/14/2009 Jim McFarland

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | McFarland, Jim | 53      | VMST-VA | 5:35.49 |
|   |                | 31.01   | 1:04.33 | 1:38.32 |
|   |                |         |         | 2:12.11 |
|   |                | 2:45.56 | 3:19.52 | 3:53.41 |
|   |                |         |         | 4:27.74 |
|   |                | 5:02.04 | 5:35.49 |         |
| 2 | Sweetland, Ted | 52      | Unat-VA | 6:37.92 |
|   |                | 31.49   | 1:08.49 | 1:47.25 |
|   |                |         |         | 2:28.34 |
|   |                | 3:09.74 | 3:52.18 | 4:34.42 |
|   |                |         |         | 5:16.49 |
|   |                | 5:58.24 | 6:37.92 |         |

**Men 50-54 1000 Yard Freestyle**

NATL: 9:57.78 N 5/17/2002 JIM MCCONICA

VA: 11:23.54 V 4/24/2009 Jim McFarland

|   |                   |          |          |          |
|---|-------------------|----------|----------|----------|
| 1 | Varner, Shannon R | 53       | Unat-VA  | 12:05.34 |
|   |                   | 32.72    | 1:06.65  | 1:33.98  |
|   |                   |          |          | 2:16.13  |
|   |                   | 2:51.47  | 3:26.85  | 4:02.35  |
|   |                   |          |          | 4:38.38  |
|   |                   | 5:14.37  | 5:50.95  | 6:27.69  |
|   |                   |          |          | 7:04.32  |
|   |                   | 7:41.39  | 8:18.60  | 8:56.54  |
|   |                   |          |          | 9:34.90  |
|   |                   | 10:12.92 | 10:51.53 | 11:29.50 |
|   |                   |          |          | 12:05.34 |

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## Results

**(Men 50-54 1000 Yard Freestyle)**

|                  |            |                   |
|------------------|------------|-------------------|
| 2 Sweetland, Ted | 52 Unat-VA | 13:07.85          |
| 34.32            | 1:12.27    | 1:33.76 1:52.06   |
| 2:33.13          | 3:14.89    | 3:57.18 4:39.17   |
| 5:21.75          | 6:04.61    | 6:47.20 7:29.85   |
| 8:12.36          | 8:54.79    | 9:37.61 10:19.99  |
| 11:02.29         | 11:44.25   | 12:26.05 13:07.85 |

**Men 50-54 1650 Yard Freestyle**

NATL: 16:42.07 N 5/20/2001 JIM MCCONICA

VA: 18:52.71 V 2/14/2009 Jim McFarland

|                  |            |                            |
|------------------|------------|----------------------------|
| 1 McFarland, Jim | 53 VMST-VA | 19:41.04                   |
| 32.33            | 1:07.36    | 1:43.57 2:19.67            |
| 2:55.65          | 3:31.97    | 4:08.83 4:46.15            |
| 5:22.96          | 5:59.56    | 6:36.44 7:13.76            |
| 7:50.43          | 8:27.09    | 9:03.80 9:40.28            |
| 10:15.97         | 10:51.43   | 11:27.56 12:03.07          |
| 12:39.00         | 13:14.69   | 13:50.48 14:26.16          |
| 15:02.11         | 15:37.23   | 16:12.78 16:48.15          |
| 17:23.54         | 17:58.46   | 18:33.39 19:07.69 19:41.04 |

**Men 50-54 50 Yard Backstroke**

NATL: 25.52 N 5/22/2010 RICHARD KAMMERER

VA: 27.75 V 4/21/2001 Rick Stringer

|                     |            |       |
|---------------------|------------|-------|
| 1 Malsbury, David B | 50 VMST-VA | 29.97 |
| 2 DiMeglio, Chuck   | 51 Unat-PV | 31.60 |
| 3 Romo, Robert A    | 53 VMST-VA | 35.21 |

**Men 50-54 50 Yard Backstroke Novice**

NATL: 25.52 N 5/22/2010 RICHARD KAMMERER

VA: 27.75 V 4/21/2001 Rick Stringer

|                    |            |         |
|--------------------|------------|---------|
| 1 Lasrado, David G | 54 URMS-VA | 1:02.78 |
|--------------------|------------|---------|

**Men 50-54 200 Yard Backstroke**

NATL: 2:01.39 N 4/11/2010 LINCOLN DJANG

VA: 2:06.84 V 4/27/2000 Rick Stringer

|                    |            |                 |
|--------------------|------------|-----------------|
| 1 Cortina, Jorge A | 52 Unat-VA | 2:41.04         |
| 37.66              | 1:17.87    | 2:00.01 2:41.04 |

**Men 50-54 50 Yard Breaststroke Novice**

NATL: 26.98 N 5/21/2010 HOLDEN BANK

VA: 29.31 V 5/1/2008 Michael Slowey

|                  |                  |            |    |
|------------------|------------------|------------|----|
| 1 Sweetland, Ted | 52 Unat-VA       | 39.15      |    |
| ---              | Lasrado, David G | 54 URMS-VA | DQ |

**Men 50-54 50 Yard Breaststroke**

NATL: 26.98 N 5/21/2010 HOLDEN BANK

VA: 29.31 V 5/1/2008 Michael Slowey

|                     |            |       |
|---------------------|------------|-------|
| 1 Malsbury, David B | 50 VMST-VA | 32.27 |
| 2 Kivi, Dale        | 53 Unat-VA | 37.50 |

**Men 50-54 100 Yard Breaststroke**

NATL: 59.94 N 5/22/2010 JON BLANK

VA: 1:03.10 V 6/1/2008 Michael Slowey

|              |            |         |
|--------------|------------|---------|
| 1 Kivi, Dale | 53 Unat-VA | 1:23.65 |
| 39.32        | 1:23.65    |         |

**Men 50-54 50 Yard Butterfly**

NATL: 23.19 N 4/25/2004 TRIP HEDRICK

VA: 26.07 V 4/21/2006 Louis Tudor

|                     |            |       |
|---------------------|------------|-------|
| 1 Malsbury, David B | 50 VMST-VA | 27.85 |
| 2 DiMeglio, Chuck   | 51 Unat-PV | 29.81 |
| 3 Romo, Robert A    | 53 VMST-VA | 31.31 |
| 4 Rickard, Alan K   | 54 FXCM-PV | 32.63 |

**Men 50-54 200 Yard Butterfly**

NATL: 2:00.02 N 3/29/2009 WILLIAM SPECHT

VA: 2:28.46 V 2/13/2010 Bill Grawe

|                     |            |                 |
|---------------------|------------|-----------------|
| 1 Malsbury, David B | 50 VMST-VA | 2:33.33         |
| 31.72               | 1:08.01    | 1:46.79 2:33.33 |

**Men 50-54 100 Yard IM**

NATL: 55.42 N 5/10/2009 JACK GROSELLE

VA: 1:00.43 V 4/27/2000 Rick Stringer

|                     |            |         |
|---------------------|------------|---------|
| 1 Malsbury, David B | 50 VMST-VA | 1:05.34 |
| 30.15               | 1:05.34    |         |
| 2 Sweetland, Ted    | 52 Unat-VA | 1:13.58 |
| 33.87               | 1:13.58    |         |
| 3 Kivi, Dale        | 53 Unat-VA | 1:15.56 |
| 35.99               | 1:15.56    |         |

**Men 50-54 200 Yard IM**

NATL: 2:00.82 N 5/10/2009 KEN SHILLING

VA: 2:12.77 V 5/19/2005 Lang Meem

|                    |            |                 |
|--------------------|------------|-----------------|
| 1 Cortina, Jorge A | 52 Unat-VA | 2:30.61         |
| 31.58              | 1:10.98    | 1:55.11 2:30.61 |
| 2 Sweetland, Ted   | 52 Unat-VA | 2:42.11         |
| 31.90              | 1:13.77    | 2:04.14 2:42.11 |
| 3 Romo, Robert A   | 53 VMST-VA | 2:44.98         |
| 32.24              | 1:15.56    | 2:44.98         |
| 4 Kivi, Dale       | 53 Unat-VA | 2:53.37         |
| 36.64              | 1:23.02    | 2:12.89 2:53.37 |

**Men 50-54 400 Yard IM**

NATL: 4:23.94 N 5/10/2009 MICHAEL MANN

VA: 4:51.62 V 4/27/2000 Rick Stringer

|              |            |                 |
|--------------|------------|-----------------|
| 1 Kivi, Dale | 53 Unat-VA | 6:35.87         |
| 42.01        | 1:33.44    | 2:26.87 3:22.27 |
| 4:16.34      | 5:11.44    | 5:53.97 6:35.87 |

**Men 55-59 50 Yard Freestyle**

NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS

VA: 24.62 V 5/20/2010 Charles Tupitza

|                      |            |       |
|----------------------|------------|-------|
| 1 Wren, Mike         | 55 VMST-VA | 26.76 |
| 2 Lutterbein, Todd M | 57 VMST-VA | 32.16 |

**Men 55-59 100 Yard Freestyle**

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS

VA: 54.06 V 4/11/2008 Dave Oates

|                      |            |         |
|----------------------|------------|---------|
| 1 Wren, Mike         | 55 VMST-VA | 58.73   |
| 29.31                | 58.73      |         |
| 2 Murphy, John F     | 58 MAC-VA  | 1:04.15 |
| 29.96                | 1:04.15    |         |
| 3 Lutterbein, Todd M | 57 VMST-VA | 1:12.76 |
| 34.91                | 1:12.76    |         |

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

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## Results

**(Men 55-59 100 Yard Freestyle)**

4 Cummings, Dean J 56 Unat-VA 1:32.69  
45.18 1:32.69

**Men 55-59 200 Yard Freestyle**

NATL: 1:48.79 N 4/10/2010 MICHAEL MANN

VA: 1:56.76 V 4/11/2008 Dave Oates

1 Wren, Mike 55 VMST-VA 2:12.61  
32.27 1:06.73 1:40.32 2:12.61

**Men 55-59 500 Yard Freestyle**

NATL: 4:56.82 N 4/11/2010 MICHAEL MANN

VA: 5:25.51 V 4/24/2009 Dave Oates

1 Swiger, Ralph B 55 VMST-VA 7:17.19  
39.12 1:22.90 2:07.25 2:51.86  
3:36.21 4:21.02 5:05.85 5:50.28  
6:34.31 7:17.19

2 Stone, Bryan A 55 VMST-VA 8:02.49  
38.95 1:25.36 2:15.59 3:06.21  
3:55.46 4:44.94 5:34.66 6:24.49  
7:13.90 8:02.49

**Men 55-59 1000 Yard Freestyle**

NATL: 10:07.36 N 5/14/2006 JIM MCCONICA

VA: 12:18.01 V 5/14/2002 Warner Brundage

1 Lutterbein, Todd M 57 VMST-VA 14:27.44  
37.52 1:19.48 2:02.12 2:45.64  
3:29.31 4:57.63 5:41.67 6:26.39  
7:11.18 7:54.83 8:38.65 9:23.07  
10:06.92 10:51.02 11:35.16 12:19.30  
13:03.75 13:46.21 14:27.44 14:27.44

2 Swiger, Ralph B 55 VMST-VA 14:53.04  
40.06 1:23.73 2:08.76 2:53.49  
3:38.87 4:23.73 5:08.63 5:53.81  
6:39.07 7:25.24 8:10.42 8:55.81  
9:40.94 10:25.40 11:11.24 11:55.49  
12:40.49 13:25.75 14:10.64 14:53.04

3 Stone, Bryan A 55 VMST-VA 16:20.56  
40.60 1:25.79 2:15.31 3:04.98  
3:54.85 4:45.60 5:34.84 6:24.80  
7:16.11 8:06.16 8:55.88 9:45.76  
10:36.17 11:26.73 12:16.48 13:07.15  
13:57.40 14:46.81 15:36.31 16:20.56

**Men 55-59 1650 Yard Freestyle**

NATL: 17:11.12 N 5/20/2007 JIM MCCONICA

VA: 20:52.97 V Warner Brundage

1 Swiger, Ralph B 55 VMST-VA 25:33.99  
41.30 1:26.38 2:13.04 2:59.06  
3:45.38 4:31.99 5:18.75 6:05.46  
6:52.44 7:38.10 8:24.54 9:10.50  
9:57.34 10:43.66 11:30.18 12:17.34  
13:04.12 13:50.54 14:37.27 15:23.71  
16:10.33 16:56.74 17:43.82 18:30.87  
19:18.12 20:04.69 20:52.36 21:38.90  
22:26.59 23:14.28 24:00.94 24:48.19 25:33.99

**Men 55-59 50 Yard Backstroke**

NATL: 26.42 N 5/22/2010 PHILLIP DJANG

VA: 29.26 V 4/19/2002 William Bacon

1 Murphy, John F 58 MAC-VA 36.74  
2 Stone, Bryan A 55 VMST-VA 38.62  
3 Swiger, Ralph B 55 VMST-VA 41.44

**Men 55-59 100 Yard Backstroke**

NATL: 57.34 N 4/19/2009 GEOFF MYKLEBY

VA: 1:02.20 V 4/22/2005 Rick Stringer

1 Murphy, John F 58 MAC-VA 1:20.24  
38.05 1:20.24  
2 Stone, Bryan A 55 VMST-VA 1:25.79  
41.16 1:25.79  
3 Cummings, Dean J 56 Unat-VA 1:58.21  
57.88 1:58.21

**Men 55-59 200 Yard Backstroke**

NATL: 2:05.90 N 5/21/2010 PHILIPP DJANG

VA: 2:14.63 V 5/19/2005 Rick Stringer

1 Swiger, Ralph B 55 VMST-VA 3:06.04  
45.81 1:34.16 2:21.13 3:06.04  
2 Stone, Bryan A 55 VMST-VA 3:06.95  
41.08 1:27.11 2:17.23 3:06.95

**Men 55-59 50 Yard Breaststroke**

NATL: 27.81 N 5/4/2008 TIMOTHY SHEAD

VA: 31.11 V 6/1/1999 Jack Schiltz

1 Stone, Bryan A 55 VMST-VA 39.55  
2 Murphy, John F 58 MAC-VA 41.04  
3 Swiger, Ralph B 55 VMST-VA 41.97

**Men 55-59 100 Yard Breaststroke**

NATL: 1:01.42 N 5/4/2008 TIMOTHY SHEAD

VA: 1:08.18 V 4/30/1999 Jack Schiltz

1 Stone, Bryan A 55 VMST-VA 1:27.39  
40.82 1:27.39  
2 Swiger, Ralph B 55 VMST-VA 1:32.18  
43.94 1:32.18

**Men 55-59 200 Yard Breaststroke**

NATL: 2:17.00 N 5/4/2008 TIMOTHY SHEAD

VA: 2:33.17 V 5/7/1998 Jack Schiltz

1 Swiger, Ralph B 55 VMST-VA 3:23.09  
45.38 1:37.89 2:31.07 3:23.09

**Men 55-59 50 Yard Butterfly**

NATL: 24.16 N 3/25/2007 GREG SHAW

VA: 26.78 V 4/30/1999 Jack Schiltz

1 Murphy, John F 58 MAC-VA 34.30

**Men 55-59 200 Yard Butterfly**

NATL: 2:03.18 N 5/23/2010 BRAD HORNER

VA: 2:22.76 V 5/20/2010 Charles Tupitza

1 Swiger, Ralph B 55 VMST-VA 3:31.89  
45.70 1:40.44 2:36.56 3:31.89

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

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## Results

**Men 55-59 100 Yard IM**

NATL: 56.20 N 5/4/2008 TIMOTHY SHEAD

VA: 1:01.50 V 5/19/2005 Rick Stringer

|   |                |    |         |               |
|---|----------------|----|---------|---------------|
| 1 | Stone, Bryan A | 55 | VMST-VA | 1:22.74       |
|   |                |    |         | 38.98 1:22.74 |

**Men 55-59 200 Yard IM**

NATL: 2:04.09 N 5/4/2008 TIMOTHY SHEAD

VA: 2:17.43 V 5/19/2005 Rick Stringer

|   |                    |    |         |                               |
|---|--------------------|----|---------|-------------------------------|
| 1 | Lutterbein, Todd M | 57 | VMST-VA | 3:13.13                       |
|   |                    |    |         | 40.82 1:35.99 2:31.80 3:13.13 |
| 2 | Stone, Bryan A     | 55 | VMST-VA | 3:13.30                       |
|   |                    |    |         | 42.11 1:27.59 2:23.85 3:13.30 |

**Men 55-59 400 Yard IM**

NATL: 4:28.69 N 4/10/2010 MICHAEL MANN

VA: 4:59.66 V 5/19/2005 Rick Stringer

|   |                 |    |         |                                 |
|---|-----------------|----|---------|---------------------------------|
| 1 | Swiger, Ralph B | 55 | VMST-VA | 6:33.01                         |
|   |                 |    |         | 44.81 1:38.02 2:30.31 3:19.47   |
|   |                 |    |         | 4:11.31 5:05.09 5:49.28 6:33.01 |
| 2 | Stone, Bryan A  | 55 | VMST-VA | 7:11.67                         |
|   |                 |    |         | 45.38 1:42.94 2:35.13 3:30.76   |
|   |                 |    |         | 4:30.90 5:32.19 6:20.87 7:11.67 |

**Men 60-64 50 Yard Freestyle**

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS

VA: 24.16 V 4/14/2011 Scott Kauffman

|   |                 |    |         |       |
|---|-----------------|----|---------|-------|
| 1 | Frisch, David J | 62 | VMST-VA | 27.21 |
| 2 | Haas, Chris R   | 61 | Unat-VA | 31.30 |

**Men 60-64 50 Yard Freestyle Novice**

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS

VA: 24.16 V 4/14/2011 Scott Kauffman

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Haas, Chris R | 61 | Unat-VA | 31.16 |
|---|---------------|----|---------|-------|

**Men 60-64 1000 Yard Freestyle**

NATL: 10:48.43 N 5/20/2010 JIM CLEMMONS

VA: 12:29.83 V 5/15/2003 Warner Brundage

|   |                       |    |         |                                     |
|---|-----------------------|----|---------|-------------------------------------|
| 1 | Macionis, Bob         | 63 | ACAM-VA | 13:48.67                            |
|   |                       |    |         | 35.76 1:15.10 1:55.51 2:36.61       |
|   |                       |    |         | 3:18.31 4:00.14 4:42.32 5:24.70     |
|   |                       |    |         | 6:07.30 6:49.67 7:32.10 8:14.62     |
|   |                       |    |         | 8:57.16 9:39.80 10:22.57 11:05.13   |
|   |                       |    |         | 11:47.91 12:30.33 13:11.41 13:48.67 |
| 2 | Funkhouser, Raymond C | 61 | VMST-VA | 17:49.89                            |
|   |                       |    |         | 41.46 1:31.03 2:23.73 3:18.91       |
|   |                       |    |         | 4:12.99 5:08.76 6:03.68 6:59.64     |
|   |                       |    |         | 7:54.69 8:50.81 9:45.97 10:40.33    |
|   |                       |    |         | 11:34.68 12:29.71 13:24.44 14:18.32 |
|   |                       |    |         | 15:12.57 16:07.79 17:01.35 17:49.89 |
| 3 | Eckes, Dave C         | 61 | Unat-VA | 21:36.41                            |
|   |                       |    |         | 51.27 1:33.76 1:51.88 2:57.23       |
|   |                       |    |         | 4:03.79 5:13.48 6:21.46 7:30.43     |
|   |                       |    |         | 8:40.48 9:47.83 10:55.18 12:01.88   |
|   |                       |    |         | 13:09.58 14:15.40 15:20.24 16:25.89 |
|   |                       |    |         | 17:29.98 18:33.13 19:36.57 21:36.41 |

**Men 60-64 1650 Yard Freestyle**

NATL: 17:59.55 N 5/20/2010 JIM CLEMMONS

VA: 20:59.69 V 6/1/2004 Neil Watts

|   |               |    |         |  |
|---|---------------|----|---------|--|
| 1 | Eckes, Dave C | 61 | Unat-VA | 34:52.52                                     |
|   |               |    |         | 53.74 1:55.63 3:02.47 4:09.55                |
|   |               |    |         | 5:15.36 6:19.65 7:24.74 8:29.04              |
|   |               |    |         | 9:34.68 10:39.42 11:43.54 12:48.29           |
|   |               |    |         | 13:51.01 14:55.61 15:59.47 17:03.85          |
|   |               |    |         | 18:09.05 19:13.53 20:15.96 21:20.76          |
|   |               |    |         | 22:23.93 23:27.31 24:31.21 25:34.41          |
|   |               |    |         | 26:37.58 27:40.00 28:42.95 29:45.21          |
|   |               |    |         | 30:47.36 31:51.65 32:54.25 33:55.43 34:52.52 |

**Men 60-64 50 Yard Backstroke Novice**

NATL: 26.82 N 5/4/2008 HUGH WILDER

VA: 31.61 V 5/20/2010 David Frisch

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Haas, Chris R | 61 | Unat-VA | 46.89 |
|---|---------------|----|---------|-------|

**Men 60-64 50 Yard Breaststroke**

NATL: 29.32 N 5/14/2006 ROBERT STRAND

VA: 31.47 V 5/15/2003 Jack Schiltz

|   |                 |    |         |       |
|---|-----------------|----|---------|-------|
| 1 | Frisch, David J | 62 | VMST-VA | 34.10 |
|---|-----------------|----|---------|-------|

**Men 60-64 50 Yard Breaststroke Novice**

NATL: 29.32 N 5/14/2006 ROBERT STRAND

VA: 31.47 V 5/15/2003 Jack Schiltz

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Haas, Chris R | 61 | Unat-VA | 41.88 |
|---|---------------|----|---------|-------|

**Men 60-64 100 Yard Breaststroke**

NATL: 1:05.17 N 5/22/2010 ROBERT STRAND

VA: 1:11.87 V 5/15/2003 Jack Schiltz

|   |                       |    |         |               |
|---|-----------------------|----|---------|---------------|
| 1 | Funkhouser, Raymond C | 61 | VMST-VA | 1:45.31       |
|   |                       |    |         | 47.61 1:45.31 |

**Men 60-64 200 Yard Breaststroke**

NATL: 2:24.68 N 5/14/2006 ROBERT STRAND

VA: 2:39.51 V 5/15/2003 Jack Schiltz

|   |                 |    |         |                               |
|---|-----------------|----|---------|-------------------------------|
| 1 | Mierzwa, Hank S | 61 | STON-VA | 2:48.97                       |
|   |                 |    |         | 37.31 1:19.79 2:03.45 2:48.97 |

**Men 60-64 50 Yard Butterfly Novice**

NATL: 24.46 N 5/22/2005 RICHARD ABRAHAMS

VA: 26.99 V 4/14/2011 Scott Kauffman

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Haas, Chris R | 61 | Unat-VA | 37.63 |
|---|---------------|----|---------|-------|

**Men 60-64 50 Yard Butterfly**

NATL: 24.46 N 5/22/2005 RICHARD ABRAHAMS

VA: 26.99 V 4/14/2011 Scott Kauffman

|   |                 |    |         |       |
|---|-----------------|----|---------|-------|
| 1 | Frisch, David J | 62 | VMST-VA | 30.55 |
|---|-----------------|----|---------|-------|

**Men 60-64 100 Yard IM**

NATL: 59.18 N 4/17/2010 GEORGE SCHMIDT

VA: 1:04.53 V 5/7/2009 David Frisch

|   |                       |    |         |               |
|---|-----------------------|----|---------|---------------|
| 1 | Funkhouser, Raymond C | 61 | VMST-VA | 1:47.43       |
|   |                       |    |         | 51.33 1:47.43 |

**Men 60-64 200 Yard IM**

NATL: 2:12.14 N 4/17/2010 GEORGE SCHMIDT

VA: 2:24.04 V 5/15/2003 Jack Schiltz

|   |                 |    |         |                               |
|---|-----------------|----|---------|-------------------------------|
| 1 | Mierzwa, Hank S | 61 | STON-VA | 2:38.56                       |
|   |                 |    |         | 33.42 1:13.64 1:58.51 2:38.56 |

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

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## Results

**(Men 60-64 200 Yard IM)**

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 2 | Frisch, David J | 62      | VMST-VA | 2:40.01 |
|   | 32.35           | 1:15.91 | 2:01.82 | 2:40.01 |

**Men 60-64 400 Yard IM**

NATL: 4:45.65 N 5/21/2010 JIM CLEMMONS

VA: 5:23.02 V 5/15/2003 Warner Brundage

|   |                 |         |         |         |
|---|-----------------|---------|---------|---------|
| 1 | Mierzwa, Hank S | 61      | STON-VA | 5:48.62 |
|   | 34.00           | 1:16.89 | 2:02.73 | 2:48.24 |
|   | 3:35.20         | 4:24.79 | 5:07.09 | 5:48.62 |

**Men 65-69 50 Yard Freestyle Novice**

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS

VA: 26.47 V 4/11/2008 Harry Sober

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Summers, Bruce J | 65 | URMS-VA | 49.33 |
|---|------------------|----|---------|-------|

**Men 65-69 50 Yard Freestyle**

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS

VA: 26.47 V 4/11/2008 Harry Sober

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Holswade, Hank C | 65 | VMST-VA | 27.36 |
|---|------------------|----|---------|-------|

**Men 65-69 100 Yard Freestyle**

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMS

VA: 1:00.92 V 4/11/2008 Harry Sober

|   |                  |         |         |          |
|---|------------------|---------|---------|----------|
| 1 | Holswade, Hank C | 65      | VMST-VA | 1:00.72V |
|   | 29.27            | 1:00.72 |         |          |

**Men 65-69 200 Yard Freestyle**

NATL: 1:57.54 N 5/21/2010 RICHARD ABRAHAMS

VA: 2:16.51 V 5/1/2008 Warner Brundage

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Brundage, Warner F | 68      | Unat-VA | 2:32.79 |
|   | 35.93              | 1:14.52 | 1:54.01 | 2:32.79 |

**Men 65-69 100 Yard Backstroke**

NATL: 1:01.04 N 5/10/2009 RICHARD BURNS

VA: 1:14.70 V 4/11/2008 Harry Sober

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Holswade, Hank C | 65      | VMST-VA | 1:15.82 |
|   | 37.45            | 1:15.82 |         |         |

**Men 65-69 50 Yard Breaststroke**

NATL: 30.66 N 5/10/2009 PETER ANDERSEN

VA: 36.02 V 5/1/2008 Warner Brundage

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | Brundage, Warner F | 68 | Unat-VA | 38.54 |
|---|--------------------|----|---------|-------|

**Men 65-69 50 Yard Breaststroke Novice**

NATL: 30.66 N 5/10/2009 PETER ANDERSEN

VA: 36.02 V 5/1/2008 Warner Brundage

|   |                  |    |         |       |
|---|------------------|----|---------|-------|
| 1 | Summers, Bruce J | 65 | URMS-VA | 54.12 |
|---|------------------|----|---------|-------|

**Men 65-69 200 Yard Breaststroke**

NATL: 2:35.32 N 5/23/2010 KENNETH FROST

VA: 2:52.59 V 4/18/2009 Warner Brundage

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Brundage, Warner F | 68      | Unat-VA | 3:01.00 |
|   | 40.04              | 1:25.68 | 2:12.49 | 3:01.00 |

**Men 65-69 50 Yard Butterfly**

NATL: 24.94 N 5/22/2010 RICHARD ABRAHAMS

VA: 29.12 V 5/19/2005 Art Wolfe

|   |                    |    |         |       |
|---|--------------------|----|---------|-------|
| 1 | Wise, Randolph E   | 69 | VMST-VA | 33.23 |
| 2 | Brundage, Warner F | 68 | Unat-VA | 35.29 |

**Men 65-69 100 Yard IM**

NATL: 1:00.32 N 5/23/2010 RICHARD ABRAHAMS

VA: 1:08.17 V 5/19/2005 Art Wolfe

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Brundage, Warner F | 68      | Unat-VA | 1:15.97 |
|   | 36.15              | 1:15.97 |         |         |
| 2 | Wise, Randolph E   | 69      | VMST-VA | 1:19.77 |
|   | 36.75              | 1:19.77 |         |         |

**Men 65-69 200 Yard IM**

NATL: 2:20.31 N 5/22/2010 RICHARD BURNS

VA: 2:34.93 V 5/11/2006 Art Wolfe

|   |                    |         |         |         |
|---|--------------------|---------|---------|---------|
| 1 | Brundage, Warner F | 68      | Unat-VA | 2:48.04 |
|   | 35.88              | 1:21.42 | 2:08.62 | 2:48.04 |

**Men 70-74 1000 Yard Freestyle**

NATL: 12:19.05 N 5/20/2001 GRAHAM JOHNSTON

VA: 16:09.72 V Charles Erwin

|   |                    |          |          |          |
|---|--------------------|----------|----------|----------|
| 4 | Kelleher, Joseph M | 70       | VMST-VA  | 17:50.17 |
|   | 45.32              | 1:33.98  | 2:28.92  | 3:22.05  |
|   | 4:17.20            | 5:12.69  | 6:07.05  | 7:02.23  |
|   | 7:57.34            | 8:52.39  | 9:47.07  | 10:40.30 |
|   | 11:34.96           | 12:29.79 | 13:25.34 | 14:18.52 |
|   | 15:12.69           | 16:06.67 | 17:01.89 | 17:50.17 |

**Men 75-79 50 Yard Freestyle**

NATL: 26.84 N 5/10/2009 DAVID RADCLIFF

VA: 32.75 V 4/23/2010 Owen Maher

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Maher, Owen C | 77 | VMST-VA | 35.57 |
|---|---------------|----|---------|-------|

**Men 75-79 100 Yard Freestyle**

NATL: 58.68 N 5/10/2009 DAVID RADCLIFF

VA: 1:16.12 V 2/13/2010 Owen Maher

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Maher, Owen C     | 77      | VMST-VA | 1:17.64 |
|   | 35.81             | 1:17.64 |         |         |
| 2 | Newbury, Alfred C | 78      | VMST-VA | 1:36.65 |
|   | 45.93             | 1:36.65 |         |         |

**Men 75-79 200 Yard Freestyle**

NATL: 2:08.77 N 5/10/2009 DAVID RADCLIFF

VA: 2:58.53 V 6/1/1985 Patrick Frank

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Maher, Owen C | 77      | VMST-VA | 3:16.17 |
|   | 43.04         | 1:32.52 | 2:24.75 | 3:16.17 |

**Men 75-79 100 Yard Backstroke**

NATL: 1:08.55 N 4/19/2009 BURWELL JONES

VA: 1:34.39 V 4/17/1999 Calvin Barnes

|   |                   |         |         |         |
|---|-------------------|---------|---------|---------|
| 1 | Newbury, Alfred C | 78      | VMST-VA | 1:49.45 |
|   | 54.63             | 1:49.45 |         |         |

**Men 75-79 200 Yard Backstroke**

NATL: 2:31.41 N 4/17/2010 BURWELL JONES

VA: 3:27.19 V 6/1/1999 Calvin Barnes

|   |                   |    |         |         |
|---|-------------------|----|---------|---------|
| 1 | Newbury, Alfred C | 78 | VMST-VA | 3:59.68 |
|---|-------------------|----|---------|---------|

**Men 75-79 200 Yard Breaststroke**

NATL: 3:07.20 N 4/1/2007 RON JOHNSON

VA: 3:46.29 V 2004 Norman Rainer

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Scott, Richard A | 76      | VMST-VA | 4:15.52 |
|   | 57.18            | 2:02.19 | 3:11.37 | 4:15.52 |

## VMST David Gregg III Memorial Meet, Sanction #: 122-02

February 11-12, 2012 -- 25Y Course

## Results

**Men 75-79 50 Yard Butterfly**

NATL: 31.33 N 2/19/2010 BURWELL JONES

VA: 38.99 V 2/13/2010 Owen Maher

|   |                   |    |         |         |
|---|-------------------|----|---------|---------|
| 1 | Maher, Owen C     | 77 | VMST-VA | 44.87   |
| 2 | Newbury, Alfred C | 78 | VMST-VA | 1:01.40 |

**Men 75-79 100 Yard Butterfly**

NATL: 1:13.44 N 2/19/2010 BURWELL JONES

VA: 1:43.82 V 4/23/2010 Owen Maher

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Maher, Owen C | 77      | VMST-VA | 1:51.02 |
|   | 51.08         | 1:51.02 |         |         |

**Men 75-79 200 Yard IM**

NATL: 2:39.35 N 4/16/2010 BURWELL JONES

VA: 3:40.65 V 2/6/1999 Calvin Barnes

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Scott, Richard A | 76      | VMST-VA | 4:06.78 |
|   | 55.90            | 2:02.78 | 4:06.78 |         |

**Men 75-79 400 Yard IM**

NATL: 5:49.90 N 4/19/2009 BURWELL JONES

VA: 8:47.06 V 2/12/2011 Richard Scott

|   |                  |         |         |         |
|---|------------------|---------|---------|---------|
| 1 | Scott, Richard A | 76      | VMST-VA | 9:13.03 |
|   | 1:00.36          | 2:23.13 | 3:36.85 | 4:49.95 |
|   | 5:59.79          | 7:08.57 | 8:14.57 | 9:13.03 |

**Women 35+ 200 Yard Freestyle Relay**

NATL: 1:36.90 N 5/18/2003 ROCKY MTN

A PETTIS SCOTT, K GARNIER, S VON DER LIPPE, C SAPP

VA: 1:49.23 V 4/22/2005 VMST

C Dobyms, K Cleary, D Jaeger, C Conlin

|   |                     |                          |         |         |
|---|---------------------|--------------------------|---------|---------|
| 1 | QMST-VA             | A                        |         | 2:15.35 |
|   | 1) Maly, Cleary W41 | 2) Dalton, Alicia W42    |         |         |
|   | 3) Howard, Amy W47  | 4) Ficara, Cynthia M W38 |         |         |
|   | 35.78               | 1:09.17                  | 1:40.93 | 2:15.35 |

**Women 35+ 200 Yard Medley Relay**

NATL: 1:48.55 N 5/14/2006 COLORADO

S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

VA: 1:56.54 V 1/1/2002 VMST

B Baker, P Powis, A Phillips, M Dean

|     |                          |                            |         |         |
|-----|--------------------------|----------------------------|---------|---------|
| 1   | VMST-VA                  | A                          |         | 2:24.98 |
|     | 1) Little, Martha H W47  | 2) Hollings, Charlotte W47 |         |         |
|     | 3) Alsup, Carolyn H W43  | 4) Glover, Esther P W41    |         |         |
|     | 44.62                    | 1:21.99                    | 1:52.33 | 2:24.98 |
| --- | QMST-VA                  | A                          |         | DQ      |
|     | 1) Ficara, Cynthia M W38 | 2) Howard, Amy W47         |         |         |
|     | 3) Dalton, Alicia W42    | 4) Maly, Cleary W41        |         |         |
|     | 39.69                    | 1:23.80                    | 1:58.62 | DQ      |

**Women 45+ 200 Yard Freestyle Relay**

NATL: 1:42.11 N 5/22/2010 NORTH CAROLINA

E NOWAK, F MCEACHRAN, C SOUTHER, S WALSH

VA: 1:51.84 V 4/11/2003 VMST

N Miller, K Braaten, T Sue Gault, L Bennett

|   |                             |                             |         |         |
|---|-----------------------------|-----------------------------|---------|---------|
| 1 | VMST-VA                     | A                           |         | 2:00.37 |
|   | 1) Van Horn Pate, Val R W49 | 2) Osmun, Maybeth W52       |         |         |
|   | 3) Bittner, Molly D W46     | 4) Stevenson, Heather N W52 |         |         |
|   | 29.21                       | 59.32                       | 1:29.05 | 2:00.37 |

**Men 45+ 200 Yard Freestyle Relay**

NATL: 1:27.70 N 5/4/2008 ARIZONA

JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

VA: 1:40.19 V 4/19/2002 VMST

M Livsey, R Stringer, J Miller, D Frisch

|   |                          |                          |         |         |
|---|--------------------------|--------------------------|---------|---------|
| 1 | VMST-VA                  | A                        |         | 1:48.14 |
|   | 1) Blankenship, John M54 | 2) Devenoge, Frank X M45 |         |         |
|   | 3) Wood, William M M54   | 4) Williams, Mark W M48  |         |         |
|   | 26.82                    | 56.05                    | 1:22.59 | 1:48.14 |

**Men 55+ 200 Yard Freestyle Relay**

NATL: 1:32.18 N 4/11/2009 OREGON

M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK

VA: 1:52.10 V 4/22/2005 VMST

H Sober, E Gaulrapp, W Brundage, R Stringer

|   |                         |                        |         |          |
|---|-------------------------|------------------------|---------|----------|
| 1 | VMST-VA                 | A                      |         | 1:46.98V |
|   | 1) Holswade, Hank C M65 | 2) Frisch, David J M62 |         |          |
|   | 3) Kutz, Mark D M55     | 4) Wren, Mike M55      |         |          |
|   | 27.20                   | 53.71                  | 1:21.10 | 1:46.98  |

**Mixed 25+ 200 Yard Medley Relay**

NATL: 1:38.22 N 5/4/2008 CURL-BURKE

S PETERSON, J BETTS, W LISCINSKY, L LAUWAERT

VA: 1:45.77 V 1/1/1994 VMST

R Hampton, N Williams, J Woffle, A Phillips

|   |                            |                            |         |         |
|---|----------------------------|----------------------------|---------|---------|
| 1 | QMST-VA                    | A                          |         | 1:59.41 |
|   | 1) Buscaglia, Caycee P W47 | 2) Jacobson, Kristan M W39 |         |         |
|   | 3) Beard, Scott A M25      | 4) Eliasek, Steve M43      |         |         |
|   | 33.20                      | 1:10.57                    | 1:34.30 | 1:59.41 |

**Mixed 35+ 200 Yard Medley Relay**

NATL: 1:39.85 N 5/22/2010 COLORADO

S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY

VA: 1:48.00 V 1/26/2008 VMST

C John, S Summerlin, D Summerlin, J John

|   |                             |                        |         |         |
|---|-----------------------------|------------------------|---------|---------|
| 1 | VMST-VA                     | A                      |         | 2:14.30 |
|   | 1) Van Horn Pate, Val R W49 | 2) Curtis, Brian H M40 |         |         |
|   | 3) Wood, William M M54      | 4) Osmun, Maybeth W52  |         |         |
|   | 34.82                       | 1:09.17                | 1:41.03 | 2:14.30 |