

2014 VMST David Gregg III Memorial Meet, Sanction #: 124-S002

Richmond VA -- Feb 8-9, 2014 -- 25Y Course

Results

Women 18-24 50 Yard Freestyle

1	Nelson, Rachel A	22	VMST-VA	24.29
2	Bechard, Sarah A	23	BAMI-VA	26.02
3	Shepard, Megan	23	VMST-VA	37.08

Women 18-24 100 Yard Freestyle

1	Nelson, Rachel A	22	VMST-VA	53.09
	25.17	53.09		
2	Brink, Opal E	19	QMST-VA	1:01.90
	29.95	1:01.90		
3	Cline, Victoria E	21	UC12-VA	1:08.63
	32.31	1:08.63		

Women 18-24 200 Yard Freestyle

---	Cline, Victoria E	21	UC12-VA	DQ
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Women 18-24 500 Yard Freestyle

1	Brink, Opal E	19	QMST-VA	6:10.42
	32.56	1:08.26	1:45.53	2:23.34
	3:01.63	3:39.40	4:17.75	4:56.28
	5:34.74	6:10.42		
2	Cline, Victoria E	21	UC12-VA	7:13.35
	35.07	1:14.18	1:56.21	2:40.08
	3:25.39	4:11.78	4:58.47	5:45.81
	6:31.42	7:13.35		
3	Shepard, Megan	23	VMST-VA	8:50.17
	1:02.28	1:55.32	2:52.73	3:44.25
	4:35.78	5:29.99	6:21.80	7:11.98
	8:03.65	8:50.17		

Women 18-24 1000 Yard Freestyle

1	Brink, Opal E	19	QMST-VA	12:54.61
	33.92	1:11.63	1:50.00	2:29.08
	3:07.84	3:47.10	4:25.99	5:05.68
	5:45.46	6:24.71	7:03.73	7:43.13
	8:22.53	9:02.27	9:42.50	10:22.11
	11:01.42	11:41.07	12:19.59	12:54.61
2	Cline, Victoria E	21	UC12-VA	15:25.25
	33.31	1:12.57	1:56.20	2:42.21
	3:30.22	4:17.31	5:06.18	5:52.70
	6:40.66	7:28.80	8:16.60	9:04.10
	9:52.08	10:41.24	11:29.23	12:16.98
	13:05.37	13:52.00	14:40.64	15:25.25

Women 18-24 50 Yard Backstroke

1	Brink, Opal E	19	QMST-VA	31.68
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Women 18-24 100 Yard Backstroke

1	Brink, Opal E	19	QMST-VA	1:07.91
	33.68	1:07.91		

Women 18-24 200 Yard Backstroke

1	Brink, Opal E	19	QMST-VA	2:26.72
	35.54	1:12.12	1:49.60	2:26.72

Women 18-24 100 Yard Breaststroke

1	Shepard, Megan	23	VMST-VA	1:59.19
	56.64	1:59.19		

Women 18-24 200 Yard Breaststroke

1	Shepard, Megan	23	VMST-VA	4:17.73
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Women 18-24 50 Yard Butterfly

1	Bechard, Sarah A	23	BAMI-VA	27.62
2	Shepard, Megan	23	VMST-VA	45.16

Women 18-24 100 Yard Butterfly

1	Nelson, Rachel A	22	VMST-VA	57.74
	26.95	57.74		
2	Bechard, Sarah A	23	BAMI-VA	1:01.26
	29.13	1:01.26		

Women 18-24 100 Yard IM

1	Bechard, Sarah A	23	BAMI-VA	1:05.71
	30.12	1:05.71		
2	Shepard, Megan	23	VMST-VA	1:39.63
	46.16	1:39.63		

Women 18-24 200 Yard IM

1	Brink, Opal E	19	QMST-VA	2:37.49
	33.36	1:10.63	2:01.19	2:37.49
---	Shepard, Megan	23	VMST-VA	DQ
	58.09	1:53.28	2:57.90	DQ

Women 25-29 50 Yard Freestyle

1	Clair, Sarah V	29	UC12-VA	27.75
2	Mazur, Ann M	28	UC12-VA	29.23
3	Zakhour, Randa K	29	POWM-VA	35.20

Women 25-29 100 Yard Freestyle

1	Henderson, Lissa B	25	UC12-VA	59.00
2	Clair, Sarah V	29	UC12-VA	59.66
	28.36	59.66		
3	Lowd, Kristin A	27	UC12-VA	1:00.62
	28.86	1:00.62		
4	Aeppli, Lauren E	26	VMST-VA	1:01.81
	29.27	1:01.81		
5	Zakhour, Randa K	29	POWM-VA	1:19.62
	38.87	1:19.62		

Women 25-29 200 Yard Freestyle

1	Letendre, Denise M	25	VMST-VA	2:04.29
	28.57	1:00.13	1:32.01	2:04.29
2	Mazur, Ann M	28	UC12-VA	2:21.45
	31.72	1:08.15	1:45.06	2:21.45
3	Dudley, Mariah V	26	VMST-VA	2:21.72
	34.02	1:09.05	1:45.37	2:21.72
4	Brockett, Samone E	25	POWM-VA	2:23.32
	33.57	1:09.62	1:46.37	2:23.32

Women 25-29 1000 Yard Freestyle

1	Mazur, Ann M	28	UC12-VA	12:40.29
	32.22	1:08.74	1:46.38	2:24.13
	3:02.65	3:41.20	4:19.95	4:59.36
	5:38.42	6:17.35	6:56.51	7:35.73
	8:14.64	8:53.66	9:32.55	10:11.14
	10:49.49	11:28.20	12:05.88	12:40.29

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Women 25-29 1650 Yard Freestyle

1	Dudley, Mariah V	26	VMST-VA	22:00.95
	36.06	1:16.18	1:56.38	2:35.48
	3:14.23	3:53.63	4:33.57	5:13.33
	5:53.62	6:33.32	7:13.03	7:52.46
	8:32.32	9:12.13	9:52.05	10:32.16
	11:12.38	11:52.52	12:32.80	13:13.63
	13:54.09	14:35.27	15:16.05	15:57.02
	16:38.13	17:18.92	17:59.39	18:39.98
	19:19.99	20:00.85	20:41.00	21:21.51
				22:00.95
2	Brockett, Samone E	25	POWM-VA	22:07.42
	36.91	1:17.02	1:57.24	2:37.48
	3:17.24	3:56.92	4:37.21	5:17.76
	5:58.37	6:38.99	7:19.75	8:00.13
	8:40.42	9:20.48	10:00.72	10:41.10
	11:21.80	12:01.65	12:42.52	13:22.88
	14:03.77	14:44.30	15:24.80	16:05.50
	16:46.47	17:27.57	18:07.38	18:47.39
	19:27.99	20:07.95	20:48.06	21:28.27
				22:07.42

Women 25-29 50 Yard Backstroke

1	Dudley, Mariah V	26	VMST-VA	36.56
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Women 25-29 100 Yard Backstroke

1	Lowd, Kristin A	27	UC12-VA	1:10.66
	34.10	1:10.66		
2	Aepli, Lauren E	26	VMST-VA	1:10.79
	34.35	1:10.79		
3	Zakhour, Randa K	29	POWM-VA	1:39.57
	48.45	1:39.57		

Women 25-29 200 Yard Backstroke

1	Mazur, Ann M	28	UC12-VA	2:41.65
	37.20	1:18.16	2:00.63	2:41.65
2	Dudley, Mariah V	26	VMST-VA	2:42.62
	39.89	1:21.22	2:02.75	2:42.62

Women 25-29 100 Yard Breaststroke

1	Mercer, Erika	27	UC12-VA	1:17.11
	36.86	1:17.11		
2	Clair, Sarah V	29	UC12-VA	1:18.95
	37.85	1:18.95		
3	Aepli, Lauren E	26	VMST-VA	1:22.29
	39.23	1:22.29		

Women 25-29 200 Yard Breaststroke

1	Letendre, Denise M	25	VMST-VA	2:35.25
	35.64	1:15.13	1:55.31	2:35.25

Women 25-29 50 Yard Butterfly

1	Dudley, Mariah V	26	VMST-VA	32.29
2	Bowman, Betsy	29	VMST-VA	33.51

Women 25-29 100 Yard Butterfly

1	Mazur, Ann M	28	UC12-VA	1:15.74
	35.07	1:15.74		

Women 25-29 200 Yard Butterfly

1	Letendre, Denise M	25	VMST-VA	2:14.36
	30.06	1:04.24	1:39.12	2:14.36

2	Bowman, Betsy	29	VMST-VA	2:43.18
	35.67	1:16.75	1:59.70	2:43.18

Women 25-29 100 Yard IM

1	Henderson, Lissa B	25	UC12-VA	1:07.07
	30.79	1:07.07		
2	Aepli, Lauren E	26	VMST-VA	1:10.74
	31.98	1:10.74		

Women 25-29 200 Yard IM

1	Letendre, Denise M	25	VMST-VA	2:17.97
	29.81	1:04.38	1:44.99	2:17.97
2	Mercer, Erika	27	UC12-VA	2:28.19
	32.27	1:10.88	1:53.55	2:28.19
3	Aepli, Lauren E	26	VMST-VA	2:36.47
	33.13	1:12.96	1:59.08	2:36.47
4	Bowman, Betsy	29	VMST-VA	2:42.23
	39.09		2:11.86	2:42.23

Women 25-29 400 Yard IM

1	Letendre, Denise M	25	VMST-VA	4:44.68
	29.80	1:03.83	1:40.77	2:16.74
	2:57.46	3:38.19	4:12.00	4:44.68

Women 30-34 50 Yard Freestyle

1	Strobl, Lori C	33	POWM-VA	26.41
2	Jamison, Jackie M	33	CPYM-VA	29.43
3	Andres, Tess	32	POWM-VA	30.71
4	Wilson, Carrie R	30	QMST-VA	30.99

Women 30-34 100 Yard Freestyle

1	Wilson, Carrie R	30	QMST-VA	1:06.31
	31.56	1:06.31		

Women 30-34 200 Yard Freestyle

1	Russo, Claire C	30	VMST-VA	2:09.15
	30.30	1:03.06	1:36.50	2:09.15

Women 30-34 500 Yard Freestyle

1	Russo, Claire C	30	VMST-VA	5:42.16
	31.62	1:06.29	1:41.11	2:16.28
	2:51.07	3:25.85	4:00.48	4:35.28
	5:09.43	5:42.16		
2	Wilson, Carrie R	30	QMST-VA	6:18.88
	33.30	1:10.77	1:48.98	2:27.51
	3:05.95	3:44.25	4:22.79	5:01.74
	5:40.76	6:18.88		

Women 30-34 1000 Yard Freestyle

1	Wilson, Carrie R	30	QMST-VA	12:53.90
	33.59	1:10.68	1:49.00	2:27.47
	3:06.77	3:45.84	4:24.84	5:04.14
	5:43.18	6:22.33	7:01.36	7:40.54
	8:19.84	8:58.93	9:37.90	10:17.03
	10:56.24	11:35.78	12:15.13	12:53.90

Women 30-34 50 Yard Backstroke

1	Russo, Claire C	30	VMST-VA	32.45
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Women 30-34 100 Yard Backstroke

1	Andres, Tess	32	POWM-VA	1:16.28
	37.30	1:16.28		

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Women 30-34 200 Yard Backstroke

1	Andres, Tess	32	POWM-VA	2:42.66
	38.73	1:19.61	2:02.51	2:42.66

Women 30-34 50 Yard Breaststroke

1	Russo, Claire C	30	VMST-VA	33.05
2	Strobl, Lori C	33	POWM-VA	35.86
3	Wilson, Carrie R	30	QMST-VA	40.95
4	Glasgow, Ginny Ann	34	POWM-VA	41.02

Women 30-34 100 Yard Breaststroke

1	Russo, Claire C	30	VMST-VA	1:11.74
	33.65	1:11.74		

Women 30-34 200 Yard Breaststroke

1	Russo, Claire C	30	VMST-VA	2:36.67
	35.75	1:16.33	1:56.40	2:36.67

Women 30-34 50 Yard Butterfly

1	Strobl, Lori C	33	POWM-VA	29.21
2	Jamison, Jackie M	33	CPYM-VA	30.10
3	Glasgow, Ginny Ann	34	POWM-VA	33.58

Women 30-34 100 Yard IM

1	Glasgow, Ginny Ann	34	POWM-VA	1:17.62
	36.86	1:17.62		
2	Wilson, Carrie R	30	QMST-VA	1:19.12
	37.61	1:19.12		
3	Andres, Tess	32	POWM-VA	1:19.83
	38.18	1:19.83		

Women 30-34 200 Yard IM

1	Russo, Claire C	30	VMST-VA	2:22.62
	31.23	1:07.45	1:48.38	2:22.62

Women 35-39 50 Yard Freestyle

1	Harris, Kristen	37	UC12-VA	29.39
2	Miller, Melissa L	36	CPYM-VA	33.04

Women 35-39 50 Yard Freestyle Novice

1	Wyatt, Louise J	36	CPYM-VA	49.28
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Women 35-39 100 Yard Freestyle

1	Joslin, Danielle	35	POWM-VA	1:03.14
	30.63	1:03.14		
2	Miller, Melissa L	36	CPYM-VA	1:13.94
	34.46	1:13.94		

Women 35-39 1000 Yard Freestyle

1	Sullivan, Shannon D	38	NCYM-PV	13:14.49
	37.53	1:17.51	1:57.72	2:38.18
	3:18.21	3:58.33	4:38.44	5:18.62
	5:58.63	6:38.50	7:18.31	7:58.19
	8:37.80	9:17.49	9:57.16	10:36.75
	11:16.38	11:56.22	12:35.55	13:14.49

Women 35-39 1650 Yard Freestyle

1	Trom, Kelsey A	35	POWM-VA	22:30.64
	37.17	1:16.34	1:55.58	2:35.62
	3:15.34	3:55.22	4:35.04	5:15.70
	5:55.98	6:36.65	7:17.62	7:58.66
	10:01.74	10:43.25	11:24.02	12:05.46
	12:46.99	13:27.99	14:09.09	14:50.20
	15:31.92	16:13.66	16:54.25	17:35.93
	18:16.97	18:58.45	19:39.74	20:20.69
	21:02.05	21:43.30	22:24.39	22:30.64

Women 35-39 50 Yard Backstroke

---	Miller, Melissa L	36	CPYM-VA	DQ
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Women 35-39 100 Yard Backstroke

1	Joslin, Danielle	35	POWM-VA	1:15.07
	36.95	1:15.07		
2	Sullivan, Shannon D	38	NCYM-PV	1:16.32
	37.99	1:16.32		

Women 35-39 200 Yard Backstroke

1	Sullivan, Shannon D	38	NCYM-PV	2:34.62
	38.27	1:17.24	1:56.17	2:34.62
2	Trom, Kelsey A	35	POWM-VA	2:43.83
	39.20	1:20.64	2:02.58	2:43.83

Women 35-39 50 Yard Breaststroke

1	Harris, Kristen	37	UC12-VA	35.47
2	Deaton, Rebecca A	38	CPYM-VA	36.02

Women 35-39 100 Yard Breaststroke

1	Harris, Kristen	37	UC12-VA	1:18.21
	38.26	1:18.21		
2	Deaton, Rebecca A	38	CPYM-VA	1:20.29
	37.75	1:20.29		
3	Sullivan, Shannon D	38	NCYM-PV	1:27.57
	42.18	1:27.57		

Women 35-39 200 Yard Breaststroke

1	Moosman, Deanne L	35	STON-VA	2:42.76
		2:00.38		2:42.76
2	Deaton, Rebecca A	38	CPYM-VA	2:54.10
	39.38	1:23.01	2:08.54	2:54.10
3	Sullivan, Shannon D	38	NCYM-PV	3:02.88

Women 35-39 50 Yard Butterfly

1	Miller, Melissa L	36	CPYM-VA	38.60
2	Sena, Erica J	39	MAC-VA	50.00

Women 35-39 50 Yard Butterfly Novice

---	Wyatt, Louise J	36	CPYM-VA	DQ
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Women 35-39 200 Yard Butterfly

1	Sullivan, Shannon D	38	NCYM-PV	2:58.61
	40.32	1:25.91	2:12.70	2:58.61

Women 35-39 100 Yard IM

1	Joslin, Danielle	35	POWM-VA	1:13.86
	34.58	1:13.86		
2	Sullivan, Shannon D	38	NCYM-PV	1:18.32
	37.85	1:18.32		

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(Women 35-39 100 Yard IM)

3	Miller, Melissa L	36	CPYM-VA	1:31.25
	43.92	1:31.25		
4	Sena, Erica J	39	MAC-VA	1:47.32
	49.35	1:47.32		

Women 35-39 200 Yard IM

1	Moosman, Deanne L	35	STON-VA	2:23.46
	30.90	1:07.70	1:49.32	2:23.46
2	Sullivan, Shannon D	38	NCYM-PV	2:44.51
	39.73	1:20.39	2:06.96	2:44.51
3	Wyatt, Louise J	36	CPYM-VA	4:18.26
	52.32	3:13.54	4:18.26	

Women 35-39 400 Yard IM

1	Moosman, Deanne L	35	STON-VA	5:06.13
	32.40	1:09.02	1:48.13	2:26.42
	3:10.15	3:55.95	4:32.19	5:06.13
2	Sullivan, Shannon D	38	NCYM-PV	5:33.35
	39.56	1:23.89	2:04.40	2:44.20
	3:30.27	4:16.78	4:55.68	5:33.35

Women 40-44 50 Yard Freestyle

1	McConnell Norman, Amy C	41	POWM-VA	30.40
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Women 40-44 100 Yard Freestyle

1	McConnell Norman, Amy C	41	POWM-VA	1:07.62
	31.50	1:07.62		
2	Dalton, Alicia	44	QMST-VA	1:09.77
	32.44	1:09.77		
3	Maly, Cleary	43	QMST-VA	1:20.19
	37.74	1:20.19		

Women 40-44 500 Yard Freestyle

1	Dalton, Alicia	44	QMST-VA	7:00.28
	35.67	1:14.62	1:56.31	2:38.50
	3:22.28	4:06.63	4:50.11	5:35.06
	6:19.20	7:00.28		

Women 40-44 1000 Yard Freestyle

1	Dalton, Alicia	44	QMST-VA	14:25.86
	36.65	1:16.89	1:58.69	2:41.30
	3:24.14	4:07.85	4:51.79	5:36.20
	6:20.80	7:05.45	7:50.28	8:34.59
	9:19.12	10:03.68	10:48.74	11:33.53
	12:17.39	13:01.27	13:44.62	14:25.86
2	Maly, Cleary	43	QMST-VA	17:04.84
	42.27	1:30.19	2:20.73	3:11.96
	4:03.83	4:56.02	5:46.61	6:38.84
	7:31.96	8:24.19	9:16.33	10:08.09
	11:00.85	11:54.13	12:47.74	13:41.36
	14:34.36	15:26.76	16:17.83	17:04.84

Women 40-44 50 Yard Backstroke

1	Dalton, Alicia	44	QMST-VA	39.26
2	Maly, Cleary	43	QMST-VA	43.80

Women 40-44 50 Yard Breaststroke

1	Norrgard, Karen	42	MAC-VA	39.25
2	McConnell Norman, Amy C	41	POWM-VA	39.27

Women 40-44 100 Yard Breaststroke

1	Norrgard, Karen	42	MAC-VA	1:23.66
	39.79	1:23.66		
2	McConnell Norman, Amy C	41	POWM-VA	1:25.66
	40.57	1:25.66		

Women 40-44 50 Yard Butterfly

1	Dalton, Alicia	44	QMST-VA	34.47
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Women 40-44 50 Yard Butterfly Novice

1	Norrgard, Karen	42	MAC-VA	32.03
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Women 40-44 100 Yard Butterfly

1	Dalton, Alicia	44	QMST-VA	1:20.10
	36.53	1:20.10		

Women 40-44 100 Yard IM

1	Norrgard, Karen	42	MAC-VA	1:16.02
	36.47	1:16.02		
2	McConnell Norman, Amy C	41	POWM-VA	1:20.03
	39.05	1:20.03		
3	Dalton, Alicia	44	QMST-VA	1:23.43
4	Maly, Cleary	43	QMST-VA	1:34.69
	44.54	1:34.69		

Women 40-44 200 Yard IM

1	Dalton, Alicia	44	QMST-VA	2:55.19
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Women 45-49 50 Yard Freestyle

1	Krongaard, Kim M	48	VMST-VA	30.11
2	Howard, Amy	49	QMST-VA	32.55

Women 45-49 100 Yard Freestyle

1	Phillips, Alice W	48	POWM-VA	1:00.72
	29.96	1:00.72		
2	Hollings, Charlotte	49	VMST-VA	1:01.78
	29.84	1:01.78		
3	Ryan, Elizabeth C	45	BAM1-VA	1:07.60
	31.84	1:07.60		
4	Cook, Amy H	46	MAC-VA	1:10.08
	33.71	1:10.08		
5	Witt, Cherie A	49	CPYM-VA	1:10.96
	33.53	1:10.96		
6	Howard, Amy	49	QMST-VA	1:12.35
	35.28	1:12.35		

Women 45-49 200 Yard Freestyle

1	Phillips, Alice W	48	POWM-VA	2:12.84
	31.93	1:05.73	1:39.62	2:12.84
2	Hollings, Charlotte	49	VMST-VA	2:13.09
	31.12	1:04.83	1:39.37	2:13.09
3	Gregory, Barbie J	45	POWM-VA	2:23.28
	33.03	1:08.68	1:45.70	2:23.28
4	Howard, Amy	49	QMST-VA	2:36.48
	37.86	1:18.55	1:58.83	2:36.48
5	Cook, Amy H	46	MAC-VA	2:37.21
	36.08	1:16.00	1:56.94	2:37.21

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Women 45-49 500 Yard Freestyle

1	Hollings, Charlotte	49	VMST-VA	5:51.31
	31.76	1:06.07	1:41.26	2:16.86
	2:52.67	3:28.45	4:05.14	4:41.37
	5:16.76	5:51.31		
2	Phillips, Alice W	48	POWM-VA	5:54.14
	32.93	1:08.65	1:44.57	2:20.44
	2:56.08	3:31.78	4:07.53	4:43.16
	5:19.18	5:54.14		
3	Franklin, Rebecca L	45	CPYM-VA	6:15.32
	33.77	1:10.81	1:48.40	2:26.16
	3:04.14	3:42.22	4:20.45	4:58.87
	5:37.40	6:15.32		
4	Gregory, Barbie J	45	POWM-VA	6:21.69
	34.23	1:11.41	1:49.80	2:28.56
	3:07.79	3:46.95	4:25.85	5:04.51
	5:43.36	6:21.69		
5	Howard, Amy	49	QMST-VA	6:48.15
	37.74	1:18.05	1:59.24	2:40.64
	3:22.12	4:03.51	4:44.92	5:26.42
	6:07.60	6:48.15		
6	Witt, Cherie A	49	CPYM-VA	6:50.63
	36.09	1:15.83	1:56.93	2:38.57
	3:20.70	4:02.99	4:45.07	5:27.26
	6:09.42	6:50.63		
7	Frick, Amy E	47	POWM-VA	7:39.29
	42.07	1:26.51	2:12.49	2:58.93
	3:45.22	4:31.45	5:18.72	6:06.67
	6:53.81	7:39.29		
8	Ratcliffe, Nicola	47	CPYM-VA	8:03.73
	1:31.24	2:19.58	3:08.47	
	8:03.73			

Women 45-49 1000 Yard Freestyle

1	Franklin, Rebecca L	45	CPYM-VA	12:42.41
	34.31	1:11.39	1:49.30	2:27.66
	3:06.13	3:44.49	4:22.97	5:01.44
	5:39.92	6:18.53	6:57.13	7:35.71
	8:14.24	8:52.60	9:30.78	10:09.33
	10:47.85	11:26.63	12:05.24	12:42.41
2	Howard, Amy	49	QMST-VA	13:54.14
	38.27	1:18.71	2:00.38	2:41.86
	3:23.03	4:04.52	4:46.35	5:28.45
	6:10.30	6:52.44	7:34.93	8:17.15
	9:00.19	9:43.07	10:25.16	11:07.68
	11:49.63	12:31.36	13:13.13	13:54.14
3	Frick, Amy E	47	POWM-VA	15:24.02
	41.64	1:25.51	2:10.16	2:55.69
	3:41.76	4:27.89	5:14.63	6:01.68
	6:49.02	7:36.16	8:23.24	9:10.68
	9:58.07	10:45.83	11:33.23	12:21.05
	13:07.71	13:54.28	14:40.26	15:24.02

Women 45-49 50 Yard Backstroke

1	Ryan, Elizabeth C	45	BAMI-VA	34.95
2	Howard, Amy	49	QMST-VA	36.75
3	Witt, Cherie A	49	CPYM-VA	37.67

Women 45-49 100 Yard Backstroke

1	Ryan, Elizabeth C	45	BAMI-VA	1:17.54
	37.49	1:17.54		
2	Howard, Amy	49	QMST-VA	1:18.29
	39.09	1:18.29		

Women 45-49 200 Yard Backstroke

1	Howard, Amy	49	QMST-VA	2:43.18
	39.95	1:21.84	2:02.82	2:43.18
2	Hollings, Charlotte	49	VMST-VA	2:43.65
	40.12	1:21.00	2:02.81	2:43.65

Women 45-49 50 Yard Breaststroke

1	Witt, Cherie A	49	CPYM-VA	41.52
2	Cook, Amy H	46	MAC-VA	42.12

Women 45-49 100 Yard Breaststroke

1	Cook, Amy H	46	MAC-VA	1:30.51
	43.31	1:30.51		

Women 45-49 200 Yard Breaststroke

1	Franklin, Rebecca L	45	CPYM-VA	3:04.13
	41.78	1:28.91	2:16.39	3:04.13
2	Witt, Cherie A	49	CPYM-VA	3:04.18

Women 45-49 50 Yard Butterfly

1	Gregory, Barbie J	45	POWM-VA	33.05
2	Witt, Cherie A	49	CPYM-VA	35.57
3	Krongaard, Kim M	48	VMST-VA	35.71

Women 45-49 100 Yard Butterfly

1	Phillips, Alice W	48	POWM-VA	1:11.12
	33.35	1:11.12		
2	Gregory, Barbie J	45	POWM-VA	1:15.32
	35.09	1:15.32		
3	Hollings, Charlotte	49	VMST-VA	1:17.53
	35.61	1:17.53		

Women 45-49 100 Yard IM

1	Hollings, Charlotte	49	VMST-VA	1:13.44
	35.58	1:13.44		
2	Gregory, Barbie J	45	POWM-VA	1:14.43
	34.86	1:14.43		
3	Ryan, Elizabeth C	45	BAMI-VA	1:17.63
	35.48	1:17.63		
4	Franklin, Rebecca L	45	CPYM-VA	1:18.76
	37.15	1:18.76		
5	Witt, Cherie A	49	CPYM-VA	1:20.39
	37.87	1:20.39		
6	Cook, Amy H	46	MAC-VA	1:21.59
	39.25	1:21.59		

Women 45-49 200 Yard IM

1	Phillips, Alice W	48	POWM-VA	2:29.90
	32.13	1:12.59	1:55.66	2:29.90
2	Gregory, Barbie J	45	POWM-VA	2:38.98
3	Hollings, Charlotte	49	VMST-VA	2:41.18
	35.55	1:17.71	2:05.59	2:41.18
4	Franklin, Rebecca L	45	CPYM-VA	2:48.04
	38.38	1:20.73	2:10.37	2:48.04

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(Women 45-49 200 Yard IM)

5	Witt, Cherie A	49	CPYM-VA	2:57.59
6	Ratcliffe, Nicola	47	CPYM-VA	3:36.30

Women 45-49 400 Yard IM

1	Hollings, Charlotte	49	VMST-VA	5:41.96
				39.21 1:24.58 2:08.17 2:50.62
				3:39.04 4:28.83 5:06.08 5:41.96

Women 50-54 50 Yard Freestyle Novice

*1	Alexander, Susan	51	POWM-VA	41.53
*1	Goodloe, Beth	50	POWM-VA	42.83
2	Broner, Wanda S	50	VMST-VA	2:26.56

Women 50-54 50 Yard Freestyle

1	Osmun, Maybeth	54	VMST-VA	30.44
2	Justis, Sallee	54	POWM-VA	56.72

Women 50-54 100 Yard Freestyle

1	Osmun, Maybeth	54	VMST-VA	1:09.56
				32.45 1:09.56

Women 50-54 50 Yard Backstroke Novice

*1	Goodloe, Beth	50	POWM-VA	45.64
*1	Justis, Sallee	54	POWM-VA	1:05.35
2	Broner, Wanda S	50	VMST-VA	2:12.03

Women 50-54 50 Yard Backstroke

1	Van Horn Pate, Val R	51	VMST-VA	32.30
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Women 50-54 100 Yard Backstroke

1	Van Horn Pate, Val R	51	VMST-VA	1:11.31
				33.91 1:11.31

Women 50-54 50 Yard Breaststroke Novice

1	Alexander, Susan	51	POWM-VA	54.25
2	Justis, Sallee	54	POWM-VA	1:01.79

Women 50-54 200 Yard IM

1	Van Horn Pate, Val R	51	VMST-VA	2:34.16
				32.36 1:09.96 1:57.93 2:34.16

Women 55-59 50 Yard Freestyle

1	Hunt, Elizabeth A	56	UC12-VA	36.47
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Women 55-59 200 Yard Freestyle

1	Braaten, Kitten	58	VMST-VA	2:50.30
				40.03 1:23.31 2:07.05 2:50.30

Women 55-59 1000 Yard Freestyle

1	Braaten, Kitten	58	VMST-VA	14:35.73
				40.94 1:24.45 2:08.52 2:52.80
				3:37.06 4:21.07 5:04.76 5:48.60
				6:32.30 7:16.12 8:00.05 8:44.11
				9:28.09 10:12.62 10:56.84 11:41.01
				12:25.13 13:09.01 13:53.15 14:35.73

Women 55-59 50 Yard Backstroke Novice

1	Hunt, Elizabeth A	56	UC12-VA	49.61
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Women 55-59 200 Yard Backstroke

1	Braaten, Kitten	58	VMST-VA	3:16.48
				47.03 1:36.74 2:26.93 3:16.48

Women 55-59 50 Yard Breaststroke

1	Hunt, Elizabeth A	56	UC12-VA	48.92
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Women 55-59 100 Yard Butterfly

1	Braaten, Kitten	58	VMST-VA	1:33.62
				43.54 1:33.62

Women 55-59 200 Yard Butterfly

1	Braaten, Kitten	58	VMST-VA	3:17.87
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Women 60-64 50 Yard Freestyle

1	Doswell, Kathleen M	64	POWM-VA	53.67
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Women 60-64 100 Yard Freestyle

1	Doswell, Kathleen M	64	POWM-VA	2:02.86
				58.93 2:02.86

Women 60-64 500 Yard Freestyle

1	Boslego, Barbara E	62	VMST-VA	7:24.89
				39.42 1:22.57 2:06.97 2:52.12
				3:37.28 4:23.02 5:09.18 5:55.75
				6:41.69 7:24.89

Women 60-64 1000 Yard Freestyle

1	Cox, Pearl B	64	EXCL-SE	16:43.10
				46.07 1:36.75 2:27.89 3:19.45
				4:11.27 5:02.94 5:54.52 6:45.35
				7:35.49 8:26.61 9:16.72 10:07.05
				10:56.81 11:46.85 12:37.13 13:26.98
				14:17.20 15:07.20 15:56.65 16:43.10

Women 60-64 1650 Yard Freestyle

1	Loftus-Charley, Shirley A	62	VMST-VA	20:47.23
				34.70 1:11.82 1:49.65 2:27.31
				3:05.23 3:43.15 4:21.13 4:59.23
				5:37.35 6:15.84 6:53.69 7:31.57
				8:10.39 8:48.26 9:26.45 10:04.38
				10:42.36 11:20.20 11:58.49 12:36.25
				13:13.82 13:51.48 14:29.37 15:07.20
				15:44.82 16:22.85 17:00.89 17:38.96
				18:16.81 18:54.91 19:32.73 20:10.61
				20:47.23

Women 60-64 200 Yard Backstroke

1	Loftus-Charley, Shirley A	62	VMST-VA	2:44.83
				41.03 1:22.07 2:03.84 2:44.83

Women 60-64 50 Yard Breaststroke

1	Boslego, Barbara E	62	VMST-VA	41.91
2	Loftus-Charley, Shirley A	62	VMST-VA	42.47

Women 60-64 100 Yard Breaststroke

1	Loftus-Charley, Shirley A	62	VMST-VA	1:29.20
				42.95 1:29.20
2	Boslego, Barbara E	62	VMST-VA	1:30.59
				43.90 1:30.59

Women 60-64 200 Yard Breaststroke

1	Loftus-Charley, Shirley A	62	VMST-VA	3:08.50
				42.89 1:29.75 2:19.24 3:08.50
2	Boslego, Barbara E	62	VMST-VA	3:15.56
				43.80 1:32.37 2:23.78 3:15.56

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Women 60-64 50 Yard Butterfly

1 Loftus-Charley, Shirley A 62 VMST-VA 35.36

Women 60-64 100 Yard IM

1 Loftus-Charley, Shirley A 62 VMST-VA 1:18.85

37.79 1:18.85

2 Funkhouser, Donna L 64 VMST-VA 2:29.66

1:08.20 2:29.66

Women 60-64 200 Yard IM

1 Loftus-Charley, Shirley A 62 VMST-VA 2:41.80

Women 65-69 50 Yard Freestyle Novice

1 Larson, Nan P 66 VMST-VA 36.56

2 Faux, Nancy 66 POWM-VA 53.47

Women 65-69 100 Yard Freestyle

1 Bennett, Ruth R 67 UC10-PV 1:22.80

39.19 1:22.80

Women 65-69 200 Yard Freestyle

1 Bennett, Ruth R 67 UC10-PV 3:00.20

41.91 1:27.99 2:14.08 3:00.20

Women 65-69 500 Yard Freestyle

1 Bennett, Ruth R 67 UC10-PV 7:50.70

42.66 1:29.45 2:16.79 3:04.59

3:52.40 4:40.18 5:27.41 6:15.28

7:03.33 7:50.70

Women 65-69 1650 Yard Freestyle

1 Johnston, Jennifer G 66 L4S-PV 45:48.45

1:20.65 2:42.85 4:05.85 5:28.70

6:51.98 8:14.86 9:38.98 11:02.32

12:25.37 13:47.21 15:10.50 16:32.75

17:57.08 19:20.93 20:45.03 22:09.89

23:33.66 24:56.39 26:19.99 27:43.13

29:06.99 30:32.05 31:54.99 33:18.97

34:43.11 36:08.70 37:33.16 38:57.04

40:20.55 41:43.26 43:07.41 44:30.16 45:48.45

Women 65-69 50 Yard Backstroke Novice

1 Larson, Nan P 66 VMST-VA 44.22

2 Faux, Nancy 66 POWM-VA 1:05.58

Women 65-69 200 Yard Backstroke

1 Johnston, Jennifer G 66 L4S-PV 6:39.44

1:38.70 3:20.64 6:39.44

Women 65-69 50 Yard Breaststroke Novice

1 Larson, Nan P 66 VMST-VA 51.13

Women 70-74 100 Yard Freestyle

1 Durrant, Betsy 72 VMST-VA 1:30.89

42.96 1:30.89

Women 70-74 200 Yard Freestyle

1 Durrant, Betsy 72 VMST-VA 3:16.13

44.06 1:33.90 2:25.29 3:16.13

Women 70-74 50 Yard Breaststroke

1 Durrant, Betsy 72 VMST-VA 56.03

Women 75-79 100 Yard Freestyle

1 Detrick, Johnnie 78 VMST-VA 1:22.33

Women 75-79 200 Yard Freestyle

1 Detrick, Johnnie 78 VMST-VA 3:16.62

1:35.03 2:26.28 3:16.62

Women 75-79 500 Yard Freestyle

1 Detrick, Johnnie 78 VMST-VA 8:50.77

45.71 1:35.91 2:29.98 3:25.83

4:20.70 5:15.04 6:08.74 7:04.30

7:59.25 8:50.77

Women 75-79 50 Yard Breaststroke

1 Detrick, Johnnie 78 VMST-VA 49.53

Women 75-79 100 Yard Breaststroke

1 Detrick, Johnnie 78 VMST-VA 1:49.57

52.10 1:49.57

Women 75-79 200 Yard Breaststroke

1 Detrick, Johnnie 78 VMST-VA 3:57.00

Women 85-89 50 Yard Backstroke

1 Tuovila, Miriam K 88 VMST-VA 1:17.03

Women 85-89 50 Yard Breaststroke

1 Tuovila, Miriam K 88 VMST-VA 1:16.21

Women 85-89 100 Yard Breaststroke

1 Tuovila, Miriam K 88 VMST-VA 3:05.75

1:26.61 3:05.75

Women 85-89 200 Yard Breaststroke

1 Tuovila, Miriam K 88 VMST-VA 6:42.64

1:27.93 3:13.44 4:58.78 6:42.64

Women 85-89 100 Yard IM

1 Tuovila, Miriam K 88 VMST-VA 2:52.97

1:23.45 2:52.97

Men 18-24 50 Yard Freestyle

1 McGuire, Daniel P 22 L4S-PV 23.21

3 McHugh, John T 22 UC12-VA 23.79

Men 18-24 100 Yard Freestyle

1 Glass, Sidney L 22 BAM1-VA 48.30

22.96 48.30

2 McHugh, John T 22 UC12-VA 50.97

24.27 50.97

3 Enoch, William C 23 QMST-VA 51.30

24.85 51.30

4 Archer, Charles Q 24 QMST-VA 52.58

25.10 52.58

5 Hunt, Thomas D 21 UC12-VA 54.93

26.10 54.93

Men 18-24 50 Yard Backstroke

1 Glass, Sidney L 22 BAM1-VA 24.69

2 Hunt, Thomas D 21 UC12-VA 28.25

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Men 18-24 100 Yard Backstroke

1	Glass, Sidney L	22	BAM1-VA	53.81
	26.14		53.81	

Men 18-24 200 Yard Backstroke

1	Glass, Sidney L	22	BAM1-VA	1:58.29
	26.96		57.72	1:28.30
				1:58.29

Men 18-24 50 Yard Breaststroke

1	Enoch, William C	23	QMST-VA	29.53
2	McGuire, Daniel P	22	L4S-PV	30.12
3	Hunt, Thomas D	21	UC12-VA	31.72

Men 18-24 50 Yard Butterfly

1	McGuire, Daniel P	22	L4S-PV	25.94
2	Enoch, William C	23	QMST-VA	27.00

Men 18-24 100 Yard Butterfly

1	Archer, Charles Q	24	QMST-VA	57.20
	26.92		57.20	

Men 18-24 100 Yard IM

1	Glass, Sidney L	22	BAM1-VA	54.99
	24.72		54.99	
2	Enoch, William C	23	QMST-VA	1:00.05
	28.13		1:00.05	
3	Hunt, Thomas D	21	UC12-VA	1:01.41
	27.98		1:01.41	
4	McGuire, Daniel P	22	L4S-PV	1:02.04
	29.41		1:02.04	

Men 18-24 200 Yard IM

1	Enoch, William C	23	QMST-VA	2:11.31
	27.31		1:00.84	1:38.75
				2:11.31

Men 25-29 50 Yard Freestyle Novice

1	Hicks, Mike J	26	UC12-VA	27.72
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Men 25-29 200 Yard IM

1	Hogan, John	25	VMST-VA	2:06.78
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Men 25-29 400 Yard IM

1	Hogan, John	25	VMST-VA	4:29.64
	26.93		58.04	1:33.91
	2:48.84		3:28.68	3:59.50
				4:29.64

Men 30-34 50 Yard Freestyle

1	Cheatham, Josh	32	UC12-VA	25.59
2	Mautte, Kevin	30	UC12-VA	23.33

Men 30-34 100 Yard Freestyle

1	Mautte, Kevin	30	UC12-VA	52.49
	24.21		52.49	
2	Cheatham, Josh	32	UC12-VA	56.55
	26.75		56.55	

Men 30-34 500 Yard Freestyle

1	Limkemann, Eric S	32	POWM-VA	5:00.33
	27.32		57.28	1:27.63
	2:28.59		2:59.04	3:29.97
	4:31.07		5:00.33	4:00.47

Men 30-34 1650 Yard Freestyle

1	Limkemann, Eric S	32	POWM-VA	17:01.05
	28.64		59.21	1:30.42
	2:33.15		3:04.29	3:35.52
	4:37.90		5:09.27	5:40.41
	6:42.55		7:13.94	7:45.66
	8:47.70		9:18.88	9:49.91
	10:52.25		11:23.24	11:54.33
	12:56.05		13:27.18	13:57.91
	14:59.46		15:30.75	16:01.21
				16:31.43
				17:01.05

Men 30-34 50 Yard Backstroke

1	Cheatham, Josh	32	UC12-VA	31.34
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Men 30-34 200 Yard Backstroke

1	Kaplan, Jonathan	34	VMST-VA	2:02.68
	29.25		59.81	1:31.09
				2:02.68

Men 30-34 100 Yard Butterfly

1	Kaplan, Jonathan	34	VMST-VA	57.33
	26.76		57.33	

Men 30-34 100 Yard IM

1	Kaplan, Jonathan	34	VMST-VA	57.71
	26.76		57.71	

Men 30-34 400 Yard IM

1	Kaplan, Jonathan	34	VMST-VA	4:26.52
	28.24		1:01.14	1:35.80
	2:46.46		3:24.25	3:55.78
				4:26.52

Men 35-39 50 Yard Freestyle

1	Bradley, Ryan	39	BAM1-VA	22.32
2	Jewell, William L	35	POWM-VA	23.31
3	Domson, Greg	39	VMST-VA	25.97

Men 35-39 100 Yard Freestyle

1	Jewell, William L	35	POWM-VA	51.82
	24.42		51.82	
2	Gosline, Michael R	35	QMST-VA	54.27
	25.28		54.27	
3	Domson, Greg	39	VMST-VA	57.35
	26.80		57.35	
4	Richardson, Kevin E	37	VMST-VA	1:01.53
	30.52		1:01.53	

Men 35-39 200 Yard Freestyle

1	De Hart, Pieter A	35	STON-VA	1:55.67
	26.24		55.44	1:25.66
				1:55.67
2	Richardson, Kevin E	37	VMST-VA	2:12.94
	30.82		1:04.53	1:39.28
				2:12.94
3	Ahlgren, Kyle R	38	NCYM-PV	2:30.77
	35.57		1:14.23	1:53.54
				2:30.77

Men 35-39 500 Yard Freestyle

1	Ahlgren, Kyle R	38	NCYM-PV	6:38.63
	37.05		1:17.59	1:58.04
	3:19.24		3:59.32	4:39.90
	6:00.43		6:38.63	5:20.53

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Men 35-39 1000 Yard Freestyle					2	Flamm, Brian J	40	CPYM-VA	24.46
1	Ahlgren, Kyle R	38	NCYM-PV	13:36.15	Men 40-44 100 Yard Freestyle				
	37.94	1:19.08	2:00.34	2:41.60	1	Holsten, Brent	42	VMST-VA	50.69
	3:22.70	4:04.28	4:45.85	5:26.82		23.88	50.69		
	6:08.01	6:49.20	7:30.15	8:11.32	2	Perez, Tomas	44	UC12-VA	53.55
	8:52.36	9:33.74	10:15.14	10:56.25		24.90	53.55		
	11:37.28	12:18.08	12:58.01	13:36.15	Men 40-44 500 Yard Freestyle				
Men 35-39 50 Yard Backstroke					1	Burr, Cameron A	44	CPYM-VA	6:24.61
1	Bradley, Ryan	39	BAM1-VA	25.16		34.46	1:11.63	1:49.54	2:27.93
2	De Hart, Pieter A	35	STON-VA	28.57		3:07.13	3:46.42	4:26.20	5:06.14
3	Rowe, Bryce W	37	POWM-VA	30.36		5:45.95	6:24.61		
4	Domson, Greg	39	VMST-VA	32.57	Men 40-44 50 Yard Breaststroke				
Men 35-39 100 Yard Backstroke					1	Flamm, Brian J	40	CPYM-VA	31.18
1	Bradley, Ryan	39	BAM1-VA	55.35	Men 40-44 100 Yard Breaststroke				
	26.92	55.35							
Men 35-39 200 Yard Backstroke					1	Peluso, Jay	42	POWM-VA	1:04.62
1	Ahlgren, Kyle R	38	NCYM-PV	2:53.26		31.18	1:04.62		
	42.00	1:25.90	2:10.76	2:53.26	Men 40-44 200 Yard Breaststroke				
Men 35-39 50 Yard Breaststroke					1	Burr, Cameron A	44	CPYM-VA	2:41.22
1	Williams, Rich	38	UC12-VA	31.68		37.35	1:18.70	1:59.63	2:41.22
2	Richardson, Kevin E	37	VMST-VA	36.04	Men 40-44 50 Yard Butterfly				
Men 35-39 100 Yard Breaststroke					1	Flamm, Brian J	40	CPYM-VA	27.27
1	De Hart, Pieter A	35	STON-VA	1:07.95	Men 40-44 100 Yard Butterfly				
	32.12	1:07.95							
2	Richardson, Kevin E	37	VMST-VA	1:18.55	1	Peluso, Jay	42	POWM-VA	56.29
	37.45	1:18.55							
Men 35-39 50 Yard Butterfly					Men 40-44 100 Yard IM				
1	Bradley, Ryan	39	BAM1-VA	23.94	1	Holsten, Brent	42	VMST-VA	1:01.90
2	De Hart, Pieter A	35	STON-VA	25.85		28.38	1:01.90		
3	Williams, Rich	38	UC12-VA	27.94	Men 40-44 200 Yard IM				
4	Rowe, Bryce W	37	POWM-VA	28.04	1	Peluso, Jay	42	POWM-VA	2:07.08
Men 35-39 100 Yard Butterfly					Men 45-49 50 Yard Freestyle				
1	Gosline, Michael R	35	QMST-VA	58.92	1	Domson, Paul	45	UC10-PV	25.13
	27.63	58.92							
2	Raggio, Randy	45	VMST-VA	25.41	2	Raggio, Randy	45	VMST-VA	25.41
3	Clear, Kirk W	46	VMST-VA	25.62	3	Clear, Kirk W	46	VMST-VA	25.62
Men 35-39 200 Yard Butterfly					Men 45-49 100 Yard Freestyle				
1	Bradley, Ryan	39	BAM1-VA	2:03.30	1	Raggio, Randy	45	VMST-VA	55.32
	26.96	58.02	1:29.94	2:03.30		26.56	55.32		
Men 35-39 100 Yard IM					2	Sushkoff, George A	48	VMST-VA	59.33
1	Williams, Rich	38	UC12-VA	1:05.01		28.35	59.33		
	30.23	1:05.01							
2	Rowe, Bryce W	37	POWM-VA	1:07.60	3	Sax, William C	45	GMUP-PV	1:00.91
	31.28	1:07.60							
Men 35-39 200 Yard IM					Men 45-49 200 Yard Freestyle				
1	Ahlgren, Kyle R	38	NCYM-PV	2:57.55	1	Holland, Dave	46	VMST-VA	2:04.12
Men 35-39 400 Yard IM						29.41	1:00.60	1:32.51	2:04.12
1	De Hart, Pieter A	35	STON-VA	4:39.73	2	Sax, William C	45	GMUP-PV	2:09.95
	27.48	1:00.27	1:36.85	2:12.95		29.97	1:03.38	1:36.78	2:09.95
	2:53.88	3:35.26	4:07.10	4:39.73	3	Bradley, Patrick J	47	STON-VA	2:33.21
						34.07	1:12.30	1:52.81	2:33.21
Men 40-44 50 Yard Freestyle									
1	Holsten, Brent	42	VMST-VA	22.91					

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Men 45-49 500 Yard Freestyle

1	Sax, William C	45	GMUP-PV	5:40.61
	30.55	1:04.78	1:40.10	2:15.39
	2:49.58	3:24.45	3:59.13	4:33.25
	5:07.51	5:40.61		
2	Cockrell, Charles E	45	VMST-VA	6:06.80
	33.68	1:10.09	1:46.91	2:23.89
	3:00.91	3:38.57	4:16.29	4:53.92
	5:31.01	6:06.80		

Men 45-49 1000 Yard Freestyle

1	Sax, William C	45	GMUP-PV	11:44.51
	31.43	1:06.52	1:41.48	2:16.92
	2:51.70	3:26.50	4:01.34	4:36.89
	5:11.90	5:47.50	6:22.42	6:59.03
	7:34.55	8:10.18	8:46.14	9:22.34
	9:58.13	10:34.22	11:10.07	11:44.51

Men 45-49 50 Yard Backstroke

1	Clear, Kirk W	46	VMST-VA	29.12
2	Domson, Paul	45	UC10-PV	33.18

Men 45-49 100 Yard Backstroke

1	Sushkoff, George A	48	VMST-VA	1:08.08
	33.24	1:08.08		
2	Domson, Paul	45	UC10-PV	1:12.56
	33.74	1:12.56		

Men 45-49 50 Yard Breaststroke

1	Cockrell, Charles E	45	VMST-VA	33.26
2	Bradley, Patrick J	47	STON-VA	37.20

Men 45-49 100 Yard Breaststroke

1	Holland, Dave	46	VMST-VA	1:10.91
	33.70	1:10.91		
2	Cockrell, Charles E	45	VMST-VA	1:12.60
	34.25	1:12.60		
3	Bradley, Patrick J	47	STON-VA	1:21.65
	38.75	1:21.65		

Men 45-49 200 Yard Breaststroke

1	Cockrell, Charles E	45	VMST-VA	2:38.64
	36.11	1:16.58	1:57.77	2:38.64

Men 45-49 50 Yard Butterfly

1	Clear, Kirk W	46	VMST-VA	28.32
2	Sax, William C	45	GMUP-PV	30.28

Men 45-49 100 Yard Butterfly

1	Raggio, Randy	45	VMST-VA	1:03.65
	30.34	1:03.65		
2	Sax, William C	45	GMUP-PV	1:06.05
	30.31	1:06.05		

Men 45-49 200 Yard Butterfly

1	Holland, Dave	46	VMST-VA	2:08.69
	29.15	1:02.13	1:35.09	2:08.69
2	Raggio, Randy	45	VMST-VA	2:20.32
3	Sax, William C	45	GMUP-PV	2:26.36
	32.35	1:09.46	1:48.08	2:26.36

Men 45-49 200 Yard IM

1	Sushkoff, George A	48	VMST-VA	2:24.73
	32.10	1:10.59	1:52.10	2:24.73
2	Cockrell, Charles E	45	VMST-VA	2:28.51
3	Bradley, Patrick J	47	STON-VA	2:46.41
	36.50	1:20.19	2:05.39	2:46.41

Men 45-49 400 Yard IM

1	Holland, Dave	46	VMST-VA	4:34.52
	29.04	1:01.56	1:37.49	2:12.79
	2:52.08	3:31.18	4:03.87	4:34.52

Men 50-54 50 Yard Freestyle

1	Farmer, John B	50	UC12-VA	28.28
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Men 50-54 100 Yard Freestyle

1	Harris, Gregory	50	VMST-VA	52.84
	24.99	52.84		
2	Fellowes, David	50	VMST-VA	59.17
	28.69	59.17		

Men 50-54 1650 Yard Freestyle

1	Harris, Gregory	50	VMST-VA	19:46.93
	30.00	1:03.12	1:37.49	2:13.06
	2:48.51	3:24.57	4:01.27	4:37.62
	5:13.98	5:50.27	6:26.83	7:03.65
	7:40.41	8:16.79	8:53.58	9:30.38
	10:07.11	10:43.90	11:20.51	11:57.51
	12:34.31	13:10.75	13:47.14	14:23.62
	15:00.09	15:36.87	16:13.68	16:51.39
	17:28.06	18:03.92	18:39.91	19:14.47
2	Fellowes, David	50	VMST-VA	21:05.14
	32.23	1:07.14	1:43.53	2:20.94
	2:58.66	3:36.70	4:15.61	5:32.73
	7:29.43	8:46.59	13:58.28	18:33.91
	20:31.35	21:05.27	21:05.14	

Men 50-54 50 Yard Backstroke

1	Farmer, John B	50	UC12-VA	38.24
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Men 50-54 100 Yard Backstroke

1	Harris, Gregory	50	VMST-VA	1:05.70
	32.10	1:05.70		

Men 50-54 50 Yard Breaststroke

1	Farmer, John B	50	UC12-VA	36.06
2	Miladin, Jeff	52	VMST-VA	39.24

Men 50-54 100 Yard Breaststroke

1	Harris, Gregory	50	VMST-VA	1:09.38
	33.20	1:09.38		
---	Miladin, Jeff	52	VMST-VA	DQ
	40.36	DQ		

Men 50-54 200 Yard Breaststroke

1	Miladin, Jeff	52	VMST-VA	3:01.86
	42.47	1:27.90	2:14.59	3:01.86

Men 50-54 50 Yard Butterfly

1	Farmer, John B	50	UC12-VA	34.48
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Men 50-54 100 Yard Butterfly

1	Harris, Gregory	50	VMST-VA	1:12.77
	32.80	1:12.77		

Men 50-54 100 Yard IM

1	Harris, Gregory	50	VMST-VA	1:01.94
	28.42	1:01.94		
2	Farmer, John B	50	UC12-VA	1:17.46
	37.55	1:17.46		
---	Miladin, Jeff	52	VMST-VA	DQ
	39.85	DQ		

Men 50-54 200 Yard IM

1	Harris, Gregory	50	VMST-VA	2:14.43
2	Ratcliffe, John M	50	CPYM-VA	3:31.16
	46.67	1:42.80	3:31.16	

Men 55-59 50 Yard Freestyle Novice

1	Gary, William E	55	BAM1-VA	31.18
2	Basso, Randy M	59	UC12-VA	31.47

Men 55-59 50 Yard Freestyle

1	Wood, William M	56	VMST-VA	26.68
2	Jones, Ralph L	56	UC12-VA	30.25
3	Cummings, Dean J	58	UC12-VA	39.36
4	Lasrado, David G	56	URMS-VA	46.23

Men 55-59 100 Yard Freestyle

1	Wood, William M	56	VMST-VA	1:00.51
	29.00	1:00.51		
2	Jones, Ralph L	56	UC12-VA	1:04.59
	31.60	1:04.59		
3	Gary, William E	55	BAM1-VA	1:12.17
	34.43	1:12.17		
4	Cummings, Dean J	58	UC12-VA	1:32.58
	44.43	1:32.58		
5	Lasrado, David G	56	URMS-VA	1:43.73
	47.72	1:43.73		

Men 55-59 200 Yard Freestyle

1	Lasrado, David G	56	URMS-VA	4:07.47
	52.60	1:53.47	3:00.26	4:07.47

Men 55-59 500 Yard Freestyle

1	Wood, William M	56	VMST-VA	6:22.37
	34.05	1:11.41	1:49.94	2:28.05
	3:06.45	3:45.53	4:24.52	5:04.52
	5:43.95	6:22.37		
2	Jones, Ralph L	56	UC12-VA	6:39.19
	33.44	1:11.11	2:33.01	3:14.68
	3:56.50	4:38.08	6:01.15	6:39.19
	6:39.19			

Men 55-59 1650 Yard Freestyle

1	McFarland, Jim	55	VMST-VA	19:57.50
	32.31	1:07.25	1:42.93	2:19.15
	2:55.37	3:31.92	4:08.58	4:45.63
	5:22.56	5:59.78	6:36.91	7:13.46
	7:50.31	8:27.12	9:04.13	9:40.97
	10:18.15	10:55.17	11:32.28	12:07.94
	12:45.57	13:21.99	13:58.39	14:34.06
	15:11.00	15:47.28	16:23.85	17:00.56
	17:36.69	18:12.98	18:48.84	19:23.78
				19:57.50
2	Jones, Ralph L	56	UC12-VA	22:29.76
	33.96	1:11.21	1:50.63	2:30.73
	3:11.87	3:52.53	4:34.34	5:16.43
	5:58.31	6:40.25	7:21.54	8:02.71
	8:44.95	9:25.98	10:07.42	10:49.23
	11:30.50	12:11.79	12:53.37	13:34.57
	14:15.80	14:57.67	15:39.03	16:20.97
	17:02.10	17:43.63	18:24.39	19:06.04
	19:46.77	20:28.30	21:09.93	21:50.88
				22:29.76

Men 55-59 50 Yard Backstroke Novice

1	Basso, Randy M	59	UC12-VA	38.23
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Men 55-59 50 Yard Backstroke

1	Lasrado, David G	56	URMS-VA	58.15
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Men 55-59 100 Yard Backstroke

1	Jones, Ralph L	56	UC12-VA	1:26.04
	42.67	1:26.04		
2	Cummings, Dean J	58	UC12-VA	2:06.47
	59.64	2:06.47		

Men 55-59 200 Yard Backstroke

1	Swiger, Ralph B	57	VMST-VA	3:18.58
	49.52	1:40.36	2:30.48	3:18.58

Men 55-59 50 Yard Breaststroke Novice

1	Basso, Randy M	59	UC12-VA	38.01
2	Gary, William E	55	BAM1-VA	42.03

Men 55-59 100 Yard Breaststroke

1	Swiger, Ralph B	57	VMST-VA	1:35.98
	44.81	1:35.98		

Men 55-59 200 Yard Breaststroke

1	Swiger, Ralph B	57	VMST-VA	3:31.04
	47.54	1:41.33	2:36.74	3:31.04

Men 55-59 50 Yard Butterfly Novice

1	Basso, Randy M	59	UC12-VA	35.00
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Men 55-59 50 Yard Butterfly

1	Swiger, Ralph B	57	VMST-VA	43.22
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Men 55-59 100 Yard Butterfly

1	Jones, Ralph L	56	UC12-VA	1:25.54
	39.56	1:25.54		

Men 55-59 200 Yard Butterfly

1	Swiger, Ralph B	57	VMST-VA	3:42.07
	49.67	1:47.40	3:42.07	

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Men 55-59 100 Yard IM					2	Culhane, Kevin V	67	ALEX-PV	27.78
1	Basso, Randy M	59	UC12-VA	1:18.76	Men 65-69 100 Yard Freestyle				
	37.55	1:18.76			1	Holswade, Hank C	67	VMST-VA	1:01.26
2	Swiger, Ralph B	57	VMST-VA	1:31.35		29.36	1:01.26		
	45.11	1:31.35			2	Macionis, Bob	65	UC12-VA	1:03.89
						31.34	1:03.89		
Men 55-59 200 Yard IM					3	Katz-Hyman, Tsvi H	65	UC12-VA	1:28.91
1	Jones, Ralph L	56	UC12-VA	2:56.90		40.24	1:28.91		
	36.91	1:20.57	2:19.29	2:56.90	Men 65-69 200 Yard Freestyle				
2	Swiger, Ralph B	57	VMST-VA	3:21.27	1	Katz-Hyman, Tsvi H	65	UC12-VA	3:13.69
	45.53	1:39.97	2:36.51	3:21.27		41.20	1:29.37	2:21.56	3:13.69
Men 55-59 400 Yard IM					Men 65-69 500 Yard Freestyle				
1	Swiger, Ralph B	57	VMST-VA	7:00.90	1	Wallace, Richard J	66	GSM-NJ	6:52.29
	48.26	1:45.76	2:41.66	3:34.87		36.25	1:17.98	2:01.25	2:44.24
	4:32.04	5:29.21	6:18.39	7:00.90		3:27.44	4:09.75	4:52.58	5:34.61
						6:15.95	6:52.29		
Men 60-64 50 Yard Freestyle					Men 65-69 1000 Yard Freestyle				
1	Bryson, Gene R	64	MAC-VA	35.51	1	Wallace, Richard J	66	GSM-NJ	14:06.68
Men 60-64 100 Yard Freestyle						37.67	1:20.11	2:03.83	2:47.10
1	Murphy, John F	60	URMS-VA	1:04.75		3:30.87	4:14.72	4:58.13	5:41.45
	30.75	1:04.75				6:24.48	7:08.08	7:51.11	8:33.83
Men 60-64 1000 Yard Freestyle						9:16.78	9:59.74	10:42.32	11:24.90
1	Eckes, David D	63	UC12-VA	21:50.59		12:07.18	12:49.30	13:30.23	14:06.68
	52.54	1:53.51	3:00.83	4:08.68	Men 65-69 1650 Yard Freestyle				
	5:15.29	6:23.11	7:29.98	8:36.23	1	Katz-Hyman, Tsvi H	65	UC12-VA	28:47.04
	9:43.04	10:49.90	11:56.24	13:02.88		43.83	1:31.57	2:21.84	3:13.39
	14:08.11	15:13.07	16:19.00	17:25.28		4:04.74	4:55.99	5:47.74	6:39.54
	18:30.73	19:36.89	20:43.70	21:50.59		7:32.53	8:24.78	9:16.84	10:07.62
Men 60-64 1650 Yard Freestyle						10:59.47	11:52.24	12:44.12	13:36.02
1	Eckes, David D	63	UC12-VA	36:10.44		14:27.37	15:18.70	16:11.38	17:04.23
Men 60-64 50 Yard Backstroke						17:56.68	18:49.09	19:43.25	20:39.23
1	Murphy, John F	60	URMS-VA	36.41		21:33.97	22:27.99	23:21.28	24:14.43
Men 60-64 100 Yard Backstroke						25:08.36	26:05.26	27:00.70	27:56.15
1	Murphy, John F	60	URMS-VA	1:23.13	Men 65-69 50 Yard Backstroke				
	39.20	1:23.13			1	Culhane, Kevin V	67	ALEX-PV	37.36
Men 60-64 50 Yard Breaststroke					Men 65-69 100 Yard Backstroke				
1	Funkhouser, Raymond C	63	VMST-VA	45.74	1	Holswade, Hank C	67	VMST-VA	1:16.65
Men 60-64 100 Yard Breaststroke						37.98	1:16.65		
1	Funkhouser, Raymond C	63	VMST-VA	1:40.37	Men 65-69 50 Yard Breaststroke				
	47.00	1:40.37			1	Culhane, Kevin V	67	ALEX-PV	37.26
Men 60-64 100 Yard IM					2	Katz-Hyman, Tsvi H	65	UC12-VA	45.04
1	Murphy, John F	60	URMS-VA	1:20.71	Men 65-69 100 Yard Breaststroke				
	36.86	1:20.71			1	Katz-Hyman, Tsvi H	65	UC12-VA	1:39.95
2	Funkhouser, Raymond C	63	VMST-VA	1:39.34		46.02	1:39.95		
	48.40	1:39.34			Men 65-69 200 Yard Breaststroke				
3	Bryson, Gene R	64	MAC-VA	1:41.84	1	Katz-Hyman, Tsvi H	65	UC12-VA	3:54.22
	43.02	1:41.84				47.45	1:44.83	2:50.75	3:54.22
Men 60-64 200 Yard IM					Men 70-74 100 Yard Freestyle				
1	Murphy, John F	60	URMS-VA	3:00.76	1	Brundage, Warner F	70	VMST-VA	1:11.33
	38.40	1:25.51	2:22.40	3:00.76		34.59	1:11.33		
Men 65-69 50 Yard Freestyle									
1	Holswade, Hank C	67	VMST-VA	27.38					

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(Men 70-74 100 Yard Freestyle)

2	Miller, Frank H	72	VMST-VA	1:41.06
	48.40	1:41.06		

Men 70-74 200 Yard Freestyle

1	Miller, Frank H	72	VMST-VA	3:43.76
	50.84	1:50.00	2:48.95	3:43.76

Men 70-74 1000 Yard Freestyle

1	Miller, Frank H	72	VMST-VA	19:57.06
	51.53	1:50.80	2:50.42	3:50.14
	4:50.65	5:50.62	6:52.73	7:54.79
	8:56.80	9:56.66	10:56.85	11:58.82
	12:59.63	13:59.60	15:02.17	16:01.44
	17:01.65	18:01.82	19:01.12	19:57.06

Men 70-74 1650 Yard Freestyle

1	Kelleher, Joseph M	72	VMST-VA	32:38.23
	49.38	1:47.28	2:45.85	3:42.97
	4:42.50	5:41.93	6:41.09	7:39.82
	8:39.06	9:38.96	10:37.21	11:37.46
	12:37.57	13:36.79	14:36.46	15:35.75
	16:35.86	17:36.24	18:36.05	19:35.66
	20:35.43	21:36.29	22:36.32	23:36.45
	24:36.86	25:37.67	26:38.21	27:38.49
	28:40.32	29:40.58	30:41.41	31:42.25
				32:38.23

Men 70-74 200 Yard Backstroke

1	Brundage, Warner F	70	VMST-VA	3:00.68
	42.36	1:27.44	2:13.32	3:00.68

Men 70-74 50 Yard Breaststroke

1	Brundage, Warner F	70	VMST-VA	41.77
2	Miller, Frank H	72	VMST-VA	53.72

Men 70-74 200 Yard Breaststroke

1	Miller, Frank H	72	VMST-VA	4:41.47
	1:01.98	2:15.37	3:30.73	4:41.47

Men 70-74 100 Yard IM

1	Brundage, Warner F	70	VMST-VA	1:21.49
	38.19	1:21.49		
2	Miller, Frank H	72	VMST-VA	2:04.43

Men 70-74 200 Yard IM

1	Brundage, Warner F	70	VMST-VA	3:00.91
	37.89	1:25.15	2:18.93	3:00.91

Men 75-79 50 Yard Breaststroke

1	Scott, Richard A	78	VMST-VA	54.06
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Men 75-79 100 Yard Breaststroke

1	Scott, Richard A	78	VMST-VA	2:01.09
	55.12	2:01.09		

Men 75-79 200 Yard Breaststroke

1	Scott, Richard A	78	VMST-VA	4:23.68
	1:00.26	2:07.50	3:18.58	4:23.68

Men 75-79 200 Yard Butterfly

1	Scott, Richard A	78	VMST-VA	6:21.59
	1:22.71	3:08.85	4:49.61	6:21.59

Men 75-79 100 Yard IM

---	Scott, Richard A	78	VMST-VA	DQ
	57.28	DQ		

Men 75-79 400 Yard IM

1	Scott, Richard A	78	VMST-VA	9:47.18
	1:16.25	2:48.49	3:57.58	5:04.12
	6:20.95	7:34.46	8:42.40	9:47.18

Men 80-84 50 Yard Breaststroke

1	Lyons, Thomas F	80	VMST-VA	1:06.25
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Men 80-84 100 Yard Breaststroke

1	Lyons, Thomas F	80	VMST-VA	2:28.81
	1:08.82	2:28.81		

Women 25+ 200 Yard Medley Relay

1	POWM-VA	A	2:10.00
1)	Joslin, Danielle W35	2)	Phillips, Alice W W48
3)	Glasgow, Ginny Ann W34	4)	Strobl, Lori C W33
	33.68	1:15.01	1:43.78
2	CPYM-VA	A	2:12.93
1)	Jamison, Jackie M W33	2)	Deaton, Rebecca A W38
3)	Witt, Cherie A W49	4)	Franklin, Rebecca L W45
	38.00	1:13.74	1:43.49

Women 45+ 200 Yard Freestyle Relay

1	POWM-VA	A	3:12.63
1)	Alexander, Susan W51	2)	Faux, Nancy W66
3)	Justis, Sallee W54	4)	Goodloe, Beth W50
	43.75	1:33.86	1:49.77
			3:12.63

Women 45+ 200 Yard Medley Relay

1	VMST-VA	A	2:24.40
1)	Van Horn Pate, Val R W51	2)	Hollings, Charlotte W49
3)	Braaten, Kitten W58	4)	Loftus-Charley, Shirley A W62
	32.70	1:11.39	1:52.25
			2:24.40

Men 45+ 200 Yard Medley Relay

1	VMST-VA	A	2:09.07
1)	Fellowes, David M50	2)	Miladin, Jeff M52
3)	Wood, William M M56	4)	Holswade, Hank C M67
	31.27	1:10.14	1:41.76
			2:09.07

Mixed 18+ 200 Yard Freestyle Relay

1	BAM1-VA	A	1:42.45
1)	Glass, Sidney L M22	2)	Ryan, Elizabeth C W45
3)	Bechard, Sarah A W23	4)	Bradley, Ryan M39
	22.35	53.08	1:19.17
			1:42.45

Mixed 18+ 200 Yard Medley Relay

1	QMST-VA	A	1:56.95
1)	Brink, Opal E W19	2)	Enoch, William C M23
3)	Gosline, Michael R M35	4)	Wilson, Carrie R W30
	31.94	1:01.80	1:26.99
			1:56.95

Mixed 25+ 200 Yard Medley Relay

1	VMST-VA	A	1:56.63
1)	Kaplan, Jonathan M34	2)	Russo, Claire C W30
3)	Van Horn Pate, Val R W51	4)	Raggio, Randy M45
	27.27	1:00.41	1:31.66
			1:56.63

2014 VMST David Gregg III Memorial Meet, Sanction #: 124-S002**Richmond VA -- Feb 8-9, 2014 -- 25Y Course****Results**

Mixed 35+ 200 Yard Freestyle Relay

1	POWM-VA	A		2:12.62
	1) Doswell, Kathleen M W64	2) Rowe, Bryce W M37		
	3) Gregory, Barbie J W45	4) Peluso, Jay M42		
	53.10	1:18.35	1:48.77	2:12.62