

**Virginia Masters Swim Meet  
Results - Nov 3, 2018**

**Women 25-29 50 SC Meter Freestyle**

**WORLD:** 25.42 W 3/12/06 SUMIKA KOMATSU  
**NATL:** 25.52 N 12/2/17 L IBANEZ LOPEZ  
**VA:** 27.93 V 3/5/16 Gabrielle Mizerak

1 Clary, Emily	25 UC12-VA	31.32
2 Carpio, Emely	28 FAC-VA	34.15

**Women 25-29 100 SC Meter Freestyle**

**WORLD:** 54.53 W 10/24/15 EMMA GAGE  
**NATL:** 55.06 N 12/1/17 L IBANEZ LOPEZ  
**VA:** 1:02.84 V 11/7/15 Denise Letendre

1 Mickunas, Allison	29 TIDE-VA	1:20.96
	38.45	1:20.96

**Women 25-29 400 SC Meter Freestyle**

**WORLD:** 4:15.74 W 10/27/13 SOPHIE CASSON  
**NATL:** 4:24.18 N 3/31/96 SHEILA TAORMINA  
**VA:** 4:40.36 V 12/10/10 Kate Hibbard

1 Clary, Emily	25 UC12-VA	5:35.46
	35.96	1:16.13
	1:57.83	2:40.41
	3:23.47	4:07.17
	4:51.43	5:35.46

**Women 25-29 50 SC Meter Backstroke**

**WORLD:** 27.88 W 6/14/15 YURIE OGA  
**NATL:** 28.92 N 3/3/12 DIANA MACMANUS  
**VA:** 31.77 V 3/20/10 Kate Hibbard

1 Clary, Emily	25 UC12-VA	39.20
2 Carpio, Emely	28 FAC-VA	44.11
3 Shepard, Megan	28 VMST-VA	51.06

**Women 25-29 100 SC Meter Breaststroke**

**WORLD:** 1:06.83 W 6/7/14 PETRA CHOCOVA  
**NATL:** 1:10.04 N 4/15/12 MEGAN JENDRICK  
**VA:** 1:18.47 V 3/25/17 Denise Letendre

1 Maciejczyk, Monique	26 UC12-VA	1:24.85
	40.51	1:24.85

**Women 25-29 200 SC Meter Breaststroke**

**WORLD:** 2:29.80 W 4/14/12 MEGAN JENDRICK  
**NATL:** 2:29.80 N 4/14/12 MEGAN JENDRICK  
**VA:** 2:44.46 V 6/4/15 Denise Letendre

1 Shepard, Megan	28 VMST-VA	4:33.73
	1:02.96	2:13.64
	3:24.43	4:33.73

**Women 25-29 50 SC Meter Butterfly**

**WORLD:** 26.14 W 1/19/18 ELINORE DE JONG  
**NATL:** 26.31 N 10/11/15 CLAIRE DONAHUE  
**VA:** 29.17 V 3/5/16 Gabrielle Mizerak

1 Maciejczyk, Monique	26 UC12-VA	32.04
2 Northshield, Megan	26 1693-VA	32.26
3 Clary, Emily	25 UC12-VA	36.62
4 Mickunas, Allison	29 TIDE-VA	38.47
5 Shepard, Megan	28 VMST-VA	50.05

**Women 25-29 100 SC Meter Butterfly**

**WORLD:** 58.11 W 12/12/15 CLAIRE DONAHUE  
**NATL:** 58.11 N 12/12/15 CLAIRE DONAHUE  
**VA:** 1:06.11 V 3/3/18 Deidre Geroni

1 Northshield, Megan	26 1693-VA	1:11.80
	33.30	1:11.80

2 Shepard, Megan	28 VMST-VA	1:58.25
	54.27	1:58.25

**Women 25-29 200 SC Meter Butterfly**

**WORLD:** 2:09.64 W 5/8/10 YUKO NAKANISHI  
**NATL:** 2:17.83 N 10/10/15 CLAIRE DONAHUE  
**VA:** 2:29.66 V 3/21/15 Denise Letendre

1 Maciejczyk, Monique	26 UC12-VA	2:46.95
	36.76	1:17.83
	2:01.94	2:46.95

**Women 25-29 100 SC Meter IM**

**WORLD:** 1:02.29 W 6/8/14 PETRA CHOCOVA  
**NATL:** 1:03.41 N 1/23/11 MEGAN JENDRICK  
**VA:** 1:10.18 V 11/7/09 Lucy Carrig

1 Clary, Emily	25 UC12-VA	1:22.77
	39.69	1:22.77
2 Mickunas, Allison	29 TIDE-VA	1:31.34
	41.66	1:31.34
3 Carpio, Emely	28 FAC-VA	1:31.59
	42.18	1:31.59

**Women 25-29 200 SC Meter IM**

**WORLD:** 2:17.17 W 4/23/06 HITOMI MATSUDA  
**NATL:** 2:21.79 N 12/12/98 WENKE HANSEN  
**VA:** 2:25.63 V 3/5/16 Denise Letendre

1 Maciejczyk, Monique	26 UC12-VA	2:50.74
	32.90	1:19.38
	2:08.10	2:50.74
2 Shepard, Megan	28 VMST-VA	3:52.72
	53.20	1:53.28
	3:02.01	3:52.72

**Women 30-34 50 SC Meter Freestyle**

**WORLD:** 25.17 W 11/29/14 S.KNIAGININA  
**NATL:** 25.69 N 11/10/12 ERIKA ERNDL  
**VA:** 28.37 V 1/1/95 Beth Scheimann

1 Letendre, Denise	30 VMST-VA	29.08
--------------------	------------	-------

**Women 30-34 400 SC Meter Freestyle**

**WORLD:** 4:14.56 W 10/28/17 SOPHIE CASSON  
**NATL:** 4:17.82 N 12/4/11 DAWN HECKMAN  
**VA:** 4:54.54 V 11/5/11 Maura Bolger

1 Wittsack, Hayley	33 1693-VA	5:39.23
	35.83	1:15.18
	1:57.46	2:41.63
	3:26.25	4:11.29
	4:56.15	5:39.23

**Women 30-34 50 SC Meter Backstroke**

**WORLD:** 27.43 W 4/19/09 MAI NAKAMURA  
**NATL:** 27.61 N 11/21/09 NORIKO INADA  
**VA:** 34.19 V 1/1/95 Beth O'Connor

1 Wittsack, Hayley	33 1693-VA	37.27
--------------------	------------	-------

**Women 30-34 200 SC Meter Butterfly**

**WORLD:** 2:13.09 W 5/25/08 HITOMI MATSUDA  
**NATL:** 2:19.34 N 10/5/03 KATRINA RADKE  
**VA:** 2:29.28 V 11/5/11 Maura Bolger

1 Letendre, Denise	30 VMST-VA	2:31.69
	33.92	1:12.34
	1:51.87	2:31.69
2 Greene, Shannon	33 1693-VA	2:45.23
	36.83	1:19.17
	2:01.43	2:45.23

**Virginia Masters Swim Meet  
Results - Nov 3, 2018**

**Women 30-34 200 SC Meter IM**

**WORLD: 2:13.41 W 11/14/09 HITOMI MATSUDA**  
**NATL: 2:18.79 N 12/7/96 K PIPES-NEILSEN**  
**VA: 2:27.86 V 3/3/18 Denise Letendre**

1	Greene, Shannon	33	1693-VA	2:46.27
		34.62	1:18.65	2:08.15
				2:46.27
2	Wittsack, Hayley	33	1693-VA	2:49.86
		35.98	1:18.89	2:08.35
				2:49.86

**Women 30-34 400 SC Meter IM**

**WORLD: 4:45.07 W 4/17/10 HITOMI MATSUDA**  
**NATL: 4:53.85 N 12/15/96 K PIPES-NEILSEN**  
**VA: 5:18.55 V 11/5/11 Maura Bolger**

1	Letendre, Denise	30	VMST-VA	5:18.02V
		33.33	1:11.72	1:53.45
				2:34.26
		3:18.87	4:04.16	4:41.36
				5:18.02

**Women 35-39 400 SC Meter Freestyle**

**WORLD: 4:22.56 W 12/12/99 K.PIPES-NEILSEN**  
**NATL: 4:22.56 N 12/12/99 K PIPES-NEILSEN**  
**VA: 4:40.72 V 12/9/00 Kelly Parker**

1	Robbins, Emily	39	NERD-VA	6:25.01
		39.96	1:24.52	2:11.97
				3:01.74
		3:52.82	4:43.42	5:33.86
				6:25.01

**Women 35-39 50 SC Meter Butterfly**

**WORLD: 27.45 W 11/1/15 NORIKO INADA**  
**NATL: 27.45 N 11/1/15 NORIKO INADA**  
**VA: 29.69 V 4/16/00 Beth Baker**

1	Robbins, Emily	39	NERD-VA	36.36
---	----------------	----	---------	-------

**Women 40-44 50 SC Meter Freestyle**

**WORLD: 26.02 W 12/14/14 ERIKA BRAUN**  
**NATL: 26.02 N 12/14/14 ERIKA BRAUN**  
**VA: 27.61 V 4/6/02 Beth Baker**

1	Grier, Katie	40	1693-VA	27.96
2	Lovett, Lindsay	40	1693-VA	39.29

**Women 40-44 50 SC Meter Backstroke**

**WORLD: 28.86 W 1/14/17 R.JOHANNA LUOTO**  
**NATL: 30.02 N 10/14/12 SHERI HART**  
**VA: 32.49 V 12/8/01 Beth Baker**

1	Grier, Katie	40	1693-VA	33.59
2	Lovett, Lindsay	40	1693-VA	48.33

**Women 40-44 50 SC Meter Butterfly**

**WORLD: 28.19 W 3/16/13 ERIKA BRAUN**  
**NATL: 28.19 N 3/16/13 ERIKA BRAUN**  
**VA: 29.68 V 3/31/01 Beth Baker**

1	Grier, Katie	40	1693-VA	31.71
---	--------------	----	---------	-------

**Women 50-54 50 SC Meter Freestyle**

**WORLD: 26.27 W 3/27/15 M.THERESE FUZZATI**  
**NATL: 27.67 N 3/15/14 SUE WALSH**  
**VA: 29.71 V 12/11/09 Lisa Bennett**

1	Sexauer, Brook	54	VMST-VA	39.45
---	----------------	----	---------	-------

**Women 50-54 1500 SC Meter Freestyle**

**WORLD:17:49.23 W 3/2/13 LYNN MARSHALL**  
**NATL:17:51.33 N 12/4/09 S HEIM-BOWEN**  
**VA:18:56.50 V 5/20/11 Kelly Parker Palace**

1	Sexauer, Brook	54	VMST-VA	28:15.96
		43.28	1:31.62	2:24.86
				3:23.15
		4:23.13	5:24.68	6:28.50
				7:29.96
		8:31.23	9:35.43	10:35.85
				11:36.56
		12:34.83	13:33.66	14:31.14
				15:30.00
		16:26.17	17:22.28	18:18.49
				19:13.59
		20:08.37	21:03.96	21:58.47
				22:53.87
		23:47.75	24:42.01	25:36.25
				26:30.29
		27:24.28	28:15.96	

**Women 50-54 50 SC Meter Butterfly**

**WORLD: 29.25 W 3/16/13 LESLIE LIVINGSTON**  
**NATL: 29.25 N 3/16/13 LESLIE LIVINGSTON**  
**VA: 32.87 V 12/11/09 Lisa Bennett**

1	Sexauer, Brook	54	VMST-VA	45.55
---	----------------	----	---------	-------

**Women 55-59 50 SC Meter Freestyle**

**WORLD: 27.81 W 3/5/16 LESLIE LIVINGSTON**  
**NATL: 27.81 N 3/5/16 LESLIE LIVINGSTON**  
**VA: 31.21 V 11/12/16 Kelly Parker Palace**

1	Dickens, Susan	57	VMST-VA	37.33
2	Pellegrin, Katharina	55	NERD-VA	43.80

**Women 55-59 100 SC Meter Freestyle**

**WORLD: 1:00.61 W 1/20/17 KARLYN PIPES**  
**NATL: 1:00.61 N 1/20/17 KARLYN PIPES**  
**VA: 1:05.96 V 11/12/16 Kelly Parker Palace**

1	Pellegrin, Katharina	55	NERD-VA	1:49.99
---	----------------------	----	---------	---------

**Women 55-59 200 SC Meter Freestyle**

**WORLD: 2:13.58 W 2/28/16 LYNN MARSHALL**  
**NATL: 2:13.89 N 4/22/17 KARLYN PIPES**  
**VA: 2:18.32 V 11/12/16 Kelly Parker Palace**

1	Dickens, Susan	57	VMST-VA	3:02.99
		41.17	1:26.60	2:14.15
				3:02.99
2	Schirmer, Jenny	59	TIDE-VA	3:48.93
		53.43	1:52.29	2:53.69
				3:48.93
3	Pellegrin, Katharina	55	NERD-VA	3:56.93
		50.75	1:50.89	2:53.63
				3:56.93

**Women 55-59 400 SC Meter Freestyle**

**WORLD: 4:37.35 W 1/23/16 LYNN MARSHALL**  
**NATL: 4:42.97 N 10/4/09 LAURA VAL**  
**VA: 4:56.22 V 11/12/16 Kelly Parker Palace**

1	Speer, Nancy	56	VMST-VA	5:53.47
		41.88	1:26.82	2:12.05
				2:56.35
		3:40.85	4:25.35	5:09.94
				5:53.47
2	Schirmer, Jenny	59	TIDE-VA	8:04.85
		55.72	1:56.46	2:58.18
				4:01.94
		5:04.28	6:06.36	7:07.91
				8:04.85
3	Pellegrin, Katharina	55	NERD-VA	8:44.17
		51.38	1:53.80	2:58.35
				4:07.64
		5:16.74	6:28.85	7:38.32
				8:44.17

**Virginia Masters Swim Meet  
Results - Nov 3, 2018**

**Women 55-59 800 SC Meter Freestyle**

**WORLD: 9:32.63 W 4/23/17 LYNN MARSHALL**  
**NATL: 9:46.35 N 10/13/18 JILL HERNANDEZ**  
**VA:10:03.33 V 11/12/16 Kelly Parker Palace**

1 Dickens, Susan	57 VMST-VA	13:28.87
42.86	1:32.79	2:24.40 3:16.14
4:07.01	4:58.66	5:50.06 6:41.73
7:33.21	8:24.82	9:16.83 10:08.17
10:59.15	11:49.80	12:40.37 13:28.87

**Women 55-59 100 SC Meter Backstroke**

**WORLD: 1:08.33 W 1/20/17 KARLYN PIPES**  
**NATL: 1:08.33 N 1/20/17 KARLYN PIPES**  
**VA: 1:21.72 V 3/3/18 Marie Restrepo**

1 Zhang, Ying	55 UC12-VA	1:24.03
41.74	1:24.03	

**Women 55-59 200 SC Meter Backstroke**

**WORLD: 2:29.22 W 1/22/17 KARLYN PIPES**  
**NATL: 2:29.22 N 1/22/17 KARLYN PIPES**  
**VA: 2:50.00 V 11/5/16 Kelly Parker Palace**

1 Zhang, Ying	55 UC12-VA	2:59.72
42.53	1:28.95	2:15.59 2:59.72

**Women 55-59 50 SC Meter Breaststroke**

**WORLD: 35.15 W 4/9/17 MONICA CORO**  
**NATL: 36.47 N 11/5/17 CAROLINE KRATTLI**  
**VA: 40.49 V 11/5/11 Lisa Bennett**

1 Zhang, Ying	55 UC12-VA	44.45
---------------	------------	-------

**Women 55-59 100 SC Meter Breaststroke**

**WORLD: 1:18.01 W 4/9/17 MONICA CORO**  
**NATL: 1:21.18 N 11/18/17 CAROLINE KRATTLI**  
**VA: 1:28.43 V 11/5/11 Lisa Bennett**

1 Zhang, Ying	55 UC12-VA	1:36.89
45.27	1:36.89	
2 Speer, Nancy	56 VMST-VA	1:40.19
47.87	1:40.19	

**Women 55-59 100 SC Meter IM**

**WORLD: 1:09.08 W 1/21/17 KARLYN PIPES**  
**NATL: 1:09.08 N 1/21/17 KARLYN PIPES**  
**VA: 1:21.01 V 11/12/16 Kelly Parker Palace**

1 Zhang, Ying	55 UC12-VA	1:23.67
38.48	1:23.67	
2 Dickens, Susan	57 VMST-VA	1:38.53
46.97	1:38.53	

**Women 60-64 50 SC Meter Breaststroke**

**WORLD: 37.08 W 5/26/18 JENNY WHITELEY**  
**NATL: 38.87 N 12/4/16 COLETTE CRABBE**  
**VA: 44.95 V 11/18/12 Shirley Loftus-Charley**

1 Cobb, Dianne	63 TIDE-VA	53.02
----------------	------------	-------

**Women 65-69 50 SC Meter Freestyle**

**WORLD: 29.30 W 11/19/16 LAURA VAL**  
**NATL: 29.30 N 11/19/16 LAURA VAL**  
**VA: 34.07 V 3/21/09 Beth Schreiner**

1 Luchsinger, Donna	67 VMST-VA	48.89
---------------------	------------	-------

**Women 65-69 1500 SC Meter Freestyle**

**WORLD:20:21.61 W 1/30/16 LAURA VAL**  
**NATL:20:21.61 N 1/30/16 LAURA VAL**  
**VA:20:37.63 V 7/21/16 Shirley Loftus-Charley**

1 Loftus-Charley, Shirley	67 VMST-VA	21:08.67
39.37	1:21.66	2:03.90 2:46.41
3:28.90	4:11.36	4:54.03 5:36.30
6:18.82	7:01.39	7:44.37 8:26.99
9:09.35	9:51.69	10:34.11 11:16.24
11:58.64	12:40.69	13:22.88 14:05.59
14:47.97	15:30.47	16:13.03 16:55.22
17:37.69	18:19.91	19:02.45 19:44.80
20:27.25	21:08.67	

**Women 65-69 50 SC Meter Backstroke**

**WORLD: 33.99 W 12/3/17 LAURA VAL**  
**NATL: 33.99 N 12/3/17 LAURA VAL**  
**VA: 41.31 V 11/2/13 Marcia Barry**

1 Luchsinger, Donna	67 VMST-VA	53.51
---------------------	------------	-------

**Women 65-69 100 SC Meter Backstroke**

**WORLD: 1:14.35 W 12/2/17 LAURA VAL**  
**NATL: 1:14.35 N 12/2/17 LAURA VAL**  
**VA: 1:28.20 V 12/3/16 Shirley Loftus-Charley**

1 Loftus-Charley, Shirley	67 VMST-VA	1:32.53
45.29	1:32.53	

**Women 65-69 200 SC Meter Backstroke**

**WORLD: 2:42.87 W 12/1/17 LAURA VAL**  
**NATL: 2:42.87 N 12/1/17 LAURA VAL**  
**VA: 3:06.96 V 7/21/16 Shirley Loftus-Charley**

1 Loftus-Charley, Shirley	67 VMST-VA	3:09.61
45.65	1:33.00	2:20.90 3:09.61

**Women 65-69 100 SC Meter Breaststroke**

**WORLD: 1:28.73 W 1/24/10 NOBUKO YASUDA**  
**NATL: 1:30.81 N 11/19/16 CHARLOTTE DAVIS**  
**VA: 1:32.37 V 3/20/04 Joann Leilich**

1 Boslego, Barbara	67 VMST-VA	1:50.29
53.70	1:50.29	

**Women 65-69 100 SC Meter Butterfly**

**WORLD: 1:15.40 W 11/20/16 LAURA VAL**  
**NATL: 1:15.40 N 11/20/16 LAURA VAL**  
**VA: 1:25.68 V 7/21/16 Shirley Loftus-Charley**

1 Loftus-Charley, Shirley	67 VMST-VA	1:29.77
41.50	1:29.77	

**Women 65-69 100 SC Meter IM**

**WORLD: 1:16.67 W 11/19/16 LAURA VAL**  
**NATL: 1:16.67 N 11/19/16 LAURA VAL**  
**VA: 1:28.00 V 1/17/16 Shirley Loftus-Charley**

1 Loftus-Charley, Shirley	67 VMST-VA	1:29.38
42.17	1:29.38	

**Virginia Masters Swim Meet  
Results - Nov 3, 2018**

**Women 65-69 400 SC Meter IM**

**WORLD: 5:55.00 W 9/18/16 LAURA VAL**  
**NATL: 5:55.00 N 9/18/16 LAURA VAL**  
**VA: 6:16.30 V 7/21/16 Shirley Loftus-Charley**

1 Loftus-Charley, Shirley 67 VMST-VA 6:27.32  
 42.28 1:31.80 2:22.08 3:11.95  
 4:06.37 5:03.03 5:45.82 6:27.32

**Women 70-74 200 SC Meter Freestyle**

**WORLD: 2:43.60 W 11/20/16 DIANN UUSTAL**  
**NATL: 2:43.60 N 11/20/16 DIANN UUSTAL**  
**VA: 3:08.87 V 3/19/11 Beth Schreiner**

1 Barry, Marcia 70 VMST-VA 2:58.56V  
 42.32 1:27.88 2:13.90 2:58.56

**Women 70-74 1500 SC Meter Freestyle**

**WORLD:23:54.74 W 11/28/04 JANE ASHER**  
**NATL:23:58.11 N 1/19/13 JACKIE MARR**  
**VA:28:08.35 V 10/29/11 Betsy Durrant**

1 Barry, Marcia 70 VMST-VA 23:39.90W  
 42.40 1:27.71 2:14.07 3:01.11  
 3:48.36 4:35.31 5:22.66 6:10.11  
 6:57.74 7:45.82 8:33.03 9:20.46  
 10:07.92 10:55.81 11:43.48 12:31.46  
 13:19.72 14:07.52 14:55.41 15:43.31  
 16:30.92 17:18.90 18:06.66 18:54.57  
 19:42.64 20:30.26 21:18.35 22:06.56  
 22:54.24 23:39.90

**Women 70-74 50 SC Meter Backstroke**

**WORLD: 37.50 W 3/21/15 MARGIT OHLSSON**  
**NATL: 38.21 N 12/11/16 DIANN UUSTAL**  
**VA: 46.29 V 12/4/11 Beth Schreiner**

1 Barry, Marcia 70 VMST-VA 45.69V

**Women 70-74 100 SC Meter Backstroke**

**WORLD: 1:22.15 W 3/22/15 MARGIT OHLSSON**  
**NATL: 1:22.75 N 12/11/16 DIANN UUSTAL**  
**VA: 1:40.93 V 11/18/12 Beth Schreiner**

1 Barry, Marcia 70 VMST-VA 1:40.17V  
 50.02 1:40.17

**Women 70-74 200 SC Meter Backstroke**

**WORLD: 3:04.82 W 10/28/17 DIANN UUSTAL**  
**NATL: 3:04.82 N 10/28/17 DIANN UUSTAL**  
**VA: 3:57.27 V 12/13/09 Laura Walker**

1 Barry, Marcia 70 VMST-VA 3:25.89V  
 50.33 1:42.49 2:34.77 3:25.89

**Women 75-79 50 SC Meter Backstroke**

**WORLD: 40.74 W 2/17/18 E.KETELSEN**  
**NATL: 44.76 N 11/7/99 DORIS STEADMAN**  
**VA: 49.94 V 3/3/18 Beth Schreiner**

1 Hanna, Sandra 78 VMST-VA 1:16.21  
 2 Stott, Ellen 78 UC12-VA 2:05.59

**Women 75-79 100 SC Meter Backstroke**

**WORLD: 1:29.04 W 3/10/18 E.KETELSEN**  
**NATL: 1:36.90 N 3/19/11 NANCY BROWN**  
**VA: 1:56.61 V 11/3/12 Laura Walker**

1 Steiner, Arlien 76 VMST-VA 2:42.62  
 1:20.97 2:42.62

**Women 75-79 50 SC Meter Breaststroke**

**WORLD: 43.79 W 2/14/10 SHOKO YONEZAWA**  
**NATL: 46.20 N 3/15/14 JOANN LEILICH**  
**VA: 51.86 V 3/19/11 Johnnie Detrick**

1 Marens, Susan 76 VMST-VA 1:02.22  
 2 Stott, Ellen 78 UC12-VA 1:50.33

**Women 75-79 200 SC Meter Breaststroke**

**WORLD: 3:33.03 W 4/17/10 SHOKO YONEZAWA**  
**NATL: 3:36.56 N 3/15/14 JOANN LEILICH**  
**VA: 4:09.87 V 11/6/10 Johnnie Detrick**

1 Marens, Susan 76 VMST-VA 4:55.31  
 1:09.44 2:25.68 3:42.66 4:55.31

**Women 75-79 100 SC Meter IM**

**WORLD: 1:31.38 W 5/26/13 YOSHIKO OSAKI**  
**NATL: 1:38.11 N 12/12/04 GAIL ROPER**  
**VA: 1:48.05 V 3/19/11 Johnnie Detrick**

1 Marens, Susan 76 VMST-VA 2:17.15  
 1:08.57 2:17.15  
 2 Steiner, Arlien 76 VMST-VA 3:03.73  
 1:28.03 3:03.73

**Women 75-79 200 SC Meter IM**

**WORLD: 3:22.23 W 5/26/13 YOSHIKO OSAKI**  
**NATL: 3:37.24 N 12/11/05 GAIL ROPER**  
**VA: 4:06.34 V 5/12/12 Johnnie Detrick**

1 Steiner, Arlien 76 VMST-VA 6:39.63  
 1:30.05 3:19.83 5:09.65 6:39.63

**Women 80-84 50 SC Meter Backstroke**

**WORLD: 44.82 W 4/1/18 YOSHIKO OSAKI**  
**NATL: 50.03 N 10/13/02 MARGERY MEYER**  
**VA: 59.80 V 11/4/17 Laura Walker**

1 Walker, Laura 81 VMST-VA 58.20V

**Women 80-84 100 SC Meter Backstroke**

**WORLD: 1:44.88 W 4/10/11 JANE ASHER**  
**NATL: 1:50.61 N 12/1/07 BETTY LORENZI**  
**VA: 2:04.88 V 11/4/17 Laura Walker**

1 Walker, Laura 81 VMST-VA 2:02.35V  
 59.90 2:02.35

**Women 80-84 200 SC Meter Backstroke**

**WORLD: 3:42.88 W 7/17/11 JANE ASHER**  
**NATL: 3:59.15 N 11/22/09 NANCY KINNEY**  
**VA: 4:28.45 V 11/4/17 Laura Walker**

1 Walker, Laura 81 VMST-VA 4:28.66  
 1:04.61 2:12.92 3:22.55 4:28.66

**Virginia Masters Swim Meet**  
**Results - Nov 3, 2018**

**Women 90-94 100 SC Meter Freestyle**

**WORLD: 1:58.28 W 3/9/13** OLGA KOKORINA  
**NATL: 2:02.14 N 11/5/17** JEAN TROY  
**VA: 2:22.27 V 10/5/16** Miriam Tuovila

1 Meredith, Jeanne 90 VMST-VA 2:38.45  
1:17.86 2:38.45

**Women 90-94 200 SC Meter Freestyle**

**WORLD: 4:24.90 W 11/8/08** RITA SIMONTON  
**NATL: 4:24.90 N 11/8/08** RITA SIMONTON  
**VA: 6:43.83 V 5/11/06** Marie Kelleher

1 Meredith, Jeanne 90 VMST-VA 5:35.92V  
1:16.37 2:43.05 4:10.74 5:35.92

**Women 90-94 50 SC Meter Backstroke**

**WORLD: 56.84 W 10/14/17** BETTY LORENZI  
**NATL: 56.84 N 10/14/17** BETTY LORENZI  
**VA: 1:25.39 V 11/2/13** Marianna Berkley

1 Meredith, Jeanne 90 VMST-VA 1:24.68V

**Men 18-24 50 SC Meter Freestyle**

**NATL: 21.38 N 12/11/05** NICK BRUNELLI  
**VA: 23.45 V 12/2/17** Kevin Mastracci

1 Henderson, James 24 1693-VA 25.24  
2 Yund, Samuel 23 1693-VA 26.96

**Men 18-24 200 SC Meter Freestyle**

**NATL: 1:47.32 N 12/11/05** NICK BRUNELLI  
**VA: 2:02.95 V 11/7/15** Christopher Scott

1 Camp, Cory 23 1693-VA 2:07.21  
27.96 59.15 1:32.29 2:07.21

**Men 18-24 50 SC Meter Backstroke**

**NATL: 25.38 N 3/17/12** JOSH HAFKIN  
**VA: 26.44 V 11/7/15** Sidney Glass

1 Henderson, James 24 1693-VA 28.27

**Men 18-24 100 SC Meter Backstroke**

**NATL: 51.91 N 10/29/11** EUGENE GODSOE  
**VA: 58.49 V 12/12/14** Sidney Glass

1 Henderson, James 24 1693-VA 1:02.79  
29.78 1:02.79  
2 Yund, Samuel 23 1693-VA 1:12.35  
34.85 1:12.35

**Men 18-24 100 SC Meter IM**

**NATL: 55.71 N 10/29/11** EUGENE GODSOE  
**VA: 59.80 V 12/12/14** Sidney Glass

1 Camp, Cory 23 1693-VA 1:00.30  
27.55 1:00.30

**Men 18-24 200 SC Meter IM**

**NATL: 2:00.32 N 12/11/05** NICK BRUNELLI  
**VA: 2:14.46 V 12/12/14** Sidney Glass

1 Camp, Cory 23 1693-VA 2:13.12V  
27.04 1:01.58 1:41.17 2:13.12

**Men 25-29 50 SC Meter Freestyle**

**WORLD: 21.37 W 11/15/14** CESAR CIELO  
**NATL: 21.37 N 11/15/14** CESAR CIELO  
**VA: 23.46 V 3/5/16** Kevin Gallagher

1 Verheul, Dirk 25 TIDE-VA 25.60

**Men 25-29 100 SC Meter Freestyle**

**WORLD: 47.43 W 11/16/14** CESAR CIELO  
**NATL: 47.43 N 11/16/14** CESAR CIELO  
**VA: 52.73 V 3/20/04** Troy Johnson

1 Verheul, Dirk 25 TIDE-VA 56.28  
27.15 56.28

**Men 25-29 50 SC Meter Backstroke**

**WORLD: 24.55 W 11/3/13** DARIAN TOWNSEND  
**NATL: 24.55 N 11/3/13** DARIAN TOWNSEND  
**VA: 27.49 V 11/5/11** Kevin Mukri

1 Wren, David 29 VMST-VA 27.63

**Men 25-29 100 SC Meter Backstroke**

**WORLD: 52.99 W 12/3/16** TONY COX  
**NATL: 52.99 N 12/3/16** TONY COX  
**VA: 59.23 V 8/29/15** Stephen Clendenin

1 Wren, David 29 VMST-VA 59.42  
28.57 59.42

**Men 25-29 50 SC Meter Butterfly**

**WORLD: 23.33 W 5/5/17** RYO ISHII  
**NATL: 23.53 N 10/14/18** TOWNSEND\BORGEN  
**VA: 25.61 V 2000** Neill Williams

1 Verheul, Dirk 25 TIDE-VA 28.10

**Men 25-29 100 SC Meter IM**

**WORLD: 53.47 W 11/3/13** DARIAN TOWNSEND  
**NATL: 53.47 N 11/3/13** DARIAN TOWNSEND  
**VA: 1:00.12 V 3/5/16** Kevin Gallagher

1 Walsh, Robert 29 NERD-VA 1:03.96  
29.44 1:03.96

**Men 30-34 400 SC Meter Freestyle**

**WORLD: 3:51.97 W 11/29/14** YURY UFIMTSEV  
**NATL: 3:57.47 N 10/4/09** TAMAS KEREKJARTO  
**VA: 4:20.47 V 3/15/14** Adam Barley

1 Tschohl, Nathan 34 NERD-VA 4:43.87  
32.14 1:06.05 1:40.84 2:16.54  
2:52.55 3:28.86 4:05.20 4:43.87

**Men 30-34 50 SC Meter Breaststroke**

**WORLD: 26.72 W 5/5/18** FELIPE LIMA  
**NATL: 28.01 N 12/7/08** JEFF COMMINGS  
**VA: 30.92 V 3/25/17** Warren Cieslak

1 Kata, Martin 30 NERD-VA 29.94V

**Men 30-34 50 SC Meter Butterfly**

**WORLD: 22.87 W 5/16/09** THOMAS RUPPRATH  
**NATL: 24.37 N 12/5/15** MILORAD CAVIC  
**VA: 25.96 V 12/2/17** Warren Cieslak

--- Tschohl, Nathan 34 NERD-VA DQ

**Men 30-34 100 SC Meter IM**

**WORLD: 53.28 W 11/13/16** DARIAN TOWNSEND  
**NATL: 53.28 N 11/13/16** DARIAN TOWNSEND  
**VA: 1:02.38 V 3/16/13** Adam Barley

1 Kata, Martin 30 NERD-VA 59.48V  
27.30 59.48

**Virginia Masters Swim Meet**  
**Results - Nov 3, 2018**

**Men 35-39 800 SC Meter Freestyle**

**WORLD: 8:16.19 W 12/6/09** ALEX KOSTICH  
**NATL: 8:16.19 N 12/6/09** ALEX KOSTICH  
**VA: 9:16.11 V 11/4/17** Adam Barley

1	Rodriguez, Jason	39	TIDE-VA	11:41.21
	37.15	1:18.81	2:02.11	2:45.67
	3:30.14	4:14.20	4:58.51	5:43.06
	6:28.00	7:13.21	7:58.16	8:43.74
	9:29.23	10:14.23	10:59.01	11:41.21

**Men 35-39 1500 SC Meter Freestyle**

**WORLD:15:56.57 W 12/4/09** ALEX KOSTICH  
**NATL:15:56.57 N 12/4/09** ALEX KOSTICH  
**VA:17:29.98 V 11/4/17** Adam Barley

1	Rodriguez, Jason	39	TIDE-VA	22:54.70
	38.70	1:19.27	2:01.77	2:44.30
	3:28.53	4:12.30	4:56.43	5:41.17
	6:26.35	7:56.89	8:42.71	9:29.28
	10:15.15	11:00.72	11:46.49	12:31.83
	13:17.02	14:03.11	14:48.28	15:33.54
	16:19.51	17:05.63	17:52.19	18:37.85
	19:23.22	20:09.46	20:55.18	21:41.13
	22:24.02	22:54.70		

**Men 35-39 200 SC Meter Breaststroke**

**WORLD: 2:15.42 W 3/16/14** KAZUYA KOIKE  
**NATL: 2:15.64 N 12/4/11** STEVE WEST  
**VA: 2:47.58 V 2000** Patrick Ryan

1	Robbins, Michael	38	NERD-VA	3:03.08
	38.96	1:25.07	2:12.94	3:03.08

**Men 35-39 100 SC Meter IM**

**WORLD: 56.36 W 12/2/12** GLENN COUNTS  
**NATL: 56.36 N 12/2/12** GLENN COUNTS  
**VA: 1:03.16 V 12/31/97** John Tudor

1	Robbins, Michael	38	NERD-VA	1:13.41
	32.43	1:13.41		
2	Harris, Samuel	36	NERD-VA	1:20.63
	35.04	1:20.63		

**Men 40-44 50 SC Meter Freestyle**

**WORLD: 22.75 W 5/8/16** HIDEAKI HARA  
**NATL: 23.13 N 8/15/13** BRIAN JACOBSON  
**VA: 24.40 V 1/1/97** John Tudor

1	Lovett, Michael	40	1693-VA	26.63
2	Maholchic, Adrian	41	1693-VA	26.81

**Men 40-44 100 SC Meter Freestyle**

**WORLD: 49.64 W 6/4/17** HIDEAKI HARA  
**NATL: 50.43 N 12/6/08** MICHAEL ROSS  
**VA: 53.97 V 1/1/97** John Tudor

1	Maholchic, Adrian	41	1693-VA	1:06.39
	33.63	1:06.39		

**Men 40-44 200 SC Meter Freestyle**

**WORLD: 1:50.08 W 12/6/08** MICHAEL ROSS  
**NATL: 1:50.08 N 12/6/08** MICHAEL ROSS  
**VA: 2:03.56 V 11/4/06** Chris Stevenson

1	Scharver, Christopher	42	VMST-VA	2:19.13
	30.05	1:04.06	1:41.02	2:19.13

**Men 40-44 400 SC Meter Freestyle**

**WORLD: 4:00.67 W 11/7/04** KAI DITZEL  
**NATL: 4:01.32 N 10/4/09** ERIK HOCHSTEIN  
**VA: 4:17.35 V 10/27/07** Chris Stevenson

1	Scharver, Christopher	42	VMST-VA	5:06.79
	32.15	1:07.48	1:44.65	2:23.95
	3:04.30	3:44.91	4:26.26	5:06.79
2	Ahlgren, Kyle	43	1693-VA	6:46.25
	47.05	1:37.36	2:28.67	3:20.00
	4:11.42	5:03.48	5:55.35	6:46.25

**Men 40-44 50 SC Meter Backstroke**

**WORLD: 25.53 W 12/12/09** MICHAEL ROSS  
**NATL: 25.53 N 12/12/09** MICHAEL ROSS  
**VA: 26.56 V 12/5/08** Chris Stevenson

1	Williams, Rich	43	1693-VA	32.89
---	----------------	----	---------	-------

**Men 40-44 50 SC Meter Breaststroke**

**WORLD: 28.22 W 11/12/16** JEFF COMMINGS  
**NATL: 28.22 N 11/12/16** JEFF COMMINGS  
**VA: 34.09 V 12/5/15** Rich Williams

1	Scharver, Christopher	42	VMST-VA	34.52
2	Williams, Rich	43	1693-VA	35.54

**Men 40-44 100 SC Meter Breaststroke**

**WORLD: 1:01.42 W 12/6/14** STEVE WEST  
**NATL: 1:01.42 N 12/6/14** STEVE WEST  
**VA: 1:10.64 V 12/5/08** Evan Davis

1	Scharver, Christopher	42	VMST-VA	1:16.47
	35.00	1:16.47		
2	Williams, Rich	43	1693-VA	1:19.75
	37.43	1:19.75		

**Men 40-44 50 SC Meter Butterfly**

**WORLD: 24.14 W 3/16/14** LARS FROLANDER  
**NATL: 24.91 N 12/6/08** MICHAEL ROSS  
**VA: 26.99 V 1/1/97** John Tudor

1	Lovett, Michael	40	1693-VA	28.90
2	Maholchic, Adrian	41	1693-VA	30.52

**Men 45-49 50 SC Meter Freestyle**

**WORLD: 23.29 W 5/7/16** JOAKIM HOLMQUIST  
**NATL: 23.58 N 11/13/16** SIPHIWE BALEKA  
**VA: 25.92 V 5/16/08** David Malsbury

1	Schneider, Chris	47	NERD-VA	28.70
---	------------------	----	---------	-------

**Men 45-49 100 SC Meter Freestyle**

**WORLD: 51.30 W 3/10/12** NICOLAS GRANGER  
**NATL: 52.54 N 12/2/07** PAUL SMITH  
**VA: 54.77 V 12/10/10** Chris Stevenson

1	Schneider, Chris	47	NERD-VA	1:04.46
	30.61	1:04.46		

**Men 45-49 200 SC Meter Freestyle**

**WORLD: 1:52.87 W 3/9/12** NICOLAS GRANGER  
**NATL: 1:56.00 N 12/2/07** PAUL SMITH  
**VA: 1:59.62 V 12/1/12** Chris Stevenson

1	Schneider, Chris	47	NERD-VA	2:25.53
	32.90	1:09.59	1:47.89	2:25.53

**Virginia Masters Swim Meet  
Results - Nov 3, 2018**

**Men 45-49 400 SC Meter Freestyle**

**WORLD: 4:03.10 W 4/18/15 FABIO CALMASINI**  
**NATL: 4:09.19 N 11/1/09 KEITH SWITZER**  
**VA: 4:16.19 V 12/1/12 Chris Stevenson**

1 Lynch, Ted	49	1693-VA	5:15.18
	34.17	1:12.54	1:52.36
	3:13.82	3:54.56	4:35.42
			5:15.18

**Men 50-54 50 SC Meter Freestyle**

**WORLD: 23.38 W 10/18/09 ROWDY GAINES**  
**NATL: 23.38 N 10/18/09 ROWDY GAINES**  
**VA: 25.47 V 11/7/15 Gregory Harris**

1 Vermaak, Paul	52	TIDE-VA	27.69
2 Clear, Kirk	51	VMST-VA	28.74

**Men 50-54 400 SC Meter Freestyle**

**WORLD: 4:04.48 W 1/29/17 NICHOLAS GRANGER**  
**NATL: 4:07.99 N 12/10/00 JIM MCCONICA**  
**VA: 4:48.43 V 11/8/08 Jim McFarland**

1 Shea, Mark	54	SHYM-VA	5:39.39
	37.42	1:17.10	1:58.70
	3:26.25	4:10.79	4:55.18
			5:39.39

**Men 50-54 800 SC Meter Freestyle**

**WORLD: 8:36.30 W 2/17/18 FABIO CALMASINI**  
**NATL: 8:44.51 N 12/10/00 JIM MCCONICA**  
**VA:10:14.13 V 11/8/08 Jim McFarland**

1 Shea, Mark	54	SHYM-VA	11:30.04
	39.17	1:20.38	2:02.61
	3:28.33	4:11.63	4:56.27
	6:24.04	7:07.83	7:53.25
	9:21.28	10:05.03	10:48.82
			11:30.04

**Men 50-54 50 SC Meter Backstroke**

**WORLD: 26.69 W 10/24/15 FRITZ BEDFORD**  
**NATL: 26.69 N 10/24/15 FRITZ BEDFORD**  
**VA: 30.90 V 11/4/17 Kirk Clear**

1 Clear, Kirk	51	VMST-VA	33.02
---------------	----	---------	-------

**Men 50-54 50 SC Meter Butterfly**

**WORLD: 25.49 W 5/16/09 DAN THOMPSON**  
**NATL: 25.98 N 3/5/16 STEVE HILTABIDDLE**  
**VA: 28.98 V 11/7/15 Gregory Harris**

1 Vermaak, Paul	52	TIDE-VA	29.97
2 Clear, Kirk	51	VMST-VA	31.53

**Men 55-59 50 SC Meter Freestyle**

**WORLD: 24.51 W 4/19/15 BRENT BARNES**  
**NATL: 24.66 N 10/10/15 STEVE WOOD**  
**VA: 27.48 V 11/17/13 John Tudor**

1 Cowling, Frank	59	UC12-VA	31.60
--- Cortina, Jorge	59	TMAS-VA	DQ

**Men 55-59 200 SC Meter Freestyle**

**WORLD: 1:59.08 W 11/21/09 MICHAEL MANN**  
**NATL: 1:59.08 N 11/21/09 MICHAEL MANN**  
**VA: 2:20.30 V 3/15/14 Jim McFarland**

1 Cowling, Frank	59	UC12-VA	2:46.72
	36.24	1:18.70	2:04.02
			2:46.72

**Men 55-59 400 SC Meter Freestyle**

**WORLD: 4:16.03 W 11/22/09 MICHAEL MANN**  
**NATL: 4:16.03 N 11/22/09 MICHAEL MANN**  
**VA: 4:27.63 V 3/3/18 Len Gushe**

1 McLeod, Gregor	58	NERD-VA	5:31.78
	35.16	1:13.18	1:53.34
	3:17.74	4:01.93	4:47.12
			5:31.78

**Men 55-59 1500 SC Meter Freestyle**

**WORLD:17:14.15 W 10/2/05 JIM MCCONICA**  
**NATL:17:14.15 N 10/2/05 JIM MC CONICA**  
**VA:20:56.48 V 11/2/13 William Throne**

1 Cortina, Jorge	59	TMAS-VA	20:15.83V
	36.01	1:14.99	1:54.71
	3:14.92	3:55.09	4:35.91
	5:56.68	6:37.21	7:17.37
	8:37.66	9:18.19	9:58.70
	11:19.36	11:59.87	12:40.65
	14:02.34	14:44.17	15:25.78
	16:48.83	17:32.61	18:14.37
	19:37.53	20:15.83	

**Men 55-59 200 SC Meter Backstroke**

**WORLD: 2:15.79 W 12/5/14 JAMIE FOWLER**  
**NATL: 2:15.79 N 12/5/14 JAMIE FOWLER**  
**VA: 2:20.06 V 3/3/18 Len Gushe**

1 Harris, Gregory	55	VMST-VA	2:32.21
	34.88	1:12.92	1:53.33
			2:32.21

**Men 55-59 50 SC Meter Breaststroke**

**WORLD: 29.79 W 4/22/18 C.ARTURO TRAVAINI**  
**NATL: 30.37 N 12/17/16 DAVID GUTHRIE**  
**VA: 32.93 V 3/3/18 Gregory Harris**

1 Harris, Gregory	55	VMST-VA	32.13V
-------------------	----	---------	--------

**Men 55-59 50 SC Meter Butterfly**

**WORLD: 26.45 W 5/18/13 DAN THOMPSON**  
**NATL: 26.55 N 10/20/18 FRITZ BEDFORD**  
**VA: 32.15 V 11/3/12 David Russell**

1 Harris, Gregory	55	VMST-VA	29.61V
2 Malsbury, David	57	VMST-VA	31.80V
3 McLeod, Gregor	58	NERD-VA	32.21
4 Cortina, Jorge	59	TMAS-VA	32.49

**Men 55-59 100 SC Meter Butterfly**

**WORLD: 59.80 W 4/1/13 DAN THOMPSON**  
**NATL: 1:00.10 N 12/1/17 DAVID SIMS**  
**VA: 1:12.09 V 3/5/16 David Malsbury**

1 McLeod, Gregor	58	NERD-VA	1:13.27
	33.06	1:13.27	
2 Malsbury, David	57	VMST-VA	1:13.56
	34.01	1:13.56	

**Men 55-59 100 SC Meter IM**

**WORLD: 1:01.76 W 10/10/15 STEVE WOOD**  
**NATL: 1:01.76 N 10/10/15 STEVE WOOD**  
**VA: 1:04.09 V 3/3/18 Gregory Harris**

1 Harris, Gregory	55	VMST-VA	1:07.52
	31.83	1:07.52	

## Virginia Masters Swim Meet

Results - Nov 3, 2018

**(Men 55-59 100 SC Meter IM)**

2 Malsbury, David 57 VMST-VA 1:14.16  
34.02 1:14.16

**Men 55-59 200 SC Meter IM**

**WORLD: 2:16.44 W 11/22/09 MICHAEL MANN**  
**NATL: 2:16.44 N 11/22/09 MICHAEL MANN**  
**VA: 2:45.25 V 11/5/16 Jorge Cortina**

1 Malsbury, David 57 VMST-VA 2:46.55  
35.34 1:18.95 2:07.44 2:46.55

**Men 60-64 50 SC Meter Freestyle**

**WORLD: 24.90 W 12/3/06 RICH ABRAHAMS**  
**NATL: 24.90 N 12/3/06 RICHARD ABRAHAMS**  
**VA: 28.34 V 11/6/10 Scott Kauffman**

1 Slater, Douglas 61 1693-VA 28.89  
2 Moore, Jonathan 60 NERD-VA 31.31  
3 Radam, Robert 62 NERD-VA 33.27  
4 McFarland, Jim 60 VMST-VA 33.91

**Men 60-64 400 SC Meter Freestyle**

**WORLD: 4:29.92 W 12/2/17 DAN STEPHENSON**  
**NATL: 4:29.92 N 12/2/17 DAN STEPHENSON**  
**VA: 4:43.69 V 5/23/05 John Calvert**

1 Saks, Mitch 60 VMST-VA 5:50.94  
41.55 1:25.17 2:09.95 2:54.45  
3:39.08 4:23.50 5:07.81 5:50.94

**Men 60-64 1500 SC Meter Freestyle**

**WORLD:18:07.65 W 1/28/17 BRUCE THOMAS**  
**NATL:18:07.65 N 1/28/17 BRUCE THOMAS**  
**VA:21:06.39 V 11/5/16 William Throne**

1 McFarland, Jim 60 VMST-VA 21:34.62  
39.53 1:21.99 2:04.44 2:46.80  
3:29.42 4:11.76 4:53.91 5:36.42  
6:18.84 7:02.06 7:45.28 8:28.27  
9:12.38 9:59.23 10:44.72 11:29.78  
12:13.40 12:57.19 13:41.83 14:25.26  
15:08.42 15:53.06 16:36.30 17:19.37  
18:02.31 18:45.12 19:27.78 20:10.29  
20:52.71 21:34.62  
2 Saks, Mitch 60 VMST-VA 22:36.90  
40.82 1:24.25 2:09.52 2:55.96  
3:42.09 4:27.77 5:13.28 5:58.50  
6:44.66 7:29.82 8:16.10 9:02.28  
9:48.02 10:33.10 11:18.69 12:03.93  
12:49.42 13:35.43 14:20.53 15:05.78  
15:51.65 16:37.17 17:22.32 18:07.18  
18:52.96 19:38.18 20:23.42 21:08.38  
21:53.39 22:36.90

**Men 60-64 50 SC Meter Backstroke**

**WORLD: 29.64 W 3/29/14 PHILIPP DJANG**  
**NATL: 29.64 N 3/29/14 PHILIPP DJANG**  
**VA: 35.03 V 5/11/06 William Bacon**

1 Slater, Douglas 61 1693-VA 33.91V  
2 Murray, Keith 60 VMST-VA 42.64  
3 Stone, Bryan 62 VMST-VA 46.11  
4 Mickunas, Vic 62 VMST-VA 47.24

5 Hutton, Larry 62 LTAM-VA 56.60

**Men 60-64 100 SC Meter Backstroke**

**WORLD: 1:04.13 W 11/13/16 TOM BARTON**  
**NATL: 1:04.13 N 11/13/16 TOM BARTON**  
**VA: 1:19.23 V 5/11/06 William Bacon**

1 Slater, Douglas 61 1693-VA 1:15.84V  
36.26 1:15.84  
2 Stone, Bryan 62 VMST-VA 1:42.30  
49.69 1:42.30  
3 Mickunas, Vic 62 VMST-VA 1:46.27  
52.73 1:46.27

**Men 60-64 200 SC Meter Backstroke**

**WORLD: 2:20.38 W 11/12/16 TOM BARTON**  
**NATL: 2:20.38 N 11/12/16 TOM BARTON**  
**VA: 2:30.96 V 5/23/05 John Calvert**

1 Swiger, Ralph 62 VMST-VA 4:20.54  
1:03.29 2:09.05 3:15.08 4:20.54

**Men 60-64 50 SC Meter Breaststroke**

**WORLD: 31.51 W 11/21/15 RICK COLELLA**  
**NATL: 31.51 N 11/21/15 RICK COLELLA**  
**VA: 38.56 V 11/27/06 Warner Brundage**

1 Murray, Keith 60 VMST-VA 41.56  
2 Mickunas, Vic 62 VMST-VA 49.89

**Men 60-64 100 SC Meter Breaststroke**

**WORLD: 1:09.92 W 11/21/15 RICK COLELLA**  
**NATL: 1:09.92 N 11/21/15 RICK COLELLA**  
**VA: 1:25.88 V 11/27/06 Warner Brundage**

1 Murray, Keith 60 VMST-VA 1:34.94  
44.25 1:34.94  
2 Stone, Bryan 62 VMST-VA 1:46.77  
50.46 1:46.77  
3 Mickunas, Vic 62 VMST-VA 1:51.38  
53.71 1:51.38

**Men 60-64 200 SC Meter Breaststroke**

**WORLD: 2:37.61 W 11/13/11 RICK COLELLA**  
**NATL: 2:37.61 N 11/13/11 RICK COLELLA**  
**VA: 3:08.22 V 11/27/06 Warner Brundage**

1 Swiger, Ralph 62 VMST-VA 4:15.65  
1:03.78 2:11.70 3:17.62 4:15.65

**Men 60-64 50 SC Meter Butterfly**

**WORLD: 26.78 W 5/13/17 DAN THOMPSON**  
**NATL: 27.53 N 10/25/14 DONALD GRAHAM**  
**VA: 31.48 V 11/6/10 Scott Kauffman**

1 Stone, Bryan 62 VMST-VA 47.87  
2 Swiger, Ralph 62 VMST-VA 55.46

**Men 60-64 100 SC Meter Butterfly**

**WORLD: 1:00.20 W 5/23/16 DAN THOMPSON**  
**NATL: 1:03.76 N 12/3/06 RICH ABRAHAMS**  
**VA: 1:14.55 V 3/17/12 John Mccorkle**

1 Swiger, Ralph 62 VMST-VA 2:18.87  
1:06.49 2:18.87



**Virginia Masters Swim Meet  
Results - Nov 3, 2018**

**Men 60-64 100 SC Meter IM**

**WORLD: 1:04.23 W 3/21/15 RICK COLELLA**  
**NATL: 1:04.23 N 3/21/15 RICK COLELLA**  
**VA: 1:20.41 V 11/27/06 Warner Brundage**

1 Slater, Douglas	61 1693-VA	1:15.21V	
	34.37	1:15.21	
2 Radam, Robert	62 NERD-VA	1:28.78	
	39.57	1:28.78	

**Men 60-64 200 SC Meter IM**

**WORLD: 2:19.96 W 3/21/15 RICK COLELLA**  
**NATL: 2:19.96 N 3/21/15 RICK COLELLA**  
**VA: 2:30.48 V 5/23/05 John Calvert**

1 Slater, Douglas	61 1693-VA	2:43.81	
	33.37	1:14.48	2:02.97 2:43.81
2 Stone, Bryan	62 VMST-VA	3:46.93	
	51.20	1:47.08	2:54.15 3:46.93
3 Swiger, Ralph	62 VMST-VA	4:20.06	
	1:04.19	2:12.28	4:20.06

**Men 60-64 400 SC Meter IM**

**WORLD: 5:04.54 W 11/13/11 RICK COLELLA**  
**NATL: 5:04.54 N 11/13/11 RICK COLELLA**  
**VA: 6:03.63 V 12/2/16 William Throne**

1 Swiger, Ralph	62 VMST-VA	8:59.17	
	1:07.07	3:31.88	4:41.37
	5:51.66	7:03.89	8:03.30 8:59.17

**Men 65-69 50 SC Meter Freestyle**

**WORLD: 25.42 W 3/3/18 DOUG MARTIN**  
**NATL: 25.42 N 3/3/18 DOUG MARTIN**  
**VA: 30.15 V 11/4/17 Craig Bauer**

1 Nelson, Bill	65 VMST-VA	37.75	
----------------	------------	-------	--

**Men 65-69 100 SC Meter Freestyle**

**WORLD: 58.19 W 11/20/16 RICK COLELLA**  
**NATL: 58.19 N 11/20/16 RICK COLELLA**  
**VA: 1:07.84 V 11/4/17 Craig Bauer**

1 Nelson, Bill	65 VMST-VA	1:30.92	
	42.73	1:30.92	

**Men 65-69 1500 SC Meter Freestyle**

**WORLD:18:53.75 W 4/2/15 JIM MCCONICA**  
**NATL:18:53.75 N 4/2/15 JIM MC CONICA**  
**VA:29:14.10 V 11/2/13 Tsvi Katz-Hyman**

1 Burwell, Wes	65 SHYM-VA	27:07.53V	
	43.76	1:34.18	2:26.94 3:20.15
	4:14.05	5:07.67	6:02.39 6:56.13
	7:50.90	8:45.69	9:40.59 10:35.12
	11:29.00	12:25.11	13:19.80 14:15.80
	15:10.96	16:06.50	17:01.47 17:55.86
	18:52.32	19:47.38	20:43.50 21:38.91
	22:33.31	23:27.74	24:22.66 25:18.31
	26:13.15	27:07.53	

**Men 65-69 50 SC Meter Breaststroke**

**WORLD: 32.50 W 11/20/16 RICK COLELLA**  
**NATL: 32.50 N 11/20/16 RICK COLELLA**  
**VA: 40.15 V 11/4/17 Craig Bauer**

1 Nelson, Bill	65 VMST-VA	52.61	
----------------	------------	-------	--

**Men 70-74 50 SC Meter Freestyle**

**WORLD: 26.88 W 10/10/15 RICHARD ABRAHAMS**  
**NATL: 26.88 N 10/10/15 RICHARD ABRAHAMS**  
**VA: 34.80 V 11/2/13 Randy Wise**

1 Whiteway, Roger	72 VMST-VA	36.75	
2 Burke, Anthony	70 UC12-VA	42.58	

**Men 70-74 100 SC Meter Freestyle**

**WORLD: 1:01.70 W 5/17/15 RICHARD ABRAHAMS**  
**NATL: 1:01.70 N 5/17/15 RICHARD ABRAHAMS**  
**VA: 1:17.50 V 3/15/14 Warner Brundage**

1 Burke, Anthony	70 UC12-VA	1:37.15	
	45.98	1:37.15	

**Men 70-74 200 SC Meter Freestyle**

**WORLD: 2:21.49 W 2/4/18 DAN KIRKLAND**  
**NATL: 2:21.49 N 2/4/18 DAN KIRKLAND**  
**VA: 2:51.30 V 12/7/13 Warner Brundage**

1 Slaughter, James	73 VMST-VA	3:30.38	
	48.55	1:41.30	2:36.85 3:30.38

**Men 70-74 800 SC Meter Freestyle**

**WORLD:10:28.96 W 1/21/18 DAN KIRKLAND**  
**NATL:10:28.96 N 1/21/18 DAN KIRKLAND**  
**VA:14:20.70 V 7/21/16 James Slaughter**

1 Slaughter, James	73 VMST-VA	14:50.61	
	53.45	1:49.45	2:45.51 3:41.48
	4:38.11	5:34.55	6:30.49 7:27.19
	8:22.86	9:18.96	10:14.55 11:10.61
	12:05.82	13:01.38	13:56.73 14:50.61

**Men 70-74 50 SC Meter Backstroke**

**WORLD: 33.09 W 12/3/17 HUGH WILDER**  
**NATL: 33.09 N 12/3/17 HUGH WILDER**  
**VA: 45.43 V 2000 Forrest Sullivan**

1 Burke, Anthony	70 UC12-VA	53.27	
------------------	------------	-------	--

**Men 70-74 200 SC Meter Backstroke**

**WORLD: 2:38.01 W 12/6/13 RICHARD BURNS**  
**NATL: 2:38.01 N 12/6/13 RICHARD BURNS**  
**VA: 3:20.89 V 3/15/14 Warner Brundage**

1 Beall, L Clay	72 VMST-VA	3:57.50	
	1:55.61	2:57.56	3:57.50

**Men 70-74 50 SC Meter Breaststroke**

**WORLD: 35.53 W 4/10/16 DIETER HOFEL**  
**NATL: 35.97 N 3/6/16 ROBERT STRAND**  
**VA: 43.87 V 12/7/13 Terry Gernstein**

1 Whiteway, Roger	72 VMST-VA	49.94	
2 Slaughter, James	73 VMST-VA	50.45	
3 Burke, Anthony	70 UC12-VA	1:00.58	

**Men 70-74 100 SC Meter Breaststroke**

**WORLD: 1:19.04 W 5/21/16 DOUGLAS SPRINGER**  
**NATL: 1:19.04 N 5/21/16 DOUGLAS SPRINGER**  
**VA: 1:41.31 V 12/7/13 Terry Gernstein**

1 Whiteway, Roger	72 VMST-VA	1:51.74	
	52.87	1:51.74	
2 Slaughter, James	73 VMST-VA	1:58.31	
	57.95	1:58.31	

**Virginia Masters Swim Meet  
Results - Nov 3, 2018**

**Men 70-74 200 SC Meter Breaststroke**

**WORLD:** 2:55.87 W 3/5/16    **ROBERT STRAND**  
**NATL:** 2:55.87 N 3/5/16    **ROBERT STRAND**  
**VA:** 3:52.82 V 3/17/12    **Edward Gaulrapp**

1 Slaughter, James    73 VMST-VA    4:18.65  
1:02.02    2:10.72    3:17.40    4:18.65

**Men 70-74 50 SC Meter Butterfly**

**WORLD:** 29.52 W 10/11/15    **RICHARD ABRAHAMS**  
**NATL:** 29.52 N 10/11/15    **RICHARD ABRAHAMS**  
**VA:** 40.43 V 3/16/13    **Edward Gaulrapp**

1 Beall, L Clay    72 VMST-VA    51.10

**Men 70-74 100 SC Meter IM**

**WORLD:** 1:13.09 W 10/10/15    **RICHARD ABRAHAMS**  
**NATL:** 1:13.09 N 10/10/15    **RICHARD ABRAHAMS**  
**VA:** 1:28.82 V 12/7/13    **Warner Brundage**

1 Beall, L Clay    72 VMST-VA    1:47.16  
49.03    1:47.16

**Men 75-79 50 SC Meter Freestyle**

**WORLD:** 29.90 W 12/3/16    **MIKE FRESHLEY**  
**NATL:** 29.90 N 12/3/16    **MIKE FRESHLEY**  
**VA:** 37.41 V 5/8/10    **Owen Maher**

1 Ramaekers Jr., Frank    79 UC12-VA    1:19.88

**Men 75-79 200 SC Meter Freestyle**

**WORLD:** 2:27.53 W 4/18/09    **DAVID RADCLIFF**  
**NATL:** 2:27.53 N 4/18/09    **DAVID RADCLIFF**  
**VA:** 3:09.66 V 5/11/06    **Charles Erwin**

1 Brundage, Warner    75 VMST-VA    3:07.23V  
41.57    1:27.83    2:16.44    3:07.23  
2 Ramaekers Jr., Frank    79 UC12-VA    6:33.30  
3:13.54    6:33.30

**Men 75-79 200 SC Meter Backstroke**

**WORLD:** 2:49.20 W 11/22/09    **BURWELL JONES**  
**NATL:** 2:49.20 N 11/22/09    **BURWELL JONES**  
**VA:** 3:50.95 V 12/31/00    **Calvin Barnes**

1 Brundage, Warner    75 VMST-VA    3:29.44V  
49.44    1:42.10    2:36.88    3:29.44

**Men 75-79 50 SC Meter Breaststroke**

**WORLD:** 38.35 W 7/24/16    **MIKE FRESHLEY**  
**NATL:** 38.35 N 7/24/16    **MIKE FRESHLEY**  
**VA:** 46.13 V 9/30/17    **Terry Gernstein**

1 Brundage, Warner    75 VMST-VA    51.61

**Men 75-79 100 SC Meter IM**

**WORLD:** 1:17.58 W 7/23/16    **MIKE FRESHLEY**  
**NATL:** 1:17.58 N 7/23/16    **MIKE FRESHLEY**  
**VA:** 1:51.28 V 5/8/10    **Owen Maher**

1 Brundage, Warner    75 VMST-VA    1:41.49V  
48.96    1:41.49

**Men 80-84 50 SC Meter Freestyle**

**WORLD:** 31.25 W 12/2/17    **JEFF FARRELL**  
**NATL:** 31.25 N 12/2/17    **JEFF FARRELL**  
**VA:** 47.99 V 11/7/15    **Carl Russ**

1 Russ, Carl    83 VMST-VA    59.42

**Men 80-84 100 SC Meter Freestyle**

**WORLD:** 1:11.26 W 9/27/14    **DAVID RADCLIFF**  
**NATL:** 1:11.26 N 9/27/14    **DAVID RADCLIFF**  
**VA:** 1:52.78 V 11/4/06    **Calvin Barnes**

1 Russ, Carl    83 VMST-VA    2:19.03  
1:05.21    2:19.03

**Men 80-84 50 SC Meter Backstroke**

**WORLD:** 37.82 W 11/15/14    **YOSHI OYAKAWA**  
**NATL:** 37.82 N 11/15/14    **YOSHI OYAKAWA**  
**VA:** 50.71 V 5/13/04    **Calvin Barnes**

1 Russ, Carl    83 VMST-VA    1:04.45  
2 Newbury, Alfred    84 VMST-VA    1:13.70

**Men 80-84 100 SC Meter Backstroke**

**WORLD:** 1:23.24 W 11/11/17    **DAVID COSTILL**  
**NATL:** 1:23.24 N 11/11/17    **DAVID COSTILL**  
**VA:** 1:52.94 V 5/13/04    **Calvin Barnes**

1 Russ, Carl    83 VMST-VA    2:24.05  
1:09.03    2:24.05  
2 Newbury, Alfred    84 VMST-VA    2:28.64  
1:13.28    2:28.64

**Men 80-84 200 SC Meter Backstroke**

**WORLD:** 3:07.44 W 10/1/17    **DAVID COSTILL**  
**NATL:** 3:07.44 N 10/1/17    **DAVID COSTILL**  
**VA:** 4:00.35 V 11/4/06    **Calvin Barnes**

1 Newbury, Alfred    84 VMST-VA    5:05.42  
1:10.37    2:27.69    3:47.12    5:05.42

**Women 200-239 200 SC Meter Medley Relay**

**WORLD:** 2:09.45 W 3/2/18    **MASOR**    **-NOR**  
**L LOTHE, A SORESEN, J THORSTENSEN, B RIST**  
**NATL:** 2:13.25 N 11/7/15    **North Texas Lonestars**  
**S STONE, L MIZE, M REA, L MORRISON**  
**VA:** 2:47.30 V 11/5/16    **VMST**

**B Boslego, N Speer, L Ann Russell, S Dickens**

1 VMST-VA    A    2:43.80V  
1) Boslego, Barbara W67    2) Speer, Nancy W56  
3) Letendre, Denise W30    4) Dickens, Susan W57  
48.04    1:34.67    2:43.80

**Women 240-279 800 SC Meter Freestyle Relay**

**WORLD:** 10:25.22 W 11/8/15    **NORTH TEXAS MASTERS**  
**K HENDERSON, L MORRISON, H ERNST, J HIRSTY**  
**NATL:** 10:25.22 N 11/8/15    **North Texas Lonestars**  
**K HENDERSON, L MORRISON, H ERNST, J HIRSTY**

1 VMST-VA    B    11:41.12  
1) Loftus-Charley, Shirley W6'    2) Dickens, Susan W57  
3) Speer, Nancy W56    4) Barry, Marcia W70  
38.02    1:19.11    2:00.46    2:41.06  
3:21.84    4:08.86    4:58.54    5:47.54  
6:27.49    7:11.36    7:55.83    8:39.52  
9:21.83    10:08.08    10:55.08    11:41.12

**Virginia Masters Swim Meet  
Results - Nov 3, 2018**

**Women 280-319 400 SC Meter Medley Relay**  
**WORLD: 6:30.14 W 10/26/13 SPENCER SWIM TEAM -**  
**A GWYNN, M HITCHCOCK, D FORD, J HOWARD-JONES**  
**NATL: 6:32.56 N 3/4/17 OREGON MASTERS**

**J WARD, G PIERSON, J GETTLING, M ANNE ROYLE**  
**VA: 6:32.81 V 11/2/13 VMST**  
**M Barry, J Detrick, S Loftus-Charley, L Walker**  
 1 VMST-VA A 6:51.76  
 1) Walker, Laura W81 2) Boslego, Barbara W67  
 3) Loftus-Charley, Shirley W6 4) Barry, Marcia W70  
 1:00.66 2:02.91 2:55.57 3:53.76  
 4:37.46 5:25.72 6:07.31 6:51.76

**Women 320-359 200 SC Meter Medley Relay**  
**WORLD: 3:28.88 W 2/16/13 BIG YOKOHAMA -JPN**  
**S YONEZAWA, M KURATA, S WATANABE, M KAMOSHITA**  
**NATL: 4:09.65 N 10/15/11 WALNUT CREEK MASTERS**

**B OWENS, A HIRSCH, J ALEXANDER, D GERMOLUS**  
**VA: 4:51.05 V 11/4/17 VMST**  
**J Martin, J Averette, S Marens, J Meredith**  
 --- VMST-VA D DQ  
 1) Hanna, Sandra W78 2) Steiner, Arlien W76  
 3) Marens, Susan W76 4) Meredith, Jeanne W90  
 1:21.33 2:47.26 3:54.32 DQ

**Men 120-159 200 SC Meter Freestyle Relay**  
**WORLD: 1:31.65 W 8/14/16 THE STAR -JPN**  
**T FUKUI, J FUKUI, K MATSUNAGA, K TOGASHI**  
**NATL: 1:32.97 N 10/24/09 SOUTHERN CAL AQUATIC M**

**M CORNUE, M MCGINNIS, P FORD, D WEGNER**  
**VA: 1:53.54 V 2000 VMST**  
**Scott Rose, Mark Downey, Jim Brinkman, John Lowe**  
 1 TIDE-VA A 1:47.29V  
 1) Vermaak, Paul M52 2) Latimer, Morgan M25  
 3) Verheul, Dirk M25 4) Rodriguez, Jason M39  
 28.02 57.93 1:22.04 1:47.29  
 2 NERD-VA A 1:47.41V  
 1) Kata, Martin M30 2) Walsh, Robert M29  
 3) Tschohl, Nathan M34 4) Harris, Samuel M36  
 23.97 49.47 1:16.05 1:47.41

**Men 120-159 200 SC Meter Medley Relay**  
**WORLD: 1:38.46 W 3/18/18 JFE KEIHIN -JPN**  
**T TAKEMOTO, Y KANAYA, R TAGUCHI, S UCHIYAMA**  
**NATL: 1:45.01 N 4/16/94 BAYLOR / LONE STAR**

**J YARID, G RHODENBAUGH, B PATTEN, M RHODENBAUGH**  
**VA: 2:08.37 V 11/5/16 VTAC**  
**J Butts, J Bishop, B Di Salvo, M Walters**  
 1 NERD-VA A 1:57.56V  
 1) Tschohl, Nathan M34 2) Kata, Martin M30  
 3) McLeod, Gregor M58 4) Walsh, Robert M29  
 31.07 1:00.92 1:33.16 1:57.56  
 2 TIDE-VA B 2:03.77V  
 1) Vermaak, Paul M52 2) Latimer, Morgan M25  
 3) Verheul, Dirk M25 4) Rodriguez, Jason M39  
 26.90 59.83 1:29.62 2:03.77

--- 1693-VA A DQ  
 1) Henderson, James M24 2) Williams, Rich M43  
 3) Camp, Cory M23 4) Lovett, Michael M40  
 28.03 1:02.92 DQ

**Men 160-199 200 SC Meter Freestyle Relay**  
**WORLD: 1:33.91 W 3/28/09 LAHDEN KALEVA -FIN**  
**J VIRTANEN, T MATKANIEMI, A AILIO, T RUNDGREN**  
**NATL: 1:35.44 N 11/16/08 LONGHORN AQUATICS**

**T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE**  
**VA: 1:57.59 V 11/18/12 VMST**  
**S Gomez, S Joseph, W Duncan, K Clear**  
 1 1693-VA A 1:49.86V  
 1) Slater, Douglas M61 2) Maholchic, Adrian M41  
 3) Lovett, Michael M40 4) Williams, Rich M43  
 28.86 55.70 1:22.53 1:49.86

**Men 160-199 200 SC Meter Medley Relay**  
**WORLD: 1:43.04 W 11/18/16 SIBMASTERS -RUS**  
**S MAKOV, S GEYBEL, A PROKURATOV, V KRASAVIN**  
**NATL: 1:45.13 N 11/16/08 LONGHORN AQUATICS**

**A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA**  
**VA: 2:09.62 V 11/18/12 VMST**  
**K Clear, S Gomez, S Joseph, W Duncan**  
 1 NERD-VA B 2:24.16  
 1) Harris, Samuel M36 2) Schneider, Chris M47  
 3) Radam, Robert M62 4) Robbins, Michael M38  
 33.71 1:12.68 1:49.59 2:24.16

**Men 200-239 200 SC Meter Freestyle Relay**  
**WORLD: 1:38.79 W 10/16/10 BLU FROG -USA**  
**A GAINES, K SWITZER, M MIDDLETON, S WEISS**  
**NATL: 1:38.79 N 10/16/10 BLU FROG TEAM**

**A GAINES, K SWITZER, M MIDDLETON, S WEISS**  
**VA: 2:02.45 V 3/16/13 VMST**  
**Kirk Clear, Dan Sheahan, Jim Miller, John McCorkle**  
 \*1 VMST-VA A 1:53.96V  
 1) Harris, Gregory M55 2) Malsbury, David M57  
 3) Clear, Kirk M51 4) Scharver, Christopher M42  
 26.53 55.61 1:24.60 1:53.96  
 \*1 NERD-VA B 2:03.57  
 1) Moore, Jonathan M60 2) McLeod, Gregor M58  
 3) Radam, Robert M62 4) Cantina, Jorge M59  
 31.04 1:02.93 1:36.23 2:03.57

**Men 200-239 200 SC Meter Medley Relay**  
**WORLD: 1:49.42 W 12/1/12 LONGHORN AQUATICS**  
**A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**  
**NATL: 1:49.42 N 12/1/12 LONGHORN AQUATICS**

**A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**  
**VA: 2:34.23 V 12/2/17 VMST**  
**K Clear, R Swiger, J Wishmyer, R Romo**  
 1 VMST-VA C 2:09.12V  
 1) Harris, Gregory M55 2) Malsbury, David M57  
 3) Clear, Kirk M51 4) Scharver, Christopher M42  
 33.23 1:10.22 1:41.25 2:09.12

**Virginia Masters Swim Meet  
Results - Nov 3, 2018**

**Men 240-279 800 SC Meter Freestyle Relay**

**WORLD: 8:50.43 W 12/4/15 VENTURA COUNTY MASTE**

**J MCCONICA, G GRUBER, M BLATT, M SHAFFER**

**NATL: 8:50.43 N 12/4/15 VENTURA COUNTY MASTE**

**J MC CONICA, G GRUBER, M BLATT, M SHAFFER**

1 VMST-VA	C	11:34.47
1) Mickunas, Vic M62	2) Saks, Mitch M60	
3) McFarland, Jim M60	4) Murray, Keith M60	
37.03	1:16.83	1:58.36
2:37.76	3:14.93	3:57.56
4:41.10	5:23.81	6:11.54
7:04.15	7:57.05	8:47.29
9:24.48	10:06.85	10:51.48
		11:34.47

**Men 280-319 200 SC Meter Freestyle Relay**

**WORLD: 1:54.44 W 10/11/15 GOLD COAST MASTERS**

**K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN**

**NATL: 1:54.44 N 10/11/15 GOLD COAST MASTERS**

**K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN**

1 VMST-VA	B	2:33.15
1) Brundage, Warner M75	2) Nelson, Bill M65	
3) Beall, L Clay M72	4) Whiteway, Roger M72	
39.17	1:17.55	1:55.93
		2:33.15

**Men 400 SC Meter Freestyle Relay**

**WORLD: 4:21.85 W 10/11/15 GOLD COAST MASTERS**

**L CHILDS, J SODERSTROM, K LODWIG, D QUIGGIN**

**NATL: 4:21.85 N 10/11/15 GOLD COAST MASTERS**

**L CHILDS, J SODERSTROM, K LODWIG, D QUIGGIN**

1 VMST-VA	A	6:57.85
1) Russ, Carl M83	2) Slaughter, James M73	
3) Swiger, Ralph M62	4) Stone, Bryan M62	
1:03.73	2:25.67	3:04.83
3:52.51	4:40.93	5:32.21
6:12.26		6:57.85

**Men 280-319 400 SC Meter Medley Relay**

**WORLD: 5:02.97 W 3/18/17 MICHIGAN MASTERS -I**

**E LOKENSGARD, K OLZMANN, L DAY, C OLSON**

**NATL: 5:02.97 N 3/18/17 MICHIGAN MASTERS**

**E LOKENSGARD, K OLZMANN, L DAY, C OLSON**

**VA: 8:09.97 V 11/6/10 VMST**

**C Barnes, R Durham, O Maher, A Newbury**

1 VMST-VA	B	8:06.27V
1) Newbury, Alfred M84	2) Slaughter, James M73	
3) Swiger, Ralph M62	4) Stone, Bryan M62	
1:12.44	2:28.72	3:29.22
4:33.16	5:34.69	6:42.59
7:21.15		8:06.27

**Mixed 100-119 200 SC Meter Freestyle Relay**

**WORLD: 1:39.37 W 11/29/14 POSEIDON -RUS**

**O KLIUCHNIKOVA, A TESLIK, A MARKOVA, A ZATCEPIN**

**NATL: 1:40.78 N 11/24/13 PHOENIX SWIM CLUB**

**H BEHM, J KONARZEWSKI, E CAMPBELL, N INADA**

**VA: 2:14.34 V 11/7/15 RSMS**

**M Cartwright, M Lee, D Lee, A Lee**

1 1693-VA	C	1:47.59V
1) Camp, Cory M23	2) Northshield, Megan W26	
3) Grier, Katie W40	4) Henderson, James M24	
24.64	57.25	1:22.32
		1:47.59

**Mixed 120-159 200 SC Meter Freestyle Relay**

**WORLD: 1:37.54 W 11/29/14 TSUNAMI -RUS**

**V CHERNY, I SHLEMOVA, L YUDINA, S MUKHIN**

**NATL: 1:41.37 N 12/10/00 EL SEGUNDO MASTERS**

**B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON**

**VA: 1:44.15 V 11/7/15 1693**

**K Grier, M Lovett, C Hurtubise, S Glass**

1 1693-VA	A	2:08.84
1) Lynch, Ted M49	2) Greene, Shannon W33	
3) Lovett, Lindsay W40	4) Yund, Samuel M23	
28.92	1:00.06	1:38.84
		2:08.84

**Mixed 400 SC Meter Freestyle Relay**

**WORLD: 3:42.83 W 10/29/16 TEDDINGTON MASTERS**

**P GRIFFIN, G HEYN, Z LIOKALOS, L SMITH**

**NATL: 3:51.21 N 12/5/09 THE OLYMPIC CLUB**

**C HESSLER, L WELTING, S GUZMAN, S GREENWOOD**

**VA: 5:12.42 V 12/12/14 HRMS**

**A Shiraz, C Borden, N Burgess, P O'Neill**

2 1693-VA	A	4:22.63V
1) Yund, Samuel M23	2) Wittsack, Hayley W33	
3) Northshield, Megan W26	4) Lynch, Ted M49	
28.82	1:01.23	1:34.15
2:11.58	2:43.12	3:18.98
3:49.12		4:22.63

**Mixed 400 SC Meter Freestyle Relay**

**WORLD: 3:46.01 W 11/21/09 COLORADO MASTERS SWIM**

**C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART**

**NATL: 3:46.01 N 11/21/09 COLORADO MASTERS SWIM**

**C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART**

**VA: 4:38.03 V 11/7/15 1693**

**M Lovett, L Lovett, K Grier, M Cook**

1 1693-VA	B	4:14.84V
1) Slater, Douglas M61	2) Greene, Shannon W33	
3) Maholchic, Adrian M41	4) Grier, Katie W40	
30.07	1:04.20	1:36.46
2:11.32	2:40.44	3:14.09
3:42.95		4:14.84

**Mixed 160-199 800 SC Meter Freestyle Relay**

**WORLD: 8:26.62 W 10/16/09 WALNUT CREEK MASTERS**

**J SORENSEN, A ZAMANIAN, M CURRAN, R SANTOS**

**NATL: 8:26.62 N 10/16/09 WALNUT CREEK MASTERS**

**J SORENSEN, A ZAMANIAN, M CURRAN, R SANTOS**

1 VMST-VA	A	12:11.83
1) Sexauer, Brook W54	2) Swiger, Ralph M62	
3) Scharver, Christopher M42	4) Letendre, Denise W30	
43.16	1:35.53	2:35.35
3:38.56	4:25.87	5:22.62
6:18.33	7:09.96	7:43.01
8:21.47	9:01.80	9:42.17
10:16.32	10:53.95	11:32.93
		12:11.83